Virginia Cooperative Extension



PUBLICATION 406-105

Horseless Horse Project Unit 2

Horses Are Fun

This project is for all 4-H club members. Owning or
having access to a horse is not a requirement, and mem-
bers may enroll for, and complete work on, this project
as many times as they wish.

Glossary

Colt—A young male horse.

Farrier—A horseshoer.

Filly—A young female horse.

Foal—A young horse of either sex, usually under 1 year of age.

Gelding—A castrated male horse.

Mare—A mature female horse.

Stallion—A mature male horse.

Tack—Saddles, bridles, or other riding equipment; the act of saddling or bridling a horse.

Veterinarian—One who is trained and skilled in treating the diseases and injuries of domestic animals.

Project Requirements

To complete this project, you must:

- participate in the 4-H club program
- complete the topics covered in this project book
- complete nine of the following activities:

Activity Date Completed
Give One Talk or Demonstration
Name the Parts of the Horse
Name the Parts of a Saddle
See a Horse Movie
Read a Horse Book
Read a Horse Magazine
Attend a Horse Show
Ride a Horse
(Total number of hours during club year)
Attend a Horse Sale
Groom a Horse
Tack a Horse
Visit a Horse Farm
Visit with a Farrier
Visit with a Veterinarian
Visit a Hunt, Race, and/or Trail Ride
Tour a Riding School
Visit a Tack Shop
Visit with a Horseman
Visit a Feed Store
Others (List)

Name		Age	Club Year	
Address				
County or City				
Name of Club				
Name of Leader			Years in 4-H	
Date Project Began	_ Ended			
				*18 U.S.C. 707





Produced by Communications and Marketing, College of Agriculture and Life Sciences, Virginia Polytechnic Institute and State University, 2009

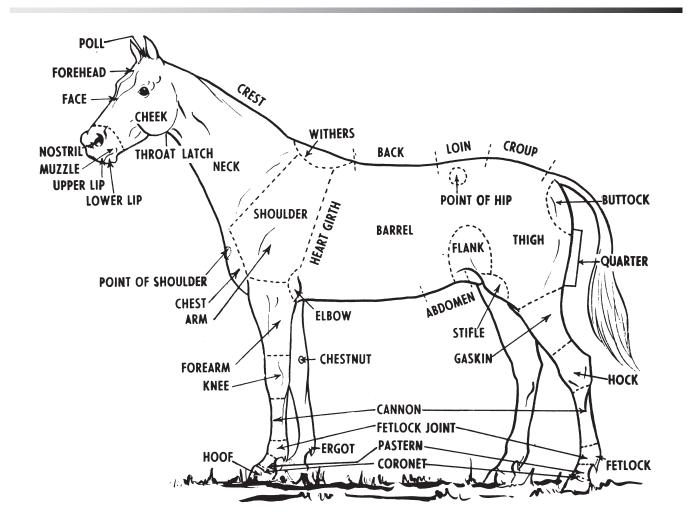


Meet the Horse

The horse is a large, athletic animal. Today, people keep horses primarily for sport and pleasure. The horse is not a pet, but is a useful animal with a combination of speed and endurance that makes it one of the best and noblest of animals. The horse has a long history of partnership with people. It has been used for:

- Food—Milk, Meat (Our society today does not generally accept this use.)
- Work—Plowing, Hauling, Cattle Handling
- Transportation—Riding, Pulling
- War—Carrying Soldiers, Arms
- Sport—Racing, Hunting
- Pleasure—Riding, Showing
- Business—Major Agricultural Industry

Parts of the Horse

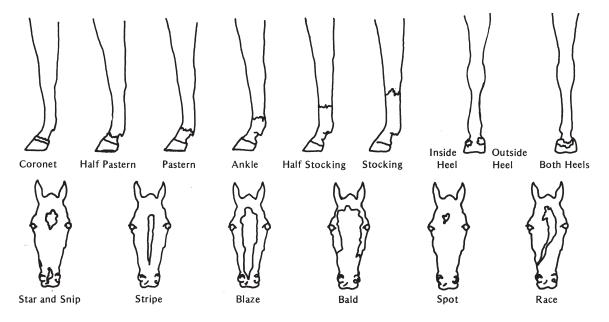


Coat Colors of the Horse

(Use a horse book for reference to describe the following coat colors.) (You may clip color pictures from and attach them to this page.)	n magazines
Bay	
Day	
Chestnut	
Grey	
Brown	
Black	
Palomino	
Amelogo	
Appaloosa	

