

1954 PLAN OF WORK

FOR

GOCCHLAND COUNTY

EVA F. FOSTER

HOME DEMONSTRATION AGENT

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## 1954 PLAN OF WORK FOR GOOCHLAND COUNTY

### I. County Situation Considered in Making 1954 Plans

Goochland County is a small rural county having a total population of 8,934. There are 888 farms in the county, 728 of them have acreage of less than 180 acres. 335 farms are colored farms. Six hundred and ten farms sold less than \$1,000.00 total value of all products sold during 1949, and 467 families earned more off the farm than on the farm. The main sources of income from the farm rank in the following order: livestock and livestock products, dairy products, poultry and poultry products, field crops, forest products, vegetables and fruits. The 1953 drought has reduced the income of all farm families and this will affect the 1954 program in the county.

There is no industry in the county. Off the farm income is from employment at the States two penal institutions located in the county and one in the adjoining county; from sawmill operations; the railroad, and a large stone quarry. Most of the young homemakers able to work are either employed in this and neighboring counties, or commutes to Richmond for part or full time employment, as do a considerable number of the part-time farmers. The 1953 drought has sent even more homemakers to work. Nearly everyone able to get away from home for the day is employed or seeking employment to help supplement the family income.

This situation affects membership in Home Demonstration Clubs, and leadership of 4-H and Rural Youth Clubs. It creates what should be an abnormal social condition but since the trend of a homemaker away from home most of the time is general, it can no longer be considered unusual. It changes the pattern of living to such an extent that in so many families there is no home life, home is a place to dress, sleep, and occasionally eat. It is sad that such a situation is being allowed to develop in so many homes, not only in Goochland and Virginia, but across the Nation.

### II. Contributions Expected of the 1954 Program Toward Better Living

The 1954 Home Demonstration Club program was planned to spread the Extension influence in Goochland County through its contributions to better family living. The program on house furnishings was planned so that the homemaker would have the opportunity to learn what is good design in house furnishings and also to learn how to frame pictures to bring beauty into the home. The program on flowers and flower arrangements will give her an opportunity to learn good basic principles of this art. Two crafts programs are planned to meet her creative needs. The programs on foods will help her to serve better meals to her family and help her to improve her cake

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exhibits at the County and State Fairs. The program on money management was planned to help the homemaker to spend more wisely the income of 1954 so that the basic needs of the family will be met. The Federation Goal Family Life was set up to help unite the families into closer units sharing their work and their fun and working together for their school and their church. The working together of the people of Goochland county will spread the influence of this Extension program to the far corners of the county and into the state.

The 4-H Club program was planned to give the boys and girls of Goochland county an opportunity to learn good taste in home furnishings through their project, "Your Room - Pep it Up". At the same time, they will have the opportunity to learn to care for their room. The Health project was planned to encourage the members to take better care of their teeth and hair, to develop good posture, and to develop better habits of health.

The Rural Youth Program will be of interest to the young people of the county. The program is planned to give the youth an opportunity to plan and carry out the activities of their club. Through training in leadership and participation in club and county programs, they will learn to take an active part in their own community and in county events. Such training will make them better citizens.

### III. 1954 Program as Planned

#### A. Subject Matter Fields in Which Adult Program is Planned

##### 1. House Furnishings

In setting up the 1954 home demonstration club program, major emphasis was put on house furnishings. This subject was selected because of the interest in using and arranging furniture and furnishings on hand to the best advantage. The program was planned to give the homemakers an opportunity to learn what is good design in house furnishings. Through this demonstration they will become acquainted with good basic features of good design and will be able to select new furnishing with these features in mind. It should also develop in them an appreciation for the good pieces of furniture they already own, many of which are now hidden under many coats of paint.

One or more work meetings will be held in each club for the making of lamp shades. This work meeting will give the homemaker an opportunity to make a good serviceable shade from an old shade frame at the minimum cost. By using a material that is washable, that gives good light, and is inexpensive, the homemakers should be able to improve the lighting in every room in the house.

An inexpensive way of adding color and interest to the home is through the use of good pictures, properly framed and properly hung. The program includes selecting, framing and hanging pictures in the home. The major emphasis of this demonstration will be on the proper framing of a picture. In many instances, the frames are on hand and simply need renovating or refinishing to frame a picture of the members selection.

There will be one other work meeting in each club and some clubs will select subjects related to house furnishings. These meetings will be of special interest to the homemaker and will develop some skill that will add to the comfort and attractiveness of her home.

There will be one slip cover school for the purpose of helping the homemaker to select suitable fabrics and colors for a serviceable slipcover and then to help her make the material into well tailored slip covers. This school will last for three or four days and will give the homemaker an opportunity to complete her slipcover before taking the furniture back home. Many worn and faded chairs and sofas will be given new life as a result of this slipcover school.

Flowers have such an important part to play in house furnishings that one work meeting will be devoted to a workshop on flower arrangements. This should produce more attractive flower arrangements in more of the homes.

To carry out this program, one leader training meeting will be held with specialist help to bring the latest information on Good Design in House Furnishings and Framing of Pictures. The leaders from each of the clubs will be trained to give these two demonstrations. The Agent with the help of the leaders will give the demonstrations and assist with the work meetings on Making of Lamp Shades and the Arrangement of Living Room Furniture. The agent will hold a craft meeting to train the leaders in the craft selected for the club. Other special interest meetings as needed will be conducted to meet the needs of the members. The slipcover school will be conducted by the agent on a county-wide basis. This should reach one or more members of every club who in turn will be asked to help one or more people with their slipcover problems. Through the training and special interest meetings, the house furnishings subject should meet the needs of most of the members.

## 2. Foods

Two demonstrations were planned for this phase of the program. The active part being taken by several club members

in judging at County Fairs and of many others in exhibiting at the County and State Fair, prompted them to include Cakes for Exhibit. This meeting will cover the cake and the icing and points to consider in judging a cake. Each leader will have the opportunity to score the cakes they bring to the meeting.

The interest in balanced meals for the family was responsible for including Salads in the program. The subject was of especial interest because of the variety of salads that can be made from main dish to dessert salad, using fresh vegetables, meats and fresh fruits.

One leader training meeting will be held for these two demonstrations with the Food Specialist bringing the latest developments in Cake Making and judging and new ways with old salads. Through these demonstrations which the leaders will give in the clubs, both the leaders and the club members will have an opportunity to develop skills in cake making and judging cakes, and learn to prepare appetizing salads for their families.

### 3. Clothing

The program does not include clothing in the regular meetings but it has become a most important special interest activity. Three tailoring schools were planned to be conducted by the agent during February and March. These classes usually reach approximately 35 people, more than half of this number for the first time. The tailoring schools were planned to give the homemaker an opportunity to develop skills and techniques that will take the homemade look out of homemade clothes. The savings made on clothing as a result of these schools is an indication of their true value.

### 4. Home Management

One meeting on Money Management was planned in this field of homemaking. The specialist will attend a meeting for the leaders and bring them the latest information on the subject. The leaders will give the demonstration in their clubs. As a result, the money available to the homemaker should be spent more wisely.

### 5. Landscaping

The program was planned to include one full meeting on the out-of-doors part of homemaking. This is to include those phases of landscaping or planting especially interesting to each club.

Those clubs starting outdoor living areas last year will continue their work. Others will work on out-door living areas, planting of bulbs, shrubs, flowers, etc. to meet the needs and interests of the members. Outdoor beauty for every home was the aim of setting up this program.

B. Subject Matter Fields in Which 4-H Program is Planned

1. House Furnishings

Every boy and girl enrolled in the 4-H Club in Coocland will have the opportunity to learn to make the best use of existing furnishings; realize their needs and to make plans for improvement and to acquire skill in making simple furnishings. The program was set up to include demonstrations on the Attractive Bedroom, a bulletin board for your room, and the right light for your room. Care of the room will be one of the requirements for completing the project. The meetings are set up for the agent to give the demonstrations in the clubs. During the summer months when club groups will meet out of school, the adult leaders will continue the project with the members.

