

Site:

1. L-Spine
2. T-Spine
3. C-Spine
4. Shoulder
5. Elbow
6. Wrist
7. Hand
8. Hip
9. Knee
10. Ankle
11. Foot
12. Abdomen
13. Head
14. Face
15. Other
16. Quad
17. Lower Leg
18. Forearm
19. Toe
20. Thumb
21. Hamstring
22. Pubic Symphysis
23. Buttock
24. Groin

Vertical Jump: Inches

40-Yd: Seconds

(Bench Press, Squat,
Power Clean, Push Jerk): Pounds

Sit-ups and Dips: Repetitions

Functional Movement Screen Tests:

Deep Squat: DS

Hurdle Step: HS

In-line Lunge: ILL

Shoulder Mobility: SM

Active Straight Leg Raise: ASLR

Trunk Stability Push-up: TSPU

Rotational Stability: RS

Injury Type:

1. Avulsion
2. Bursitis
3. Contusion
4. Dislocation
5. Fracture
6. Sprain
7. Strain
8. Subluxation
9. Tendonitis
10. Concussion
11. Laceration
12. Other
13. Impingement
14. Meniscus Tear
15. Paresthesia
16. Brachial Plexus

Virginia Polytechnic Institute and State University Data (VT)

Subject #	Gender	Height	Weight	Position	Previous Injury	AC/CHR	Site	Injury Type	R/L /N
1	1	72	186.5	1	1	2	9	9	4
2	1	67	163	1	3	1	9	17	2
3	1	72	189.5	1	1	-	6	-	-
4	1	71.5	192.5	1	1	-	16	-	1
5	1	75	203	1	1	1	4	6	-
6	1	73	199.5	1	1	-	9	6	2
7	1	-	180	1	1	-	21	7	-
8	1	77	211.5	2	1	1	10	6	2
9	1	77	220	2	1	-	21	7	1
10	1	-	165	-	4	-	-	-	-
11	1	74	210.5	1	1	-	16	-	2
12	1	72	189.5	1	1	-	20	6	1
13	1	71	215	1	1	-	4	6	2
14	1	75	288	3	1	-	24	7	1
15	1	77	226	3	4	-	-	-	-
16	1	75	271	3	1	-	3	6	3
17	1	74	285	3	4	-	-	-	-
18	1	74.5	282.5	3	1	-	10	6	2
19	1	71.5	237	2	3	-	9	17	-
20	1	67.5	213	2	4	-	-	-	-
21	1	75.5	304	3	3	-	9	6	2
22	1	75	230	2	2	-	9	6	1
23	1	77	261.5	3	1	-	9	6	1
24	1	-	238	2	4	-	-	-	-
25	1	75	280	3	4	-	-	-	-
26	1	76	284	3	4	-	-	-	-
27	1	75	264	3	1	-	10	6	1
28	1	-	-	3	3	-	6	-	-
29	1	75	238	3	3	-	11	6	1
30	1	77	253	3	4	-	-	-	-
31	1	71	225	3	1	-	4	6	1
32	1	75	282	3	2	-	9	6	1
33	1	77	247	3	1	-	20	6	-
34	1	72	241.5	2	2	-	11	6	2
35	1	77	275.5	3	4	-	-	-	-
36	1	74	271	3	1	-	9	6	-
37	1	73	236.5	2	1	2	21	7	2

(VT)

