CROSSROADS CENTER HOMELESS MISSION AND TRANSITIONAL SHELTER

KENDRA ANNE JOHANSON

Thesis submitted to the faculty of the Virginia Polytechnic and State University in partial fulfillment of the Requirements for the Degree of Master of Architecture in Architecture

Susan C. Piedmont-Palladino, Committee Chair Jaan Holt Marcia F. Feuerstein

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KENDRA ANNE JOHANSON

My thesis is an exploration of sacred space in architecture. The vehicle for this exploration is a homeless mission and transitional shelter in Alexandria, Virginia. Homelessness is a constant battle for both individuals and communities, precipitating disjointed and fragmented lives. I hoped to design a dignified urban dwelling where man is able to remember who he is, his purpose, and his direction, while also participating in healthy and fruitful community.



To Mom, Dad, Erik, Grace and Elise: You helped me to understand that a home is more than just a shelter. I love you.

To my Heavenly Father: My refuge and my strength, I can do nothing apart from You.

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"As architects the challenge of our engagement is to deliver to communities, not what they thought they wanted but what they never thought they could have."

--Gary Cahill

I may believe in groundless nostalgia, but I still believe in the feasibility of an architecture of reconciliation, an architecture that can mediate 'man's homecoming'. Architecture can still provide houses that enable us to live with dignity. And, we still need houses that reinforce our sense of human reality and the essential hierarchies of life.

--Juhani Pallasmaa

INTRODUCTION

My thesis is an exploration of sacred space in architecture. The vehicle for this exploration is a homeless mission and transitional shelter in Alexandria, Virginia. The design of this type of building is often purely practical, in an attempt to get the most number of people off the streets and into a safe place. While this is an admirable cause, the inhabitant's perception of the place is rarely considered. This design practice can result in a dehumanizing and degrading experience for homeless men and women. In my exploration, I concentrated on the positive idea of how to create a HOME, rather than focus on the negative sense of homelessness. I believe that the transitional home has the potential to be a sanctuary, a refuge and a place that doesn't necessarily define its residents, but enhances individual identity. When design of this type is thoughtfully considered, the building can provide an isolated and safe space, while also allowing the residents to share in a community of other urban inhabitants.

I hope to answer the following questions: How can the built environment enhance one's understanding of his/her value? What does the word "home" mean and can this definition be associated with a building that is constantly in transition? What is the distinction between a basic shelter and a home? How can issues such as identification, physical health, security, positive purpose, entertainment and hygiene be fostered in architectural design?

I do not think a building can solve the problem of homelessness but I do think it can provide a place of healing, encouragement and dignified living, that may serve as a catalyst for a productive future off of the streets.

THE ARCHITECTURE OF "HOME"

"As well as being a symbol of protection and order, HOME can, in negative life situations, become a concretization of human misery: of loneliness, rejection, exploitation and violence."

--Juhani Pallasmaa

"Home is the place where, when you have to go there, they have to take you in."

--Robert Frost

"Being homeless creates a condition that is directly at odds with community building. It creates an absence of place and a denial of the rights of citizenship."

--Allison Mears

BUILDING PROGRAM

OFFICES:

Caseworker Office

Staff Office

Volunteer Services

Conference Room

FACILITIES:

Laundry Bathrooms

Gym

EDUCATIONAL

FACILITIES:

Classrooms Computer Lab

COMMON AREAS:

Library

Recreation Room Living Room

STORAGE:

Food

Clothing

SERVICES:

Evaluation center

Medical Center DINING:

Kitchen,

Dining room

OUTDOOR SPACES:

Children's Playground

Central courtyard

Garden

RESIDENCES:

Family units Group residence

Staff housing

Emergency Housing



HOMELESS IN ALEXANDRIA, VA 201

Total Persons: 416 Total Singles: 264

Total Number of Families: 52

Total Number of Persons in Families: 152

Total Adults in Families: 58 Total Children in Families: 94



THE PROJECT

PERSONAL SANCTUARY

PRIVATE SPACE IN A COMMUNAL WORLD

"It is evident that home is not an object, a building, but a diffuse and complex condition that integrates memories and images, desires and fears, the past and the present. A home is also a set of rituals, personal rhythms and routines of everyday life. Home cannot be produced all at once; it has its time dimension and continuum and is a gradual product of the family's and individual's adaptation to the world."

--Juhani Pallasmaa

Left to right: Conference Pavilion Vitra Campus Basel,Switzerland Tadao Ando

Museum Tinguely Basel, Switzerland Mario Botta

Kunsthaus, Bregenz, Austria Peter Zumthor



PRECEDENTS

HOME

FOR COMMUNITY

Community living is an essential component of a transitional home. Community engagement reflects and demonstrates the value of the individual as a crucial part of the whole. The inhabitants of the building connect through shared activity like cooking and dining, sitting, watching television, live performances and playing games. The dwellers participate in the making of a home together, no longer defined by their lack of a house, but defined by the larger community, of which they become a part.

