

NARRATIVE REPORT
COUNTY AGRICULTURAL EXTENSION SERVICE
NORTHAMPTON COUNTY
VIRGINIA

Emma Bratten
Home Demonstration Agent
December 1, 1947 - December 1, 1948

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III. SCOPE OF WORK

A. Home Demonstration clubs:

Number 8 Membership 155

Other women reached by Home Demonstration Club Members 210

B. 4-H Clubs: Number 5 Membership 86

D. Number reached through other groups by agent 15

F. Other methods used to reach families Publicity, visits
Number families reached 300

G. Estimate total number families reached 400
Number farm families in county 695

IV. ADULT WORK

A. Home Demonstration Club Program

1. Project Work

- a. In determining a program of work for the county's six home demonstration clubs, factual and outlook information was presented and discussed, at the 1947 summer meetings. Club members were asked to consider these facts and outlook information in listing at least three topics for 1948 demonstrations, which they wanted included in the year's program of work. These lists were tabulated, by Presidents of the clubs, who presented their findings at the county-wide planning meeting, held in October.
- b. At the All-Day County Planning meeting, attended by Home Demonstration Club Presidents, Federation Goal Chairman, 4-H Advisory Committee Chairman, District and Home Demonstration Agents, the findings of the six clubs were considered. (1) "Selection", "Production", "Preparation" and "Preservation of Foods", (2) "Home Management", (3) "Clothing", (4) "Health", (5) "Recreation", were the topics finally chosen for study in an effort to:
 - (a) Raise and maintain standards of living.
 - (b) Help to control prices.
 - (c) Contribute to wholesome living.
 - (d) Improve health standards.

c. Projects

(1) Foods

"Food Preparation" and "Selection". "Use of Pressure Sauce Pan" in saving food, fuel, time and energy was the demonstration for January. No figures are available on the number of cookers purchased, but agent's estimate is at least 25.

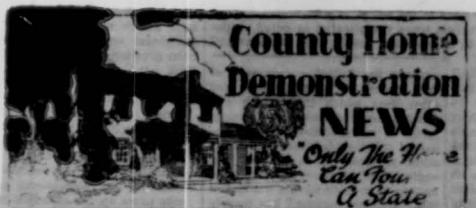
"Meal Planning" and "Better Breakfasts" were the topics for February and March. Trained leaders did excellent jobs in "Meal Planning" and "Better Breakfast" demonstrations, although few homemakers followed through with planning meals by the week. Members report serving better balanced meals, as a result of this work, and all members of club families are eating more breakfasts.

"Food Production". Garden and Poultry leaders, from each of the eight clubs, were trained by specialists. Discussions were led, at monthly meetings, by these leaders, in an effort to have "Year-Around Gardens" and well managed Poultry Flocks. Leaders' gardens and flocks were used as result demonstrations. Members took advantage of these demonstrations, to get first hand information, by visiting the owners.

"Food Preservation" was stressed at all meetings, in an effort to save surplus truck crops that were not put on the market, for various reasons.

Demonstrations in "Making Tomato Juice" and "Canning Non-Acid Vegetables" were given in seven communities, by leaders and agent, during June and July. As a result of this work, six clubs reported a total of 2,730 qts. vegetables, 912 qts. fruits, and 1,506 qts. meat canned. 1,100 lbs. vegetables, 1,031 lbs. fruits and 1,807 lbs. meats were frozen by these same club members.

Agent hopes to stimulate more interest in food preservation, another year. Freezing Foods is becoming more popular and this phase of the work is included in the 1949 program of work. Although there is a very nice canning center, at the county seat, homemakers are very reluctant in taking advantage of it, due to truck crops having sold so well, during the past year.



Homemakers, who are interested in helping to improve the present "Food Situation", met with L. C. Beamer, Garden Specialist, and E. L. Wisman, County Agent-at-Large, for instruction in Gardening and Poultry, respectively, at the Court House November 25. Meeting in separate groups these specialists presented the outlook information and outlined a program of work for 1948.

"Twenty million 'freedom gardens' is the goal of our government for 1948. This is two and one-half million more than was grown last year. Gardens play an important part in helping to improve the general food situation. One of the best ways to save wheat is by eating large quantities of potatoes and other root vegetables. Potatoes can replace bread in many meals because of the flavor and food value", stated Mr. Beamer. He outlined a program of work for the following six months, which these leaders will use in leading garden discussions at the monthly meetings of their home demonstration clubs. The leaders attending this meeting were: Mrs. R. H. Rockwell, Mrs. H. S. Wilson, Mrs. Lynn Dunton, Mrs. Clifford Amis, Mrs. Rudolph Carpenter, Mrs. W. T. Taylor.

The present poultry situation in Virginia, as well as the county generally, should be given due consideration in making plans for poultry production in 1948. "The situation is summarized briefly as follows,

according to the poultry specialists:

- (1) Heavy holdings of poultry meat in storage and on farms of the county.

- (2) More potential layers on farms than needed to produce the eggs that will be needed in 1948.

- (3) From 3 to 6 percent less available feed than necessary to take care of poultry and livestock profitably until next harvest.

- (4) Poultry feed prices likely to be higher than in 1947.

- (5) Egg and poultry meat prices likely to be higher than during 1947, but these to be more than offset by higher feed prices.

From these statements one can conclude that this is not the year to greatly expand the poultry enterprise. However, this does not mean that there should not be a few more chickens raised on the farms. The poultry enterprise, on the farm, should be such that it will fit in with the overall farm plan.

Leaders who were present at this training meeting, were given instructions for assisting members of the home demonstration clubs in managing their flocks to the best advantage in helping meet the "Food Situation" needs during 1948.

The following leaders were present at this meeting: Mrs. Harry Jones, Mrs. Bernard Nottingham, Mrs. Harris Crockett, Mrs. N. D. Dix, Mrs. Linwood Lewis, Mrs. Herman Richardson.

(2) Home Management

"Short Cuts In House Cleaning" was demonstrated, during April, in an effort to conserve time and energy. Several new members were added to club rolls as a result of this demonstration.

"Use of Sewing Machine Attachments" was the topic for study in July. Practically none of the homemakers used all of their attachments, prior to attending this meeting. Heavers, binders, gatherers and tuckers are now taking their rightful places in the sewing room of many homes, for the first time.

(3) Clothing

"Alteration of Commercial Patterns To Fit The Individual" and "Dress Finishes" constituted the demonstrations in May and June, respectively. Trained leaders assisted members in learning to take body measurements and adjust patterns to individual figures.

"Sewing Machine Clinics" were held in two clubs. As a result of this 23 machines were cleaned during the year.

(4) Health

In January, leaders for the clubs were met by the County Nurse and Sanitarian. At this time, a program of work, for the year, was set up. Leaders were asked to encourage a "Keep Clean" program the year around. Directions for using D.D.T. and elimination of breeding places for insects were given, at monthly meetings, by these leaders. Every club furnished two helpers, at Health Department for monthly T.B. Clinics. 105 teatowels and 31 hot pan holders were given to the Eastern Shore hospital, during the year. "Pasteurization of Milk" was encouraged, this county ranking second in number of Undulant Fever cases. Having cows tested for Bangs Disease was encouraged. As a result of this a few have been tested and others are planning to have theirs tested at an early date.

(5) Recreation

Homemakers realize the need of stimulating interest

in recreational facilities for the county. As a result of this thinking, "Rural Youth" was selected as a Federation Goal, for emphasis. (See Federation Goal for report).

2. Federation Goal - "Rural Youth"

Realizing the dearth of recreational facilities in the county, for young people, a program to stimulate interest in providing same seemed advisable and "Rural Youth" was selected as a Federation Goal, for emphasis. A County Chairman was obtained and a Federation Goal Chairman was selected, in each club.

In January, these chairmen, together with a representative, from the State 4-H Club Department, Chairman of the 4-H Advisory Committee and County Agents met to outline the following objectives:

- a. Assist at Recreation Center in Eastville.
 - (1) Club members serve as hostesses when asked.
- b. Sponsor Recreation Institute.
- c. Sponsor Recreation on Cooperative Basis.
 - (1) Assist with Arbor Day Program.
 - (2) Assist with Bingo or some money making project.
 - (3) Sponsor joint picnic.
- d. Assist with Rural Life Sunday.
- e. Get school bus for transportation to District Camp.

As a result of this program a Recreational Institute was held, in April, with 47 leaders attending from church, civic and extension division organizations, throughout the county. This institute was conducted by a recognized recreational authority who devoted one evening and a whole day to training these people with a total attendance, for the three sessions, of 97 men, women, girls and boys. These leaders conducted recreational programs, in their organizations, during the remainder of the year.

Seven of the eight clubs co-sponsored Bingo parties, with the 4-H clubs. This project proved successful, from an economic standpoint as well as providing wholesome recreation for the communities. Among the favorable com-

SOMETHING NEW FOR NORTHAMPTON COUNTY !!



RECREATIONAL INSTITUTE FOR A SELECTED GROUP

Dear

Since you have been chosen by a committee to participate in this event you will want the following information:

- Date of Institute - - April 2 - 7:30 p.m.
April 3 -10:00 a.m. - 4:00 p.m.
- Place - - - - - Eastville Fire House
- Instructor - - - - - Miss Esther Haskins

Miss Haskins is a recognized Recreational Director and you will not want to miss a minute of her instructions for everybody, who attends one of these institutes, has a grand time. Party planning, skits, short plays, Virginia Reel, Grand March, Folk Dancing, Social games (quiet and active) will be included in the program.

It is necessary to charge 25¢ registration fee to cover the expenses of this institute.

As we are unable to invite all, who would like to attend, we are asking that you indicate, by answering question, at bottom of page, whether or not you will accept this invitation. Please reply by March 25th.

Sincerely,
Harriet B. Tankard
 Harriet B. Tankard, Chairman
 (Mrs. J. E. Tankard)
 County Rural Youth Committee

Emma Bratten
 Emma Bratten
 Home Demonstration Agent

Everett L. Wisman
 Everett L. Wisman
 County Agent-at-Large

I will attend the institute

I will not attend the institute

Signed: _____

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PONY EXPRESS PARTY

Eastville, Virginia - April 2, 1946

TABLE:

Early American. The Pony Express lasted only a brief 10 years, but was so colorful that it caught and has held the imagination of the American people ever since. This party theme can be used in conjunction with a William ("Buffalo Bill") Cody party.

DECORATIONS:

For each room used take the name of a town or post along the route of the Pony Express: St. Joseph, Mo., Denver, Salt Lake, Sacramento . . . Decorate in pioneer fashion with brown paper painted to imitate logs, sawdust on the floors, and the like. One room might be a Trading Post, another a Dance Hall, another a Trader's Cabin or Pioneer Inn. The fireplaces in a club can be worked into this setting very easily.

COSTUMES:

For the men make bandana handkerchiefs to be tied around the neck. For the girls, sunbonnets crepe or newspaper are quite fetching.

PROGRAM

1. The Ticket Sale. (Have Hostess at door pin paper horse's head, bearing name and number, on each guest's lapel.)
 2. Dressing for the Ride. (Paper bandannas and bonnets (8" x 12") for boys and girls, respectively)
 3. "Pony Express". (This activity consists of getting all the girls in a circle in the middle of the room moving clockwise and the men in an outside circle moving counter-clockwise. The music starts the crowd moving, and every time the whistle blows, the men face about and march in the same direction as the girls. On the second whistle, the men again reverse and march in the other direction.)
 4. "The Lariat Race". (Divide crowd into two teams. Two players from each side are given a 15 foot rope. At a given signal they begin swinging the rope and the players of both teams jump through. No fair running through. After they are finished, they turn around and come back through. The first line finishing, of course, wins the race.)
 5. "Lasso Throw". (Relay in two teams. Lasso object 15' away)
 6. "Stagecoach". (Players are seated in any manner convenient, but so that all may see the leader. They number off by groups of seven. All "ones" then become Cowboys; all "twos", Indians; all "threes" Women; "fours" Horses; "fives," Stagecoaches; all "sixes," "Rifles"; and all "sevens," Bows and Arrows. The leader then reads a story about the holdup of a stagecoach by Indians. When the Cowboys are mentioned, they shout a piercing "yip-yip". The Indians give war whoops. The women scream. The Horses neigh and, with their feet, beat a tempo of horses running. The Stagecoaches walk around the chair. The Rifles take aim and yell "Bang!". The Bows and Arrows shout "Zip!"
- RM
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The Story as Read by the Leader

It was in the days of STAGECOACHES and COLBOYS and INDIANS. Alkali Ike, Dippy Dick, and Pory Pete were three courageous COLBOYS. When the STAGECOACH left for Rainbow's End, they were aboard, as were also two WOMEN, Salty Sal and a doll-faced blonde. The STAGECOACH was drawn by three handsome HORSES and it left Dead End exactly on time. The most dangerous part of the journey was the pass known as Gory Gulch. As the STAGECOACH neared this spot, it could be noticed that the WOMEN were a bit nervous, and the COLBOYS were alert, fingering their RIFLES as if to be ready for any emergency. Even the HORSES seemed to sense danger.

Sure enough, just as the STAGECOACH entered the gulch there sounded the blood-curdling war cry of the INDIANS. Mounted on HORSES, they came riding wildly toward the STAGECOACH, aiming their BOWS AND ARROWS. The COLBOYS took aim with their RIFLES and fired. The WOMEN screamed. The HORSES pranced nervously. The INDIANS shot their BOWS AND ARROWS. The COLBOYS aimed their RIFLES again, this time shooting with more deadly effect. The leading brave fell, and the INDIANS turned their HORSES and fled, leaving their BOWS AND ARROWS behind. The WOMEN fainted. The COLBOYS shot one more volley from their RIFLES, just for luck. The driver urged on the HORSES, and the STAGECOACH sped down the trail.

- 7. Western Sing. (a) There's a Long, Long Trail
 (b) She'll Be Coming Round the Mountain
 (c) Home On The Range
 (d) Sioux City Sue
 (e) Working on the Railroad
 (f) Clonontine
 (g) I'm An Old Cowhand
- 8. Grand March.
- 9. Virginia Reel
- 10. Refreshments (Suggest: Ginger cookies or snaps and Root Beer.)

(Divide crowd into two teams. Two players from each side are given a 15 foot rope. At a given signal they begin swinging the rope and the players of both teams jump through the loop running through. After each one has jumped, they turn around and come back through. The first line to finish is the winner.)