Subject #	DS	HS	ILL	SM	ASLR	TSPU	RS	FMS Score	VJ	40-Yd	Squat
1	2	2	2	3	2	3	2	16	41.5	4.45	450
2	2	3	2	3	2	3	2	17	33	4.39	470
3	2	2	2	2	1	3	2	14	36	4.69	475
4	2	2	3	2	3	2	3	17	38	4.55	500
5	3	3	3	3	3	0	0	14	37.5	4.68	515
6	2	2	2	3	3	3	2	17	40	5.08	500
7	2	2	2	3	21	2	1	14	35	4.49	455
8	2	2	2	3	2	3	2	16	40.5	4.42	500
9	0	0	0	3	3	3	3	12	26	4.88	400
10	2	2	3	2	2	3	3	17	-	4.98	365
11	2	2	2	1	2	3	2	14	36	4.45	500
12	3	3	3	0	3	2	2	16	34.5	4.52	400
13	2	2	2	0	2	3	3	14	36	4.51	535
14	2	2	2	2	2	2	2	14	22	4.96	510
15	2	2	2	0	3	3	2	14	28.5	4.92	500
16	3	2	2	2	3	3	2	17	29.5	-	575
17	2	3	2	1	1	3	2	14	31	5.00	680
18	2	2	2	2	3	3	2	16	31	4.91	550
19	3	2	2	1	3	3	3	17	32	4.71	555
20	1	2	2	2	3	3	2	15	26	4.98	440
21	2	2	0	0	2	3	2	11	27	5.07	685
22	3	2	2	1	3	3	2	16	34	4.71	530
23	2	2	1	1	1	0	2	9	31	4.56	450
24	2	2	2	2	3	3	3	17	34.5	4.68	530
25	1	2	2	1	1	2	2	11	26.5	5.28	550
26	1	2	2	2	3	3	2	15	27	5.23	575
27	1	1	1	2	2	2	2	11	29	4.90	550
28	2	2	2	2	2	0	0	10	-	5.14	-
29	2	3	2	2	3	3	2	17	32.5	4.82	450
30	1	2	1	0	2	3	1	10	28	5.54	475
31	3	2	2	0	3	3	2	15	36.5	4.55	550
32	2	2	2	2	3	3	2	16	28.5	4.81	530
33	3	2	2	0	2	3	3	15	30.5	4.74	550
34	2	1	2	0	2	3	2	12	-	4.85	550
35	2	2	2	2	0	1	2	11	27.5	5.10	500
36	3	2	2	0	2	3	3	15	22	5.38	455
37	2	2	2	0	1	3	2	12	31	4.77	490

(VT)

Subject #	Power Clean	Push Jerk
1	255	290
2	246	231
3	291	275
4	260	270
5	300	331
6	265	250
7	255	295
8	246	294
9	-	300
10	206	206
11	295	275
12	275	255
13	331	370
14	250	270
15	300	321
16	366	316
17	321	341
18	280	300
19	300	341
20	205	300
21	321	341
22	300	321
23	331	361
24	326	320
25	300	370
26	321	316
27	260	310
28	-	-
29	300	320
30	226	280
31	300	351
32	290	356
33	265	300
34	-	-
35	300	300
36	300	275
37	250	-

(VT)

Subject #	# Reportable Injuries	Practices Missed	Games Missed	Total Exposures	Varsity Letters	Class	Games Started
1	1	1	0	93	1	2	7
2	1	5	0	90	2	3	12
3	2	8	1	85	0	1	11
4	3	5	0	89	1	2	12
5	0	0	0	94	0	1	0
6	1	2	0	92	0	1	0
7	2	79	12	3	3	4	0
8	0	0	0	94	0	4	0
9	0	0	0	94	1	3	1
10	1	11	2	81	2	4	10
11	2	3	0	91	2	3	12
12	1	9	0	85	0	1	0
13	2	2	0	92	0	2	0
14	1	1	0	93	0	1	0
15	2	17	3	74	1	2	0
16	3	13	0	81	3	4	12
17	1	3	0	91	0	1	0
18	1	67	11	16	1	2	0
19	0	0	0	94	3	4	12
20	2	3	0	91	2	4	3
21	2	8	0	86	3	4	12
22	1	4	0	90	2	3	12
23	2	5	0	89	3	4	0
24	3	6	0	88	2	4	12
25	1	8	0	86	2	3	0
26	0	0	0	94	0	2	0
27	3	3	0	93	2	3	12
28	-	-	-	-	-	-	0
29	1	1	0	93	0	4	0
30	0	0	0	94	0	1	0
31	0	0	0	94	0	3	0
32	1	4	1	90	3	4	12
33	1	1	0	93	1	2	0
34	0	0	0	94	0	2	0
35	0	0	0	94	2	4	0
36	0	0	0	94	1	3	12
37	1	0	0	94	0	3	2

(VT)

