

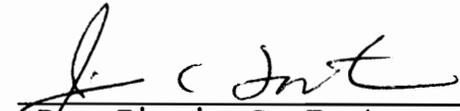
THE USE OF SELF-REPORTS AND PEER REPORTS AS MEASURES OF  
SELF-ESTEEM IN MIDDLE SCHOOL STUDENTS

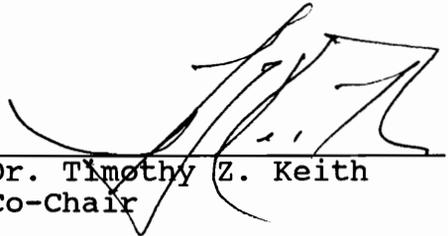
by

Gretchen Creech Troutman

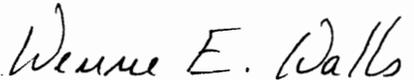
Dissertation submitted to the Faculty of the  
Virginia Polytechnic Institute and State University  
in partial fulfillment of the requirements for the degree of  
DOCTOR OF PHILOSOPHY  
in Educational Research and Evaluation  
(School Psychology)

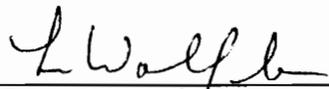
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April, 1993  
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THE USE OF SELF-REPORTS AND PEER REPORTS AS MEASURES OF  
SELF-ESTEEM IN MIDDLE SCHOOL STUDENTS

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(ABSTRACT)

Many educators and psychologists believe self-esteem is an important variable in the educational process. An adequate level of self-esteem is recognized as being essential for students because it may affect their level of achievement and general state of well being. Self-report measures are the most commonly used techniques to evaluate children's perceptions of themselves. Children's self-reports are valuable since certain aspects of internalized problems are usually difficult for others to identify. Sociometrics, or peer reports, provide an alternative to self-report measures of self-esteem. Some studies have shown academic achievement, athletic ability, and socioeconomic status to correlate with sociometric status. Sociometric measures allow teachers to gather a wealth of information about their students quickly and easily.

One purpose of this study was to determine the degree of similarity between self-reports and peer reports as measures of self-esteem in middle school students. Confirmatory factor analysis showed that self-reports and peer reports were separate, but related constructs. A

second purpose of the study was to determine the effects of verbal ability, peer reports, and self-reports on current achievement while controlling for whether or not the student had a learning disability. A recursive path model found verbal ability and type of student (learning disabled versus not learning disabled) to have strong direct effects on achievement, whereas self-reports and peer reports had no significant effects. A third purpose of this study was to examine differences between students with and without learning disabilities on the peer reports and self-reports. Students with learning disabilities were found to have lower scores on all peer report and self-report measures. No relationship was found between type of student and choices made on peer nominations.

## ACKNOWLEDGEMENTS

I would like to extend a special thank-you to my co-chairs--Drs. Timothy Keith and Jimmie Fortune--for their continued support, encouragement, and guidance in the production of this manuscript and throughout my doctoral experience. To the other members of my doctoral committee, Drs. Scott Geller, Wemme Walls, and Lee Wolfle, I wish to express my sincere appreciation for their assistance.

I would like to thank all the school personnel who assisted me in this study. I would especially like to recognize the 116 students who participated in the study. It was a pleasure to work with them.

I am deeply grateful to my family who have been a constant source of inspiration and support throughout my educational endeavors. This manuscript is dedicated to my parents, Reverend Edwin and Faye Troutman, who have always believed in the importance of education and encouraged me to achieve my goals.

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## Introduction

Many educators and psychologists believe that self-esteem and achievement are highly related and that both are important variables in the educational process (Battle, 1982). A student's performance on almost all school work is observed and judged in some way by teachers, or classmates, or both. These frequent evaluations are an important contribution to shaping self-esteem in students (Gurney, 1988). An adequate level of self-esteem is recognized by educators and psychologists as being essential for students because it affects their ability to adjust to environmental demands, their level of achievement, and their general state of well being (Battle, 1982).

A long-standing priority for psychologists has been the assessment of children's perspectives of themselves (Achenbach, 1985). Historically, projective measures such as the Rorschach or the Thematic Apperception Test were used to obtain a picture of a child's personality. Disillusion with these projective techniques contributed to the development of objective self-report measures, such as the children's form of the Manifest Anxiety Scale in 1956 and the Piers-Harris Children's Self Concept Scale in 1969. Most of these instruments were modeled closely on adult self-report measures. Newer instruments have demonstrated greater sensitivity to psychometric and developmental issues

in the assessment of children's personality (La Greca, 1990).

Self-report measures are the most commonly used techniques to evaluate children's perceptions of themselves and others (La Greca, 1990). The most widely used self-report instruments for children are usually referred to as measures of self-esteem, self-concept, self-perception, self-confidence, personality integration, and locus of control (Henerson, Morris, & Fitz-Gibbon, 1987). Within the last 10 to 12 years there has been an increase in the study of the reliability and acceptance of children's self-reports. Researchers now recognize the value of self-reports from children since certain aspects of internalized problems are usually difficult for others (i.e., parents and teachers) to identify accurately (La Greca, 1990; Stone & Lemanek, 1990).

Sociometrics, or peer reports, provide an alternative to self-report measures of self-esteem. There are a number of advantages to teachers using sociometrics in the classroom, especially since special training is not required to administer, score, and interpret these measures (Henerson, et al., 1987). A teacher concerned about a child's self-esteem usually has to go through a lengthy process before being able to obtain the desired information. In most instances the child is either referred for a special

education evaluation, or the guidance counselor will administer a self-esteem instrument after obtaining parental permission. Using a sociometric measure allows the teacher to gather information much more quickly and easily (Bennett, 1983). An added benefit is that information is obtained on the entire class, rather than just one student. Academic achievement, athletic ability, attractiveness, and socioeconomic status have all been shown to correlate with sociometric status (Bennett, 1983; Hallinan, 1981). Using sociometric measures could provide teachers with a wealth of information about their students.

Although sociometric data are different from other kinds of data, sociometrics are measures. They are especially suitable when studying such human actions as choosing, influencing, dominating, and communicating. And they can be of great benefit when used for classifying groups or individuals. Sociometry is a simple, economical, flexible, and naturalistic method of observation and data collection (Kerlinger, 1973).

McCombs (1989) reported that psychologists such as Cooley and Harter believe an individual's self-worth is based on their perceptions of what others think about them. It is possible that a positive self-esteem would lead to higher sociometric status, and vice-versa. Although there is no research to support the hypothesis that self-esteem

can be measured by sociometrics, it is a possibility that should be considered.

One purpose of this study was to determine the degree of similarity between self-reports and peer reports as measures of self-esteem in middle school students. A question considered during the course of this study was: Do self-reports and peer reports produce equivalent results? A second purpose of this study was to determine the effects of verbal ability, peer reports, and self-reports on the academic achievement of middle school students by using a path analytic model. A third purpose of this study was to determine whether there are differences between students with learning disabilities and students without learning disabilities on the peer report and self-report measures of self-esteem in middle school students.

This study provided an instructive look at how the self-esteem of children is measured. Not only were the ratings of others examined, but also the way a child rates himself or herself. With self-report measures there is always the possibility that a child may respond with the answer they think is more socially desirable rather than giving a true response, or they may be hesitant to reveal fully certain aspects about themselves (Battle, 1982; Dalley, Bolocofsky, Alcorn, & Baker, 1992). With

sociometric measures, there is always the possibility of bias overshadowing the choices.

Self-esteem is not only related to the way one feels about oneself, it is also related to the perceptions of others. Therefore, the measures used in this study should be appropriate measures of self-esteem as they evaluate how others feel about someone else (not themselves). At the same time, the self-report measures should evaluate how each child feels about himself or herself. Nunnally (1975) believed the most valid and economical way to learn about someone was to ask them.

The following chapter provides a description of the methodology used in this study. Specifically, the chapter describes the subjects, the measurement materials, and the statistical analyses included in the study. The results of the study are presented in Chapter 3 and a discussion of the research results are found in Chapter 4. A review of the literature related to sociometrics, self-esteem, self-concept, peer relations, academic achievement, and students with learning disabilities is located in Appendix A.

## Method

Subjects

Subjects included students from a middle school located in a rural community of southwest Virginia. The educational level of the community fell well below the state average while the family poverty level was more than twice the state average. Table 1 presents the distribution of normally achieving students and those with learning disabilities by gender and grade level.

Table 1

Distribution of Subjects Across Grade Level and Gender

Grade Level	GENDER				Total
	MALE		FEMALE		
	LD	Non LD	LD	Non LD	
4	3	6	1	11	21
5	3	12	2	9	26
6	4	9	3	10	26
7	4	20	1	18	43
Total	14	47	7	48	116

This school was part of an evaluation project and the subjects were selected for the present study based on whether or not their classroom had been administered all four measures of self-esteem. The number of students from

fourth, fifth, sixth, and seventh grades were 21, 26, 26, and 43 respectively. There was a total of 116 students in the study, 55 females and 61 males, with an age range of nine to 14 years. Twenty-one (18%) of the students were identified as having a learning disability based on a 15 point discrepancy between their assessed ability and academic achievement.

### Measures

Self-report measures. Copies of the two self-report measures which were administered can be found in Appendix B.

The Multidimensional Self Concept Scale (MSCS) (Bracken, 1992) provides information on a child's social-emotional adjustment in six important life domains. (1) The social self concept is affected by the reactions of other people (i.e, family, classmates, teachers) to the child and the child's ability to achieve goals through successful social interactions. (2) Competence behaviors are a measure of how children make generalizations about their competence and evaluate their actions. (3) Affect examines children's affective behavior, that is, the way they respond to all situations. (4) The academic scale looks at how children evaluate their achievement, functioning, and experiences in school-related situations. (5) Family refers to those individuals the child is dependent on for care, nurture, and security. (6) The physical self concept is how the child

compares himself or herself to the physical attributes of others. The term self concept is not hyphenated in the MSCS materials since Bracken (1992) views self concept as a behavioral construct, and not as part of a larger "self-system" (e.g., self-originated control, self-designated rewards).

The MSCS is a standardized, norm-referenced instrument containing 150 statements which include positive items (e.g., Most people like me) and negative items (e.g., I am not very smart). The subject circles the response which corresponds to their feelings about each statement: SA = Strongly Agree, A = Agree, D = Disagree, and SD = Strongly Disagree. The MSCS provides standard scores (mean of 100 and a standard deviation of 15), percentile ranks, confidence intervals, and a descriptive classification for the six scales and total test. Bracken (1992) reported the MSCS Total Scale score constitutes the best representation of the child's overall, or global self concept. Bracken's statement is consistent with Wylie's (1989) assertion that an individual's overall or global self-esteem is determined by a combination of self-evaluations which deal with different aspects of the self in conjunction with the importance the individual assigns to each of these aspects.