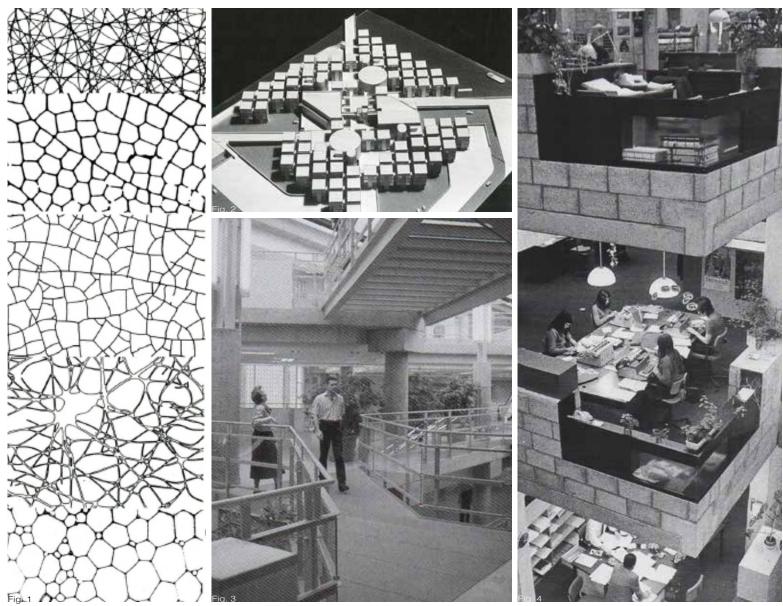
The balance between community and privacy must be maintained, however, with careful attention paid to each type of inhabitant: young and old, handicapped, single, and families -all with different spatial needs. Just as each person has a different story and contribution, each space must be designed specifically for its user.

Left to right:
"Occupying and
Connecting"

Town Hall Design The Netherlands Herman Hertzberger

Ministry of Social Welfare and Employment The Netherlands Herman Hertzberger

> Central Beheer Insurance Company The Netherlands Herman Hertzberger



PRECEDENTS

SANCTUARY OF THE MUNDANE

"Wardrobes, cupboards and drawers represent the functions of putting away and taking out, storing and remembering. The inside of a cupboard is an intimate and secret space, and it is not supposed to he opened by just anybody. Little boxes and caskets are hiding places for intimate secrets and as such are of significance for our imagination. Our imagination fills out compartments of rooms and buildings with memories and turns them into our own personal territories."

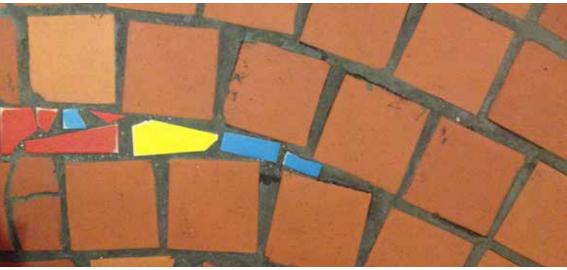
--Juhani Pallasmaa

Left to right: Palau Güell Barcelona, Spain Antoni Gaudí

KunstHaus Vienna, Austria Friedensreich

Casa Milà Barcelona, Spain Antoni Gaudí







THE WINDOW

"A less self-evident but utterly poetic and essential experience of home is the window and, in particular, the act of looking out of the window of the home, at the yard or the garden. Home is particularly strongly felt when you look out from its enclosed privacy. The tendency of contemporary architecture to use glass walls eliminates the window as a framing and rationing device and weakens the essential tension between the home and the world."

--Juhani Pallasmaa

Left to right: Casa Barragán Mexico City, Mexico Luis Barragán

Hundertwasserhaus Vienna, Austria Friedensreich Hundertwasser

Senior Housing Copenhagen, Denmark JJW Arkitekter







Precedents 10

MATERIAL PRECEDENTS

CONCRETE + S T O N E

The right application of concrete can add ornament and interest to the building. It is a versatile material and can be used to make dynamic stairs, gathering spaces and outdoor gardens. Concrete shows age over time, reminding the inhabitants of their influences and the rich history of the shelter.



The residents of the shelter will have had a strong relationship to the hard surfaces of the street when enter they these walls. Using plants as a material can have a strong impact on their psychological growth and regeneration. In addition the residents can take ownership of the building by tending to and caring for the plants.











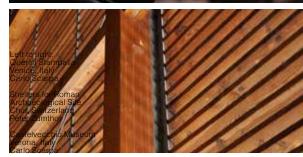














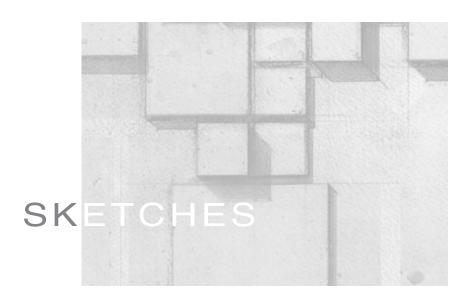


STEEL/ALUMINUM

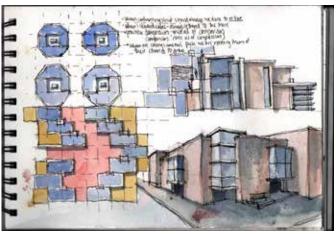
Metal is a flexible material with many unique finishes and textures, which give a building character and identity. Corten steel has a weathered look, and is a perfect representation of a building that contains hundreds of unique stories and experiences. In addition, the perforations provide light into the building, while maintaining a relatively opaque surface from the exterior.

