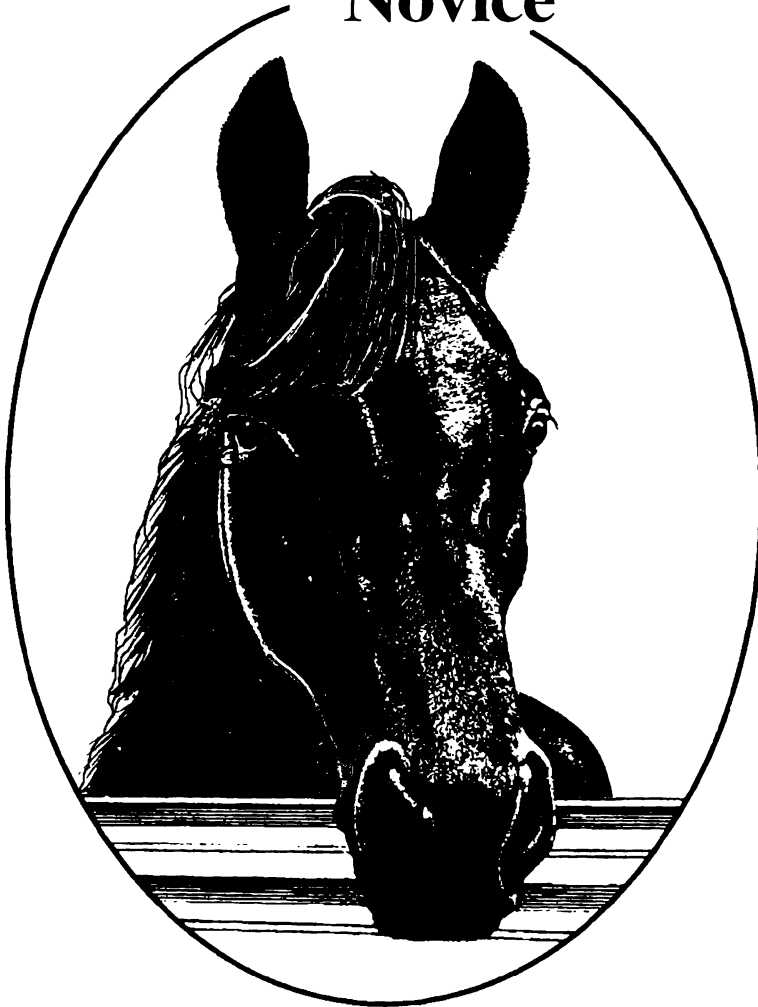


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**VIRGINIA 4-H HORSE PROJECT:  
PROGRESSIVE RIDING SERIES UNIT 2**  
**Novice**

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NAME \_\_\_\_\_ AGE \_\_\_\_\_ CLUB YEAR \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
COUNTY OR CITY \_\_\_\_\_  
NAME OF CLUB \_\_\_\_\_  
NAME OF LEADER \_\_\_\_\_ YEARS IN 4-H \_\_\_\_\_  
DATE PROJECT BEGAN \_\_\_\_\_ ENDED \_\_\_\_\_

**Virginia Cooperative Extension**



VIRGINIA POLYTECHNIC INSTITUTE  
AND STATE UNIVERSITY

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VIRGINIA STATE UNIVERSITY

# The Progressive Riding Series

*Edited by Larry A. Lawrence\**

## Directions:

Members should also enroll in the Horse Management project and keep an accurate and up-to-date management record. Participation in the riding series is strictly on an elective basis. The riding projects should be closely supervised by a horse project leader. Numerous standard references may be used for completing the diagrams, questions, etc. Members should have the basic equipment for riding and the use of a suitable riding animal.

All leaders should obtain all of the materials available and review project opportunities. Programs may be adjusted to local needs and use under the direct supervision of Extension Agents and Leaders. Age requirements for completing the riding units are as follows: Novice - 10 years or older; Horseman - 13 years or older; Horsemaster - 16 years or older. Horsemasters should be expert horsemen and top-notch 4-H members capable of professional contributions to and employment in the industry.