2. Health

The 4-H Club members have emphasized the health feature of Looking Your Best Project for the past two years, so when the health project was set up this year, it was exactly what these clubs wanted. The demonstrations have emphasized cleanliness, care of teeth, good personal grooming, and control of rats and mice. Each club member will keep a record of the progress they make and the physical and dental check-ups they have during the year. The purpose of the project is of course to promote better health and by working with the youngest club members, much progress should be made by the time they reach high school age.

3. 4-H Electric Project

Boys and girls interested in continuing their work in the 4-H Electric Project will have special training through leader training meeting conducted out of school. The VEFCO has been especially cooperative in helping to give these boys and girls training in the Electric project.

4. Foods

Summer time prompts the 4-H Club girls to get busy with food preparation, food preservation and meal planning and service. These summer projects will be conducted by the leaders who will be trained by the agent.

## 5. Clothing

"Sewing" is the one project nearly every club girl wants to take. Since the clubs have only one class period to meet and one room to meet in, this project does not fit into a good club program during the school year. The leaders conduct the sewing projects during the summer with the help of the agent whenever possible. Excellent work has been done by the members with the leaders help. This project will continue to function in this way.

## C. Fields in Which Young Men and Women's Program is Planned

The program for this group was planned to meet the interests of the majority of the group. Recreation led by the group will be of major importance. Other features will be movies and slides showing historical places of interest, a picnic, a tour and a Christmas Party. The purpose of this group is to provide recreation and entertainment and to give to the members a few educational programs of general appeal.

## IV. Other Activities

### A. Adult

#### 1. Federation of Home Demonstration Clubs

Each club will be encouraged to send a delegation to the Annual District Meeting in May and to pay their Federation dues in time that the county can be 100% paid.

Each home demonstration club in the county has plans to make a contribution toward the continuing Education Center at V.F.I. The clubs voted 100% to sponsor the project and seven have at this time made their pledge for the first drive.

#### 2. The Federation Goal

The Federation goal selected for 1954 was Family Life. The points set up for emphasis are - (1) planning together for family fun, (2) the family work team, (3) the family and school, and (4) the family and church. The County Federation Goal Chairman will set up plans for carrying out this program with the club goal chairmen. Two other programs as closely related to Family Life (1) planning good reading for the family, and (2) community recreation.

3. Club Objectives Set Up By The County Home Demonstration Committee

The objectives for 1954 include: (1) promote good reading with a closer check on the type of literature, comic books especially, children and young people are reading; (2) every parent a F.T.A. member with one program on the family and school; (3) continue support of 4-H Club work; (4) every homemaker support County and State Fairs; (5) Encourage every eligible citizen to vote and (6) support the anti-"litter bug" campaign. These are sound objectives and should result in a better county in which to live and work.

4. County wide program

The Home Demonstration Committee will sponsor a county-wide program with emphasis on your home and local art. Each club was asked to locate several paintings or pictures done by local people or owned by local people to be put on exhibit for a day when a program on Your Home Charming will be given. The program will be followed by a social hour to give the people an opportunity to meet and get acquainted.

5. Special Interest Activities

Three tailoring classes will be conducted for the purpose of giving the homemakers an opportunity to develop skills in producing clothing to meet the family needs. The classes are open to non-club members as well as club members.

6. Achievement Day

A County Achievement Day will be held. The committee will be appointed in May and plans made for the program. This program will feature accomplishments in 4-H and Home Demonstration Club work. Achievement Day will be held at a time when the families can get together and see what the Extension program has contributed to better living for the boys and girls, men and women in the county.

B. 4-H Clubs

4-H Club members will participate in carrying on the Annual County Fair through the making of exhibits, and assisting with the 4-H Club Booth.

All 4-H Club members who have their work up-to-date will be encouraged to attend Jamestown 4-H Club Camp. Six boys and girls will be encouraged to attend State Short Course.

Contests will be held in each club to determine the county winner in each program. The winners will participate in the District Contest, and in the County Achievement Day program.

Each club member will be encouraged to participate in Rural Life Sunday. Each minister in the county will be informed of the program and asked to cooperate by recognizing 4-H Club members in his church.

Boys and girls will be encouraged to sell Christmas cards to raise money for their contribution to Jamestown 4-H Club Camp.

The Club members will plan and carry out a 4-H Club Rally Day. This is excellent training for the members and at the same time, gives them a real boost when they see that so many members, parents, leaders and friends are really interested in 4-H Club work. The program will end with a watermelon feast.

#### C. Young Men and Women's Activities

Members of the Othma Rural Youth Club will be encouraged to attend the Rural Youth Conference usually held at Virginia Beach. This club has been active in helping to get the State organization organized, and should continue to be active in the program.

The Club will have a planned recreation program for all the members and friends to encourage membership. They will assist in putting on the County Fair.

#### V. Scope of Work:

##### A. Organization

	<u>No.in</u> <u>1950</u>	<u>No.in</u> <u>1951</u>	<u>No.in</u> <u>1952</u>	<u>No.in</u> <u>1953</u>	<u>Goal</u> <u>1954</u>
No. home dem. clubs	9	10	10	10	10
Membership	214	227	237	250	250
No. 4-H clubs	4	6	6	8	11
Membership	117	134	147	170	175
No. young men & women's clubs	3	3	2	1	1
Membership	184	184	75	44	50
Other organizations				1	1

	No.in <u>1950</u>	No.in <u>1951</u>	No.in <u>1952</u>	No.in <u>1953</u>	Goal <u>1954</u>
B. Number of families reached through:					
Home demonstration clubs	899	838	662	835	850
4-H clubs	198	147	147	170	175
Young adult clubs	90	84	75	44	50
Special interest groups	0	33	42	45	50
Result demonstrations	23	27	-	-	
Home visits	198	237	283		
Contacts by club members	-	-	-	835	900
Other (newspaper, radio, county meetings, etc.)	280	298	350	500	500
Estimate no. dif. families reached through above means	1034	1044	1050	1199	1200

VI. Describe plan for using the following organizations to strengthen the Extension Program in 1954.

A. County Home Demonstration Committee

This committee will hold two regular meetings during the year for the purpose of planning the County Extension Program, its goals and activities in such a way as to best meet the needs and interests of the county. This committee will also plan the county achievement program. Much credit for the type of work done in the county is due to the planning done by this group and to their cooperation in carrying out the plans.

B. County 4-H Council

The County 4-H Council will hold two regular meetings during the year. This Council also functions as a project planning committee. The Council will make plans for carrying out the 4-H Club program, training the officers, participating in Rural Life Sunday, National 4-H Club Week, 4-H Club Camp, County Fair, and attendance at Atlantic Rural Exposition.

VII. Plan for Leadership

A.	Home Demonstration	No.in <u>1950</u>	No.in <u>1951</u>	No.in <u>1952</u>	No.in <u>1953</u>	Goal <u>1954</u>
	No. project leaders	81	74	82	60	70
	No. federation goal chm.	9	10	10	10	10
	No. program dev. leaders	9	10	10	10	10
	No. result demonstrators	23	25	-	3	5
	No. meetings at which leaders were trained by specialist	13	8	5	5	3
	No. meetings at which leaders were trained by district agents	2	2	1	1	2
	No. meetings at which leaders were trained by agent	0	3	3	2	3
	No. meetings at which leaders were trained by others	0	0	0	3	2
	Attendance at all training meetings*	167	174	101	186	140
	No. club meetings held by leaders without agent present	55	40	59	48	48
	No. additional club meetings at which leaders assisted	0	0	0	0	20
	Total number demonstrations given by leaders	51	44	59	60	60
	Total number talks or discussions by leaders	31	31	151	124	128

Plans for Training and Using Leaders in Carrying Out the 1954 Program

There will be two meetings held for the purpose of training the organizational leaders. These leaders will help to carry out the 1954 program as planned, at the same time be alert for suggestions for planning the program for 1954.

