

Virginia Cooperative Extension Service
Index of Nutrition Education Materials
for Use in Nutrition
Programs for the Elderly



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Index

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This index of Nutrition Education Materials has been prepared by Dr. Janette Taper to help Extension Agents, nutrition educators, other professionals, and the general public acquire useful educational materials in the area of nutrition for the elderly. The index lists pamphlets, booklets, films, slide sets, and other audiovisual aids from government agencies, professional societies, and health, consumer, and education organizations and foundations. Materials are listed in alphabetical order according to format or type of media used:

- I. Slides
- II. Films and Filmstrips
- III. Books
- IV. Booklets
- V. Pamphlets
- VI. Lesson Plans
- VII. Educational Kits
- VIII. Flip Charts
- IX. Bibliographies

Whenever possible, information is provided on the format, content, availability, and cost of each item listed. If the information is incomplete, you may write to the source for further information. This index is by no means complete. At present, approximately 40 visual aids are listed. Additional ones will be added as the index is updated. Please note that prices are subject to change. A list of additional sources of information is also provided in this publication.

I. Slides

1. Title: Food for Older Americans

Format: 30 slides and script

Content: This program describes the physical, social, and physiological problems of aging that affect eating and ways in which to cope with these changes. Essentials of good diet are also discussed.

Prepared by: Extension Specialists, University of Georgia

Available from: Cooperative Extension Service
University of Georgia
Athens, GA 30602

Cost: \$15.00

2. Title: Food Shopping for One and Two

Format: 71 slides and 18 minute tape

Content: This program takes an older man, women, and family shopping in a grocery store. Helps make decisions about kinds and amounts of food. Emphasizes good nutrition, thrifty shopping, and suggests methods of storing and freezing extra food.

Prepared by: Extension Specialists, Colorado State University

Available from: Food Science and Nutrition
Extension Division
200 Gifford Hall
Colorado State University
Ft. Collins, CO 80523

Cost: \$30.00

3. Title: Positive Living in the Senior Years

Format: 74 frame slide set and script
21 frame supplementary slide set and script

Content: Various aspects of modern maturity - physical changes, food needs, social activities - are sensitively discussed in this

useful slide program on nutrition for elderly audiences. Divided into four sections which may be used independently or in combination, the base program should stimulate relevant follow-up discussion which will probably necessitate additional local and more specific information.

The supplementary slides give useful demographic and health data relating to the elderly. Suggested places for their insertion in the base program with appropriate background information and discussion questions are also included.

Prepared by: Extension Specialists
Food and Nutrition
Cornell University

Available from: Media Services
Office of Visual Communications
312 Roberts Hall
Cornell University
Ithaca, NY 14853
or
Extension Specialists
Food and Nutrition
Room 206 Wallace Hall
VPI & SU
Blacksburg, VA 24061

Cost: free on loan from VPI & SU
\$25 purchased from Cornell University

4. Title: Meals on Wheels

Format: 25 slides and script

Content: This slide set shows the people and facilities involved in establishing a Meals on Wheels program. Types of containers and carriers are pictured.

Prepared by: Extension Specialists
Foods and Nutrition
Iowa State University

Available from: Media Resources Center
121 Pearson
ISU
Ames, Iowa

Cost: \$9.00 to purchase
\$4.00 to review

5. Title: Shopping or Cooking for 1 or 2

Format: 36 slides and script

Content: Nutrients required by the body and special needs of senior citizens are discussed in this slide set.

Prepared by: Extension Specialists
Food and Nutrition
University of Missouri - Columbia

Available from: Cooperative Extension Service
301 Gwynn Hall
University of Missouri
Columbia, MO 65211

Cost: \$12.95 to purchase

6. Title: The Maturing Years

Format: 74 slides, script, and Leader Guide

Content: This slide set personalizes the process of aging by focusing on the physical, emotional, and social problems which handicap many older Americans. At the same time it offers insight into the joys and satisfactions that these years can bring. Audiences have the opportunity to explore the experiences of the elderly and learn how to help them select food wisely.

Prepared by: Tupperware Educational Services

Available from: Tupperware Educational Services
P.O. Box 2353
Orlando, FL 32802

Cost: \$15.00

II. Films and Filmstrips

1. Title: Diet and Arthritis: A Visual Presentation for Use in Professional Education

Format: Filmstrip, 26 frames, and script

Content: This filmstrip deals with arthritis, audiovisual aids, disease and nutrition, food misinformation-discussion and professional training.

