

# Annual Report

## COUNTY EXTENSION WORK

Virginia Agricultural Extension Service



1955

HELEN GRIFFIN

agent

assistant agent

FULASKI

county

ANNUAL NARRATIVE REPORT

1955

Helen Griffin, Home Demonstration Agent      Fulaski, Virginia

Mary H. East, Stenographer                      Fulaski, Virginia

FULASKI COUNTY  
FULASKI, VIRGINIA

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IV. THE COUNTY SITUATION AS IT AFFECTED THE 1955 PROGRAM

Fulaski county has a land area of 327 square miles, with mountains on the North and South borders leaving somewhat of a valley between. The mountainous sections are thinly populated while the other section is more thickly settled. The total population is 27,758, this includes the town of Fulaski. The total population consists of 33.1% Urban; 45.9% Rural non-farm; 21.0% Rural farm and 7.5% non-white.

Beef cattle and general farming being the principle types of farming with some dairying and sheep raising. Many farm families have additional income through employment in the Industrial Plants in the County. The Industrial Plants located in the County are the Arsenal, Textile Mill, Plastic Plant, Hosiery Mills and Furniture factories chiefly. Many people in the Eastern end of the County are employed in Industrial Plants in a nearby county.

Some of the long time goals, as set up in previous years, are running water in the home of every club member, every club to have a community project and every member informed and participating in community affairs. Other long time goals as set up by community clubs is to have Fulaski a better county in which to live by improving the community, the home and the farm and to have better understanding between communities.

3 ADULT WORK

A. Project Work

1. Food and Nutrition

From the time Home Demonstration work was organized in 1949 through 1953 emphasis had been placed on housing and house furnishing. In planning the 1954 program the members wanted a change which was also carried over into the 1955 and 1956 programs.

Demonstrations on freezing raw and cooked foods were included, cake decorations, simple refreshments and oven meals were the foods topics chosen.

The overall objective toward improving family living was to teach club members to plan the family food supply in order to have more nutritious foods the year around by freezing foods in such a way as to get the best results; to freeze cooked foods in advance to save time and energy at special or family occasions; to plan oven meals to save fuel in food preparations and to plan simple refreshments when called on to serve at various occasions. A family well fed the year around but not too expensively fed will be a happier family.

The first topic on foods was freezing raw foods. Home freezers are increasing daily in the rural homes in the County. The objective was to teach the women to use proper techniques and materials when freezing fruits, vegetables and meats in

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- ③ order to have a better quality when served. Another objective of the home agent in giving the demonstration was to acquaint these people who did not have a freezer with this method of food preservation as a time and labor saver, as well as having a better product when served.

The home agent gave the demonstration at each of the 12 home demonstration clubs. She used various materials on the market and froze fruits and vegetables. Emphasis was placed on the importance of blanching vegetables before freezing. The home agent in her weekly radio broadcasts made two talks on freezing foods. Sixty nine members used the information on freezing raw foods and several purchased freezers.

The objective of the demonstrations on freezing cooked foods was to teach the members to plan meals for special events which necessitates much preparation so that some preparation can be done in advance and to freeze some for later use.

The leaders were trained in September by Mrs. Mary L. Thompson, Assistant Food Specialist. The leaders gave the demonstration at eleven of the thirteen clubs. These were method demonstrations. The leaders prepared the food and then showed how cooked foods should be wrapped as well as proper materials to use in wrapping. The home agent gave one radio talk on freezing cooked foods when preparing for a holiday dinner.

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Since these demonstrations were given in November there is no accurate check on the times this information has been used. However, the leaders who attended the training meeting have used it 29 times.

The clubs had a choice of decorating cakes or simple refreshments in September. The objective of the demonstration on decorating cakes was to teach members how to do simple inexpensive cake decorations for birthdays or other special events of the members of the family. It was felt by some members that family events were crowded out of family life too much, so more emphasis should be placed on these special occasions which lends to happier family living. This demonstration was enjoyed by both the old and the young. Nine clubs chose cake decorating. Six demonstrations were given by leaders. The home agent gave three. The demonstrations were all method demonstrations. The members then tried decorating cakes at the meeting. Thirty five members have used this information so far.

Three clubs chose simple refreshments for their topic. The objective was to teach the members to plan and prepare simple refreshments whenever it is necessary to serve refreshments. The food leaders gave method demonstration at each of these meetings and served the food prepared.

A fourth meeting on foods was Oven Meals. The objective of this demonstration was to teach members to plan and prepare

entire meals which can be cooked in the oven at one time to save fuel and time. Many members have purchased gas or electric stoves to supplement the wood or coal stove which was not a problem of fuel consumption when using the oven. The food leaders were trained by Mrs. Mary L. Thompson, Assistant Food Specialist. These leaders gave a method demonstration to ten home demonstration clubs and the home agent gave the demonstration at three clubs. These demonstrations proved very helpful. They were in October, however, sixty-six members have used this information thus far.

Low calorie desserts was the topic in November 1954. Since this was too late to be included in the last report it is included here. The objective was to teach women that in order to have good health, proper weight, which can be attained through a controlled diet, is essential. The leaders were trained to give these demonstrations which they gave to ten clubs. They were method demonstrations. As a result eighty-eight members used this information.

