

ANNUAL NARRATIVE REPORT  
HOME DEMONSTRATION WORK

HANOVER COUNTY  
VIRGINIA

HOME DEM AGENT ANNUAL REPORT

REPORT FILES  
OFFICE COOPERATIVE  
EXTENSION WORK

1937

MISS ALMA SUE WAMPLER

Home Demonstration Agent

July 1, 1937--November 30, 1937

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TABLE OF CONTENTS

	Page
I. COVER AND TITLE PAGE _____	
II. TABLE OF CONTENTS _____	
III. SUMMARY OF INDIVIDUAL ACTIVITIES _____	1
IV. THE COUNTY AND ITS PEOPLE _____	2-3
V. STATUS OF COUNTY EXTENSION ORGANIZATION _____	4
1. Financial Support -----	4
2. County Organizations	
a. Advisory Board -----	4-5
3. General Policies -----	6-7
VI. PROGRAM OF WORK _____	
1. Map of County -----	8
a. Index to Map -----	9
2. Scope of Work -----	10
3. Women's Work -----	10-17
Minor Projects -----	10-14
Camps and Short Courses -----	14-16
Program of Best Club -----	16-18
Recreation -----	16-17
Virginia Federation of Home Dem. Clubs -----	17
4. Girls' Work -----	17
Minor Projects -----	17
Program of Best Club -----	17-18
Leader Training -----	18
Camps and Short Courses -----	19
VII. PROGRESS IN 1937 _____	20
VIII. PLANS AND GOALS FOR 1938 _____	20-22

### III. PERSONAL REPORT SUMMARY

Days in field .....	96
Days in office .....	32
Days annual leave .....	0
Days sick leave .....	0
Days leave without pay .....	0
Legal holidays taken .....	3
Number home visits made (adult) .....	621
Number 4-H Club demonstrations visited .....	67
Total number different homes visited .....	642
Office calls .....	96
Telephone calls .....	33
Number news articles or stories prepared for press .	84
Number individual letters written .....	200
Number different circular letters prepared .....	5
Number meetings attended .....	109
Number miles traveled .....	5,986

#### IV. The County and Its People

Hanover County is located in the eastern part of Virginia, between the Pamunkey and Chickahominy Rivers, five miles north of Richmond. Hanover was formed from New Kent County in 1720, and was named after the ruling house in Great Britain. Its area is 512 square miles. Early settlers found game abundant and the land productive. By the early part of the 18th century the East end of the county was thickly populated. Hanover Court House was the earliest settlement. Ashland, the only town, is situated in the central part of the county. In that town Randolph-Macon College is located and county boys have an opportunity to live at home and receive a higher education with less expense.

This is quite an historical county, and the people are very proud of the great leaders they have given to the nation. Many old homes are still standing, some of which are badly in need of renovation.

The county has a population of 17,009, including both white and colored. It is 60 miles long, and homes are very scattered. Roads in the primary system are good but those in the secondary system (until a few years ago maintained by the county) are poor. Dirt roads are numerous and in wet seasons some of them can not be traveled.

Richmond is the chief shopping center, and because of that

there are a very few country stores scattered over the county. Many girls find employment in the city and work soon after they finish high school. The influence that the city has on the people is quite noticeable. Those people who live on the outskirts of Richmond go in frequently and their interests are in town, while farther back in the county rural people are found who are more interested in their homes.

Hanover has fertile soil and its accessibility to marketing centers makes it an ideal trucking and agricultural section, while stock raising, poultry raising and dairying are profitable occupations.

Home Demonstration work is five months old. This appropriation for a white agent started July 1, 1937. Although the work is new, the people have cooperated with the agent, and she has organized 10 Home Demonstration clubs and 8 4-H Clubs. The extension program is rapidly becoming recognized as a strong county organization.

## V. Status of County Extension

### 1. Financial Support

a. The County Board of Supervisors is composed of three men representing the following magisterial districts: Beaverton, Asland and Henry. These supervisors are a legislative body, elected for 4 years, and having the management of the financial and general affairs of the county. They have charge of all disbursement of county funds, and making of appropriations for salaries of all county officers. The appropriation of \$600 for Home Demonstration work was included in this year's budget. The Board meets on the first day of each month, and a written report on the agent's work is submitted at those meetings.

### 2. County Organization

#### a. County Home Demonstration Advisory Board

The advisory board in Ranover County is the organization supporting Home Demonstration work. Two meetings have been held, and 21 women are members of the board. Their duties are to advise and assist the agent in carrying out the extension program. They select the major project for the county, and are responsible for carrying these plans back to the communities and shaping the program for the year. This board selects the

federation goal, or county campaign, and will sponsor all county wide activities or special events, such as county contests, the annual Achievement Day, tours, etc.,

The first members to serve were those women from each Magisterial district appointed by the Board of Supervisors. They met with the Home agent, and the District Home Demonstration Agent on July 1, 1937. The District Agent introduced the Home Agent, and discussed Home Demonstration work in general, including an explanation of the advisory council and its duties, the location of the agent's office and 4-H Club work. Each member was given a copy of a suggested constitution. A nominating committee was appointed, and asked to submit a slate of officers at the next meeting. Announcements were made concerning the time for 4-H Club camp, adult camp, and the annual meeting of the Institute of Rural Affairs. Three women extended invitations to the agent to attend Garden Club meetings as a means of meeting some of the county people. The advisory board members voted to meet on the 1st Friday morning of each quarter, making the meetings in July, October, January and April.

Twenty-one members attended the second advisory board meeting. Officers were elected to serve until November, 1938.

The Virginia Federation of Home Demonstration Club Goals were explained, and the board voted to take citizenship and Legislation,

with emphasis on the Extension of Rural Electrification as its major goal for next year. This group decided to sponsor a county meeting, which will be held in April.

### 3. General Policies

Three women's clubs and four community leagues in the county sent representatives to the meeting of the Board of Supervisors when the budget was being made for 1937-'38. These women, representing various sections of the county were instrumental in securing the appropriation for home demonstration work.

