

APPENDIX FF OTHER FACTORS

FACTORS AFFECTING PERFORMANCE				
Academic stress	17	18	9	44
Lack of sleep	21	10	5	36
Not feeling well physically	9	5	5	19
Stressful relationship	3	8	4	15
Accompanist problem	7	1	5	13
Physical problem	3	1	3	7
Personal loss	4	0	2	6
Family-related stress	5	1	0	6
Caffeine	3	2	1	6
Injury	3	0	2	5
Tragedy	0	0	4	4
Nervousness	1	1	1	3
Death:family/friend	0	0	3	3
Problem with instrument	0	2	0	2
Lack of Preparation	0	2	0	2
Inexperience performing	0	1	1	2
Drugs (prescription or not)	1	0	1	2
Teacher missed lesson	0	1	0	1
Nicotine	0	0	1	1
Job stress & extra curr	0	0	1	1
Inadequate Warmup	0	1	0	1
Distracted: people entering	0	1	0	1
Couldn't breathe	0	0	1	1
Alcohol	0	0	1	1
	SLIGHT	MODERATE	GREAT	TOTAL
				N=70

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<b>GENDER TOTALS</b>				
<b>PRETEST</b>		<b>PREP</b>	<b>ANX</b>	<b>QUAL</b>
GROUP 1	MALE	14	13.5	15.5
	FEMALE	13.4	16.2	13.1
GROUP 2	MALE	13.2	16.8	15.8
	FEMALE	14.8	15.7	15.9
<b>POSTTEST</b>				
GROUP 1	MALE	13.8	16.6	15.8
	FEMALE	13.1	15.9	15.8
GROUP 2	MALE	13.4	15.6	16.6
	FEMALE	14.4	14.9	15.4

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INSTRUMENT TOTALS				
PRETEST		PREP	ANX	QUAL
GROUP 1	VOICE	14	15.4	14
	PIANO	12.5	18	10.5
	OTHER	13.7	13.2	15.8
GROUP 2	VOICE	14.6	15.7	16.6
	PIANO	14.9	15.5	16.2
	OTHER	11.8	18.5	13.8
POSTTEST				
GROUP 1	VOICE	13.8	17.2	15.6
	PIANO	12.5	14	18
	OTHER	13.2	15.5	15.4
GROUP 2	VOICE	14.4	14.8	16.7
	PIANO	14.2	15.7	15.6
	OTHER	12.5	15.9	15

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CLASS RANK TOTALS				
PRETEST		PREP	ANX	QUAL
GROUP 1	FR	14.3	16.7	13
	SO	13.8	14	16.4
	JR	13	14	13.7
GROUP 2	FR	14	17.3	16
	SO	13.8	14.3	14.8
	JR	13.9	16.8	15.8
POSTTEST				
GROUP 1	FR	13.7	15.7	15.7
	SO	13.6	17.4	17.4
	JR	13	15.8	14.6
GROUP 2	FR	14.4	15.8	14.4
	SO	13	13.8	16.8
	JR	13.8	16.1	16.7