The Self-Esteem Index (SEI) is a measure of the way children perceive and value themselves in four areas. (1)

Perception of academic competence measures self-esteem in school, intelligence, education, academic skill, learning, and other scholarly activities. (2) Perception of familial acceptance measures self-esteem as it pertains to home, parents, siblings, and family interactions. (3) Perception of peer popularity measures self-esteem in the quality, importance, and nature of relationships and interactions with individuals outside the family. (4) Perception of personal security measures self-esteem through one's feelings about physical appearance, temperament, and emotions (Brown & Alexander, 1991).

The SEI is a standardized, norm-referenced 80-item scale made up of positive statements (e.g., My teachers like me) and negative statements (e.g., Kids pick on me a lot). The child puts an X under the response that best describes him or her for each statement: Always True, Usually True, Usually False, Always False. The SEI provides a percentile rank, standard score, and standard error of measurement for the four scales. In addition, a percentile rank, standard error of measurement, and self-esteem quotient (mean of 100 and standard deviation of 15) are provided for the total test. The authors state the Self-Esteem Quotient is the best predictor of global or general self-esteem as it takes into account all of the attributes measured by the SEI.

Alsaker (1989) cautioned researchers on the self to be careful when selecting the measurement instruments. Many instruments often include items related to academic competence, which is likely to increase the correlation with academic achievement. And many of the instruments contain items relating to social aspects of the self, thus increasing the correlation with social skills. Therefore, if the relationship between global self-esteem and more specific self-related dimensions is to be studied (i.e., academic achievement), a global self-esteem instrument which does not include reference to the specific dimensions in any way should be chosen. Although the MSCS and SEI include specific subtest scores, they also provide an overall self-esteem score. This study was not examining a specific dimension of the self since global, or overall self-esteem was the area of interest.

Sociometric Measures. Copies of the sociometric measures, or peer reports, which were administered can be found in Appendix C.

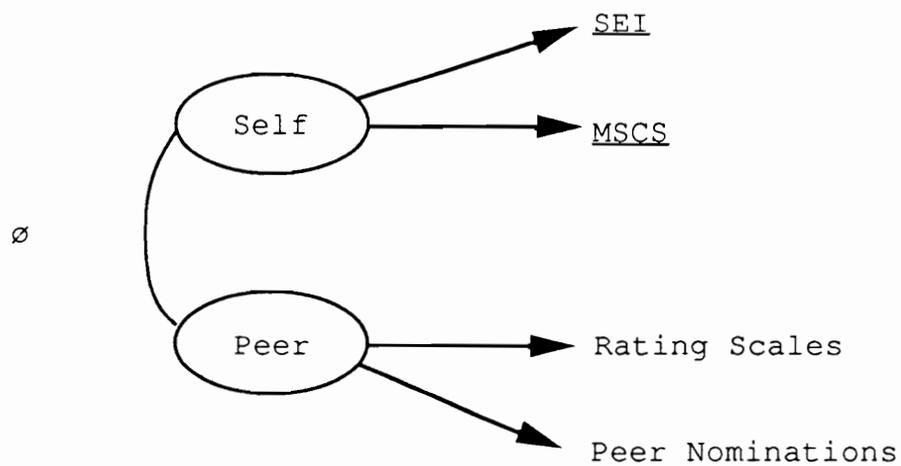
A peer nomination measure was administered first. The students were instructed to list their three best friends, the three people they would most like to play with, and the three people with whom they would most like to work. The three persons selected by each student were not in rank order, thus each nomination received the same score. The

information on the matrix allowed for further scoring; a child received one point for each time he or she was chosen, one point for each time the child was chosen by someone who was chosen at least four times, and one point for each time the child's mutual choices showed he or she was in a group of at least three students. Sample matrices can be found in Appendix D. Each child's score in the three categories (friend, work, and play) were averaged to provide a total score for the peer nominations (found in Appendix E).

A peer rating scale was administered to the students several weeks later. The students were asked to rate how much they would like to play with each of their classmates on a 1 to 5 point Likert scale. They were also asked to rate how much they would like to work with each of their classmates using the same scale. A student's score was the average rating received across all classmates. The average of each child's score on the work and play rating scales provided a total rating scale score (found in Appendix F).

### Analysis

Confirmatory factor analysis was used to test for the degree of similarity between the self-report measures and the peer report measures of self-esteem. Figure 1 shows the basic model which was analyzed; the two self-report measures were tested against the two peer report measures to determine how similar or unique both of these measures were



**Figure 1.** Confirmatory factor model of the relation between self-report and peer report measures of self-esteem.

in regard to measuring self-esteem. The correlation between self and peer is depicted by the curved line identified as  $\phi$ . During the first analysis the correlation between the self and peer report factors was left free to vary in order to test the hypothesis that the two measures of self-esteem are separate but related constructs. The correlation ( $\phi$ ) was set to 1.0 during the second analysis so the model reflected the assumption that self-reports and peer reports are the same construct. The results of the two analyses were compared to one another to determine which was the better fit. The next step set the correlation to zero to test the theory that self-report and peer report measures of self-esteem are unrelated constructs (cf. Keith, Fehrmann, Harrison, & Pottebaum, 1987).

The second part of the study examined the effects of peer reports and self-reports on the academic achievement of middle school students. A recursive path model (Figure 2) was estimated to determine the effects of verbal ability, peer reports, and self-reports on the current achievement of middle school students while controlling for whether or not a student had a learning disability. The path model shows type of student (learning disabled versus not learning disabled) as an exogenous variable, meaning its variability is assumed to come from influences outside of the model. Verbal ability, self-reports, peer reports, and achievement

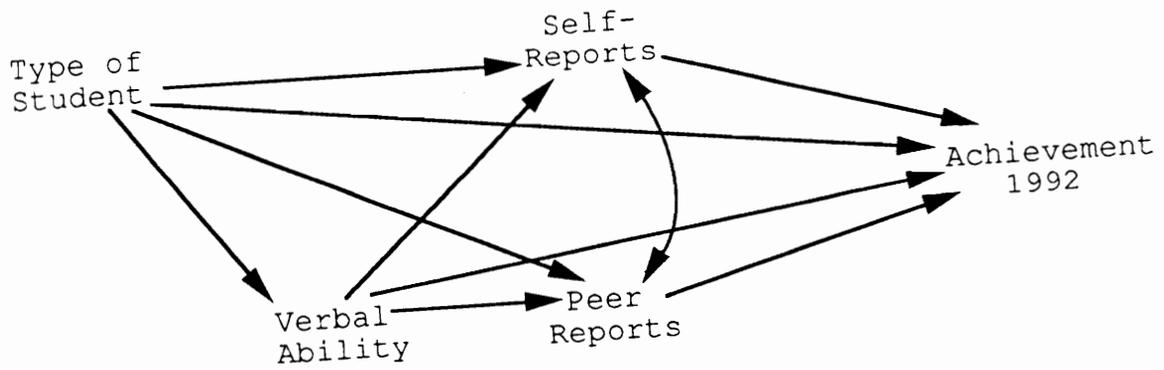


Figure 2. Recursive path model to test for the effects of type of student, verbal ability, peer reports, and self-reports on the current achievement of middle school students.

are all endogenous variables. Their variability is explained by other variables in the path model. The type of student variable was presumed to influence the four endogenous variables, and verbal ability was thought to influence self-reports, peer reports, and current achievement. Self-reports and peer reports were also assumed to influence current achievement. The curved line between self-reports and peer reports represents the correlation between these two variables, indicating that one was not thought to cause the other (cf. Pedhazur, 1982).

The third part of the study examined differences in self-esteem between students with learning disabilities and their nondisabled peers. T-tests were computed to test for the differences between students with learning disabilities and nondisabled students in regard to peer report and self-report measures of self-esteem. In addition, chi-square tests were performed to test the relationship between type of student and choices made on the peer nominations.

### Variables

The variables used to test for the degree of similarity between self-reports and peer reports were the total scores from the SEI, the MSCS, the peer rating scale, and the peer nomination form.

The following variables were used to determine the effects of peer reports and self-reports on the academic achievement of middle school students.

1. Type of Student. Type of student was a dichotomous variable coded 0 for students with learning disabilities and 1 for nondisabled students.
2. Verbal Ability. Vocabulary scores from the 1991 Iowa Test of Basic Skills (ITBS) were used as a measure of verbal ability since vocabulary has been shown to provide a sufficient measure of ability (Keith & Cool, 1992).
3. Achievement. The achievement score was a composite of the 1992 ITBS math and reading scores. The ITBS percentiles were converted to standard scores (mean of 100 and a standard deviation of 15).
4. Self-Reports. Self-reports were a composite of the SEI and the MSCS.
5. Peer Reports. Peer reports were a composite of the peer nominations and the peer ratings.

## Results

### Similarity Between Self-Reports and Peer Reports

The first purpose of this study addressed the degree of similarity between self-reports and peer reports as measures of self-esteem in middle school students. Three separate models of the relation between self-reports and peer reports were analyzed using confirmatory factor analysis (LISREL, Jöreskog & Sörbom, 1988).

Table 2 shows the intercorrelation matrix of the variables used in the analyses. As can be seen in the matrix, the two self-report scales correlated highly with each other, and the two peer report measures correlated highly with each other.

Table 2

#### Intercorrelation Matrix

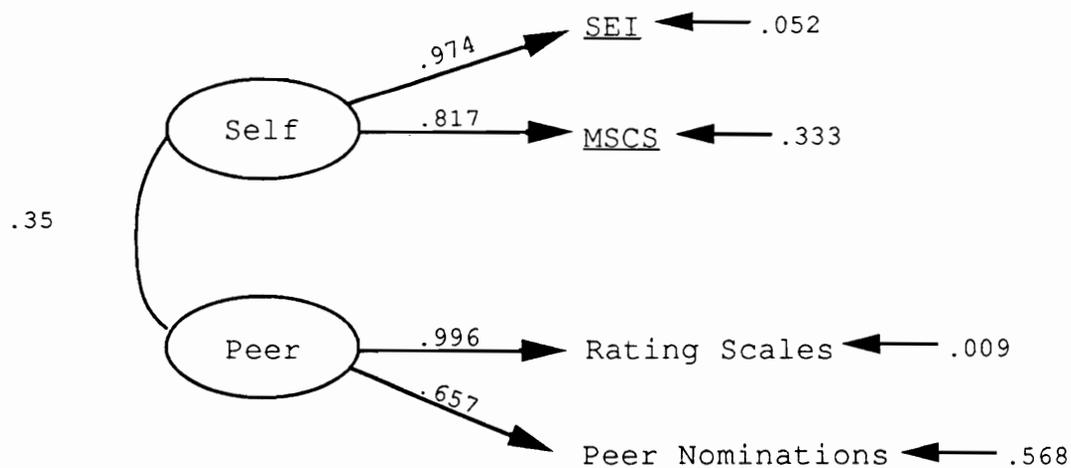
Variables	1	2	3	4
1. <u>SEI</u>	1.00			
2. <u>MSCS</u>	.795	1.00		
3. Rating Scale	.335	.281	1.00	
4. Peer Nomination	.221	.186	.654	1.00

In the first model, the correlation between self-reports and peer reports was freed to test the assumption that they are separate but related measures of self-esteem.