Members may enroll for each unit as many times as desirable and may progress according to their interests and abilities. Many will not advance beyond the first or second levels, and there should be no special distinction between levels as far as youth development is concerned. The goal is not to make Horsemasters out of all who are interested in horses. Horsemasters may continue on as teen leaders, repeat the unit, or design new horse projects.

Members may complete some tests on horses other than their own or managed project. Most projects should be on a project-year basis, but progression should not necessarily be limited to this. The projects will require inspectors for certain tests. The selection and implementation of this should be arranged at the local level and/or county level. Leaders can establish the appropriate procedures and approvals for inspectors at these levels. The tests are not competitive, and many tests can be replaced by alternate tests designed by leaders according to local needs and interests.

All new members should enroll in the basic unit, but those who have previous experience should be advanced into the higher units as soon as they demonstrate that they are capable. A member may be working on sections in two or more units at the same time, then complete each unit as his or her age fills the requirement. The 100-mile ride for Horsemasters may be made by using more than one horse. This ride should be supervised by a distance rider and/or veterinarian. The basic unit may be used for new members prior to admitting them to the novice unit, or used for any member not wishing to go through the progressive series. Completing the basic unit prior to enrolling in the novice unit is a requirement. The completed Horsemaster book should be sent to the state Extension Horse Specialist for review and approval.

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\*Extension Animal Scientist, Horses, Virginia Tech

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You must complete the basic horsemanship project before you complete the novice project. Date you completed the basic unit \_\_\_\_\_.

Section 1 - Experience

A. Riding Record (Minimum of 60 hours)

Month	Type of Riding	Hours
September		
October		
November		
December		
January		
February		
March		
April		
May		
June		
July		
August		
Total Hours		

B. Events Participated In (Minimum of any three of the following at any level-- horse judging contest; show; horse school or clinic; trail ride; VHSA, AHSA or approved breed show; 4-H camp; fitting & showmanship class; hunt; horse bowl contest; tour of a horse farm or stable).

Date	Event	Location

C. Field or Educational Experience (Must do at least three of the following).

<u>Program</u>	<u>Name or Topic</u>	<u>Date</u>
Discuss Preventative Medicine with your veterinarian	_____	_____
Discuss hoof care with a farrier	_____	_____
Observe a horse being shod	_____	_____
Visit a large open show	_____	_____
Read a horse book	_____	_____
Visit a riding school	_____	_____
Visit a horse training center	_____	_____

D. List one horse demonstration you presented at a 4-H club meeting and the date presented.

<u>Date</u>	<u>Demonstration</u>
_____	_____
_____	_____
_____	_____

E. Practice horse photography and place below the best photo that you made of your horse.

D. State the characteristics of any three breeds of horses or ponies.

Breed: \_\_\_\_\_

Place of Origin: \_\_\_\_\_

Distinguishing  
Characteristics: \_\_\_\_\_

Primary uses: \_\_\_\_\_

List 5 additional Breeds: \_\_\_\_\_, \_\_\_\_\_,  
\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.

E. What is the normal temperature of a horse? \_\_\_\_\_.

What is the normal pulse rate? \_\_\_\_\_.

F. Describe how the height of a horse is measured. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

G. List several plants which are poisonous to the horse.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

H. How many beats are there in each of the following gaits.

Walk \_\_\_\_\_ Running Walk \_\_\_\_\_

Trot \_\_\_\_\_ Pace \_\_\_\_\_

Canter \_\_\_\_\_ Rack \_\_\_\_\_

Run or Gallop \_\_\_\_\_ Slow Gait \_\_\_\_\_

I. Take a feed tag from a bag of horse feed, review and discuss with a knowledgeable person and reproduce (draw) the tag below:

J. Identify and briefly study and list the following feed items according to category - soybean oil meal, corn, oats, alfalfa hay, orchard grass hay.

