Are you a student in grades 7 – 12 looking for something productive to do over Spring Break? Join Cumberland 4-H and Prince Edward 4-H for this opportunity to sharpen your skills and learn how to make a difference in your community!

**STEP UP – Youth in Action**

*Leadership and Communication Seminar*

**Wednesday, March 30, 2016**

9:30 a.m. – 3:30 p.m.

R. R. Moton Museum

Farmville, VA

Questions? Please contact your 4-H Extension Agent. In Prince Edward, call Jennifer Bowen at (434)392-4246 or email jebowen1@vt.edu. In Cumberland, please call Linda Eanes at (804)492-4390 or email leanes@vt.edu.
SEMINAR SCHEDULE:
9:30 – Registration and Welcome
10:00 – Keynote Address
Communicating around Difficult Issues
Dr. Pam Tracy, Associate Professor, Communication Studies
Longwood University
10:45 - Break
11:00 – Communication Skills Session
12:00 - Lunch
12:30 – Characteristics of a Leader
Dr. Marth Walker, Community Viability Specialist
Virginia Cooperative Extension
1:30 – Tour of the R.R. Moton Museum with a Focus on Leadership
Justin Reid, Director of Education and Public Programs
R.R. Moton Museum
2:30 – Lessons on Leadership, facilitated group discussion
3:15 – Program Evaluation and Closing

Program registration fee is $10 which includes lunch. Registration deadline is Thursday, March 24th. Please make checks payable to your local Extension Office. Payment and registration should be mailed to:

VCE -Prince Edward
P.O. Box 322, Farmville, VA 23901
Or
VCE-Cumberland
P.O. Box 80, Cumberland, VA 23040

REGISTRATION
(Must be received by March 24.)

Participant’s Name:

Address:

Parent’s Name:

Parent’s Phone Number:

Parent’s Email:

Emergency Contact Name and Number:

Name of School: Grade:

Box lunch preference (check one): _____Turkey Sandwich
_____ Ham Sandwich _____Veggie Wrap

If you have food allergies or other health concerns that the planning committee should consider, please contact Jennifer Bowen at the Prince Edward Extension Office at 392-4246 or Linda Eanes at the Cumberland Extension Office at (804)492-4390.

After registration is received, participants will be mailed a packet of forms that will include a 4-H Member Enrollment, Health History, and Code of Conduct. These will need to be completed and returned at the event.