The "goodness of fit" statistics in Figure 3 suggested that the proposed model provided a good fit to the data. The adjusted goodness of fit index (AGFI) of 1.0 suggested an excellent fit. The root mean square residual (rmsr) of .000 also suggested an excellent fit. More specifically, it suggested the correlation matrix predicted by the model did not differ from the actual correlation matrix.

The SEI (.974) and MSCS (.817) both loaded strongly on the self-report measure. Rating scales (.996) loaded strongly on the peer report measure while peer nominations (.657) had a more modest loading. The correlation of .35 between the self-report and peer report factors was significant ( $t > 1.96$ ), suggesting that self-reports and peer reports were separate but related constructs.

The second model set the correlation between self-report and peer report to 1.0 and specified that self-reports and peer reports are perfectly correlated, identical constructs. The factor loadings for Model 2 were much lower than those found in Model 1 and the adjusted goodness of fit index of .168 was much lower than the 1.00 obtained in Model 1. The change in  $\chi^2$  from Model 1 to Model 2 (57.01 at df = 1) was significant and the root mean square residual increased to .0017. In other words, Model 1 provided a better fit to the data than Model 2; self-reports and peer reports were not identical constructs.



$\chi^2$  0.00  
 $df$  1  
 Adjusted Fit Index 1.00  
 rmsr .000

**Figure 3.** Model 1: Self-reports and peer reports are assumed to be separate but related constructs.

Model 3 specified that self-reports and peer reports are completely unrelated constructs. With phi set to zero, the factor loadings were similar to those found in Model 1. However, the adjusted goodness of fit index reduced to .733 and the root mean square residual increased to .0016. The change in  $\chi^2$  from Model 1 to Model 3 was significant (13.77 at  $df = 1$ ). The results of the three models indicated that self-report measures of self-esteem and peer report measures of self-esteem were separate but related constructs. The fit statistics for Model 1, Model 2, and Model 3 are shown in Table 3.

Table 3

Fit Statistics for Models 1, 2, and 3

	<u>Model</u>					<u>Change</u>		
	AGFI	rmsr	$\chi^2$	<u>df</u>	p	$\chi^2$	<u>df</u>	p
Model 1	1.00	.000	0.00	1	.988			
Model 2	.168	.0017	57.01	2	<.001	57.01	1	<.001
Model 3	.733	.0016	13.77	2	.001	13.77	1	<.001

Effects on Achievement

The second purpose of this study was to determine the effects of peer reports and self-reports on the academic achievement of middle school students. The intercorrelation matrix of these variables is shown in Table 4.

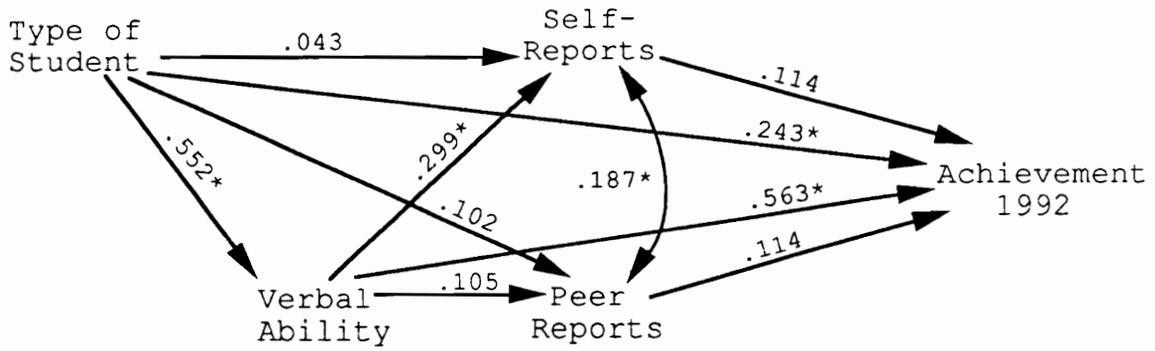
Table 4

Variable Intercorrelations

Variables	1	2	3	4	5
1. Type of Student	1.00				
2. Verbal Ability	.552	1.00			
3. Self-Reports	.208	.323	1.00		
4. Peer Reports	.160	.161	.242	1.00	
5. Achievement	.570	.706	.359	.264	1.00

A simple recursive path model was estimated to determine the direct, indirect, and total effects of verbal ability, peer reports, and self-reports on the current achievement of students while controlling for whether or not a student had a learning disability.

Not surprisingly, Figure 4 shows that the strongest direct effect on current achievement of middle school students was their verbal ability ( $\beta = .563$ ). Type of student (learning disabled versus not learning disabled) had a moderate direct effect on current achievement ( $\beta = .243$ ) while having a powerful direct effect on verbal ability ( $\beta = .552$ ). The effect of the type of student on achievement and verbal ability indicated that nondisabled students had higher achievement scores and verbal ability than students with learning disabilities.



\* $p < .05$

**Figure 4.** Effects of type of student, verbal ability, peer reports, and self-reports on the current achievement of middle school students.

Verbal ability had a powerful effect on self-reports ( $\beta = .299$ ), but an insignificant effect on peer reports ( $\beta = .105$ ). Students experiencing academic problems usually have self-esteem scores which are significantly lower than students who function well (Battle, 1982). These results are consistent with other studies where self-esteem rose commensurately with higher achievement levels (Robison-Awana, Kehle, & Jenson, 1986). It appears that ability affected students' personal self-esteem, but personal self-esteem did not affect achievement. Research has also shown that academic achievement is not a criterion for peer acceptance, especially for lower achieving students. Being successful in school or having good grades is ranked low as a requirement for admission into a peer clique society (Battle, 1982).

#### Differences Between Students With Learning Disabilities and Nondisabled Students

A series of analyses were conducted to test for differences between students with learning disabilities and their nondisabled peers on the self-report and peer report measures. Table 5 shows the means, standard deviations, and  $t$ -values of the four measures analyzed.

Table 5

Means, Standard Deviations, and T Values

	Students				
	Learning Disabled		Nondisabled		<u>T</u>
	<u>M</u>	<u>SD</u>	<u>M</u>	<u>SD</u>	
<u>SEI</u>	97.65	15.76	110.37	19.36	2.16*
<u>MSCS</u>	96.45	16.24	102.65	16.76	1.13
Rating Scales	2.74	.56	3.16	.64	2.11*
Peer Nominations	3.59	2.43	4.51	2.90	1.05

\*  $p < .05$ , one-tailed

The results suggested that there was a significant difference ( $p < .05$ , one-tailed) between the students with learning disabilities and nondisabled students on the SEI and peer rating scales. Students without learning disabilities had significantly higher scores on both of these measures than did the students with learning disabilities. Although the students with learning disabilities had lower scores on the MSCS and the peer nominations, the differences were insignificant on these measures. Weighted means were used due to the difference in size of the two groups.

Table 6 shows the results of 2 X 2 chi-square analyses of the peer nominations. The findings suggested that the choices made as to best friend, playmates, and workmates did not depend on the type of student doing the choosing. In other words, there was no relationship between type of student (learning disabled versus not learning disabled) and choices on peer nominations. This was true across all three categories (friend, play, and work).

Table 6

2 X 2 Chi-square Tests of Peer Nominations by Students With and Without Learning Disabilities.

List 3 best friends		
Type of Student		
	Learning Disabled	Not Learning Disabled
Learning Disabled	14 (6.46)	24 (31.53)
Not Learning Disabled	43 (50.53)	254 (246.46)
$\chi^2 = 11.94, p > .05$		
List 3 people most like to play with		
Type of Student		
	Learning Disabled	Not Learning Disabled
Learning Disabled	14 (7.33)	30 (36.66)
Not Learning Disabled	42 (48.66)	250 (243.33)
$\chi^2 = 8.36, p > .05$		
List 3 people most like to work with		
Type of Student		
	Learning Disabled	Not Learning Disabled
Learning Disabled	12 (7.03)	33 (37.81)
Not Learning Disabled	42 (46.81)	251 (246.18)
$\chi^2 = 4.71, p > .05$		

Note. LD students = 21, Non LD students = 95. Expected frequencies are shown in parentheses.

## Discussion

The purpose of this chapter is to summarize the results and limitations of the study. Implications of the results and recommendations for further research are also included.

### Summary of Results

The primary purpose of this study was to determine the degree of similarity between self-reports and peer reports as measures of self-esteem in middle school students. The MSCS (Bracken, 1992) and the SEI (Brown & Alexander, 1991) served as the two self-report measures. Peer rating scales and peer nominations were used as the peer report measures. Confirmatory factor analysis (LISREL) was used to study the relation between self-reports and peer reports.

Three different models were compared to determine which one best explained the relation between the self-esteem measures. Models were tested that reflected the alternative proposals that self-reports and peer reports are separate but related constructs, that they are unrelated constructs, or they are the same construct. The study supported the first proposal: that self-reports and peer reports are separate, but related constructs.

These findings do not support the hypothesis that self-report measures of self-esteem and peer reports are the same construct; that both measure self-esteem. But the findings also show that peer reports are not totally unrelated to

self-reports as measures of self-esteem. Anyone working with children and adolescents should be aware of the relation between these two measures and use both to obtain a more accurate picture of a youngster's self-esteem.

The second purpose of this study was to determine the effect of self-reports and peer reports on the current achievement of middle school students. As expected, path analysis showed that verbal ability had the strongest effect on current achievement. Type of student (learning disabled versus not learning disabled) also had a moderate effect on achievement. It was not surprising that students without learning disabilities had higher verbal ability and achievement scores than did students with learning disabilities. Verbal ability was found to have a strong effect on self-reports while having an insignificant effect on peer reports.

Previous achievement was originally included in the path model rather than verbal ability. Previous achievement was a composite of the 1991 ITBS math and reading scores. The high correlation (.826) between previous and current achievement lead to an imprecise estimation of the model. Caution is needed when two highly correlated variables are included in an model because of multicollinearity.

The third purpose of the study was to determine whether there were differences between middle school students with

and without learning disabilities on the peer report and self-report measures. Weighted means T-tests and chi-square tests were used for the analyses.

