An Evaluation of Family Planning Services in Southwest Virginia

**Master's Thesis** 

Submitted to: Department of Sociology Virginia Polytechnic Institute and State University In partial fulfillment of the requirement for the degree of Master of Science in Sociology May 9, 2005

By Valentina V. Lukyanova

## Approved by:

Dr. Toni M. Calasanti Chair

**Dr. Ted Fuller** 

**Dr. Dale Wimberley** 

Keywords: family planning services, Appalachian, satisfaction

Copyright 2005, Valentina Lukyanova

# THE EVALUATION OF FAMILY PLANNING SERVICES IN SOUTHWEST VIRGINIA

#### Valentina V. Lukyanova

### (ABSTRACT)

The goal of this study is to assess the quality of family planning services in rural areas of Virginia. Through interviews with the public and not-for profit clinics, I collected various facts and through client survey, I obtained women's perceptions and feeling about the services provided to them. The goal was to reconcile responses wherever possible, and furthermore, identify differences between facts provided by the clinics and perceptions of clients.

From the client surveys, I found that the majority of women are satisfied with the family planning services. Moreover, Appalachian women report higher satisfaction with the family planning services than non-Appalachian women. However, accessibility remains one of the major problems and obstacles to the family planning services. Women that report long waiting time and lack of transportation also have lower satisfaction scores with the services. From qualitative interviews, it is apparent that staff is doing a good job at assisting rural Appalachian women. However, as in client survey, staff reported problems with access to family planning services, such as transportation, unawareness of women of existing services, financial difficulties, and the need of more days and hours of clinic operation.

## ACKNOWLEDGEMENTS

I would like to thank my main advisor, Professor Toni Calasanti, for her direction, assistance, and guidance. Her recommendations and suggestions have been invaluable to the project. I also thank Professor Ted Fuller and Professor Dale Wimberley for reviewing my work throughout the process and for suggestions given. Finally, I would like to thank my parents and my husband for their encouragement and support.

<b>TABLE OF</b>	CONTENTS
-----------------	----------

(ABSTRACT)	ii
ACKNOWLEDGMENTS	iii
TABLE OF CONTENTS	iv
LIST OF TABLES	v
CHAPTER ONE: PROBLEM STATEMENT	1
CHAPTER TWO: REVIEW OF THE LITERATURE	6
Health Lifestyle Model	6
Rural Women and Health	6
The Role of Family Planning Services in Rural Areas	8
Poverty and Gender	9
Rural Women and Education	12
Culture and its Implications to Family Planning Services	14
Quality of Services	16
CHAPTER THREE: METHODS AND ANALYSIS	19
Data and Sample	19
Variables	20
Analytic Strategy	24
CHAPTER FOUR: RESULTS	27
Question 1	31
Question 2	32
Question 3	32
Question 4	36
CHAPTER FIVE: DISCUSSION	41
APPENDIX	47
REFERENCES	86

Table 1	56
Table 2	57
Table 3.	58
Table 4	59
Table 5	60
Table 6	61
Table 7	62
Table 8	63
Table 9	64
Table 10	65
Table 11	66
Table 12	67
Table 13	68
Table 14	69
Table 15	70
Table 16	71
Table 17	72
Table 18	73
Table 19	74
Table 20.	75
Table 21	76
Table 22	77
Table 23.	78
Table 24	79
Table 25	80
Table 26	81
Table 27	82
Table 28	83
Table 29	84
Table 30	85

## LIST OF TABLES: