

# VRHA & Rural Health Data

Beth O'Connor, M. Ed. Executive Director Virginia Rural Health Association

## Who is VRHA?

- Non-profit
- Individuals & organizations across Virginia
- Care about improving the health of Virginia's rural residents
- Provide information, education and advocacy
- Affiliate of NRHA

# Rural Health in Virginia

- Unequal distribution of basic systems
- Problems other than long distances & low population density
  - Recruitment & retention
  - Payment inequities
  - High rates of poverty & disabilities
  - High levels of un– & under insurance

### So What Do We Do?



- Rural solutions for rural areas
- IOM: initiatives have not been applicable to rural settings
- VRHA collaborates with VDH on Virginia's State Rural Health Plan

# The Virginia Rural Health Plan

### What is it?

- ▶ 3-5 year strategic plan
- Strengthen infrastructure
- Improvements in rural health
  - NOT just delivery of services
  - NOT a static document

# Why a rural health plan?

- Requirement
- Support Critical Access Hospitals and their communities
- Support delivery of rural health care
- Must build on past efforts





## How was the Plan created?

- Over 50 partners around Virginia
  - Led by OMHHE, VRHA & VRHRC
- Workgroups examined issues
- 48 recommendations developed
- Launched va-shrp.org
- ▶ Extensive progress since 2008
- New plan coming in 2013

## Rural Health Data Portal

Big Progress!



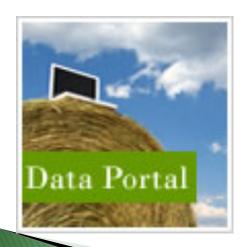
# Where do you go for data?

- Virginia Health Information
- Virginia Department of Health, Health Statistics
- Weldon Cooper Center for Public Service
- Virginia Employment Commission's Virginia Workforce Connection Labor Market Information
- Virginia Department of Education Virginia Education Statistics
- State Council of Higher F Virginia
- Virginia Rural He
- Virginia Rura'
- Voices f
- Nation Healthce

- State & County QuickFacts
- Small Area Income & Poverty Estimates
- Sma'' alth Insurance
  - care & Medicaid
  - pare s and Services
  - તા Compare
  - \_ASP DataFinder
- Centers for Disease Control & Prevention, Data & Statistics
- World Health Organization, Data & Statistics

### Now: Rural Health Data Portal

- Pulls information into a single, easy to use website
- Two main functions:
  - Create Virginia health data charts and graphs
  - Map data to create pictorial views



www.vrhrc.org

#### Workforce:

- HPSA-Primary
- HPSA-Mental
- HPSA-Dental
- Practitioners
- Practioner Ratio

#### Poverty:

- Federal Poverty Level
- below 100% FPL
- between 100%–200%
- No Vehicle
  - **NEMT** region
- Income
- Single Parents
- Free/Reduced School Lunch

- Population:
  - Census Population
  - Population Estimates
  - Population by Race
  - Population by Age
  - Population–Elderly
  - Population–Gender

- Access:
  - Medically Underserved
    - Areas
  - Prenatal Care
  - Low Birth Weight
  - Infant Mortality

- Facilities:
  - Bed Rate
  - Telemedicine sites

- Insurance:
  - Children without
  - Disabled on Medicare
  - Disabled on Medicare
  - Uninsured

- Quality:
  - Inpatient Quality
  - Pediatric Quality
  - Patient Safety
  - Prevention Quality
  - Hospital Quality
  - Nursing HomeQuality

- Social Determinants of Health:
  - Education
  - Graduation Rate
  - Unemployment
    - Violent Crime Rate

## Show me the data!

Insurance						
		% of Children Uninsured	% of Disabled on Medicare	% of Uninsured		
	<b>Montgomery County</b>	11.2%	2%	26.2%		
	Giles County	8.2%	5.5%	13.8%		
Show Source and Description						

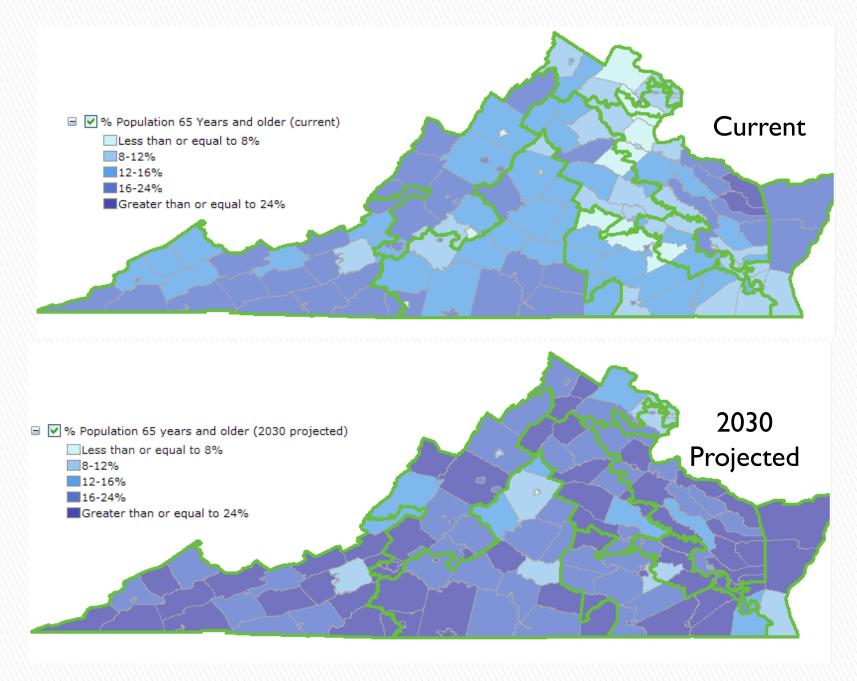
	Insurance					
		% of Children Uninsured	% of Disabled on Medicare	% of Uninsured		
	<b>Montgomery County</b>	11.2%	2%	26.2%		
	All of Virginia	9.9%	2.1%	15.1%		
w Source and I	<u>Description</u>					
		Virginia Rural Hea	's State alth Plan			

