Promoting a Longer Life Expectancy with a Better Quality of Life: Baby Boomers and Chronic Diseases

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Abstract

• More than 60% of Baby Boomers are likely to have at least one chronic disease by 2030.

• Among U.S. residents aged 65 years and older, 10.9 million, or 26.9%, had diabetes in 2010 and it is expected to increase to 46 million by 2030.

This presentation addresses transitions in strategies for public health programs at the primary, secondary, and tertiary levels to mitigate the effects of Type 2 Diabetes.

Type 2 Diabetes

Diseases associated with Diabetes

Type 2 Diabetes

Costs$–6

$3 Billion

1969

$132 Billion

2002

$174 Billion

2007

References:


Prevention

Education-Education-Education

Clinical Level$–9

• Education and Training of Health Care Team to promote self-management and implementation of Diabetes Standard of Care.

• Case management by nurse and CHW will increase self-management and culture sensitivities approaches.

• Community Linkages- mobilize the resources of the community to meet patients’ needs.

Community Based Participatory Research$–9

• Creation of partnership and empowerment of communities.

Examples:

✓ Balanced Living with Diabetes program (BLD), delivered in partnership among the Virginia Cooperative Extension, the Virginia Baptist General Convention and the Virginia Department of Health

✓ The Chicago Southeast Diabetes Community Action Coalition delivered in partnership with a group of community residents, medical and social service providers, and a local university.