The agent has made talks on various phases of extension work at an executive meeting of the Pamunkey Woman's Club and at the regular meetings of the Doswell and Hanover Women's Clubs.

The agent has met with and explained home demonstration work at a regular meeting of 3 garden clubs in Hanover County. In addition to the above, a demonstration on 'Flower Arrangements' was given at a meeting of one garden club and the agent was called on to judge at a flower show sponsored by another garden club.

Each school has an active parent-teacher association, the agent attends their meetings whenever it is possible and has been invited to speak in two instances. She attended the county teachers' meeting and talked on 4-2 Club work, at the request of the superintendent of county schools.

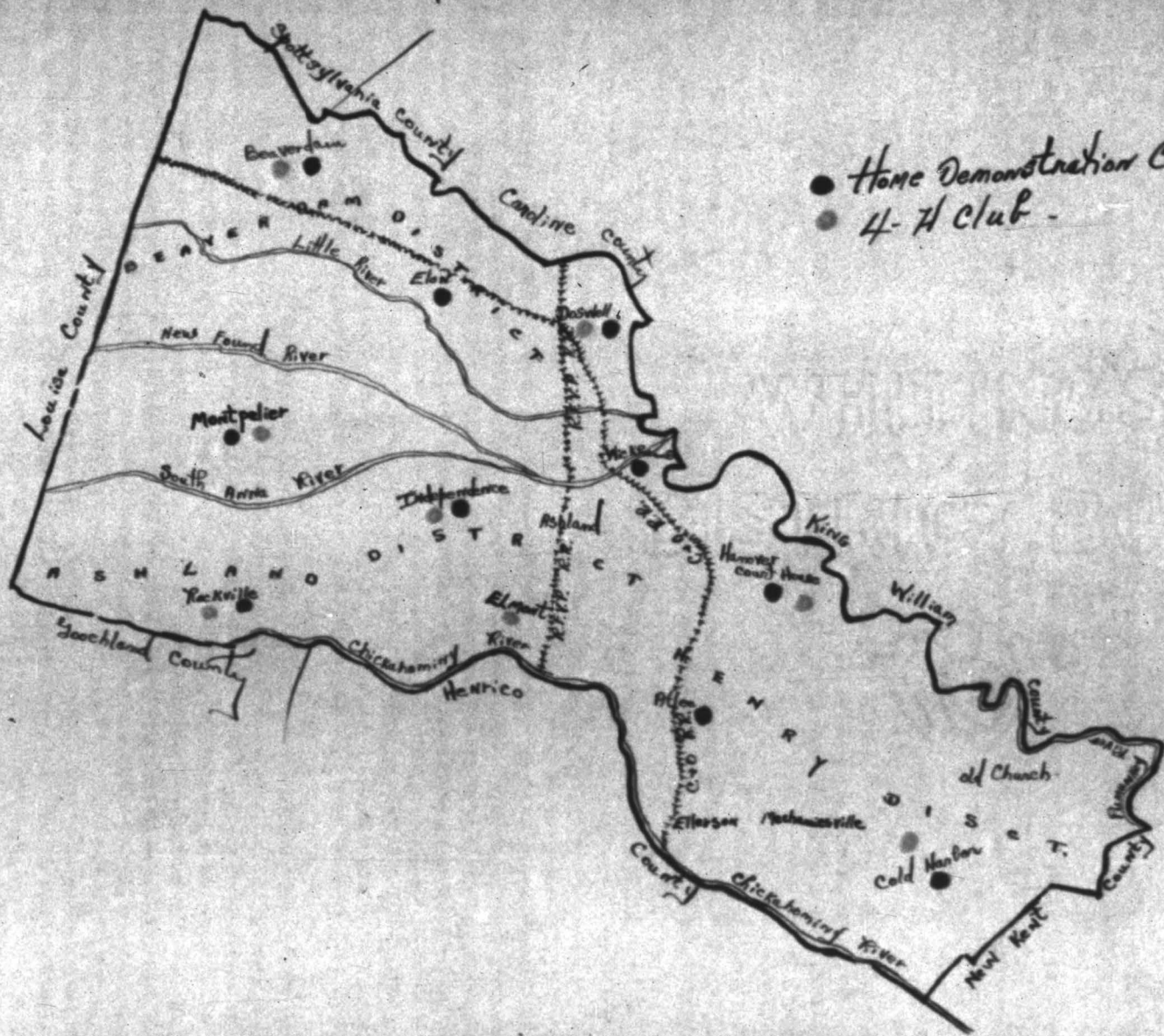
Hanover County has a welfare director who is responsible for investigating families, and giving relief and work to the needy

families. Through this director the agent came in contact with a number of indigent women and is making an effort to have them attend Home Demonstration club meetings.

The Ashtland Kiwanis Club sponsored a three-day carnival to raise money for the fire department, school lunch program, and the Boy Scout organization. The home agent helped with securing goods from the county women to be sold, and managed a money making booth for one night.

Harover County has a full time health nurse who has offered her assistance in carrying out our health program during 1938. She gave information concerning the location of homes and communities, which proved helpful for a better understanding of the county and its people. Home Demonstration clubs plan to cooperate with the nurse in every way possible, mainly by canning food next season to be used in the school lunch program.

# Map of Hanover County



● Home Demonstration Club  
● 4-H Club

VI. Program of Work

1. Index to Map.

HOME DEMONSTRATION CLUBS

CLUBS	MEMBERSHIP	NUMBER OF MEETINGS
1. Cold Harbor	23	2
2. Hanover	12	4
3. Elon	15	3
4. Rockville	29	4
5. Montpelier	51	4
6. Doswell	25	4
7. Independence	19	2
8. Wickham	12	5
9. Beavertan	28	3
10. <u>Atlas</u>	<u>24</u>	<u>4</u>
Totals	10	238

4-H Clubs

1. Cold Harbor	17	4
2. Elmont	17	2
3. Independence	14	2
4. Doswell	12	2
5. Rockville	13	2
6. Montpelier	30	2
7. Beavertan	21	2
8. <u>Hanover</u>	<u>11</u>	<u>2</u>
Totals	8	135

## 2. Scope of Work

a. Number of white women in Hanover County .....	2,486
Number reached directly .....	238
Number reached indirectly .....	576
Number white girls in Hanover County .....	1,744
Number reached directly .....	135
Number reached indirectly .....	270

### b. Enrollment:

	WOMEN			GIRLS		
Year :	No. Clubs :	No. Members :	:	No. Clubs :	No. Members :	:
1937 :	10 :	238 :	:	8 :	135 :	:

## 3. Women's Work

### a. Minor projects

Since the work was late in getting started it was impossible to take up a major project to be worked out by leaders and extension specialist. However, the agent started work on foods preservation as soon as groups were organized enough to permit it.