(Players are seated in two teams, but so that all may see the leader. Two members of each team begin "singing" the Western Song; all "sing" "There's a Long, Long Trail"; all "sing" "Home On The Range"; all "sing" "Sioux City Sue"; all "sing" "Working on the Railroad"; all "sing" "Clonontine"; and all "sing" "I'm an Old Cowhand". The leader then makes a story about the holding of a stagecoach by Indians. When the story is finished, they sing a "Western Song" like "There's a Long, Long Trail". The Indian give war whoops. The women scream. The horses neigh and kick their legs. The driver urges on the horses and the stagecoach speeds down the trail. The Indian take aim and shoot. The horse and driver shoot "yip".)

ments was one from an elderly home demonstration club member, who stated it was the first time in her life she had ever played "Bingo" as long as she wanted to. Said she paid 25 cents to get in, and played all the evening. This same member made and donated an Angel Food cake, for refreshments. Funds from these parties were used to purchase a Flag Pole, for a school, and defray expenses of delegates to State Short Course. Some was earmarked for District Camp, which was not held, due to Polio scare, in county.

Arbor Day programs were held in four of the five 4-H clubs in the county although few home demonstration club members participated.

A joint county-wide picnic was held, in July, with fair attendance - around 100 present.

Home Demonstration Club members were responsible for the picnic supper and 4-H Club members enjoyed swimming, soft ball and contests. Vesper services and a Candle Lighting Ceremony were also conducted by 4-H Club members. "Day Is Dying In The West" and "Dreaming" were effectively sung during Vespers by the club members, as a result of training given by a director of a Junior Choir in one community, where there is an active 4-H Club.

Rural Life Sunday was observed by 4-H clubs with Federation Goal Chairmen assisting with transportation. One 4-H club had 100 percent attendance of members, leader and husband of the leader.

This program will be continued during 1949.

3. Other Activities

District Federation Meeting, held in Williamsburg, in April, was attended by 20 home demonstration club members and two husbands. Five of the eight clubs were represented at this meeting. This is the first year that the clubs sent representatives. All clubs had paid their State Federation dues, at this time.

b. Institute of Rural Affairs

Publicity, through the press, at club meetings and home visits, was given to this meeting. Agent offered to take four homemakers in her car, at no cost, but only one attended. Coming at a heavy



Miss Emma Bratten
 County Home Demonstration
 Agent
 Eastville, Virginia

a greeting the words from Isaiah
 40:29-31.

Mrs. R. H. Rockwell, County Home Demonstration Committee Chairman, will represent Northampton County in the Home Demonstration Section of the Institute of Rural Affairs convening at Blacksburg, July 27. This announcement was made at a meeting of the committee, held June 29, at Eastville. Those present were requested to notify the Home Demonstration Agent at an early date, regarding the number going to Blacksburg, from each club, in order that reservations may be made.

Two new clubs, Cheriton and Wilsania Neck, were added to the counties roll. At present, there are 134 homemakers enrolled in the 8 Home Demonstration clubs in the county.

Seven groups of 4-H club members, with an enrollment of 34 girls, are doing "Food Preparation and Food Preservation work during the summer months. These girls completed their winter projects, "Clothing" in May.

Mrs. E. L. Kelley, a member of the Jamesville Home Demonstration club received the following letter a few weeks ago. Mrs. Kelley was chairman of a committee in her club who collected garments and gifts for the people of Finland.

The Vicarage,
 Jyvaskyla, Finland
 May 31, 1948

Dear American Friends,

Many thanks for the parcels you sent to us in Jyvaskyla. We have delivered the clothes to those who were most urgently in need of them and the small Christmas presents we have kept for next Xmas, as the parcels came too late for last Xmas. All the things you sent us were very welcome. They tell us of the love you feel for us though we are quite unknown to you. With your help many families have got through the most difficult time. If we are allowed to continue in peace, we hope to manage somehow by hard work and if we get raw materials from abroad. The greatest blessing was that we are still allowed to have our own country and that our children can grow up in a free country. You should come and see it sometime in summer. It is a very beautiful country with thousands of lakes. Jyvaskyla is a town in the center of the country and its surroundings are very beautiful. There are many schools and other seats of learning in this town. We gave the dresses you sent especially to such school children as had lost their fathers in war or whose fathers had died otherwise.

We send you our best thanks for your kindness and we beg God to bless you.

On behalf of those who have received help from you,

Elli Paunu,
 (the vicar's wife)

My husband and I send you as

truck harvesting season, homemakers were kept at home to assist with the harvesting, etc. Chairman of the County Home Demonstration Committee, who did attend, was most enthusiastic and came back to the county determined to influence every club to send one or two representatives to this meeting in 1949. She has met six of the eight clubs and given full reports of the Federation meetings, pointing out the many advantages of meeting the various specialists and visiting their departments. Agent hopes that more interest will be manifested, by these homemakers, next year, in out-of-county Federation meetings, as a result of the county chairman's enthusiasm.

c. Tours

The second Annual Achievement Day was observed in the form of a Tour, to eight homes this year. 45 homemakers met at the extreme end of the county, at 9:30 a.m. the morning of October 15, in the home of the County Home Demonstration Committee Chairman, who had transformed an inconvenient, unattractive and uncomfortable kitchen into a "thing of beauty", which is proving a great joy to the family.

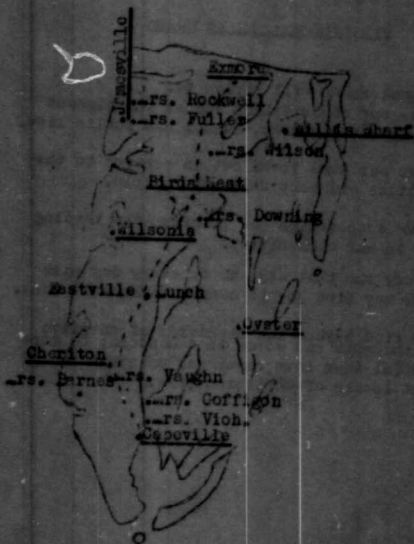
Around the creek, the entourage wound through a lovely thicket to view a model poultry plant. This homemaker is putting into practice the latest scientific research findings. Many lessons were learned, as evidenced by improvements which some of the "Tourists" have made since seeing this plant.

A fall and winter garden was next visited, where homemakers learned how to put in asparagus, what to do to grow rhubarb; value of a winter cover crop, etc. Turnips, parsnips, carrots, lettuce and beets, with five leafy vegetables were there to provide fresh vegetables for the family throughout the winter.

Nearing the county seat, one of the oldest places in the county was visited, for the purpose of seeing a full, upright, Frozen Food Box and hearing the owner tell of its many advantages, over the chest type. Here, the homemakers were interested in the hundreds of English, dwarf box bushes, now 15 years of age, rooted by the homemaker and her husband. Methods of rooting these cuttings was

NORHAMPTON COUNTY
HOMEMAKERS' ACHIEVEMENT

PROGRAM



"The Better The Home, The Greater and Stronger
The Nation"

VIRGINIA HOMEMAKERS COUNCIL

As homemakers we will strive to:

Have our organization foster the highest ideals in home, church, school and public life.

Have our home reach out in service to the communities and help unite the people.

Have cooperation and progress the leading forces in our communities.

Study the best ways to do every day work that we may find joy in common tasks well done.

Be kind beyond the standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires; maintain the highest ideals of Christian life.

REPORTS

Capeville Club

Miss Sallie Parsons, President

Our club was organized in January 1947 and we're fast growing, having added 9 new members, this year, giving us a total of 27 on roll.

We have had two leaders at every leader training meeting and they have brought back interesting information to the members at monthly meetings. Our Health Chairmen coordinated this program with that of Garden in promoting wholesome living.

We are very conscious of our responsibilities to our young people. Our very willing and efficient Mrs. Viehl served as 4-B leader for 9 girls who took "Learning To Sew" as their project. Our club assisted Mrs. Viehl and the girls with a very successful "Bingo Party", observation of "Rural Life Sunday", Vesper Services and Candle Lighting Ceremony at the county-wide picnic. These girls exhibited at Keller Fair, winning \$10.75 in prizes.

We had a well attended series of Health classes conducted by the County Nurse.

Four of our members and one husband attended the District Federation meeting, held in Williamsburg.

325 lbs. of meat, fruit and vegetables have been frozen by members. 11 sewing machines have been cleaned.

Financial obligations were met

Birds Nest Club

Mrs. Wilton Carpenter, President

Our club was organized in 1945 with Mrs. Bailey Bell President. Today we have 17 members, an increase of 3 members this year.

Leaders have attended all Leader training meetings except one and have given all demonstrations for which they were trained. Our Poultry and Garden Chairmen have given excellent reports throughout the year.

One member attended the District Meeting at Williamsburg. One of our members is Treasurer of the County Home Demonstration Committee.

Our club co-sponsored a Bingo Party with the 4-H Club. One of our members served as a 4-H Club Leader. We have paid our Federation dues of \$3.00 and contributed \$3.00 to the county fund.

We have given 2 of our members stork showers and one member a house warming.

Our community was well represented at the county-wide picnic, which proved most entertaining and wholesome.

Two of our members assisted at the Health Clinic at Eastville.

Sight testovels have been given to the hospital. More are being made.

Oyster Club

Mrs. W. T. Taylor, President

Our club was organized in January 1946. Mrs. W. T. Taylor was our first president and hasn't missed a meeting since the club was organized. We have increased our membership from 11 to 14 with 3 new members this year.

We had 4 to attend the District meeting, at Williamsburg, in April. We enjoyed the picnic which was held at Wilkins Beach.

We are now making tea towels and pot holders for the hospital. We have canned 1486 qts. of fruits and vegetables and 459 qts. of meat. We froze 76 lbs. of meat, 125 lbs. vegetables.

80% of our members have running water in their homes.

The most important thing we have learned this year is that we can stand on our own feet. We can now have a meeting and carry on a demonstration without the agent having to be there.

One of our members, whose garden and poultry are entered in the tour has canned around 400 qts. of vegetables from 1/4 acre of land.

We have paid our Federation dues of \$3.00 and contributed \$3.00 to the county fund.

We cleaned 3 sewing machines, bound 20 button holes and improved 4 storage units.

October 1948

Mrs. E. A. Underhill, President

Wilsonia Club

Mrs. E. A. Underhill, President

We organized in May 1948, following a "Sewing Machine" Clinic, with 6 members and today we are 12. Although we are very young, we are beginning to run along and expect to take our place with the strong clubs, next year.

We have made and given to the hospital 14 tea towels; assisted the 4-H Club with a "Bingo" party, one member served as 4-H Club Leader for a "Canning" group, during the summer; three leaders attended two training meetings and gave demonstrations at the monthly meetings.

Although we have had a great deal of sickness in our community, attendance at monthly meetings has been good. No meeting was held in August.

Two of our members assisted with T. B. clinic at County Health Department.

We have paid our registration dues to the County Board of Health.

We cleaned 2 sewing machines, donated by the County Board of Health.

Jamesville Club

Mrs. K. D. Dix, President

Our club was organized in 1941 and although we were without an agent, twice, for several months, we held our monthly meetings and carried on our work. I have attended all but 4 meetings since 1941 and been president all but one year. While our membership is not as large as some of the clubs, we are still growing, with 5 members added this year.

One of our members is Chairman of the County Home Demonstration Committee and represented the county at the State Federation meeting, in Blacksburg, in August. She has visited 4 of the 8 clubs in the county and given them a report on this meeting. She plans to visit other 4 shortly. We assisted the 4-H Club with a "Bingo" party to raise funds to defray expenses to District Show Course.

Information received at meetings has been passed on 114 times, 6 towels were made and given to hospital, 859 lbs. of meat, 156 lbs. of vegetables, and 166 lbs. of fruit were frozen; 186 qts. of fruit, 10 pts. plum pudding, 252 qts. vegetables and 88 qts. of meat were canned.

Our president and three other members attended the District Federation meeting, at Williamsburg.

We paid State Federation dues of \$3.00 and contributed \$3.00 to the county fund. 15 improvements were made and 9 color schemes were worked out in homes.

Excellent discussions have been led by our Garden and Poultry leaders, each month. Leaders attended two of the three leader training meetings and gave excellent demonstrations at their monthly meetings.

Journal

President Mrs. E. J. Moore
Willis Wharf Club

Mrs. E. J. Moore, President
Our club was organized in January 1947. We had no meetings, from April until September, due to having no agent, homemakers were busy and lack of sufficient interest. In September the club reorganized, with 5 members. Today there are 11 members.

Leaders have attended all training meetings and followed up this work by giving good demonstrations at monthly meetings. Garden and Poultry leaders have also done excellent work in attending training meetings and leading informative discussions at monthly meetings.

Our Health Chairman and another member assisted in the T.B. Clinic held at the County Health Department. We have turned in 14 tea towels to the hospital, paid our State Federation dues and contributed \$3.00 to the county fund.

Five color schemes have been worked out, 60 buttons have been covered (with professional kit), 425 lbs. of meat, 60 lbs. of fruit and 50 lbs. of vegetables have been frozen; 30 non-members have received information from members.

We assisted our 4-H club with a "Bingo" party and one of our members served as 4-H Leader, during the summer months.

Cheriton Club

Mrs. Haywood Moore, President

Following a sewing machine clinic, in April 1948, our club was organized in May, with 8 members. Today, we have 12 members.

Our Health Chairman has done excellent work in leading discussions on timely preventive measures of fly and mosquito control. Our Health Chairman and another member assisted with the T.B. Clinic, at the Health Department. We gave 6 test towels to the hospital.

Two leader training meetings were attended by four leaders, who gave excellent demonstrations at our May, June, July & August meetings.

The pantry of one of our members, who has canned over 400 qts. of food, is entered in our Tour today. She produced this food on 1/4 acre of land. Her remodeled kitchen is also included in the tour.

50% of our members have running water in their homes.

Four members reported canning a total of 967 qts. of vegetables.

These members report 27 garments having been restyled, four storage units were improved, one color scheme worked out for a room.

We have paid our Federation dues of \$3.00 and contributed \$3.00 to the county fund.

Exmore Club

Exmore Club

Mrs. Edgar Smith, President

We organized in 1941 and held our monthly meetings when the county was without an agent. We continue to grow, having added a new member at our September meeting, making a total of 3 new ones for the year.

Attendance at Leader Training meetings has been 100% and all leaders have given demonstrations for which they were trained. One leader demonstrated for another club, in September.

Our President is Secretary of the County Home Demonstration Committee and has attended all county-wide meetings. President and 4 members attended District Federation meeting held in Williamsburg.

Nine teatowels were made and presented to our hospital. We sent a box of clothing overseas during the winter, paid our Fed. dues and contributed \$3.00 to the county fund.