WOOD/GLASS

Wood is an elegant and natural material that can provide a sense of retreat and escape from the concrete that is so prevalent in the city. The variation in type is also ideal for giving character to different spaces around the building. In addition, wood is a soft material and each residence will inevitably leave their mark on the building, participating in its growth and development.

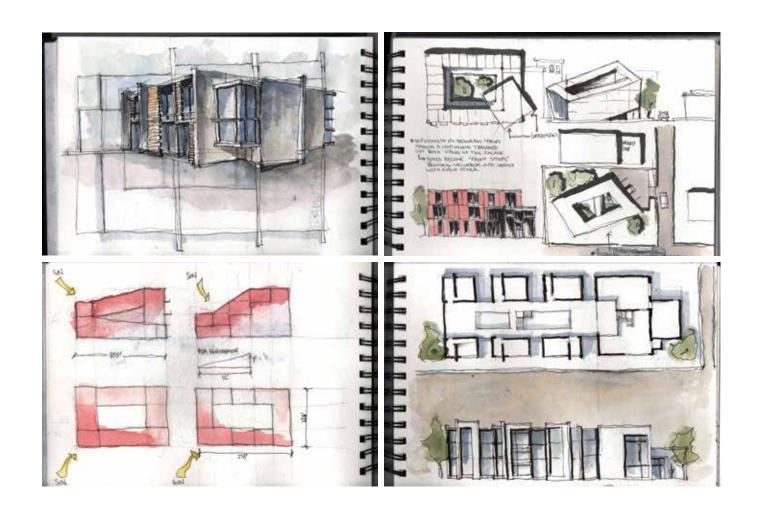
















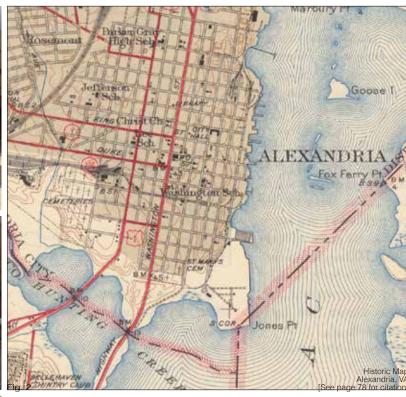


Google Maps Alexandria, VA [See page 78 for citation] Fig. 1









HISTORY OF WEST END ALEXANDRIA

This area of Alexandria was home to a thriving community with a rich and unique history from 1796 until 1915, when it became annexed to Alexandria. As an important intersection of major trails and trade routes, the area was home and workplace for butchers, bakers, millers and other tradesmen, who established businesses aimed at serving the needs of travelers on the road. Historic West End Alexandria marked an important crossroads along the journey of many travelers, providing rest, sustenance, and sanctuary when it was needed.



SITE 22

URBAN AND

SANCTUARY THRESHOLD

This site includes a unique passage through the city block with a walking/biking path, significant greenery and a small stream. While on the path, it is easy for one to forget that they are in a busy city, as the sound of the stream and the visual wall of trees provide a sanctuary from the traffic and commotion. In addition to being a physical manifestation of a sanctuary, the site supports the idea of transition from one of the busiest streets in Alexandria to a serene park on the other side of the block. The site itself is a physical place of transition from one part of the city to another, but it is also allows for a mental transition, offering sanctuary from the commotion of life.



MATERIAL IMAGINATION

for a variety of activities. The materials whelmed.

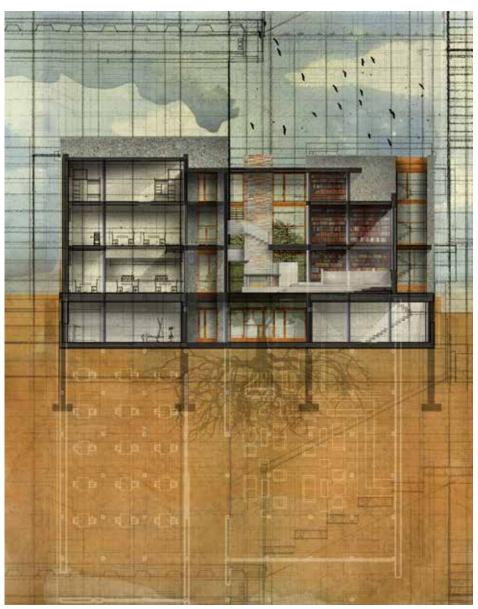
The central staircase is an important are essential to making this a comfortthreshold within the framework of the able, yet dignified space. The limestonebuilding. Wrapping around the fireplace clad fireplace provides a structural base in the "public" portion of the main build- for the travertine and oak staircase. The ing, the stairs promote a social continu- sound of the materials under one's feet um, linking each floor to the next, with a enhances the experience and signify the series of overlooks and landings. These use of that particular part of the stairs. informal gathering areas will be spaces While the stone steps are for pausing, that people desire to inhabit, discover reflecting, looking back, the wooden and experience. With this in mind, the steps produce a rhythm, encouraging harmonic proportions, both physically the procession to the next landing. As and audibly, were important consider- one moves up the steps from the fireations in the design. Many of the resi- place room, the landings are places for dents will not have experienced the reflection and gradual transition. If you warmth or feeling of a home in a long are moving down the steps, from the time, so it is critical that this threshold second floor, the landings also act as be architecturally beautiful, while also a valuable mediator of space, allowing accommodating every day behaviors, the resident to acclimate him/herself to The staircase will facilitate the life of the the new environment and commotion of common room with proportions that allow the common room, without being over-



Fireplace Detail Mixed Media Material Imagination: Sound Spring 2014

MATERIAL IMAGINATION

From the top of the stair case, one can hear the sounds of people from the common room talking and laughing- this is something that they will have experienced regularly; being adjacent to community, and yet not a part of it. After talking with several homeless people in the shelter system I found that, in their opinion, the hardest part about living on streets is the feeling of isolation amidst so many people. One man said that when so many people passed him everyday and pretended that he didn't exist, he began to believe it himself." This sentiment must be considered in the design of shelters; providing space for gradual transition and socialization.

