

## CURRICULUM VITAE

Laura D. Seligman  
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### PERSONAL

Born: June 21, 1970  
Huntington, New York  
Work Address: Behavioral Psychology  
Kennedy Krieger Institute at  
Johns Hopkins Medical School  
707 North Broadway  
Baltimore, Maryland 21205

### EDUCATION

Candidate, Doctor of Philosophy, December 1996 - present  
Clinical Psychology  
Clinical Child Specialization  
Virginia Polytechnic Institute and State University

Master of Science, December 1996  
Clinical Psychology  
Clinical Child Specialization  
Virginia Polytechnic Institute and State University

Bachelor of Arts, May 1992  
Psychology Major  
Statistics Minor  
State University of New York at Oneonta

### EXPERIENCE

#### Research

Dissertation Research, November 1997 – Present  
Title: Comorbidity of anxiety and depression in youth: A developmental analysis.  
Department of Psychology  
Virginia Polytechnic Institute and State University  
Blacksburg, Virginia 24061  
Chairperson: Thomas H. Ollendick, Ph.D.

Designed and conducted a study investigating the developmental progression from anxiety to depression in children and adolescents.

Consultant, February 1997 – Present

Montgomery County School District  
Christiansburg, Virginia 24073

Supervisor: Thomas H. Ollendick, Ph.D.

Consultant for a longitudinal project investigating early predictors of school dropout. Duties include planning and conducting statistical analyses, designing a database, managing data, and assisting in the planning and development of the research design.

Graduate Research Assistant, January 1997 – May 1998

NIMH Residential Fire Program  
Virginia Polytechnic Institute and State University  
Blacksburg, Virginia 24061

Supervisors: Russell T. Jones, Ph.D.  
Thomas H. Ollendick, Ph.D.

Research assistant on a NIMH funded grant investigating the psychosocial correlates of residential fires. Duties included conducting interviews with children and parents who have experienced a residential fire.

Research Assistant, June 1997

Program in Child and Adolescent Anxiety Disorders  
Duke University Medical Center  
Durham, North Carolina 27710

Supervisor: John S. March, M.D., M.P.H.

Duties included assisting in the statistical analyses for a study examining the impact of an industrial fire on children.

Thesis Research, November 1994 – October 1996

Title: The effects of anxiety and depression on children's utilization of medical health care services.

Department of Psychology  
Virginia Polytechnic Institute and State University  
Blacksburg, Virginia 24061

Chairperson: Thomas H. Ollendick, Ph.D.

Designed and conducted a study investigating the relationship between childhood anxiety and depression, parental psychopathology, and children's rate of medical care utilization.

Research Assistant

Department of Psychology  
Virginia Polytechnic Institute and State University  
Blacksburg, Virginia 24061

Supervisor: Thomas H. Ollendick, Ph.D.

*November 1995 – January 1996*

Assisted with a study investigating the accuracy with which specific laboratory measures of working memory and attention functioning classified clinic-referred adults to ADHD and non-ADHD categories. Duties included assisting in planning, conducting, and interpreting statistical analyses.

*September 1995 – November 1995*

Assisted with a study comparing the efficacy of a cognitive-behavioral treatment and a education-support treatment for non-clinical panic. Duties included co-leading a group for college students diagnosed with panic disorder.

*May 1995 – August 1995*

Assisted with a study comparing family environment in the families of children with externalizing and internalizing disorders. Duties included conducting a parent-child interaction task and assisting with screening and scheduling of participants.

*May 1995 – August 1995*

Assisted with a study examining the relationship between childhood history of sexual abuse and the development of borderline personality disorder in adulthood. Duties included administering diagnostic and family history interviews to women with a childhood history of sexual abuse and coordinating scheduling of clients with local mental health agencies.

**Clinical**

Predoctoral Intern, July 1998 – present

Kennedy Krieger Institute and Johns Hopkins Medical School  
707 North Broadway  
Baltimore, MD 21205

Training Director: Cathleen Piazza, Ph.D.