# Compare between...

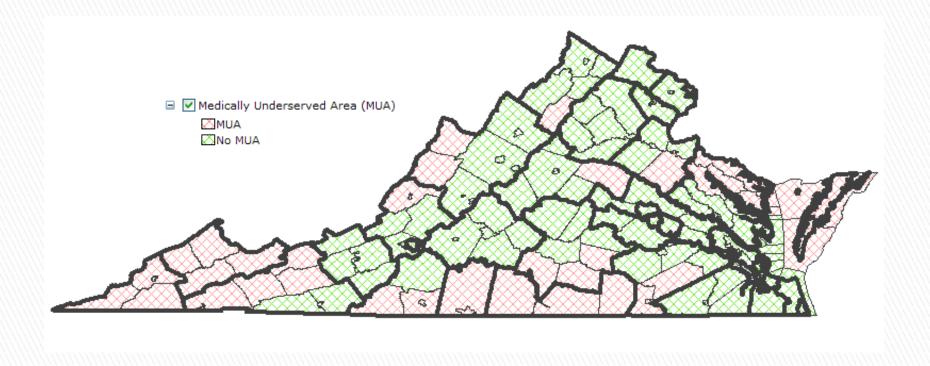
- Counties/Cities
- Planning Districts
- Health Districts
- Health Planning Region
- Levels of Rural Status

# Map it!

- Data is linked to a GIS mapping function which maps data and can add boundaries for:
  - US Congressional Districts
  - Virginia Senate District
  - Virginia Delegate Districts
  - Planning Districts
  - Local Health Districts
  - Economic Development Regions
  - Core Based Statistical Areas
  - City/Country Boundaries
  - Census Tracts



Population Age 65+ by US Congressional District

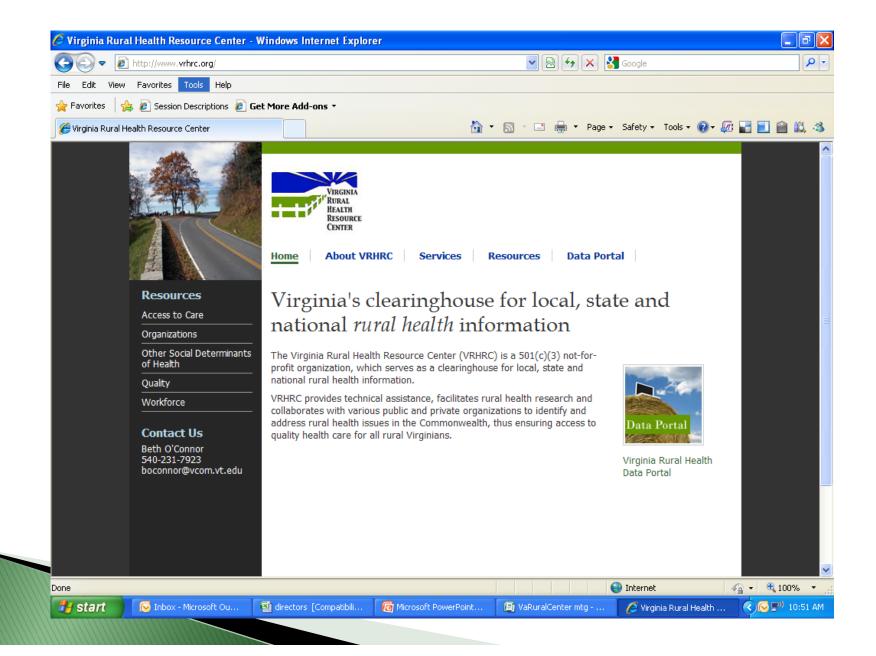


Medically Underserved Areas by Health District

# Shall we try it out?



### Enter Portal from VRHRC



# Questions?

Beth O'Connor
Executive Director
Virginia Rural Health Association
540-231-7923
boconnor@vcom.vt.edu
www.vrha.org