

KIMBERLY ANNE MIDDLETON

**10 Violet Road
Burlington, MA 01803
(781) 272-7196**

EDUCATION:

Virginia Polytechnic Institute and State University, Falls Church, VA 1995-1998

- M.S. in Marriage and Family Therapy, July, 1998; GPA: 4.0
- Received over 500 counseling hours from an accredited program
- Thesis: The experiences of participants in a couples treatment program for domestic violence: A qualitative study
- Student membership in AAMFT

Cornell University, College of Human Ecology, Ithaca, NY 1990-1994

- Human Development and Family Studies, B.S., May 1994; GPA: 3.43; Dean's List
- Winner of Woodford Stage Persuasive Speaking Contest
- English as a Second Language/Literacy Volunteer
- Sang in a women's a cappella group, four years; Musical Director, one year

COUNSELING EXPERIENCE:

Family Therapist Intern

Juvenile and Domestic Relations Court, Fairfax County, VA August 1997-May 1998

- Provided family therapy to voluntary and court-ordered families
- Served on Inter-Disciplinary Family Evaluation Team; Conducted family assessments
- Worked with interpreters to provide therapy to deaf and Spanish-speaking clients
- Presented a seminar to Court personnel on the treatment of Domestic Violence
- Responsible for writing Court required progress reports, family histories and memos
- Received training in Bowen Family Systems Theory

Family Therapist Intern

Center for Family Services, Virginia Tech, Falls Church, VA August 1996-May 1998

- Provided systemic therapy to individuals, couples, and families
- Worked with a variety of presenting problems including parenting challenges, communication issues, school problems, eating disorders, and high risk cases such as suicide ideation and domestic violence
- Responsible for financial management and client records
- Received training in Solution-Focused Therapy, Structural Family Therapy, and Narrative Therapy

Men's Anger Management Group Facilitator

Fairfax County, VA April 1997-May 1998

- Co-leader of a 12-session program based on Steven Stosny's Compassion Workshop
- Facilitated discussion, presented material, evaluated homework assignments

Crisis Line Volunteer

Crime Victims' Assistance Center, Binghamton, NY 1991-1995

- Performed crisis intervention counseling on a crisis line for crime victims and suicidal callers

- Provided referrals to callers; volunteered at least one 15 hour overnight shift per month

RESEARCH AND TEACHING EXPERIENCE:

Graduate Assistant

Department of Family and Child Development, Virginia Tech

August 1995-July 1998

- Coordinated Alumni Conference with 150 attendees (1997)
- Research associate on a three-year grant from NIMH to pilot test a manualized couples treatment program for domestic violence
- Editor of the departmental newsletter (1996-1997)

Mentoring Program Consultant

Mentoring Program at Falls Church High School, VA

October 1997- April 1998

- Designed and provided training to high school mentors about management of risk issues, listening skills, and solution-oriented techniques, as part of a collaborative team

Substitute Teacher

Binghamton, NY Area

September 1994-May 1995

- Taught Psychology, French, Social Studies, English, Health, Special Education, and Music at the junior high and high school levels

Research Assistant

Cornell University, Ithaca, NY

March 1994-June 1994

- Member of a three-person core research team studying attachment type and sexual behavior
- Contributed to design of research paradigm; performed data entry on SPSS

Teaching Assistant

Cornell University, Ithaca, NY

Fall 1993; Spring 1994

- Teaching assistant for Close Relationships Across the Lifespan: tutored students, evaluated 30 student projects, provided the official record of lecture notes for student service
- Teaching Assistant for Public Speaking: taught students effective speaking techniques and outline organization; graded students' exams and research outlines

PUBLICATIONS AND PRESENTATIONS:

- Co-authored an article entitled "Inter-rater reliability and validity of the Global Assessment of Relational Functioning (GARF) Scale in a clinical setting: A preliminary study" in The American Journal of Family Therapy, 25 (4), Winter, 1997.
- Presenter and First Author on a paper presented at the Sixth International Family Violence Research Conference on the experiences of couples involved in conjoint treatment of domestic violence
- Co-authored a paper on a meta-analysis of the intergenerational transmission of violence presented at the Fifth International Family Violence Research Conference

ADDITIONAL SKILLS & INTERESTS:

- Computer Skills: Microsoft Word, Word Perfect, Powerpoint, Excel, Filemaker
- Interests: Singing, Piano, Hiking, Golf, Step Aerobics