A significant difference was found between the students with learning disabilities and nondisabled students on the SEI and peer rating scales. Students without learning disabilities had significantly higher scores on both of these measures than did the students with learning disabilities. No significant differences were found between the two groups on the MSCS and peer nominations.

The significant difference between the two groups of students on the peer ratings but not on the peer nominations brings up the possibility that peer ratings and peer nominations measure different aspects of peer relationships. Swanson and Malone (1992) maintained that peer ratings describe overall acceptance or a more general like or dislike of an individual, whereas peer nominations more accurately describe friendship patterns and rejections. Since the peer rating scale included all students in the classroom, it is reasonable to conclude that the overall acceptance of students with learning disabilities is significantly less than that of nondisabled students. Peer nominations, however, may be more indicative of friendship patterns since students were able to select their top three choices as best friend and as someone with whom they would

like to play and work. Even if a student with a learning disability chose other students with learning disabilities in one or more of the categories, their peer nomination score would be higher than if they had not been chosen at all. Since there was no significant difference between the two groups of students it is assumed that students with learning disabilities have about the same number of friends as do nondisabled students.

It was rather puzzling that significant differences were found between students with learning disabilities and their nondisabled peers on the SEI but not on the MSCS. Students with learning disabilities had very similar scores on both measures whereas the nondisabled students' scores were much higher on the SEI than on the MSCS. Although self-esteem and self-concept are closely related, the SEI is a self-esteem index whereas the MSCS is a self-concept scale. These findings suggest that the SEI is actually a better measure of self-esteem than the MSCS, thus accounting for the difference in scores between the two groups.

Chi-square analyses of the peer nominations showed type of student (learning disabled versus not learning disabled) did not have an effect on who was chosen as best friend, as someone to play with, and as someone with whom to work. The students' choices were made regardless of whether or not a student had a learning disability.

### Limitations of the Study

This study included only a small number of students with learning disabilities ( $n = 21$ ) which may well have had some effect on the results of the peer report measures. If more students with learning disabilities had been part of the study, then a clearer picture of acceptance by their peer group may have been obtained. It is difficult to draw definitive conclusions about the acceptance or rejection of students with learning disabilities based on a small number of students.

Since teachers are the most common informants on students' social functioning (La Greca & Vaughn, 1992), it would have been interesting to have included some indicator of teacher perception about each student. A questionnaire dealing with student ability, peer acceptance and affiliation, and self-esteem completed by each student's teacher would have added an important variable to the study.

Same sex peer reports were not used in this study. Each student was asked to rate every student in their class regardless of gender on the peer rating scales and each student had the option of selecting any student on the peer nominations. Gresham (1982) argued that same sex peer ratings and peer nominations should be used when collecting sociometric data because there is considerable sex bias in the lower grades. Since the students in this study were at the middle school level, it is unlikely that their results

were affected by not using same sex measures. If this study were replicated at the elementary level the researcher should consider using same sex measures to control for the possibility of sex bias.

### Recommendations

Replication of the present study is warranted to determine whether similar results would be found in students at the elementary or high school level. Confirmatory factor analysis may show that self-reports and peer reports are identical constructs with elementary school students while being completely unrelated constructs with high school students. Research has shown that until about the age of 8 children often confuse self-perceptions with social competence (Paris & Byrnes, 1989). Young children are greatly influenced by social praise and believe they are competent as long as they receive positive evaluations from other people (Paris & Byrnes, 1989). As a person gets older their self-concept becomes more abstract and less concrete. Children are more apt to describe themselves in concrete, objective terms while adolescents describe themselves in terms of their beliefs and personality characteristics. These are qualities which are more intrinsic and essential to the self (Montemayor & Eisen, 1977). Therefore, older students may have more of a distinction between their personal sense of self-esteem and the way they are regarded

by their peers. The same scoring methods and either identical or very similar instruments should be used in a replication study.

The peer nominations were examined to investigate the acceptance of students with learning disabilities by their nondisabled classmates. Only positive peer nominations were included in this study (e.g., Name 3 people you would most like to play with). It is possible for negative nominations to also be used (e.g., Name 3 people you would not like to play with). A clearer picture of the acceptance or rejection of learning disabled students would be possible if negative nominations are used. In addition, each student should be given a class roster and instructed to circle 3 same sex peers they consider as best friends and preferred playmates and workmates. Being able to see a list of classmates may help younger children from forgetting someone.

### Implications of Results

Based on the findings of this study, the self-report and peer report measures of self-esteem for middle school students appear to be two separate, but related constructs. The causal direction of this relation is unknown. Although self-report measures are actually designed to measure self-esteem, peer reports are not completely unrelated to the self-report measures. It may be that students' self-esteem

is a result of their peers' perception of them. Or it may be that a student's peers will respond to the student based on how the student feels about himself or herself.

The findings of this study should have implications for teachers interested in obtaining a measure of student self-esteem. Since peer reports and self-reports are separate but related constructs, a teacher may elect to administer a peer report measure to support the results of a self-report measure or vice-versa.

According to Swanson and Malone (1992), a peer ranking system reliably discriminates students with learning disabilities from their nondisabled peers up to grade 7. Combining peer ratings with teacher ratings and observations would be useful to school psychologists and others in the assessment process of identifying students with learning disabilities. Gresham and Elliott (1987) support assessment of peer acceptance as part of the evaluation process. They also advocate the need for federal and state education agencies to provide training to educators in the assessment, instruction, and evaluation of peer acceptance of students with learning disabilities.

Students without learning disabilities had higher verbal ability, achievement, self-report, and peer report scores than students with learning disabilities. It would be interesting to see whether similar results are found as

inclusion of students with disabilities into the regular classroom becomes more the norm than the exception.

Some studies have investigated the self-esteem and peer acceptance of students with learning disabilities in integrated classrooms. Students with learning disabilities scored higher on measures of self-esteem when they were completed in the special education classroom rather than the regular classroom. These students believed their academic skills were in line with other students in the special education classroom, but were well below those of the students in the regular classroom. Thus they tended to judge themselves more harshly in the regular classroom setting (Coleman, 1983). Although integration allows for increased social contact between students with and without disabilities, studies have found this does not ensure social acceptance of students with disabilities by their classmates (Fox, 1989). There is some evidence that students with disabilities who are in a nonintegrated setting are better accepted by their nondisabled peers than students in an integrated program (Madden & Slavin, 1983). A longitudinal study of the students in the present study could provide solid data for supporters and opponents of the inclusion model.

APPENDIX A

Review of Literature

## Review of Literature

Sociometry

The study of sociometry was established in 1934 with J. L. Moreno's publication of Who Shall Survive? (Northway, 1967). Sociometrics rose to popularity in the 1950s as a way of studying children's social behavior (Krasnor, 1988). The aim of early sociometric studies was to study only the popularity or unpopularity of group members and to aid teachers in integrating unpopular students into the social structure of the class (Hallinan, 1981).

Sociometry is defined as "the measurement of social relations; it is a technique for collecting data about interpersonal choices, especially friendship choices of group members" (Hallinan, 1981, p. 91). The term "sociometry" is also used to describe the study and measurement of social relations and social choices (Kerlinger, 1973).

Peer nomination is the most frequently used sociometric measure. This technique asks children to nominate a certain number of their classmates according to a specific criteria (e.g., who they would most like to play with or work with). The number of nominations can be either limited or unlimited and the nominations can be either positive or negative (e.g., naming three people they would least like to play

with or naming three people they would most like to play with) (Gresham, 1982).

Another type of sociometric measure is the peer rating scale. With this measure, a child rates how much he or she would like to participate in a specified activity with every member of the class. Each child is rated on a 1 to 5 point Likert scale (e.g., Rate how much you would like to play with ...every member of the class) (Gresham, 1982).

A third type of sociometric measure is called a behavioral sociometric. The students are provided with a peer-by-behavior matrix where they rate each peer only on the specified behaviors. This type of assessment allows the educator or researcher to acquire frequencies and ratings only on the designated behaviors rather than obtaining global measures of popularity and acceptance (Gresham, 1982).

The reliability of sociometric measures has been shown in a number of studies which suggests the researcher should be able to collect consistent social status information (Landau & Milich, 1990). Odem and Absher found that reliability was .69 for a nomination measure, .82 for a play rating scale measure and .84 for a work rating scale measure over a six week period (Asher & Renshaw, 1981). Students in fourth through eighth grade had reliability coefficients of .76 to .84 after eight weeks (Bennett, 1983). Test-retest

reliability with elementary school students has been studied extensively and has proven quite satisfactory for both peer nomination and rating scale measures (Asher & Renshaw, 1981).

Sociometric measures offer a reliable and valid basis for identifying children who are having difficulties in any number of areas, but most especially with establishing friendships with other children (Asher & Renshaw, 1981). Valuable information about the social interactions of a group are provided by nominating techniques. And rating scales are a direct measure of determining the way in which others react to the individual in question (Helmstadter, 1964). Because of their practical advantages, sociometrics should continue to be one of the more widely used ways of obtaining measures of human behavior.

Since sociometric assessments obtain evaluations of children by their peers, these measures provide much information about the dynamics of the class. They allow teachers, counselors, and researchers an opportunity to find out which children are the leaders, the most popular, the better students, the isolates, the rejected, and the friendship patterns within the class. Achenbach (1985) stated research has shown that scores obtained on sociometric measures are significantly associated with other areas of social functioning. When used with other methods,

sociometric data can help evaluate the differences among the individual students in areas such as ability levels, social skills, and self-esteem (Henerson et al., 1987; Achenbach, 1985). They can also be especially helpful for evaluating classes when integration of students with disabilities occurs.

It is interesting to note the relationship between sociometric status and learning and behavior problems. In several studies using sociometrics, students with learning problems were rated lower than students with behavior problems. A study of 242 children in grades 4 and 5 examined the sociometric status of students identified by their teachers as either having no problems in the classroom, having learning problems, or having behavior problems. The results showed there was no significant difference between students identified as having classroom behavior problems and the sociometric status of the other groups. However, it was revealed that children with learning problems were the least preferred by their peers. Not surprisingly, peer ratings on the sociometric measure indicated that children with no problems were significantly more preferred than children with learning problems (Harris & King, 1982).

Gresham, Evans, and Elliott (1988) stated academic achievement and sociometric status are two important

outcomes for school-age children. In their development and initial validation study of the Academic and Social Self-Efficacy Scale for Students (ASSESS), they found social self-efficacy was the best predictor of the academic aspects of sociometric status. They suggested that students' sociometric status may be greatly influenced by the academic-related behaviors of children in that class and how teachers respond to these behaviors.

There appears to be evidence that achievement relates to classroom behavior as well as social status. Studies indicate that low achievers are more likely to have personality and conduct problems while high achievers are more likely to interact positively with their peers (Bursuck & Asher, 1986). Academic achievement seems to be significantly related to various indexes of social competence, including direct observations of classroom behavior, teacher ratings of behavior, and sociometric measures (Bursuck & Asher, 1986).