Prepared by: Department of Health and Human Services
Public Health Service
Diabetes and Arthritis Control Program

Available from: Diabetes and Arthritis Control Program
Public Health Service
4040 N. Fairfax Drive
Arlington, VA 22203

Cost: free on loan

2. Title: Help Yourself to Better Health

Format: Film, 16 minutes, 16 mm, color

Content: Help Yourself to Better Health is intended for use by community groups, women's clubs, adult education classes, and all persons, young and old, interested in later life.

An underlying theme in the film is that nutrition can be a focus for personal fulfillment; that food is related to a healthier later life, that cooking and eating can become shared community experiences. Picnics, potlucks, eating clubs, community provided meals, and group discussion about buying food provide a warm and positive approach to good eating habits.

Help Yourself to Better Health comes with supplementary materials that form a complete educational package.

With each print of the film, you will receive a leader's guide that gives suggestions on how to use the film in a group situation and how best to use the handout booklet.

Also with each film, you will receive 20 handout booklets, "A Guide for Food and Nutrition in Later Years." This booklet expands on material in the film and is designed to allow group

members to help themselves to better health through good nutrition.

Prepared by: The Society for Nutrition Education

Available from: National Nutrition Education Clearinghouse
Suite 1110
2140 Shattuck Avenue
Berkeley, CA 94704

Cost: \$150 to purchase
\$15 to preview

3. Title: Making Ends Meet

Format: Film, 16 mm, 11 minutes, color

Content: This film gives helpful suggestions on such details as planning menus, buying in season, and budget-extending meat dishes to assist in making food money go as far as possible.

Prepared by: New York State Department of Health

Available from: Association Films, Inc.
600 Grand Avenue
Ridgefield, NJ 07657
or
2221 South Olive Street
Los Angeles, CA 90007

Cost: Free loan

4. Title: Nutritional Care of Elderly Patients

Format: film, 25 minute, 16 mm, color

Content: The process of assessing nutritional status as well as planning, implementing, and evaluating a nutritional care program are followed in this geriatric case study.

While the film does not cover geriatric nutrition information in depth, the accompanying script brochure is annotated to give more background information. A reference list, self-assessment quiz, and sample dietary data card are also included in the brochure.

Designed for use in undergraduate programs or for continuing education of dietitians and health professionals, this film serves an excellent role-modeling experience for nutritionists. Modern methods and techniques for counseling a diabetic patient are ably demonstrated by a dietitian.

Prepared by: Ross Laboratories

Available from: Ross Laboratories
625 Cleveland Avenue
Columbus, OH 43216
Ross Territory Manager

Cost: \$250 to purchase
free loan

5. Title: Step Aside, Step Down

Format: Film, 20 minutes, color

Content: Deals with problems of the aging such as income, nutrition, housing, and transportation. Some very important aspects of planning facilities and activities for senior citizens are quite evident. Thus, groups, agencies, and planners, as well as senior citizens and lay people could benefit from this film.

Prepared by:

Available from: Sales Branch
National Audiovisual Center
Washington, D.C. 20409
or
State Agency on Aging

Cost: \$80 to purchase
\$10 to review

III. Books

1. Title: Easy Ways to Delicious Meals - A Campbell Cookbook
Format: A cookbook (46 pages) for the layperson
Content: This cookbook provides the elderly person with basic nutrition facts, information on convenience and economy foods, food selection, and purchasing. It is written in large print. Recipes are provided.
Prepared by: Campbell Soup Co.
Available from: Home Economics Dept.
Campbell Soup Co.
Camden, NJ 08101
Cost: free

2. Title: Food Acceptance and Food Attitudes of the Elderly, as a Basis for Planning Nutrition Programs
Format: Book, 179 pages, softcover, spiralbound
Content: Provides information on attitudes, food habits, food patterns, and nutrient intake of the elderly to aid professionals in menu planning.
Prepared by: E. N. Todhunter, F. House, and R. Vander Zwoag
Available from: Tennessee Commission on Aging
S & P Building
306 Gay Street
Nashville, TN 37201
Cost: free

3. Title: Mealtime Manual for the Aged and Handicapped
Format: Book
Content: A very useful manual not only for the aged and handicapped but also for those who take care of them. Such subjects as kitchen planning and storage, special kitchen tools, hints for homemakers with various kinds of handicaps, selecting

small appliances and recipes for all types of foods are covered. Nutrition educators working with the aged and handicapped will find this publication most useful.