Supervisors: Louis Hagopian, Ph.D.

Kelley Harrison, Ph.D.

Gina Richman, Ph.D.

Duties include family and individual outpatient psychotherapy for families and youth with a variety of presenting problems; conducting functional analyses on an inpatient neurobehavioral unit for youth with self injurious behaviors and applying the results of these analyses in treatment planning.

Graduate Clinician, August 1993 – May 1998

Psychological Services Center and Child Study Center  
Virginia Polytechnic Institute and State University  
3110 Prices Fork Road  
Blacksburg, Virginia 24060

Supervisors: George A. Clum, Ph.D.  
Richard M. Eisler, Ph.D.  
Russell T. Jones, Ph.D.  
Cynthia A. Lease, Ph.D.  
Thomas H. Ollendick, Ph.D.  
Angela Scarpa, Ph.D.

Duties included individual and group outpatient psychotherapy and assessment for children, adolescents, and adults; participation on practicum teams; individual supervision; and supervision of beginning clinicians. Completed over 2500 hours of practicum training.

Co-coordinator-ADHD/Anxiety Assessment Clinic, August 1994– May 1998

Child Study Center  
Virginia Polytechnic Institute and State University  
Blacksburg, Virginia 24060

Supervisor: Thomas H. Ollendick, Ph.D.

Duties included co-leading child assessment clinic, supervising graduate clinicians and undergraduate research assistants, psychological assessment with children and parents, conducting school visits, report writing, designing a database, and data management.

Psychology Extern, May 1996 – July 1996

Anxiety Prevention and Treatment Research Center  
Medical University of South Carolina  
Charleston, South Carolina 29425

Supervisors: Samuel M. Turner, Ph.D.  
Deborah C. Beidel, Ph.D.

Duties included group and individual psychotherapy for children with social phobia, assessment and individual psychotherapy for adults with a variety of anxiety disorders.

**Teaching**

Graduate Instructor, August 199 – December 1997; January 1998 – May 1998

Department of Psychology  
Virginia Polytechnic Institute and State University  
Blacksburg, Virginia 24060

Supervisor: Thomas H. Ollendick, Ph.D.

Instructor for undergraduate courses in abnormal psychology and personality theory. Duties included designing course syllabi, lecturing, writing and administering exams, providing individual assistance to students, and class administration.

Graduate Teaching Assistant, August 1994 – December 1994

Department of Psychology  
Virginia Polytechnic Institute and State University  
Blacksburg, Virginia 24060

Supervisor: Kerri Augusto, M.S.

Teaching assistant for undergraduate courses in social psychology and personality theory. Duties included grading exams and essays, and assisting in class administration.

Graduate Teaching Assistant, August 1993 – May 1994

Department of Psychology  
Virginia Polytechnic Institute and State University  
Blacksburg, Virginia 24060

Supervisors: Michael Casey, M.S.  
Joseph A. Sgro, Ph.D.

Instructor for laboratory section associated with an undergraduate introductory psychology course. Duties included leading and facilitating class discussions, writing and administering exams, grading essays, and providing individual assistance to students.

Teaching Assistant, June 1992 – August 1992

Department of Psychology  
State University of New York at Oneonta  
Oneonta, New York 13820

Supervisor: Foster L. Brown, Ph.D.

Teaching assistant for an undergraduate course in advanced statistics. Duties included assisting students in using SAS statistical software, grading exams, and assisting in class administration.

