

## Appendix C

### Treatment Selection Checklist

## TREATMENT SELECTION CHECKLIST

### FORM 1

Based on the information available to you about this child, please indicate how likely you would be to select each of the 9 treatment strategies listed below, using the following scale:

- 1 = "Not at all appropriate - Would not use this strategy with this child"
- 2 = "Possibly appropriate - Might try this strategy with this child"
- 3 = "Probably appropriate - Would definitely use this strategy, but only if others failed"
- 4 = "Clearly appropriate - would try this strategy as a secondary alternative"
- 5 = "Definitely appropriate - Would try this treatment strategy first"

Indicate your answers by entering a number (1-5) to the left of each strategy.

#### TREATMENT STRATEGIES

Social Skills training

Cognitive Restructuring

Parent Training

Operant-based Self-Control Skills Training (Self-monitoring, self-evaluation, and self-feedback)

Activity Scheduling

Cognitive Modeling

Relaxation Skills Training

Enriched Reinforcement Settings

Cognitive Self-Instruction Training

## TREATMENT SELECTION CHECKLIST

### FORM 2

Based on the information available to you about this child, please indicate how likely you would be to select each of the 9 treatment strategies listed below, using the following scale:

- 1 = "Not at all appropriate - Would not use this strategy with this child"
- 2 = "Possibly appropriate - Might try this strategy with this child"
- 3 = "Probably appropriate - Would definitely use this strategy, but only if others failed"
- 4 = "Clearly appropriate - would try this strategy as a secondary alternative"
- 5 = "Definitely appropriate - Would try this treatment strategy first"

Indicate your answers by entering a number (1-5) to the left of each strategy.

#### TREATMENT STRATEGIES

Cognitive Self-Instruction Training

Enriched Reinforcement Settings

Relaxation Skills Training

Cognitive Modeling

Activity Scheduling

Operant-based Self-Control Skills Training (Self-monitoring, self-evaluation, and self-feedback)

Parent Training

Cognitive Restructuring

Social Skills training