Prepared by: Institute of Rehabilitation Medicine
New York University Medical Center
and
Campbell Soup Co.

Available from: Campbell Soup Co.
Box (MM) 56
Camden, NJ 08101

Cost: \$2.00

4. Title: Nutrition and Aging

Format: Book, 208 pages

Content: This text, for use by the professional, includes information on nutrient needs, intakes, food habits, and nutrition-related diseases seen in the elderly. It also provides information on counseling techniques and ways to improve nutrition for the elderly.

Prepared by: M. Winick

Available from: John Wiley and Sons
605 Third Avenue
New York, NY 10016

Cost: \$17.95

5. Title: Summary of Accomplishments in Nutrition and Aging Since the White House Conference on Food, Nutrition, and Health and Considerations for the Future

Format: Book, softcover

Content: This book includes material from the National Nutritional Policy Study--1974, Hearings Before the Senate Select Committee on Nutrition and Human Needs.

Prepared by: U.S. Senate, 93rd Congress, 2nd Session

Available from: Government Printing Office
Washington, D.C. 20402

Cost: \$2.10

6. Title: Toward a National Policy on Aging, Final Report of 1971
White House Conference on Aging

Format: Book, softcover, 2 volumes

Content: This document reports results of conference sessions in several areas including health care, minorities, policy, and future plans for the elderly population in this country.

Prepared by: White House Conference on Aging

Available from: Government Printing Office
Washington, D.C. 20402

Cost: \$7.55

IV. Booklets

1. Title: A Guide to Nutrition and Food Service for Nursing Homes and Homes for the Aged

Format: Booklet - 111 pages, softcover, spiralbound

Content: Guidelines for nutrition and menu planning for dietitians and public health nutritionists in home health services.

Prepared by: U.S. Department of Health and Human Services

Available from: Government Printing Office
Washington, D.C. 20402

Cost: \$3.25

2. Title: Food Guide for Older Folks

Format: Booklet, 20 pages, for layperson

Content: Basic nutrition facts, food groups, meal planning, food purchasing, food preparation, and recipe information is provided.

Prepared by: U.S. Department of Agriculture

Available from: Government Printing Office
Washington, D.C. 20402

Cost: \$.40

3. Title: Good Eating, Meeting Nutritional Needs for Aged Persons in Residential Care Homes

Format: Booklet, 31 pages, for the professional

Content: Information is provided on residential homes, budgeting, food groups, food management, food preparation, menu planning, and recommended dietary allowances as they apply to the elderly population.

Prepared by: M. Finley

Available from: Documents and Publications
Ordering Department
P.O. Box 20191
Sacramento, CA 95820

Cost: \$1.25

4. Title: Group Meals for Senior Citizens in a Community Setting, A Procedural Manual

Format: Booklet, 72 pages, for professionals

Content: Information on demonstration projects, food preparation, home delivered meals, menu planning, program planning and evaluation is provided.

Provided by: C. W. Wagner

Available from: Cafe Co-op
119 9th Avenue
New York, NY 10011

Cost: \$4.00

5. Title: Guidelines for Meals on Wheels and Congregate Meals for the Elderly

Format: Booklet, 35 pages

Content: This publication provides information on basic nutrition facts, menu-planning, catering techniques, use of volunteers, etc. in feeding programs for the elderly.

Prepared by: E. Eccleston and L. Hamilton

Available from: Pennsylvania Dietetic Association
P.O. Box 608
Camp Hill, PA 17011

Cost: \$1.00

6. Title: Let's End Isolation

Format: Booklet for professionals

Content: This 46 page booklet deals with aging, funding, programs, foods and nutrition, home-delivered meals, program planning and evaluation, and senior centers.

Prepared by: Department of Health and Human Services

Available from: Government Printing Office
Washington, D.C. 20402

or
Agency on Aging
330 C Street, SW
Washington, D.C. 20402

Cost: \$.75

7. Title: Meals for the Elderly - Now!

Format: Booklet, 33 pages

Content: This conference report from the annual Joseph A. Despres Conference for Senior Citizens provides information on feeding programs in the United States.