The subject matter leaders will be trained by the specialist, and will be responsible for six demonstrations or more in each club. They will be given whatever help is needed in preparing their demonstrations by the agent. Individual assistance will be given as needed.

B. 4-H Club	No.in <u>1950</u>	No.in <u>1951</u>	No.in <u>1952</u>	No.in <u>1953</u>	Goal <u>1954</u>
No. 4-H Club officers	20	30	36	48	55
No. adult project leaders	4	6	4	8	16
No. junior project leaders	14	20	24	32	33
No. of result demonstrators	-	-	-	-	2
No. meetings at which leaders were trained by specialist	1	2	0	0	2
No. meetings at which leaders were trained by district agent	-	-	-	-	-
No. meetings at which leaders were trained by agent	5	6	1	1	2
No. meetings at which leaders were trained by personnel in 4-H department	1	2	0	0	1
No. meetings at which leaders were trained by others				2	2
Attendance at leader training meetings	15	60	23	62	120
No. 4-H leaders trained individually	2	4	8	8	8
No. club meetings held by leaders without agent present	36	50	8	48	50
No. demonstrations given by adult leaders	7	15	4	48	50
No. demonstrations given by junior leaders	4	12	8	16	20

**Plans for Training and Using All Types of 4-H Leaders in Carrying Out 1954 Program**

All 4-H Club organizational leaders will be given training in conducting 4-H Club meetings. Sponsors for each of the clubs will assist them in planning for each meeting.

Junior and Adult project leaders will be trained by agent and specialists in preparing to give demonstrations relative to the 4-H Club projects. All older 4-H Club members will be encouraged to serve as Junior 4-H leaders in their neighborhoods during the summer months.

Junior 4-H Club leaders will assist with planning the 4-H Club Camp program and in carrying out the Camp program.

C. Young Men and Women's Clubs

	<u>No.in</u> <u>1950</u>	<u>No.in</u> <u>1951</u>	<u>No.in</u> <u>1952</u>	<u>No.in</u> <u>1953</u>	<u>Goal</u> <u>1954</u>
Number club officers	12	12	8	6	6
Number adult leaders or sponsors	6	6	4	4	4

Plans for Training and Using Leaders in promoting Young Men and Women's Club Program in 1954.

Leaders will be helped with planning programs and recreation for the Young Men and Women's Club.

VIII. Problems Involved in Carrying Out Extension Program

There are no particular problems involved in carrying out a successful Extension Program in Goochland county beyond the problems of working with human nature. Progress is slow but checking over records of five years, one can be proud of the progress made. To the best of my ability, I will continue to meet each problem as it arises and keep the program moving forward.

IX. Work with Other Agencies

1. Health Department

The agent will cooperate and encourage county citizens to cooperate in putting over the county health program.

2. Huritan

The agent will work with the Home Demonstration Clubs and other groups in planning and serving well balanced and attractive meals to this group monthly.

3. Other Agencies

Publicity through club meetings will be given to such drives as Red Cross, T.B., Cancer Control, and Infantile Paralysis Campaign. Other cooperation will be given as needed. Cooperation will also be given the Community Cannery and when possible the Electric Power Company, which is adding ~~so~~ many new lines in the county.

X. Plans for Developing Good Public Relations in County

Good public relations now exist between the agent and the elected representatives, general public, co-workers, and other professional workers, in the county. Through courtesy and cooperation this pleasant friendly relationship will be continued.

XI. Plan for Recording Progress and Evaluating Programs

The monthly and annual reports shall serve as a record of the work done in the county during the year. With the plan of work and the monthly reports, an evaluation of the year's work will be made at the end of the year.

XII. Plans for Professional Improvement

A. Organized Study

Plans are being made to attend agents training classes whenever held for this District.

B. Reading Professional Publications

Subscriptions to professional magazines are being continued. These magazines are read and used to improve demonstrations and supplement educational material available from V.F.I. My subject matter information will be improved by adopting new practices and new methods recommend at home and in my demonstrations.

C. Membership in Professional Organizations

Membership in the Home Agents Association, the Virginia Home Economics Association, the Richmond Home Economics Association, and the National H.D.A. Association are being continued.

D. Participating in Programs, Workshops, etc., Planned by Other Organizations.

I will participate in any programs, workshops, etc. planned by other organizations in the county in so far as the programs are educational in nature.

E. Planned Educational Trips

No plans are now made for any educational trips this year.  
If such trips are arranged, I may be able to participate with  
the group.

THE END



HOME DEMONSTRATION AGENT'S NARRATIVE REPORT

GOOCHLAND COUNTY  
VIRGINIA

1954

EVA F. POSTER  
HOME DEMONSTRATION AGENT

DECEMBER 1, 1953 - NOVEMBER 30, 1954

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1954 NARRATIVE REPORT FOR GOOCHLAND COUNTY

IV. County Situation Considered in Making 1954 Program

Goochland County is a small rural county having a total population of 8,934. There are 888 farms in the county, 722 of them have acreage of less than 180 acres. 335 farms are colored farms. Six hundred and ten farms sold less than \$1,000.00 total value of all products sold during 1949, and 467 families earned more off the farm than on the farm. The main sources of income from the farm rank in the following order: livestock and livestock products, dairy products, poultry and poultry products, field crops, forest products, vegetables and fruits. Three years of drought have reduced the income of all farm families and has affected the over-all program in the county.

There is a small pulpwood processing plant located in the county, but as yet, it has not begun operation. Off-the-farm income is from employment at two State penal institutions located in the county and one in the adjoining county; from sawmill operations; the railroad, and a large stone quarry. Most of the young homemakers able to work are either employed in this and neighboring counties, or commuting to Richmond for part or full-time employment, as do a considerable number of the part-time farmers. The 1954 drought has sent even more homemakers to work. Nearly everyone able to get away from home for the day is employed or seeking employment to help supplement the family income.

This situation affects membership in Home Demonstration Clubs and leadership of 4-H and Rural Youth Clubs. It creates what should be an abnormal social condition but since the trend of a homemaker away from home most of the time is general, it can no longer be considered unusual. It changes the pattern of living to such an extent that in so many families there is no home life; home is a place to dress, sleep, and occasionally eat. It is sad that such a situation is being allowed to develop in so many homes, not only in Goochland and Virginia, but across the Nation. Is there any wonder that we see and hear so much about juvenile delinquency?

V. Adult Work

A. Project Work

1. House Furnishings

In setting up the 1954 Home Demonstration Club Program, major emphasis was put on house furnishings. This subject was selected because of the interest in using and arranging furniture and furnishings on hand to the best advantage. The program was planned to give the homemakers an opportunity to learn what is good design in house furnishings. Through this demonstration, they will become acquainted with good basic features of good design and will be able to select new furnishing with these features in mind. It should also develop in them an appreciation for the good pieces of furniture they already own, many of which are now hidden under many coats of paint.

Ruth Jamison, House Furnishing Specialist, conducted a leader training meeting on "What is Good Design in House Furnishings", and "Framing and Hanging Pictures." She gave a wonderful demonstration, well-prepared and of such interest to those present. Due to weather conditions, three clubs were represented. The other leaders were trained individually by the agent.

The Home Demonstration Club members were very much interested in the demonstration on "What is Good Design in House Furnishings." The leaders gave the demonstrations in seven clubs and the response has been most satisfying. The most outstanding demonstration was given by Mrs. Jim Bowles of the Cronier Home Demonstration Club.

In an effort to improve lighting conditions in every home in the county, one or more work meetings will be held in each club for the making of lamp shades. This work meeting will give the homemaker an opportunity to make a good serviceable shade from an old shade frame at the minimum cost. By using a material that is washable, that gives good light, and is inexpensive, the homemakers should be able to improve the lighting in every room in the house.

