

VIRGINIA

TAYNEHILL  
County

Home Demonstration Agent Annual Report 1940

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**REPORT FILES**  
**EXTENSION WORK**

ANNUAL NARRATIVE REPORT  
HOME DEMONSTRATION WORK  
TAZEWELL COUNTY

1940

Miss Martha Wade Allison

Home Demonstration Agent

December 1, 1939 - November 30, 1940

HOME DEM AGENT ANNUAL REPORT

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III. SUMMARY OF INDIVIDUAL ACTIVITIES

Days in field.....	218
Days in office.....	73
Days annual leave.....	13
Days sick leave.....	1
Days leave without pay.....	0
Legal holidays taken.....	7
Number home visits made (adult).....	233
Number 4-H club members visited.....	283
Number office calls.....	173
Number telephone calls.....	227
Number news articles or stories published.....	45
Number individual letters written.....	725
Number different circular letters written.....	17
Number meetings attended.....	341
Number miles traveled.....	14461
Number radio talks given.....	0

#### IV. THE COUNTY AND ITS PEOPLE

Tazewell County is located in Southwest Virginia, bound by West Virginia on the north, Buchanan and Russell Counties on the west, and Smith and Bland Counties on the south. The greater part of the county appears to be rather rugged because of numerous mountains and narrow valleys, and yet these valleys adapt themselves to a rather varied type of cultivation. The hills produce very fine bluegrass for grazing. There are a number of large land owners in the better farming sections of the county. Raising livestock is the chief occupation in these sections and many export cattle are produced. In another section of the county there is to be found much smaller farms where a more general type of farming is practiced. In still other sections there are very small farms where gardening and poultry raising are the outstanding types of farming. Probably there is as much variety in the types of farming and farm life in the county as one could find in any section.

The north and west sides of the county are in coal mines. Many of the miners own an acre or two which they cultivate for a home garden. The people who make up the population of these coal mining sections are not typical of rural families. They come and go continually and live very inconsistently. A large percentage of them do not have gardens but live entirely from their wages and in some cases when mines are closed they are found in need of the necessities. When mines are operating regularly they spend money freely.

The Extension Program has reached people in practically all sections of the county. Adult clubs are organized in twelve rural communities. The agent works at intervals with a few small town and village clubs. The 4-H program reaches children in twenty-five rural communities.

In some sections the rural homes are average in construction and conveniences. Some of the mountain sections have not been penetrated by electric line or telephones. The houses are attractive enough but conveniences are very few, which does not indicate that standards of living are not up to average. For the most part they live clean wholesome lives. It is in these mountain sections that the most constant improvement is observed as a result of the Extension Program. In several communities the Home Demonstration and 4-H Clubs are the only organizations in existence. Women and children seem very eager for the educational and social advantages offered through these organizations. The social and recreational opportunities cannot be under-estimated since there are few if any other opportunities for get-to-gathers in these mountain sections.

The general appearance of the rural communities in the county is constantly changing because of community interest. Homes are in better condition of repair, homes are made more attractive by flowers and shrubbery. The interior of the homes are more artistic and more convenient. In the area reached by electricity one finds more and more electrical appliances and labor saving devices. In sections without electricity we find more conveniences of a simpler nature.

More children of school age are staying in school longer, a larger number of boys and girls past the school age are finding gainful employment outside the home. In many cases these members are contributing to the family life by sharing the financial responsibilities of the home. Even though educational advantages for rural boys and girls are still very poor, a constantly increasing number are completing high school work each year, also a larger number of these are entering college. The strongest evidence of development is observed in the minds of the women by an increased appreciation of the good things that make rural living a satisfactory way of life. The economic and inspirational assistance has developed them as individuals and groups. They are less bound by drudgery and hard work and are more interested in keeping abreast of the times in order to contribute more to their family and community life.

#### V. FINANCIAL SUPPORT OF WORK

The entire County Agent Service received financial support from the County Board of Supervisors. This board is composed of three members who are elected every four years by popular vote. There is one member from each of the three magisterial districts in the county. The members of this board have always shown a great interest and appreciation for the Extension Program and they prove this by their generous appropriations.

The Board is informed on the progress made under the supervision of the home agent by a complete report from the agent once

a year.

The local Farm Bureau, headed by a former county agent who has been very much interested in 4-H Club work, makes a contribution of \$100 yearly for the promotion of the 4-H club program. This is used for demonstration materials and equipment to be used at the club meetings, and also for the purpose of sending delegates to the State short courses.

## VI. WOMAN'S WORK

### 1. Organization

#### a. County Homemaking Board

The County Homemaking Board was organized two years ago for the purpose of embracing all homemaking organizations in the county. Representatives include members from Home Demonstration Clubs, the Home Supervisor from the Farm Security, the Home Economics teacher, and the county nurse. There have been two meetings of this board during the year. The spring meeting was held for the purpose of discussing county and community needs and making plans whereby this homemaking board could strive to meet these needs. A great deal of information was given from the various agencies in regard to social, educational, and health conditions in the county. After these, plans were made for a county program.

#### b. County Home Demonstration Committee

The County Home Demonstration Committee was organized

at the beginning of this year. Before this time all home demonstration club officers were included on the committee, but the present committee is composed of only the presidents of the clubs. This committee has held four meetings during the year. They have all been well attended and all important matters affecting the home demonstration program in the county have been discussed and planned at this meeting. This committee worked on the year books in December. The next meeting was held in June when community needs were discussed in detail. Every president had made a survey of her community in an attempt to find what would be most needed in the way of major project work for the next year. The major project work for the past two years had been on food production, preparation, and preservation. It had been five years since the clubs had planned an educational program on home improvement and it was interesting to note that six of the ten communities asked for an educational program on home improvement. After progress reports were given by the presidents, the committee decided on the home improvement program. A check-up was made on the food demonstrations that were being given through the "live at home" program.