The club members are interested in food and nutrition as many hours are spent planning and preparing nutritious meals. The demonstrations on food and nutrition in 1954 and 1955 were successful and as a result requests for additional information was made for the 1956 program. Three demonstrations on foods will be given in 1956.

2. Clothing

Four months and special interest meetings were devoted to clothing in 1955. The overall objectives of clothing for improving family living was to teach the members to spend the clothing dollar wisely in order that the family may be better dressed. When one is neatly and appropriately dressed it gives them a feeling of satisfaction and security.

The first meeting was on Flanning the Family Wardrobe. The objective of this demonstration on planning the wardrobe was to teach the club members to base the planning on the amount of money available and to spend this wisely, the number in the family and their individual needs, their activities, clothing on hand, condition of clothing on hand - out-grown, worn or out of style, and how the clothing will be provided. Will it be bought ready to wear or made at home. The home agent gave method demonstrations to all of the clubs. Ninety-three members used this information in planning the family wardrobe.

The second month devoted to clothing was Line and Design. The objective for this demonstration was to teach the members to select clothing that is most becoming to the individual according to Line and Design. The home agent gave method demonstrations to all of the home demonstration clubs. Thirty five members used this information on selecting clothes accord- to Line and Design.

The third month devoted to clothing was Altering Patterns or Clothes. The objective of this demonstration was to teach the members how to alter patterns in order to have a much better fitting garment also so that they will not have to pay to have this work done.

The leaders were trained by Miss Iva Byrd Johnson, Extension Clothing Specialist.

One hundred seventeen members used the information received from these demonstrations on altering patterns or altering ready to-wear garments.

The objective was to teach the members what to look for in new fabrics in clothing, how to care for these fabrics in order to get maximum wear and what to expect in the fabric and the appearance. The leaders were trained by the Specialist to give these demonstrations.

The leaders gave method demonstrations at all clubs. Ninety-two members used the information received from these demonstrations on New Fabrics in Clothing and their care.

A special interest meeting on Tailoring was held in late August and September.

The objective of the Tailoring School was to teach members attending the principles of tailoring by making a garment so that these women will be able to make coats and suits for other

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members of the family as well as for themselves which means a big saving in the clothing budget.

The demonstrations given earlier in the year on Planning the Wardrobe, Line and Design, New Fabrics in Clothing and altering Patterns were the beginning of the Tailoring School. The home agent conducted the school which lasted four and a half days. Nine women made either coats or suits for themselves. All were completed and were modeled at Achievement Day.

Late in 1954 the home demonstration clubs had as one of their topics What to Look for in Buying Coats and Suits. The objective of this demonstration was to teach the club women the important points to look for in order to have a better fit, better suited materials, better lines and color suited to the individual and a better styled suit to fit the needs of the individual. The home agent gave all of these method demonstrations showing types of suits and coats, materials and fit. Ninety-three members have used this information when selecting coats and suits for either themselves or a member of the family.

The home agent in her weekly radio talks has given at least a dozen talks on clothing during the year. All timely information on fabrics and their care, new styles and trends as well as planning and how to buy. Many dollars go into the clothing budget each year. Many of these due to a lack of planning and using what is on hand and skills to a better advantage. As a result of the clothing topics included in the program in 1955

and after the members saw the coats and suits tailored additional requests came in for another school in 1956.

One Kiwanis club in the county requested a demonstration to be given by the home agent. The home agent gave a demonstration on "What to Look for In Buying a Man's Suit". A well made suit and a cheaper made suit were compared, also good and cheaper materials were shown. Thirty men attended the meeting.

3. Home Management

Two months were devoted to Home Management in 1955. The clubs had not had a program in the management field in several years. The club members realized they spent much time in doing routine housework and wanted to know how they could save time in this routine work.

The objective of the demonstrations, planning a work schedule and short cuts in house cleaning, was to help the Members to realize the importance of making a work schedule as well as how it should be made in order to have more time to do other things they would like to do. Also to teach them some short cuts in everyday house cleaning so that this, too, will enable the members to take part in other activities and to give the housewife more leisure time with her family; to have a neat and orderly house and for members of the household to have some leisure time together which makes for an improved family living.

The first topic is Planning the Work Schedule. The objective was to teach the members the importance of planning

a work schedule and how to plan the schedule. The home management leaders were trained by Miss Helen Alverson, Extension Home Management Specialist.

The leaders gave method demonstrations at all the clubs in January.

One-hundred-twenty-one members were helped by the demonstration on planning a work schedule and save time and energy.

The second topic under home management was Short Cuts in House Cleaning. The objective was to teach the members the proper way to do many house cleaning jobs in simpler, easier way which will save time and energy.

The specialist trained the leaders who gave method demonstrations at all the home demonstration clubs. As a result of these demonstrations one-hundred-twenty members are using this information on short cuts in house cleaning to Save Time and Energy. Five radio talks were made on home management problems during the year.