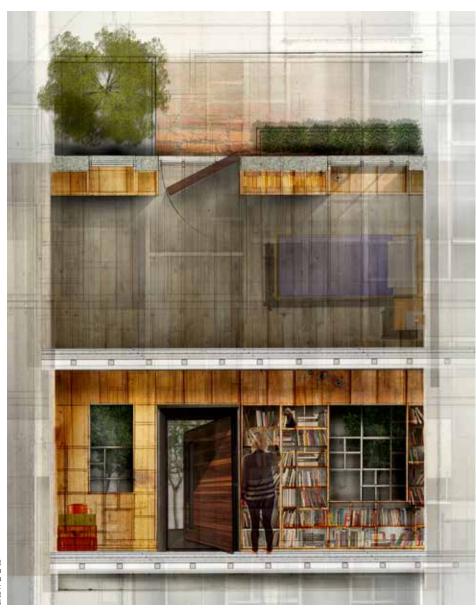


"Living Room" Section Mixed Media Material Imagination: Sound Spring 2014

MATERIAL IMAGINATION

collections. This time of day is particu- the vertical garden." larly peaceful. I can feel the sun setting through the window and realize that I only

"After a long day of looking for jobs and have a few hours to read by the water. helping out in the kitchen, all I want to do I gravitate towards my Bible and pick it is find a quiet place to rest. I get to my up off the shelf. The worn leather reminds apartment and my hand grasps the cool me of all the times I have found solace brass doorknob. It seems fit just for me. in this book and in this place. Before I As I push the door open, I am overcome leave, I embrace the scent of the flowby the odor of the ebony wood. "This is the ers that are growing in the planter outside smell of home," I think to myself. I pass my window. As I leave, the pivot of the through the thick threshold of the door- door has a familiar squeal. I would get it way, which is encased by shelves made of fixed but it serves as a reminder that I a rich oak. The walls feel thick and pro-finally have a door to pass in and out of, tective, creating a fortress around my new a door to call my own. It sounds simple, home. I have never known a feeling of but I will never take it for granted. For so protection like this. I put my things down many years, I longed for a threshold to on the plush window seat and a weight is pass through, a threshold that belonged immediately lifted. My hands reach for the to me and defined a space that I could call bookcase and my fingers graze my pos- "home". This sound was a precious gift. sessions, which are proudly organized on As I leave the safety of my fortress, into the tiered surfaces. I don't have much, the more public corridor, I am refreshed but I appreciate the space to display my by the scent of honeysuckle growing on



Residential Unit Plan and Section Mixed Media Material Imagination: Sight Spring 2014

that renders each movement important. walls.

I can sense the anticipation of reaching Finally, I find the perfect step for meditatmy final destination as I climb down the ing. The sun has warmed the stone and stairs to the courtyard; the sound of the it is perfect. I have reach my sanctuary traffic from the streets seems to fade, as and I can only hear and smell the fresh I get closer to my favorite oasis. These scents of the stream and foliage around steps have been such a peaceful sanctu- me. It is the perfect place to read. I open ary for me in the past, but I am reminded to my favorite passage: Psalm 23: "The that if I am not careful the stairs can be Lord is my shepherd, I lack nothing. He a difficult descent. This awareness forc- makes me lie down in green pastures, he es me to consider each decision that I leads me beside quiet waters, he refreshmake, to feel for the next step and take it es my soul. He guides me along the right with confidence that there is a path laid paths for his name's sake. Even though out for me. The gaps between each step I walk through the darkest valley, I will are tangible beneath my feet and render fear no evil, for you are with me; your rod each step as significant as the one be- and your staff, they comfort me." I reflect fore it. Each one requires patience as my back on my journey both to this place and foot becomes my eyes. I have developed in life and I am comforted. This building a confidence in the familiar sound of my and the people within it have accepted steps, which guides me when I cannot me, guided me, and formed me; It will see. The slate stone produces an echo be my home long after I move from it's



Meditation Garden Plan and Elevation Mixed Media Material Imagination: Sight Spring 2014

The bathroom is a place for rejuvena- gests a transition from common space perceivable mass of the threshold sug- longings while showering.

tion, cleansing and meditation. It is ar- into more sacred and protected space. quably the most personal and intimate The entry experience is supplemented part of a home, although the design is by large ceramic tiles, distinguishing often reduced to practical concerns, the entry/exit into the room. The stone without regard for a sense of place, is an abrupt transition into and out of I designed a bathroom that can be a this cleansing process. The oak door sanctuary from the outside world, a has both functional and aesthetic qualspace where one can be physically, ities to it. Sliding on metal tracks allow mentally and spiritually cleansed. I it to be left open in order to air out the focused on the bathroom that serves space if needed. The door is re-used the "Emergency Shelter" portion of the from an old barn in Northern Virginia, building. While it is a communal space, giving the room a rustic and comforteach decision accounts for the indi- able aesthetic. The cubby space near vidual's experience of the bathroom. the showers is made with the same re-The thick concrete walls significantly claimed wood and supplies the residefine the entrance The thickness and dents with an area to store their be-