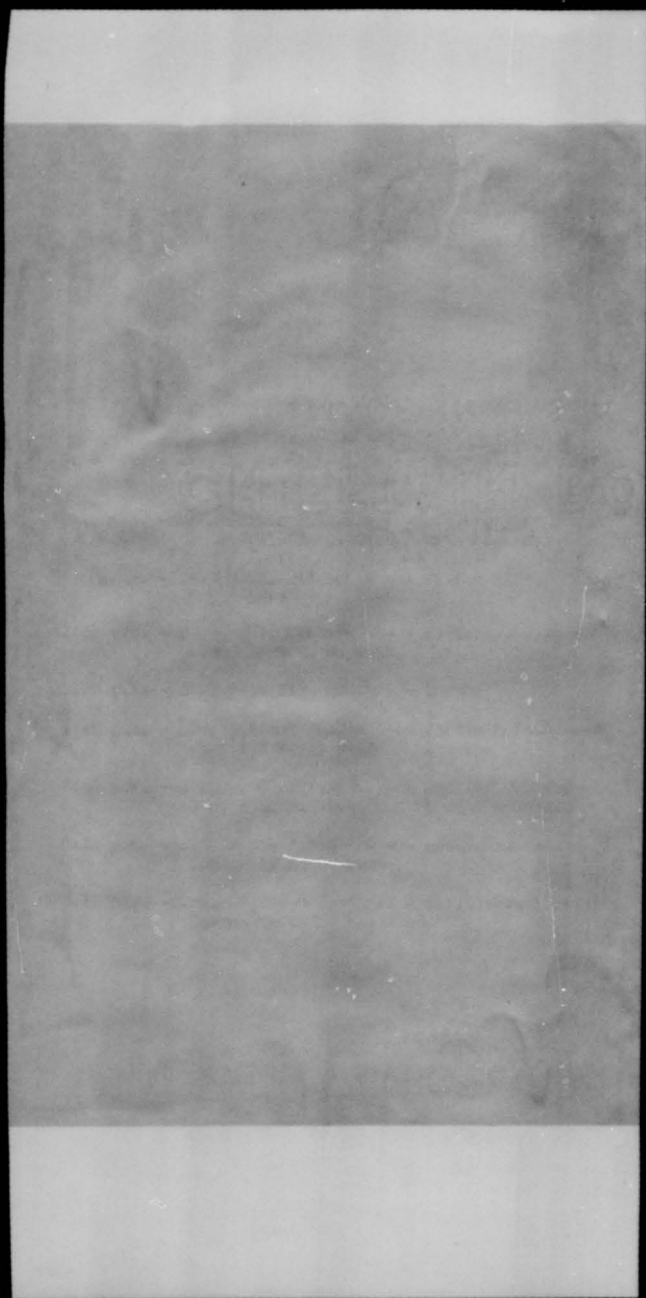
Two members assisted at the T.B. Clinic in County Health Department. We assisted the 4-H Club of Exmore-Willis Wharf school with a "Bingo" Party, furnishing refreshments. During the year we have passed on information to 18 other homemakers. Five sewing machines have been cleaned during the year and 43 garments have been restyled.

Three of our members have frozen a total 766 lbs. of meat, 245 lbs. of vegetables and 155 lbs. of fruit this year. 516 qts. of vegetables 120 qts. of meat and 109 qts. of fruit were canned by 6 members. A total of 62 garments were made.

PROGRAM

Mrs. R. H. Rockwell, Presiding

- 9:30 - 12:30 - Tour
- 12:30 - 1:00 - Lunch
- 1:00 - 1:15 - Introductions & Reports
- 1:15 - 1:30 - "Conditions in Europe & What We
Can Do To Further Goodwill"
Mrs. T. C. Goode
- 1:45 - 4:30 - Tour



demonstrated by this homemaker as all her visitors were interested in growing these bushes for their homes.

Lunch, in a picnic form, was enjoyed, at the county seat in an attractive assembly room owned by the local fire department. 4-H Club girls served hot coffee to the group. Following lunch, presidents of the clubs gave their reports.

Continuing south, a pantry, well stocked from 1/4 acre of ground, was displayed. This proud homemaker had rearranged the shelves, in an old, poorly arranged pantry to hold over 500 qts. of food, canned with the assistance of her three daughters. Here an old asparagus bed was being properly transplanted and many winter vegetables were beginning to show their heads to take their places with carrots, parsnips, beets, etc., planted at an earlier date.

Nearby, was another remodeled kitchen showing how a removed stair had given space for assembling working units on one wall, in saving time and energy.

Lower down the county a very modern kitchen was visited where the proud, artistic homemaker displayed her hand stenciled curtains, stair-step shelves, in one cabinet and her combination Clothes-Dish Washing Machine. Enthusiasm, over seeing this modern equipment, was so great, homemakers were reluctant to leave but their watches and programs convinced them that they must move along to their final treat.

In the next home visited, which was one of the first post offices in the county, the old house was most attractive with the candle-lighted tea table in a setting of old, refinished, furniture. Over a cup of coffee and tea cakes the visitors listened to their hostess describe her methods of refinishing old heirlooms and other valuable pieces which she had purchased. An exquisite fireside bench still bore the original paintings, after three coats of different colored paint had been picked off. An old Grandfather Clock, rubbed down with hot oil, displayed the lovely grain of the wood, formerly covered with varnish.

At 4:45 p.m. these homemakers departed for their homes having made many new friends and gained a store of information to apply in their homes.

Agent feels that this was one of the best pieces of work she has done as it showed the homemakers results of several years' work, introduced them to their county, as a whole, gave them inspiration and information along practically all lines conducive to wholesome living. Almost daily, some homemaker comments on an idea gained, a new friend made or some result of our "Tour".

4. Leadership

a. Organization Leaders

(1) County Home Demonstration Committee

Presidents of the eight home demonstration clubs constitute the County Home Demonstration Committee, which meets semi-annually, using the stagger system and allowing officers to succeed themselves. This committee serves as a planning and steering committee.

(2) Local Clubs

Each club has a President, Vice-President, Secretary and Treasurer, elected annually, by the group. These officers may succeed themselves, for one year, holding an office for two years.

b. Project Leaders

This year, for the first time, project leaders were secured, at the October planning meeting of the clubs. These leaders attended the first two Training meetings 100 percent and gave the demonstrations at the two following months' meetings. Due to truck crops, homemakers begin doing outside work, in May, and continue throughout the growing season, these leaders being prevented from attending training meetings, etc.

Garden and Poultry leaders, trained in November and May, by specialists, lead excellent discussions at monthly meetings of their clubs. Their gardens and flocks have been used as result demonstrations. These demonstrations were visited by club members and some were included in the Achievement Day Tour.

This being the first time garden and poultry leaders have been used, homemakers have not used the information brought to them by these leaders, at monthly meetings, as much as they might have. However, these homemakers are more conscious of these phases of food production and three new poultry producers have entered the "Flock Improvement Contest."

- c. Federation Goal chairman, of each club, served as 4-H Club leaders and sponsors, assisting with Arbor Day Programs, Rural Life Sunday, "Bingo" parties, picnics, etc. (See report on Rural Youth). These leaders also assisted the 4-H clubs in collecting exhibits and arranging their booth, at the 71st consecutive Bi-County Fair, held in the last week of August.

B. Other Means of Reaching People

1. The press is one of the principle means of reaching those people who do not attend monthly meetings. Reports of monthly and special meetings are sent to four papers. These papers use the Home Demonstration cut, designed for the State Home Demonstration Clubs, to head double columns, in a prominent place. Timely, factual project information, prepared by National and State Specialists, is run in the columns, also. It is not uncommon for agent to be told, by a non-club member, that she is keeping up with the work, through the papers. Agent feels that the 42 percent increase in membership is due, largely, to our weekly publicity.
2. The County-Wide Joint 4-H and Home Demonstration Club Picnic reached adults who had no previous contact with the program. Swimming, picnic supper, soft ball game, Vesper services and a Candle Lighting Ceremony were the attractions.
3. Home Visits are made to those homemakers who do not belong to a club, for various reasons. One group of these homemakers was met, three times during the year, for "Cleaning Sewing Machines" and "Canning".
4. Bi-County Fair. For the 71st consecutive year this Fair was held, during the entire last week in August, in the adjoining county. Agent assisted superintendent of Fair in designing frames for exhibiting canning products in saving space and enhancing attractiveness of the main exhibit building. Home Demonstration work was credited, largely to this improvement.



The "Busy Bees 4-H Club" of Capeville, composed of nine girls, held a Bingo Party, February 20, in the home of Alma Dunton, Song Leader. This party was planned by a committee composed of three members each from the home demonstration and 4-H clubs. 4-H club members sold tickets, solicited prizes and assisted with other phases of the party. Proceeds realized from this party, will be used by both organizations to take care of their financial budgets. 4-H delegates will be sent to the camp in Jamestown in August.

One home demonstration club member, who has two daughters in the 4-H club remarked, when the agent met her the following week that while they did not realize \$100 from their party, the girls and boys had more than one hundred dollars worth of fun.

The Community Home Demonstration Club met in the home of Mrs. L. N. Martin, Tuesday, February 24, with thirteen members present. Interesting discussions on Poultry and Gardening were led by Mrs. Herman Richardson and Mrs. Lyn Dunton, respectively. Mrs. Viola, 4-H Club Leader, reported a most successful "Bingo Party" sponsored by the home demonstration and 4-H clubs and held in the home of Mrs. Lynn Dunton, February 20. Proceeds realized will be used to defray expenses of delegates to 4-H camp, State Short Course and etc.

Following the business meeting, a demonstration on "Meal Planning" was given by Mrs. Clifford Goffigon, Jr. and Mrs. Lamar Fontain, Foods' Leaders, who had been trained by the State Food and Nutrition Specialist.

Meeting in the home of Mrs. Elsa Goods, Franktown, February 25, the Home Makers Demonstration Club was called to order at 2:00 p.m. by the president, Mrs. Edgar Smith.

Mrs. H. S. Wilson, Garden Chairman, urged those present to include in the seed order those needed for an adequate year-around garden. Good gardens insure better balanced meals at less expenditures of time and effort in food preservation, she stated.

4-H Club work was presented by Mr. C. J. Elzey, Rural Youth Chairman, who stated that the Willis Wharf Exmore 4-H Club would hold a food sale, in Exmore, March 13th. Contributions of various food articles for this sale, by the members, proved their interest in our youth projects.

A "First Aid Kit" for every home was stressed and suggestions were offered for building containers for the necessary supplies and equipment.

Due to unavoidable circumstances the Foods' Leaders, Mrs. Irvin Guy and Mrs. Linwood Lewis, were unable to give the "Meal Planning" demonstration. These leaders will present that topic at the March meeting.

"Short Cuts in House Cleaning" was discussed by those present, led by Miss Bratten, Home Demonstration Agent.

Four new members were welcomed at this time.

NATIONAL 4-H CLUB WEEK

MARCH 1 - 7, 1948

WHAT IT IS: It's "get going with the spring season" time for 1,700,000 farm boys and girls in 4-H Clubs.

WHAT THE CLUBS WILL DO:

Without much national fanfare the boys and girls in 74,000 clubs over the country will (1) meet with their adult leaders and advisers and talk over how best to carry their agreed-on projects, (2) make an inventory in order to see that they have all needed supplies and equipment, (3) plan new projects, (4) visit other boys and girls in the community and invite them to attend meetings, join, and help, and (5) plan special local public gatherings, exhibits, citizenship ceremonies, radio programs, and other activities to help explain club work to all, and make it mean more to farm boys and girls as well as to the general public.

THEME: The special theme for 4-H Club Week and through 1948 is "Creating Better Homes Today for a More Responsible Citizenship Tomorrow."

WHO 4-H CLUB MEMBERS ARE:

Boys and girls between the ages of 10 and 21 who have agreed to "learn to do by doing" some phase of farming, homemaking, or community activity, under the guidance of cooperative extension workers (county agricultural agents, home demonstration agents, club agents) and the local leaders trained by them.

Each club elects its own officers from its membership and conducts the affairs of the club through democratic procedure. The club members plan the program and select their own demonstrations based on individual and community farm and home needs. They discuss problems of their communities and work out ways to help solve them.

4-H CLUB MEMBERS LAST YEAR:

Learned and demonstrated the best methods of growing foods needed at home and abroad, with 100,000 acres of vegetable gardens, 9 million chickens, 716,000 head of livestock, and 440,000 acres of food and feed crops.

They learned and helped practice conservation by canning 15 million quarts of food, making or repairing 2 million garments, improving 472,000 rooms, adopting soil and water conservation practices on 127,000 acres, and planting and caring for 51,000 acres of forest trees.

They guarded their own and their community's health by having periodic health examinations, taking part in organized recreation, checking and improving their health habits, preparing and serving meals in keeping with food needs of the family, taking first aid and home nursing courses, and improving health and safety conditions around the home and community.

They are launching a program for an international exchange of visits with farm youth of other countries. They are learning how to be more understanding citizens through running their own meetings, discussing world peace, world and responsibilities, and acting as leaders in their clubs and community undertakings.

4-H Club work is the youth part of the whole-family-approach educational program in agriculture and homemak-

ing of the Cooperative Extension Service. In this Extension Service, the United States Department of Agriculture, the State agriculture college, and the counties pool their funds and efforts in one program to take to the farm people the latest results of research and scientific agriculture and homemaking experience. This is largely done through cooperative extension agents that are employed in almost every county. About 186,000 farm men and women and older youth serve as voluntary local 4-H leaders. Many of them are among the 14,000,000 former 4-H members.

For the fourteenth consecutive year, the National 4-H Food Preparation awards program is being continued under the direction of the Extension Service in Virginia and 45 other states in 1948.

More than 350,000 4-H Club girls took part in the program last year. In addition to planning and serving 18,098,278 family meals of home-grown products, the teen aged 4-H "Cookes" prepared many special dishes and school lunches.

Outstanding records of achievement in 4-H food preparation will again receive awards on county, state and national levels, provided by Service. They comprise honor medals, Chicago 4-H Club Congress trips and \$200.00 college scholarships, respectively.

There were 38 county medal winners in Virginia last year.

5. Circular letters have been used sparingly, with only two sent out as the four county papers are ready, by practically all residents. Agent's columns carry information which might have been included in circular letters.

V. WORK WITH YOUTH

A. 4-H Clubs

1. Organization

- a. Officers of the 5 clubs comprise the 4-H Club Council, which serves as a planning and steering committee. This organization meets semi-annually with several purposes -

- (1) To train officers.
- (2) Set up County Goals.
- (3) Plan programs.
- (4) Providing and developing recreation.
- (5) Developing Leadership.

The winter meeting, held following election of officers, is used for planning, principally. The morning is devoted to a short business session, appointment of committees, setting goals and planning programs.

