

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION WORK
ESSEX COUNTY
VIRGINIA

1947

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IV. Adult Work

A. Home Demonstration Club Program

1. Project Work

a. How was program determined?

At July meetings the preceding year, discussions were held in each club to determine the needs and interests of the homemakers of the community. At the fall planning meeting the home demonstration committee worked the most frequently expressed needs and interests into a calendar of demonstrations, which was later adopted by the clubs. In addition special interest demonstrations were given when requested.

b. Subject matter fields in which work was carried. Why?

Home Management, Home Furnishings, Foods and Nutrition, Clothing, Health and Christmas Suggestions. Subject matter was stressed in all these fields because of the varied needs and interests of the homemakers.

c. Projects-objectives, methods used, results obtained.

(1) Home Management

(a) Objectives

To better arrange routine tasks so that homemakers might have more time for extra activities; to have running water in more Essex County Homes; to have improved kitchens.

(b) Methods used

Demonstrations at club meetings; Time Saving Schedules, Planning the Bathroom. Campaign for Running Water in Essex homes, started with a slogan contest, for which hardware stores gave prizes, and furthered by circular letters, stressed at club meetings, news paper publicity and home visits. Result demonstration in kitchen arrangement started previous year and finished in 1947, with meeting at place.

(c) Results obtained

77
72

Of 65 people answering questionnaires, 27 reported using time saving suggestions. At least 25 people installed running water this year and others plan to do so. The 65 people who answered questionnaires contacted 101 families regarding running water.

(2) House Furnishings

(a) Objectives

To make living rooms more liveable through improved lighting, arrangements, backgrounds, and furniture.

(b) Methods Used

Demonstrations at club meetings: Home Lighting, Living Room Arrangement, Walls and Woodwork. Special demonstrations: Reupholstering, Cushion Repair, Slip Covering.

(c) Results Obtained

On the 65 questionnaires returned, 4 people added diffusing bowls to lamps, 18 people converted 33 oil lamps into electric lamps, and these people gave information on home lighting to 37 families. Others plan to convert oil lamps into electric lamps and old electric lamps into safe-seeing lamps, but have not found equipment to do so yet, as it is still scarce. Thirty-three of the 65 homemakers rearranged their living rooms, and they gave information about furniture arrangement to 36 people.

Sixty-four rooms were reported papered or painted and information on Walls and Woodwork was passed to 1013 families.

Twenty-six pieces of furniture were reupholstered, 21 cushions repaired and 26 slip-covers made.

(3) Foods and Nutrition:

(a) Objectives

To learn to properly prepare frozen foods, improve children's food habits, plan better meals quickly and easily, have a home

gardens and poultry flock, preserve foods at home, make yeast bread.

(b) Methods Used

Demonstrations at club meetings: Preparation of a Meal from Frozen Foods, Foods and Food Habits for Children; Meal Planning to Save Time and Energy. Garden and Poultry reports given monthly at club meetings. Food preservation stressed at club meetings. Special demonstration: Yeast Bread.

(c) Results Obtained

Of the 65 women who answered questionnaires, 30 rent frozen food lockers, and 3 have home freezers, 37 use frozen foods and they gave information about freezing or frozen foods to 58 families. Twelve women reported using information from the Food and Food Habits for Children demonstration, and they gave the information to fifteen families.

Thirty-six reported help from the meal planning demonstration and they passed on this information to 20 families. Eighteen have pressure cookers, seven of them new this year.

Fifty-five of the 65 women reporting, had gardens; they gave this information to 49 families. Five started result demonstrations in all fruits.

Forty-seven have home poultry flocks and they gave poultry information to 30 families.

Fifty-six families made yeast bread; 6 started this year, they contacted 24 families with information on yeast bread.

Thirty-six families have pressure cookers, 5 new this year. These same 65 women canned 3826 quarts fruit, 4689 quarts vegetables and 1203 quarts meat and fish; brined 53 gallons vegetables; dried 14 pounds fruit, 2445 pounds vegetables

and 330 pounds meat and fish; cured 15,945 pounds meat and fish stored 375 pounds fruits and 35,340 pounds vegetables; froze 1019 pounds fruit, 1562 pounds vegetables and 3117 pounds meat and fish.