A study of 24 white, third and fourth grade males compared the social behavior and social knowledge of high-status and low-status children with achievement taken into account. The status of each boy was determined by their score on a peer rating scale. Results showed the low-status, low-achieving group to be rated significantly less socially skilled than the high-status, high-achieving group.

However, the low-status, lower achieving children were also rated lower than the low-status, higher achieving children. The authors believed the differences between the low-status, lower achieving children and the low-status, higher achieving children supports the hypothesis that achievement has a significant influence on social behavior toward peers (Bursuck & Asher, 1986).

It has been suggested that high achieving students possess higher levels of classroom prestige among their classmates and with their teachers. This may make them more confident in initiating interactions with other children, which provides them with more practice in developing and refining their social skills (Greene, Forehand, Beck, & Vosk, 1980).

### Self-Concept

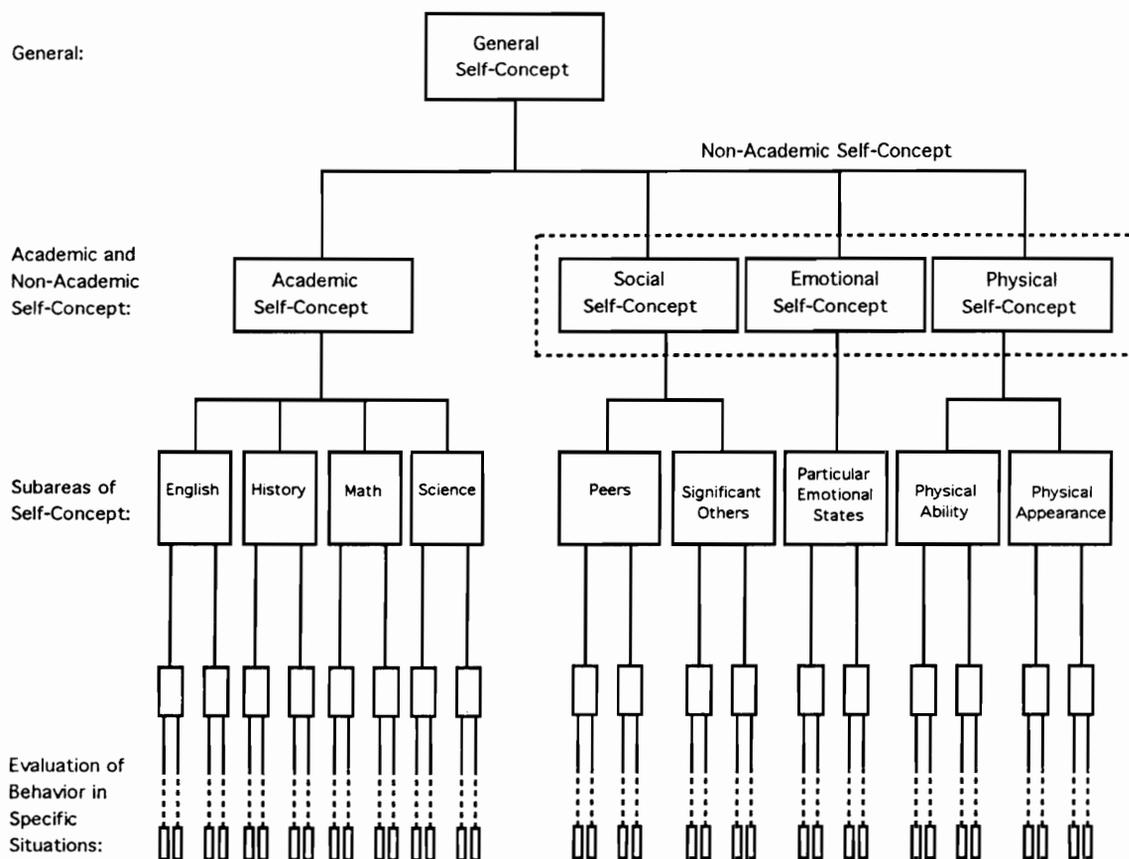
The literature on self-esteem and self-concept shows that the two terms are often used interchangeably. Although the two constructs are closely related, they do refer to different aspects of the self. The self-concept represents a totality of one's perceptions, whereas self-esteem is one dimension of this totality (Battle, 1982).

Self-concept has been defined as "the total collection of attitudes, judgments, and values which an individual holds with respect to his behavior, his ability, his body, his worth as a person, in short, how he perceives and

evaluates himself" (Battle, 1982, p. 26). Although there are numerous definitions of self-concept, they all indicate that self-concept is made up of several dimensions which possess perceptual and evaluative components.

Using a multitrait-multimethod approach as shown in Figure 5, it was proposed that self-concept is hierarchical in nature and is defined by an academic and a nonacademic self-concept. The academic self-concept is then divided into four subareas of self-concept (English, history, math, and science). The nonacademic self-concept is comprised of the social self-concept, emotional self-concept, and the physical self-concept. These three areas are divided into five subareas of self-concept (peers, significant others, particular emotional states, physical ability, and physical appearance) (Shavelson, Hubner, & Stanton, 1976; Marsh & Gouvernet, 1989).

Most studies on self-concept have examined either the correlations between self-concept and another construct, differences among self-concept scores of different groups of students, and changes in self-concept as the result of some treatment. These studies have been severely hindered due to a lack of congruency regarding a definition of self-concept, the most appropriate measurement instruments, and interpretation of the results. This inconsistency makes it



**Figure 5.** One possible representation of the hierarchic organization of the self-concept (Shavelson, Hubner, & Stanton, 1976, p. 413).

difficult to generalize across studies to different populations (Shavelson, et al., 1976).

### Self-Esteem

Kalliopuska (1990) defines self-esteem as "one's personal feelings concerning their own value, importance, and competence. It is the result of a long process of appraisal which is influenced by self-evaluation as well as evaluation by others. These evaluations of values and capacities vary over time and continually affect one's self-esteem" (p. 121). Self-esteem is said to be the most important value judgment a person makes about himself or herself (Battle, 1982). The different definitions of self-esteem indicate it is a subjective and evaluative phenomenon which is present throughout a person's life and is part of their identity (Kalliopuska, 1990; Battle, 1982).

It is thought that the development of positive self-esteem and self-confidence begins with the acceptance of the child by the parents during early childhood. Success may further increase self-esteem (i.e., good grades in school), while failures and frustrations lead to a decrease in self-esteem in later ages. Thus other people's evaluations will affect one's self-esteem. If one exaggerates the value given to other people's opinions, then their behavior becomes guided by a desire to please others rather than

themselves. Accomplishments and self-identity are evaluated by the esteem of others (Kalliopuska, 1990).

A person who has a high self-esteem will appreciate, respect, and accept themselves in a realistic way despite negative and positive characteristics. Rather than constantly comparing themselves with others, this person competes with himself or herself. Although they recognize their faults, they also expect to overcome them to the best of their ability. They do not have to look at themselves through the eyes of others to achieve self-satisfaction or pride (Kalliopuska, 1990; Rosenberg, 1979). Individuals with high self-esteem tend to manifest greater confidence in their ability to succeed and deal with events. They are capable of defending themselves against threats of their adequacy and demeaning attempts by others (Battle, 1982).

Individuals who possess low self-esteem lack the confidence to interact with others and accept criticism. They are unwilling to express contrary opinions, usually vacillate when making decisions, become frustrated easily, blame others for their faults, and rarely take on a leadership role (Battle, 1982; Wiggins, 1987). Someone with low self-esteem considers himself or herself as unworthy, lacks self-respect, and feels inadequate (Rosenberg, 1979).

### Self-Esteem and Academic Achievement

Studies that have examined the relation between self-esteem and academic performance have shown that differences in self-esteem are associated with differences in academic achievement (Burns, 1979). A correlation of .50 between grades and self-esteem scores for seventh graders on the Coopersmith Self-Esteem Inventory was reported by Kifer (Wiggins, 1987). Wylie (1979) reported correlations of about .30 between school achievement and self-esteem in the numerous instruments she studied. Many studies have found persistent correlations of 0.4 to 0.6 between academic achievement and self-concept of ability. More moderate correlations of 0.2 to 0.3 have also been found between academic achievement and global self-esteem. Quite strong correlations, around 0.6 have been found between self-concept of ability and global self-esteem (Skaalvik & Hagtvet, 1990). Bloom found that the academic differences between high and low achievers increased if low self-esteem was also present. It seems that self-esteem cannot be separated from academic performance for most students (Wiggins, 1987).

A study of 259 junior high school students identified as at-risk isolated two important variables thought to be related to academic success - academic self-concept and general self-concept. A statistically significant relationship was found between grades and academic self-

concept and grades and scores on the Wide Range Achievement Test-Revised (WRAT-R). These findings suggest that academic self-concept could be used to predict academic achievement and that general self-concept is also significantly related to academic achievement. It could be argued that at-risk students not only have academic deficits but also have difficulties with their self-concepts. The author (Sapp, 1990) suggested that increasing students' academic self-concept should lead to an increase in academic achievement.

Atherly (1990) conducted a study involving 213 students in the middle years of school. The effects of academic achievement and socioeconomic status on the self-concept of the students was examined. The results indicated that it was the student's level of academic ability, not their socioeconomic status, which influenced their self-concept.

Another study investigated the relationship between self-esteem, earned grades, and television viewing habits of 483 students in grades 4, 6, 8, 10, and 12. The only significant correlation was between earned grades and self-esteem scores. The author concluded that the key to academic success is the development of a healthy self-concept. Without it, many children are not achieving up to their own expectations, as well as the expectations of others (Wiggins, 1987).

However, some studies have not found academic achievement and self-concept to be positively related. Keith, Pottebaum, and Eberhart (1986) used the High School and Beyond longitudinal study to test the influence of self-concept and locus of control on achievement. Their results showed that locus of control had an important influence on academic achievement while self-concept had virtually no direct effect on achievement. The High School and Beyond data base was also used in a study to determine if self-concept and achievement are causally related, and if they are, the direction of the relationship. The results indicated there was no significant causal relationship between self-concept and achievement (Pottebaum, Keith, & Ehly, 1986).

Burns (1979) is of the opinion that since positive self-esteem is associated with academic success, teachers should be encouraged to try to improve their students' self-concept. This may lead to an eventual increase in academic performance rather than concentrating on academic goals alone. On the other hand, Keith et. al (1986) suggest educators should stop trying to improve self-concept as a way of improving academic achievement. More may be accomplished by addressing achievement separately, or through other variables (i.e., homework) which are known to affect achievement.

### Peer Relations

The social development of a child will be influenced by the child's ability to get along with their peer group. One of the most important effects of group membership is its contribution to the child's identity. Groups are formed on the basis of a wide variety of personal characteristics such as gender, race, intellectual ability, ethnic background, athletic and musical ability, and religion (Allen, 1981).