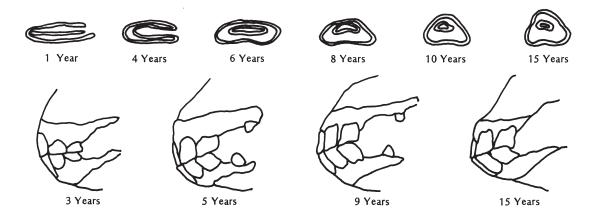
Markings of the Horse

When discussing a specific horse, it may be necessary to distinguish it from others by something less general than its overall coat color. Usually, any distinctive coloration appears on the face and/or the legs. Instead of saying simply "the bay," it may be necessary to say "the bay with the star," or "the bay with the stocking forefoot."



Age Determination of the Horse

By the time a young horse is 16 to 18 months old, it has developed a full set of temporary or milk teeth which are smallish and white, with distinct necks. Generally, by the time the horse is 2 1/2 years old, it begins to lose these teeth and grow permanent ones which are much larger, stronger, and darker in color. This process is slow, usually spanning the period during which the horse grows from 2 1/2 to 5 years old. It is during this period that age determination of a horse can be most accurate.

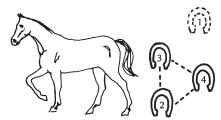


Gaits of the Horse

A gait is a manner of walking, running, or moving. The three natural gaits of any horse except the Tennessee Walking Horse are the walk, trot, and canter. The natural gaits of the Tennessee Walker are the walk, the running walk, and the canter. Two other gaits—the slow gait and the rack—are artificial and must be learned by the horse.

Walk

The walk is a four-beat gait with the feet striking the ground in the following order: right front, left rear, left front, right rear. The feet should be lifted from the ground and placed down flatfooted.



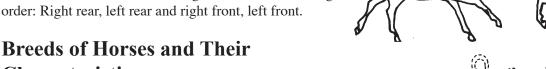
Trot

The trot is a two-beat gait in which the left front and right rear feet and the right front and left rear feet strike the ground together. The horse's body remains in & perfect balance. The trot should be balanced and springy.



Canter

The canter is a three-beat gait that should be slow. The canter is actually a restrained gallop in which the horse may lead with either of its front feet. The lead foot will be the first to leave and the last to strike the ground. When a horse leads with its left foot, the feet will strike the ground in the following order: Right rear, left rear and right front, left front.





Characteristics

American Saddle Horse

This breed produces either three- or five-gaited saddlers for either show or the bridle path. The breed originated in Kentucky. The American Saddle Horse weighs about 1,000 pounds. The preferred colors of this breed of horse are chestnut or sorrel.

Arabian

This breed of horse is used as a driving, stock, or saddle horse. The Arabian is 14 to 15 hands tall and weighs 900 to 1,000 pounds.

Appaloosa

The Appaloosa is used as a hunter jumper or stock horse. It is usually about 15 hands tall and weighs between 950 and 1,100 pounds. It has irregular white markings on the rump.

Hackney

The Hackney is a heavy harness or carriage horse. It is usually over 15 hands tall. The predominating colors in this breed are chestnut and bay.

Morgan

The Morgan is a combination roadster and saddle, or stock horse. It is usually about 15 hands tall and weighs about 1,000 pounds. The predominant colors in this breed are chestnut, brown, bay, and black.

Palomino

The Palomino is a stock horse. The chief asset of this breed has been the characteristic golden coat color, although this may occur in other breeds.

Pinto

The Pinto is a saddle and driving horse.

Quarter Horse

The Quarter Horse is used in racing and as a stock horse. The breed originated in the United States. The Quarter Horse is heavily muscled and has a quiet temperment. It is usually about 15 hands tall and weighs 1,000 to 1,300 pounds. Dark, conservative colors are preferred in this breed.