Energy

Protein

Forage

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Section 2 - Knowledge

A. Trace the outline of a horse and number and label the parts of the horse.

B. List some of the causes and symptoms and first aid treatment of the following:

1. Thrush (Treatment) \_\_\_\_\_

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2. Colic (What to do until the veterinarian arrives) \_\_\_\_\_

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3. Minor Cut (Treatment) \_\_\_\_\_

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4. Major Wound (What to do until the veterinarian arrives) \_\_\_\_\_

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C. State the miles per hour a horse walks \_\_\_\_\_, trots \_\_\_\_\_ and  
canters \_\_\_\_\_.

What is the distance covered by a horse in 5 minutes at the walk \_\_\_\_\_  
\_\_\_\_\_, trot \_\_\_\_\_ and canter \_\_\_\_\_ ?



Section 3 - Dismounted Abilities: Give the date on which you properly demonstrated the following dismounted abilities to a designated inspector or leader.

	<u>Date</u>	<u>Leader</u>
1. Muck out and bed down a stall	_____	_____
2. Put on and adjust a halter	_____	_____
3. Put on and adjust a bridle	_____	_____
4. Clean tack	_____	_____
5. Care for a horse after a demanding ride	_____	_____
6. Properly tie a horse (a rail, a tree and a ring)	_____	_____
7. Prepare a horse for a showmanship class (braiding not required)	_____	_____
8. Demonstrate how to show a horse in a fitting and showmanship class	_____	_____
9. Recognize good quality and poor quality pasture	_____	_____
10. Identify good hay quality	_____	_____
11. Demonstrate and discuss safety in working with horses	_____	_____

Section 4 - Mounted Abilities: Give the date on which you properly demonstrated the following mounted abilities to a designated inspector or leader: (Five items may be designated as optional with substitutes listed and done at the bottom of the list). Additional tests may also be listed at the end of the list.

	<u>Date</u>	<u>Leader</u>
1. Move from a halt to a walk and from a walk to a halt	_____	_____
2. Walk in a small circle (both directions)	_____	_____
3. At the walk, turn right and turn left	_____	_____
4. Walk in a straight line, halt, turn right about and return in a straight line, halt, turn left about and return in a straight line, halt	_____	_____
5. Trot (around a ring-both directions)	_____	_____

Section 4 (Continued)

	<u>Date</u>	<u>Leader</u>
6. Take up the trot from the halt and the walk - and return from the trot to the walk and to the halt	_____	_____
7. At the trot, turn right and turn left	_____	_____
8. Trot in a straight line, turn right about and return in a straight line and turn left about and go in a straight line, halt	_____	_____
9. Trot a small circle - both directions	_____	_____
10. Walk and trot a figure eight	_____	_____
11. Canter left lead around a ring	_____	_____
12. Canter right lead around a ring	_____	_____
13. Back 6 steps and halt	_____	_____
14. Stand still 10 seconds	_____	_____
15. Lead over a dropped rail	_____	_____
16. _____	_____	_____
17. _____	_____	_____
18. _____	_____	_____
19. _____	_____	_____
20. _____	_____	_____
21. _____	_____	_____
22. _____	_____	_____
23. _____	_____	_____
24. _____	_____	_____
25. _____	_____	_____

## FARM DESIGN

Briefly draw the layout (floor plan) of the stable, tack room, feed room, paddocks and ring where you keep your project horse.

PROJECT STORY

This is to certify that \_\_\_\_\_ has,  
by quiz or practical demonstration, successfully completed all of the requirements  
within each of the four sections of this record book to qualify as a NOVICE.  
Member must be at least 10 years of age to complete this unit.

\_\_\_\_\_  
4-H Leader

\_\_\_\_\_  
Date

\_\_\_\_\_  
Extension Agent