Reinforcement and modeling are two ways in which peers contribute to a child's social development. There is well accepted evidence documenting the importance of peer influences on the development of prosocial behavior. Evidence also indicates that rejected children experience a very different form of social feedback from their peers than their accepted agemates (Landau & Milich, 1990). It has been documented that there is a correlation between lack of friendship and psychological maladjustment. Unpopularity in children is an undesirable condition which should be amended if at all possible. Having one very positive friendship may be more preferable to some children rather than being popular with a large number of their peers (Allen, 1981).

Children who have successful peer relations are provided with an important source of emotional support and security. Friendships can help negate the adverse effects of stress while also contributing to a child's sense of self-esteem by acknowledging that he or she is valued.

Close friendships may serve as the primary source of support during adolescent development when emotional ties to the family become gradually weakened (Landau & Milich, 1990). When questioned about what they "really feel and think deep down inside", thirty-four percent of children 15 to eighteen years of age believed their friends knew them better than their parents. Only seventeen percent of children age 8 to eleven and twenty-three percent of the 12 to fourteen year olds believed their peers knew them best (Rosenberg, 1979, p. 246).

One study which examined the relation between family support, school support, and peer support on the formation of self-concepts on scholastic achievement of students in grades five through 10 found peer support did not show any strong effects on self-concept development. Rather, family support had the most significant effect in the formation of students' ability levels. This was followed by support from the school. The author did caution that the lack of peer support may have been due to students' having friends who are important to them who are not in their classrooms (Pekrun, 1990).

#### Self-Esteem of Students With Learning Disabilities

A self-defeating behavior is defined as "any recurring thought, feeling, or action that is ineffective or only partially effective and blocks the use of better responses"

(Omizo & Omizo, 1987, p. 283). Some examples of self-defeating behavior are poor study habits, fear of failure, lack of attention, inferiority feelings, underachievement, and fighting. According to this definition, children with learning disabilities possess many self-defeating behaviors that contribute to low self-esteem and an external locus of control (Omizo & Omizo, 1987).

Impulsive, disobedient, inattentive, uncooperative, unmotivated, overactive, and possessing negative self-evaluations are terms frequently used to describe students with learning disabilities (Bryan & Bryan, 1978). As these students experience repeated failures, frustrating experiences, and feelings of being different and inferior, the likelihood of developing low self-esteem increases (Omizo & Omizo, 1987).

#### Peer Acceptance of Students With Learning Disabilities

It is well documented that children with behavior and learning problems have significant difficulties in their peer relations. Classroom sociometrics indicate that few classmates like these children, while many convey an active dislike of them (Milich, McAninch, & Harris, 1992). One study found that students with learning disabilities received lower peer acceptance ratings and higher peer rejection ratings than their nondisabled classmates (La Greca, 1987). Gresham and Elliott (1987) report students

with learning disabilities have been found to be between one-half to a full standard deviation below the sociometric mean of their nondisabled peers. Typically, they are between the 15th to the 30th percentile of the sociometric distribution of nondisabled students.

Swanson and Malone (1992) conducted a meta-analysis of 39 studies published between 1974-1990 that directly compared students with learning disabilities to normally achieving students on measures of social skills or peer acceptance. The results showed that students with learning disabilities are less liked and more likely to be rejected by others than their average achieving peers. On measures of social skills, students with learning disabilities fell at approximately the 16th percentile. They scored at the 23rd percentile on measures of peer acceptance, while scoring at the 88th percentile on measures of peer rejection (Gresham, 1992).

A study conducted by the University of Kansas Institute for Research in Learning Disabilities examined the social interactions of adolescents with learning disabilities in grades 7 through 12. Students with learning disabilities were found to have about the same frequency of informal interactions with their peers as other students. This study also found that students with learning disabilities reported significantly less involvement in the activities of "going

somewhere with a friend who asks you" and "asking other students to go somewhere" than low achieving students (Schumaker, 1992, p. 392). Low achieving students and students with learning disabilities participated in a limited number of extracurricular activities when compared to their normally achieving peers. Students with learning disabilities and low achieving students engaged in formally scheduled activities less than once a month while normally achieving students participated in such activities weekly. Normally achieving students spend almost three times as many hours per week in such activities as students with learning disabilities (Schumaker, 1992).

Although this study found students with learning disabilities interacted as frequently with their peers on an informal basis as did normally achieving students, they do not interact in more formal activities. Schumaker (1992) speculates that students with learning disabilities lack a quality in their peer interactions that would enable them to become involved in, to be encouraged to become involved in, or to be included in more formal and social activities.

Not all children with learning disabilities have social problems as some students with learning disabilities can be found within groups with positive peer ratings. One study reported that boys with learning disabilities who were popular and well liked were also rated highly on athletic

ability. It may be important for students not likely to be regarded as academically talented to be skilled in nonacademic areas (La Greca, 1987).

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APPENDIX B

Self-Report Measures



# Multidimensional Self Concept Scale

Bruce A. Bracken

## RECORD BOOKLET

### Section I. Identifying Information

Name/ID No.

Address

Parents' Name

School/Agency

Referred by

Place of testing

Tested by

Race

B

W

Other

Spanish Origin

Yes

No

Year

Month

Day

Date Tested

/

/

Age

Date of Birth

/

/

Sex

Chronological Age

/

/

Grade

### Section II. Directions and Scales

Please rate the following statements according to how well the statement applies to you. There are no right or wrong answers, but it is important that you rate each statement according to how you honestly feel. Be sure to be honest with yourself as you consider the statement you are rating. To mark your answer, simply circle the letters that correspond with your feelings toward the statement. Each statement should be rated as:

**Strongly Agree**  
(SA)

**Agree**  
(A)

**Disagree**  
(D)

**Strongly Disagree**  
(SD)

**S SCALE**

	<b>Strongly Agree (SA)</b>	<b>Agree (A)</b>	<b>Disagree (D)</b>	<b>Strongly Disagree (SD)</b>	
					<b>SCORE</b>
1. I am usually a lot of fun to be with	SA	A	D	SD	
2. People do not seem interested in talking with me	SA	A	D	SD	
3. I am too shy	SA	A	D	SD	
4. Most people like me	SA	A	D	SD	
5. People avoid me	SA	A	D	SD	
6. A lot of people make fun of me	SA	A	D	SD	
7. I am not accepted by people who know me	SA	A	D	SD	
8. Most people think I am interesting	SA	A	D	SD	
9. People enjoy being with me	SA	A	D	SD	
10. Most of the time I feel ignored	SA	A	D	SD	
11. I feel desired by members of the opposite sex	SA	A	D	SD	
12. No one seems to laugh at my jokes	SA	A	D	SD	
13. Most people appreciate me just the way I am	SA	A	D	SD	
14. I often feel like I am left out of things	SA	A	D	SD	
15. People tell lies about me	SA	A	D	SD	
16. I have a lot of friends	SA	A	D	SD	
17. I spend a lot of time feeling lonely	SA	A	D	SD	
18. I am never sure how to act when I am with people I don't know well	SA	A	D	SD	
19. People tell me their secrets	SA	A	D	SD	
20. People pick on me	SA	A	D	SD	
21. People do not seem to notice me	SA	A	D	SD	
22. I get a lot of phone calls from friends	SA	A	D	SD	
23. Many people have a low opinion of me	SA	A	D	SD	
24. I let people bully me too much	SA	A	D	SD	
25. People have to get to know me before they like me	SA	A	D	SD	
<b>S Scale Total Raw Score</b>					

<b>C SCALE</b>					
<b>Strongly Agree (SA)</b>	<b>Agree (A)</b>	<b>Disagree (D)</b>	<b>Strongly Disagree (SD)</b>		
				<b>SCORE</b>	
26. I am honest	SA	A	D	SD	
27. Too often I say the wrong thing	SA	A	D	SD	
28. I am too lazy	SA	A	D	SD	
29. I have a good sense of humor	SA	A	D	SD	
30. I am basically a weak person	SA	A	D	SD	
31. I feel that most people respect me	SA	A	D	SD	
32. I am not very good at speaking my mind	SA	A	D	SD	
33. I am assertive when I need to be	SA	A	D	SD	
34. I am unlucky	SA	A	D	SD	
35. I am very self confident	SA	A	D	SD	
36. I don't seem to have any control over my life	SA	A	D	SD	
37. I frequently put off doing important things until it is too late	SA	A	D	SD	
38. I give people good reason to trust me	SA	A	D	SD	
39. I am not as good as I should be	SA	A	D	SD	
40. I don't keep quiet when I should	SA	A	D	SD	
41. I am successful at most things	SA	A	D	SD	
42. I handle my personal business responsibly	SA	A	D	SD	
43. I lack common sense	SA	A	D	SD	
44. I always seem to be in trouble	SA	A	D	SD	
45. I can do most things pretty well	SA	A	D	SD	
46. I am not very smart	SA	A	D	SD	
47. I am a coward in many ways	SA	A	D	SD	
48. Others believe that I will make something of myself	SA	A	D	SD	
49. Too often I do dumb things without thinking	SA	A	D	SD	
50. I waste money foolishly	SA	A	D	SD	
<b>C Scale Total Raw Score</b>					

## AFF SCALE

Strongly Agree (SA)	Agree (A)	Disagree (D)	Strongly Disagree (SD)	SCORE	
51. I enjoy life	SA	A	D	SD	
52. I am afraid of many things	SA	A	D	SD	
53. There are many things I would like to change about myself	SA	A	D	SD	
54. I am not able to laugh at myself very easily	SA	A	D	SD	
55. I am not a happy person	SA	A	D	SD	
56. I am proud of myself	SA	A	D	SD	
57. I feel like a failure	SA	A	D	SD	
58. My life is discouraging	SA	A	D	SD	
59. I am happy with myself just the way I am	SA	A	D	SD	
60. I am too emotional	SA	A	D	SD	
61. I have good self control	SA	A	D	SD	
62. I often disappoint myself	SA	A	D	SD	
63. My life is unstable	SA	A	D	SD	
64. I have a positive outlook on life	SA	A	D	SD	
65. I am frequently confused about my feelings	SA	A	D	SD	
66. Sometimes I feel worthless	SA	A	D	SD	
67. I often feel ashamed of things I have done	SA	A	D	SD	
68. I frequently feel helpless	SA	A	D	SD	
69. I feel loved	SA	A	D	SD	
70. I wish I could be someone else	SA	A	D	SD	
71. I feel insecure	SA	A	D	SD	
72. I am a good person	SA	A	D	SD	
73. I am not as happy as I appear	SA	A	D	SD	
74. I am usually very relaxed	SA	A	D	SD	
75. There are times when I don't like myself	SA	A	D	SD	
<b>AFF Scale Total Raw Score</b>					

