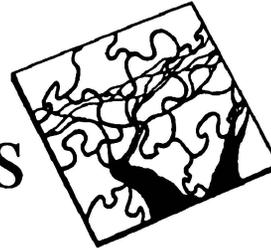


Lifepaths



Dear Junior member,

A career is a combination of work and leisure. The activities in this book are designed to help you begin to think about work and leisure activities for yourself. This is called career awareness. You do not need to make a decision about your career right now. As you do these activities and others with your leaders and your family, you will begin to understand how your interests and abilities might relate to a career for you as you become an adult.

Most people spend a large portion of their lives working to earn money. Some plan what they want to spend this time doing. Others depend on chance: taking whatever job happens to be available that they might qualify for. Some people plan on doing activities in their leisure time that will meet the needs they have not satisfied when they are working. Without planning for fulfilling leisure activities, they may end up with unsatisfied needs. People who take a chance on their careers may not find jobs and/or leisure activity that they really enjoy doing.

Know yourself You will be happier and do better in your career if you like what you are doing. Part of career awareness is self awareness: find out more about yourself — your likes and dislikes, your strong and weak points.

Identification Information

Knowing about yourself starts with some basic information. When filling out school or club forms it is important to answer questions completely and print neatly. Practice by completing the following identification form.

Name	_____		
	last	first	middle initial
Address	_____		
	street number	street	

	city	state	zip code
School	_____	grade level	_____
Birthdate	_____	Social Security Number	_____

Your family and friends have a big influence on how you think about careers. You first learn about work and leisure activities from the adults around you at home and

in your neighborhood. Fill in the balloons with some of your adult role models. Write their name, occupation, and their leisure activities.

4-H Leader:

Occupation:

Favorite Leisure Activity:

Best Friend's Parents:

Occupation;

Favorite Leisure Activity:

Neighbor:

Occupation:

Favorite Leisure Activity:

Family Member:

Occupation:

Favorite Leisure Activity:

Family Member:

Occupation:

Favorite Leisure Activity:

Neighbor:

Occupation:

Favorite Leisure Activity:

Other:

Occupation:

Favorite Leisure Activity:

Me: _____

Occupation which interests me:

My favorite leisure activity:

You may have a career that is very different from anyone you know. To find out more about the career of someone in your family or neighborhood, ask them the questions on the next page. Complete all the questions.

(To find out more about the occupation of the person you interview, you may want to look at the Virginia

View PreViews. Your leader or school guidance counselor can help you find this information. To find out more about leisure activities of the person you interview, ask your 4-H leader if there are 4-H projects which can help you learn more about these leisure activities.)

Career Questionnaire

Person Interviewed _____

Occupation _____

Primary Leisure Activity _____

1. When did you first decide to enter your present occupation? _____

2. Who helped you make your choice? _____
3. What kind of education or training do you need for your occupation? _____

4. What do you do on your job? _____

5. What do you like best about your job? _____
Why? _____
6. What do you do on your job that you wish you didn't have to do? _____
7. Are there other occupations you would have liked? _____
Why didn't you pursue them? _____
8. If you had to change jobs now, what other career choices would be available for you with the skills you have?