Subject #	# Strains	Days Missed Due to Strains
1	0	0
2	0	0
3	0	0
4	1	3
5	0	0
6	0	0
7	1	1
8	0	0
9	0	0
10	0	0
11	0	0
12	0	0
13	2	2
14	1	1
15	1	2
16	1	1
17	0	0
18	0	0
19	0	0
20	0	0
21	0	0
22	0	0
23	1	4
24	1	3
25	1	8
26	0	0
27	0	0
28	-	-
29	1	1
30	0	0
31	0	0
32	1	4
33	0	0
34	0	0
35	0	0
36	0	0
37	0	0

East Carolina University (ECU)

Subject #	Weight	Height	Position	Bench Press	Squat	Power Clean	40-Yd
1	246	73	2	320	480	264	5.16
2	234	73	3	-	-	-	-
3	280	77	-	335	470	267	4.92
4	287	75	2	405	535	308	5.12
5	197	71	3	310	535	264	4.32
6	197	73	3	320	440	264	4.35
7	188	75	1	260	500	286	4.52
8	281	75	1	430	725	370	4.95
9	242	70.5	3	340	620	286	4.70
10	184	73	-	300	535	286	4.58
11	181	73	1	265	555	264	4.41
12	204	74	1	255	450	242	4.80
13	290	73.5	-	405	600	286	5.23
14	223	71	1	405	535	296	4.60
15	207	76	-	350	515	308	4.73
16	222	71	2	265	485	276	4.80
17	275	75	3	390	440	260	5.32
18	194	72	1	315	495	281	4.65
19	294	75	3	325	600	301	5.31
20	289	75	3	325	465	286	5.50
21	205	72	2	310	540	242	4.78
22	280	76	3	370	655	326	5.18
23	178	70	1	350	530	264	4.41
24	280	74	3	315	560	242	5.56
25	190	72	1	305	570	264	-
26	246	76	2	320	465	274	5.01

(ECU)

Subject #	VJ	Dips	Sit ups	DS	HS	ILL	SM	ASLR	TSPU
1	25	12	85	2	2	3	2	3	3
2	-	-	-	-	-	-	-	-	-
3	26	19	68	2	2	12	3	2	3
4	22.5	20	56	2	2	31	1	2	3
5	34	25	61	2	2	23	2	2	2
6	36.5	33	75	2	2	32	2	3	2
7	33.5	39	81	2	3	13	3	3	2
8	35.5	34	83	2	3	21	1	3	2
9	30	23	87	2	2	22	3	2	3
10	39.5	37	70	2	3	2	3	3	3
11	37	46	95	-	-	-	-	-	-
12	31.5	36	93	2	2	2	2	3	2
13	24.5	26	70	2	2	2	1	3	3
14	29	26	91	2	2	3	3	2	3
15	36	38	90	3	3	3	3	3	2
16	32.5	15	69	2	2	2	3	3	2
17	25.5	22	73	2	2	2	2	1	2
18	33.5	50	89	3	2	3	3	3	3
19	28.5	11	75	2	2	2	2	2	2
20	25.5	13	70	3	2	2	0	3	3
21	32.5	28	97	-	-	-	-	-	-
22	30	25	85	3	3	3	0	2	2
23	36.5	53	94	2	2	2	3	1	2
24	24.5	11	68	1	2	1	2	2	2
25	40.5	37	85	3	2	2	3	0	3
26	27.5	20	70	2	2	3	2	2	3

(ECU)

Subject #	RS	FMS Score	Previous Injury	AC/CHR	C/CN/NC	Site	R/L/N	Injury Type
1	3	15	4	-	-	-	-	-
2	-	-	3	1	1	17	2	5
3	2	14	4	-	-	-	-	-
4	2	15	1	2	2	9	1	9
5	2	15	1	2	2	9	2	9
6	2	14	1	1	1	25	3	6
7	2	18	4	-	-	-	-	-
8	2	14	2	1	2	4	2	7
9	2	16	4	-	-	-	-	-
10	2	18	1	1	2	17	2	7
11	-	-	1	2	2	9	1	9
12	2	15	4	-	-	-	-	-
13	2	15	2	1	1	9	1	12
14	2	17	4	-	-	-	-	-
15	2	19	1	1	1	4	1	7
16	2	16	1	2	2	1	1	7
17	2	13	4	-	-	-	-	-
18	3	20	4	-	-	-	-	-
19	2	14	1	1	1	4	1	6
20	2	15	1	1	1	4	1	7
21	-	-	4	-	-	-	-	-
22	2	15	1	1	1	27	2	7
23	3	15	3	3	1	4	2	20
24	2	12	1	1	1	8	2	7
25	2	15	2	2	1	21	1	7
26	2	16	4	-	-	-	-	-