A number of members of the Executive Committee were urged to attend the Institute of Rural Affairs in Blacksburg. A number of members, including the chairman, were making plans, which were completed, to attend the Institute of Rural Affairs and the State Federation of Home Demonstration Clubs.

The Home Demonstration Committee held a third meeting in October. The State Homemaking Specialist was present at this meeting and the final decision as to the major demonstrations to be included in the county project was made. The chairman of the committee gave a report from the state meeting in Blacksburg. The County Chairman on Citizenship, who was appointed at the second meeting, gave a report on the Citizenship meeting that was held in connection with the Institute on Rural Affairs. She gave many fine suggestions for the promotion of the Citizenship Campaign in the county.

The fourth and last meeting of the Executive Board was held in November. This time the Executive Board met with the County Agricultural Committee and discussed recent agricultural developments which will affect both farm and home life. The farm program was explained to the women and the home program was explained to the men. There was also a discussion on the cotton mattress campaign. The farm agent went into a very thorough explanation of the Tazewell County land use map and explained the intensified land use program which had been started in the county.

#### c. Home Demonstration Clubs

There are eleven home demonstration clubs organized in the county. In every club there is a president, vice president, secretary, and library chairman. The library chairman gives a short report each month on county

activities and a report on current events. The county campaign is also sponsored by her. There are two leaders in every club but these leaders are active in only about one-half of the clubs. They do not have transportation to attend leader training meetings in many communities, so in this case the agent gives all their demonstrations. The usual procedure for the club meeting is to have some songs, or a short devotional period, a report from the library chairman, the subject or demonstration for the meeting, after which there is the social hour when refreshments are usually served. These clubs are represented on the County Board since every president is a member of this board. Two home demonstration clubs have been organized during the last year.

<u>HOME DEMONSTRATION CLUBS</u>	<u>MEMBERS</u>	<u>MEETINGS</u>
Asberry	26	12
Burkes Garden	46	10
Falls Mills	27	13
Gratton	34	12
Richlands	24	10
Shawver Mill	37	12
Tannersville	20	13
Thompson Valley	26	13
Liberty	25	12
Clifffield	20	8
Tazewell	15	5
TOTAL	<u>300</u>	<u>118</u>

#### d. Scope of Work

##### (1) Number of homemakers reached

In the eleven organized home demonstration clubs there are 300 active members who are reached directly through the county home agent service. Whether they attend regularly or not they receive most of the literature that is sent out from the Agent's office. In addition to these 300 members it is estimated that approximately 500 other families are being reached indirectly. This is accomplished by home demonstration club members passing on the information and literature, and by information and literature reaching homes through 4-H Club girls. The agent reaches a small number directly through organized groups such as P.T.A.'s, Garden Clubs, and Women's Clubs.

Practically all of the home demonstration club meetings are held in the homes of the members. A great deal has been accomplished during the year through working up interest among tenant classes and low income rural families. In some communities the president or other leaders have gone to a great deal of trouble to bring these people to the club meetings. The agent has spent as much time as possible in visiting in tenant homes and has exerted as much influence as possible in getting them interested in the organized group. They have been urged to attend all special meetings, such as those given in the field by specialists and others.

2. Enrollment for past three years:

<u>Year</u>	<u>:</u>	<u>No. Clubs:</u>	<u>:</u>	<u>Membership:</u>	<u>:</u>	<u>No. Reached Indirectly</u>
1938	:	8	:	186	:	250
1939	:	9	:	243	:	400
1940	:	11	:	300	:	500

3. Magisterial Districts

There are three magisterial districts in the county: Clear Fork, Maiden Spring, and Jeffersonville. There are four clubs in the Clear Fork District, three in the Maiden Spring District, and four in the Jeffersonville District.

TAZEWELL COUNTY

1940 Plan of Work

With Results

I. Outstanding factors affecting the home demonstration program in the county:

The general needs of the communities determined by the individual groups have formed the basis of the Home Demonstration Program.

Better management and use of farm and non-farm income in order to decrease the economic strain was selected as the most needed factor. The improvement of health conditions through diet was recognized by all groups as an important factor. There was a desire to learn to produce on the farm a food supply that would be both adequate and economic.

Because the county is both rural and industrial the 4-H Program has been planned to reach both groups.

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GOALS

ACCOMPLISHMENTS

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II. ORGANIZATION

1. Adult

(a) Homemaking Board

1. Hold two meetings during the year.
2. Begin program planning at spring meeting.
3. Have officers and committees assume more responsibility.
4. Discuss plans for meeting with chairman and officers.
5. Revise roll of board.
6. Have other homemaking agencies in county represented with both professional and lay members.

(1) Home Demonstration Committee  
This committee will hold two meetings.

1. Two meetings were held. One with County Agricultural Board.
- 2.
3. Presidents made community survey to determine needs.
- 4.
- 5.
- 6.

6.(1) Home Demonstration Committee held four meetings during the year, two for planning year books, two for planning program. Eight communities were represented by presidents.

(b) Home Demonstration Clubs

1. Have year books with complete program for the year. These are to be given to all members.
2. Have active committees from all clubs to work on county wide projects.
3. Organize one new adult group.

1. Year books were sent to all members with complete program.
2. Presidents and leaders worked on county wide projects.
3. Two new adult groups were organized.

**GOALS**

**ACCOMPLISHMENTS**

4. Increase membership in the smaller groups.
5. Encourage clubs to raise money for federation dues.
6. Plan for every club to send one delegate to the State Federation meeting.

4. Average attendance was much higher. Membership increased in all clubs.
5. All clubs and county board paid Federation dues.
6. Eight clubs sent delegates to State meeting at V.P.I.

