



*Are you a student in grades 7 – 12 looking for something productive to do over Spring Break? Join Cumberland 4-H and Prince Edward 4-H for this opportunity to sharpen your skills and learn how to make a difference in your community!*



**Questions? Please contact your 4-H Extension Agent. In Prince Edward, call Jennifer Bowen at (434)392-4246 or email [jebowen1@vt.edu](mailto:jebowen1@vt.edu). In Cumberland, please call Linda Eanes at (804)492-4390 or email [leanes@vt.edu](mailto:leanes@vt.edu).**

## **STEP UP – Youth in Action**

### ***Leadership and Communication Seminar***

**Wednesday, March 30, 2016**

9:30 a.m. – 3:30 p.m.

R. R. Moton Museum

Farmville, VA

**SEMINAR SCHEDULE:**

**9:30 – Registration and Welcome**

**10:00 – Keynote Address**

Communicating around Difficult Issues

*Dr. Pam Tracy, Associate Professor, Communication Studies*

*Longwood University*

**10:45 - Break**

**11:00 – Communication Skills Session**

**12:00 - Lunch**

**12:30 – Characteristics of a Leader**

*Dr. Marth Walker, Community Viability Specialist*

*Virginia Cooperative Extension*

**1:30 – Tour of the R.R. Moton Museum with a Focus on  
Leadership**

*Justin Reid, Director of Education and Public Programs*

*R.R. Moton Museum*

**2:30 –Lessons on Leadership, facilitated group discussion**

**3:15 – Program Evaluation and Closing**

Program registration fee is \$10 which includes lunch. Registration deadline is Thursday, March 24<sup>th</sup>. Please make checks payable to your local Extension Office. Payment and registration should be mailed to:

**VCE -Prince Edward**

P.O. Box 322, Farmville, VA 23901

Or

**VCE-Cumberland**

P.O. Box 80, Cumberland, VA 23040

**REGISTRATION**

**(Must be received by March 24.)**

Participant's Name:

Address:

Parent's Name:

Parent's Phone Number:

Parent's Email:

Emergency Contact Name and Number:

Name of School:

Grade:

Box lunch preference (check one):  Turkey Sandwich

Ham Sandwich  Veggie Wrap

If you have food allergies or other health concerns that the planning committee should consider, please contact Jennifer Bowen at the Prince Edward Extension Office at 392-4246 or Linda Eanes at the Cumberland Extension Office at (804)492-4390.

***After registration is received, participants will be mailed a packet of forms that will include a 4-H Member Enrollment, Health History, and Code of Conduct. These will need to be completed and returned at the event.***