Following a picnic lunch, recreation, led by the Recreation Leaders, from the clubs, is participated in for 30 minutes. Officers are then grouped according to their duties and instructions are given by competent instructors. Each group selects a representative to participate in a model club meeting, which concludes the days program. 37 club officers, sponsors and leaders attended this meeting, held on a cold rainy day. The following goals were adopted at this time:

- (1) President responsible for posting notices of meeting one week in advance.
- (2) Have planned program well in advance.
- (3) One meeting devoted to learning parliamentary procedure.
- (4) Each club have community project.
- (5) Observe Arbor Day.
- (6) Have 75% projects completed.

34
72

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF VIRGINIA

VIRGINIA POLYTECHNIC INSTITUTE AND
UNITED STATES DEPARTMENT OF
AGRICULTURE COOPERATING

EXTENSION SERVICE

Eastville, Virginia
February 13, 1948

Dear 4-H Club Mothers:

First, I want to tell you how happy I am to have an opportunity to work with your daughter in 4-H club work.

If you have not had the time to go over your daughter's 4-H club material with her, I hope you can do so at an early date. We feel that the club members can derive more benefit from the program, if the parents understand their project requirements. They have a sheet from which to select at least 4 articles which they want to make.

It has been impossible for me to visit all club members, in their homes, but I hope to do so within the next few months. If you have any questions, regarding your daughter's club project, I hope you will drop me a card or call Eastville 31. I shall be glad to call at your home or have you stop in the office in an effort to answer your questions. If your daughter gets discouraged over her club work, please contact me.

If you are not a member of a Home Demonstration Club, we hope you will join the club most convenient to you.

Sincerely,

Emma Bratten
Emma Bratten
Home Demonstration Agent

EB:s



Miss Emma Bratten
County Home Demonstration
Agent

Eastville, Virginia

Meeting in the Home Economics Department of Northampton High School, January 13, leaders of the six Home Demonstration Clubs received training by Mrs. Mary L. Thompson, Nutrition Specialist, V. P. I.

"Better Breakfasts" and "Meal Planning" were topics studied at this time. "Unless we get one-fourth to one-third of the daily food requirements, for breakfast, we do not have the energy and vitality necessary for wholesome living," stated Mrs. Thompson. "One quart of milk, for those under 18 years of age and one pint for those over 18, is a definite requirement in getting optimum nourishment to maintain growth and good health," she added.

The leaders attending this meeting will give to their clubs the information which Mrs. Thompson demonstrated at this time. "Meal Planning" will be presented at the February meetings and "Better Breakfasts" in March.

Those present were: Mrs. Clifford Goffigon, Jr. and Mrs. Lamar Fontaine, Community Club; Mrs. J. B. Rowe and Mrs. Vera Killmon, Willis Wharf Club; Mrs. Irving Guy and Mrs. Linwood Lewis, Homemakers Club; Miss Pearl Pearson, Birds Nest Club; Mrs. John Landon and Mrs. Olive Fuller, Jamesville Club; and Mrs. W. T. Taylor, Oyster Club.

All homemakers are invited to attend and become members of these organized clubs.

The Willis Wharf Home Demonstration Club met in the home of Mrs. Clifton Annis, January 7, with Mrs. Harris Crockett, Vice President, in the chair. Mrs. Chester Simpson was welcomed as a new member at this time.

Announcement of the Food Leaders' Training meeting, to be held January 15, was made and the club's leaders were urged to be present.

Informative Garden and Poultry discussions were led by Mrs. Annis and Mrs. Crockett, respectively. Seed catalogs, from four different companies, were distributed by Mrs. Annis and members were urged to order all garden seeds in January, which would be needed through 1948, in order to insure early planting of good seed at a saving of time and energy.

A "Pressure Sauce Pan Meal" was prepared by Miss Bratten, Home Demonstration Agent, in helping the homemakers to conserve time, energy, food and fuel.

The Birds Nest Home Demonstration Club met in the home of Mrs. Ben F. Mears, Wednesday, January 14, with 11 members and four visitors in attendance. Mrs. Wilton Carpenter, 1948 president, presided.

Interesting Poultry and Garden discussions were led by Mrs. Bernard Nottingham and Mrs. Rudolph Carpenter, respectively. In the absence of Mrs. Lee Dunton, Chairman 4-H Advisory Committee, the Home Demonstration Agent presented the goals of the "Rural Youth Committee."

"Use of Pressure Sauce Pans" was demonstrated, by Miss Bratten, Home Demonstration Agent, in stressing the conservation of fuel, energy, time and foods. During the processing of the meal, Biblical and Nature contests were conducted by Mrs. Wyatt. After fifteen minutes of processing, a complete meal of beef, carrots, onions and potatoes was served, supplemented by waldorf salad and crackers, prepared by the hostess.

Mrs. Charles West invited the members to meet with her, February 10, in her new home.

Northampton 4-H Club County Council Meeting

The Northampton 4-H Club County Council met in the Northampton High School Lunch Room on Saturday, January 17, 1948. The meeting was called to order by the president, Lucia Whitehead, the minutes were read by Edna Wagstaff, Secretary, Protom and the treasurer's report given.

A plan of work for 1948 was outlined and programs made by each club. Everyone brought their own lunch and cocoa was served by the Eastville Club, assisted by Mrs. Viok and Mrs. Carpen-

ter. Games were played, introduced by each club's recreational leader and were enjoyed by everyone. Russell Kellan was in charge of the Recreational Program. Following this a short training course was given to each group of secretaries, treasurers and reporters, etc. The election of officers for 1948 followed this. Those elected were: Gene Gunter, president; Lucia Whitehead, Vice President; Virginia Lee Gladden, Secretary; Mary J. Cowling, reporter.

Twenty-seven officers from the five 4-H clubs in the county were present. The following sponsors and leaders assisted with this training meeting: Mrs. B. B. Turner, Sr., Miss Edna Webb, Mrs. Jennie Mapp, Miss Florence Upshur, Mrs. Lee Dunton, Mrs. R. Viobl, and Mrs. Otho Carpenter.

The meeting was adjourned until June, following the 4-H pledge.

Mary J. Cowling-Reporter

Academic High Junior Class To Present Comedy

The Junior class of the high school will present a comedy at the school auditorium on Friday, January 15. The play, "The Comedy of Errors," is a classic comedy by Shakespeare. The cast includes several members of the class, and the production is being directed by the class president.

The comedy will be a light-hearted and humorous play, and is expected to be a great success. The school principal has expressed his confidence in the class and their ability to present a high-quality production.

The play will be held at 7:30 p.m. and is open to the public. Tickets are available for purchase at the school office. The proceeds from the play will be used for the school's annual fund.

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 USE ELECTRICITY FOR
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 TODAY OR VISIT OUR

C SERVICE
 Service"

- (7) Observe Rural Life Sunday.
- (8) Participate in Rat Campaign.
- (9) Take part in overseas seed program.
- (10) Every club send a report to County Agent after every meeting.
- (11) Each club pay \$7.50 to finance two delegates to Jamestown.
- (12) Council pay \$10.00 to delegate to State Short Course.
- (13) Have county-wide picnic in July.
- (14) Have 75% exhibit at Keller Fair.
- (15) Hold Achievement Day in October.
- (16) Participate in Clean-Up Campaign.
- (17) Award pins to members completing projects.
- (18) Hold 2 yearly Council meetings January and June.

The summer meeting was held in June. At this time progress reports were given and plans were made for sending delegates to the State Short Course and District Camp, County-wide Picnic and Achievement Day.

- b. Birds Nest 4-H Club is a typical 4-H Club, with the Principal of School serving as sponsor. With a membership of 19 girls and 12 boys, this club held 9 meetings, during the school term. Two home demonstration club members served as project leaders for these girls, in two different communities, during the summer months, in doing "Food Preservation" work. Girls took "So You'd Like To Sew" and handed in reports 100 percent. Practically all of these girls exceeded the project requirements. Exhibits, at monthly joint meetings, stimulated interest in completions. Assistant County Agent, doing 4-H Club work, and boys, judged the girls' exhibits, each month, adding stimulus to the boys' work, also.

These club members and sponsor attended the 4-H Council meeting 100 percent, gave special program during National 4-H Club Week, had a very impressive Arbor Day program, attended Rural Life Sunday Services 100 percent, sent 4 lbs. of garden seed and 5 lbs. of clothing to Church World Service Center, sent 2 delegates to County Recreational Institute, had a delegate at State Short Course, exhibited at Eastern Shore Fair, attended county-wide picnic, 85 percent, co-sponsored a "Bingo" party, with two home demonstration clubs. (See following page for Rural Life Sunday Service.)

Birds Nest Club

The Birds Nest 4-H Club met in the school library on March 24 at 9:30 a. m. The meeting was called to order by the president, Edna Wagstaff. The roll was called and the minutes of the previous meeting read by Carolyn Ward, secretary.

The first item of business was the election of a vice-president. Floyd Boole was elected by a majority vote.

Eleanor Churn was appointed program chairman for April.

An "Apron" parade then followed. Eleven girls enter this contest. Mrs. Turner, our sponsor, and the boys were the judges. Sue Ward's apron was judged the best. Other girls participating in the exhibit were: Edna Wagstaff, Ethel Gladden, Carolyn Ward, Maatha Lewis, Audrey Mapp, Irene Carpenter, Eleanor Churn, Joyce Carpenter, Eve Mapp, and Mary Lou Turner.

The meeting was then turned over to the program chairman, Irene Carpenter. The program was in observance of "National 4-H Club week." The theme was "Creating Better Homes Today for a More Responsible Citizenship Tomorrow." The following members participated in the program: Alice Spady, Eleanor Churn, Sue Ward, Floyd Boole, Theron Bell Elizabeth Ann Hales, Joyce Carpenter and Eve Mapp. Irene Carpenter read two letters of congratulations to 4-H Club members from President Truman and Governor Tuck.

Next we had a very interesting demonstration on table etiquette by Edna Wagstaff and Carolyn Ward.

Miss Bratten gave us a very interesting talk on table manners. The meeting was adjourned with the

Club Pledge.

Reporter—Ethel Gladden.

4-H Club News

Birds Nest Club

The Birds Nest 4-H Club held its regular meeting on January 28 in the school library. The president, Russell Kellam, called the meeting to order and the secretary, Carolyn Ward, called the roll and read the minutes of the previous meeting. The club selected and set up the 1948 club goals. The president called attention to the Championship Banner which we had won for the most outstanding club work in 1947. After this a discussion was held on the sending of gifts of seeds to some country of Europe. The club voted to send seeds to the Netherlands. The president then appointed Esther DeWald chairman of the committee to handle the seed project.

The meeting was then turned over to the program chairman,

Roy Charnock. After some very interesting games the meeting was turned back to the president. There being no further business the meeting was adjourned with the Club Pledge.

Reporter—Ethel Gladding

BIRDS NEST 4-H CLUB

ARBOR DAY PROGRAM

April 28, 1948

Song, America the Beautiful - - - - -	Club and Audience
Invocation - - - - -	Rev. L. E. McKenney
Origin and Significance of Arbor Day - - - - -	Rev. L. E. McKenney
Arbor Day and the Spirit of Civic Betterment - - - - -	Elizabeth Acworth
Trees Used in Games and Sports - - - - -	Alice Spady
Woodman, Spare That Tree - - - - -	Carolyn Ward
Ideas For Arbor Day - - - - -	Elizabeth Ann Hales
Planting the Tree -	
Poem - - - - -	Joyce Carpenter
Poem - - - - -	Sue F. Ward
"When We Plant A Tree" - - - - -	Floyd Boole
Solo, "Plant A Tree" - - - - -	Eleanor Churn
Poem, "Arbor Day" - - - - -	Theron Bell
Poem - - - - -	Eve Mapp
Song, "TREES" - - - - -	Esther Donald,
	Edna Wagstaff, Carolyn Ward
Benediction - - - - -	Rev. L. E. McKenney

(Names of 4-H Club members, County Agents, Sponsors and Leaders were typed and enclosed in a glass jar. The jar was placed in bottom of hole, before placing the tree for planting.)

This club gave an excellent report of the year's work at Achievement Day, November 13th. Their skit was also judged the best and they were awarded the County Banner for the third consecutive year. Their sponsor, her husband and two project leaders attended the Achievement Program, in addition to one Grandmother, of a member, and several other parents. One of their club members sang a solo as a special feature of the program.

2. Project Work

- a. & b. Agent came to the county in July 1947. After contacting 4-H club sponsors, some parents, chairman, 4-H Advisory Committee and a few of the club members, it seemed advisable to let girls, in the grade schools, take the same project - "Learning To Sew". High School girls decided to take "Clothing Construction". "Food Preservation" was selected by 76 of the girls, in May with 7 asking for "Food Preparation".
- c. "Learning To Sew" was carried by 71 girls, with 61 completing. Demonstrations at monthly meetings were given by agent and one leader. These demonstrations showed girls what a well equipped sewing box or basket should contain, how to use a thimble, thread a needle, tie a knot in thread and use a hem gauge; how to straighten the edge of a piece of material, how to use a sewing machine, make a hem, gather and apply a binding. Following each month's demonstration, articles were exhibited, showing what the members had learned.

One member completed nine articles and garments, in this project. She was awarded the Clothing Achievement pin, at Achievement Day exercises for having done the best project work. Now in High School, this girl is taking Home Economics. Several weeks after she had been in High School, she came to agent and expressed her appreciation for what 4-H club work had meant to her. Her Home Economics work was easier for her, she said, because of what she learned in club work - (and she didn't know, at that time, that she was to get the Achievement award).

"Clothing Construction" was taken by 15 girls, in High School. Although some of these girls were enrolled in Home Economics, the teachers agreed that they could do 4-H club work, also.



4-H Club girls, who have met in school, during the past nine months, have organized for the Summer months into community clubs, as far as possible. These girls will take "Food Preservation" and "Food Preparation" as Summer projects.

Following is a schedule of meetings for June:

June 8th, 2:30 p. m., Capeville Club, Virginia Lee Gladden's home.

June 9th, 2:00 p. m., Birds Nest Club, Irene Carpenter's home.

June 10th, 2:30 p. m., Exmore-Willia Wharf, school lunch room.

June 16th, 2:30 p. m., Wilsonia Neck Club, Elizabeth A. Hales' home.

June 17th, 9:30 a. m., Cheriton Club, Mary Ellen Barnes' home.

June 18th, 2:30 p. m., Eastville Club, Eastville School.

June 24th, 2:30 p. m., Marionville Club, Edna Wagstaff's.

Any girl between the ages of 10 and 20, is invited to attend the meeting most convenient to her.

Mrs. R. Viohi, Capeville; Mrs. Buren Hales, Machipongo; Mrs. Ohio Carpenter, Birds Nest, and Mrs. George Wynne, Willis Wharf, will serve as leaders for these girls.

