

Studio Apartment/ Double Apartment

- Single Bed w/ Privacy Curtain
- ADA Accessible Kitchenette w/ Stove, Microwave and Refrigerator
- ADA Accessible Bathroom w/ roll-in shower
- Large Balcony w/ brise soleil
- Wood Floors w/ radiant heating.
- Barrel-vaulted ceiling w/ indirect lighting
- Natural day lighting
- Living Room/ Family Room

Manifestations of Transition in Architecture

Threshold
Gateway
Bridge
Passageway
Doorway
Vestibule
Corridor
Foyer
Stairway
Ramps
Window
Balcony



Process Sketch: View of section through residence room at balcony and vaulted living space



Process Model: Brise Soleil and french doors at residence wing

Body - Residence Wing

In the past, many health care providers did not stop to think that patients still need social interaction even when they are ill. Warm, inviting, comfortable common rooms on each floor of the residence hall serve as gathering spaces, as well as waiting rooms for family and friends. Every two apartments, on each floor of the Residence Hall, share a common entry area or “porch” where a built-in bench promotes interaction between residents. This is a threshold space, which creates a transition between the more semi-private area of the residence hall and the private apartment of each resident. A Dutch door, also a threshold element, at each apartment entrance also promotes interaction while still maintaining privacy.

Each apartment of the Holistic Center is designed to make the residents feel like they are at home and not in a hospital room. Every apartment has a full handicap accessible bathroom with roll-in shower. Accessible kitchenettes have a cook top, microwave and under counter refrigerator. Residents can cook in their rooms or eat in the Center’s Dining Hall. Most residents will eat at least one meal in the Dining Hall. Residents will find that much of the Center’s social activity focuses around meals in the Dining Hall.

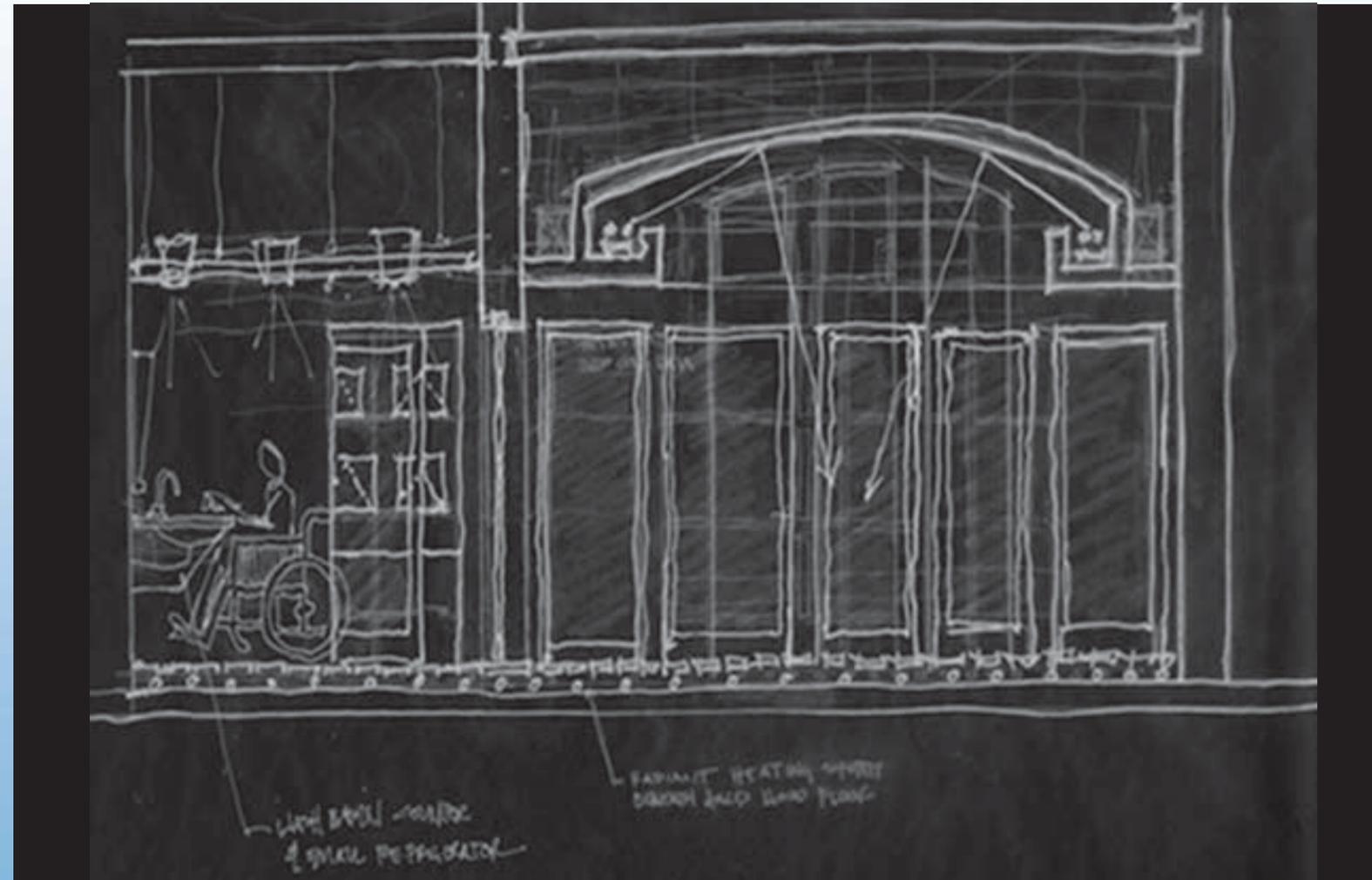
Rather than drab flat white ceilings, the residents’ rooms will have barrel vaulted ceilings lit with indirect cove lighting. The cove lighting will add a warm glow to the room. A peaceful sky painted on the vaulted ceiling will add a bit of whimsy. Residents confined to their beds will benefit from an attractive and interesting ceiling, especially if that will be their most constant view.