These two demonstrations proved very beneficial. It caused the women to realize there were other home management problems they needed help on. In 1956 two months will be devoted to home laundering.

#### 4. Housing

The work in housing has been on individual bases. The home agent has been called on to advise on remodeling kitchens, adding bathrooms and the like. The objective in housing was to assist.

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these families with their plans in order to have a more convenient or better arranged house.

The biggest project assisted with was the William Parks home. Miss Mary Settle, Housing Specialist, recommended changes and drew alternate plans. The family chose one which they felt suited their needs. The home agent worked closely with the family in advising them of changes they desired. The house was a four room house with an unfinished attic. The house now has five rooms and a bath down stairs and two complete rooms up-stairs. The family drilled a well also for their water supply whereas they had a cistern previously.

The home agent has not done any specific work with adults on electricity. She has arranged to give four demonstrations on proper home lighting<sup>Ⓢ</sup> at community club meetings.

5. Rural Arts

Many of the club members like to make objects. Several special meetings have been held to make household articles. The object was to teach the members to make articles that are useful and attractive from the standpoint of art.

Two clubs painted planters from discarded cooking pans, also painted other discarded utensils to make attractive worthwhile articles for the home. Approximately fifty articles were painted.

Ⓢ One meeting on basketry was held. The baskets made were to hold flower containers, bread baskets, and some trays.

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approximately twenty baskets were made.

One meeting was held to make stoved trays. Thirty three trays were made.

One meeting was held to teach the members to tuft bedspreads and bath mats. Twelve articles were made. In addition eighteen braided rugs, four crocheted and five hooked rugs have been made as a result of meetings in previous years. Also one chair was re-upholstered, eleven slip covers made; eight chairs re-seated, three pieces furniture refinished and four picture frames remodeled as a result of special meetings held the previous year.

6. Garden, Poultry and Landscare

No specific work was done in gardening. Several community improvement clubs had better gardens as their project. No talks or meetings were held by the home agent in this field however, timely garden suggestions have been given on the radio by the home agent all through the year.

Three special meetings on culling poultry were held in September. Mr. Harry L. Moore, Extension Poultry Specialist, conducted the demonstrations at which time he taught how to cull poultry. The objective was to teach interested persons how to pick the non layers so that these could be marketed rather than kept at a great expense to the poultry raiser. Seventeen reported having culled their chickens since the demonstrations.

Two radio talks on timely poultry hints have been given by the home agent.

No meetings were held on landscaping, however the Extension Specialist, A. S. Beecher, has made visits to the county to assist individuals with their problems. The objective being to assist the individual family with their problems so as to start the lawn or improve the lawn in order to have a better lawn when completed.

7. Federation Goal

In planning the year's program Art in Daily Living was selected as the Federation Goal. This was the first year the county had this for their goal. The members wanted to learn something about music and art appreciation, applying it to their daily living.

The objective was to create an interest in Art and Music appreciation by learning something about good paintings and the artist and requesting good music. The December meeting was devoted to the federation goal when the leaders discussed Christmas Customs in Other Lands and the origin of the more popular Carols. The leaders demonstrated making homemade Christmas decorations for either the door, table or mantle.

Ten minutes were devoted to each meeting on Music or Art. The members were to learn the State Song.

Sixty-four used suggestions on Christmas Decorations and seventy-two were helped by the study of good music and paintings. Better music is being played on the Farm and Home hour at the local radio station as a result of the Federation Goal.

B. OTHER ACTIVITIES

1. National Home Demonstration Week

National Home Demonstration Week was observed by most all the clubs. Each club was asked to do at least one thing to acquaint the public with home demonstration work and some of the accomplishments.

Several clubs had exhibits in store windows showing a year's work, some news articles by members were written on what club work had meant to them, radio programs on the local station were given by club members and the home agent and one Television program was given.

2. Achievement Day

Achievement Day was observed October 27 with the Shiloh Club as hostess at their community center. A tea was first held with the Club Presidents, out going County Officers and newly elected County Officers in the receiving line. Afterwards each club gave a report of the year's accomplishments in some unique manner. Eight of the nine members who made coats and suits at the tailoring school modeled them. The awarding of the Trophy climaxed the event. Seventy-five members attended.



3. Community Projects

With the community improvement clubs in the county the home demonstration clubs do not have as many community projects as they would have otherwise. Two home demonstration clubs sent a 4-H club member to camp; three clubs contributed money to help underwrite a County Fair; two home demonstration clubs sponsored 4-H leaders during the summer months. One club sponsored a teacher in their community to teach local pupils on Saturdays. Baskets were sent to needy families at Christmas and canned foods were sent to needy families in the coal fields. For the improvement of the community centers the clubs built a bar for the kitchen; installed a sink and water heaters; made drapes for two centers; bought window shades for one center; bought mats for stove; donated dish clothes and pot holders; had a kitchen shower; purchased curtains for serving window; purchased cinder blocks to build septic tank; plaster board to finish rest rooms; pipes for water system; and water pump for one center; creamers, salt and pepper shakers for two centers and a food mixer for a school cafeteria.