Prepared by: Joseph A. Despres Conference

Available from: Hudson Guild
Fulton Senior Citizen Center
119 9th Avenue
New York, NY 10011

Cost: \$1.00

8. Title: Nutrition Education and Consumer Education: Nutrition Definitions

Format: Booklet

Content: This booklet provides a shopping vocabulary for the elderly - 34 short definitions on today's most commonly used dietary items are provided.

Prepared by: New Jersey Department of Community Affairs -
Office on Aging
In cooperation with the Committee on Aging of the
New Jersey Nutrition Council.

Available from: Consumer Produce Information
Washington, D.C. 20407

Cost:

9. Title: Nutrition Education for the Older Adult

Format: Booklet, 27 pages

Content: This publication provides learning activities, information on audiovisual production, and educational methods for use in Title VII programs.

Prepared by: New England Gerontology Center
15 Garrison Avenue
Durham, NH 03824

Cost: \$1.00

10. Title: Nutrition Education for the Older American

Format: Booklet for professionals

Content: Developed initially for professionals working with the National Nutrition Program for the Elderly (Title VII), this excellent monograph offers guidelines for those involved in any nutrition program for the elderly. Emphasized throughout is the need for programs which actively involve the elderly in planning, directing, and demonstrating. This principle is well illustrated with many specific suggestions for creating the right environment for nutrition education. Also discussed are topics and methods of approach such as food coops, vegetable gardening, cookbook publishing, and food shopping. The extensive resource listings in various sections of the booklet alone are worth the price of the booklet.

Prepared by: J. Carlin

Available from: New England Gerontology Center
15 Garrison Avenue
Durham, NH 03824

Cost: \$3.00

11. Title: Nutrition Program for the Elderly includes: Nutrition Education Resources: An annotated bibliography, 150 pages, \$3.25; Nutrition Education Resources: Program planning and activities, 233 pages, \$3.50; Handbook for Site Operations, 257 pages, \$4.25; and Training Guide for Trainers, 102 pages, \$3.25.

Format: Booklets, softcover

Content: Originally designed for Title VII programs, many aspects of these training materials will be of value to nutrition educators working in other programs for the elderly. The bibliography is diverse, complete, and well organized. All resources are listed alphabetically by title as well as cross referenced by subject. The bibliography gives suggested audience and uses as well as a critical description of the material, including factors such as print size, organization, and clarity.

The Training Guide is general enough to use in any type of training. The Handbook for Site Operations details nutrition and food service, site livability, needs of the elderly, community outreach, and work with volunteers. The resource, Program Planning and Activities, lists possible learning activities and modules, but fails to measure expected outcomes. These four books together and individually include much sound information on managing nutrition programs for, and working with the elderly.

Prepared by: Oregon State University

Available from: Nutrition Program Training Center
School of Home Economics
Oregon State University
Corvallis, OR 97331

Cost: as noted above

12. Title: Nutrition Programs for the Elderly - A Guide to Menu Planning, Buying and Care of Food for Community Programs

Format: Booklet, 44 pages

Content: Information on Administration of, community involvement in, and food planning, purchasing and handling in nutrition programs for the elderly is provided.

Prepared by: U.S. Department of Agriculture

Available from: Government Printing Office
Washington, D.C. 20402

Cost: \$1.05

13. Title: Reaching Out to the Isolated Aged: A Report of Henry Street Settlement's Participation in Project Renaissance

Format: Booklet, 18 pages

Content: This booklet, for professionals, describes one community's involvement in feeding the elderly. Information on the use of aides, planning, policy, home delivered meals, and ethnic menus is provided.

Prepared by: J. Hopewell and E. Kramer

Available from: Henry Street Settlement
Urban Street Life Center
265 Henry Street
New York, NY 10002

Cost: Single copies free

V. Pamphlets

1. Title: Meal Planning for the Golden Years

Format: Pamphlet for the lay public

Content: Readers will appreciate the large print and other engaging design features of this general nutrition pamphlet for the healthy elderly. Four Food Group patterning is presented and illustrated in detail with a sample menu. However, health advantages of modification of fat, sugar, and salt are not emphasized. There are some possibly confusing statements and some omissions. For example, thiamin is described as maintaining normal digestion; vitamin D is not mentioned. In the section on water, soft drinks are presented as a "good source" of fluid. Nutrient fortification of cereals is portrayed as "nutritional improvement." The general need for exercise is not mentioned. Aside from these limitations, the pamphlet is attractive and could be useful with older adults, if used in conjunction with a class where a nutritionist is available to provide supplementary information and to answer questions.