Standardbred

This breed is used in harness racing—both trotting and pacing— as well as for fine harness or as a roadster. The Standardbred is usually 14-2 to 16-2 hands tall and weighs between 850 and 1,300 pounds. The predominant colors of this breed are chestnut, brown, and black.

Tennessee Walking Horse

This is the plantation walking horse. It is about 15 hands tall and weighs between 1,000 and 1,200 pounds. The Tennessee Walking Horse comes in a wide variety of colors.

Thoroughbred

The Thoroughbred is used under saddle—for both flat and steeplechase racing—as well as for hunting, polo, and pleasure purposes. It is 15 to 16 hands tall and weighs 1,000 to 1,200 pounds. It is usually gray, bay, or chestnut with white markings.

Breeds of Ponies and Their Characteristics

Shetland

The Shetland is used under saddle or harness. It is a child's pony and usually does not weigh more than 300 or 400 pounds. It generally stands no more than 10 hands tall and comes in a wide variety of colors.

Welsh

The Welsh is used under saddle or harness. It is a child's pony, rarely exceeding 12 hands in height and weighing generally less than 500 pounds. Chestnut, bay, grey, and black are the predominant colors of ponies of this breed.

There are many other valuable breeds of horses and ponies. Most breeds may be used for a variety of purposes. Purebred, crossbred, and grade horses can all be used for pleasure, sport, and fun.

Needs of the Horse

Food

The horse needs food. The proper kind and balance of food is important. Basic foods include grass and hay, plus some grains, such as oats and corn, and protein supplements.

Water

The horse needs gallons of fresh water each day. After work, hot horses should be cool and dry before they are fed or watered.

Housing

The horse is an outdoor animal, but he may need shelter from rain and bad weather. Horse stalls, if used daily, should be cleaned daily to prevent the animal from becoming diseased.

Exercise

Horses in paddocks or fields can run and play for exercise. Stabled horses need exercise daily to keep them in shape and to keep them from developing bad habits out of boredom. Horses can be too thin, or they can be too fat as a result of overfeeding and lack of exercise.

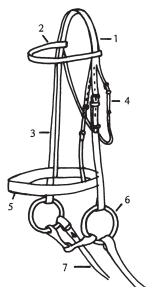
Management

Horses should be inspected each day. Proper feeding, care, grooming, and management are important. Hoof care is especially important. A horse's feet should be cleaned with a hoof pick before and after each ride.

Equipment

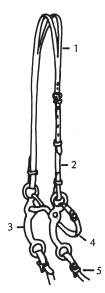
BridIes and Bits

Bridles come in many styles. Each style calls for a special complement of bits. The reins, bits, and headstall compose the bridle, and different types of riding require the use of different ones. The snaffle-bit, single-reined bridle is commonly used for hunting, jumping, or trail riding. The curb-bit, split-eared bridle is generally used for Western riding. The hackamore has a set of reins and lacks a bit. It is used to control and train a young horse without injuring its mouth.



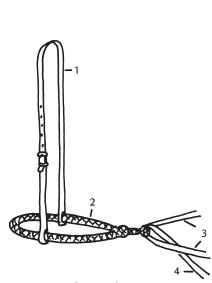
Single-Reined Bridle

- 1. Crownpiece, or Headstall
- 2. Browband
- 3. Cheekpiece
- 4. Throatlatch
- 5. Noseband
- 6. Snaffle Bit
- 7. Reins



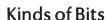
Split-Eared Bridle

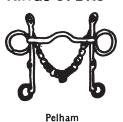
- 1. Crownpiece or Headstall
- 2. Cheekpiece
- 3. Curb Bit
- 4. Curb Strap
- 5. Reins



Bosal Hackamore

- 1. Headstall
- 2. Bosal
- 3. Reins
- 4. Tie or Lead Rope

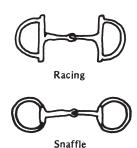






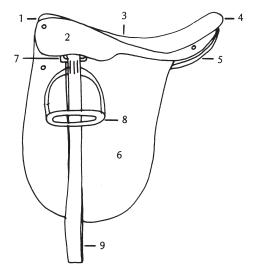






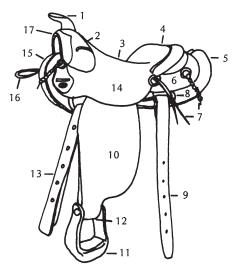
SaddIes

Saddles also come in many styles. The saddle is more an indication of the type of riding one does than it is the type of animal one is riding. It is true, however, that certain horses look better tacked one way than they do another. The two main types of saddles are the English and the Western. It is equally as necessary that the saddle fit the horse properly as it is that the rider fit the saddle.