These women contacted 43 families with food preservation information.

(4) Clothing

(a) Objective

To learn points to look for in buying dresses.

(b) Methods Used

Demonstration at club meetings: Buying Dresses

(c) Results Obtained

Twenty-two reported being helped by the demonstration; they passed the information to 12 others.

(5) Health

(a) Objectives

To improve health and make women more health conscious.

(b) Methods Used

Health Chairman in each club presented timely topics each month. At October meetings, Fire and Accident Prevention was stressed and two film strips on the subject shown.

(c) Results

Twenty-eight women reported getting helpful information from health reports. They passed this information to 24,034 families. Women showed increased interest in fire and accident prevention.

(6) Christmas Suggestions

(a) Objectives

To help with Christmas suggestions, particularly home-made gift suggestions.

(b) Method Used

Demonstration at club meetings.

(c) Results

Sixty-five women reported making 378 Christmas gifts and giving information on making gifts to 69 families.

2. Federation Goal Carried. Why? Objectives, Methods and Results

a. Goal: Rural Youth

b. Why? To further the work of promoting neighborhood h-h clubs, started in 1946 under the Rural Youth Goal, to further understand youth and their problems.

c. Objectives: Same as b-why? above.

d. Methods

Club members helped with h-h work. Rural Youth chairmen in each Home Demonstration club reported at monthly meetings, keeping women informed about h-h work.

e. Results

There were 6 h-h groups meeting in the neighborhoods during the year. Home Demonstration women served as leaders for three of these. The women show a greater interest in and knowledge of h-h Club work. The 65 women answering questionnaires report having given or helped with 65 things for the recreation of young people. They reported contacting 15 families regarding h-h work.

3. Other Activities. Why? Objectives, Methods, Results

a. Activities: Federation Activities, County Home Demonstration Activities Charitable Drives, Others.

b. Why? To cooperate in state and county activities of a worth while nature originated by home demonstration and other groups.

c. Objectives: Same as b-why? above.

d. Methods: Holding special meetings, sending delegates to meetings, letters, newspaper publicity and publicity in club meetings, serving dinners, contributing to drives.

c. Results

(1) Federation Activities

The District Federation meeting was held in Essex, May 6 with over 300 present. Essex women made arrangements for the meeting, the place, decorations, music, address of welcome, lunch for guests, and Mrs. C. E. Taliaferro, an Essex woman, was on the program, telling of the influence of her 4-H training in her life as a homemaker today. Forty-one Essex women attended the meeting. The program gave them a broadened viewpoint of home demonstration work.

Essex sent 3 delegates to the State Federation meeting at Blacksburg. These women brought back new and helpful ideas to the county. All 6 organized clubs paid dues to the State Federation, the first time for several years all have paid their dues.

The District Federation President held a meeting in the spring of representatives of each county to plan summer work. The Essex Home Demonstration Treasurer and the Rural Youth Chairman attended.

Essex women sent approximately 14 pounds of contributions to Holland and contributed \$22.00 to Miss Teh Yin We to help start Home Demonstration work in China.

(2) County Home Demonstration Activities

Home demonstration women purchased a projector to show slides and film strips to use in the Home Demonstration and 4-H program. Home Demonstration women had a printed yearbook.

The Annual Achievement Day Dinner was held November 14 with 120 present, including members, their husbands and guests and representatives of other organizations. Mr. W. A. Hubbard of

The Virginia Farm Bureau Federation, speaks on "Legislation Affecting Farm People."

As has been customary each fall, the home demonstration women are contributing food to Sheltering Arms Hospital. So far 79 jars canned food, 1½ bushels sweet potatoes, 1½ bushels Irish potatoes have been contributed.

Home Demonstration members contributed \$11.00 to the Save The Children Federation for cigarettes for Greek babies.

Club women served lunch to the guests at a tour of old Essex homes in June and served 3 Luncheon Dinners. From these they cleared \$337.76 to carry on their other activities.

(3) Charitable Drives

Essex club women helped with the various charitable drives including Church World Service (for overseas relief) Red Cross, Tuberculosis, Cancer, and Infantile Paralysis, by making contributions, soliciting, giving publicity.