**2. Junior**

**(a) 4-H Club Council**

1. Hold two meetings during the year.
2. Develop 4-H plans and goals at council meeting.
3. Give some training to officers in regard to their duties.
4. Encourage each club to have a community project.
5. Try to secure more active leaders for all 4-H clubs.
6. Club officers will work as committee to improve programs.

1. 4-H plans and goals were made by committee of officers and leaders.
3. Officers were instructed regularly at monthly meetings.
5. Many older club girls are serving as leaders. Leaders and officers hold committee meetings to plan program.

**(b) 4-H Clubs**

1. Continue work with 16 clubs.
2. Emphasis will be placed on work with girls. Boys will not be enrolled except in a few cases where clubs are very small.
3. Work for a higher percentage of project completions.
4. Follow county program as closely as it seems advisable.
5. Junior and Senior groups will be organized if there is great variation in ages.
6. Active leaders will be given more responsibility.
7. All clubs will be encouraged to exhibit at County Fair.

1. Boys were not enrolled.
3. There was a much higher percentage of completions. 170 from 210.
4. County program was followed in all clubs.
7. All clubs did not exhibit at County Fair.

**3. Older Youth**

1. Continue work with two groups - membership of 90.
2. Encourage girls to carry home projects. Plan program a year in advance. Arrange for the farm or home agent to be present at every meeting.

1. One group discontinued and one new group organized. Membership - 73.
2. Program was planned in advance by committee of officers and agent. State Agent assisted in making program. Educational program was planned for boys and girls together. Recreation leaders were very active. Farm agent holds a class for boys. Home Agent supervises girls' project.

**GOALS****ACCOMPLISHMENTS**

3. Use older girls as 4-H leaders wherever possible.

3.

4. Office Management

(a) Time scheduled

1. Plan for office work three times a week.

1.

2. Improve appearance of office.

2. Office was cleaned regularly.

(b) Filing and records

1. Keep files more accurately.

1. Files and records were rearranged and improved.

2. Be more careful with permanent records.

2.

**III. EXPANSION**

1. Increase number reached directly:

(a) Raise membership of home demonstration clubs from 198 to 225.

(a) Membership was increased from 198 to 300.

(b) Raise membership of older youth groups from 90 to 100.

(b) Membership decreased from 90 to 73.

(c) Reach 15 women through on new group.

(c) Two new groups were organized with 32 members.

(d) Reach 100 families through campaigns or other special activities.

(d) 100 were reached through yard improvement work.

2. Reach 300 indirectly through:

(a) Activities of club members - 100

500 persons reached indirectly by:

(b) Press and radio - 100

(a) Activities of club members

(c) Fairs, exhibits, and special meetings - 100

(b) Press, fair exhibits

(c) Special meetings such as P.T.A., Garden Clubs, etc.

**IV. ADAPTATION OF PROGRAM TO LOCAL NEEDS THROUGH:**

1. Study of community needs by women.

Officers of clubs will form a committee for the purpose of studying needs. A report of findings will be made at the Executive Board meeting.

1. Officers and leaders studied community needs and reported on findings at executive board meeting in July. This data was discussed in connection with planning county program.

2. & 3. Gathering of factual data related to county.

2.

Presidents of clubs will meet for the purpose of discussing factual data related to county and considering it when planning the program. This data will be discussed in local and county meetings prior to the state meeting.

4. Study and presentation of Outlook material.  
Agent or library chairman will present Outlook at January meeting. The library chairman will be asked to remind members from time to time of any materials in Outlook that will affect local conditions.

4. Agent presented Outlook in January. Library chairman referred to Outlook throughout the year.

5. The club presidents will be asked to attend and participate in county planning and discussion group meeting and, with the agents, help present material to home demonstration groups.

5.

6. Consideration of intellectual and economic levels in the different communities.  
There is a difference in intellectual and economic levels. In some groups this barrier is being broken down by securing the services of superior and understanding leaders in the capacity of president.

The agent will conduct a study to determine the average economic level of families enrolled.

6. There was a survey made prior to the Homemakers meeting to determine the intellectual and economic status of club members. This material was presented to Home Demonstration groups.

A study was made of all TVA farm families and then others who carried special home accounts to determine the economic level.

## V. PROJECT WORK

### 1. Adult

- (a) Major - Planning & Producing a Food Supply

Carried through 10 clubs reaching 225 women.

- (a) Major was carried in ten clubs reaching 250 women.

- (b) Minors:  
Yard Improvement - 9 clubs  
Improving the Interior - 5 clubs  
Clothing - 3 clubs  
Child Care - 6 clubs

- (b) Yard improvement was carried in 8 clubs. Six clubs carried Child Care and Training.

- (c) Campaign - Library Service reaching 225 families.

- (c) All clubs had a Library Chairman.

### 2. 4-H

- (a) Family Activities with emphasis on clothing to be carried in sixteen communities with 225 girls.

- (a) Family activities program was carried during school months, clothing project during summer. Results from clothing surpassed any summer project work done in recent years. 170 garments were made.

## 3. Older Youth

- (a) Two older youth groups reaching 90 members. Programs are planned by officers, leaders, and agents. Boys will carry farm and livestock projects and will be assisted by farm agent. Girls will carry home projects with the assistance of Home Agent. Programs will be on topics of interest to boys and girls.