English Saddle

- 1. Pommel
- 2. Skirt
- 3. Seat
- 4. Cantle
- 5. Panel
- 6. Flap
- 7. Stirrup Bar
- 8. Tread of Stirrup Iron
- 9. Stirrup Leather



Western Stock Saddle

- 1. Horn
- 2. Fork 11. Stirrup
- 3. Seat 12. Stirrup Leather
- 4. Cantle5. Skirt13. Front Tie Strip or Cinch Strap14. Front Jockey and Seat Jockey

10. Fender

- 6. Back Housing or Back Jockey 15. Wool Lining
- 7. Lace Strings8. Dee Rings16. Rope Strap17. Pommel
- 9. Leather Flank Girth

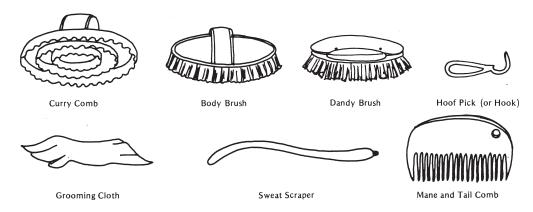
Equipment Care

A rider should always:

- Put gear away carefully. Inspect it for worn or broken places.
- Hang the blanket to dry and store the saddle so that the leather is not folded or pressed out of shape.
- Hang the bridle so it does not tangle after washing the bit so that it will be clean and palatable next time.
- Clean the leather regularly and keep all gear out of rain. It will look better and last longer.
- Store grooming aids and stable gear together in a convenient place.

Grooming Equipment

A horse should be groomed before and after it is ridden. The first requirement is to use the hoof pick to remove stones or other small objects and dirt that may have been embedded in the feet. Following that, the body of the horse should be groomed, first with a curry comb—except for bony areas such as the knees or hocks—and then with a stiff-bristled brush. Then, the mane and tail should be combed thoroughly. Tangles should be combed from the ends first, and the comb should be worked gradually to the roots of the hair. The dandy brush and grooming cloth are used to put a finishing touch on the haircoat of the horse. The sweat scraper need only be used if the horse has been run hard and is fairly sweaty or lathered.



Health and Safety

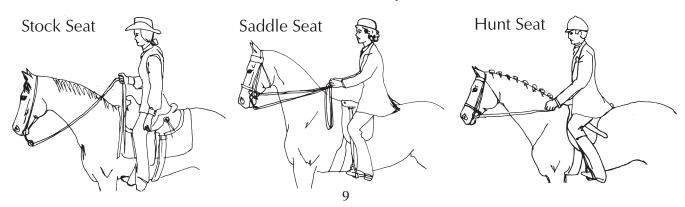
To keep a horse in good health, provide it with well-balanced meals at regular intervals; plenty of exercise; and clean, well-ventilated surroundings. The horse also should be vaccinated against a number of infectious diseases and managed carefully so as to avoid its infestation with external or internal parasites. If health problems arise, a veterinarian should be contacted for advice.

Following are the Ten Commandments of horse safety:

- 1. Buy or ride a safe horse.
- 2. Avoid being overmounted. (That is, avoid riding too spirited or too large a horse.)
- 3. Know your horse.
- 4. Avoid surprising your horse.
- 5. Check your tack.
- 6. Be careful of small children around horses.
- 7. Tie your horse with care.
- 8. Know trailer safety.
- 9. Avoid crowding others.
- 10. Avoid clowning, please.

Riding

There are three styles of riding. Each requires that the horse be controlled by the use of the rider's seat, legs, hands, and voice. Describe the differences and similarities of the three styles listed below.