## PROFESSIONAL ORGANIZATIONS AND ACTIVITIES

Student Affiliate, American Psychological Association  
Member, American Psychological Association of Graduate Students  
Campus Representative, American Psychological Association of Graduate Students  
Student Member, Association for the Advancement of Behavior Therapy  
Student Affiliate, APA, Division 12 - Clinical Psychology  
Student Affiliate, APA, Division 12, Section 1 - Clinical Child Psychology

## HONORS

Graduated Cum Laude, B.A. in Psychology  
Psi Chi National Honor Society in Psychology  
Nominated for the APA Dissertation Research Award

## POSTER PRESENTATIONS

- Byrd, D.A., Langley, A. K., Seligman, L. D., Parker, M. N., Weeks, C., Lease, C. A., Ollendick, T. H., & Jones, R. T. (1998, November). Depression in child and adolescent victims of residential fire: An analysis of attributional style and self-esteem ratings. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Langley, A. K., Kephart, C., Byrd, D. A., Parker, M. N., Seligman, L. D., Lease, C. A., Jones, R. T. & Ollendick, T. H. (1998, November). Effects of residential fire on children: The impact of appraisal and coping on outcome. Poster presented at the annual meeting for the Association of Advancement of Behavior Therapy, Washington, DC.
- Langley, A. K., Parker, M. N., Weeks, C., Seligman, L. D., Byrd, D. A., Kephart, K., Shenoy, U., Jones, R. T., Ollendick, T. H., & Lease, C. A. (1998, November). Children and adolescents exposed to residential fire: Impact of trait anxiety on posttraumatic symptomatology. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.
- Parker, M. N., Weeks, C., Langley, A. K., Byrd, D. A., Seligman, L. D., Lease, C.A., Jones, R. T., & Ollendick, T. H. (1998, November). Residential fires: The moderating impact of social support and religious coping. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Seligman, L. D., Goza, A. B., Setser, M., & Ollendick, T. H. (1998, November). The stability of self-reported anxiety in youth: Predictors and psychosocial sequelae. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Weeks, C., Parker, M. N., Langley, A. K., Byrd, D. A., Seligman, L. D., Lease, C. A., Ollendick, T. H., & Jones, R. T. (1998, November). Effects of familial variables on children's externalizing

behavior following residential fire. Poster presentation at the annual meeting of the International Society for Traumatic Stress Studies, Washington, D.C.

Jones, R. T., Ollendick, T. H., Lease, C. A., Byrd, D. A., Langley, A., Parker, M. D., Seligman, L.D., & Weeks, C. (1997, November) NIMH residential fire grant: Preliminary findings. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Miami Beach, FL.

Jones, R. T., Ollendick, T. H., Lease, C. A., Byrd, D. A., Parker, M. N., Weeks, C., Seligman, L. D., & Langley, A. K. (1997, November). NIMH residential fire study: Assessing children/adolescents and their parents. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

Seligman, L. D., Butcher, A. T., Goza, A. B., Byrd, D. A., Rock, C., & Ollendick, T. H. (1997, November). The impact of negative family environment on the behavioral expression of conduct disorder. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Miami Beach, FL.

Seligman, L. D., Goza, A. B., Byrd, D. A., & Ollendick, T. H. (1996, November). An examination of the tripartite model of anxiety and depression in children and adolescents. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New York, NY.

Seligman, L. D., Butcher, A. T., & Ollendick, T. H. (1995, November). Relationship among anxiety, depression, and conduct disturbance in incarcerated delinquents: A test of Gray's Theory. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

Ingman, K.A., Seligman, L.D., Ollendick, T.H., & Akande, D. (1994, November). Cross-cultural aspects of fear in African children and adolescents. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, San Diego, CA.

Guzy, L.T., Levinson, J., Yahiel, Y., Seligman, L.D., & VanZandt, S. (1993, October). The seriousness of the sun phantom in passing a red traffic signal light: An archival study. Poster presented at the annual meeting of the Human Factors and Ergonomics Society, Seattle, WA.

Seligman, L. D. (1993, April). Speed and accuracy in solving complex mental arithmetic problems. Poster presented at the annual meeting of the Eastern Psychological Association, Arlington, VA.