The demonstration, "Improving Home Lighting by Making Lampshades" was one of the most popular ever given. Seventy-nine homemakers made from one to five shades to improve the lighting in their home during January. Each meeting was followed by a special interest meeting or some individual help in order to continue the project. More than one hundred homemakers made over two hundred shades during the year.

Several homemakers took home materials so that their 4-H Club youngster could make a shade for his or her lamp. Those leaders who helped the 4-H Club members make shades last summer were a wonderful help. Through this project, home lighting was improved in approximately 125 homes.

An inexpensive way of adding color and interest to the home is through the use of good pictures, properly framed and properly hung. The program included selecting, framing, and hanging pictures in the home. The major emphasis of this demonstration was on the proper framing of a picture. In many instances, the frames are on hand and simply need renovating or refinishing to frame a picture of the member's selection. The leaders gave this demonstration in all the clubs.

Plans for the year included one slip cover school for the purpose of helping the homemaker to select suitable fabrics and colors for a serviceable slip cover and then to help her make the material into well-tailored slip covers. Due to circumstances beyond control, this school was not held. However, much help has been given to small groups on the subject and 28 to 30 pieces of furniture have been slipcovered and 15 rooms improved by the addition of draperies made by the homemaker.

Flowers have such an important part to play in house furnishings that one work meeting was devoted to a workshop on flower arrangements. This encouraged more attractive flower arrangements in more of the homes and was one of the most colorful and successful meetings held. Through the leaders, arrangements were made for workshops in most of the clubs so the women could learn to make arrangements from the flowers they brought from home. The homemakers made further use of the knowledge gained when they decorated the Home Economics Cottage for the Annual Spring Meeting. The making of corsages was one of the club programs. This prompted 150 homemakers to make and wear corsages to the Annual Spring Meeting. The Crosier Home Demonstration Club made flower arrangements for the Armentrout home for Open House. Each Home Demonstration Club decorated one or more tables for the Annual Achievement Day Dinner. No one phase of our 1954 program could have contributed more to the beauty of our homes for such small cost.

## 2. Foods

Two demonstrations were planned for this phase of the program. The active part being taken by several club members in judging at County Fairs and of many others in exhibiting at the County and State Fair prompted them to include cakes for exhibit. This meeting covered cake and the icing and points to consider in judging a cake. Each leader had the opportunity to score the cakes they brought to the meeting. Two leaders judged cakes at the Chesterfield County Fair and felt this demonstration had given them much in preparation for the job.

The interest in balanced meals for the family was responsible for including Salads in the program. The subject was of especial interest because of the variety of salads that can be made from main dish to dessert salad, using fresh vegetables, meats, and fresh fruits.

One leader training meeting was held for these two demonstrations with the Food Specialist bringing the latest developments in Cake Making and Judging and new ways with old salads. Through these demonstrations which the leaders gave in the clubs, both the leaders and the club members had an opportunity to develop skills in cake making and judging cakes, and to learn to prepare appetizing salads for their families. The improved diets of the many families reached will show up in better health in years to come.

## 3. Clothing

The program does not include clothing in the regular meetings but it has become a most important special interest activity. Three tailoring schools were planned to be conducted by the agent during February and March. These classes usually reach approximately 35 people, more than half of this number for the first time. The tailoring schools were planned to give the homemaker an opportunity to develop skills and techniques that will take the homemade look out of homemade clothes. The savings made on clothing as a result of these schools is an indication of their true value.

Four tailoring classes were conducted this year during which fifty-seven garments were made by forty-three women. For sixteen of them it was their first tailoring school, and

for Mrs. John Smith of Menakin and Mrs. Harold Nuckols of Centerville, it was the very first garment they had ever made. The classes were of great benefit to the members, not only for the well-fitted garment they completed, but for training they had in fitting their own patterns, for learning to press as they sewed, and for learning the many fine details of tailoring and dress-making. Three of the members have already purchased sewing machines for their own use, and three more expect to during the next few months. They realize the need to continue to practice what they have learned since sewing is so definitely a learned skill. Some of the women expect to add a steam iron to their sewing equipment and all of them requested directions for making the sewing aids used in tailoring. These three additions mean the women are really interested in the construction of well-made clothing at home. These women reported helping 252 other homemakers with their sewing problems during the year. They made 339 garments and 249 household articles, including slipcovers and draperies.

The growth of leadership in Coochland is in fair proportion to the growth of the tailoring schools. In 1951, twenty-nine homemakers enrolled in four tailoring classes and completed 38 garments. The demand for these classes has continued, each year reaching from 16 to 20 women who have never attended a class. The Home Demonstration Club Leaders are so anxious to have their members receive this special help that they are willing to conduct all club meetings during the six or eight weeks needed. This means that the leaders in all of the clubs must attend a leader training meeting and then give or help give two demonstrations, so the agent can devote her time to this special interest activity.

#### 4. Home Management

One meeting on Money Management was planned in this field of homemaking. Circumstances did not permit the training of leaders for this meeting, so the demonstration was given in the clubs by the Home Demonstration Agent. The question of how to make your money buy the things you need was asked many times. Through a lively discussion, many of the homemakers found their answer.

## 5. Landscaping

The program was planned to include one full meeting on the out-of-doors part of homemaking. This was to include those phases of landscaping or planting especially interesting to each club. Those clubs starting outdoor living areas last year continued their work. Others worked on outdoor living areas, planting of bulbs, shrubs, flowers, etc. to meet the needs and interests of the members. Outdoor beauty for every home was the aim in setting up this program.

The Manakin Home Demonstration Club interpreted the demonstration, "Back-Yard Pleasures," as an outdoor lunch for members and children. Each member brought a covered dish and the hostess served dessert. Other clubs exchanged bulbs and discussed when and where to plant them. Goodland County and its homes are more attractive as a result of several years emphasis on this program. Many new homes are now showing results of planning and then planting, and others are in the planning stage. Another year will show the results of this year's work.

## 6. Rural Arts

Each club in the county participated in an Art Exhibit, featuring paintings of or by local people. This event brought together a wonderful group of paintings and helped those present to realize that many valuable paintings are present in the county and also that there are quite a few artists in our own ranks.

Each club also held one meeting with emphasis on Rural Art. The work done included many articles of leather work and wood work. Construction of bird houses and feeding stations was not only a handicraft but a direct aim at helping with conservation of bird life. The leaders were responsible for conducting this work in the clubs and did a very creditable job.

## B. Federation Goal

Family Life was the goal selected by Goodland for 1954. This was the first year for this goal as a major and was an out growth of a county-wide meeting sponsored last year by the Fife Home Demonstration Club when Mrs. Beatrice Marion spoke on "Family Relationships." The points set up for

emphasis were: (1) planning together for family fun, (2) the family work team, (3) the family and school, and (4) the family and worship. The County Federation Goal Chairman, Mrs. C. F. Richmond, and her committee set up plans for carrying out this program within each club. Three other programs closely related to Family Life (1) planning good reading for the family, (2) community recreation, and (3) music appreciation are included in the year's program. The Goal Chairman and her committee worked up a questionnaire to help the club chairmen record their progress and a bibliography to assist them in planning the club programs. These helps contributed to the success of the program in each club and will be repeated for the coming year.

There was a carry-over of last year's goal of Home and Community Beautification. Back-Yard Improvement, making of corsages, work shop on flower arrangements, and bulb exchange were the topics used at four meetings. The results of this program have been mentioned under project work.

#### C. Other Activities

##### 1. Federation of Home Demonstration Clubs

Each club was encouraged to send a delegation to the Annual District Meeting in May and to pay their Federation dues in time so the county would be 100% paid. This was accomplished as planned and 27 members attended the District Meeting.