Some Rules of Good Horsemanship

- 1. Mount correctly from the left side. Make the horse stand still until you are properly seated in the saddle.
- 2. Ride with your heels down, your toes turned out slightly, your head and chest lifted. Your shoulders should be square; your elbows close to your body; and your ankles, shoulders, arms, and wrists, flexed.
- 3. Avoid such habits as "clacking" to the horse or slapping him with the ends of the reins.
- 4. Warm up the horse slowly. Walk him the first half mile, and then jog him slowly for another quarter mile.
- S. Hold the horse to a walk when traveling over paved streets or roads.
- 6. Keep to the right side of the road, except when passing, and give right-of-way courteously.
- 7. Never rush past riders who are proceeding at a slower gait. This startles both horses and riders and frequently causes accidents. Instead, approach slowly and pass cautiously on the left.
- 8. Keep the horse under control at all times. Galloping a willing horse not only is poor horsemanship, but shows ignorance on the part of the rider.
- 9. Keep the proper tension on the reins; avoid either tight or dangling reins.
- 10. Slow the horse down when making a short turn.
- 11. To avoid being kicked, do not ride too close to the horse in front. Either keep abreast, or a full horse's length behind, other mounts.
- 12. Walk the horse when going up or down hill.
- 13. Do not force the horse to maintain a rapid gait for more than a half mile at a time without allowing a breathing spell.
- 14. Walk the horse when approaching and passing through underpasses and going over bridges.
- 15. Bring the horse in cool; ride at a walk the last mile to the stable.
- 16. Never let the horse gorge on water or feed when it is hot.
- 17. Groom the horse thoroughly after each ride.
- 18. Avoid walking behind any horse.
- 19. Wash the bit off thoroughly before hanging it in the tackroom. Remove any hair or sweat marks from the saddle and girth before putting them on the rack. Wash all leather equipment at frequent intervals with saddle soap.
- 20. Feed the horse a balanced ration and keep it healthy.

How To Obtain the Use of a Horse

To obtain the use of a horse, you can buy and own one, or borrow or rent one.

Factors To Consider When Buying a Horse

When buying a horse, you should consider:

- The facilities available for keeping a horse.
- The expense of keeping a horse.
- The riding area available.
- Your ability as a rider. Your style of riding.
- The use you will make of the horse (hunter, pleasure, trail riding, etc.).
- The suitability of the horse for you.
- The age of the horse. (Beginners should use aged, well-schooled horses.)
- The breed, age, sex, and color of the horse.
- The price you can afford to pay.
- The health and soundness of the horse.
- The conformation of the horse.
- Your dedication to feed, care for, and manage your horse.

People Who Can Advise You in Selecting a Horse

Following are the people whom you might ask for advice before purchasing a horse:

- Your parents.
- Your Extension agent.
- A farrier.
- A veterinarian. (If possible, have a veterinarian inspect your prospective purchase.)
- A horseman.
- Try to buy your horse on a trial basis to determine its suitability, health, and soundness.

Sources of Horses for Sale

Following are sources where horses are available for sale:

- Breeders.
- Trainers.
- Farms.
- Riding Schools.
- Neighbors.
- Auction Sales.

Fun Activities

You can learn to have fun with horses. The horse can provide you with a lifelong sport which is of benefit to your physical, mental, and emotional development. The sport will help you enjoy outdoor recreation and will help you develop poise and confidence. The horse offers unlimited fun and a conditioning program for both you and the horse.

- Pleasure riding
- Trail riding
- Hunting
- Racing
- Mounted games
- Packing and camping
- Showing
- Producing horses as a business

Select one of the above areas, and discuss your plans to participate: (Example: Hunting)				

Discuss the highlights of your visit to a show, hunt, sale, tack veterinarian, farrier, or horseman.	shop, farm, race, trail ride, riding school or with a
Your Project for Next Year (Discuss your plans)*:	
Tour Trojeco for Trong Tour (2 120002 your plants)	
*You may repeat this project by adding to the list of activities. other available 4-H horse projects.	Check with your leader or Extension agent about
This is to certify that	successfully completed all the
requirements of this record book.	compressed an and
4-H Leader	Date
Extension Agent	