APPENDIX C

PATIENT SURVEY

Date: __________________
Participant ID Number: _______________
Extension Unit Number: ______________

1. On average, how many times do you see a family or general doctor in his or her own office?
   ___ Once every ___ weeks
   OR
   ___ Once every ___ months

2. On average, how many times do you see a family or general doctor at a Health Department, Free Clinic
   or emergency room?
   ___ Once every ___ weeks
   OR
   ___ Once every ___ months

3. Please check all the conditions that you presently have.
   ___ Cancer
   ___ Diabetes (Have to take insulin shots)
   ___ Diabetes (Do NOT have to take insulin shots)
   ___ High blood pressure
   ___ High cholesterol
   ___ Heart disease
   ___ Osteoporosis (brittle bones)
   ___ Overweight
   ___ Have had a stroke
   ___ Underweight
   ___ No medical conditions
   ___ Other (Please write in: ____________________)
Please answer the following questions in view of the times you have visited a family/general doctor in his or her own office over the past five years.

<table>
<thead>
<tr>
<th>Please check the appropriate box</th>
<th>Never</th>
<th>Sometimes</th>
<th>Most of the time</th>
<th>Always</th>
<th>Can not answer</th>
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<tr>
<td>4. How often does your doctor’s office give you advice about how you should eat?</td>
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<td>5. How often do you follow the advice given to you by your doctor’s office on how you should eat?</td>
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<td>6. How often do you feel that the doctor’s office should give you more information on how you should eat?</td>
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<td>7. How often do you and your doctor talk about your money situation (such as how you are going to pay for the doctor’s visit)?</td>
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8. How is the doctor’s bill usually paid when you go to see a doctor in his or her own office? (Please also circle the source that pays for most of the bill)

- Medicare
- Medicaid
- Medicare
- Medicaid
- Your own money (check, cash, credit card)
- Private insurance (Blue Cross, Trigon, etc...)
- The bill usually does not get paid
- Other (Write out: __________________)

9. Who usually talks to you about how you should eat when you see a doctor in his or her own office? (Check all that apply)

- Doctor
- Registered dietitian (in the doctor’s office)
- Nurse
- Someone talked to me but I don’t know their job title
- Nurse practitioner
- Nobody talks to me about how I should eat
- Receptionist or office manager
- Other (Please list who: __________________)

10. Has your doctor ever told you to go talk to someone else, not in the doctor’s office, about how you should eat? (If yes, then continue with the rest of the question)

- No
- Not sure
- Yes

I have been told to go to the following (Check all that apply):

- Registered dietitian (at a hospital)
- Registered dietitian (private)
- Health department
- Fitness or health club
- Home health care
- Other (Please write in: ________)
- Free Clinic
___ EFNEP, SCNEP or other Extension program
___ Weight control program (Weight Watchers, etc...)
___ WIC (Special Supplemental Food Program for Women, Infants, and Children)

11. Do you feel it is alright for a doctor to ask a patient what the patient’s income is?
   ___ Yes                    ___ No         ___ Not sure

12. In general, how good is the advice that you get from your doctor’s office about how you should eat?

   Not good | Somewhat good | Good | Very good | Can not answer

13. How much of your doctor’s office advice about how you should eat do you understand?

   None | Some | Most | All | Can not answer

Thank you for your time and valuable help in answering this questionnaire.