4. Community Improvement Work

Three new clubs organized during the year, making a total of nine. The Newbern club was not eligible to enter the contest. Most of their activities centered around "Open House" which was held in May. The other clubs were asked to analyze their needs

their needs in community improvement, farm improvement, home improvement and family food supply. They set up their goals according to their needs, appointed committees and planned their programs accordingly. Two clubs finished paying for their Centers which are abandoned schools. Five clubs own their Centers. Most of the work has been on improving these centers this year. Such improvements as kitchens improved, grounds landscaped, building painted inside and out, roofs repaired and painted, solid foundation added, water installed, have been made. Other projects have been securing a dump for garbage, roadside improvement, community signs, mailbox improvement, farms named, name signs at side roads, road improvements, two bathrooms installed in one center, improved mail route, improved Cemeteries and cooperated with Curb market and county Fair.

5. County Council of Improvement Clubs

The County Council of Improvement Clubs has been organized two years. The purpose of this organization is to coordinate the work of the various clubs and to create a better understanding between the clubs. The home agent attended all the meetings. The Council meets quarterly and rotates the meetings with the various clubs. Any business common to all or a majority of clubs is discussed at these council meetings. The members then take the matter back to their respective clubs. With nine

clubs in 1955 by being able to discuss important matters at the council relieve the home agent of having to attend as many night meetings as here-to-fore.

6. County Fair

A county fair was held in September. Six community Improvement clubs and two home demonstration clubs put up \$25.00 each to help defray expenses in starting the fair. This money will be refunded. The concession stands were operated by the clubs and tickets were taken up at all rides and shows by members of the club. A County Fair Association is being organized with representatives from each community improvement club and home demonstration club taking part. The home agent works with the association in an advisory capacity or any way she can.

7. The Curb Market

A curb market was opened in July for the first time. This was a dream for many years come true. The Council of Improvement Clubs had this as one of their major goals since its organization. The Curb Market Committee had many problems and obstacles to overcome before it was agreed to let them operate for the summer of 1955. The Community Improvement clubs had representatives at the Market each day to see that rules of sanitation, etc. were observed. The Market was open on Tuesdays, Fridays and Saturdays. The Chamber of Commerce and Town Council

were very favorable in their comments when the committee met to discuss continuing the market in 1956. One hundred twenty different families sold at the market. The market will operate in 1956. The home agent attends the meetings of the committee and advises or helps in any way possible.

VI. FARM AND HOME DEVELOPMENT

- A. Since no extra personnel was employed to work on the Farm and Home Development phase the goal was to secure five families. The County and Home Agent discussed possible families, the home agent discussed it at home demonstration club meetings and both discussed it with key people in the county. The Farm and home agent visited the families selected explaining the project. Eight families were contacted; five turned down the project.
- B. The Farm and Home Development approach has been discussed at various meetings during the year. No meetings of leaders was called just to Explain the Approach.
- C. One family was started in March. Several visits have been made to the home but no specific progress has been made thus far. The home agent has tried to create a desire to improve the home but the family seems to be content. The wife is not a member of a home demonstration club, the children are not 4-8 age and the family does not belong to a community club, mostly due to their religion. The other two families have not been in the program long enough to check any progress.

VII. 4-H CLUB WORK

A. Project Work

1. Clothing

a. Looking Your Best

The 4-H Clubs which met in school selected Looking Your best as their project for 1955. The objective was to create a greater desire to be better groomed and to teach the girls how they could be better groomed. At the 4-H Planning meeting in May 1954 the following topics were selected: Care of the hair; care of the skin; care of the hands; care of the teeth; laundering sweaters; pressing woollens and storage of clothing.

Method demonstrations including the use of illustrative materials were given by the home agent at all the club meetings.

Four hundred six girls took Looking Your Best As their project, of this number, three hundred eighty three girls completed the project by meeting the minimum requirements.

The girls taking the project provided two hundred fifty seven shoe shine kits, three hundred ninety four cared for the skin as recommended; three hundred eighty two cared for the hair as recommended and made improvements in the appearance of the hair; three hundred sixty seven cared for the hands and stopped biting the nails, if that was a habit; three hundred sixty nine cared for the teeth by brushing twice

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daily; three hundred fifty one became more conscious of their posture; two thousand two hundred fourteen sweaters were washed; two hundred thirty four pressed woollens as recommended; two hundred thirty five replaced hems; one hundred six dry cleaned unwashables and two hundred sixty seven stored their clothing seasonally.

The home agent talked to two Try-Hi-I clubs with an attendance of forty-five on Looking Your Best during the year.

b. Make and Remake Clothing

Make and Remake Clothing was selected by two clubs as their project. These clubs met out of school. The objective was to teach the girls to Make Simple Fitted garments using their own pattern. Demonstrations by the home agent were given on taking body measurements, laying patterns and cutting, making darts, putting in zippers, putting in sleeves, hemming and neck finishes.

Eighteen girls in the two clubs that met out of school and twenty girls who are members of clubs that meet in school took the project, making a total of 47, of this number thirty four completed the project by meeting the minimum requirements.