## VI. EFFICIENT USE OF MEANS AND AGENCIES

- |  |  |
|--|--|
| <p>2. News Service<br/>County farm and home agents will run a column in county weekly papers.</p> <p>3. Home Visits<br/>Agent will make time for more home visits. New families will be visited. There will be a definite objective when visiting.</p> <p>4. Records will be kept on new visits.</p> <p>5. An effort will be made to visit all 4-H projects.</p> <p>9. All clubs will be encouraged to work up educational exhibits for county fair.</p> | <p>2. Agent reports to local news representative regularly with current information on all activities.</p> <p>3. There were more home visits to 4-H members, probably less to others except for new families whenever there was an opportunity. The objective when visiting new homes was to interest them in community organizations.</p> <p>4. Records on new homes were made.</p> <p>5. All projects were supervised. All homes were not visited.</p> <p>9. Only a few clubs contributed to exhibits for county fair.</p> |
|--|--|

## VII. MEASURING RESULTS

1. Reports
- (a) Agent's Activities  
Keep better daily, weekly, and monthly reports.
- (b) Project Results
- Adult Stress completion of projects with all clubs. Check improvements made from one meeting to the next by reviewing progress made at the beginning of each meeting.
- Juniors Encourage and work for 100% completion of project work.
- (b) Agent worked constantly for more carry over from monthly demonstrations into home practices. This was worked by giving recipes of all dishes used or suggested, also making a check-up at the beginning of every meeting.

- (c) Evaluation of results as a check on plan and basis for further work.
1. Use project reports as a check on work done.
  2. Make a summary of all accomplishments before planning new work.

#### VIII. PROFESSIONAL IMPROVEMENT

1. Read one book every month.
2. Read TIMES, READER'S DIGEST, LIFE, and HOME ECONOMICS JOURNAL.
3. Add some professional books to office library.
4. Secure information and new ideas from correspondence and visits to other counties.

#### IX. HELP DESIRED IN CARRYING THIS PROGRAM THROUGH

- |  |  |
|--|--|
| <ol style="list-style-type: none"> <li>1. Supervisory Staff<br/>Help from District Agent in planning for special occasions such as Achievement Day and Board meetings, and checking accomplishments.</li> <li>2. Home Economics Specialists<br/>Clothing specialist to assist with 4-H work.<br/>Food specialist to assist with adult program.</li> <li>4. 4-H Club Agent to help with Rally Day.</li> <li>5. Landscape Garden specialist to help with Yard Improvement.<br/>Dairy specialist to help with major project.<br/>Vegetable garden specialist to help with major project.</li> </ol> | <ol style="list-style-type: none"> <li>1. Specialist help was used from the following departments:               <ol style="list-style-type: none"> <li>a. Food</li> <li>b. Garden, Vegetable and Landscape</li> <li>c. Dairy</li> <li>d. Home Management</li> <li>e. Clothing</li> </ol> </li> <li>2. The clothing and food specialist came for two days each.</li> <li>4. 4-H agent helped with 4-H and Rural Youth Planning.</li> <li>5. Landscape Garden Specialist helped for 6 days on adult projects in 8 communities and for 4-H projects. Dairy Specialist assisted with adult program in May and June, going with agent in field for four or five days.</li> </ol> |
|--|--|

## 2. Project Work

### (a) Major

Because of the fact that foods had been studied for one year, it was considered wise to continue this subject for a second year. At the summer meeting of the Executive Committee, where general community needs were discussed, the committee laid the foundation for the home demonstration program. There was considerable discussion on better management and use of farm and non-farm income. The improvement of health conditions through the diet was recognized as a very important factor in a foods program. Planning and producing more wisely could do much toward decreasing the economic strain that was beginning to be felt over the county. There was a great desire on the part of the members to learn to produce on the farm a food supply that would be both adequate and economic. So for this reason the food study took the trend of planning and producing a food supply on the farm that would be adequate for all members of the family. Emphasis were placed on better nutrition, better balance in the diet, more variety, and better preservation. The major demonstrations were selected as follows:

1. Planning a yearly food supply - January
2. Garden planning, soil preparation, and new varieties of vegetables - February
3. New ways to use canned fruits and vegetables - March
4. Making American cheese - May
5. Making ice cream - June
6. Methods in canning fruits, vegetables, and chicken - July
7. New methods in preparing vegetables - August
8. Making and using cottage cheese - September

These eight demonstrations were given in all the home demonstration clubs on scheduled time.

The demonstration on Planning a food supply for the year was the foundation of the program. The garden specialist from Blacksburg came the first week in January and trained the leaders for this meeting. They were encouraged to plan an adequate vegetable garden to meet the family's need of two vegetables daily, including fresh, canned, and dried sources. The specialist encouraged the planting of small fruits, vines, and bushes to assure an ample supply of fruits throughout the year. All club members were asked to make a written plan of the family's needs that were to be provided through the home garden.

The same garden specialist who came in January trained the leaders for the February demonstration, Garden planning, soil types, and new varieties of vegetables. A definite plan for the garden was made. Soil requirements for different vegetables were discussed as well as the importance of selecting new varieties of vegetables yearly. Every member was asked to include at least one new variety in her garden. The care and planting of perennial vegetables was included in this demonstration.

In March a food specialist came and trained leaders for the demonstration on New ways to use canned fruits and vegetables. This was a very attractive demonstration on the importance of learning new methods of preparation for the same old canned fruits and vegetables. Combination vegetable dishes were used, a great many of which were meat

substitutes. Canned fruits were attractively and deliciously blended in salad and dessert combinations that were very simple and yet very new.

The women in the county had never had the opportunity of seeing a demonstration on Making American cheese. This probably accounts for the great success that was enjoyed in connection with this demonstration. The dairy specialist worked with the home agent for five days, giving eight demonstrations on American cheese to a total of 200 women. In addition to the great interest the women had in learning to make American cheese they received so very much from the specialist on related subjects. He went into a very thorough discussion of the importance of caring for dairy equipment correctly, and the uses of simple yet modern equipment for making cheese and butter. A very fine piece of work was done in educating the women to the importance of milk in the diet. It was so good to have the specialist to take out into the county for so many meetings. Of course, he did not meet with all the clubs but after working with the specialist the agent was well prepared to complete this work and did so by giving cheese demonstrations for the other clubs. A number of club women gave cheese demonstrations to small groups in various communities. The Farm Security women in all communities were invited to these meetings.