(4) Other: Northern Neck Fair, County Picnic, Inter-Club Council

Home demonstration women participated in these activities. The 65 women answering questionnaires, made 16 exhibits at Northern Neck Fair and won 9 prizes. Director Dietrick was the speaker at the county picnic, sponsored by the Luncheon Club. The Home Demonstration Chairman serves as secretary of Inter-club Council.

h. Leadership: Type, training, use, results

a. Type: Organization, Project, Federation goal.

b. Training: The 2 home demonstration committee meetings held, were training meetings for the club officers. The agent sent monthly letters to club presidents regarding that month's meetings. The agent also sent some suggested material to health and Rural Youth (federation goal) chairmen each month, from which they could take their reports. Project leaders

were trained in five leader training meetings

c. Use: Leaders were used to conduct meetings, give reports and demonstrations.

d. Results

Organization officers conducted club meetings. Health, Rural Youth (Federation Goal) Poultry, and Garden Chairmen gave reports at meetings; and project leaders gave 14 demonstrations. Eight meetings were held by leaders, not participated in by the agent. Poultry, Garden, Rural Youth and Health Chairmen gave 75 reports or discussions to adult groups. Several garden and poultry leaders had demonstration garden and poultry flocks.

B. Other Means of Reaching People. List Means, objectives, methods and results of each

1. Means

a. Radio

(1) Objectives

To reach more people with the home demonstration program particularly activities in Essex County

(2) Methods

Two radio talks given over Station WREG, Richmond. The first given in April was titled "Activities of Essex County Home Demonstration Clubs," and was given by the County Home Demonstration Chairman and the agent, the second was given in October by the County Home Demonstration Treasurer and the agent and was titled, "News About Essex Home Demonstration Work."

(3) Results

None of the 65 women answering questionnaires, reported hearing the radio talks, other have told the agent of hearing them; however many people in Essex cannot get Station WREG on their radios.

b. Press

(1) Objectives

To keep before the public, home demonstration accomplishments; to

each subject matter.

7. Methods

The home demonstration chairman and the agent published 34 news articles regarding home demonstration work and subject matter information (See clipping next page).

8. Results

Forty-one of the 65 women answering questionnaires reported reading home demonstration news articles.

9. Home Visits

1. Objective

To reach others with the home demonstration program; to re-create interest among those who need it, to carry on work with Home Demonstration members.

2. Methods

The agent made 115 visits to 190 homes.

3. Results

New people contacted, older members showed renewed interest; work was carried on.

d. Calls-Office-Telephone

1. Objective

To give information, get information, carry on business.

2. Methods

One hundred and twelve office calls and 255 telephone calls were transacted.

3. Results

Information was given and received, business carried on.

e. Bulletins distributed

1. Objective

To give information where desired.

2. Methods

Six hundred forty-three bulletins were distributed where desired.

Record Attendance Of 308 Here For District H-D Meet

Visitor From Sweden Is Principal Speaker On Interesting Program

The Fifth District Meeting of the Virginia Federation of Home Demonstration Clubs was held at the Methodist Church here Tuesday with an attendance of three hundred and eight. "Today's Homes Build Tomorrow's World" was the theme of the meeting with emphasis being placed on youth and health.

After being welcomed to Tappahannock by the Mayor, Dr. C. A. Warner, Mrs. Myers, District President; Miss Maude Wallace, Mrs. N. C. Bailey, State Vice-President; Mrs. Oscar Tallafiero, former home agent in Essex and local homemaker; Miss Getrude Allin of Sweden; Irene Stoneman and Georgette Puryear, Henrico 4-H Girls and County chairman appeared on the speakers' program.

Mrs. Temple Wachamuth was song leader and Mrs. J. B. Tallafiero was pianist for the entire program. The Richmond Woman's Club furnished special music for the afternoon session.

All of the counties in the District participated in part of the work. The next meeting has been invited to Williamsburg for the District meeting next spring.