The girls taking this project made seventy one new garments for themselves, twenty-six garments for others and remodeled fifty one garments.

c. Learning to Sew

Forty one members selected Learning to Sew as another project. The objective was to teach these younger girls some of the simple and basic techniques in sewing. These girls were assisted by neighborhood project leaders. They gave method demonstrations to the groups.

Of the forty one girls taking the project thirty six met the minimum requirements. They made twenty four head scarves, sixteen needle cases; thirty towels; twenty nine aprons; twelve laundry bags, twenty three stuffed toys, twenty wrist pin cushions; eighteen broomstick skirts, sixty one handkerchiefs, twenty nine blouses, twenty seven collars and four dresses.

2. FOODS

a. Food Preparation

Forty four girls chose food Preparation. The objective was to teach girls to plan nutritious meals, to prepare various foods needed in the diet and to serve it attractively.

Neighborhood leaders gave method demonstrations to these groups. Of the fifty four taking the projects fifty two completed the minimum requirements.

These girls cooked cereal 838 times, milk dishes 1,702 times, eggs 2,423 times; planned and packed 1,834 lunches; cooked vegetables 1,465 times, salad 1,023 times, sausage 679 times, hamburgers 784 times, bacon 1,034 times, other meats 1090 times, dressed 101 chickens, cooked chicken 277 times,

cooked ham 390 times; made 1,214 cakes; cookies 591 times, 297 pies, ice cream 326 times and other desserts 591 times. Prepared complete meal 2,093 times.

b. Breads

Thirty girls took bread for their projects. These were mostly young girls and were scattered over the county so no definite instructions were given. Of this number enrolled sixteen completed it.

The objective of the project was for the girls to learn to use a recipe and cook simple foods. These girls made biscuits four hundred fifty one times; muffins one hundred eighty six times; corn bread five hundred thirty one; griddle cakes one hundred ninety five; other breads two hundred fifty one; waffles sixty four times and yeast rolls eighty nine times.

B. OTHER ACTIVITIES

1. A-H Camp

Camp was discussed early in the year, explaining all the activities, the set up and the like. In order for a girl to be eligible to attend camp her project has to be completed or up-to-date. The privilege of attending camp is a reward for having done good work.

Thirty girls, two leaders, a nurse and the home agent attended Camp Summers in West Virginia in July. This is the largest number of girls ever to attend a District Camp from

Pulaski County. Mary Byrd Meredith was elected big scribe of the camp, two lesser chiefs were Pulaski County girls and one lesser scribe a Pulaski County girl. All of the girls who attended are again enrolled in 4-H club work. The major officers are held by girls who attended camp.

2. 4-H Short Course

The 4-H Short Course was explained to all older club members. Mary Byrd Meredith, Martha Jo Allison, Verle Ann Owens and Martha Long attended. All the girls took part in the special activities. Martha Long was taken in the All Star organization.

3. National 4-H Club Week

The County Council at their Winter meeting made plans for National 4-H Club week which was observed the first week of March. Further plans were discussed at the February club meeting. Committees were appointed and all clubs in one school worked together. Three clubs had radio programs, two had F. T. A. Meetings, three were window displays and school assembly programs. The schools carried bulletin board notices and displays in show windows. There were two news articles, one by a club member and one by home agent. The teacher sponsors and leaders cooperated whole-heartedly in making the week a success.

3. Achievement Day

Achievement Day for 4-H Clubs was held in March with Jack

Thomas, an IFYE delegate to Ecuador, as guest speaker. The winners in the various county contests told of their project work. The winners in the WSLC Contest were announced. Norma Jean Royal, Vice President of the County Council, presided and Sue Hodge, a club member introduced Jack Thomas.

4. Rural Life Sunday

Rural Life Sunday was observed by five clubs. In the larger clubs it is difficult to observe this due to the members attending many different churches. The clubs observing this Sunday, planned, prepared and carried out the program with the help of the minister and leader. The home agent attended one service which was a special service on a Sunday afternoon at a Community Center. All members were urged to attend church on Rural Life Sunday.

5. 4-H Contest

The District 4-H contests were held in October. Pulaaki county had five girls entering, one in Food Preparation, Dairy Demonstration, Poultry Consumption, Freezing Foods and canning. Martha Long and Ruby Jane Hall will represent the District in the State contest at the 4-H Short Course in June. The other girls received red awards.

6. Community Activities

Two clubs met out of school and one new club organized late in the year meets out of school. These clubs have better

opportunities to do community projects than the clubs in large consolidated schools. Roadside clean-ups were held, shampoo was sold and bake sales were held to raise funds, baskets for needy families were fixed and a tea to acquaint mothers with A-H work was held. The clubs doing community activities had active leaders.

7. County Talent Show

The county council had one of their goals to have a county wide talent show. The members made all the plans at Council meetings. Each school was entitled to two members on the program. Clubs which meet out of school had one member on the program. The clubs had their own elimination contest in order to select their best numbers. A small admission fee was charged, the proceeds was divided as prizes. This was the first talent show held and the audience requested that it be an annual affair. The winner appeared on the Share-the-Fun program at the A-H Short Course at V.F.I. The five top numbers appeared on a Television show in Roanoke.