The same specialist from the Dairy Department in Blacksburg came to the county the first week in June and worked with the Home Agent three days and gave six demonstrations in the county on Making Ice Cream. One hundred sixty club members attended these six meetings. Some of these meetings were held in communities not having electricity, in these places the hand-type freezer was used for a cooked ice cream mixture. Several varieties were made by using fresh fruits. In communities having electricity the specialist demonstrated both the hand-type and the electric refrigerator method of making ice cream. With this ice cream demonstration people were encouraged to use more milk, cream, eggs, and other products that country people have at their disposal. Both the hand-type freezing and the electric refrigerator method made very attractive demonstrations and again the members enjoyed having the specialist in the field. The agent feels that a great amount of the success of the year's work may be attributed to having this help from the specialist in connection with the major project work. During those two months the average attendance at club meetings was doubled.

In July when gardens were flourishing, the food specialist came and trained leaders on New methods of canning fruits, vegetables, and chicken, and New methods in preparing vegetables. The first demonstration was given during the month of July. The pressure cooker was used in canning vegetables and chicken. The chicken canning was particularly

enjoyed, perhaps because they had never had a demonstration on canning chicken, and too, many did not know the advantages of canning chicken or even that it was possible to can it.

New methods of preparing vegetables was very much enjoyed and all the meetings were well attended. Those gardens that were planned and those new varieties that had been planted were certainly flourishing at this time, and at all meetings the leaders had supplied a bountiful collection of fresh vegetables. The demonstration included principles in vegetable cookery; vegetables as a source of vitamins were discussed. The new methods in preparation brought out a great many short cuts. Very interesting comments came out of the demonstration but it was noticed that the members approved of the new methods and there was splendid carry-over from this demonstration into home practices.

The demonstration on Making cottage cheese was not planned in the original program but the agent felt that it was the only important farm product not included in the year's program, so for this reason after discussion with the leaders it was decided to include this demonstration. The agent gave the leaders' meeting. Cottage cheese was made by the correct and simplest method which was new to a great many people. The uses of cottage cheese were shown in a number of attractive baked dishes that could be used as meat substitutes; it was combined with fruits and

vegetables for salads, and its use recommended for sandwich spreads in the school lunch.

(b) Minors

During the month of April the Landscape Garden Specialist from the Extension Service visited the county. Eight clubs had asked for help with yard improvement. The specialist visited these eight clubs, also some 4-H and Rural Youth groups, as well as a couple of P.T.A. meetings. Recommendations for simple yard improvements and help in selecting the most satisfactory annuals and perennials were given. The specialist advocated the use of many native shrubs and evergreens from the mountains. The specialist visited individual homes in practically all communities to help with immediate problems. She helped in landscaping several new homes.

Six clubs had a minor project on Child care and training. The agent, with some local help, prepared talks for the groups. Much information and literature was given out at these meetings.

(c) Community Projects

One club had a very interesting community fair where they displayed home canned products, fresh fruits and vegetables, and handcraft. The entire community took great interest in this meeting and a great many visitors were invited in for the occasion. In two communities school and church grounds were improved by all-day meetings that were held in

the spring at which time shrubs were planted and a general clean-up campaign was put on. The Landscape Garden Specialist advised about the best selections and arrangements for these plantings.

### 3. Project Leadership

#### (a) Plan for training and use of leaders

Leader training meetings were held for five of the major project demonstrations. These were held at the county seat at intervals of two months. The attendance during the winter months was very poor, which necessitated the agent giving practically all of the demonstrations for the first two or three months. All the leaders were asked to assist the agent in arranging for the demonstration and cleaning up afterward, but the leader herself was not prepared to do any actual work. For two major demonstrations, Making ice cream, and Making American cheese, as much as four and five days of the specialist's time was given to the work in the county. Demonstrations were given in six and eight communities, leaders from other communities were asked to attend the nearest meeting in order to become prepared to assist with these demonstrations in their clubs. The yard improvement campaign was worked in a similar manner since the county had almost a full week of the specialist's time, but a part of her time was given to the 4-H program. The agent held the leaders' meeting for the last major project demonstration, which was included after the plan of work was made.

(b) Results Obtained

Leaders from three of eleven clubs gave practically all of the demonstrations in the club, and attend all of the leaders' training meetings. There are four groups which are never represented at the leaders' meetings. The agent tries to encourage the leaders from these clubs to assist with as much work as possible. It seems that they did not have transportation to attend the meetings held at the county seat. In some of these clubs it is really difficult to find people with sufficient leadership ability to give a demonstration. Attendance at leaders' meetings has improved considerably during the year. The agent makes a constant effort in trying to have all groups represented at all county meetings, which will make them realize more their responsibility in county-wide work.

The Executive Committee planned a year book for the first time. This book was sent out the first of the year to all club members. All major demonstrations were included as well as a number of other suggestions for the monthly program. This was filled in by a committee from the local group before it was given to the members. The fine attendance during this year has been attributed a great deal to this year-book and the information it has contained.

#### 4. Other Activities

##### (a) Campaigns

A library program was carried as the county campaign for a second year. The library work was so very successful the first year that the committee felt it would be wise to continue this work through a second year. The goals that were set up at the beginning of the year were very similar to those that were used for the first year's work. There was a county chairman and a chairman in every club. The library chairman had from ten to twenty minutes on every program for the purpose of furthering the library work. This chairman often gave a report on current events, popular magazine articles were discussed, and in some clubs book reviews were given. Each home demonstration club member was asked to read at least two books during the year. In many of the clubs there were monthly magazine exchanges directed by the chairman. Eight of the eleven clubs borrowed libraries from the State Extension Library Service in Richmond. The library campaign did not occupy as important a place in the monthly programs as it had done the previous year, which is probably due to the fact that there was much more interest in the major project work and the monthly demonstrations were so full within themselves that many times the library chairman would not take much time.