West Virginia University (WVU)

Subject #	Gender	Position	Previous Injury 1	Site	Injury Type	R/L /N	Previous Injury 2	Site
1	1	1	2	10	6	2	2	7
2	1	1	4	-	-	-	1	10
3	1	2	4	-	-	-	-	
4	1	2	4	-	-	-	2	16
5	1	1	-	-	-	-	1	10
6	1	2	4	-	-	-	-	-
7	1	2	1	16	7	1	3	7
8	1	1	4	-	-	-	-	-
9	1	3	4	-	-	-	-	-
10	1	2	4	-	-	-	-	-
11	1	2	4	-	-	-	-	-
12	1	2	1	6	6	1	-	-
13	1	1	3	17	5	2	1	18
14	1	1	4	-	-	-	-	-
15	1	3	4	-	-	-	-	-
16	1	3	2	1	12	-	1	17
17	1	2	4	-	-	-	-	-
18	1	2	4	-	-	-	-	-
19	1	3	2	1	12	1	-	-
20	1	1	4	-	-	1	-	-
21	1	2	-	-	-	-	-	-
22	1	2	1	11	6	1	1	10
23	1	2	1	10	6	1	-	-
24	1	3	4	-	-	-	-	-
25	1	1	4	-	-	-	-	-
26	1	2	4	-	-	-	-	-
27	1	2	4	-	-	-	-	-
28	1	3	4	-	-	-	-	-
29	1	2	1	6	6	2	-	-
30	1	3	4	-	-	-	-	-
31	1	2	2	4	12	2	2	4
32	1	2	4	-	-	-	-	-
33	1	2	4	-	-	-	-	-
34	1	3	4	-	-	-	-	-
35	1	2	4	-	-	-	2	9
36	1	3	4	-	-	-	-	-
37	1	2	2	11	6	2	-	-
38	1	1	4	-	-	-	-	-
39	1	1	4	-	-	-	-	-
40	1	3	4	-	-	-	-	-
41	1	3	4	-	-	-	1	10
42	1	2	4	-	-	-	1	11

Subject #	Gender	Position	Previous Injury 1	Site	Injury Type	R/L /N	Previous Injury 2	Site
43	1	3	4	-	-	-	1	4
44	1	1	4	-	-	-	1	5
45	1	2	4	-	-	-	1	10
46	1	3	4	-	-	-	4	-
47	1	2	2	7	5	1	1	17
48	1	2	4	-	-	-	1	9
49	1	2	4	-	-	-	1	10
50	1	1	4	-	-	-	1	11
51	1	3	1	1	3	3	1	3
52	1	2	4	-	-	-	1	19
53	1	3	1	10	6	1	1	4
54	1	3	4	-	-	-	-	4
55	1	2	1	10	6	1	1	5
56	1	1	4	-	-	-	1	1
57	1	3	4	-	-	-	-	4
58	1	1	1	4	7	1	3	9
59	1	3	4	-	-	-	4	-
60	1	1	4	-	-	-	4	-
61	1	3	1	13	10	3	4	-
62	1	2	4	-	-	-	1	8
63	1	3	4	-	-	-	1	1
64	1	3	4	-	-	-	4	4
65	1	1	1	19	6	2	1	-
66	1	1	4	-	-	-	19	-
67	1	2	4	-	-	-	4	-
68	1	3	4	-	-	-	4	-
69	1	3	4	-	-	-	4	-
70	1	3	4	-	-	-	4	-
71	1	1	4	-	-	-	4	-
72	1	2	4	-	-	-	4	-
73	1	3	4	-	-	-	4	-

(WVU)