VIII. SCOPE OF WORK

	1951	1952	1953	1954	1955
No. H. D. Clubs or Groups	10	10	10	12	13
Membership	253	245	212	219	231
No. A-H Clubs	13	16	14	18	20
Membership	210	273	256	368	431
No. Other families reached	486	276	300	350	423
No. of different families reached	510	571	673	719	810
No. of community clubs		4	5	6	9
Membership		222	226	272	412

B. Increase in Scope of Work

One objective of the home demonstration clubs was to increase home demonstration membership. Twenty two new members were added during the year. In addition one new club was organized. The Hyflton Village club was organized as a result of a visitation program of two members from a nearby club. Two additional 4-H clubs for girls were organized during the year. One of these meets in school and one out of school. Three new community improvement clubs organized during the year. One of these was due to the efforts of the Agriculture Committee of the Chamber of Commerce.

More publicity to home demonstration work was given by the local daily newspaper. Each club had a reporter and reported all club meetings. All county-wide activities were reported by the home agent. One T. V. program was given during the year. The members feel that with more T. V.'s fewer people listen to the radio and especially since the local radio station is an independent station and does not have desirable programs at all times.

IX. ORGANIZATIONS

A. County Home Demonstration Committee

The county home demonstration committee, which is composed of the presidents of each of the clubs, held two meetings during the year. The Spring meeting was held in May with ten

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of the twelve clubs represented. The purpose of this meeting was to plan for activities for the remainder of the club year. Preliminary plans for Achievement Day were made, also plans for a county wide picnic to be held in July were completed. A year book committee was appointed to work out details for the 1956 book. A trophy committee was appointed to work out plans for the award. The program for the remainder of the year was discussed and suggestions for improving it were made. Each club was urged to do all they could to publicize the work being done by the clubs during National Home Demonstration Week. The clubs were also urged to send delegates to the Institute of Rural Affairs. The Presidents were asked to give the Program Development leaders ample time to discuss program planning at the club meetings.

The second meeting was held in August. The program development leaders and the newly elected presidents attended also. The chief purpose of this meeting is to plan the following year's program, goals and objectives. Final plans for the Achievement program were made which was held in October.

The new officers to serve for two years were elected as follows: President, Mrs. J. T. Daugherty; Vice president, Mrs. J. E. Trammel; Secretary, Mrs. Clifton Anderson and Treasurer; Mrs. Frank Gilley.

B. County Program Planning Committee

Home Demonstration

A program development chairman was appointed in each club at the beginning of the year. The presidents were urged to appoint strong club members as program development chairmen as the following year's program depends to a great extent on these chairmen. Two meetings were held during the year. In April the first meeting was held. The home agent gave some background information to be used in discussing the needs, county statistics were also given which were valuable in planning the year's program. The chairmen were urged to lead the discussion based on the needs in their respective clubs and to follow through with it at other meetings translating these needs into desirable program topics. At the end of June a list of topics that each club requested was sent to the home agent. A summary of these topics were sent to each club chairman. Each club selected nine topics they preferred for the 1956 program. These were then summarized for the county and sent back to each club. The chairmen then met and planned the years program. By using this procedure each club member had a final say in the year's program and as a result a better program is planned that more nearly suits the

needs of the members. The program development chairmen took the month by month program as planned back to the clubs for adoption.

C. 4-H Project Planning Meeting

Projects were discussed as to individual and club needs at the April and May club meetings. The girls spoke quite freely on what they felt they needed. In May representatives from the clubs met with Dianne Meredith, County Council, President, presiding. The girls chose the Electric Project, Unit one, as their project. All members take the same project along with one of their own choice. The club members apply the electric project to their other project such as food preparation.

D. County 4-H Council

The 4-H County Council met twice during the year, in addition to one meeting which was held late in November 1955 eighty five attended. The officers were trained for their respective duty at this meeting. In February a meeting was held with Norma Jean Royall, Vice President, presiding. Plans were completed for the talent show, for National 4-H Week, Achievement Day and 4-H Camp. The weather was very unfavorable, however, fifty members attended.

The next meeting was held in October, officers for the year were elected. They are: Mary Byrd Meredith, President,

Sue Hodge, Vice President, Doris Daugherty, Secretary, Janet Mabry, Reporter; and Sue Doss, Song Leader.

The club objectives set up are to observe Rural Life Sunday in May; observe 4-H Week in March; observe Achievement Day in December; to have a talent show and to have more publicity of club meetings and county wide activities on Television, radio and the newspaper.

X. LEADERSHIP

A. Contributions of the following volunteer leaders to the PROGRAM

1. Organizational

Parliamentary precedures was the topic one month, the previous year, the information derived from this not only, helped at the time but continues to be of value to organizational leaders. The organizational leaders are elected for a period of two years. A majority have functioned efficiently during the past year. This, of course, meant more progress for those clubs. Where a president presides in an efficient manner and the other officers carry out their duties accordingly a more organized meeting is the result and more benefits are derived.