##### (b) Income Earnings

A number of women in the county are marketing home

products through private sales. These few families have become interested in selling such products as cheese, milk, butter, chickens, and eggs. The local market provides an outlet for a great many families. There is quite an excellent market for such products in the nearby coal fields. Some few families have quite a good income from selling home products to stores in coal camps.

(c) Camps and short courses

The women have never got together for a county camp or a short course. This has been mentioned at the county board meeting and it is hoped that an opportunity can be made during the coming year for some kind of short course for adults.

(d) Recreation

The women have been very conscious of the importance of some planned recreation in their home demonstration clubs. They have been very much interested in planning for home amusements and community entertainments. The agent arranged for delegates from four clubs to attend the recreational school that was directed by the recreational specialist. These women received some very fine training in posture improvement and games for both old and young. They brought this information back to their clubs where posture clinics were given with the assistance of the agent.

Every club has had a special meeting in the form of

an evening party, picnic, or an all-day meeting. Often at the evening parties families and friends were invited. The all-day meetings have been particularly delightful. In some cases the morning was given over to a tour of the community to see improvements made in the yard, gardens, and interiors. In a few cases one member of the club would invite all other members to a luncheon or a picnic. These all-day meetings seemed to create a great community interest and there is always an opportunity to reach disinterested people because special invitations are sent out to such people.

At practically every club meeting there is time given over for songs, games, and contests which are followed by an informal social period when the hostess serves light refreshments.

(e) County Meetings

County Fair - The county fair, held in September, was unusually successful this year. The new exhibit hall for the Home Department was beautifully arranged. The educational exhibit was planned around the idea of a yearly food supply for the farm family. About five clubs contributed foods for this exhibit. Fair committees were appointed in every club to work with the agent in preparing the fair exhibits. Some individual clubs selected other subjects from the project work throughout the year. One club had an exhibit on homemade breads, there was another one on the library campaign, and one on farm products.

There was a very fine spirit of cooperation between the various clubs in working up plans and setting up exhibits for the county fair. The home demonstration women sponsored an open class canning exhibit. Many club people as well as county people took part in this. The standards of these products were considerably superior to the former canning exhibits. There were many interesting articles in the fancy work department.

There were no competitive prizes given for the educational exhibits. The executive committee thought it advisable for the club members not to compete against each other. The catalog offered \$25.00 in prize money for the educational exhibits. This money was distributed evenly among the clubs that took part in setting up the educational exhibits.

The annual Achievement Program was held the latter part of October. This was an afternoon meeting held in the county seat with about one-hundred people present. The program consisted of group singing, led by a very able local director. This was followed by progress reports from all phases of Extension work. A home demonstration club woman gave a report on the adult program, and members from the 4-H and Rural Youth organizations reported from those clubs. The Assistant Farm Agent reported on the TVA activities in the county. The home agent gave a brief summary of the year's work. There was an address by the District Agent from the Extension Service on the subject "The Farm Family and National Defense". This was selected because it was so in keeping with the major project work for the year. After the program

there was a social hour and refreshments were served by the social committee."

#### 5. Participation in Federation

##### (a) District

Eighteen women from six communities attended the District Federation meeting held in Pulaski. As a result of the district meeting these groups have made themselves acquainted with the state organization. Every club in the county paid \$3.00 dues to the State Federation prior to the district meeting.

##### (b) State

Sixteen women from the county attended the meeting of the State Federation of Home Demonstration Clubs and the Institute of Rural Affairs held in Blacksburg. The Homemaking Board sent the chairman as an official delegate to represent the county, the Homemaking Board also sent the county chairman on Citizenship. The president of the Executive Committee attended all of the Institute, including the planning meeting held by the specialists on the last day. These delegates enjoyed the meeting so much and are proving it by their efforts to raise sufficient funds to send one delegate from every club to the state meeting next year.

##### (d) Work on state federation goal

The library campaign was carried as a federation goal. A complete report of the library campaign has been given.

#### 6. Story of achievement by club carrying best program

Many clubs have carried very fine programs during the year. All clubs have held twelve meetings and a great many have held an extra meeting. All clubs have followed the program that was outlined in the year book at the beginning of the year. Eight major project demonstrations have been given on scheduled time in all clubs.

The Falls Mill Home Demonstration Club has made the greatest progress during the year. At the beginning of the year this club had an average attendance of six or eight faithful members. There seemed to be very little cooperation and understanding between the people living in the village. The president started out by interesting prominent people and securing their cooperation. In the year's time the average attendance has increased from around eight to about fourteen. All of the leading women in the community are now regular club members. They are not all from the same social group but they have worked together as a group in this club. The president has worked constantly toward improving community conditions and relationships. It seems that before this year all organizations had found difficulty in operating successfully

#### 7. Story of Outstanding Achievement by individual

The president of the club mentioned above has been outstanding as a leader in her community. She herself comes from a very low income group but because of an education somewhat superior to the average she is equipped

to lead many who are very superior to her economically speaking. She has made a very thorough community study and has canvassed many times for information. She has gone out to neighbors who cannot attend club meetings and given demonstrations at various times from the home demonstration program.

## VII. 4-H CLUB WORK

### 1. Organization

#### (a) County Council

The 4-H council is composed of the officers of the fourteen 4-H clubs. So many of these clubs are located at a great distance from the county seat where the meetings are held, so for that reason the council is not as active as it should be. The council meetings are attended only by those who live near the county seat. The 1940 program was planned in December with the assistance of the State 4-H Club Agent. The home agent discussed the program with leaders and officers in the different clubs.