Each Home Demonstration Club in the county made a contribution toward the Continuing Education Center at V. P. I. Through activities sponsored in each club and through contributions made at "Open House" at the Armentrout home, the county gave \$305.90 toward the fund.

##### 2. County-wide Program

The Home Demonstration Committee will sponsor a county-wide program with emphasis on your home and local art. Each club was asked to locate several paintings or pictures done by local people or owned by local people to be put on exhibit for a day when a program on Your Home Charming will be given. The program will be followed by a social hour to give the people an opportunity to meet and get acquainted.

Mrs. A. G. Smith, Chairman of Spring Program, called a meeting of her committee and made final plans for putting on a program on Art Exhibit and Your Home Changing on April 7th. Much enthusiasm was shown for the program and the members responded to requests for help on all committees.

The Annual Spring Meeting of the Goodland Home Demonstration Clubs was held April 7th. with a record attendance, representing every Home Demonstration Club in the county. Mrs. J. A. Rollins, County Chairman, presided. The program featured slides in color on home decoration and was followed by an Art Exhibit and social hour at the Home Economics Cottage. Mrs. A. G. Smith, Chairman in charge of the exhibit, did a wonderful job. Paintings exhibited included the work of local artists and paintings of local people and people known in the county. The social hour gave the women an opportunity to meet their neighbors as well as to see the exhibit. Each club member was asked to wear a corsage which she had made, since "Making Corsages" was the Federation Goal for March. The Manakin Home Demonstration Club held a work shop on corsage making just prior to the meeting so each member received special help in making a lovely corsage. The work shop was conducted by a member of a Richmond Garden Club.

### 3. Home Demonstration Club Week

May, 1954 was a month to remember. Two special church services were held with the agent appearing on both programs. Sunday, May 2nd. was a special service recognizing Home Demonstration Club women and their contributions to the county. Mrs. John Rollins, County Chairman, gave an interesting talk on the work and what the Home Demonstration Club has to offer the homemaker. Every Home Demonstration Club woman in the county was invited to attend the service and the social hour following the program. It was a privilege to take part in the service sponsored by the Women of the Church and the pastor of Byrd Presbyterian Church. More than a hundred people were present to hear the special recognition given to the Home Demonstration Club women in the county.

### 4. Achievement Day

A County Achievement Day will be held. The committee will be appointed in May and plans made for the program. This program will feature accomplishments in 4-H and Home Demonstration Club work. Achievement Day will be held at a time when the families can get together and see what the Extension Program has contributed to better living for the boys and girls, men and women in the county.

Goochland Home Demonstration Committee sponsored its Annual Achievement Day Supper and program at the Goochland Fair Building on Friday, October 22nd. Supper was served by the Band Boosters Club. Mary Lee and Evelyn Ford, two 4-H Club members, sang a duet. All 4-H Club presidents were invited as guests of the committee. These 4-H Club Members and presidents felt it was a distinct honor to attend the meeting and to participate in the program.

The Home Agent's Report covering the year's activities was made using colored slides which showed 4-H Club and Home Demonstration Club members at work. The comments were most favorable, some being "now for the first time, I know what the women do at Home Demonstration Club Meetings. I thought they just talked and ate.", and another, "I really appreciate your work in the county. I had no idea the Extension Program offered so much to our young people." Such appreciation as this will help our program to move forward.

Dr. William Kelly of the Memorial Guidance Clinic, Richmond, was guest speaker. His talk centered on the Federation Goal "Family Life" and was thought provoking. He placed the responsibility of juvenile delinquency and mental disturbances on the family. He then suggested ways by which we could meet our responsibility and prevent both juvenile delinquency and mental disturbances. Men, women, and 4-H Club Members alike expressed the feeling that he had given them something which they could use.

#### 5. Special Interest Activities

Three tailoring classes will be conducted for the purpose of giving the homemakers an opportunity to develop skills in producing clothing to meet the family needs. The classes are open to non-club members as well as club members. The results of this project has been reported under Project Work.

#### 6. Club Objectives Set Up By The County Home Demonstration Committee

The objectives for 1954 include: (1) promote good reading with a closer check on the type of literature, comic books especially, that children and young people are reading, (2) every parent a P. T. A. member with one program on the family and school, (3) continue support of 4-H Club work,

(4) every homemaker support County and State Fairs, (5) encourage every eligible citizen to vote and (6) support the anti-"litter bug" campaign. These are sound objectives and should result in a better county in which to live and work.

Book reviews, discussion of comic books, P. T. A. and the parents' responsibility to the school were ways in which (1) and (2) were carried on. The clubs supported 4-H work through funds for sending to camp as a means of recognition and through leaders who supported 3 groups of 25 children during the summer. The clubs supported the county fair through active participation and through leadership, seventeen leaders acting as department superintendents. There was no participation in exhibiting at the State Fair. Six of the ten women trained in judging at district judging schools judged at two county fairs in nearby counties. The experience was most valuable to the leaders.

#### 7. Nation-Wide Recognition to Goochland County

The Paint and Fabric Story sponsored in the Armentrout home by the Country Gentleman resulted in an improved-housing-result demonstration. Three closets were added to make care of clothing easier, the entire downstairs was improved by adding new floors and giving them an easy-to-clean finish. Newly-painted walls, new slipcovers and new draperies each contribute to the attractiveness of the home.

One of the highlights of the club year was "Open House" at the home of Mr. and Mrs. E. M. Armentrout when the Paint and Fabric Story sponsored by the Country Gentleman was completed. The three rooms selected by the magazine for re-decoration were only a beginning for this family. Through the most wonderful co-operation of the family members, the entire house was completed. The family have a home that is lovely to see, easy to live in, and easy to keep. The two hundred and seventeen pairs of feet that had tramped through the house by the close of the day on June 30th. left no scarred floors. Could there be a better recommendation for an easy-to-care-for floor?

The Crozier Home Demonstration Club arranged flowers for each room in the house and served as other clubs supplied hostesses throughout the day. 4-H Club girls served as hostesses in the two 4-H Club members' rooms. 4-H Club boys sold drinks for the benefit of the Goochland 4-H Camp Fund.

The admission to the home was a silver offering for the V. F. I. Continuing Education Center, and the fund was increased by \$52.90.

Miss Lucy Blake, Mrs. Betty Kyle, Mrs. C. E. Meyers, Miss Sylvia Slocum, Mrs. Julia Carson, Mrs. Anne Confer, Mrs. Elizabeth Thomas, and Miss Edith Anne Hackworth were among those attending. Each Home Agent brought 4-H Club or Home Demonstration Club members from her county to see the home. The many wonderful comments made by our visitors left us all feeling the project was not only worth while to those who worked so hard, but that it was a wonderful demonstration for all those who came to see it.

The agent from Carolina County and sixteen interested people visited the Ernest Armentrout home in August to see the results of the Country Gentleman story. The home was featured in the September issue of the magazine, "A New Home in an Old House" and is a credit to our county.

#### VI. 4-H Club Work

##### A. Project Work

##### 1. House Furnishings

Every boy and girl enrolled in the 4-H Club in Goodland had the opportunity to learn to make the best use of existing furnishings, to realize their needs, to make plans for improvement, and to acquire skill in making simple furnishings. The program was set up to include demonstrations on the Attractive Bedroom, a bulletin board for your room, and the right light for your room. Care of the Room will be one of the requirements for completing the project. The meetings are set up for the agent to give the demonstrations in the clubs. During the summer months when club groups will meet out of school, the adult leaders will continue the project with the members.

The 4-H Club Members enjoyed the demonstration on "The Attractive Bedroom" and were most interested in the follow-up work. They made floor plans showing the present arrangement of their furnishings and following a discussion on furniture arrangement, 137 of them rearranged their furnishings to make the room more convenient. Nearly all of the boys and girls worked out color schemes for their rooms and found attractive pictures to illustrate their selections. The

response of the boys to this phase of the program was indicative of the keen interest which they have in an attractive room.