Besides the canning demonstrations given by the agent, two others were presented by a representative from the Ball Jar Company. A great deal of time was spent advertising these meetings, which proved well worth while. The agent planned to have them meet in the two most central parts of the county, and kept in mind the

location of all Home demonstration groups. Circular letters were sent out asking women to attend the nearest demonstration. Attendance was good, and some members from all clubs organized were represented in one of those two groups.

According to the report from the commercial demonstrator, the attendance at one of the Hanover meetings had been exceeded only one time, and that in Columbus, Ohio.

A lack of organization prevented a definite budget being made this year for the school lunch program. However, in working with foods preservation the agent urged every woman to store a few extra jars of canned food to be donated to the schools as it is needed this winter. That plan met with the approval of the clubs.

One radio talk on "Canning and Drying Foods" was presented by the agent on the Virginia Farm and Home Hour, broadcast over WRVA, Richmond, Va. Many Hanover County people have commented on the new ideas and help they received from that talk.

Following is a list of some of the results of canning done in Hanover County:

- 2,738 quarts of tomatoes and tomato juice were canned.
- 5,320 quarts of other vegetables were canned.
- 834 cans of chicken and other meats were canned.
- 3, 286 cans of fruit and fruit juices were canned.
- 4, 875 cans of other foods were canned.

The estimated cost of the total food canned is \$422.67.

The total value of all food canned is \$3931.95.

The net saving for food canned is \$3,509.28

Steam pressure cookers were purchased by 7 club women.

Demonstrations on American cheese were given in 7 clubs, and 132 State bulletins with directions for making the same were distributed. The women are extremely interested in cheese making at home, and they were delighted with the results obtained. One club has requested that a store manager in that community keep a supply of rennet and coloring in stock, so that all members may have an opportunity to buy it.

Cheese demonstrations were given during October and November, and up to the present only 78 pounds of cheese have been made. However, many more women have expressed their desire and intentions of taking advantage of this means of using an abundant supply of milk.

The following other demonstrations in foods have been given by the agent to various clubs:

1. Nutritive values of foods, with a meal prepared in one dish.
2. Salads.
3. Sandwiches for school lunches.
4. Poultry cookery.
5. Thanksgiving and holiday cookery.
6. Iceing.

One radio talk on "School Lunches" was presented by the agent on the Virginia Farm and Home Hour, broadcast over WRVA, Richmond, Va. That talk and the demonstrations given proved quite timely and helpful since schools had reopened and practically every home maker has the problem of packing a lunch.

Demonstrations on suggested Christmas gifts made from materials on hand were given at 3 club meetings. Women have reported making 138 articles, and in that way decreasing their Christmas shopping list.

Information on home and roadside beautification has been given through home visits to 28 people, and 21 families have carried on result demonstrations. Interest was shown in planting shrubs, flowers and especially in improving the mail boxes. One home demonstration club member talked with an owner of a filling station about the proper disposal of paper, tin cans, etc., as a means of helping beautify the highway. The garden clubs in Hanover County have accomplished a great deal along this line recently, and the agent has been pleased to notice the large number of well-kept yards.

Two adult demonstrations were given on fall fashions, fabrics, and remodeling of garments. Through home visits the agent has given assistance to 4 individuals on cutting and construction problems. A Fashionist from a department store in Richmond was invited to talk with two clubs, and the

women were pleased with the fact that she was interested in helping them analyze their problems rather than in selling for her store. Questions were numerous, and the agent feels that those discussions were of real value in helping club members dress appropriately in styles becoming to their individual figures.

63 individuals are following recommendations in the selection of clothing, and using information in determining how best to meet clothing requirements. 52 people who have received help from the agent have made over garments.

The home garden is a very important part of the farm, and a number of Home Demonstration Club members who realize that have their early gardens, with no later plantings. Plans for fall gardens were discussed with the women in 7 clubs at their organization meetings and while giving 3 canning demonstrations. Information on the control of disease and insects was given to 26 families.

Through home visits, the agent has done work with poultry. 42 State bulletins have been distributed and proved helpful. Poultry raising is a means of making money for many women in Hanover, and one Home Demonstration club member has earned enough money from shipping eggs to equip her kitchen with an electric refrigerator.

#### b. Camps and Sport Courses.

Two county women and the agent spent one day, August 5,

attending adult camp, held at Jamestown. The women were delighted with the splendid camp, and reported "having a most enjoyable day". As a result of their enthusiasm, the agent feels sure that a larger number of men and women will be interested in camp next year. 11 club members have already started planning for that trip.

#### 6. Program of Best Club by Months.

The Rockville Home Demonstration Club has taken the greatest interest and has accomplished more than any other club. There is no other organization in that community, and the people receive real pleasure from coming together and working in a group. They have started the "magazine exchange" in their club, thus giving women an opportunity to read from a larger number of magazines. Home Demonstration Club members have gone to the superintendent of schools and protested the removal of Home Economics from their school.

They were partly responsible for the department's being left, after which State funds were secured for new equipment. Because club members use the Home Economics department for their meetings, definite plans were made at their last meeting for a money-making scheme to buy other needed equipment.

The Rockville Club president attended and took an active part in the discussion at the meeting of the County Advisory Board. She also came to the 4-H Club Leaders' Program Planning

meeting, to provide transportation for the leader in her community. She enjoyed that discussion and reported that she was glad to have an opportunity to learn more about our 4-H Club organization.