#### (b) 4-H Clubs

The 4-H clubs are reorganized in October. At this time new officers are elected. These offices are president, vice-president, secretary, reporter, and song leader. Many of these clubs are organized in one, two, and three room schools. During the school year practically all clubs meet at the school house on school time. The

teachers are very glad to give as much time as is needed for the 4-H program. This is usually one hour for the meeting and often additional time is given for the agent to meet with the committee of officers. The 4-H program does not over-lap the school program but it seems to fit in very well with the new curriculum program that is carried in so many of the schools. The teachers seem to feel that it does enrich the school activities and yet the agent makes an effort to distinguish between the 4-H program and the school work. The hour is usually divided into one-half hour program, given by the club members, and one-half hour for demonstration which is given by the agent or leader. There is a constant effort toward correlating the program with the project work and the demonstration. The clubs are organized with girls only. The home agent carries these without assistance from the farm or assistant farm agent. In many of these communities the boys would like to be organized in 4-H club work. The farm agents are making an effort to work with boys in some of these communities.

## 2. Project Work

The family activities program was approached by asking all club girls to select some home responsibility to work on for the month. Reports were given at the end of the month for this home task. During the demonstration the club leader made a check of all members to see what accomplishments had

been made. The demonstrations were planned to assist the club members in the most popular home task. In April personal hygiene, posture, and good grooming were emphasized. This was continued until June when preparations for the clothing project work were started.

(a) Give results obtained

The summer project work on clothing worked very successfully in villages and thickly settled communities. In these sections a number of girls could attend regularly. In country sections where children traveled by school bus the attendance was very low during the summer meetings. The agent had the assistance of a V.P.I. senior during the first month of the summer project work. This was a great help and enabled everybody to make much more head-way. These project meetings were usually held either all morning or for the entire afternoon. The group was usually divided into two sections, one worker taking all girls working on undergarments and the other taking all girls working on dresses. Of the 210 members enrolled 170 completed their summer projects. About two-thirds of these completed projects were in clothing, the others were in home improvement. In some cases the agent allowed the girls to carry home improvement projects since there was considerable interest from last year's work.

(b) 4-H Health Work

The health work was emphasized through the food habit score card that was kept by every member for one month. This along with the posture and personal hygiene did so much toward making the girls appreciate the importance of being up to par physically. Discussions on posture, food habits, and personal hygiene were worked in constantly with the year's program.

(c) Story of best project work by individual

The best individual project was carried by Betty Whitley, a member of the Falls Mill 4-H Club. Betty is 14 years of age, in the seventh grade, and has been a member of the 4-H club for three years. Betty worked on her entire wardrobe after making a clothing budget and decided what was needed for the summer and fall. During the summer she made several pieces of underwear, two cotton dresses, a skirt and jacket, and a party dress which was made from an old dress. Very simple and becoming patterns were selected for all of these. She was given some assistance by her mother and some from the agent and leader from time to time. All of these garments were exhibited at the county fair and made a very attractive showing.

The following is an outline of the 4-H Club Program that was carried. This includes the family activities program and health work, as well as the summer project work.

FAMILY ACTIVITIES PROGRAM FOR 4-H GIRLS-1940

	Agent and leader	Members
<u>December</u>	: Will start members on personal : account sheets. Give Christmas : demonstrations.	: For home responsibility members : will decorate homes and Christmas : trees. What girls can contribute : to family life at Christmas
<u>January</u>	: Will show how luncheon sets are : made. Will check personal : account sheets.	: Will give demonstration on table : service. Bring equipment to make : luncheon sets.
<u>February</u>	: Demonstration on school lunch. : Check on personal account sheets.	: Will establish better food habits : by keeping food score cards for : one month and by packing lunch for : one month.
<u>March</u>	: Lead discussions on home tasks. : Check on food habits and per- : sonal account.	: Learn to improve on home respon- : sibilities, to do well one new : job. Demonstration on washing : dishes or any other home work.
<u>April</u>	: Will discuss correct posture for: : health and style, personal hy- : giene, grooming, etc.	: Will work to improve posture and : personal hygiene.
<u>May</u>	: Will discuss care of hair, nails, : and skin.	: Check by holding posture clinics. : Will improve on care of hair, : nails, and skin.
<u>June</u>	: Start program on clothing. Hold : leaders meetings. Demonstration: : on cutting and fitting garments.	: Cut out garment. Begin construc- : tion.
<u>July</u>	: Demonstration on finishes, seams, : hems, etc.	: Have garment ready to finish.
<u>August</u>	: Demonstration on laundering : girls' clothes.	: Plan school wardrobe.

### 5. Community Activities

#### (a) Community projects

Very few clubs sponsored community projects during the year. Yet many of the rural clubs did improve the school grounds by planting flowers, shrubbery, and trees on the school property. In a few cases the agent supervised this planting and the children took great pride in their clean-up campaign.

#### (b) Recreation

In some clubs there are recreation leaders for the purpose of planning some recreation for each club program. This recreation leader is either the leader or an older club girl. When clubs meet in members' homes there is always some planned recreation. Picnics were held by practically all clubs during the summer. These were usually held at noon followed by an afternoon session on the clothing project work.

### 4. Local Leadership

#### (a) Plan for training and use of leaders, and (b) Results

The state clothing specialist came in April and in June and held two all-day training meetings for 4-H leaders. Some of the older club girls were asked to attend these meetings, some of them were studying Home Economics in high school. In many communities older club girls who have finished high school but who did not have an opportunity to go to college were used as

club leaders. The leaders work with the program committees and help in planning the monthly programs. Many of them who are unable to attend leaders meetings are very useful in helping plan programs. In this case the agent does all the supervision for project work. The agent always furnishes considerable literature and illustrative material for the study and use.