One demonstration given on making in-door gardens last year was carried over by the members into this year's program. Thirty-nine of them made terrariums and reported enjoying the walks through the woods looking for the mosses and tiny green plants. The experience was valuable because the members became aware of some of the beauty of the out of doors even in the winter.

To encourage neatness of personal keepsakes, pictures, etc., the making of bulletin boards was included. Twenty-three members made bulletin boards and used them for their pin-ups, ribbons, awards and pictures. They found them to be useful and attractive and as a result of using them, found their dressers without clutter.

Waste paper baskets is another demonstration that carried over from last year, met a real need for thirty-six boys and girls who selected suitable containers and decorated them to make attractive waste baskets for their rooms.

The right light for your room encouraged sixty-seven members to make lamps using old oil lamps, attractive bottles, jugs, and even tin cans. A most attractive and unusual pin-up lamp was made by Reuben Grady of Fife. He used tin cans to make the lamp and the bracket and then used scraps from the lamp shade his mother made in the Home Demonstration Club and made a shade for it. He painted the lamp with silver color paint and laced the plain white shade with silver lacing. Not only did he have an unusual lamp but also one that gave a good light for reading. Twenty-three members improved lighting by making new shades, fifty-nine by buying new shades, and approximately one hundred by checking on the size of the bulb being used and substituting a 100-watt bulb for their study lamp. Many of them had been studying by a 40 or 60-watt light and many of these were in ceiling lights. Therefore, this one program improved lighting conditions in some way in nearly every home in which there is a 4-H Club member.

Other things which added to the attractiveness and convenience of the member's room included drawer dividers, shoe racks or shoe bags, door stops, trinket boxes, book ends, and pictures which they framed.

The interest of the 4-H Club boys and girls in having more attractive rooms has prompted a goodly number of parents to paper or paint the children's rooms.

Evelyn Ford has done an outstanding job on her 4-H project. She patched the cracked and chipped plaster in her room and painted the ceiling, walls, and woodwork during the summer. She made white organdie curtains for her two windows. She rearranged her closet and put in a shoe rack to care for her shoes. Evelyn's grandmother has let her have an old spool bed which she expects to refinish next summer. Other improvements made were a good study lamp, a bulletin board, and rearranged furniture for better balance. Evelyn was district winner in her project.

## 2. Health

The 4-H Club members have emphasized the health feature of Looking Your Best Project for the past two years, so when the health project was set up this year, it was exactly what these clubs wanted. The demonstrations have emphasized cleanliness, care of teeth, good personal grooming, and control of rats and mice. Each club member will keep a record of the progress they make and the physical and dental check-ups they have during the year. The purpose of the project is of course to promote better health and by working with the youngest club members, much progress should be made by the time they reach high school age.

This program encouraged the 4-H Club Members to be neater, cleaner, better-groomed citizens. Every 4-H Club Member had their teeth checked during the year. Parents and teachers have commented on the value of the 4-H health program and how much more interested the children have been in good grooming.

## 3. 4-H Electric Project

Boys and girls interested in continuing their work in the 4-H Electric Project will have special training through leader training meetings conducted out of school. The VEPCO has been especially co-operative in helping to give these boys and girls training in the Electric Project.

Thirty-one members enrolled in this project. The representatives of VEPCO trained these junior leaders in caring for electrical appliances. They worked on their projects at home, visited electrified farms, and noted how other farms and homes used electricity to make their work easier. Two 4-H Club Members, Louise Kent and Howard Condrey represented Goochland at the 4-H Electric Congress held at the Jefferson Hotel in Richmond.

#### 4. Foods

Summer time prompts the 4-H Club girls to get busy with food preparation, food preservation, and meal planning and service. These summer projects will be conducted by the leaders who will be trained by the agent.

Only three girls enrolled in this project which was conducted by a Junior 4-H Club Leader, Louise Kent. These girls completed a food preparation project and exhibited some of their baked foods at the County Fair.

#### 5. Clothing

"Sewing" is the one project nearly every club girl wants to take. Since the clubs have only one class period to meet and one room to meet in, this project does not fit into a good club program during the school year. The leaders conduct the sewing projects during the summer with the help of the agent whenever possible. Excellent work has been done by the members with the leaders help. This project will continue to function in this way.

Two groups of 4-H Club Members were organized to take sewing during the summer. The Fife Home Demonstration Club sponsored a group of 15 4-H Club Members. Two of these girls, Nancy and Carolyn Parrish, served as junior leaders. They also completed the project. Mrs. John Rollins and Mrs. Carl Schwarting were the adult leaders with members from Fife and Little Byrd Home Demonstration Clubs assisting them. Most of this group had to be taught sewing from the first stages, especially the use of the sewing machine. The girls made needle cases and wrist pin cushions, equipped a sewing box, and made shorts, a skirt, or a blouse. This was the most enthusiastic and most eager to learn group of youngsters I've worked with in a long time. The fact that they had made something with a little guidance was a real accomplishment. They have worn their skirts to school this fall with very evident pride.

In recognition of the work the girls did, the Fife Home Demonstration Club invited them, their parents, and members of the Little Byrd Home Demonstration Club to be their guests in September. The girls wore the garments they had made and put on display their sewing boxes, needle cases, pin cushions, and the many other articles they had completed. It was a real style show when fifteen girls came forth one by one and proudly showed the skirt or shorts she had made. One of the leaders announced the girls and told about what they had done during the summer.

Following the fashion show, the guests were served refreshments and a pleasant social hour followed. It was an opportunity for two Home Demonstration Clubs to visit together and to become better acquainted with the 4-H Club Members in their community.

The second group was sponsored by Mrs. Gladys Armentrout and leaders from the Crozier and Manakin Home Demonstration Clubs. They worked with twelve girls, teaching them how to cut out a garment and how to use a sewing machine. Each girl completed a blouse and exhibited it at the County Fair. This group was particularly anxious to learn the fastest way of finishing a garment, and I worked with them at two meetings giving them the benefit of my week's training at the University of Tennessee. I found the girls eager to learn, and they liked not having to do so much basting and pinning. The blouses they completed were a credit to the project. They also equipped a sewing box. The girls modeled their garments at the Crozier Home Demonstration Club meeting in September.

#### B. Other Activities

##### 1. Fairs and Exhibits

4-H Club Members will participate in carrying on the Annual County Fair through the making of exhibits, and assisting with the 4-H Club Booth. They will hold an Exhibit Day at each school upon completion of their winter club project, "Your Room - Pep-It-Up".

The 4-H Club exhibits at their spring meeting were outstanding. One club had 100% of its members making three or more exhibits which made them eligible to receive a gate sign, "A 4-H Club Member Lives Here." The 311 exhibits entitled sixty-seven 4-H Club members to win and post the gate sign at their home and 111 of them to attend the Atlantic Rural Exposition in September.

One hundred and one of the 111 4-H Club Members making exhibits at their Spring Exhibit Day attended Youth Day at the Atlantic Rural Exposition. Having the members make an exhibit of their work in order to be eligible to attend the A. R. E. has stimulated considerable interest in 4-H exhibits.

The Goochland-Powhatan-Louisa Fair was the nicest the county has ever held. The quality of exhibits was outstanding. Forty-nine 4-H Club Members from Goochland won cash awards with Mitchell Armentrout of Sabot winning

\$11.00, Harwood Johnson of Hylas, a close second with \$10.50, and Ben Johnson, his brother, a close third with \$10.00.

Ten-year-old Jackie Dunn of Elk Hill placed second in the Junior Tractor Driving Contest, and Douglas Layne won first over all the 4-H Club girls with his yellow layer cake. Mary and Lillie Williamson of Columbia won \$5.50 and \$5.25 respectively with a total of seven blue ribbons, 5 red and 5 white.