AC SCALE				
Strongly Agree (SA)	Agree (A)	Disagree (D)	Strongly Disagree (SD)	
				<b>SCORE</b>
76. Classmates usually like my ideas	SA	A	D	SD
77. I frequently feel unprepared for class	SA	A	D	SD
78. I am good at mathematics	SA	A	D	SD
79. Learning is difficult for me	SA	A	D	SD
80. I usually do well on tests	SA	A	D	SD
81. I am proud of my school work	SA	A	D	SD
82. I can spell better than most people my age	SA	A	D	SD
83. I read as well as most people my age	SA	A	D	SD
84. I don't think very quickly	SA	A	D	SD
85. I work harder than most of my classmates	SA	A	D	SD
86. I don't understand much of what I read	SA	A	D	SD
87. I learn fairly easily	SA	A	D	SD
88. I never seem to have good ideas	SA	A	D	SD
89. My teachers like my classroom behavior	SA	A	D	SD
90. I often feel dumb	SA	A	D	SD
91. Most of my teachers seem to like me	SA	A	D	SD
92. I have poor study habits	SA	A	D	SD
93. Science is easy for me	SA	A	D	SD
94. I am uncomfortable in school	SA	A	D	SD
95. I usually work very hard	SA	A	D	SD
96. Most people would rather work with me than someone else	SA	A	D	SD
97. My teachers have a low opinion of me	SA	A	D	SD
98. Most subjects are pretty easy for me	SA	A	D	SD
99. I am not very creative	SA	A	D	SD
100. I usually feel good about my written work	SA	A	D	SD
<b>AC Scale Total Raw Score</b>				

<b>F SCALE</b>					
<b>Strongly Agree (SA)</b>	<b>Agree (A)</b>	<b>Disagree (D)</b>	<b>Strongly Disagree (SD)</b>		
				<b>SCORE</b>	
101. My parents care about my happiness	SA	A	D	SD	
102. My family makes me feel loved	SA	A	D	SD	
103. My family ruins everything for me	SA	A	D	SD	
104. In my family, we take care of each other	SA	A	D	SD	
105. I feel appreciated by my family	SA	A	D	SD	
106. I have fun with my family	SA	A	D	SD	
107. I wish I could trade families with someone else	SA	A	D	SD	
108. My parents are interested in me	SA	A	D	SD	
109. My parents don't trust me	SA	A	D	SD	
110. My home is warm and caring	SA	A	D	SD	
111. My parents do not like my being around them	SA	A	D	SD	
112. My parents help me when I need it	SA	A	D	SD	
113. I am an important member of my family	SA	A	D	SD	
114. My parents are proud of me	SA	A	D	SD	
115. My family is no good	SA	A	D	SD	
116. Nothing I do seems to please my parents	SA	A	D	SD	
117. My parents attend events that are important to me	SA	A	D	SD	
118. My parents believe in me	SA	A	D	SD	
119. I am proud of my family	SA	A	D	SD	
120. My parents care about my education	SA	A	D	SD	
121. My family is one of the most important parts of my life	SA	A	D	SD	
122. My parents love me just as I am	SA	A	D	SD	
123. I don't know why my family stays together	SA	A	D	SD	
124. My parents care about my future	SA	A	D	SD	
125. My home is not a happy place	SA	A	D	SD	
<b>F Scale Total Raw Score</b>					

<b>P SCALE</b>				
<b>Strongly Agree (SA)</b>	<b>Agree (A)</b>	<b>Disagree (D)</b>	<b>Strongly Disagree (SD)</b>	
				<b>SCORE</b>
126. I feel good	SA	A	D	SD
127. I am attractive	SA	A	D	SD
128. I am in poor shape	SA	A	D	SD
129. When I look in the mirror, I like what I see	SA	A	D	SD
130. I tire too quickly	SA	A	D	SD
131. I have nice looking teeth	SA	A	D	SD
132. I look nice in just about anything I wear	SA	A	D	SD
133. I am ugly	SA	A	D	SD
134. I am stronger than most people	SA	A	D	SD
135. I have a nice figure	SA	A	D	SD
136. I am healthy	SA	A	D	SD
137. I feel good about how I look	SA	A	D	SD
138. I am good at most sports	SA	A	D	SD
139. I do not like how my clothes fit me	SA	A	D	SD
140. I am typically chosen among the last for team sports	SA	A	D	SD
141. I am physically fit	SA	A	D	SD
142. My hair never seems to look very good	SA	A	D	SD
143. My skin is attractive	SA	A	D	SD
144. I do not like to be seen in a swimsuit	SA	A	D	SD
145. There are parts of my body that I try to keep others from noticing	SA	A	D	SD
146. My clothes look good on me	SA	A	D	SD
147. I do not seem to have the energy to do very much	SA	A	D	SD
148. My weight is just about where it should be	SA	A	D	SD
149. I would change my looks if I could	SA	A	D	SD
150. I am graceful	SA	A	D	SD
<b>P Scale Total Raw Score</b>				

Section III. Norm-Referenced Interpretation					Section IV. Ipsative Interpretation			
	Raw Score	Standard Score	Confidence Interval	Classification	%ile Rank	Standard Score	Difference Score	.05/.01 Classification
Social	_____	_____	_____	_____	_____	_____	_____	_____
Competence	_____	_____	_____	_____	_____	_____	_____	_____
Affect	_____	_____	_____	_____	_____	_____	_____	_____
Academic	_____	_____	_____	_____	_____	_____	_____	_____
Family	_____	_____	_____	_____	_____	_____	_____	_____
Physical	_____	_____	_____	_____	_____	_____	_____	_____
TOTAL SCALE	_____	_____	_____	_____	_____	_____	_____	_____

Section V. Profile of Scale Scores

Standard Score	Social	Competence	Affect	Academic	Family	Physical	Total Test	Standard Score
145	.....	.....	.....	.....	.....	.....	.....	145
—	.....	.....	.....	.....	.....	.....	.....	—
—	.....	.....	.....	.....	.....	.....	.....	—
130	.....	.....	.....	.....	.....	.....	.....	130
—	.....	.....	.....	.....	.....	.....	.....	—
—	.....	.....	.....	.....	.....	.....	.....	—
115	.....	.....	.....	.....	.....	.....	.....	115
—	.....	.....	.....	.....	.....	.....	.....	—
—	.....	.....	.....	.....	.....	.....	.....	—
100	.....	.....	.....	.....	.....	.....	.....	100
—	.....	.....	.....	.....	.....	.....	.....	—
—	.....	.....	.....	.....	.....	.....	.....	—
85	.....	.....	.....	.....	.....	.....	.....	85
—	.....	.....	.....	.....	.....	.....	.....	—
—	.....	.....	.....	.....	.....	.....	.....	—
70	.....	.....	.....	.....	.....	.....	.....	70
—	.....	.....	.....	.....	.....	.....	.....	—
—	.....	.....	.....	.....	.....	.....	.....	—
55	.....	.....	.....	.....	.....	.....	.....	55



## Self-Esteem Index

# STUDENT RESPONSE BOOKLET

Subject's Name \_\_\_\_\_

	Year	Month
Date of Testing	_____	_____
Subject's Date of Birth	_____	_____
Subject's Age at Testing	_____	_____

### Instructions

Read this list of sentences. Some of these sentences will describe you very well and some will not describe you at all. If you think a sentence is always true of you, put a mark in the circle or square under *Always True*. If you think a sentence is usually true of you, put a mark in the circle or square under *Usually True*. If you think a sentence is usually not true of you, put a mark in the circle or square under *Usually False*. If you think a sentence is never true of you, put a mark in the circle or square under *Always False*. Remember to answer all of the questions. If you do not know the meaning of any words in the sentences, ask the examiner. You may begin when the examiner tells you to.

	ALWAYS TRUE	USUALLY TRUE	USUALLY FALSE	ALWAYS FALSE
1 My parents and I have fun together.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2 I am a hard and steady worker at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3 I'm pretty popular with other kids my age.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4 Kids pick on me a lot.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 My home life is pretty pleasant	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6 I am good at school work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7 I'm a lot of fun to be around.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8 I have nightmares almost every night.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9 We have a very close family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10 I am pretty good about doing my homework on time.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. It's easy for me to make friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12 I often feel ashamed of myself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. My parents don't listen to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. I'm proud of my school work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. I am a leader in most of the games that my friends play.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. My friends don't have much confidence in me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. I can go to my parents with my problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. I give the teachers a lot of trouble at school.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. I don't have trouble talking to other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. I exaggerate my troubles in order to get attention from other people.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21. My parents understand me as well as most kids' parents do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. I like going to school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23 I'm as nice looking as most other kids.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24 I never feel like I'm part of the group.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25 My parents are proud of me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26 My parents are disappointed in my school grades.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
27. My friends think I have pretty good ideas.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28 It takes me a long time to get used to new things.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	ALWAYS TRUE	USUALLY TRUE	USUALLY FALSE	ALWAYS FALSE
29. My family is interested in me and the things that I do	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30. I do as little work at school as I can get by with.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
31. I think I'm pretty easy to like	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32. I'm usually the last one to be chosen for a game.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
33. Nobody pays much attention to me at home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
34. School work isn't very interesting.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
35. I'm not shy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36. I am often afraid.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
37. I feel left out of things at home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
38. My teachers like me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39. The other kids usually want me to take charge when we work on a school project together.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40. My friends let me take the blame for things they have done.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
41. My parents don't scold me unless I deserve it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
42. I am slow when it comes to doing my school work.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
43. I usually say what I think.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
44. Other kids think I'm a cry baby.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
45. I don't trust my family.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
46. I find it hard to work in classrooms that have a lot of rules.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
47. I think most people are pretty interesting to talk to.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
48. I would rather play with children who are younger than I am.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
49. My family doesn't trust me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
50. I'm not doing as well in school as I'd like to do.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
51. When I grow up, I will be an important person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
52. I am a klutz.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
53. My family will help me if I get into trouble.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
54. My teachers make me feel like I'm not good enough.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
55. I like being with other kids.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
56. I spend too much time alone.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	ALWAYS TRUE	USUALLY TRUE	USUALLY FALSE	ALWAYS FALSE
57. I argue a lot with my family.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
58. My behavior at school is okay.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
59. I'm not afraid of as many things as my friends are.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
60. I am uncomfortable in groups of people.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
61. I don't have enough freedom at home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
62. Most of my teachers are pretty fair.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
63. I'm not a very lonely person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
64. I wish I were younger.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
65. I am an important member of my family.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
66. Sometimes I play sick to get out of school.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
67. I include other people in my plans.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
68. Sometimes I pretend to know more than I really do.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
69. My parents expect too much from me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
70. My teachers give me school work that I cannot do.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
71. I learn a lot from other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
72. I get a lot of headaches and stomachaches.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
73. The people in my family have quick tempers.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
74. I like it when the teacher calls on me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
75. I don't have trouble making up my mind about things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
76. When things go wrong, I sometimes try to blame the other guy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
77. Things at home upset me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
78. It's fun to learn new things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
79. I have friends I can confide in.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
80. It is hard for me to talk in front of the class.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

APPENDIX C

Peer Report Measures

PEER NOMINATION      Boy      Girl

School \_\_\_\_\_

Grade \_\_\_\_\_

Teacher \_\_\_\_\_

Your Name \_\_\_\_\_

1. List your 3 best friends.

1.