Bathroom Plan and Section Mixed Media Material Imagination: Smell Spring 2014

their value and worth every time they enter the mal Baths at Vals). bathroom. The ceiling is raised several feet to the north and south, making room for cleresto-

The recycled, glass-tile walls serve as a color- ry windows on both sides. The cross breeze ful reminder that "one man's trash is another will naturally ventilate the space and bring in man's treasure". Glass bottles are frequently natural light and warmth from the south sun. used as a commodity among homeless popu- The majority of natural light will come from a lations because they can receive money in for large skylight, located above the shower stalls. their exchange. The bottles are used to cre- This light will warm the ceramic tiles on the ate a beautiful sanctuary space by filtering the bathroom floor and also enhance the serenity light through the various colors and textures, of this spa-like environment. The ceramic tiles while the bottom of the bottle has enough tex- are durable and hygienic and the natural cut ture to ensure privacy. The residents can par- of the tiles makes it look and feel like an oaticipate in the making of these windows, so that sis in the desert. In the showers, steel spouts they really feel like they are a part of making have a stain effect on the concrete stall walls the building a home. By placing their "finger- over time and give a beautiful, layered, rust prints" on the space, they will be reminded of color (similar to that of Peter Zumthor's Ther-



Building Section Mixed Media Material Imagination: Smell Spring 2014

ing. Located in the common space of the shelter, the ramp is a place of collaboration, community and informal meeting. Made of stainless steel transparent, allowing light to pass through to the rest of the building. As many of the residents are the structure gives them freedom to meander to be inhabited at various places along the ramp. from floor to floor. The ramp is both a literal jourstable life. The ramp presents a smooth transiare handicapped and may have trouble using the light.

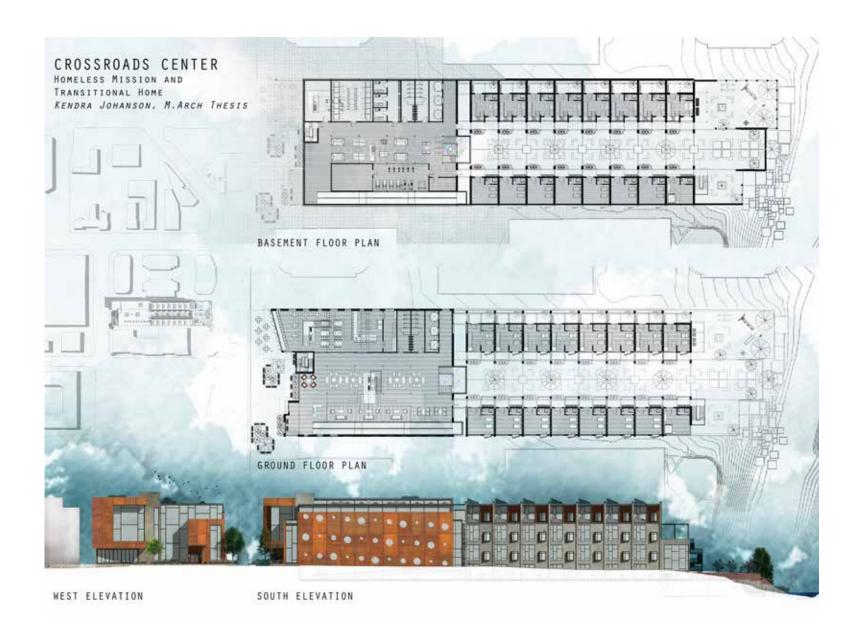
This ramp spans the entire height of the build- stairs but they should not be limited to using the elevator, which restricts them from experiencing every aspect of the building. The ramp is held up by a thick wall of steel beams, light gauge metal and frosted glass, the ramp becomes somewhat studs, insulation and drywall. Using steel as the primary structure allows for large spans and flexibility of space. The air membrane is wider than used to living nomadic lifestyles, this portion of most, exaggerating its thickness and allowing it On the exterior, the wall is clad with Corten steel. ney and also a beacon of what this building will This material has a beautiful rusted color and hopefully become to it's inhabitants: a transition with time, each panel takes on it's own characfrom living on the street to a sustainable and ter, contributing to a unified exterior tapestry. The landscape is also important to how this building tion through the building, engendering sporadic is experienced. Male gingko trees will be the prihuman interactions along the way. In addition, a mary foliage on this site because they are able large percentage of homeless men and women to mature in narrow environments without much