Subject #	Type	R/L /N	DS	HS	ILL	SM	ASLR	TPSU	RS	FMS Score
1	4	1	3	2	2	3	3	2	3	18
2	6	1	1	2	2	0	2	1	2	10
3	-	-	2	2	2	3	2	1	2	14
4	3	2	3	2	2	2	2	3	3	18
5	6	1	2	3	3	2	2	3	2	17
6	-	-	3	2	2	3	2	1	3	14
7	5	1	2	2	2	2	3	3	2	16
8	-	-	2	2	2	1	2	1	2	10
9	-	-	2	1	2	1	2	1	3	12
10	-	-	3	2	2	2	2	3	2	15
11	-	-	3	3	2	3	3	3	2	19
12	-	-	2	3	1	1	2	3	2	14
13	3	-	2	2	2	1	3	0	2	12
14	-	-	3	3	2	0	2	3	3	16
15	-	-	2	1	2	1	1	1	1	9
16	3	-	2	1	2	2	3	1	2	13
17	-	-	2	2	2	2	3	3	2	16
18	-	-	2	2	2	3	3	3	2	17
19	-	-	-	1	-	1	1	2	0	-
20	-	-	2	2	3	3	2	1	3	15
21	-	-	2	2	2	2	3	3	2	16
22	-	-	2	2	2	2	3	3	2	16
23	6	2	2	2	2	0	2	3	2	13
24	-	-	2	3	2	2	3	3	3	18
25	-	-	2	2	3	1	2	3	2	15
26	-	-	2	3	2	0	2	1	2	12
27	-	-	3	3	2	0	2	0	2	12
28	-	-	2	2	3	2	2	3	2	16
29	-	-	2	2	2	1	2	3	2	14
30	-	-	3	2	2	2	2	1	1	13
31	13	2	2	2	2	0	2	2	2	12
32	-	-	1	2	2	2	1	2	1	13
33	-	-	2	2	2	3	3	3	2	17
34	-	-	2	3	2	2	2	2	2	17
35	14	2	3	2	2	2	2	1	3	15
36	-	-	3	2	2	2	2	1	2	14
37	-	-	2	1	2	2	2	3	0	12
38	-	-	2	2	3	3	3	2	3	17
39	-	-	2	2	2	2	2	2	2	14
40	-	-	2	2	1	2	2	1	2	12
41	6	2	2	1	1	1	2	1	1	11
42	6	2	2	2	2	1	3	1	2	14

Subject #	Type	R/L /N	DS	HS	ILL	SM	ASLR	TPSU	RS	FMS Score
43	15	1	2	2	3	3	2	2	2	17
44	6	2	3	3	2	2	2	2	3	16
45	6	1	2	2	2	2	2	3	2	16
46	-	-	3	2	2	2	3	1	1	13
47	3	2	2	2	2	2	2	1	2	13
48	3	2	2	2	2	1	2	3	2	13
49	6	1	1	2	2	1	2	1	2	13
50	6	1	3	2	2	3	3	2	3	15
51	16	3	3	2	2	0	3	2	3	15
52	6	1	3	1	3	1	2	3	2	13
53	8	2	1	2	2	0	2	1	2	10
54	-	-	1	1	2	1	2	1	2	10
55	6	1	2	2	3	1	2	2	3	15
56	7	3	2	1	3	1	3	3	2	15
57	-	-	2	1	2	1	2	1	1	10
58	6	2	1	2	2	3	2	3	3	16
59	-	-	2	2	3	1	2	2	3	15
60	-	-	2	1	3	1	3	3	2	15
61	-	-	2	2	2	0	2	0	2	10
62	7	1	3	2	2	2	2	1	2	14
63	6	3	2	2	2	1	2	1	3	12
64	4	2	2	2	2	1	2	1	3	10
65	6	2	2	2	2	2	1	3	2	14
66	-	-	1	2	3	2	2	3	2	15
67	3	2	2	2	3	1	1	2	2	13
68	7	2	2	1	0	1	2	1	2	9
69	6	1	3	2	3	3	2	1	2	16
70	-	-	2	2	3	1	3	3	3	17
71	7	3	2	2	2	2	2	1	2	13
72	7	2	2	2	2	2	3	2	2	15
73	-	-	2	2	2	2	2	2	3	15