## 2. Camps and Short Courses

All 4-H Club Members who have their work up-to-date will be encouraged to attend Jamestown 4-H Club Camp. Six boys and girls will be encouraged to attend State Short Course.

Thirty-two 4-H Club Members, two Junior Leaders, two Adult Leaders, and two Agents attended Jamestown 4-H Club Camp. It was a wonderful week for all in attendance, and many of the girls said it was the nicest camp they had ever attended. It was the third and fourth camp for them, too. The classes in highway safety were especially interesting to the group. Handicraft and swimming are always popular. The class in beginning swimming is a first with those who haven't yet learned how.

Five girls and four boys attended State 4-H Short Course this year. Evelyn Ford won an all-expense trip on her room improvement project. Mitchell Armentrout, Ben Johnson, Kenneth Morris, and Robert Bowman won a county-paid trip on their Dairy Judging score. Mitchell Armentrout was made a 4-H All Star. He and Grace Hannah Bowles, who was made an All Star last year, are planning much work for the county 4-H Clubs during the coming year. Rebecca Parker, Carolyn Parrish, Evelyn Ford, and Louise Kent will be wonderful help in making the Goodland 4-H Club outstanding in 1954.

## 3. Contests

Contests will be held in each club to determine the county winner in each program. The winners will participate in the District Contest and in the County Achievement Day program.

Two girls, Grace Hannah Bowles and Evelyn Ford were selected to send their record books in to the state office for judging in Leadership and Your Room.

Evelyn Ford was district winner in the 4-H Room Improvement Contest and won a trip to State Short Course.

#### 4. Rural Life Sunday

Each club member will be encouraged to participate in Rural Life Sunday. Each minister in the county will be informed of the program and asked to co-operate by recognizing 4-H Club members in his church.

Sunday, May 23rd. was National 4-H Club Sunday. The 4-H Club members took part on the church program, telling what the 4-H Club means to them, leading the singing, the 4-H Club Pledge, special music, and Mitchell Armentrout read the evening prayer. The parents and friends of these 4-H members were justly proud of the way in which these young folks conducted the evening program.

#### 5. Rally Day

The Club members will plan and carry out a 4-H Club Rally Day. This is excellent training for the members and at the same time, gives them a real boost when they see that so many members, parents, leaders, and friends are really interested in 4-H Club work. The program will end with a watermelon feast.

The 4-H Rally Day was a wonderful success! Approximately 175 members, friends, and leaders attended the program. The Talent Show, the Tractor Driving Contest, and the Watermelon Feast all helped to bring the large crowd. Mr. W. A. Turner was guest speaker and gave a wonderful talk on the rewards of being a Senior 4-H Club Member.

#### 6. Fund-Raising Projects

Boys and girls will be encouraged to sell Christmas cards to raise money for their contribution to Jamestown 4-H Club Camp. Other activities will include serving the Ruritan Supper and helping in the 4-H Food Booth at the County Fair.

The 4-H Club members sold Christmas cards and made a contribution of \$100 to Jamestown 4-H Club Camp.

Nine 4-H Club girls and three 4-H Club boys served supper to 64 members of the Ruritan Club in December. The leaders, Mrs. Truett and the agent, prepared the meal, and Grace Hannah Bowles was in charge of the dining room. The Ruritans complimented the service very highly and asked that the 4-H Club members serve the supper again. Thirty dollars was added to the club fund from this service.

Several 4-H Clubs have made the ten-cent-per-member contribution toward the National 4-H Club Center. Other clubs are getting their contributions in, and when all have contributed, \$30.00 will be sent to the National 4-H Club Center.

#### VII. Young Men and Women's Work

The program for this group was planned to meet the interests of the majority of the group. Recreation led by the group will be of major importance. Other features will be movies and slides showing historical places of interest, a picnic, a tour, and a Christmas party. The purpose of this group is to provide recreation and entertainment and to give to the members a few educational programs of general appeal.

Members of the Othma Rural Youth Club will be encouraged to attend the Rural Youth Conference usually held at Virginia Beach. This club has been active in helping to get the State organization organized, and should continue to be active in the program.

The club will have a planned recreation program for all the members and friends to encourage membership. They will assist in putting on the County Fair.

Due to circumstances, this club was not able to hold all of their meetings. However, the group was able to get together in November and make plans for a more active group in 1955.

#### VIII. Scope of Work

	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
No. N. D. Clubs or Groups	9	10	10	10	10
Membership	214	227	237	250	247
No. 4-H Clubs	4	6	6	8	11
Membership	117	134	147	170	165
No. other families reached	803	683	666	679	591
No. of different families reached	1034	1044	1050	1099	903
No. community clubs					
Membership					

#### IX. Organizations

##### A. County Home Demonstration Committee

This committee held two regular meetings during the year for the purpose of planning the County Extension Program, its goals and activities in such a way as to best meet the needs and interests of the county. This committee also planned the County Achieve-

ment Program. Much credit for the type of work done in the county is due to the planning done by this group and to their co-operation in carrying out the plans.

The regular spring meeting was held in May. In addition to the regular business meeting, program development chairmen were given training to be used in their own clubs in leading discussions on program planning. Committees were appointed to plan the Fall Achievement Day.

Program planning has come a long way and has far to go. Every effort was made to have the clubs realize the importance of each member having a part in planning for a program that meets the needs and interests of the majority of the club members for at least a majority of the meetings. Each club has shown improvement in planning, but when meeting on a county level, they just aren't sure of themselves and allow outside suggestions to take precedence over those from their own clubs. They realize this when they report back to their clubs, but it's too late then. Following the fall meeting of the Planning Committee, the leaders resolved to speak for their club members and set up a program that mirrors their suggestions at least. If the planning continues as soundly as it has for several years, and the leaders keep the interest of their members and the county foremost, program planning in Goochland County will be on a sound basis, and the needs and interests of the county will be reached through the home demonstration club programs.

#### B. County 4-H Council

The County 4-H Council will hold two regular meetings during the year. This Council also functions as a project planning committee. The Council will make plans for carrying out the 4-H Club program, training the officers, participating in Rural Life Sunday, National 4-H Club Week, 4-H Club Camp, County Fair, and attendance at the Atlantic Rural Exposition.

The activities listed were carried out but not by an over-all 4-H Council as planned. This is a field which needs to be strengthened for 1955.

### X. Leadership

#### A. Contributions of Volunteer Leaders to the Program

##### 1. Organizational Leaders

Two meetings were held for the purpose of training the organizational leaders, giving them basic helps in conducting the activities of the clubs and the County Home Demonstration Club Program. The contributions of

these leaders made it possible to keep an active Home Demonstration Club in each community. Their loyal support of the Annual Spring Meeting and Annual Achievement Day Program contributed to the success of these two events. Through their guidance, their clubs have also had a successful year and made a real contribution to the community.

## 2. Program Development Leaders

The Program Development Leaders have come a long way in helping to plan and carry out the County Home Demonstration Club Program. They are more active in the club discussions and have brought excellent suggestions to the county planning meeting. They are a bit timid about speaking out for their club choices when final plans are made for the program. With a little more experience, they will be able to present the suggestions of their club and see that the county program reflects their needs and interests. Goochland County can be proud of these leaders who are interested in the development and progress of the county.

## 3. Subject Matter Leaders

The willing contributions made by the Subject Matter Leaders to their club made it possible for forty-three women to participate in four tailoring schools during February and March. These leaders were trained at two leader training meetings conducted, which were conducted by the specialist and three by the home agent. They gave forty-two demonstrations in their clubs and assisted the agent in giving fifteen. Having these trained leaders in the community means much to the local people. They have to answer many questions in regards to the latest information on some subject and in this way they make a valuable contribution to their community.

Eight of our well-trained subject matter leaders received training at District Training Schools for Fair Judging. This was the second training school for them, one having been conducted last year by the home agents from Chesterfield, Powhatan, and Goochland. Six of these leaders served as judges at Hanover and Chesterfield Fairs.