2. Program Development

The program development leaders who realized their responsibilities to their club was a great asset the past year. They were trained by the home agent. They were given some background information that would help in determining the

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the needs they use in their club. Eight clubs were present at the training meeting. The fact that if a well rounded program is planned more people will be interested in club work. From the results of the efforts of the Program Development leaders in 1955 a Home Demonstration Program that interests club members has been planned for 1956.

3. Subject Matter

a. Home Management

The home management leaders were trained early in January by Miss Helen Alverson, Extension Home Management Specialist, on Work Schedule to Save Time and Energy and to Save Time and Energy in House Cleaning for the January and February meetings. Eight clubs were represented at this meeting. The leaders gave the demonstrations at eleven clubs in January. The leaders attending gave demonstrations at three clubs not represented at the training meeting. In February the leaders gave the demonstrations at ten clubs. Mrs. Winston Miller gave the demonstrations at four clubs.

b. Food

The foods leaders were trained by Mrs. Mary L. Thompson, Assistant Extension Food and Nutrition Specialist, They were trained to give the demonstration on "Oven Meals" and "Freezing Cooked Foods" for October and November. Eight clubs were represented at this training meeting. In October leaders gave

the demonstrations at ten clubs. Demonstrations were given at two clubs by leaders from other clubs. In November the leader also gave ten demonstrations. Mrs. Eugene Miller gave the demonstrations to three clubs. In September leaders were not trained but they gave the demonstrations to nine clubs. The topics were either Simple Refreshments or Cake Decorating. The leaders gave six demonstrations on Cake Decorating and three on Simple refreshments.

c. Clothing

Miss Iva Byrd Johnson, Extension Clothing Specialist, trained leaders from nine clubs on Altering Patterns or Clothes and New Fabrics for Clothing. These leaders gave the demonstrations at their respective clubs in May on Altering patterns or Clothes and twelve times in July on New Fabrics for Clothing.

d. Federation Goal

The federation goal leaders had charge of the December meetings at which time the topic was simple Christmas decorations that could be made at home and Christmas Customs in other lands. Each meeting the federation goal leaders was to have five minutes to discuss Art in Music or Pictures. Many of the leaders did this each month as planned, others had something at least six months.

B. GROWTH OF LEADERSHIP

The leaders have given more demonstrations this year than heretofore. Many say if they have been trained and

have to make preparations for the demonstration they would like to give the demonstration more than once so offer to go to clubs not represented at training meeting.

<u>RD Club Project Leadership</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>	<u>1955</u>
No. Project leaders (subject matter)	30	28	24	46	54
No. Goal Chairmen	10	10	10	10	12
No. Program Development leaders	10	10	10	11	12
No. Result demonstrators	20	-	-	-	9
No. Training meetings by Specialist	4	4	1	4	3
By District Agent	2	2	0	1	0
By Agent	2	3	6	2	1
Attendance at all training meetings	102	94	44	70	58
No. meetings without an agent	28	66	44	40	53
No. meetings leaders assisted	20	7	-	12	-
Demonstrations by leaders	48	40	44	45	93
Talks and discussions by leaders	144	132	25	27	82

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<u>Growth of 4-H Club Project Leadership</u>	1951	1952	1953	1954	1955
No. club officers	80	90	64	72	74
No. adult project leaders	22	23	9	7	10
No. result demonstrations	-	-	-	-	-
No. training meetings held					
By Specialist	-	-	-	-	-
By Agent	13	2	-	19	8
By District Agent	-	-	-	-	-
By Meber Club Dept.	1	2	-	-	-
By Others	-	-	-	-	1
Total attendance at leader training meetings	23	32	-	-	39
No. 4-H leaders trained individually	18	15	9	19	8
No. club meetings held by leader without agent	66	40	17	16	37
No. additional club meetings at which leaders assisted:	-	-	-	-	16
No. demonstrations given by adult leaders	135	151	28	29	37
by Junior leaders	156	194	17	16	19

C. Activities of an Outstanding Leader and her Accomplishment

Mrs. Winston Miller has been an outstanding project leader the past year. She has been the Home Management leader in her club and has been very active in all activities of both her home demonstration and community improvement clubs in her community. She has served on numerous committees in both organizations. The Wurno Home Demonstration club won

the trophy for the most outstanding club and the Burno community improvement club won first place in that contest. It was to a great extent through Mrs. Miller's efforts that the clubs won these two awards. Mrs. Miller has been a member of the clubs a little over a year. In the trophy award for home demonstration clubs Mrs. Miller gave seven demonstrations on Home Management in two months. She was trained by Miss Helen Alverson, Extension Home Management Specialist.

D. Activities and Accomplishments of an Outstanding Family

The J. T. Daugherty family has been an all around Outstanding family. Mrs. Daugherty is Clothing leader in her club and the newly elected President of the Home Demonstration Committee. She has been very active in the home demonstration club, as well as the community improvement club. Her home demonstration club completed seven community projects and the community improvement club placed second in the County contest. One of the biggest projects during the year Mrs. Daugherty worked on was the Lord's Acre project carried jointly by the church of which she is a member, and Superintendent of the Sunday School, and the community improvement club. This project netted the church \$700.

Mrs. Daugherty is also a Director of the Pulaski County Chapter of the Farm Bureau.