#### 5. Other Activities

##### (a) Camps

There was not a 4-H camp held in the county this year.

##### (b) County meetings or special events, fairs, achievement programs, etc.

The 4-H girls joined the adults in the 4-H Achievement program. The most active 4-H members come from homes where mothers are connected with home demonstration organizations. The 4-H club report was given by the girl who was selected for the All Star organization during the State Short Course in Blacksburg. Refreshments were served at this meeting by the 4-H officers.

From the county there were eight girls and one leader who attended the 4-H Short Course in Blacksburg. These older club girls and all were asked to enroll in different groups at the Short Course. A great many fine suggestions were brought back to the county from the recreational dele-

gates and Senior and Junior conference groups.

The Tazewell County Fair was held in September after county schools had opened. So for this reason there were not as many exhibits as there should have been. Thirty girls brought exhibits for the clothing department and some canning and garden projects were exhibited by individuals. The second day of the county fair was delegated ~~the~~<sup>as</sup> 4-H club day, at which time about 200 4-H members entered the fair grounds free of charge. In some cases the rural school teachers provided transportation and the entire club was brought to the fair.

In September and October the agent spent considerable time in the various communities trying to secure leaders for all clubs. These leaders have been given the program for the year. The responsibilities have been divided between the leader and the agent. In most of the clubs the agent is working through some very capable and active leaders. Many of these do not attend leaders' meetings as in some cases they are located a great distance from the Court House, but they are provided with leaders' manuals and as much material as it is possible to secure.

6. Story of achievement of your best club

The greatest accomplishments of any club have been made by the Jewell Ridge 4-H club girls. There are twenty-five girls in this club who are assisted by two very capable leaders. The club meets during the school hour. The leaders and club girls became interested in having a school lunch, so through

the WPA they were able to secure one worker and some very simple equipment. A committee of girls worked for a month at a time with the leader and planned all menus, helped in preparing these, serving the lunches, and cleaning the kitchen after the lunch was served. Jewell Ridge is a coal camp and many of these girls were not securing a balanced diet at home. They really learned a great deal in planning their menus as well as correcting some very bad food habits they had acquired.

#### VIII. OLDER YOUTH

There are two older youth clubs functioning in the county with an aggregate membership of 73. About two-thirds of these older youth members are of high school age and attend high school. The remaining one-third have passed the high school age, some of these did not have an opportunity to attend high school. These clubs are well organized and led by very efficient leaders and officers. Evening meetings are held once a month and usually a committee meeting of officers is called during the month. This is for the purpose of planning for the meeting, discussing community affairs, needs, etc. These committee groups are doing a very interesting piece of work. The agent meets with them and tries to lead discussions which the members seem to enjoy. The monthly meetings are held in the homes of the members. There is usually a program that lasts for about an hour and this is followed by a recreation meeting. The recreation leaders plan games for outdoor meetings during the summer and parlor games and contests

are planned for the winter months. There is the library chairman who gives a report on current event topics, book reviews, and magazine articles. Many outdoor meetings have been held during the year, such as picnics, weiner roasts, and o'possum hunts. Inclosed is a program that has been planned for the Gratton Rural Youth for the year 1941. This program was constructed at a recent committee meeting held for leaders and officers. The group had the assistance of the District Agent and the 4-H Club Agent at a conference on program planning.

1941 PROGRAM OF WORK

Gretton Rural Youth

MONTH	TOPIC	LEADER IN CHARGE
October	Reorganization and election of officers.	Adult leader and president
November	Outdoor meeting - O'possum hunt and weiner roast.	
December	Christmas party - Stories - Book Review	Library chairman
January	Personality Development and Health Check	Forrest Williams
February	Discussion of Farm Outlook Democracy and Citizenship	Agent Led by a discussion leader
March	Discussion - Training for a happy and useful life. Social and financial responsibilities of getting married.	Discussion leader
April	Beautifying lawn and home and Nature Lore.	Special talk
May	Planning parties. A course in Leadership	
June	Manners for all occasions.	
July	Habit Clinic - Meeting people, Voice, Smile, Personal habits, and Dress.	
August	Outdoor Meeting	Directed recreation, songs, etc.
September	Keeping Farm and Home Records Farm Bureau and Government Agencies for assisting farmers.	Home Agent Farm Agent

#### IX. PROGRESS MADE DURING THE YEAR

The present agent is completing three years work in Tazewell County. During the first and second year a good steady progress was observed. The adult program during the last year has probably met with greater success than any previous program. The reason for this is that the executive committee is functioning more efficiently in studying community needs and in planning a program accordingly. The adult major project work this year has been outstanding because all rural people were interested in the topic and needed the information. During the three years the adult organizations have grown from seven to eleven clubs. The membership has increased from 150 to 300. The county Homemaking Board has been organized during this time and through this organization the club members have realized the importance of working with committees on county plans and activities. The Home Demonstration Executive Committee has been organized during the past two years and during the last year it has been functioning in a very effective way. At the last meeting eight of the eleven communities were represented. The chairman of this committee is the president of one of the very best clubs in the county. She is making a great contribution in her local community as well as her work on the county committee. The agent works through very efficient and rather prominent homemakers in all communities and at the same time a constant effort is being made to develop possible leaders among new and less experienced homemakers. All home demonstration clubs have been reorganized every two years. During the three year's time the agent has concentrated decidedly

on the improvement in the adult program, which accounts for the rather remarkable developments.

It is felt that the 4-H program is not up to what it should be. One reason for this is that the home agent has worked alone in previous years with boys and girls. During the last year the boys were not enrolled. In many communities the boys needed the 4-H program and asked for it. The present greatest need is some help from the farm or assistant farm agent in the 4-H program. It is the opinion of the agent that much better results could be accomplished if there was a greater degree of cooperation between farm and home agents in planning and guiding those of the 4-H age.