Prepared by: General Mills Nutrition Service

Available from: General Mills, Inc.
Nutrition Department
Box 1113
Minneapolis, MN 55440

Cost: \$.25

2. Title: Power for the Golden Years

Format: Pamphlet - layperson

Content: This pamphlet provides the older person with basic nutrition facts and hints for food selection.

Prepared by: State Public Health Nutritionists

Available from: Nutrition Section
State Health Dept.
109 Governor Street
Richmond, VA 23219

Cost: Single copy free

3. Title: To Your Health....In Your Second Fifty Years

Format: Pamphlet - layperson

Content: This pamphlet provides information on basic nutrition facts, food selection, food preparation, menu planning, and hints for improvement of the appetite.

Prepared by: National Dairy Council

Available from: National Dairy Council
6300 N. River Road
Rosemont, IL 60618

Cost: \$.20

4. Title: Your Retirement Food Guide

Format: Pamphlet, 31 pages, layperson

Content: This pamphlet provides the older person with basic nutrition facts and information on food selection, food purchasing, meal planning, and food and health misinformation. Recipes are also provided.

Prepared by: American Association of Retired Persons
National Retired Teachers Association

Available from: American Association of Retired Persons
National Retired Teachers Association
1901 K Street, NW
Washington, D.C. 20006

Cost: Single copy free

VI. Lesson Plans

1. Title: Nutrition Education for the Elderly

Format: 35 Mini Lessons, Booklet, 106 pages

Content: The lessons in this handbook are divided into five categories: Basic Nutrition, Shopping for Food, Food Information and Misinformation, Diet and Disease, and Cooking and Eating. Each topic is divided into one or more lessons and consists of a statement of purpose, suggested methods of presentation, and information on additional resources and teaching aids. The appendices provide valuable information on techniques for teaching older adults and sources of additional resource material. While most of the lessons are simple enough to be presented by volunteers, the handbook should be used in consultation with a nutrition professional. The handbook may be used by any organization providing nutrition services to the elderly.

Prepared by: Advisory Committee on the Elderly
Nutrition Committee
Virginia Council on Health and Medical Care

Available from: Virginia Council on Health and
Medical Care
P.O. Box 12363
Richmond, VA 23241

Cost: \$3.00

2. Title: Nutrition for the Elderly

Format: 17 Mini Lessons, Booklet, 74 pages with related leaflets and pamphlets

Content: Information on food and health misinformation, food groups, food preparation, food purchasing, food storage, food safety, menu planning, use of food stamps, nutrition related health problems, etc. is provided.

Prepared by: A. Burkart and L. Aronson

Available from: Thompson Hall
Room 114
Cook College/Rutgers University
P.O. Box 231
New Brunswick, NJ 08903

Cost: \$2.00

VII. Educational Kits

1. Title: Learning Program for Older People...And Others Young at Heart

Format: Looseleaf booklet, 200 pages

Content: Basic nutrition facts and educational methods are included in this information packet providing professionals with ideas and resources for work with elderly individuals.

Prepared by: Extension Specialists
Food and Nutrition
University of Nebraska

Available from: Harriet Kohn
Extension Specialist
Food and Nutrition
East Campus
University of Nebraska
Lincoln, NE 68583

Cost: \$3.00

2. Title: Many Healthy Returns

Format: Educational Kit

Content: Many Healthy Returns is a program designed to create an awareness - in both older adults and those who serve them - of the successes and problems of keeping healthy with available food resources. Many Healthy Returns is an educational kit containing materials which include:

Program Organization

Instructions and comments on:

- organizing a program
- selecting a staff
- conducting group discussions
- evaluating program effectiveness

NUTRITION ISSUES

Outline and activities for six group sessions including:

- basic nutrition information

- importance of a balanced diet
- special diets
- influences on food selection
- shopping and food management
- adaptation of food habits to a changing environment

RESOURCE MATERIALS

An extensive bibliography is included for reference and further reading in the area of nutrition and the older adult. Six character sketches highlighting each session serve as discussion keys and promote a better understanding of the program objectives and their application in everyday life. This kit was developed and used extensively by the authors for two years with groups of older adults and professionals involved in programs for the elderly. This program proved to be flexible in scope, allowing for variations in the level of knowledge and interests of the participants. The group sessions generated enthusiasm and gave the participants the opportunity to take charge of their health through their food intake.