The Rockville Club does not have the largest membership in the county. However, they organized with 14 women and have increased that number to 29. Their attendance record is splendid, with two exceptions (due to illness) each club member has attended every meeting.

The following demonstrations were given by the agent in the Rockville Club.

August--organization.

September--Club members attended a canning demonstration at the regular meeting of another Home Demonstration Club.

September--Salads.

October--American cheese.

November--Christmas Gift Suggestions.

d. Home and Community Recreation.

The agent has furnished contests, games, suggestions and recipes for refreshments to five individuals who were entertaining with birthday parties.

During November the agent has helped club members plan for Christmas parties to be carried out in their club or in

the community in December. At the same time suggestions have been made for "family good times", including instructions for making home-made games.

b. Virginia Federation of Home Demonstration Clubs.

One woman attended the annual meeting of the Institute of Rural Affairs held in Blacksburg from July 27-29, inclusive. She enjoyed the programs, and after returning gave to a club in her community a most instructive talk on the different phases of the meeting.

Home Demonstration Clubs have been organized with the idea of having each represented at that annual meeting in the future.

4. Girls Work.

a. Minor Project.

4-H Club work is not completely organized in Hanover County. However, 8 clubs have made their plans for a clothing construction project to be carried on during 1938. 7 clubs have held only 2 meetings, 120 girls have made their club note books. Demonstrations on Christmas gifts to be made at home have been given, and 4-clubs plan to exhibit those articles at their regular December meetings.

b. Program of Best Club.

The Battlefield Park 4-H Club was organized in August and

has held 4 meetings. Members started to work immediately with making useful articles out of feed bags. An exhibit was displayed at one of their regular club meetings, in which there were 10 luncheon sets finished with bias binding, fringe, and drawn colored threads; 4 shoe bags bound in colored tape; and 3 dresser sets.

Selection, care and renovation of clothing has been studied at a regular meeting. Each club member has made a notebook and has kept it up-to-date. Club officers and members are familiar with parliamentary procedure, and carry their meetings on according to correct form. They organized with 12 members and at the present have a total enrollment of 18. Attendance at club meetings has been 100%.

c. Leader Training.

9 adults have volunteered to serve as leaders for 4-H clubs in the county. One leader training meeting was held in November. The leader's place in the extension program was discussed, and a program for 4-H Club work was planned by the month for next year. Eight 4-H Clubs were met after that meeting, with the leaders present to help organize their group. 2 clubs have the help of 2 leaders each; 5 clubs have 1 leader each; and 1 club is still without any adult guidance other than the agent.

d. Camps and Short Courses.

Hanover County 4-H club children were given the opportunity of attending camp at Jamestown from August 9-14, inclusive. A special ruling was made, allowing the agent to take girls who expressed a desire to carry on a 4-H club project in the future. Club work was not organized and children had not been given a chance to complete a year's work. 6 girls from Hanover attended camp with the agent. Those girls proved to be most outstanding campers, and entered into the work and play as though they were old club members. A correct dress contest was held for all girls at camp. Each of the Hanover girls dressed appropriately and entered one of the classes. One girl won first place in the sports class and another girl from Hanover was selected as "the most outstanding camper", an honor which is given to one boy and one girl in camp each day. Two girls won a button for passing the Junior Life Saving test.

Three types of handiwork were carried on: stool making, leather, and home-made games. The agent assisted with giving instructions in all of the handicraft classes. The mothers in Hanover County are pleased with the number of things their children learned while attending camp. The stools that were brought back have created a great deal of enthusiasm, with women eager to engage in that type of handicraft.

## VII. PROGRESS MADE DURING THE YEAR

On entering Hanover County on July 1, the agent found that the majority of people knew nothing about Home Demonstration work other than what they had heard about the program in other counties.

Having never been in this county before it was necessary to learn the different roads and how to travel in Hanover. The agent feels that the progress in the work has been slow and is not satisfied with the number of people who have been reached through the extension program. Much time is necessarily spent in learning to know the people, and in explaining and introducing the program to the women and girls.

As the work becomes well established and better understood, the agent feels that more outstanding things will be accomplished.

## VIII. PLANS AND GOALS FOR 1938

### WOMEN'S WORK

1. Hold a quarterly meeting of the advisory board on the first Friday in January, April, July and October.
2. Each club hold twelve monthly meetings during the year.
3. Each club increase its membership.
4. Each club pay \$3 to the State Federation of Home Demonstration Clubs by June.

5. Each club send representatives to the State Federation meeting.
6. Each club send its president or another representative to the advisory board meetings.
7. Each club have two leaders attending all training meetings.
8. Hold a County Achievement Day in October, 1938.
9. Each club cooperate with the county health nurse by canning for the school lunch program for undernourished children.
10. Hold a "save a chair" clinic.
11. Each club do some definite work on its Federation Goal, Citizenship and Legislation.
12. Each club hold contests for which club members are eligible.
13. Each club have 90% of total members attending the County Rally to be held in April.

#### 4-H CLUB WORK

1. Each club have 12 monthly meetings during the year.
2. Each club have at least one representative at Janestown camp, and State Short Course.
3. Hold an Achievement Day in October, 1938.
4. Each club member influence her mother in attending Home Demonstration Club meetings.
5. Each club member learn the 4-H Club pledge and motto.

6. Each club member keep a note book and accurate records.
7. Each club accept the responsibility of helping club officers attend 4<sup>th</sup> council meetings.
8. Each club hold initiations and award pins to eligible members.
9. Each club member enter county and State contests for which they are eligible.
10. Each club have a well planned recreation program.
11. Each member complete the year's work.

## Demonstration Agent



Miss Sue Wampler, home demonstration agent of Hanover County. Miss Wampler, a native of Big Stone Gap, Virginia, was formerly assistant to the Home Demonstration Agent in Henrico County.