## B. Growth of Leadership

1. Home Demonstration Club Project Leadership

	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
No. project leaders (subject matter)	81	74	82	60	50
No. goal chairmen	9	10	10	10	10
No. Program Development Leaders	9	10	10	10	10
No. result demonstrators	23	25	0	3	5
No. training meetings:					
By Specialists	13	8	5	5	2
By District Agent	2	2	1	1	1
By Agent	0	3	3	2	3
By Others	0	0	0	3	2
Attendance at all training meetings	107	174	101	186	118
No. meetings without an agent	55	40	59	48	42
No. meetings leaders assisted	0	0	0	0	15
Demonstrations by leaders	51	44	59	60	78
Talks and discussions by leaders	31	31	151	124	108

2. Growth of 4-H Club Project Leadership

No. club officers	20	30	36	48	55
No. adult project leaders	4	6	4	8	8
No. junior project leaders	14	20	24	32	8
No. result demonstrations	0	0	0	0	3
No. training meetings held:					
By Specialists	1	2	0	0	0
By Agent	5	6	1	1	2
By District Agent	0	0	0	0	0
By member club department	1	2	0	0	0
By Others	0	0	0	2	4
Attendance at leader training meeting	15	60	23	62	97

	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
No. 4-H leaders trained individually	2	4	8	8	30

No. club meetings held by leader without agent present	36	50	8	48	24
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No. of additional club meetings at which leaders assisted	0	0	0	0	12
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No. demonstrations given: By Adult Leaders	7	15	4	48	50
By Juniors	4	12	8	16	18

### 3. Young Men and Women Clubs

No. club officers	12	12	8	6	5
No. Leaders	6	6	4	4	2

### C. Outstanding Leader

Grace Hannah Bowles, our outstanding 4-H Club girl is also our outstanding leader. Grace Hannah organized the 4-H Club members who served the Nutrition Supper, assigned them their particular jobs and took complete charge of the dining room. Under her supervision, the service was well organized and especially smooth.

Grace Hannah was president of her 4-H Club and made all arrangements for holding meetings at the high school. She attended the All Star Conference and helped in many ways with her Goodland delegation to the Short Course, serving as their leader. During the summer, she worked to help with expenses of entering college. Yet she found time to help and to attend 4-H Rally Day, helped with the 4-H Club Food Booth at the County Fair, and encouraged Rebecca Parker and Louisa Kent in their work with 4-H Club members. She is enrolled in college with her interest still in the 4-H Club and its value to the 4-H Club members.

### D. Outstanding Family

Goodland County's outstanding family of 1954 brought nationwide recognition to the county. Mr. and Mrs. E. M. Armentrout, their son, Mitchell, and daughter, Betty, were featured in the September issue of the Country Gentleman. They were recommended to the magazine by the home agent for a feature story. The family was accepted, and their home became a work shop. Through the best possible co-operation of any family work team, the entire home was redecorated by the family. The work is mentioned under Adult Project Work.

Betty and Mitchell are outstanding 4-H Club members, and Mrs. Armentrout is an outstanding 4-H Club leader. Mrs. Armentrout is a 4-H All Star, and Mitchell was made an All Star this year.

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The entire family supports the County Extension Program, the school, the P. T. A. and the church. They make a valuable contribution to the county.

The news story from the Country Gentleman magazine follows.

#### E. Outstanding Club

The Five Home Demonstration Club has made the greatest contribution toward their community by providing recreation and leadership. The club sponsored the 4-H Club in the school and organized and provided leaders for the community 4-H Club during the summer. They held a community picnic for their members, families, and friends. They contributed \$35.00 to the Continuing Education Center at V. P. I. and approximately \$100.00 to the local fire department. They made it possible for two 4-H Club boys to attend Jamestown 4-H Club Camp.

#### II. Work in Co-operation with Other Agencies

The home demonstration club program has worked in co-operation with all other agencies working for the benefit of Goodland County. The clubs have encouraged members and others to assist in putting over the county health program, the dental clinic, the T. B. clinic, the X-Ray clinics, and other groups to improve the health conditions in the county.

They have helped to collect funds for all recognized drives in the county and have been instrumental in collecting over \$17,000.00 for the many drives.

The clubs have helped to serve the Ruritan Supper as a service to the community and as a fund-raising program for their clubs.

The clubs have helped to bring some culture to the county by securing membership to the Virginia Symphony Orchestra Guild. They helped to secure an extra program for the young people in the county by selling cakes at each of the programs and using the funds to finance an orchestra program at the high school for all those boys and girls who could attend after school.

#### XIII. Appraisal of Year's Work

The home demonstration club program has made a valuable contribution toward the betterment of the county as evidenced by the above report. Our families are a little better fed, our homes a bit more attractive, comfortable, and convenient and better lighted, and our families are clothed better for a little less all because of the interest of our homemakers in their home demonstration club program. Our 4-H Club members have taken

better care of their teeth and tried to eat the proper foods because of their health project.

The continued training of our leaders and the finding and training of new ones to help them will give us a better program for 1955. In the light of the past accomplishments, I feel our greatest need is simply "more of the same."

XIII. NATION-WIDE RECOGNITION TO GOOCHLAND COUNTY FAMILY

THE END

# BETTER Farm Living . . . September, 1954

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## BETWEEN YOU AND ME



**A**LL fifteen members of our Better Farm Living staff put their heads together to plan this issue devoted primarily to the problems we all face when doing a paint job. Whether your troubles have been little ones, like

that of our pint-size Tom Sawyer on the cover, or big knotty ones, I think we've rounded up enough helpful information to eliminate them the next time you take brush in hand.

Kay Wood, our home-furnishings editor, made so many trips down to Virginia while working with the Ernest Armentrouts on the painting and re-decorating of their home (see *THEY MADE A NEW HOME IN AN OLD HOUSE*, page 93), that she feels like a member of the family.

She's as proud as they are that folks came from fifteen neighboring counties to attend the open house which was held so that they could see and tour the Armentrouts' "new" home.

*Trudy Wise*

# They Made a New Home in an Old House

*Before*



*By Kay Wood*

The Armentrouts thought their old farm house was "downright impossible." Then they learned what paint and color can do.

**E**RNEST ARMENTROUT is a dairy farmer in Goochland County, Virginia. He and his wife, Gladys, and their two children live in the house his father and grandfather lived in. Ernest had modernized the kitchen, added a new dining room and a bathroom, but in spite of these improvements the whole family was dissatisfied with their home. It was drafty and cold in winter and

*After*

Above, you see Gladys and Ernest Armentrout considering a new color scheme for their living room. Ernest likes bright colors and had been complaining that the room was "too dull." Gladys had always wanted patterned draperies but couldn't have them because of the figured rug and wallpaper. We picked a golden yellow paint color for the walls in this room because it has a northwest exposure and is gloomy much of the day. To reflect more light, the ceiling was painted off-white; so was the mantle, because it is really pretty and the Armentrouts wanted to show it off. Off-white paint was also used for the window trim to blend with the background of the drapery material. The family went to work with paint and fabrics; got a new rug, two new vases, a new picture, and—a NEW room.



Photographs by  
Peter Dant

"I'm tired of looking at those kittens!" Betty Armentrout, thirteen, was talking about the wallpaper pattern in her room (right). It was time for the room to start growing with her. For her, we chose a young-girl's color scheme, using the colors in the patterned chintz from which her mother made the draperies, dust ruffle and seat cushion. Flowers were cut from the same material to make the pictures hung in dime-store frames over the bed. Betty's father and grandfather cut the iron headboard off her bed and the low footboard replaced it. They painted the walls, wood trim, ceiling and floor, and all the old furniture to make it look brand-new. A cotton rug took the place of the old one. Grandma Bowles gave her a new lamp, and Betty Armentrout, too, has a room that she is proud of now.

**Before**



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**After**