TOMATOES IN JUNE

Fresh tomatoes have been added to the plentiful food list for June, the U. S. Department of Agriculture announces. Supplies will be coming on markets generally throughout the country from Texas, Georgia, Mississippi, Alabama, California, South Carolina and Louisiana. The unusual abundance results partly from an overlapping of the crops in southern States. The March freeze in parts of Texas, Georgia and Florida made replanting necessary. So tomatoes from these areas got off to a slow start while in other areas they are maturing at the usual time. Extra supplies also will be on markets, which in other years would be selling in Canada. More than a thousand cars of Southern tomatoes usually are marketed in Canada during June and July, but this year Canada is not importing them.

These plentiful fresh tomatoes are expected to retail at considerably lower prices and the quality generally will be good. Shopping housewives may well consider fresh tomato salad for June meals.

Longer life for towels can be assured by rotating supplies—putting freshly laundered towels on the bottom of the pile so a few will not get all the wear while others lie in storage, say home economists.

Long storage without laundering may cause the fabric to deteriorate,

because smoke, dust and moisture in the air combine to weaken the cotton even while the towels are resting on the shelf.

Wash towels before they become too soiled and need extra rubbing or bleaching to become white again. If a bleach is used, dilute it according to directions and be sure to rinse the towels thoroughly.

Home economists point out that drying outdoors in the sunshine is a safe and effective way to whiten towels. Bring towels in as soon as they are dry, because too much whipping by the wind may loosen yarns at corners and cause them to fray.

Ironing turkish towels is unnecessary labor and mats the loops, making the fabric less absorbent. Hand and dish towels may be ironed flat and then simply folded by hand. To prevent too much wear at any one place and to keep the towel from splitting along the creases, vary the folding after each washing.

While the majority of these girls did some work, only 6 handed in records.

3. Other Activities. Why, Objectives, Methods, Results

In view of the fact that there are no recreational facilities, in the county, "Rural Youth" was the Federation Goal selected by the home demonstration clubs, to help provide recreation for the 4-H club members. Through their objectives, informative and impressive Arbor Day programs were held; Bingo parties were co-sponsored with the home demonstration clubs; a County-Wide Picnic was held and soft ball teams were organized during the summer months, where project groups met. "Rural Life Sunday" was observed by all clubs. Two clubs furnished special music, one for offertory and one singing "Dreaming" as a Junior Choir. Distributing church bulletins and taking up collection were other phases of participation, by 4-H club members.

A news paper was published, in March, in lieu of Achievement Day. This paper carried reports of each club, dates of special coming events, standards for a 4-H club, county winners in contests, members who attended District Camp and State Short Course, county and club officer, 4-H Advisory Committee membership. This paper is a cherished possession of club members, who filed it as reference material, and use it in checking goals, dates of special meetings, etc.

Achievement Day was held, November 13, with approximately 50 members, leaders and sponsors participating. One girl and her brother donned gum boots and walked over two miles to attend this meeting, following a morning of continuous rain. Incidentally, this girl won the "Canning Achievement" pin for having done the best work in this project. She picked huckleberries, in the woods, and canned these in addition to vegetables, for the family.

Amid a setting of green and white flowers, 4-H Club banners and flags, the five presidents or their substitute, pianist and speaker sat on the platform, with the presiding officer. Reports were given by these club members, following singing of America and Invocation. Club songs were sung by the group, followed by skits, put on by each of the five clubs. "Trees" was given, as a vocal solo, by one of the club girls.

"Creating Better Homes For A More Responsible Citizenship Tomorrow" was the topic for the address, given by the Edenville Baptist minister.



Mrs. R. H. Rockwell, County Home Demonstration Committee Chairman, was guest speaker at the Community Home Demonstration Club meeting, held November 11, with Mrs. H. B. Charnock, Mrs. Hensel Heath and Mrs. Lamberth Nottingham were welcomed as new members, at this time. Nineteen members and two visitors were present.

The meeting was called to order by the new President, Mrs. William Townsley. Devotionals were led by the Vice-president, Mrs. L. N. Martin. Mrs. Herman Richardson led an instructive discussion on Poultry Management, stressing the importance of keeping a healthy flock in getting maximum returns.

In leading a Garden discussion Mrs. Lynn Dunton emphasized the various types of storage for winter vegetables. She brought to the attention of the members the valuable work being done by one of their neighbors, Dr. F. T. McLean. Through the Norfolk and Onley Truck Experiment Stations, Dr. McLean is conducting research work, which will be of untold value to the farmers in sweet potato culture, she added. Mrs. Dunton called on Mrs. Clifford Goffgon, Jr. to explain the advantages of saving surplus foods through the use of the Canning Center, at Eastville. Much interest was manifested in the possibility of the Canning Center being open for meat canning and lard rendering.

In the absence of Mrs. McLean, Library and Public Policies Chairman, Mrs. Dunton presented the goals and showed pictures of a bookmobile, a long-time objective.

Following the business session, Mrs. Rockwell gave an informative and entertaining report on the State Federation meeting, which she attended, at Blacksburg, in July. She urged her listeners to take advantage of this opportunity to get the latest scientific information along lines of conducive to more wholesome living.

An auction sale of fancy articles, flowers, etc. provided members an opportunity to buy attractive Christmas gifts, while adding to the club treasury.

The meeting adjourned to meet with Mrs. Townsley, December 9, at 2:00 p.m. The demonstration for the day will be "Winter Holiday Dishes."

"Creating Better Homes Today For A More Responsible Citizenship Tomorrow" was the topic of an inspiring address made by Mr. L. E. McKenney at the annual 4-H Clubs' Achievement Day, held November 13, at Northampton High School.

Phyllis Jones, President, Northampton 4-H Club, presided. With Edna Wagstaff at the piano the meeting opened by singing "America", in unison, followed by invocation by Mr. McKenney.

Club reports were given by Floyd Boole for Birds Nest 4-H Club; Eleanor Rowe, Exmore-Willis Wharf; Barbara Brittingham, Cheriton; Nancy Viohl, Capeville.

Humorous skits, by clubs, followed the staging of "I'm Looking Over The 4-H Clover."

Eleanor Churn, Birds Nest Club, charmed the group by singing "Trees".

Mr. McKenney appealed to the club members to develop a sense of appreciation and cooperation in the home if they would become responsible citizens. "Doing our best, today, is the only way to have a good report tomorrow", he stated.

Awards for the past year's work were made by Mr. John Rogers, County Agent-at-Large and Miss Emma Bratton, Home Demonstration Agent as follows:

Leadership, Phyllis Jones; **Canning**, Ellen Jean Kellam; **Clothing**, Alice Spady; **Meat-Animal**, Albert Clayton; **Garden**, Joe Wescott, 1st; **Glenn Pearson 2nd**; **Winfred Carpenter, 3rd**; **Billy Moore, 4th**.

Announcement was made that Northampton County was one of two counties in Virginia to be awarded \$25 for its recreational program during 1948.

Birds Nest Club was awarded the County Banner for having done the best work as a club during the year. This club had 100 per cent project completions.

MORE LIGHT

Lights around the house often seem dim at this time of the year when evenings are longer. The light from lamps often can be increased simply by arranging for more and better reflection, according to home electrification specialists of the U. S. Department of Agriculture.

White or light colors reflect light but dark colors absorb it. So a lamp shade which is dark inside actually wastes light. A white paper lining or a coat of white paint or even shoe polish on the inside may double or treble the light given off.

The shape of the shade counts too, in the amount of light shed. Wide flaring shades give off more than narrow shades with straight sides. Your best distribution of light table lamps need shades 14 to 16 inches across the bottom, and large floor lamps need shades 18 to 20 inches across the bottom.

The height of the lamp is also important. A short floor lamp—about 45 inches from floor to bottom of shade, for example—is usually better than a tall one because the light source is nearer the book or other place where ample light is needed. A table lamp, on the other hand, should not be so short that the shade comes close to the table and cuts off the spread of light needed. When used on a desk or reading table, a table lamp about 15 inches from table to bottom of shade is generally right. If taller than this, the white lining of the shade may cause glare on the eyes.

For the sake of enough light, it may even pay to refinish some dark rooms with light-colored paper and paint. Cleaning often helps, too, in brightening a room. Dirt and dust absorb and waste light whether on wall and ceilings or on lamp shades and bulbs.

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...of fruit juice, a box of Sugar or
...Hospital.

...your purchase aside. Send a post
...glad to pick up and deliver to Hospital

...HANKSGIVING BY GIVING
...TO THE
...comac Memorial Hos

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Leave this coupon at Grocers when

Grocers Name _____ Address _____ GROCER: Phone B. H. 2361 or ma Eastern Shore Herald, Exmore, V up donated supplies.
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BENJAMIN'S - EXMORE, VA.
 NATIONAL BANK OF NORTH
 Nassawadox, Va.
 NORTHAMPTON CAMERA CL
 Eastville, Va.
 PLES TRUST BANK
 R CO., INC.

Winners of county contests were awarded pins, by the County Agents. The County Banner was awarded to the outstanding club at this time. Frozen ice cream cones were served, following the club pledge, by members present.

4. Leadership

This is the weakest link in the 4-H club program. Only one project leader has worked with a club throughout the year. Two leaders worked with two groups, during the summer months. Two new project leaders will work with new groups of girls, during 1949. Limited time for project work, in school, consolidation of schools and lack of sufficient interest are factors contributing to poor leadership in the county.

Sponsors, in the schools, are "too busy" teachers, who devote very little time to assisting members with their plans, etc.

A change in agents, Assistant Farm or Home Demonstration, every year for the past four years, has retarded the program and discouraged leaders, along with the members. With one High School, in the county, seventh grade members lose interest, when they leave their community school and enter High School. This is discouraging to sponsors, in Grade Schools, who lose their older members and, with little interest, and a weak organization in the High School, there is little incentive for a teacher to act as sponsor.

VI. WORK WITH OTHER AGENCIES

A. County Health Department

With a very efficient County Health Nurse, the home demonstration clubs have gained valuable information through her help and have enjoyed working with her.

In January, the Health Chairmen were met by the County Nurse and County Sanitarian, at the county seat. At this time, a program was outlined for the benefit of leading discussions on timely Health topics, at monthly meetings. At these meetings, bulletins, secured from the State Health Department and Extension Division are distributed. Pasteurization of milk is being practiced in view of this work as homemakers have learned that this is a means of preventing "Undulant Fever". This county ranks second in the state in the number of "Undulant Fever" cases. Only

one dairy in the county, until this year, pasteurized the milk. Homemakers are also having cows tested for Bangs Disease, as a precautionary measure.

Two helpers, including a Health Chairman and another member of a home demonstration club have assisted the nurse with her monthly T.B. Clinics. This has helped the club members, in gaining a better knowledge, of the functions of their Health Department, stimulated their interest in the Health problems of their community, and developed in them more pride in the work of their own organization.

B. Farmers Home Administration

Early in the year, agent contacted County Supervisor of F.H.A. and asked for a list of the homemakers whose families had been granted loans through his organization. This list was received in June. Agent has worked with four of the eighteen white families in organizations since that time. One of these homemakers is Poultry Leader in her Home Demonstration Club and has entered the State Poultry Improvement contest. This homemaker cans and freezes food in large quantities for the winter months. She will serve as a Foods' Leader for her Home Demonstration Club during 1949.

Agent hopes to get more of these homemakers in her clubs, next year.

C. Eastern Shore Hospital

Homemakers have made and donated, to the hospital, this year, 105 teatowels and 20 hot pan holders. 55 favors, for Christmas Hospital Trays, are now being made by the club women, for delivery December 15th.

D. Ministers

Rural Life Sunday sermons were preached by the rural ministers, at the request of the Extension Division personnel. 4-H club members were invited to participate in their services, in various ways. (See Rural Life Sunday under "Other Activities".)

These ministers either attended the Recreational Institute, sponsored by Extension Division, or were instrumental in having a representative of their youth group present.

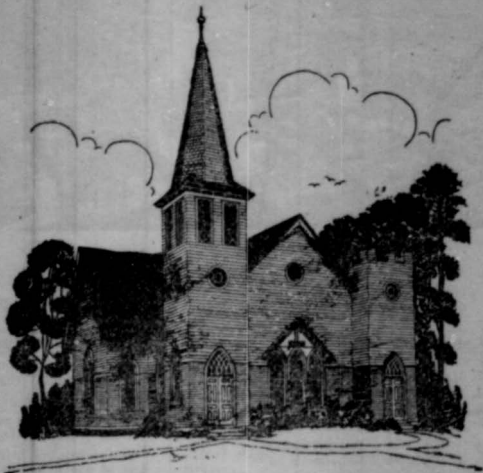
RED BANK BAPTIST CHURCH

Telephone Belle Haven 2103

Organized 1783, Accomack Association

CHESTER R. WAGSTAFF, Pastor

MARIONVILLE - - - VIRGINIA



DEACONS

Frank B. Bell, Chairman	W. F. Badger
Dr. W. J. Sturgis, Sr.	Dr. W. Carey Henderson
William C. Roberts	J. E. Dunton, Sr.
J. W. Bell	S. A. Nottingham, Sr.
Dunton J. FATHERLY, Church Clerk	Weirwood, Va.
W. Bell, Treasurer	Nassawadox, Va.
Mrs. Bruce Turlington	Organist
Mrs. Grace Ames	Associate Organist
John H. Floyd	General Supt. Bible School
Holland Scott, Jr.	Associate Superintendent
Harry R. Bell	Secretary
Mrs. Roy Jones	Organist
Mrs. B. A. Bell, President	Woman's Missionary Union
Mrs. Ernest Mapp, Leader	Elizabeth Downs Circle
Mrs. Chester R. Wagstaff	Young Peoples Director
Bible School	10:00 A. M.
Worship Services	11:00 A. M.

We welcome you to the services of our church.

"I was glad when they said unto me, Let us go unto the house of the Lord."

Psaln 122:1.



Skyline of Memphis, Tennessee, on the Mississippi

Unique Program for 1948 Convention

The ninety-first session of the Southern Baptist Convention will be held in Memphis, Tennessee, May 19-23. Dr. Louie D. Newton, pastor of the Druid Hills Baptist Church, Atlanta, Georgia, president of the Convention, will preside. Vice-presidents are Dr. C. Oscar Johnson, pastor of the Third Baptist Church, St. Louis, Missouri, and Dr. Thomas V. McCaul, pastor of the First Baptist Church, Gainesville, Florida. Secretaries are Porter W. Routh and Joe W. Burton, both of Nashville, Tennessee.

Attendance at the 1947 session in St. Louis, Missouri, broke a 27-year-old record by registering a total of 8,502 messengers. An additional 5,000 visitors were estimated also to have been in attendance.

The previous all-time high attendance for the Southern Baptist Convention was at the historic meeting in Washington in 1920, the session at which the late Dr. George W. Truett

delivered his famous address on religious liberty from the steps of the nation's capitol. Registration that year was 8,359.