2.

3.

2. List 3 people in the class that you would most like to play with.

1.

2.

3.

3. List 3 people in the class that you would most like to work with.

1.

2.

3.

PLAY WITH RATING SCALE Boy Girl

School \_\_\_\_\_

Grade \_\_\_\_\_

Teacher \_\_\_\_\_

Your Name \_\_\_\_\_

**Directions:** Put the number of the face that tells how much you like to play with each person in your class on the line beside their name. Do not rate yourself.



1

Not  
at  
All

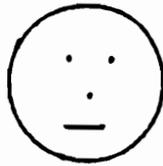
1



2

Not  
Much

2



3

Doesn't  
Matter

3



4

A  
Little

4



5

A  
Lot

5

---

_____ Girl 1	_____ Girl 2	_____ Girl 3	_____ Girl 4
_____ Girl 5	_____ Girl 6	_____ Girl 7	_____ Girl 8
_____ Girl 9	_____ Girl 10	_____ Girl 11	_____ Girl 12
_____ Girl 13	_____ Girl 14	_____ Girl 15	_____ Girl 16
_____ Boy 1	_____ Boy 2	_____ Boy 3	_____ Boy 4
_____ Boy 5	_____ Boy 6	_____ Boy 7	_____ Boy 8
_____ Boy 9	_____ Boy 10	_____ Boy 11	_____ Boy 12
_____ Boy 13	_____ Boy 14	_____ Boy 15	_____ Boy 16

WORK WITH RATING SCALE      Boy      Girl

School \_\_\_\_\_

Grade \_\_\_\_\_

Teacher \_\_\_\_\_

Your Name \_\_\_\_\_

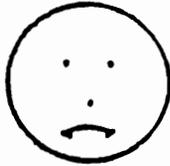
**Directions:** Put the number of the face that tells how much you like to work with each person in your class on the line beside their name. Work with means things like being in reading group, doing assignments together, going to the library, and helping one another out on things like reading, arithmetic, science, and other school subjects. Do not rate yourself.



1

Not  
at  
All

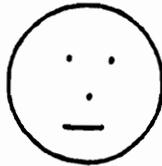
1



2

Not  
Much

2



3

Doesn't  
Matter

3



4

A  
Little

4



5

A  
Lot

5

---

____ Girl 1	____ Girl 2	____ Girl 3	____ Girl 4
____ Girl 5	____ Girl 6	____ Girl 7	____ Girl 8
____ Girl 9	____ Girl 10	____ Girl 11	____ Girl 12
____ Girl 13	____ Girl 14	____ Girl 15	____ Girl 16
____ Boy 1	____ Boy 2	____ Boy 3	____ Boy 4
____ Boy 5	____ Boy 6	____ Boy 7	____ Boy 8
____ Boy 9	____ Boy 10	____ Boy 11	____ Boy 12
____ Boy 13	____ Boy 14	____ Boy 15	____ Boy 16

APPENDIX D

Peer Nomination Matrices







APPENDIX E

Ratings of Peer Nominations

RATINGS OF PEER NOMINATIONS

NAME	FRIENDS	PLAY	WORK	AVERAGE
Girl 1				
Girl 2				
Girl 3				
Girl 4				
Girl 5				
Girl 6				
Girl 7				
Girl 8				
Girl 9				
Girl 10				
Boy 1				
Boy 2				
Boy 3				
Boy 4				
Boy 5				
Boy 6				
Boy 7				
Boy 8				
Boy 9				
Boy 10				

G I R L S

B O Y S

APPENDIX F

Ratings of Rating Scales

MEAN

NAME	PLAY			WORK			Combined OVERALL AVERAGE
	OPP SEX	SAME SEX	OVER- ALL	OPP SEX	SAME SEX	OVER- ALL	
Girl 1							
Girl 2							
Girl 3							
Girl 4							
Girl 5							
Girl 6							
Girl 7							
Girl 8							
Girl 9							
Girl 10							
Girl 11							
Girl 12							
Boy 1							
Boy 2							
Boy 3							
Boy 4							
Boy 5							
Boy 6							
Boy 7							
Boy 8							
Boy 9							
Boy 10							
Boy 11							
Boy 12							

G I R L S

B O Y S

APPENDIX G

Permission to Copy Self-Report Measures

811 Rocky Acres Lane  
Blacksburg, VA 24060  
March 17, 1993

Mr. Steve Matthews  
Pro-Ed Publications  
Austin, TX  
FAX 512-451-8542

Dear Mr. Matthews:

I administered two instruments which you publish as part of my dissertation study: the Self-Esteem Index (SEI) and the Multidimensional Self Concept Scale (MSCS). I would like to include copies of these instruments in my dissertation.

Please consider this a formal request to reprint copies of these two instruments in my dissertation. I would greatly appreciate confirmation of permission by return FAX to 703-231-5672.

Thank you for your time and assistance in this matter.

Sincerely,

*Gretchen C. Troutman*

Gretchen C. Troutman

*Permission granted under the terms requested in the letter.*

*[Signature]* for Pro-Ed Inc. 3/19/93

**GRETCHEN CREECH TROUTMAN**

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**EDUCATION**

DOCTOR OF PHILOSOPHY in Educational Research and Evaluation/  
School Psychology, Virginia Polytechnic Institute and State  
University, Blacksburg, Virginia, April 1993.

EDUCATIONAL SPECIALIST in School Psychology, Radford  
University, Radford, Virginia, February 1984.

MASTER OF SCIENCE in Psychology (Counseling), Radford  
University, Radford, Virginia, May 1981.

BACHELOR OF ARTS in Psychology and Sociology, Lenoir-Rhyne  
College, Hickory, North Carolina, May 1979.

**PROFESSIONAL EXPERIENCE**

RESEARCH ASSOCIATE, Mild/Moderate Technical Assistance  
Center, Virginia Polytechnic Institute and State University,  
Blacksburg, Virginia, August 1992 to present.

ADJUNCT INSTRUCTOR, Department of Special Education, Radford  
University, Radford, Virginia, Spring 1993.

SCHOOL PSYCHOLOGIST, Davie County Schools, Mocksville, North  
Carolina, August 1987 to June 1989.

SCHOOL PSYCHOLOGIST, Spotsylvania County Schools,  
Spotsylvania, Virginia, August 1985 to July 1987.

SCHOOL PSYCHOLOGIST, Wise County and Norton City Schools,  
Wise, Virginia, October 1981 to June 1985.

KINDERGARTEN SCREENING COORDINATOR, Davie County Schools,  
Mocksville, North Carolina, Summer 1988 and Spring 1989.

ADJUNCT INSTRUCTOR OF PSYCHOLOGY, Davidson County Community  
College, Lexington, North Carolina, Fall 1988.

INSTRUCTOR, North Carolina Department for Public Instruction  
in Mocksville, North Carolina, Fall 1987.

**GRADUATE WORK EXPERIENCE**

GRADUATE RESEARCH ASSISTANT, Institute for the Study of Exceptionalities, Virginia Polytechnic Institute and State University, November 1991 to July 1992.

GRADUATE RESEARCH ASSISTANT, Research and Evaluation Computer Laboratory, Administrative and Educational Services Division, Virginia Polytechnic Institute and State University, May 1991 to November 1991.

GRADUATE PROJECT ASSISTANT, Southwest Virginia Transition Technical Assistance Center, Virginia Polytechnic Institute and State University, October 1989 to May 1991.

**INTERNSHIPS**

SCHOOL PSYCHOLOGY INTERN, Virginia Department of Education, Richmond, Virginia, Summer 1990.

INSTRUCTIONAL ASSISTANT, Virginia Polytechnic Institute and State University, Fall 1989.

**PUBLICATIONS**

Keith, T. Z., Keith, P. B., Troutman, G. C., Bickley, P. G., Trivette, P. S., & Singh, K. (1992). Does parental involvement affect eighth grade student achievement? Structural analysis of national data. Manuscript submitted for publication.

Houck, C. K., Asselin, S. B., Troutman, G. C., & Arrington, J. M. (1992). Students with learning disabilities in the university environment: A study of faculty and student perceptions. Journal of Learning Disabilities, 25(10), 678-684.

**PRESENTATIONS**

Troutman, G. C., & Walls, W. E. (1993, April). The collaborative teaching project for students with learning disabilities: A program evaluation. Presented at the meeting of the National Association of School Psychologists, Washington, DC.

Troutman, G. C., & Lawson, S. W. (1992, November). Collaborative teaching program evaluation. Presented at the Resource/Collaborating Teaching Symposium, Williamsburg, VA.

Panel Participant, (1992, November). Research and evaluation issues in collaborative service delivery. Resource/Collaborating Teaching Symposium, Williamsburg, VA.

Troutman, G. C., & Rogers, C. J. (1992, March). Developing educational research computer skills in laboratory mini-courses. Paper presented at the meeting of the Eastern Educational Research Association, Hilton Head, SC.

#### **PAPERS**

Integrated approach to learning for special education students, (1992, June). Virginia Department of Education, Richmond, Virginia.

Southwest Virginia Transition Technical Assistance Center Newsletter, 1989 to 1991.

The 1988-89 annual reports for school psychology and visiting teacher/school social work (1990). Virginia Department of Education, Division of Pupil Personnel Services, Richmond, Virginia.

#### **CERTIFICATION**

CERTIFIED SCHOOL PSYCHOLOGIST, Virginia Department of Education, Pupil Personnel Certificate.

CERTIFIED SCHOOL PSYCHOLOGIST, North Carolina Department of Public Instruction, Advanced Graduate Certificate

#### **AWARDS**

Virginia Council for Learning Disabilities Outstanding Research Award, 1993.

#### **PROFESSIONAL MEMBERSHIPS**

Alpha Delta Kappa  
 American Educational Research Association  
 Council for Learning Disabilities  
 Eastern Educational Research Association  
 National Association of School Psychologists  
 Phi Delta Kappa  
 The Association for Persons with Severe Handicaps  
 Virginia Academy of School Psychologists  
 Virginia Council for Learning Disabilities  
 Virginia Psychological Association

*Gretchen C. Troutman*

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Gretchen C. Troutman