### ATTEND ADULT CAMP.

Mrs. D. C. Glascock, of Doswell, and Mrs. W. B. Wilken, of Beavertown, will motor with Miss Sue Wampler to Jamestown today to attend the adult camp, which is being held this week under the direction of Miss Sylvia Slocum, of Richmond, home demonstration agent for this district. They will spend the day at the camp.

## Demonstration Agent Named For Hanover

### Miss Sue Wampler Takes Charge Of New Project July 1; Comes Here From Big Stone Gap

Hanover County's Home Demonstration project, authorized by the Board of Supervisors in this year's budget, will be formally launched July 1, when Miss Sue Wampler of Big Stone Gap, Va., recently appointed demonstration agent for the county, takes office and makes her headquarters in the WPA building on England Street.

Miss Wampler comes to Hanover thoroughly prepared for her position, both in education and previous experience. She received her Bachelor of Science Degree in Home Economics from State Teachers College at Harrisonburg, Va. in 1935. Her next two years were spent teaching Home Economics in Tazewell High School, Tazewell County, Va. For the past six weeks Miss Wampler has been working as an assistant to Miss Marion Lawrence, the Home Demonstration agent in Henrico County.

The new Demonstration agent will hold the first meeting with her advisory board July 1 at her office in the WPA building. The duties of the demonstration agent embrace a wide variety of activities.

The Home Demonstration Agent organizes the girls of the county between the ages of ten and twenty years of age. The 4-H club works among girls embraces study of clothing, home improvement, foods, garden, poultry and other activities. A varied program of work with women is also provided.

The Club girls study materials, construction of definite number of useful articles and garments each year, costs and values, and how to select and make clothing economically. They study care, cleaning, mending and renovating clothes. They establish habits of good posture, good grooming and personal care and selection of shoes.

Each girl takes her own room as a special project. She cares for it regularly, keeping it clean and orderly in appearance. At least five articles of improvement are made during the club year.

The girls learn to select and prepare foods, to can fruits and vegetables, to value the year-round home garden and to use home grown foods wisely; to plan, prepare and serve meals; and to study correct table service and etiquette.

Club members learn to plan a garden; also to plant and care for vegetables by best known methods. They study flower culture and improvement of appearance of the homes by making them attractive with shrubs and flowers. Club members also learn the best methods of managing, housing and feeding a flock of chickens as a project. Other 4-H activities are club picnics, parties, hikes, music and plays, contests and meetings.

The work with women is conducted with the assistance of an advisory board of specially selected progressive women who help to determine the program, through organizations known as home demonstration clubs which are free to every white woman in a community. County-wide campaigns, exhibits, contests, home visits, camps, "all day" special meetings, farm and home institute, picnics, tours, achievement day programs, trips to the state meetings at Blacksburg are annual events.

The Home Demonstration Club members study meal planning and food preparation, nutrition, food preservation, school lunches, table service and equipment. With regard to clothing, the members take up the construction of garments, use of patterns, short cuts and finishes, remodeling and renovating, dry cleaning, removal of stains, accessories, shoes and millinery.

House furnishings and Budgeting of the household accounts with special emphasis on standards for buying house equipment are discussed. Yard improvement with the study of landscape design, and community activities are also a part of the general program.

Other important subjects discussed are marketing, home industries, cheese making, meat canning, use of the steam pressure cooker, chair seating, basketry, recreation, music, poultry, vegetable gardening, dramatics, handcraft, and everything that goes to make "better homes."

# Hanover Picks H. D. Council

## Organization Meeting Held in Ashland.

Special to The News Leader.

ASHLAND, July 7.—Miss Sue Wampler, home demonstration agent for Hanover County, who began her duties here July 1, announced today the personnel of the new advisory board for home demonstration work in the county. Asked to join were women suggested by the Hanover Board of Supervisors as active and influential in their communities, Miss Wampler said.

They are: Mrs. T. M. Fuller, of Ellerson, who is also Henry district chairman of the Hanover Tuberculosis Association; Mrs. Roland Starks, of near Battlefield Park, president of the Pamunkey Woman's Club; Mrs. Warner Fielding Lewis, of "Lewis Level," Hanover Courthouse; Mrs. David Glascock, of Doswell, an active member of the Doswell Woman's Club; Mrs. Ernest Jones, of Beaverdam; Mrs. W. B. Walton, of Beaverdam; Mrs. Mildred Cross, Ashland; Mrs. Leon M. Basile, of Elmont, chairman of the Hanover Tuberculosis Association, and Mrs. I. K. Redd, of Atlas, an officer in the Hanover Woman's Club.

Miss Sylvia Slocum, district home demonstration agent, spoke to the members of the advisory council at their organization meeting, announcing a 4-H Club camp for Hanover County at Jamestown the week beginning Aug. 9; an adult camp for any home demonstration club member in the county to be held at Jamestown from Aug. 4-9, and the annual meeting of the Institute of Rural Affairs to be held at Blacksburg July 26. Miss Slocum told the members the duties of an advisory council, suggested a constitution and led a general discussion of home demonstration work, including the location of an office and 4-H Club work. Plans were made for summer work, Miss Wampler said.

Miss Slocum introduced Miss Wampler, who also spoke at the meeting, held in her office in the WPA building at Ashland, on England Street. Miss Wampler said she expects to take several girls with her to the Jamestown camp Aug. 9 who will carry out projects with her next year. Another group of boys and girls will attend with J. C. Stiles, Hanover County agricultural agent. While some girls belong to the 4-H clubs organized by Mr. Stiles, Miss Wampler expects to interest a large number, since Mr. Stiles' projects are designed primarily for boys' work.

Miss Wampler, who is from Big Stone Gap, received her Bachelor of Science degree in 1935 from the Harrisonburg State Teachers' College, majoring in home economics, and has spent the past two years teaching in Tazewell High School at Tazewell. She spent six weeks immediately before taking over office here as assistant to Miss Marion Lawrence, home demonstration agent in Henrico County.

Besides the organization of county girls between the ages of 10 and 20 into 4-H clubs which will have definite constructive projects, Miss Wampler's duties will also include the organization of women in the county into home demonstration clubs, membership in which is free to every white woman in Hanover.