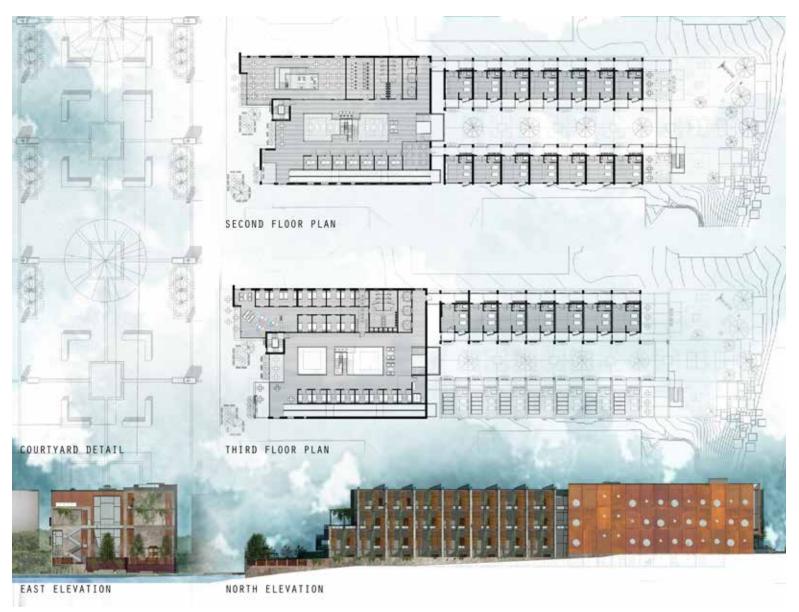


Material Imagination

The ramp comes to life as people use protect from it being too hot to sit. The it for various activities: meeting with changing scales and locations take into friends, reading, or just moving from account the array of preferences peoone place to another. The circular win- ple may have. One window may be small dows operate as a place to stop and and high on the wall for gazing, while rest and the varying scales are suitable another is large and low for lounging for different types of people and activi- and reading. Each person's preference ties to occur. They are set into the thick is important and should be considered. walls with several inches added to the This building provides a common place sill, creating a nice seat and the feel- for men and women to gather and find ing of being held by the wall. The steel shelter, however, the building is only encasement will draw the warmth from brought to life when inhabited by the the sun but a bent wood seat cover will people.















At its best, architecture not only reflects but also serves society; it has a duty to provide for those with the greatest need and the fewest options. Thus architecture should do more than provide homeless people with shelter: it must sustain their hope and their dignity."

--Sam Davis

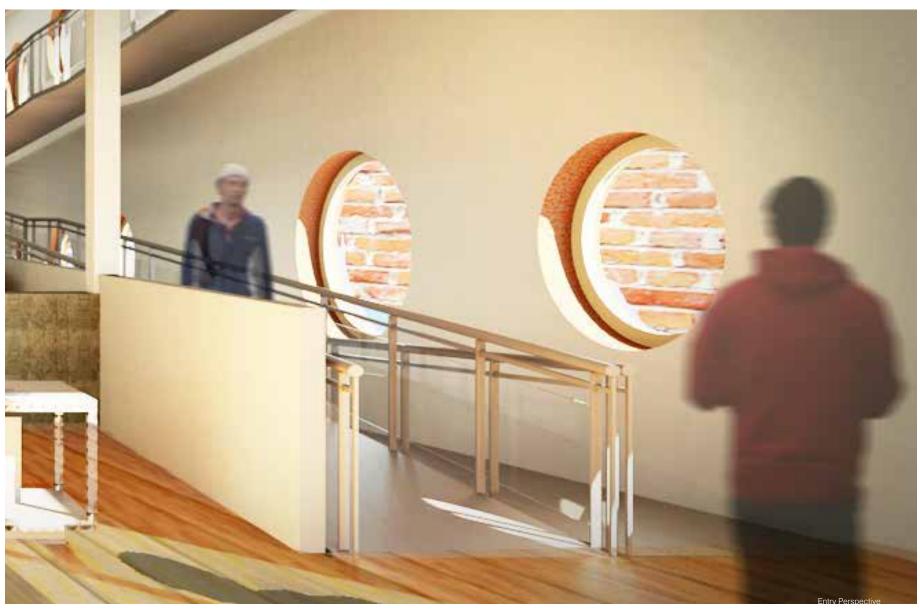
"Home is a collection and concretization of personal images of protection and intimacy that help us recognize and remember who we are."

--Juhani Pallasmaa



Renderings 48

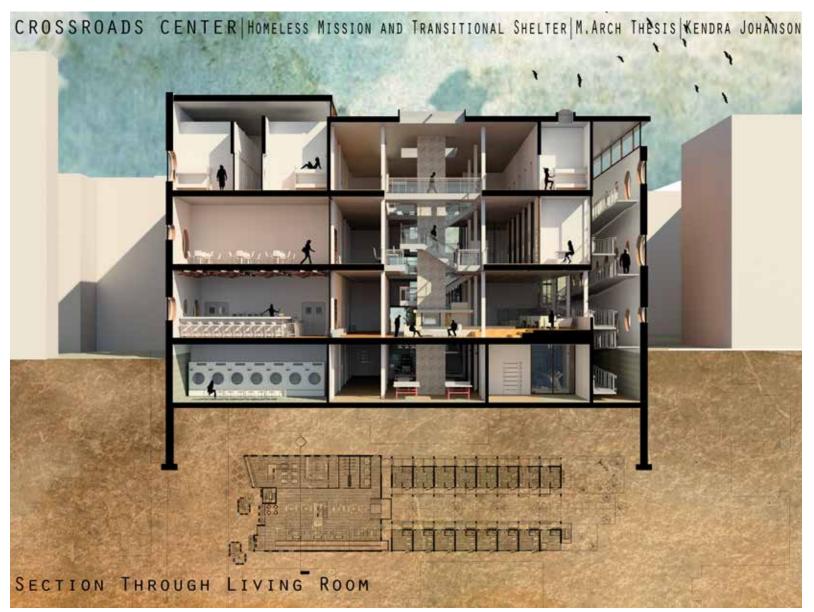






Left
"Living room" Perspective
View from the
second floor

Right: Main Building Section Perspective







Left Women/children's Residential unit Plan and Section

Right: Courtyard and Residential Units Section Perspective





"Home is a staging of personal memory. It functions as a two-way mediator - personal space expresses the personality to the outside world, but, equally important, it strengthens the dweller's self-image and concretizes his world order. Home is also a mediator between intimacy and public life."

