Today, there is a new illegal drug on the streets called Ice. It's a smokable rock form of Methamphetamine, or more commonly known as Meth or Speed. It's being produced in clandestine laboratories in Southeast Asia and shipped to Hawaii and the West Coast. Ice is smoked in glass pipes similar to the ones used for smoking Crack. An Ice high is much more intense and longer lasting than a Crack high, and Ice is more addictive than Crack.

Medical authorities note that the crash from Ice is equally intense and users go on smoking binges for days to avoid coming down. Ice users experience hypermania during the high followed by a psychotic break during the crash. During this psychotic state, the user is extremely dangerous, because if he feels threatened or concerned, he will react violently, causing physical harm to anyone nearby. No other drug that can be eaten, smoked, snorted, or injected does as much physical or psychological damage to the body as Ice.

Young people who are catching cheap, destructive highs from Crack are attracted to this new drug even though Ice costs three times as much as Crack. However, increased efforts to stop the flow of Cocaine into this country may drive up the price of Crack, making Ice the next cheap street drug. Although Ice is the latest smokable drug to hit the streets, drug abuse experts predict that a method for re-crystallizing other powdered drugs such as Heroin and PCP may soon be discovered, bringing new addictions and new epidemics to our society.
Q. WHAT IS ICE?

A. Ice is a smokable rock form of methamphetamine, more commonly known as Meth or Speed. It is produced in clandestine laboratories in Southeast Asia and shipped to Hawaii and the West Coast.

Q. HOW IS THE DRUG TAKEN?

A. Ice is smoked in hits of one-tenth of a gram in short, straight pipes similar to the pipes used for smoking Crack. The Meth rock is placed in the pipe's bowl, then heated until it turns to gas. It is then inhaled through the pipe into the lungs where the blood immediately takes it to the brain. The drug then affects the entire central nervous system.

Q. HOW DANGEROUS IS ICE?

A. Ice is extremely dangerous to both the user and anyone who happens to be nearby when the user is in psychotic state during the come down. The danger to the user is both physical and psychological, because no other drug that can be eaten, smoked, snorted, or injected does as much damage to the body. The danger to anyone near the user during the come down is in physical harm, because the user may feel threatened or cornered, and react violently.

Q. CAN A PERSON DIE FROM USING ICE JUST ONCE?

A. YES! First-time users may experience an increase in pulse rate and blood pressure which could send the heart into arrhythmia and possibly arrest.
Q. SINCE ICE IS SUCH AN ADDICTIVE AND HIGHLY DESTRUCTIVE DRUG, WHY DO PEOPLE USE IT?

A. It is mostly the sixteen to twenty year olds who are attracted to this new drug. Young people typically believe they are indestructible, so the horror stories associated with using Ice have less effect on this age group. Also, smoking drugs is the most popular option with drug abusers, in part because intravenous use may expose the user to the AIDS virus from shared needles, and inhaling smoke is the fastest and most powerful way to achieve a high.

CONCLUSION

The ICE AGE media (Video) presentation developed and purchased from Syndistar, Inc. can assist concerned citizens educate their communities about the dangers posed by the new illegal drug ICE. At the time of this publication, no other drug that can be eaten, smoked, snorted, or injected has been determined to cause as much physical or psychological damage to the body as ICE.

Detailed questions concerning any form of crime prevention program should be directed to your local police or sheriff's department. Please consult your local Extension office for additional crime prevention resources made available by the Community Resource Development Program.
COMMITTEE RESOURCES
DEVELOPMENT

A Public Service Program
of Virginia Tech
and the
Virginia Cooperative Extension Service

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