The theme of this year's convention will be "Christ is the Answer." Dr. R. G. Lee, of Memphis, will make the theme the subject of his sermon at the close of the Friday evening session.

The Convention sermon will be preached by Dr. W. R. Pettigrew, Louisville, Kentucky, at the opening session. Music will be directed by W. Plunkett Martin.

A unique feature of the Convention program will be a visitation and personal work program carried on in cooperation with Memphis churches looking toward an evangelistic service to be held Sunday afternoon. This service is under the joint direction of the Southern Baptist Convention Committee on Evangelism, the department of evangelism of the Home Mission Board, and Memphis churches.

Spotlight on the Home

The darkest fear on the horizon of the average church man and woman today is the somber prospect of the rapid deterioration of the modern home. Not that many excellent homes do not still exist, but rather that the rapid breakdown of such a vast number of homes where religious nurture is absent brings into sharp focus the instability of home life generally.

If for no other reason than as an effort to check this alarming threat to our homes, Christian Home Week is welcome emphasis.

During such an emphasis as Christian Home Week in the churches, special visitation can be made into every home: families can sit together in the services; messages from the pulpit, the press, and through the mails can attract the attention of the entire community to the inherent importance of the home, and the impending danger threatening it.

What an impression for good can be made every year by bringing into the forefront of our people's thinking the treasure that is our homes!

-C. DeWITT MATTHEWS

People Called Baptists

There are fifteen million people called Baptists. They constitute the largest body of "free" Christians in the world. By "free" Christians we mean those who are members of some Christian communion by their own choice.

Millions of people are members of state churches because they were born in certain countries; other millions are counted as members of certain churches because their parents or guardians were and they themselves were sprinkled in infancy. But every one

of the fifteen million Baptists decided for himself, was baptized upon the profession of his own faith, and was enrolled as a result of his own application for church membership.

These Baptists are not all alike in every particular. Baptists are extreme individualists; they demand for themselves and grant to all others the right to think independently. As a result there are some minor differences among them, but they all acknowledge Jesus Christ as Lord and accept the New Testament as their standard of faith and practice. For this reason Baptists can be recognized and have fellowship wherever they are found.

Trusting



Lambert

A little child will hold your hand
And turn to you to lead him through
A passage dark without a spark
Of light. He trusts you understand.

So God leads me though storms run wild,

Though dark the day He leads the way
Till rays of Light burst on my sight.
When I am trusting as a child.

-CARRIE MARECY BORING

(Permission Bethany Press)

MAY 2, 1948 ELEVEN O'CLOCK

Rural Life Sunday

Four H. Club Day

Organ Prelude-----
*Choral Call To Worship-----*Standing
 *CONSIDER THE LILIES
Responsive Reading 76-----Invocation
Hymn 406-----"This Is My Father's World"
SCRIPTURE LESSON-----LUKE 2:40-52
Prayer-----and-----Lord's Prayer
"Hear Our Prayer O Lord"-----Choir

*Hymn 405 -----"Tell Me The Stories of Jesus"
 OFFERTORY
SPECIAL-----By Four H. Club Representatives
 SERMON
TEXT LUKE 2:40 "And the child grew, and waxed
strong, filled with wisdom; and the grace of God
was upon him".
SUBJECT-----CHILDHOOD AT ITS BEST
*Hymn 401----- "Dare To Be Brave, Dare To Be"
*Benediction-----Organ Postlude

X We are pleased to have Four H. Club members present in a group this morning and to have them participate in our service. Come again and often.

May Fellowship Day will be observed by The Northampton Council of Church Women at The Franktown Church, May 7th 2:30 p.m. Topic-Every Child Is My Child--In the Fabric of Fellowship. School children will participate in the program, and all church women are urged to be present.

Those present to-day will be given envelopes in which to make a special MOTHERS DAY offering to our Baptist Hospital at Lynchburg. Money thus designated will be our special offering.

Mrs. Fred Belote is receiving subscriptions to the Herald Club. The price is two dollars through the club. You save fifty cents thus.

Please give Mrs. Roy Jones a nickle or more on the "Miss Accomack" calf fund, if you have not already done so. Thank you!



County Home Demonstration NEWS

*Only The Home
Can Found
A State.*

MISS EMMA BRATTEN, Northampton

Mrs. R. H. Rockwell, County Home Demonstration Committee Chairman, was guest speaker at the Community Home Demonstration Club meeting held November 11, with Mrs. H. B. Charneck, Mrs. Hensel Heath and Mrs. Lamberth Nottingham were welcomed as new members, at this time. Nineteen members and two visitors were present.

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An auction sale of fancy articles, flowers, etc., provided members an opportunity to buy attractive Christmas gifts, while adding to the club treasury.

The meeting adjourned to meet with Mrs. Townsley, December 2, at 2:00 p.m. The demonstration for the day will be "Winter Ho-

iday Dishes."

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The Eastern Shore News, Friday, Nov. 19, 1943 29

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THEY ARE DELICIOUS!

MAX

BRAND

SWEET PICKLE STRIPS

At Your Favorite

Grocery



PECAN
ICE CREAM



PROGRAMME

4-H CLUBS' ACHIEVEMENT DAY

NOVEMBER 13, 1948

EASTVILLE HIGH SCHOOL

Gene Gunter, President 4-H Club Council, Presiding

Call to Order

"America" - Led by Mrs. Ernest Drummond - Accompanist, Miss Edna Wagstaff

Invocation - Rev. L. E. McKenney, Pastor Eastville Baptist Church

Club Reports:

- Cheriton - - - - - Essie Mae West
- Capeville - - - - - Nancy Viehl
- Birds Nest - - - - - Floyd Boole
- Eastville - - - - - Frances Steelman
- Exmore-Willis Wharf - - - - Margaret Savage

Songs

Club Skits:

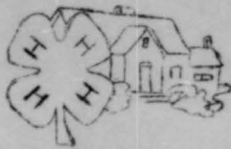
- Cheriton - - - - - "The Terrible Ghost Story"
- Capeville - - - - - A Secret
- Birds Nest - - - - - "Some Of Them Are"
- Eastville - - - - - "What Do They See"
- Exmore-Willis Wharf - - - - "Mary Had A Little Lamb"

Solo - "Trees", Eleanor Churn, Birds Nest Club

Address - "Creating Better Homes Today For A More Responsible Citizenship Tomorrow" - Rev. L. E. McKenney

Awards - Mr. John Rogers & Miss Eva Bratten

Club Pledge - Led by Phyllis Jones



AMERICA

My country 'tis of thee,
Sweet land of liberty
Of thee I sing.
Land where my fathers died
Land of the Pilgrim's pride,
From ev'ry mountain side,
Let freedom ring.

Our Father's God to Thee,
Author of Liberty
To Thee, we sing:
Long may our land be bright,
With freedom's holy light;
Protect us by Thy might
Great God, our King.

4-H CLOVER

I'm looking over the 4-H clover
That I've overlooked before!
One leaf for HEAD and another for HEART --
One for the HANDS that are doing their part
No need explaining, the one remaining
Is HEALTH that we're striving for --
I'm looking over the 4-H clover
That I've overlooked before!

PLOUGHING SONG

A growing day, and a waking field,
And a furrow straight and long;
A golden sun, and a lifting breeze,
And we follow with a song.

DREAMING

My home must have a high tree
Above its open gate;
My home must have a garden
Where little dreamings wait;
My home must have a wide view
Of field and meadow fair,
Of distant hill, of open sky,
With sunlight everywhere.

My home must have a friendship
With every happy thing;
My home must offer comfort
For any sorrowing;
And every heart that enters
Shall hear its music there,
And find some simple beauty
That every life may share.

CHORUS

Sons of the soil are we,
Lads of the field and flock;
Turning our sods,
Asking no odds,
- There is a life so free?
Sons of the soil are we,
Men of the coming years,
Facing the dawn,
Brain ruling brawn,
Lords of our lands we'll be.

A guiding thought, and a skillful hand,
And a plant's young leaf unfurled;
A summer's crown, and a summer's rain,
And we harvest for the world.

4-H CLUB PLEDGE

I pledge,
My Head to clearer thinking,
My Heart to greater loyalty,
My Hands to larger service, and
My Health to better living, for
My Club, My Community, and My Country.

Agent finds the rural ministers willing to cooperate, in every way, to further the 4-H club program. They, like the agents, are very conscious of the need of more and better recreational opportunities, for the young people of the county.

E. Home Economics Teachers

Agent has very nice working relations with the Home Economics Teachers, in the one High School, in the county. Before school began, agent contacted the new instructor to get her reaction on 4-H club work in High School. Having taught one of the county's 7th grades, last year, this teacher was especially interested in the girls, whom she had taught the previous year. Practically all the girls had been in 4-H club and this teacher appreciated what it had meant to so many of these girls, in changing some of their attitudes, toward home responsibilities, etc. For that reason she was interested in all the girls continuing in 4-H club work.

The Home Economics Department is turned over to agent for all Leader Training meetings and the teachers arrange for leaders and agent to get lunch in the school cafeteria.

F. Schools

Principals of schools cooperate 100 percent, one acting as leader. A regular time for meetings is included in the school schedule and the 4-H Club has a special place on the school bulletin board, where all notices, pertaining to the club, are posted by the club secretary.

G. Welfare Department

This office adjoins the Welfare Department office, which makes it convenient in contacting case workers. Relations between the offices are very satisfactory with both agencies working with several families. Two 4-H club girls, whose families receive aid from the Welfare Department are continuing club work in High School. One is doing good work in Home Economics department also. Two homemakers, receiving public assistance, have been contacted by agent and members of an accessible home demonstration club in an effort to assist these women with their Food Preservation problems. Both of these women work in the fields, during the food growing season, which makes it difficult for them to get to meetings.

VII. EVALUATION OF THE 1948 HOME DEMONSTRATION PROGRAM

Agent came to this county July 1947. At that time there were only four home demonstration clubs that had been organized more than six months. Two had been organized only four months and one of these wanted to disband, because of lack of interest, the president stated. In October - 1947 - following the county planning meeting, presidents of these six clubs expressed themselves as feeling that it would be useless to try to secure project leaders, as they had never worked that way and they thought the agent was paid to give the demonstrations. Agent found that, by taking charge of this phase of their meeting, it was easy to interest the members in volunteering for different phases of the program. At every meeting leaders were secured for Garden, Poultry, Foods, Clothing, House Furnishings and Federation Goal. These leaders ceased to wonder and appreciated their office after the first ones attended a training meeting. All training meetings but two, held during the year, were attended 100 percent. Leaders were unable to attend these meetings, due to harvesting of crops. Agent feels that securing, developing and using these leaders, has meant more to the homemakers than anything she has done, since coming to the county. One president, in giving her report, at Achievement Day stated, "I feel that the most important thing that we have learned, this year, is that we can stand on our own feet. We can have a meeting, now, without the agent being present." Leaders have given seven of the twelve demonstrations, at monthly meetings, this year, and enjoyed it. That this is true, was manifested in securing leaders, this year. Agent took no part in that part of the meeting as members eagerly expressed their desires, as to the project they preferred in serving as leader.

Due to the type of farming - truck - it is difficult to interest these people in the value of a Year-Around Garden, near the house. "We have fields of tomatoes", "We don't need a garden with fields of tomatoes and beans", "My husband is too busy to fool with a garden", are common expressions in this county. Through the training received, by Garden Leaders, from specialists, and the use of these leaders' gardens, as result demonstrations, more homemakers are becoming garden conscious.

Two new clubs have been organized, during the year, making a total of eight clubs, accessible to practically all homemakers, in the county.

A printed year book, used for the first time, this year, has stimulated interest and helped the homemakers in keeping more accurate records. The book was financed by a large produce exchange, in the county.

Through the Rural Youth program, new contacts were made, with church and civic organizations, which has helped to further the Extension Division program.

4-H Club work is very unsatisfactory, although completions increased 37 percent over last year. Agent hopes, through more project leaders, to interest the older girls in continuing in club work and keeping records of their accomplishments.

Agent feels that, with the changed attitudes, in regard to leaders, homemakers should do a more constructive piece of work in 1949, as the mechanics of their organizations will run more smoothly and consume less time and energy, at monthly meetings.

34
72

THERE ARE HOMES

So long as there are homes to which men turn
At the close of day;
So long as there are homes where children are
Where women stay,
If love and loyalty and faith be found
Across those sills,
A stricken nation can recover from
Its gravest ills,
So long as there are homes where fires burn,
And there is bread;
So long as there homes where lamps are lit
And prayers are said;
Although a people falter through the dark
And nations grope,
With God Himself back of these little homes,
We have sure hope.

—GRACE NOLL CROWELL

VIRGINIA HOMEMAKERS CREED

As homemakers we will strive to:

Have our organization foster the highest ideals in home, church, school and public life.

Have our home reach out in service to the communities and help unite the people.

Have cooperation and progress the leading forces in our communities.

Study the best ways to do every day work that we may find joy in common tasks well done.

Be kind beyond the standards of charity; avoid thoughts and words that condemn; be more thoughtful than love requires; maintain the highest ideals of Christian life.

HOMEMAKERS PRAYER

For health and strength and daily food, we praise thy name, O Lord. Amen.

PLEDGE OF ALLEGIANCE

I pledge allegiance to the flag of the United States of America and to the Republic for which it stands; one nation, indivisible, with liberty and justice for all.

NORTHAMPTON COUNTY
HOME DEMONSTRATION COMMITTEE

DREAMING

- President _____ Mrs. Robert Rockwell
Jamesville, Virginia
- Vice-President _____ Mrs. W. T. Taylor
Oyster, Virginia
- Sec.-Treas. _____ Mrs. William Snyder
Weirwood, Virginia
- Federation Goal Chairman _____ Mrs. J. E. Tankard
Nassawadox, Virginia
- Health Chairman _____ Mrs. J. Lee Dunton
Birds Nest, Virginia
- 4-H Advisory Committee Chairman _____ Mrs. J. Lee Dunton

ADVISORS

- Miss Maude E. Wallace, *Assistant Director*
in charge of Home Demonstration Work
Blacksburg, Virginia
- Miss Sylvia Slocum, *District Agent*
303 Lyric Building
Richmond, Virginia
- Miss Emma Bratten
County Home Demonstration Agent
Eastville, Virginia

My home must have a high tree,
Above its open gate;
My home must have a garden
Where little dreamings wait;
My home must have a wide view
Of field and meadow fair,
Of distant hill, of open sky,
With sunlight everywhere.

My home must have a friendship
With every happy thing;
My home must offer comfort
For any sorrowing;
And every heart that enters
Shall hear its music there,
And find some simple beauty
That every life may share.