--Juhani Pallasmaa

Left Women/children 's Residential unit Perspective

Right: Dining Hall View from Kitchen Perspective



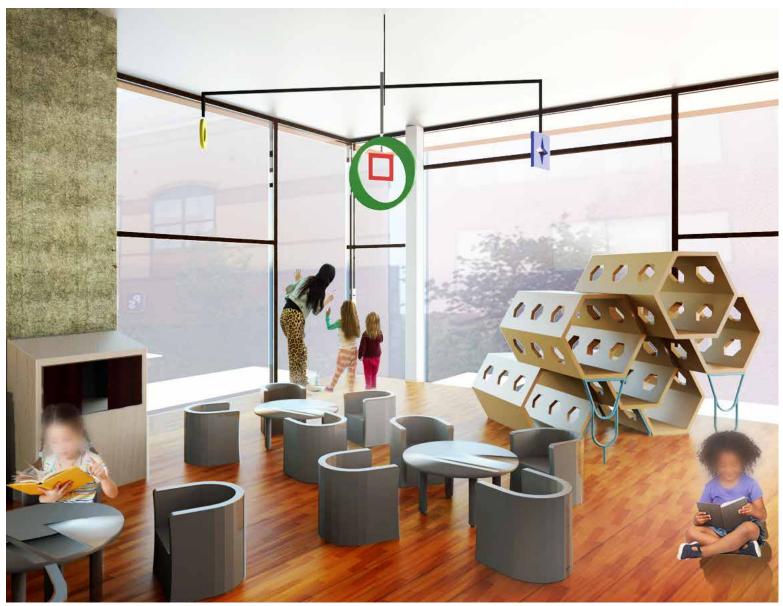


"Community is the free growth of many individuals, as units free in themselves, functioning together in a unity of their own making."

--Anat Geva

Left Men's Residence Exterior Corridor Perspective

Right: Emergency Shelter Playroom Perspective





"The 'space between' is an essential element of good housing - space between the public and private, between inside and outside, between the individual and the collective, between the sheltered and the enclosed. I believe stoops, stoas, breezeways, loggias, colonnades, galleries and cloisters both as form and as type, have universal application."

--Gerry Cahill



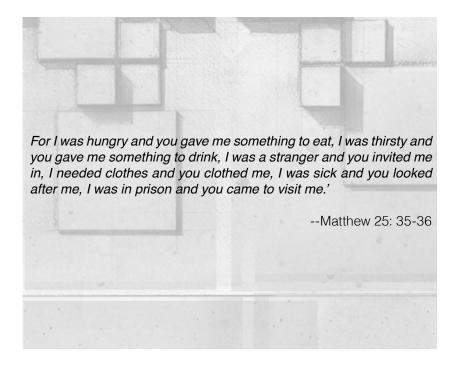


"The consequential development of agriculture provokes a fundamental change in the conception, understanding and representation of nature. Henceforth, the presence of God is found not so much in wild places but rather in tamed, productive landscapes."

--Gary Boyd



Renderings





BREAKING

BREAD

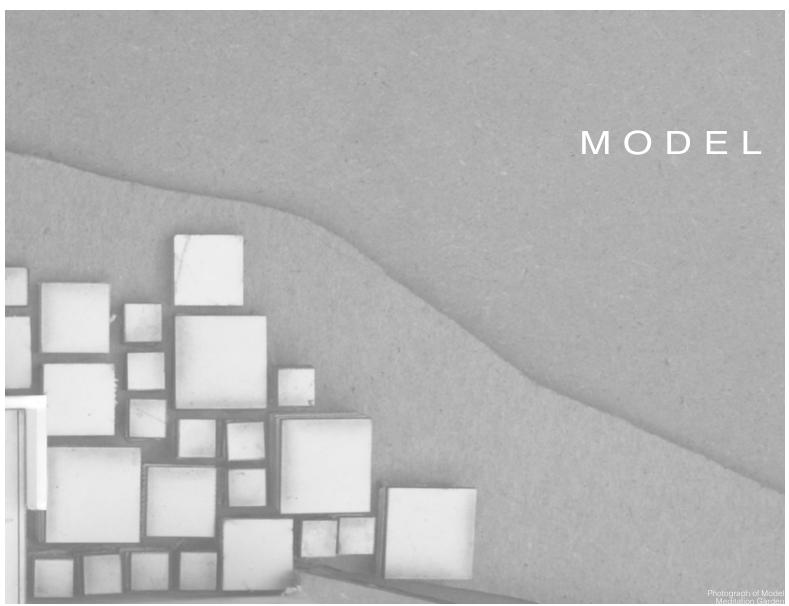
The Last Supper is the final meal that Jesus shared with his Apostles in Jerusalem before the crucifixion. In the gospel accounts, Jesus transforms wine and bread. These otherwise mundane materials were given new meaning and have come to serve as something far greater than their original purpose. The simple and seemingly ordinary meal came to be a symbol of the greatest transition of all: Christ's passage from death to life. The disciples with whom Jesus ate were relatively insignificant people in the eyes of society but here, at the communion table, they were seen for who they really were. Their value was recognized and they were given the opportunity to be significant.

