

A COMPARISON OF THREE GROUPS OF UNDERGRADUATE COLLEGE  
MALES--PHYSICALLY ABUSIVE, PSYCHOLOGICALLY ABUSIVE, AND  
NON-ABUSIVE: A QUANTITATIVE ANALYSIS

by

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Key Words: ANOVA; Alcohol Use; Anger Management Skills; Correlations; Dating;  
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(ABSTRACT)

This study compares three groups of undergraduate college males in heterosexual dating relationships: those who are physically and psychologically abusive (n=39), those who are solely psychologically abusive (n=44), and those who are non-abusive (n=34). These three groups are compared along the following variables: self-reported history of experiencing family of origin violence; self-reported history of witnessing family of origin violence; level of self-reported impulsivity; level of self-reported satisfaction with life; level of self-reported alcohol use; level of self-reported relationship satisfaction; and amount of self-reported anger management skill. An analysis of variance (ANOVA) revealed significant main effects among the three groups of males along several of the variables examined (Wilks' Lambda  $F = 4.80$ ,  $df = 10, 220$ ,  $p < .001$ ). Post hoc tests revealed significant differences among the three groups of males.

This study revealed that these three groups differ significantly along their levels of alcohol use ( $F = 10.16$ ,  $p < .001$ ), their reported levels of relationship satisfaction ( $F = 4.23$ ,  $p < .05$ ), and their levels of anger management skills ( $F = 14.56$ ,  $p < .001$ ). This information can be helpful to clinicians and educators who are working with college populations. It would seem that psychoeducation might be useful for some of these men so that they might develop alternatives to violence, and may hopefully decrease the risk factors associated with the perpetration of relationship violence. Intervening early and effectively with these dating relationships can be a substantive step towards preventing the escalation and maintenance of violence in relationships.

*To my parents, Carole and Russell, Sr., my grandparents Frances and Carl Maciejewski, and to my Aunt Lorelle, for your constant support, encouragement and guidance and most importantly your love. Thank you for helping me become who I am today.*

*To my siblings, Cheryl and Russ, Jr. Thank you for the gifts of friendship, support and endless laughter. You guys can always make me smile whether I am laughing with you or at you. Academic accomplishments aside, what I am most proud of in my life is that you both have always been and will always be my closest friends.*

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