My home must have its mother,
May I grow sweet and wise;
My home must have its father
With honor in his eyes;
My home must have its children,
God grant the parents grace,
To keep our home through all the years,
A kindly, happy place.

SPECIAL MEETINGS

December _____ Health Chairman Training Meeting
 January _____ Food Leader's Training Meeting
 January _____ Federation Goal Chairman Training Meeting
 March _____ County H. D. Committee Meeting
 April _____ Clothing Leader's Training Meeting
 April _____ District Federation Meeting
 July _____ State Federation Meeting
 July _____ House Furnishings Leaders' Training Meeting
 August _____ Picnics—Fair
 October _____ County Planning Meeting
 October _____ Achievement Day
 November _____ Garden & Poultry Leaders
 Training Meeting

1947 - 48 CLUB YEAR BOOK

Name of Member _____

Name of Club _____

CLUB OFFICERS

President _____

Vice-President _____

Secretary-Treasurer _____

Federation Goal Chairman _____

Publicity Chairman _____

Health Chairman _____

4-H Club Leader _____

Clothing Leaders _____

Fruit and Garden Leader _____

Poultry Leader _____

Feeds Leaders _____

House Furnishings Leaders _____

Other Leaders or Chairmen _____

CLUB PRESIDENTS - 1948

CLUB	PRESIDENT	Feb.	Mar.	Apr.	May	June	July	Aug.	Sept.	Oct.	Nov.
Birds Nest	Mrs. Wilton Carpenter <i>Birds Nest</i>										
Community	Miss Sallie Parsons Capeville, Virginia										
<i>Acherston</i>	<i>Mrs. H. Moore & Sea View, Va.</i>										
Homemaker	Mrs. Edgar Smith Exmore, Virginia										
Jamesville	Mrs. N. D. Dix Wardtown, Virginia										
Oyster	Mrs. W. T. Taylor Oyster, Virginia										
Willis Wharf	Mrs. E. J. Moore Willis Wharf, Virginia										
<i>*Wilsonia</i>	<i>Mrs. B.A. Underhill</i> <i>Wachipodgon</i>										

THOUGHT FOR THE YEAR

"What a woman does for herself dies with her but what a woman does for her community lives long after she is gone."

**Organized in Spring of year*

ACCOMPLISHMENTS

Dec. Jan.

1. No. people to whom information was passed		
2. No. garments restyled		
3. No. garments mended		
4. No. garments darned		
5. No. sewing machines cleaned		
6. No. meals planned by the week		
7. No. storage units built		
8. No. storage units improved		
9. No. members of family eating better breakfast		
10. No. color schemes worked out for home		
11. No. buttonholes bound		
12. No. lamp shades made		
13. No. improvements made in house - floors, etc.		
14. No. qts. meat canned		
15. No. qts. vegetables canned		
16. No. vegetables being served from garden		
17. No. lbs. meat frozen		
18. No. small fruits planted		
19. No. lbs. lbs. vegetables frozen		
20. No. lbs. fruits frozen		
21. Was Pressure Sauce Pan Used?		

FEDERATION GOAL - 1948

RURAL YOUTH

Mrs. J. E. Tankard, Chairman
Nassawadox, Virginia

SLOGAN: *Plan today for the America of tomorrow.*

AIM: *To develop a better understanding of young people, stimulate leadership and promote wholesome recreation.*

1. DEVELOP A BETTER UNDERSTANDING OF YOUNG PEOPLE.
 - a. In the family.
 - b. In the club and community.
 - c. In the country.
2. STIMULATE LEADERSHIP.
 - a. In the family.
 - b. In club and Community.
 - c. In the county.
3. PROMOTE WHOLESOME RECREATION.
 - a. In the family.
 - b. in club and Community.
 - c. In the county.

CLUB OBJECTIVES

1. Leaders give demonstration for which they are trained.
2. Make survey to determine number of boys and girls in community of 4-H club age.
3. Sponsor clean-up campaign in April.
4. Pay State Federation dues of \$3.00 by March 1.
5. Contribute \$3.00 to county home demonstration fund by March 1.
(Send money to Mrs. William Snyder, County Treasurer, Weirwood, Virginia.)
6. Send club report to County Chairman, April 1 and October 1.
(Mrs. Robert Rockwell, Jamesville, Virginia.)
7. Give 4-H Club Scholarship to camp.
8. Help to organize a new club.

SCHEDULE OF MONTHLY MEETINGS IN COUNTY

H. D. and 4-H CLUBS

FIRST WEEK

Monday _____ Willis Wharf H. D. Club
 Tuesday _____ Capeville 4-H Club
 Wednesday _____
 Thursday _____
 Friday _____

SECOND WEEK

Monday _____
 Tuesday _____ Birds Nest H. D. Club
 Wednesday _____ Birds Nest and Exmore 4-H Clubs
 Thursday *Cheriton & Eastville 4-H Clubs*
 Friday _____

THIRD WEEK

Monday _____ *Wilsonia H.D.C.*
 Tuesday _____ Oyster H. D. Club
 Wednesday _____ Jamesville H. D. Club
 Thursday _____ *Cheriton H.D.C.*
 Friday _____

FOURTH WEEK

Monday _____
 Tuesday _____ Community H. D. Clubs
 Wednesday _____ Birds Nest and Exmore 4-H Clubs
 _____ Homemakers H. D. Clubs
 Thursday _____ Cheriton and Eastville 4-H Clubs
 Friday _____

NOVEMBER

Date of Meeting _____ Place of Meeting _____

Call to Order. (See inside of back cover.)

Demonstration: "Christmas Suggestions."

NOTES

THOUGHT FOR THE MONTH

"I need not walk alone, embittered, when Forgiveness can link me with my fellow men."

—MARGARET E. BAUNER.

DECEMBER

Date of Meeting _____ Place of Meeting _____

Call to Order (See inside of back cover.)

Demonstration: "Inexpensive Desserts and Favors."

NOTES

A CHRISTMAS PRAYER

We open here our treasurers and our gifts;

And some of it is gold,

And some is frankincense,

And some is myrth;

For some has come from plenty

Some from joy,

And some from deepest sorrow of the soul.

But Thou, O God, dost know the gift is love,

Our p'ledge of peace, our promise of good will,

Accept the gift and all the life we bring.

—HERBERT H. HINES.

JANUARY

Date of Meeting _____ Place of Meeting _____

Call to Order. (See inside of back cover.)

Demonstration: "Use of Pressure Sauce Pan."

NOTES

THOUGHT FOR THE MONTH

"My interest is in the future because I am going to spend the rest of my life there."

—CHARLES F. KETTERING.

OCTOBER

Date of Meeting _____ Place of Meeting _____

Call to Order. (See inside of back cover.)

Secure Leaders, Chairman, Etc.

Demonstration: "Floor Finishes."

NOTES

THOUGHT FOR THE MONTH

"The important things in a home are not the furnishings, but the things money cannot buy."

SEPTEMBER

Date of Meeting _____ Place of Meeting _____

Call to Order. (See inside of back cover.)

Hand in Reports—Elect Officers.

Demonstration: "Color In The Home."

NOTES

THOUGHT FOR THE MONTH

"Tis not the house that makes the home but the love of those therein."

FEBRUARY

Date of Meeting _____ Place of Meeting _____

Call to Order. (See inside of back cover.)

Demonstration: "Meal Planning."

NOTES

THOUGHT FOR THE MONTH

"You can take one good homemaking idea to a club meeting and bring back a dozen ideas, without cheating."

MARCH

AUGUST

Date of Meeting _____ Place of Meeting _____

Date of Meeting _____ Place of Meeting _____

Call to Order. (See inside of back cover.)

Call to Order. (See inside of back cover.)

Demonstration: "Better Breakfasts."

Demonstration: Open—Club Selection.
Elect President for 1948

NOTES

NOTES

THOUGHT FOR THE MONTH

THOUGHT FOR THE MONTH

"Sunday is the golden clasp that binds together the volume of the week."

Tomorrow has two handles. We can take hold of it with the handle of anxiety or the handle of faith. We must face the future with Christ and grasp tomorrow with the handle of faith."

—LONGFELLOW.

—MRS. MALCOLM GEARHART.

JULY

Date of Meeting _____ Place of Meeting _____

Call to Order. (See inside of back cover.)

Demonstration: "Use of Sewing Machine Attachments."

NOTES

THOUGHT FOR THE MONTH

"If I can supply you with a thought
 You may remember and you may not.
 But if I can make you think a thought for yourself,
 I have indeed added to your stature."

—ELBERT HUBBARD.

APRIL

Date of Meeting _____ Place of Meeting _____

Call to Order. (See inside of back cover.)

Demonstration: "Short Cuts In House Cleaning."

NOTES

THOUGHT FOR THE MONTH

"The beauty of the house is order;
 The blessing of the house is contentment;
 The glory of the house is hospitality;
 The crown of the house is godliness."

—ANONYMOUS.

MAY

Date of Meeting _____ Place of Meeting _____

Call to Order. (See inside of back cover.)

Demonstration: "Altering Patterns To Fit The Individual."

NOTES

THOUGHT FOR THE MONTH

"Joy is something that is multiplied when it is divided."

JUNE

Date of Meeting _____ Place of Meeting _____

Call to Order. (See inside of back cover.)

Demonstration: "Dress Finishes—Bound Buttonholes—Plackets."

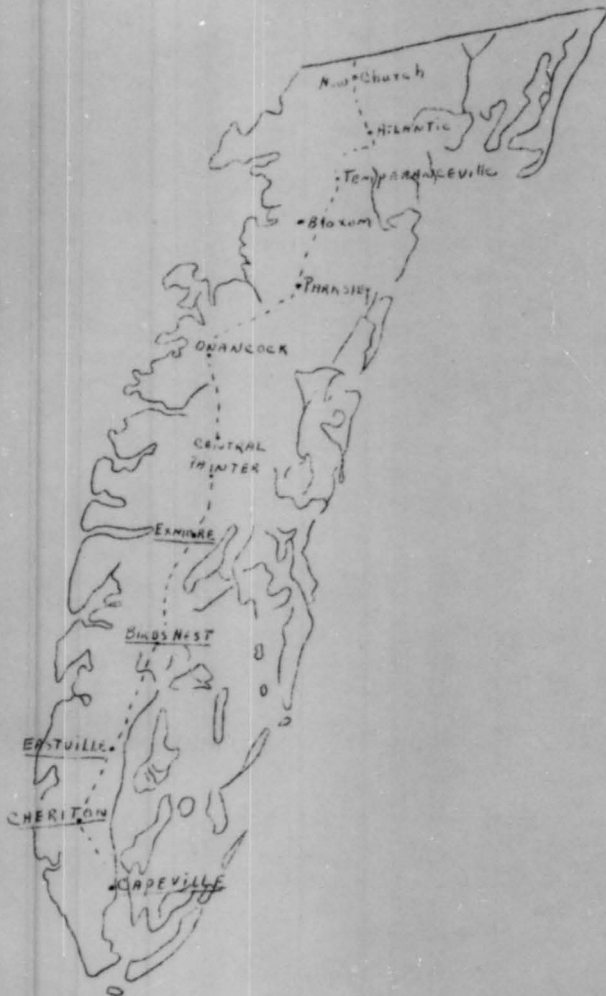
NOTES

THOUGHT FOR THE MONTH

"Home's not merely four square walls,
Though with pictures hung and gilded;
Home is where Affection calls—
Filled with shrines the Heart hath builded."

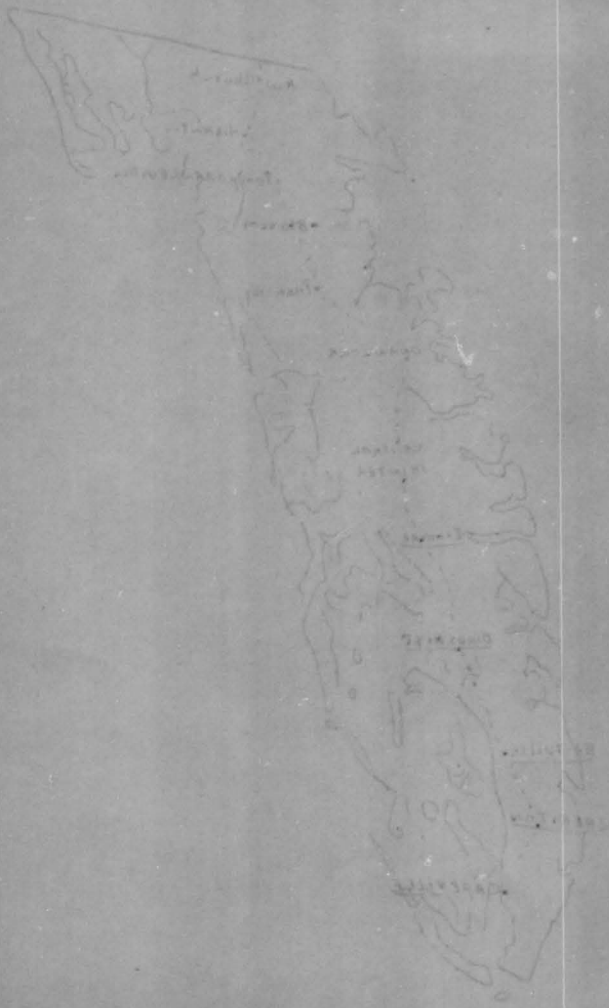
CHARLES SWAIN.

4-H TRAIL of THE EASTERN SHORE



THE EASTERN SHORE

A-H TRAIL



VOLUME II NO I

MARCH 1948



— DON'T FORGET —

NORTHAMPTON COUNTY

VOLUME II NO. 1 MARCH 1948



NORTHAMPTON COUNTY

Blacksburg, Virginia
January 21, 1948

Greetings to all 4-H Club Members and Leaders!

Recently, I visited in Northampton County and enjoyed "chatting" with 4-H members and leaders.

Now is the time to begin making some good plans for 1948. One way to begin is to think back over last year's plans and accomplishments -- how do you think they can be improved? In making a plan of work for your club, be sure and list all of the things you would like to do this year and then decide when and how they are going to get done. You had better look over the club roll and decide on different members to be responsible for certain types of work. Be sure that everyone knows exactly what he is to do.

Here in the state 4-H club office, we have been doing a little "figuring", too! Last year we had 43,679 club members in Virginia. They conducted 61,998 projects, of which 76 per cent were completed. This report is a total of all 4-H club work from all counties in Virginia. So you club folks in Accoonac and Northampton helped to make this report. We are proud of Virginia's accomplishments, but think we can still make it better another year.