Prepared by: Iris Echelberger, NET Nutritionist
Martha Erickson, Nutrition Educator
Carolyn Garber, Nutrition Educator
Indiana

Available from: Martha Erickson
3012 Robinhood Road
South Bend, Indiana

Cost: \$3.75

VIII. Flip Charts

1. Title: Food for Older Americans

Format: Flip Chart

Content: The purpose of this flip chart is to provide information about food for older people. It discusses: importance of food; physical changes and how to overcome them; psycho-social aspects of food; food needs of older Americans.

Prepared by: Extension Specialists
Food and Nutrition
University of Georgia

Available from: Cooperative Extension Service
Hope Smith Annex
University of Georgia
Athens, GA 30602

Cost: \$1.00 to purchase

IX. Bibliography

1. Title: Concerns of the Aging: Nutrition, Abstracts and Reference Material for Professions

Format: Bibliography

Content: This bibliography of articles on nutrition and aging provides a useful resource for professionals.

Prepared by: G. M. Keown and R. Klippstein

Available from: Mailing Room, Building #7
Research Park
Cornell University
Ithaca, NY 14853

Cost: \$3.00

LIST OF ADDITIONAL RESOURCES

National Nutrition Resources

- Office of Consumer Communications
Food and Drug Administration
Room 15B32, Parklawn Building
5600 Fishers Lane
Rockville, MD 20857
- Office of Public Affairs
Agency for International Development
Department of State
Washington, D.C. 20523
- The Nutrition Foundation
Suite 300
888 17th Street, NW
Washington, D.C. 20006
(202) 872-0778
- National Nutrition Education Clearinghouse
Suite 1110
2140 Shattuck Avenue
Berkeley, CA 94704
(415) 548-1363
- American Home Economics Association
2010 Massachusetts Avenue, SW
Washington, D.C. 20036
(202) 862-8300
- National Dairy Council
6300 N. River Road
Rosemont, IL 60018
- National Livestock and Meat Board
Nutrition Research Department
444 N. Michigan Avenue
Chicago, IL 60611
- United Fresh Fruit and Vegetable Association
N. Washington and Madison
Alexandria, VA 22314
- National Food Processors Association
1133 20th Street NW
Washington, D.C. 20036

- Cereal Institute, Inc.
1111 Plaza Drive
Schaumburg, IL 60195
- American Medical Association
535 N. Dearborn Street
Chicago, IL 60610
- American Public Health Association
1015 18th Street, NW
Washington, D.C. 20036

Local Nutrition Resources

- Cooperative Extension Service
- Home Economists
- Trained non-professional nutrition aides
- Public Health Service
- Welfare Home Economists
- Home Economics Teachers
- Nutrition Teachers and Students
- College/university Home Economists and/or Nutrition Departments
- Area or State Agency on Aging Nutritionist
- Local Physicians or Health Clinics
- Registered Dietitians (contact: Local health departments, Am. Heart/Am. Dietetic Association Chapters)

The following sources have bibliographies or information on available visual resources in the area of aging specifically.

"Aging: A Filmography" (by Judith Trojan)
Educational Film Library Association
17 West 60th Street
New York, NY 10023
Cost - \$2.00

Free Loan Service
Modern Talking Picture Service
2323 New Hyde Park Road
New Hyde Park, NY 11040

Public Television Library
457 L-Enfant Plaza, SW
Washington, D.C. 20024

National Council on Aging
1828 L Street, NW
Washington, D.C. 20036

"Films on Aging"

Distribution Branch
National Audio Visual Center (GSA)
National Archives and Records Services
Washington, D.C. 20409

"List of Available Non-Print Media on Gerontology"

Media Information & Referral Services
Audio-Visual Center
Indiana University
Bloomington, Indiana 47401

Institute of Gerontology
University of Michigan-Wayne State University
Publication Office
543 Church Street
Ann Arbor, MI 48104

Center for Studies in Aging
North Texas State University
Denton, TX 76203

"Gerontology Film Collection" by Governor's Committee on Aging

Ethel Percy Andrus Gerontology Center
University of Southern California
University Park
Los Angeles, CA 90007