The Communion Meal acknowledges that there is a human need that goes beyond just basic sustenance. In a similar way, I hope that this building is more than just a shelter. Architecture alone cannot change lives, but I hope that it can help marginalized people to recognize their innate human dignity and provide a safe space for them to transition from the street to a more self sufficient life. While giving a homeless person a home cannot solve the greater problem, I believe good design can provide a space for people to be positively equipped and enabled to influence change in the rest of the world.





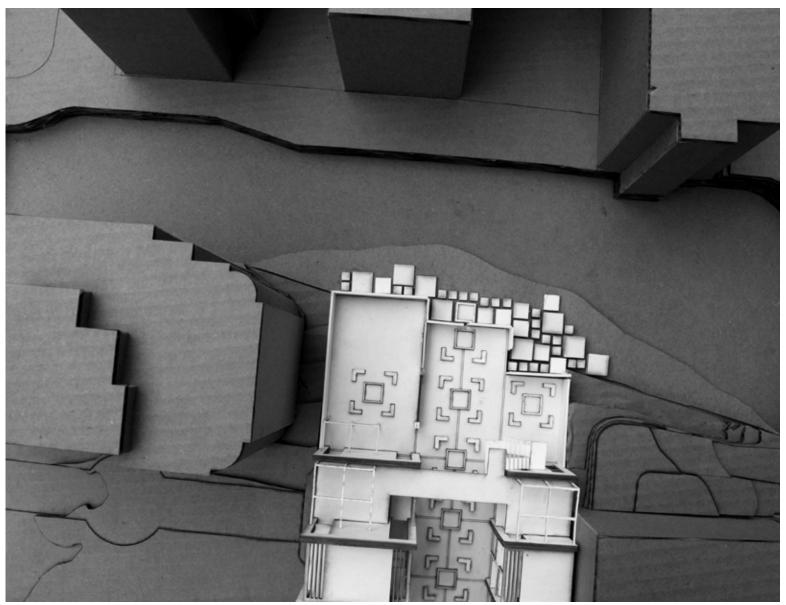
Renderings





"The sacred plan, the core of the religious building, creates an earthly meeting point between human and Divine. The path consists of a spatial sequence that encompasses a transitional zone between the outside world and the inside sacred space. This spatial sequence provides a symbolic narrative for the worshipper who travels along it, increasingly anticipating the arrival at the sacred place."

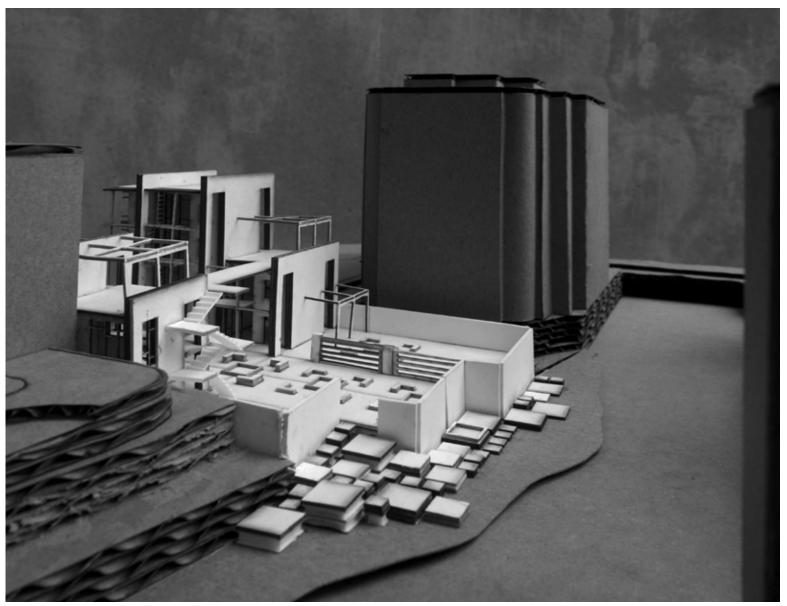
--Anat Geva



Model 72



Left : Photograph of Model Looking Towards the End of the Courtyard



Model 74





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Contra Costa County Adult Shelter, Before Renovation.

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Fig. 2

Homeless man on Skid Row

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Fig. 1

Occupying and Connecting

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Fig. 2

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Fig. 3

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Fig. 4
Central Beheer Insurance Company, View of Office Units.

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Fig. 1

Map of Alexandria, VA

"Alexandria, Virginia." Map. Google Maps. Google. 17 April 2014. Web. April 2014.

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Fig. 1

Historic Map of Alexandria

"Virginia Historical Topographic Maps." Virginia Historical Topographic Maps. University of Texas Libraries, n.d. Web. 19 Sept. 2014. http://www.lib.utexas.edu/maps/topo/virginia/>.

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Fig. 1

Map of Alexandria, VA

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Fig. 1

"The Last Supper"

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