Second only to fresh air, I should be inclined to rank light in importance for the sick. Direct sunlight, not only daylight is necessary for speedy recovery...I mention from experience, as quite perceptible in promoting recovery, the being able to see out of a window, instead of looking against a dead wall; the bright colors of flowers; the being able to read in bed by the light of the window close to the head. It is generally said the effect is upon the mind. Perhaps so, but is not less so upon the body on that account...while we can generate warmth, we can not generate daylight.

Florence Nightingale

Public Space:
North Plaza
South Plaza

Semi-Private Space:	Private Space:
Great Hall	Residence Wing
Meditation Chapel	Health Spa
Art Gallery	East Courtyard
Library Halls	West Courtyard
Memorial Garden	Prayer Halls
Meditation Garden	Dining Hall
Research Wing	
Day Spa	



Process Sketch: Section view through Residence Wing apartment



Process Model: Awning windows at residence bath

Terrazzo or vinyl composition tile flooring found in most hospitals may be sanitary, but is also cold and uninspiring. Pergo brand laminated wood covers the floors of the Holistic Center apartments. Laminated natural cork covers the floor of the kitchenette. The wood and cork flooring gives the rooms a warm and inviting feeling yet remains easy to clean.

Typical fluorescent lighting is replaced by incandescent and natural lighting. Natural day lighting filters into each apartment through a brise soleil and a series of casement windows. French doors lead to a balcony shared with one adjacent apartment.

Each apartment balcony serves as a visual transition space or threshold connecting the city and nature. Sweeping views of Rock Creek Park and the community of Georgetown beyond are inspiring and provide nourishment for the soul. The balcony becomes a kind of "hanging garden" where residents can grow plants and commune with nature.

These small design elements can aid a patient's recovery process or ease one's final days on earth. Health care providers and design professionals should be encouraged to consider the psychological, physical, and spiritual demands of residents, visitors and staff members when designing spaces for the terminally ill.