## **PAPER PRESENTATIONS**

Langley, A. K., Seligman, L. D., Byrd, D. A., Parker, M. N., Weeks, C., Jones, R. T., Ollendick, T. H., & Lease, C. A. (1998, September). Adaptive functioning and Posttraumatic Distress in youth following a residential fire. Paper presented in a symposium at the annual Virginia Beach Conference: Children and Adolescents with Emotional and Behavioral Disorders, Virginia Beach, VA.

- Jones, R. T., Ollendick, T. H., Lease, C. A., Byrd, D. A., Parker, M. N., Langley, A. K., Seligman, L. D., & Weeks, C. (1998, August). Children's responses to residential fire: Preliminary findings. Paper presented in a symposium at the annual meeting of the American Psychological Association, San Francisco, CA.
- Mattis, S. G., Ollendick, T. H., Rock, C. M., Butcher, A. T., Seligman, L. D., Ingman, K. A., Curtin, L. Febraro, G. A. R., & Gulotta, C. S. (1998, March). Group treatment of nonclinical panic attacks in late adolescence. Paper presented at the annual Anxiety Disorder Association of America Conference, Boston, MA.
- Jones, R. T., Ollendick, T. H., Lease, C. A., Weeks, C., Byrd, D. A., Parker, M. N., Seligman, L. D., & Langley, A. K. (1997, November). Assessing the effects of residential fire on children and their families. Paper presented in a symposium at the annual meeting of the International Society for Traumatic Stress Studies, Montreal, Ontario, Canada.
- Butcher, A. T., Seligman, L. D., Goza, A. B., & Ollendick, T. H. (1997, September). The relationship between negative family environment and ADHD subtype. Paper in a symposium presented at the annual Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders sponsored by Commonwealth Institute for Child and Family Studies, Virginia Beach, VA.
- Jones, R. T., Ollendick, T. H., Byrd, D., Davis-Parker, M. Seligman, L. D., Butcher, A. T., & Weeks, C. (1997, September). NIMH Residential fire study: Case study examinations of the psychological effects of fire on children and their parents. Paper in a symposium presented at the annual Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders sponsored by Commonwealth Institute for Child and Family Studies, Virginia Beach, VA.
- Seligman, L. D., Butcher, A. T., & Ollendick, T. H. (1996, September). The effects of comorbid anxiety on delinquency in children with severe conduct disorder. Paper in a symposium presented at the annual Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders sponsored by Commonwealth Institute for Child and Family Studies, Virginia Beach, VA.
- Butcher, A. T., Seligman, L. D., & Ollendick, T. H. (1995, September) The mitigating effects of anxiety on severe conduct disorder: Preliminary findings. Paper in a symposium presented at the annual Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders sponsored by Commonwealth Institute for Child and Family Studies, Virginia Beach, VA.
- Byrd, D. A., Goza, A. B., Seligman, L. D., & Ollendick, T. H. (1995, September). Anxiety and depression in youth: A cognitive analysis. Paper in a symposium presented at the annual Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders sponsored by Commonwealth Institute for Child and Family Studies, Virginia Beach, VA.



Goza, A. B, Seligman, L. D., Byrd, D. A., & Ollendick, T. H. (1995, September). Anxiety and depression in children and adolescents: An examination of the tripartite model. Paper in a symposium presented at the 5<sup>th</sup> annual Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders sponsored by Commonwealth Institute for Child and Family Studies, Virginia Beach, VA.

Seligman, L. D., & Ollendick, T. H. (1995, September). Mixed Anxiety Depression in children and adolescents: The validity of a proposed diagnostic category. Paper in a symposium presented at the annual Virginia Beach Conference for Children and Adolescents with Emotional or Behavioral Disorders sponsored by Commonwealth Institute for Child and Family Studies, Virginia Beach, VA.

## WORKSHOPS

Seligman, L. D. (1998, November). Attention Deficit/Hyperactivity Disorder in Youth: Assessment, Treatment, and School Interventions. Workshop presented at the meeting of the Baltimore City Urban League, Baltimore, MD.