How can you help to make your club better? You might check this list:

1. Work hard on projects and keep record up-to-date.
2. Help some other member who is just beginning club work.
3. Take part in your community activities such as community projects, camps, socials, rally days, achievement days, fairs, monthly club meetings.
4. Find out what contest you can enter and begin working toward it.
5. Discuss your work with your parents, leaders, agents and club officers. They like to hear you talk about it--it shows them that you are interested.
6. Consider carrying a project for more than one or two years. The longer you work with a project the more perfect you can become; that is, if you make it grow and improve on your mistakes.

I am afraid by now that your list of new year's resolutions will be entirely too long so I had better stop and make some myself.

Hoping to see many of you at camp and state short course this summer and with all good wishes for a healthy and happy year, I am

Sincerely yours,

Catherine Peery
Ass't. State 4-H Club Agent

EDITORIAL STAFF

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EDITORIAL STAFF

- Editor-in-chief Royce Letimer Northampton High Club
- Assistant Editor Frances Steelman Northampton High Club
- Business Manager Gene Gunter Northampton High Club
- Art Editor Mary Frances Wyatt Northampton High Club
- Senior Club Reporter Connie Downing Northampton High Club
- Club Reporter Wanda Lee Warren Capeville Club
- Club Reporter Lou Ann Ashby Exmore-Willis Wharf Club
- Club Reporter Bruce Richardson Cheriton Club
- Club Reporter Ethyl Gladden Birds Nest Club

THE NATIONAL 4-H CLUB PLEDGE

I pledge,

My Head to clearer thinking,

My Heart to greater loyalty,

My Hands to larger service, and

My Health to better living, for

My Club, My Community, and My Country.

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COUNTY COUNCIL

OFFICERS

President Gene Gunter Northampton High Club
Vice-President Lucia Whitehead Esmore-Willis Wharf Club
Secretary Virginia Lee Gladden Capeville Club
Reporter Mary J. Cowling Cheriton Club

MEMBERS

Esmore-Willis Wharf Club

Birds Nest Club

Maurice Nottingham	President	Russell Kellam	President
Paige Fitchett	Vice-President	Edna Wagstaff	Vice-President
Lucia Whitehead	Secretary	Irene Carpenter	Treasurer
Joyce Kelley	Treasurer	Carolyn Ward	Secretary
Rebecca White	Song Leader	Ellen Churi	Song Leader
Lou Ann Ashby	Reporter	Ethel Gladden	Reporter
Archie Bradford	Game Leader	Geo. T. Turner	Game Leader

Northampton High Club

Cheriton Club

Gene Gunter	President	Mary J. Cowling	President
Phyllis Jones	Vice-President	Mary Lou James	Vice-President
Frances Steelman	Secretary	Lillian F. Bailey	Treasurer
Patsy Whitley	Treasurer	Barbara Chandler	Secretary
Connie Downing	Reporter	Mary Ellen Barnes	Song Leader
Mary Frances Wyatt	Song Leader	Bruce Richardson	Reporter
Billy Cut Gladstone	Rec. Leader	Jimmy Savage	Rec. Leader

Capeville Club

- Virginia Lee Gladden . . . President
- Kay Warren Vice-President
- Nancy Viohl Secretary
- Nancy Heath Rec. Leader
- Alma Dunton Song Leader
- Wanda Lee Warren Reporter
- Ellen Culver Cheer Leader

CLUB SPONSORS

- Emore-Willis Wharf Club . . Miss Edna Webb
- Birds Nest Club Mrs. B. B. Turner, Sr.
- Northampton High Club Miss Florence Upshur
- Cheriton Club Mrs. Jennie Mapp
- Capeville Club Mrs. Romus Viohl

MOTTO

"TO MAKE THE BEST BETTER"

EMBLEM

FOUR LEAF CLOVER

COLORS

GREEN AND WHITE

34
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4-H CLUB REPORTS

Excelsior-Willis Wharf Club

The club members in Excelsior-Willis Wharf school have reported sending 37 packages of seed to Belgium. Members donating seed put their name and address on the package which they donated. These members hope to make new "Pen Pals" through this project.

Birds Nest Club

Birds Nest 4-H Club had 12 meetings with 35 on roll, carrying 39 projects. We had an average attendance of 29. 7 members exhibited at Keller Fair.

During 1946-47 the club raised \$35.00 by selling coat hangers and Christmas Cards. With this money, plus money already in treasury, we bought a Flag and Flag Pole for our school. We had the Flag Raising Ceremony October 27, 1947. It opened with the singing of America, followed by a prayer by Rev. C. R. Wagstaff. Then we had very interesting talks by Dr. Stevens of Newport News and Mr. G. C. Hamilton, Principal of Northampton High School. The Flag was presented to Mrs. B. B. Turner, Sr., Principal of our school, by our president, Russell Kellan. Mrs. Turner, in accepting the Flag as a gift from the club, commended the club members for the work which they had done during the past year. As the Flag ascended the pole "The Star Spangled Banner" was sung, after which we had the salute. The program closed with the club pledge.

The club observed Clean-Up Week, April 14 - 19. Five of our members attended Jamestown Camp and one attended the State Short Course at Blacksburg.

For the third time, Birds Nest Club has won the championship Banner for the most outstanding club work in the county. We have set our '48 goals and hope to win again.

Edna Wagstaff, Reporter

Cheriton Club

The Cheriton 4-H Club had four people to go to Jamestown Camp.

Fifteen members exhibited different articles of clothing, canning and livestock at Keller Fair. Many of these received prizes.

Our club sent a large box of clothing to Europe last year. Three of our members were awarded prizes for doing good work in food preparation.

Bruce Richardson, Reporter

Capeville Club

Last summer 100% members of the Capeville "Busy Bee" 4-H Club attended Keller Fair. 100% exhibited and everyone won a prize. There was also 100% officers, who attended the County Council Meeting at Eastville.

There are eleven members in our club and Mrs. Romus Viohl is our leader.

Each month we have tried to make something. So far, we have made lapel ornaments, stuffed toys, scarves, and aprons. Next month we plan to make skirts.

Friday night, February 20, 1948, with the help of the Community Home Demonstration Club, we had a successful Bingo Party and auction at Mrs. Lynn Danton's.

Wanda Lee Warren, Reporter

GOALS FOR 1948

1. President responsible for posting notices of meeting one week in advance.
2. Have planned program well in advance.
3. One meeting devoted to learning parliamentary procedure.
4. Each club have community project.
5. Observe Arbor Day.
6. Have 75% projects completed.
7. Observe Rural Life Sunday.
8. Participate in Rat Campaign.
9. Take part in overseas seed program.
10. Every club send a report to County Agent after every meeting.
11. Each club pay \$7.50 to finance two delegates to Jamestown.
12. Council pay \$10.00 to delegate to State Short Course.
13. Have county-wide picnic in July.
14. Have 75% exhibit at Keller Fair.
15. Hold Achievement Day in October.
16. Participate in Clean-Up Campaign.
17. Award pins to members completing projects.
18. Hold 2 yearly Council meetings January and June.

4-H STANDARD

The following standard shall be used to judge the best club to be awarded a County Banner:

	<u>Points</u>
1. 100% project records turned in by Nov. 1	
Boys	500
Girls	500
2. 100% attendance at club meetings	500
3. Presentation of club program	300
4. Interest of leaders in club	
Boys' Leader . . .	200
Girls' Leader . . .	200
5. 100% members attending Achievement Day Program	200
100% members' parents attending Achievement Day Program	400
6. Report of meetings or club activities in newspapers. 10 points per article. (Club reporter must have clipping as proof of this.)	
7. Secretary's minute book turned in within 3 days after November club meeting	100
8. 100% attendance of 7 official delegates at County Council meetings.	
30 points per club delegate	210
100% attendance of boys' and girls' leaders	100
9. 10 points for each new member enrolled who completes a year's work satisfactorily	
10. Best Bulletin Board	
1st	100
2nd	75
3rd	50
4th	25
11. 50 points for each member dollar raised during the year.	
12. Community project completed 3 days after November club meeting	100
Best Project . . .	200
2nd	150
3rd	100
4th	50
13. For representation at 4-H Club camp (per person)	100
14. 50 points for each club member fair exhibit.	
15. Points for each contest entered	
County	10
County winner in any contest . . .	15
Entries in State contest	20
Winner in State contest	100
Entries in National contest	150
Winner in National contest	200
16. 100% attendance at church 4-H Club Sunday	200
17. Representatives at Short Course (each)	100

4-H ADVISORY COMMITTEE

Mrs. Lee Dunton, Birds Nest - Chairman

Miss Edna Webb, Jamesville

Mrs. B. B. Turner, Sr., Wardtown

Miss Florence Upshur, Eastville

Mrs. Jennie Mapp, Cheriton

Mrs. Romas Viehl, Capeville

Rev. C. R. Wagstaff, Marionville

Mrs. John E. Tankard, Nassauadox

Mr. John E. Tankard, Nassauadox

Mrs. E. J. Moore, Willis Wharf

Mr. Lee Dunton, Birds Nest

Miss Emma Bratton, Eastville

Mr. E. L. Wisman, Eastville

Mr. Roy U. Nottingham, Eastville

COUNTY EXTENSION WORKERS

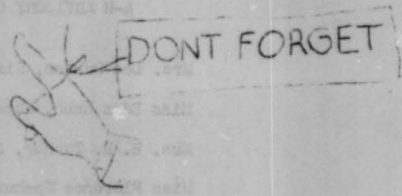
Miss Emma Bratton - County Home Agent

Mr. Roy U. Nottingham - County Agent

Mr. E. L. Wisman - County Agent-at-Large

Mrs. Robert Spady - Secretary

COMING EVENTS



NATIONAL 4-H CLUB WEEK

4-H members throughout the United States will observe National 4-H Club Week, March 1 - 7. The purpose of this observance is to let every boy and girl in every community know about club work and to give them the opportunity to join a club.

ARBOR DAY

April 15 and 16 will be observed as Arbor Day in the 4-H clubs throughout the county.

RURAL LIFE SUNDAY

4-H club members will observe Rural Life Sunday, May 16th.

4-H COUNCIL MEETING

The semi-annual meeting of the 4-H Club Council will be held June 11th.

COUNTY WINNERS IN

NATIONAL, STATE AND COUNTY CONTESTS

POULTRY

Royce Latimer
Theron P. Bell, III
Bobby Wright
Clarence Downing
Harry Lovell

FOODS

Mary Lou James
Wanda Lee Warren
Mary J. Cowling

GARDEN

Ray Charnock
Joe Outten
Albert Clayton
Herman Walker

CLOTHING

Lou Anne Ashby
Lois Anne Nottingham
Margaret Savage

DAIRYING

Russell Kollam
Jimmy Wright

HOUSEKEEPING

Irene Carpenter
Edna Wagstaff
Esther DeWald

LEADERSHIP

Frances Steelman
Gene Gunter

RECORDS

Mary Frances Wyatt

MEAT ANIMAL

Bobby Colonna

HOME BEAUTIFICATION

Hervey Lee Moore

FIELD CROPS

Gene Gunter

FARM SAFETY

Gene Gunter

ST. ALBANS, VERMONT
SIXTH VERMONT STATE JUVENILE
4-H MEMBERS ATTENDING 1947 CAMP

<u>Name</u>	<u>Club</u>
Theron P. Bell, III	Birds Nest Club
Irene Carpenter	Birds Nest Club
Russell Kollam	Birds Nest Club
Emma Sue Ferguson	Birds Nest Club
Phyllis Jones	Northampton Club
Mickey Simpson	Northampton Club
Joe Outten	Northampton Club
Jerry East	Cheriton Club
Mary Lou James	Cheriton Club
Lois Murdock	Cheriton Club
Charles Culver	Cheriton Club
Leader: Mrs. Lee Dunton, Birds Nest	
County Agent-at-Large: Mr. E. L. Wisman	

<u>Name</u>	<u>Club</u>
4-H MEMBERS ATTENDING STATE SHORT COURSE - 1947	
Frances Steelman	Northampton Club
Royce Letimer	Northampton Club
Gene Gunter	Birds Nest Club

CHAMPION CLUB FOR 1947

BIRDS NEST

For the third consecutive year Birds Nest has been declared the champion 4-H Club of Northampton County. The other clubs in the county are: Cheriton, Capeville, Beare and Northampton. A new and larger banner was put into being this year and will be retired by the first club winning it three years. Birds Nest now has one leg on the banner.

According to the point system set up by the Council, Birds Nest aggregated a total of 3,399 points, nearly 1,000 points ahead of the second place club. The biggest difference was accomplished in the club members project work. 90 percent of the record books were turned in completed and, because of good project work, Birds Nest won the majority of the county contests.

A lot of credit for this successful work in due Mrs. E. B. Turner, Sr., Principal of Birds Nest School. Then, too, part credit is owed to the club's president, Gene Gunter. Gene displayed excellent leadership in the conduct of meetings and excellent spirit of club work. He carried outstanding projects, winning a district Colonial Stores Scholarship to the State Short Course last year.

This year Gene is in high school and is a member of the Northampton 4-H Club so, Beare, Birds Nest, of the Northampton Club this coming year, lost the champion banner by flying in Northampton High come November 1946.

TABLE NO. 4-H CAMP REGULATIONS

Camp Opens - Monday afternoon First Meal - Supper
Camp Closes - Saturday morning Last Meal - Breakfast

Cost:

The cost will be \$10.00 per week, which includes board, lodging and insurance. It will be necessary to make an additional charge of approximately \$5.00 for transportation from Eastville to the camp and return. No member will be allowed to attend part time unless the fee for the whole week is paid. All visitors will be charged at the rate of 50¢ per meal.

Who May Attend:

Only 4-H club members 12 years old and over who have their project work up to date and will follow the rules of the camp.

What to Bring:

All campers must bring with them two sheets, blanket, towels, toilet articles, bathing suit, and enough clothes for the week of camp. If you play any musical instrument, bring it with you. If you have a baseball glove, tennis racquet and balls, bring them along.

Registration:

All agents must register their members and collect fees, turning the list and fees over to the Registration Committee on arrival at camp. Register the boys and men on one sheet and the girls and women on another.

Leaders:

Each county is entitled to one leader for the first fifteen members or major fraction thereof, and a woman leader for each additional 15 girls or major fraction. Other leaders attending will pay at the same rate as club members. All leaders will be required to follow regulations of the camp and assist with instructions and management. All agents, leaders, and others in attendance must remain in their quarters after taps. No one will be allowed on the beach after taps.

Tours:

While in camp members will have an opportunity to take several tours including historic Williamsburg buildings (trip .50), Mariners Museum (trip .50), and Jamestown Island (trip .20). "Common Glory" will be one of the nicest events during the week. (Admission and transportation approximately \$1.25)

NOTE: It has been found that each child will spend a maximum of \$20.00 for the entire week. This includes all expenses.