9. What tools or equipment do you use in this occupation? _____

10. Tell me something funny or unusual that has happened to you on this job. _____

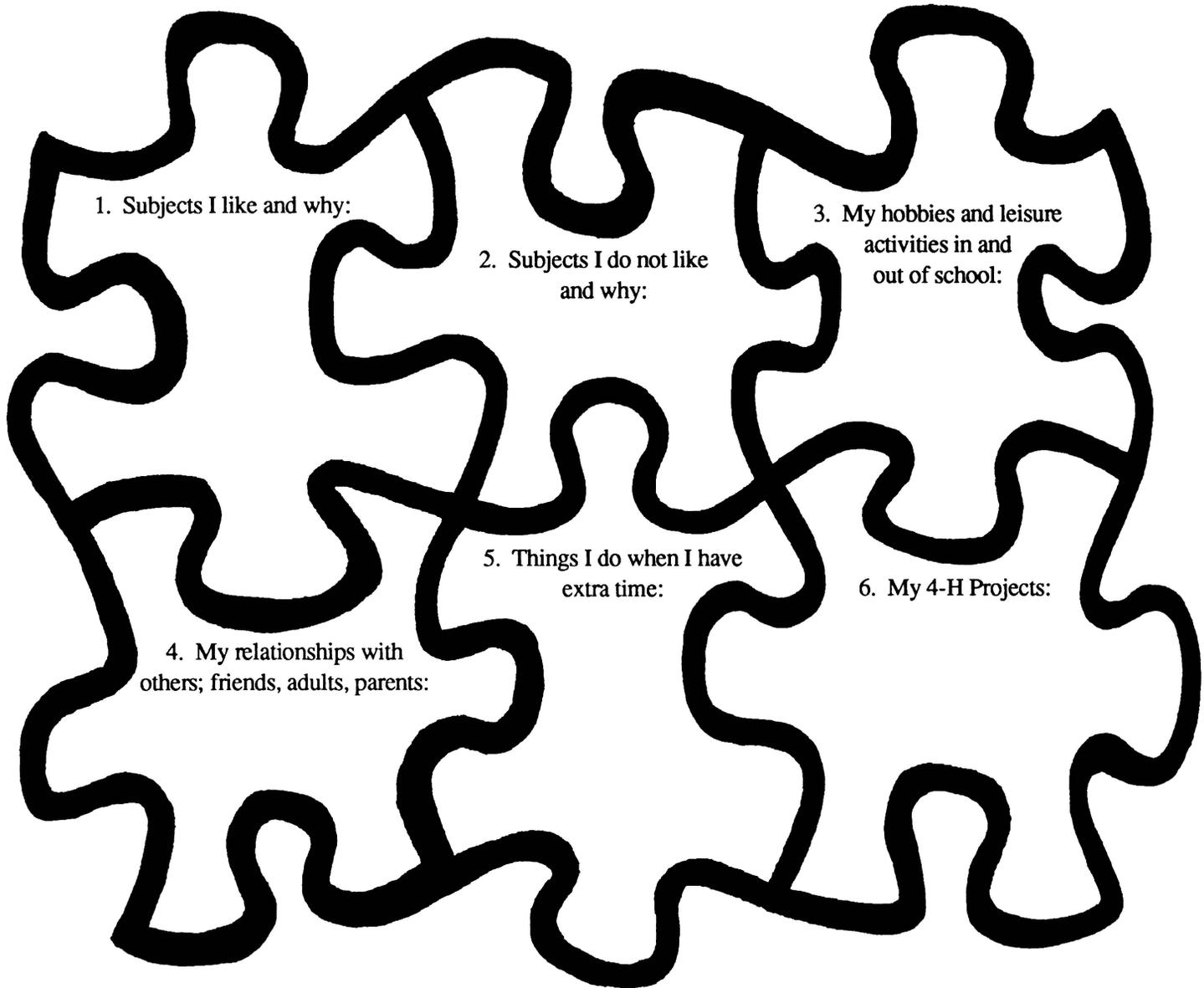
11. What is your favorite leisure activity? _____
12. How long have you participated in/pursued this leisure activity? _____
13. How did you learn about this leisure activity? _____
14. Do you need special equipment to pursue this leisure activity? If yes, what? _____
15. What needs does this leisure activity satisfy that are not satisfied in your work? _____

16. In what ways does this leisure activity relate to your job? _____

(This activity and the things you learn from it should be included in numbers 2 and 3 of your activity record chart.)

My Personal Puzzle

Write your thoughts about each area in each puzzle piece.



TODAY'S YOUTH



**TOMORROW'S LEADERS
TOMORROW'S WORKERS**

Acknowledgments

This curriculum material was developed as a cooperative effort between the 4-H Program of Virginia Cooperative Extension and Virginia VIEW (the Career Information delivery system located on the Campus of Virginia Tech and sponsored by Virginia Occupational Information Coordinating Committee).

*Author: Barbara D. Houston, Intern, Virginia View
Editor: Margaret A. Amos, Extension Specialist, 4-H Youth
Typist: Mary Beth Noller, Intern, Virginia View
Consultants: Carl McDaniels, Project Director, Virginia View
J. David Barrett, Director, Virginia 4-H Youth Programs
Gale Watts, Project Manager, Virginia View*