Seligman, L. D. (1997, September). Identifying Children with Internalizing Disorders. Workshop presented at the annual meeting of the North Carolina School Psychology Association, Charlotte, NC.

Ollendick, T. H., Goza, A. B, Ingman, K., & Seligman, L. D. (1997, September). Anxiety Disorders in Youth: Interventions for Children and Families. Workshop presented at the annual meeting of the Commonwealth Institute for Child and Family Studies, Virginia Beach, VA.

## PUBLICATIONS

Seligman, L. D., & Ollendick, T. H. (1998). Comorbidity of anxiety and depression in children: An integrative review. Clinical Child and Family Psychology Review, *1*, 125-144.

Seligman, L. D. (1997). Review of *Helping your depressed teenager: A guide for parents and caregivers*. By Gerald D. Oster & Sarah S. Montgomery. Journal of Family and Child Studies, *6*, 513-515.

Ollendick, T. H., Seligman, L. D., & Butcher, A. T. (in press). Does Anxiety Mitigate the Behavioral Expression of Conduct Disorder in Delinquent Youths? Journal of Anxiety Disorders.

Ollendick, T. H., & Seligman, L. D. (in press). Cognitive-behaviour therapy, In T. J. David (Ed.), Recent Advances in Paediatrics (Vol. 18). Edinburgh: Churchill Livingstone

Seligman, L. D., & Ollendick, T. H. (in press). Anxiety disorders, In H. C. Steinhausen & F. Verhulst (Eds.), Risks and outcomes in developmental psychopathology. Oxford: Oxford University Press.

Butcher, A. T., Ollendick, T. H., Conners, C. K., Seligman, L. D., & Burke, R. S. (1999). Laboratory tasks in the diagnosis of ADHD in adults: A theoretical and empirical analysis. Manuscript in preparation.

Ollendick, T. H., Seligman, L. D., Goza, A. B., Bryd, D. A., Singh, K., & Warren, M. K. (1999). Anxiety and depression in children and adolescents: A factor-analytic examination of the tripartite model. Manuscript in preparation.

Ollendick, T. H., Seligman, L. D., & Langley, A. K. (1999). Assessing anxiety in youth: A meta-analysis. Manuscript in preparation.

## **JOURNAL REVIEWS**

Guest Reviewer, Journal of Clinical Child Psychology

Reviewed manuscripts submitted for publication on topics including the assessment of intelligence in preschool children, the utility of a measure of positive functioning, the application of the anxiety sensitivity construct in children, and the relationship between negative life events and indices of adaptive and maladaptive functioning.

## **GRANTS**

Title: Car accidents, PTSD, and Children: A randomized treatment trial.

Primary Investigator: Thomas H. Ollendick, Ph.D.

Duties included assisting in the preparation of methods section of grant proposal, conducting power analyses, planning proposed analyses, and writing treatment manuals.

Title: A Single Session Treatment for Children And Adolescents With Specific Phobias.

Primary Investigator: Thomas H. Ollendick, Ph.D.

Co-Primary Investigators: Lars Öst

Duties included assisting with the preparation of the methods section of grant proposal.

Title: Residential Fire and PTSD in Youth: Risks and Protective Factors.

Primary Investigator: Russell T. Jones, Ph.D.

Co-Primary Investigator: Thomas H. Ollendick, Ph.D.

Duties included assisting in the development of proposed model and planning analyses.

## **REFERENCES**

George A. Clum, Professor of Psychology, Virginia Polytechnic Institute and State University, Department of Psychology, Blacksburg, Virginia 24061-0436. 540-231-5701.

Robin P. Cooper, Assistant Professor of Psychology, Virginia Polytechnic Institute and State University, Department of Psychology, Blacksburg, Virginia 24061-0436. 540-231-5938.

Thomas H. Ollendick, Helig-Meyers Professor of Psychology, Virginia Polytechnic Institute and State University, Department of Psychology, Blacksburg, Virginia 24061-0436. 540-231-6451.