# Mrs. Glascock To Lead Board

## Advisory Group Meets in Ashland.

Special to The News Leader.

ASHLAND, Oct. 9.—Mrs. David Glascock, of Doswell, was elected chairman of the recently organized advisory board for home demonstration work in Hanover County at a meeting of the board in Ashland yesterday. Other officers elected to assist Mrs. Glascock in her administrative duties are: Mrs. I. K. Redd, of Atlas, vice chairman; Mrs. Roland Starks, of Blacksburg, president of the Pamunkey Woman's Club, secretary, and Mrs. J. E. Jones, of Montpelier, secretary.

Following a discussion of the seven Virginia Federation of Home Demonstration Clubs goals by Miss Sylvia Slocum, district home demonstration agent, it was decided that Hanover County will do special work on the "citizenship and legislation" goal, with special emphasis on the rural electrification program.

Mrs. Glascock was authorized to appoint a county chairman for each of the goals in the federation program and to report at the next meeting, Jan. 14.

The secretary was instructed to ask Miss Maude Wallace, of Blacksburg, to set a date during April when she can come to Hanover to address a meeting of all the demonstration clubs in the county.

During October Miss Sue Wampler, Hanover Home Demonstration Agent, will discuss at all the clubs the four major projects—foods, clothing, home management and home improvement—after which one will be selected as the county's major project. Selection will be by vote of the clubs, which will also have a chance to select their own minor projects.

# Home Demonstration News

By MISS SUE WAMPLER

HANOVER COUNTY HOME DEMONSTRATION AGENT

During the week ending Saturday, July 30 the Home Demonstration Agent traveled 516 miles by automobile, going to and from the annual meeting of The Institute of Rural Affairs held in Blacksburg, Va. Spent 5 days out of the county and one day in the office.

About 2000 people—farmers and their wives from all over Virginia attended the various lectures at Blacksburg. The men and women had separate meetings during the morning and afternoons, and came together for a joint meeting during the evening sessions. The Home Demonstration Agent attended the following meetings:

**Tuesday—Morning session—**A business meeting of the State Federation of Home Demonstration Clubs. **Afternoon session—**The Standards of Living section—Rural Electrification was the chief topic. **Evening session—**An illustrated lecture on Man and the Land by W. M. Landess, Tennessee Valley Authority.

**Wednesday—Morning session—**Lectures on Virginia Folk, Some Scientific Trends by Dr. W. E. Garnett, Rural Sociologist, V. P. I., The Family Aspect of Population Trends by Dr. Carl C. Taylor, Bureau of Agricultural Economics, Washington, D. C. **Afternoon session—**The Home Demonstration Section, Lecture on Style Trends by Miss Iva Byrd Johnson, Clothing Specialist State Style Dress Review and the Correct Dress Contest (in which women from counties all over the state took part), Lecture Demonstration, "The Crowning Glory" by L. C. Eskelund, Roanoke helped conduct a tour to some Departments of the College. **Early Evening—**Attended a business meeting and banquet for the Home Demonstration Agents Organization (where 56 Agents represented the counties having Home Demonstration Work in Virginia). **Evening session—**Lecture on The South's Unbalanced Budget by David C. Coyle, Washington, D. C.

**Thursday—Morning session—**Lecture on The Conservation of Health Resources in Rural Life by Dr. M. V. Ziegler, U. S. Public Health Service, Washington, D. C. **Symposium on Family Health:** Miss M'Lodge Moffett, Mrs. Hardin Massie, Dr. B. B. Bagby and Dr. J. N. Williams. **Afternoon session—**Home Demonstration Section, Business session of State Federation Of Home Demon-

stration Clubs (at which officers were elected for next year, and various women gave reports of work being carried on in their different counties), Lecture on The Child in Tomorrows World by Dr. Mildred Tate, Home Economics Department, V. P. I., Organization Policies by Miss Grace Frysinger, Extension Service, Washington, D. C., **Evening session—**Lecture on Spiritual Forces in Country Life by Hon. M. L. Wilson, Under Secretary of Agriculture.

After the meeting on Tuesday evening, everyone met at the recreational hall for a social hour, where dancing was in full swing. Everyone had a most enjoyable time throughout the entire week and left Blacksburg on Friday morning looking forward to coming together again next year. Lets start planning now to have Hanover County represented by a big delegation next July.

## LITTLE RIVER CLUB MEETS AT NOEL

Miss Wampler Explains Plans For Home Demonstration Work

The Little River Garden Club held its regular monthly meeting at the home of Mrs. W. I. Anderson at Noel. Miss Thelma Montgomery assisted Mrs. Anderson as joint hostess.

Mrs. Joseph Fowler, chairman of the program committee for 1937 and 1938 submitted the program for the year to the club for approval.

Miss Sue Wampler, the county demonstration agent, was guest speaker for the afternoon. She explained in a most interesting manner the demonstration work she expects to carry on in the county for the coming year, also the 4-H Club camp at Jamestown of which she hopes both adult and 4-H members will take advantage this summer.

Mrs. Joseph Fowler won the monthly prize for flower arrangement.

The guests for the afternoon were Mrs. Phillip Mason, Mrs. Archie Beasley, Mrs. Sam Noel, Mrs. L. D. Campbell, Mrs. Bagby, Mrs. Lewis Gilman, Mrs. Goodman and Miss Sue Wampler.

Delicious refreshments were served by the hostesses. The next meeting will be held at the home of Mrs. Tyler August 15, 1937.

# Hanover Forms First H. D. Club

## Wickham Group Will Meet Thursday.

Special to The News Leader.

ASHLAND, July 20.—The first Home Demonstration Club in Hanover County was organized at a meeting held at "Hickory Hill," the home of Senator and Mrs. Henry T. Wickham, near Hanover Courthouse. The women adopted as the name of the organization the Wickham Home Demonstration Club. Miss Sus Wampler, home demonstration agent for the county, explained to the group the work and program for home demonstration work and also gave a demonstration of flower arrangements.