Hostesses were members of the Essex County Home Demonstration Clubs who served under the chairmanship of Miss Alice Ankers and Mrs. Overton Tuck. Mrs. Enos Richardson, Mrs. A. Jack Andrews and Miss Nina Andrews were ushers. Mrs. Frank Harmon and Mrs. W. P. Mann were pages. Mrs. C. N. DeShazo was general chairman.

The Essex County Committee entertained the following guests at lunch: Mrs. Myers, Miss Ella Agnew, Miss Allin, Misses Irene Stoneman and Georgette Puryear; Mesdames Henry P. Taylor, Pomeroy, Elmo Walker, W. E. Dickinson, C. A. Warner, Polly Daffron Miller, Hawes Campbell, R. D. Phillips, O'Brien, and Misses Alverson, Wallace, Slocum, Mooreman and Grafton.

Tappahannock 4-H Report

The fifth of the Tappahannock 4-H Club meetings was held at Gene Phillips' home on July 11. We discussed 4-H Camp, and the display of feed bag garments and household articles at the Southern States Cooperative meeting. We began thinking of our 1948 project, which will probably be some phase of Home Improvement. We worked on our table mats.

Mrs. Phillips served delicious refreshments and we played games, led by Shirley Moon and Bun Lumpkin.

"Bunny" Lumpkin,
Reporter.

3. Results

People learned more detailed subject matter where desired.

V. Work with Youth

A. 4-H Clubs

2. Project work

a. How was program determined?

The 4-H program was determined by discussions with members before projects were begun, to determine needs and interests, also considering time and place of meetings and leadership available.

b. Subject matter fields in which work was carried. Why?

Housekeeping, Clothing, Foods, Garden, Poultry. Work was carried in these fields because of the various needs and interests of the children.

c. Projects, objectives, methods used, results obtained

(1) Housekeeping

(a) Objectives

To become more thorough and efficient in helping with housekeeping tasks at home.

(b) Methods Used

Four clubs carried the housekeeping project as outlined in the Manual. Demonstration of practices were given at club meetings and members were to go home and use the practices learned in their housekeeping tasks; completing at least the minimum number to complete the project.

(c) Results Obtained

Thirty-six of the 48 enrolled completed the project; 70 demonstrations were given by members in club meetings. 17 members cared for their own rooms, 12 months, and 15 members

did so at least 2 months; 4 members mended linens at home at least two months, 3h washed dishes at least 2 months; 33 set the table at least 2 months, 13 cared for garbage at least two months, 16 cleaned lamps at least 2 months, 20 brought fuel at least two months; 2 lengthened sheets, 2l made a set of table mats; 1 made and equipped a tool box; 2l rearranged a room for easier care; 5 remodelled furniture; 2 renovated curtains, 7 renovated pictures; and 2h made other pieces of furnishings.

(2) Clothing

(a) Objectives

To learn to take better care of clothing and learn to make garments.

(b) Methods Used

One club took the Care of Clothing and Make or Remake projects as outlined in the manual. Demonstrations were given at club meetings and members put practices into use at the meetings and at home, completing at least the minimum requirements to complete the project.

(c) Results Obtained

Eight of the 12 members enrolled in the Care of Clothing project completed; 6 completed the Make or Remake project; 4 members made for themselves 12 new garments; 2 made for others 8 new garments; 1 remodelled for others 4 garments, 1 remodelled for self 2 garments; 1 dyed for self 1 garment; 8 darned 61 garments; 1 patched 6 garments; 3 dry cleaned 18 garments; 3 washed and blocked 14 sweaters; 5 stored winter things in spring; 4 stored summer things in fall; 4 washed socks 150 times, 5 pressed 95 wool garments; 5 made 8 garment

protectors; 6 completed sewing kits; 6 have their own pattern; three outfitted shoe mending box or kit; 5 provided and used place to keep school wraps, and one kept a clothing account at least 6 months.

(3) Foods

(a) To learn to can and make good bread

(b) Methods Used

Two clubs took the canning project during the summer and one took the bread project. Demonstrations were given at club meetings and members put into use practices at home and at meetings, completing at least thousand requirements to complete the projects.

(c) Results Obtained

Eight of the 10 members in the bread project completed;

16 demonstrations were given by members; members prepared bread 203 times, bread was judged at 2 club meetings.