Doris Daugherty, her oldest daughter, is an active 4-H club member. She won in the Food Preparation contest in the

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county the past year and entered the District contest. She attended Camp and was a lesser chief of her tribe while there. She is an officer of her club and Secretary of the County 4-H Council.

Becky Daugherty is a 4-H club member, having joined in September, Cindy, the youngest daughter, is not old enough to be a 4-H'er.

Mr. Daugherty works at the Redford Arsenal and operates a small dairy farm.

The Daugherty family is a Farm and Home Development family.

#### E. Activities and Accomplishments of Most Outstanding Club

A point system for determining the most outstanding club was used. The system has been in use a year previous to the past year. Such things as attendance at each monthly meeting, each new member enrolled; 4-H project leaders secured; leaders attending leader training meetings; leaders giving demonstrations; representation at home demonstration committee meetings, members attending District Federation meetings; members attending Institute of Rural Affairs and members reading five books on recommended list based on these points, the Wurno club won a bronze plaque inscribed "Outstanding Home Demonstration Club in 1955". In addition to the things that gave a definite number of points the Wurno club had a window display for National Home Demonstration Week and had one news article during that week. The out-going President of the County Home Demonstration Committee is from Wurno. The community projects carried out

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were: purchased cinder blocks for septic tank at community center; purchased pipes for water system and water pump for Center. Donated \$50.00 to community club Treasurer.

F. A Significant Achievement of Extension Work in 4-H Club Work

When the present home agent came to Pulaski County February 1, 1953, the 4-H clubs had not been organized for that year and no meetings had been held since the previous May. Fourteen 4-H clubs were organized in February with 256 members enrolled. There was not an Achievement Day that fall since so little had been done. The County Council was re-organized and goals set up for the clubs to work on National 4-H Week and Rural Life Sunday are being observed by most of the clubs. The 4-H clubs now number 20 with an enrollment of 410.

Recreation is being stressed at each County Council meeting, at least thirty minutes being given to recreation. This brings 4-H members closer together and a better understanding is had among clubs. These members go back to their clubs and lead in recreation. The number members attending camp has doubled as well as the number attending the 4-H Short Course. Better project work is being done by the girls and more projects are completed. A system for filing the project records has been set up in the home agent's office so that she can check on girls entering in contests before making recommendations. The number of girls entering contests has increased and two members won in the District this year, for the first time. More girls are staying in club work longer

also. More publicity is being given to 4-H club work. More adults are taking some of the responsibility as project leaders, working with them during the summer months. Thirty nine members attended a Junior project training meeting recently and will give the demonstrations at their next meeting. Achievement Day was held the past March.

XI. APPRAISAL OF THE YEAR'S WORK

The 1955 program contributed to better home making many ways. A tired homemaker cannot be at her best when the family has gathered together at the evening meal. After being separated all day, the husband at work and the children at school. The clubs had work schedule to Save Time and Energy also Save time and energy in house cleaning. These two demonstrations were the two most helpful during the entire year and more favorable comments were made by club members afterwards. By having a work schedule to save time and energy and learning easier methods of house cleaning the homemaker has more time with her family and is not as tired. This is a great contribution toward better homemaking, better rural living and improved people.

With the high cost of living and the clothing dollar being stretched, felt much could be learned on better planning and savings. Demonstrations on Planning the Wardrobe, what one should wear, Altering Patterns to Insure a Better Fit and New Fabrics on the Market were held. No matter how in-expensively one is dressed, if it is appropriate to the occasion a good fit and the lines suited to the person, it gives a person

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a feeling of social security. If not properly dressed it gives a person an inferiority complex. The members learned to spend the clothing dollar wiser and to be better dressed. This, too, has its place in contributing to better homemaking, better rural living and improved people.

Food always is a contributing factor toward better homemaking. Many long hours are spent in food preparation and preservation. When time is saved in these it gives the family more hours together. Demonstrations ~~are~~ freezing raw foods, oven meals and freezing cooked foods were given. These were time saving demonstrations for the busy housewife as well as fuel saving and a better way of preserving foods. The demonstration on Cake Decorating, had a place of its own. Not enough time is spent on family occasions in some cases a birthday is a small thing but to some it can give a feeling of being wanted. For this reason the demonstration was chosen, to teach members simple decorations they could use for family celebrations, this has an important place in better living.

The 1956 programs will be strengthened in the light of the 1955 programs as better procedures for planning the home demonstration programs were again used. The members realized they needed to continue their study on clothing the family and saving time and energy in household duties and planning more nutritious foods, family activities comes into programs again with outdoor cookery on the program.

Planning to save time and energy, feeding the family and clothing the family satisfactorily are still their needs.

The home agent feels that each monthly meeting the past year has made a great contribution toward better homemaking, better rural living and improved people in Pulaski County.

The 4-H program had its place in its contribution to better homemaking, better rural living and improved people. Four hundred six members chose as their major project Looking Your Best. To be well groomed gives a girl a feeling of security and satisfaction. Other girls chose clothing as their project. In this they learned to save money by making their own clothing which enables them to have more clothes or more money for other things.