It was decided that the club would meet monthly, on the third Thursday of each month. Mrs. R. C. Baker invited the club to meet in her home, near Gum Tree, for their next meeting, which will be held Thursday, Aug. 19. Each member has as her goal to bring a new member to the meeting.

The Wickham Club selected canning as their summer project, the major project to be decided upon in October. Miss Wampler will give a canning demonstration at the August meeting. Any excess food canned by the club will be donated to the school cafeterias which are run in a number of schools in the county; free lunches being given to the indigent and undernourished children or will be given to needy families in the county. Miss Wampler stated that as more clubs are organized it is hoped that the canning done by the women during the summer will greatly aid the school cafeterias.

Those attending the meeting at "Hickory Hill" were: Mrs. Hefey T. Wickham, Miss Sus Wampler, Mrs. R. C. Baker, Mrs. W. R. Broach, Mrs. J. T. Musick, Mrs. Daniel T. Winn, Mrs. Robert Chisholm, Mrs. Arthur A. Dugdale, Mrs. W. W. Mallory, Sr., Mrs. W. R. Burton, Mrs. W. A. Lane and Mrs. S. R. Thompson.

The children attending the meeting and showed interest in 4-H Club work were: Miss Helen Musick, Miss Dorothy Broach and Miss Betty Thompson.

# Club Formed At Rockville

## Mrs. Nuckols Named H. D. President.

Special to The News Leader.

ROCKVILLE, Aug. 6.—Mrs. Harvey Nuckols was elected president of the Rockville Home Demonstration Club, organized at the high school here yesterday. Other officers are: Mrs. Drewsey Bowles, vice president; Mrs. A. C. Dabney, secretary, and Mrs. Victor Wilshire, treasurer.

It was decided that the club would meet on the second Thursday of each month at 2:30 at the high school. Miss Sus Wampler, home demonstrator for Hanover County, will give a demonstration of summer salads at the next meeting which will be held Sept. 2.

The club is the third one to be organized in the county by Miss Wampler.

Each member will try to bring a new member to the September meeting. Those attending yesterday were: Mrs. J. R. Toler, Mrs. D. H. Bowles, Mrs. J. W. Howard, Robert Walton, Mrs. R. S. Thomas, Mrs. M. A. Cooke, Mrs. A. B. Dabney, Mrs. Robinson Cooke, Mrs. C. D. Tiller, Mrs. M. L. Brooks, Mrs. C. W. Woodward, Miss Fannie Toler and Miss Pauline Toler.

# Home Demonstration News

By MISS SUE WAMPLER

HANOVER COUNTY HOME DEMONSTRATION AGENT

During the week ending Saturday, July 24, the Home Demonstration Agent spent 5 days in the field and 1 day in the office, traveled 248 miles by automobile, had 4 office visitors, wrote 17 individual letters, distributed 8 State bulletins, and visited 59 homes in the following communities: Montpelier, Beaverdam, Elmont, Doswell, Ellerson, Atlee, Old Church, Hanover Court House, Hy-las, Rockville, and Ashland.

Mrs. Leslie Campbell, Beaverdam, attended the annual meeting of the Institute of Rural Affairs in Blacksburg this week. Since she was the only Advisory Board representative we are expecting her to share with the Home Demonstration Board and other Hanover County people the information she received at that meeting.

Do not forget about Adult Camp. If you have not had your vacation, you can not go wrong by planning to go to Jamestown. The program is as follows:

Program, Jamestown Adult Camp, August 4-9, 1937

First Meal—Supper Wednesday, Aug. 4, 1937. Last Meal—Breakfast Monday, August 9, 1937. Cost—One dollar (\$1.00) per day, plus fifty cents (.50) registration. Bring—Sheets, blanket, towels, toilet articles, bathing suits, fishing tackle.

Schedule A. M.—7:30—Rise; 8:00—Breakfast; 9:00-9:30—Music Hour; 9:30-10:00—Book Reviews, Mr. and Mrs. James Durham, Richmond, Va.; 10:00-11:00—Special program or Handwork; 11:00-12:00—Swimming; 12:30—Dinner.

Schedule P. M.—Afternoons will be devoted to pilgrimages or any other activity the camper desires; 6:00—Supper; 7:00—Vespers; 7:30-8:00—Flowers in Our Gardens, Mrs. Ella Funk Myers; 8:00-8:30—Rural Electrification, Mr. E. T. Swink, Agricultural Engineer, V. F. L.; 8:30-10:30—Evening Program.

Personnel—Director of Music—Mrs. Harriett Zehmer; Director of Recreation—Mrs. Margaret Crutchfield; Instructor in Handicraft—Mrs. Georgian Rawlinson.

Special—Fishing trips will be arranged.

Hanover County boys and girls will have their chance to go to camp too. The 4-H Club members will have the privilege of attending camp

from August 9-14. This year any boy or girl who expects to carry on a 4-H Club project with the Home Demonstration Agent next year will be allowed to attend camp in August. That ruling was made because the work has not had time to be entirely organized in Hanover County. If you are interested in camp let the Agent know and we will try to make arrangements about your going. The cost is \$5.00 for the whole week (that includes 50c worth of hand work that you bring home with you). The camp is educational as well as recreational, and the opportunity to meet other boys and girls from other counties will mean a great deal. Children are not allowed to attend camp unless they are 12 years of age or over.

Having spent this week out of the county attending the annual meeting at Blacksburg, there has been no chance for new organization; however next week promises several new Home Demonstration Clubs. A group of women around Doswell are urged to attend the meeting on August 3, at 3:00 P. M. at the Doswell High School, to meet the Agent and hear about the program of work for the County.

The Home Demonstration Agent will talk over W.R.V.A. at 1:15 P.M. on August 6th. Tune in and hear some more about Home Demonstration Work in Hanover County.

## AT JAMESTOWN.

Sponsored by the Montpelier 4-H Club, Frances Davis, Mildred Lowry, Meredith Harris and Annie Jones are attending the 4-H Club Camp this week at Jamestown, near Williamsburg. They will return Saturday.

