

4-H

FOR
YOUTH

FOR
AMERICA

*Give a Gift
to Your
Community ...*



V O L U N

*to Make
the Best
Better!*



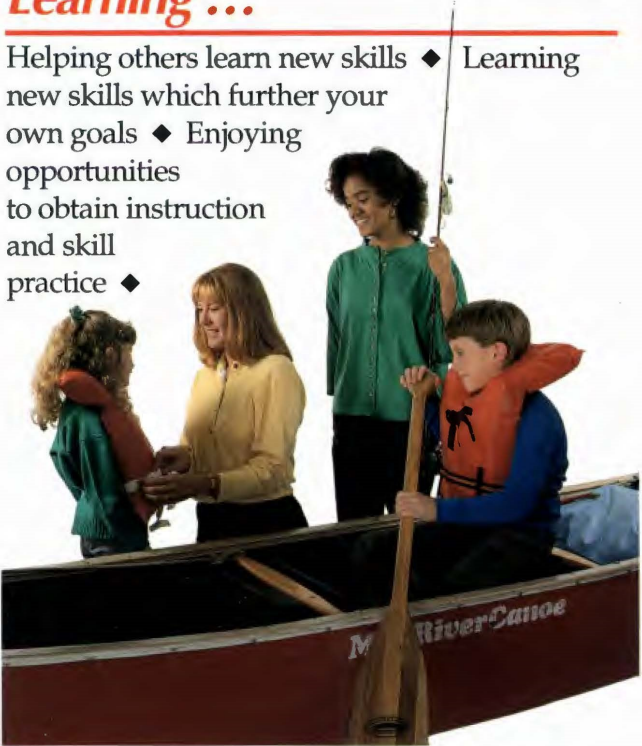
Leading ...

Providing “learn by doing” situations where young people get “hands-on” experiences through project work or activities ♦ Helping young people develop healthy self-esteem ♦ Listening to young people and showing compassion ♦ Helping adults gain skills to work with youth and teach other adults ♦

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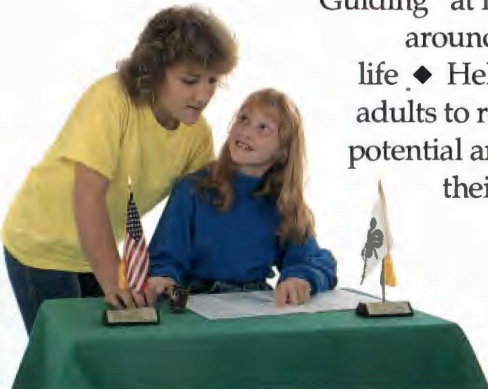
Learning ...

Helping others learn new skills ♦ Learning new skills which further your own goals ♦ Enjoying opportunities to obtain instruction and skill practice ♦



Guiding ...

Helping young people understand themselves.
Directing youth towards learning life skills ♦
Guiding "at risk" youth around pitfalls in life ♦
Helping other adults to realize their potential and to share their talents ♦





Growing ...

Contributing through service to your community and society ♦ Developing new skills. Making new friends and having fun ♦



Sharing ...

Sharing your knowledge, skills, resources, time, and energy with youth and adults ♦ Making a difference ♦

Information Card

(detach here)

Yes, I'm interested in finding out more about volunteering for 4-H. I've put marks in the appropriate boxes:

Send me information about the 4-H program.

Have a 4-H volunteer or Extension Agent call me.

Name _____

Address _____

Town or city _____

State _____ Zip _____

Phone: Day _____

Phone: Evening _____

County or city _____

4-H is the youth development program of your land-grant universities (Virginia Tech and Virginia State). There are no membership fees. 4-H is conducted locally by Extension Agents and 4-H volunteers for youth 5-19 years of age. If you would like more information about 4-H, please fill out this reply card and mail it in an envelope to your local Extension office. It's that easy!



Virginia
Cooperative
Extension

Virginia Tech • Virginia State



Drop this form in an envelope today! The address of your local Extension office is stamped on the back panel of this pamphlet.



Be a

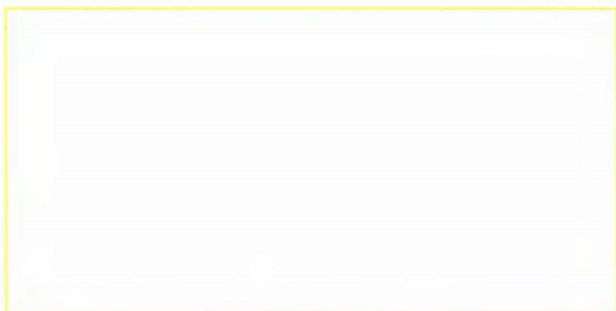
4-H VOLUNTEER

while:

- ◆ *Leading!*
- ◆ *Learning!*
- ◆ *Guiding!*
- ◆ *Growing!*
- ◆ *Sharing!*

Adults and Teens —

4-H is a part of Virginia's land-grant institutions (Virginia Tech and Virginia State), with U.S. Department of Agriculture and local governments cooperating ♦ 4-H members participate in projects that use information and ideas from the universities ♦ Adult volunteers, instructed by local and university staff, teach projects that cover a wide range of activities ♦ Each project offers a chance for 4-H members and their families to "learn by doing" ♦ 4-H teaches youth leadership, citizenship, and other skills useful throughout life ♦



Virginia Tech • Virginia State

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