Eleven of the 16 members in the bread project completed members gave 12 demonstrations; members canned 962 jars of food alone and helped can 433 jars; members showed 5 people how to can; 11 members made family canning plans.

(4) Garden

(a) Objectives

To learn more about gardens and grow more and better gardens

(b) Methods Used

Groups at 3 clubs carried garden projects. Instructions were given at club meetings and members went to put practices into use at home.

(c) Results Obtained

Twenty-five of the 26 members enrolled completed the project; they had approximately 1 1/2 acres of garden; grew 1850 bushels of vegetables valued at \$3610.85, at a profit of \$3344.56.

(5) Poultry

(a) Objectives

To learn poultry management and grow more and better poultry.

(b) Methods Used

A group at one club carried poultry projects. Instructions were given at club meetings and members were to put practices into use at home.

(c) Results Obtained

Six of the 8 members enrolled completed, carrying 712 birds valued at \$4213.24 at a profit of \$1325.75.

3. Other Activities. Why? Objectives, Methods, Results

a. Activities: State Short Course and h-h Camp, Northern Neck Fair, Recreational activities, money making activities

b. Why? To learn more about h-h work, to gain a broader view of the work, to meet club members from other counties; to exhibit h-h work; to have wholesome recreation; to make money for h-h activities

c. Objectives: Same as b-Why? above

d. Results:

(1) State Short Course and h-h Camp:

Four Essex Club members attended State Short Course and 3 District h-h Camp at Jamestown; members attending Short Course prepared a joint report on their activities there and gave it to various clubs, members at camp reported to their local clubs. Members attending show the influence of their experiences in broader viewpoints and new ideas

(2) Northern Neck Fair

A few members made exhibits at Northern Neck Fair.

(3) Recreational Activities

Clubs had a recreation period following each meeting; 2 clubs had Christmas parties; in one club the older members are holding extra meetings to teach the younger ones how to dance, one club went on a tour in Richmond and visited St. John Church, the State Capitol, 3 museums, Southern Liscuit Company and had a picnic lunch at Byrd Park.

(4) Money Making Activities

Two clubs had rummage sales

h. Leadership

(a) Club Officers

Clubs had the usual officers who conducted their meetings and were trained by the agent.

(b) Adult Leaders

Four clubs had adult leaders who served as organization leaders for the club and project leaders in garden(2) housekeeping and bread(1). These were trained by the agent and gave organizational aid to the club and project instruction in their fields.

VI. Work done by the agent in cooperation with other agencies. List agencies, describe cooperative work planned and carried out and results from each.

A. List agencies: Farmers Home Administration, Farm Organizations

1. Farmer's Home Administration

The home supervisor and the home agent worked closely together through an exchange of information and materials, both benefiting from the exchange.

2. Farm Organizations

The agent attended and helped with Farm Bureau and Southern States meetings, helping with the social hour, and a Southern States feed bag exhibit.

VII. Evaluation of the 1947 Home Demonstration Program. What do you consider the important contributions, trends and developments in the year's program? Explain and tell how these changes will influence 1948 program.

In adult work the most important contributions, trends and developments of the 1947 program were increased interests in: housing, and improved water supply, more attractive homes, foods work, clothing for the homemaker, work with rural youth, Federation activities, county Home Demonstration activities and other extra activities. These will influence the 1948 program by: A Housing Federation Goal, further stress on more attractive homes, 5 months of foods demonstrations, work on planning family clothing and the work dress, continued work with rural youth, especially through 4-H clubs, continued work and interest in Federation, County Home Demonstration and other activities.

The radio, press, home visits, office and telephone calls, and the distribution of bulletins will continue to be a part program of reaching people.

In 4-H work the most important contributions, trends and developments of the 1947 program were increased interest in: home improvement, gardens, poultry, out-of-county 4-H events, county 4-H events, and recreational activities. These will influence the 1948 program by: a home improvement project, more and better gardens and poultry, more participation in 4-H events, in and out-of-county, further recreational activities.

VIRGINIA POLYTECHNIC INSTITUTE
BLACKSBURG, VIRGINIA

NEW COUNTY BEGINS

DESCRIPTION TARGET