Billy Joe Folks, of Taylorsville; Brett Winn and Edith Amburn, of Ashland; Dorothy Broach, William Broach and Linwood Broach, of Gumtree, and Helen Music, of Beaverdam, also are attending the camp. Although not now members of a 4-H club, a special ruling was made allowing them to go since they plan to do club work this winter. Miss Sue Wampler, Hanover home demonstration agent, said. Miss Wampler and J. C. Stiles, county agricultural agent, are also in Jamestown this week.

# Hanover Clubs Outline Work

## 4-H Leaders Hold Parley at Ashland.

Special to The News Leader.  
ASHLAND, Nov. 16.—Programs for Hanover County 4-H Clubs, to last through December, 1938, were outlined at a leader training meeting Saturday afternoon in the office of Miss Sue Wampler, Hanover County Home Demonstration Agent. The meeting was attended by 4-H Club leaders from all over Hanover.

Miss Sylvia Bloum, district home demonstration agent, spoke on the leader's place, responsibilities and duties on the 4-H Club program. Other leader training meetings will be held in the county throughout the year with specialists from Blacksburg in attendance. Miss Wampler said. A round table discussion followed a short talk by Miss Wampler.

Those who will take over leadership of various 4-H Clubs in the county and who attended Saturday's meeting are Mrs. Dan Terry, Doswell; Miss Helen Wickham, Montpelier; Miss Pauline Toler, Rockville; Mrs. L. L. Reinhart and Miss Hazel Wyatt, of Elmont; Mrs. Willard Coates and Mrs. C. E. Hows, of Independence, and Mrs. S. B. Chilton, who attended for Mrs. Howard Taylor, of Hanover Court House; also Mrs. David Glascock, of Doswell, chairman of the advisory board for Hanover County home demonstration work, Mrs. Herman Jones, of Montpelier, county youth chairman, and Mrs. Harvey Nuckols, president of the Rockville Home Demonstration Club.

## 3 4-H Clubs Are Formed In Hanover

Special to The News Leader.

ASHLAND, Nov. 20.—Officers in three 4-H Clubs in Hanover County, organized this week, are announced today by Miss Sue Wampler, Hanover Home Demonstration agent. All of the clubs will place special emphasis on clothing construction during the coming year. Another 4-H group is being organized by Miss Wampler today at Elmont.

Miss Flora Ricks was elected president of the Rockville 4-H Club, to be assisted in her administrative duties by Miss Virginia Chewing as vice president, and Miss Louise Woodward as secretary-treasurer. Miss Pauline Toler is leader for the group.

At the organization meeting of the Beaverdam 4-H Club, Miss Jane Eddleton was elected president, assisted by Miss Edith Francisco as vice president and Miss Georgia Meadow as the secretary-treasurer.

Miss Anne Jones will head the Montpelier 4-H Club as its president. Other officers are Miss Mildred Lowry, vice president; Miss Mary L. Tate, secretary and treasurer; Miss Mildred Waldrop, reporter, and Miss Helen Wickham, club leader.



## GIVES HINTS ON CANNING METHODS

Miss Wampler Tells Of  
New Ideas in Radio Talk

Hints on the canning of common fruits and vegetables, problems that interest many housewives at this time of the year, are given in the recent radio talk of Miss Sue Wampler, Home Demonstration Agent of Stanover County.

"Canning days are here again— it is the time when gardens and orchards produce so abundantly that home makers rally round to prevent waste. We get such solid satisfaction from knowing that we have saved that garden surplus. And it is mighty pleasant to see our cans filled and lined up on the kitchen table ready to be carried off to the storage room."

A question frequently asked, Miss Wampler states is "How many quarts will I get from a bushel of this or that?" "From one bushel of asparagus, expect 10 pints; from a bushel of greens only 7 pints usually result; Peas yield more, about 6 quarts per bushel; beets go a long way, they will yield 20 quarts per bushel; from corn, about 100 ears will can 20 pints; from a bushel of tomatoes, expect 18 quarts; from a bushel of butter beans, 10 quarts; now for fruits, a bushel of peaches should yield 20 quarts; a bushel of pears, 25 quarts; for dried fruits, a bushel of peaches yields about 5 pounds of dried fruit, and apples about the same.

"Drying is another very popular activity in Virginia this year," Miss Wampler declares. "If you are one of those people who find it hard to secure jars for all your foods—why not dry some of it? Peas, snaps, peppers and corn all dry very nicely, and easily too. Many of you say you let your beans dry on the vines, but you will get a far nicer product if you pick them green and dry them artificially. When they stay on the vine sugar changes to starch, and much of the delicious flavor of the bean is lost. Drying fruits, especially apples is a practice of many Virginians, but why not vegetables? They need only to be washed and cut in the desired sizes then blanched from four to ten minutes. This blanching softens the tough outer skin and also slightly shrinks the product, so drying time is made shorter.

"Of course the sun is the original drier, but we seem to have no control over it, so this method doesn't always prove satisfactory. The time necessary for sun drying is long and if depended on entirely, the food might spoil during a few days of rain. Another disadvantage of sun drying is the difficulty of keeping flies, bugs, bees, and dust away, even though they are covered.

"A cook stove drier is a very fine way of assuring good and uniform results. Simple construction of a rack, into which several trays may slide, is an easy task for any one handy with a saw and hammer. The warming oven is also a good place for drying.

"Fruits dry more easily and better than vegetables. Simply spread them out on trays (preferably wire covered, to allow the heat to come up through the bottom) and place in a warm, but not hot place. For apples, peaches, and those fruits which tend to turn brown when exposed to the air, it is best to slice them and drop them into slightly salted water while preparing. This keeps them from be-

coming dark brown in color.

"Whatever you do", Miss Wampler says, "can up plenty of tomatoes and tomato juice. The latter is Virginia's product to use in place of orange juice. Give your baby tomato juice every day for that much needed Vitamin C.

"If it is non-acid vegetables you are canning, you certainly need a steam pressure canner. So long as you are handling fruits and vegetables the Hot Water Bath Method is fine. But when it comes to most of the vegetable canning, the only safe method is Steam Pressure."