

The Spillover Effects of Motivational Processes in a Dual Task Setting

Yvette Quintela

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John J. Donovan, Chair

Roseanne J. Foti

Neil M. Hauenstein

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(ABSTRACT)

The present study set out to examine whether negative goal-performance discrepancy (GPD) feedback for one task could have a negative effect on goal-setting associated with an unrelated, distinct task. A series of hierarchical regression analyses were conducted. Results show that large versus small negative GPD feedback on a creativity task impacted levels of specific self-efficacy for a stock-predicting task, which indicated a motivational spillover effect. However, large negative GPD on the creativity task was not evidenced to impact performance goals for the stock-predicting task, as hypothesized. Results also indicate that the larger the magnitude of negative GPD feedback, the more individuals experienced an increase in negative mood and decrease in positive mood, however mood was not evidenced to impact performance goals.

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Table of Contents

Abstract.....	ii
Acknowledgements.....	iii
Introduction.....	1
Theoretical Framework of GPD.....	2
Responses to Negative GPD.....	4
Consequences of Negative GPDs.....	8
Implications of Consequences of Negative GPDs.....	10
Multiple Goal-Settings.....	13
Spillover of Motivational Processes.....	13
The Implications of Motivational Spillover.....	16
Mechanisms Behind Negative GPD Spillover.....	19
Moderating Effects.....	24
Method.....	25
Participants.....	26
Procedure.....	26
Measures.....	32
Results.....	34
Manipulation Check.....	35
Test of the Hypotheses.....	37
Supplementary Analyses.....	40
Discussion.....	43
Findings and Conclusions.....	43
Contributions.....	49
Limitations.....	52
References.....	54
Tables.....	61
Figures.....	72
Appendices	
Manipulation Check.....	74
Personal Goal Questionnaire.....	75

Table of Contents (cont.)

Specific Self-Efficacy Scale.....	76
General Self-Efficacy Scale.....	77
Positive and Negative Affect.....	79
Causal Attribution Scale.....	80
Performance Record Form.....	81
Vita.....	82

List of Tables

Table 1: Intercorrelations between variables.....	61
Table 2: Means and standard deviations for variables.....	64
Table 3: Hierarchical regression examining the contribution of goal-performance (GPD) in the predictions of performance goal.....	66
Table 4: Hierarchical regression examining the contribution of negative and positive mood at time 2 in the prediction of performance goal	67
Table 5: Hierarchical regression examining the contribution of generalized self efficacy (GSE) at time 2 in the prediction of performance goal.....	68
Table 6: Regression examining the moderating influence of causal attributions (CA) on the relationship between goal-performance discrepancy (GPD) and generalized self-efficacy (GSE).....	69
Table 7: Regression examining the moderating influence of causal attributions (CA) on the relationship Between Goal-Performance Discrepancy (GPD) and Negative Mood	70
Table 8: Hierarchical regression examining the contribution of goal-performance discrepancy (GPD) in the prediction of specific self-efficacy (SSE).....	71

List of Figures

- Figure 1: Hypothesized mediating role of generalized self-efficacy (GSE) and positive and negative mood in the relationship between negative goal performance discrepancy (GPD) on one task and goal setting for a subsequent, distinct task.....72
- Figure 2: Mediating role of specific self-efficacy in the relationship between mood and performance goals.....73