

Annual Report

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service



1955

Bonnie Sayre
agent

assistant agent

Clarke
county

NARRATIVE REPORT

1955

Bonnie Sayre,
Home Demonstration Agent
Clarke County

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IV. COUNTY SITUATION AS IT AFFECTED THE 1955 PROGRAM

The population in Clarke is 7,050 with 42% workers within County, 53% are engaged in agriculture and 47% engaged in industry. The situation remains largely as in the past few years, except for higher cost of living and the greater influx of out-of-state people buying land and homes, and moving into Clarke County as retired workers. The main sources of income for the agricultural group are from the sale of fruit, cattle, dairy products and general farming; this group includes a large number of tenant farmers and farm laborers and a smaller number of farm families operating an average size farm. There is a fairly high percentage of farmers with high income. The other percentage received income from salaries of nominal positions such as teaching, clerks and those employed by the government and as day laborers. Many farms are owned by non-residents.

Husbands of home demonstration members living in towns, own small businesses or work for others largely. There is very little domestic help employed in the average home, and most of these homes have small children. Many homemakers work outside of the home in the fruit industry during September, October and November. This affects the Home Demonstration Program to the extent that the major program and activities must be carried on during the first six months of the year.

In addition to these mentioned sources of income, the family garden, poultry flock, home produced and cured meat,

including beef, veal and lamb, supply much of the family food needs, thus reducing the money expenditure for food.

There is a definite increase in home freezers bought in the County during the last year, but there is a need for more help on more efficient use of the home freezer, as well as other home equipment. In order to answer the food problem, more help and guidance can be given the homemakers in dealing with the family food supply and demand.

The social conditions in the County are not too good. There is a lack of recreation for young people, but much is being done by the Churches, Home Demonstration Clubs and other organizations to improve the youth situation. Many parents are working and there is no one left to take the definite responsibility of the children. There is a need for greater parent-child relationship -- recreation is a good means.

With the need for, and more encouragement of interest in staying at home, information is needed on house furnishings and ways of making the home attractive, comfortable and livable.

The people are much interested in the health of their families and the community. There is need for more of the rural people to take advantage of the Chest X-Ray and the Bloodmobile.

V. ADULT WORK

A. Project work

1. Foods and Nutrition

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The objectives of this project were to help the homemakers to plan better and more nutritious meals and save time in preparation. Also to teach the homemakers to use their automatic ovens to a better advantage.

One method demonstration was given by the agent on Healthful Sweets and was given in all the clubs. These recipes were liked very much by the women and were used by them 325 times.

Leaders from all clubs except one were trained at a leader training meeting to give the October and November demonstrations, which were "Good Meals For Automatic Ovens" and "Easy, Quick One-Dish Meals". To date these demonstrations have not been held. The women trained for this demonstration were well pleased with the recipes.

A County-wide special interest meeting on "Freezing of Baked Food" was held in May with 23 women attending the demonstration and receiving very worth-while information on freezing. About 50 other women have received information on freezing and canning.

Newspaper publicity in local paper was given to homemakers to help them plan better and more nutritional meals. Bulletins were also distributed.

2. Clothing

The objectives were to teach good techniques in clothing construction, in selecting pattern and fabric, cutting, fitting and finishing details.

The agent had two meetings with one group on making a better dress. There were 5 garments made. The Pine Grove club had two meetings to learn better techniques and four garments were made.

Simple Sewing group was held here in Berryville with four garments made. These women had not done any sewing and were proud of their product.

A Home Economist from DuPont Company gave a very interesting and informative talk on the care and use of synthetic fabrics.

3. Home Management

There were no goals on this phase of homemaking set up for this year.

4. House Furnishings

The objectives were to help the homemakers make better use of the house furnishings and accessories they already had; to learn how to reseat chairs or footstools with fiber cord or cane; and to learn how to frame a picture.

A method demonstration was given by the agent followed by a workshop type meeting. There were about 50 chairs or footstools that were seated or resealed. 6 women caned their chairs with 8 persons attending the workshop.

The agent gave a method demonstration to all the clubs on "Making Best Use of Furniture and Accessories in Living Room". About 80 women received information on what they

could do with their present living room. About 50 of these women actually did something about it.

Leaders were trained for the method demonstrations on "Framing Pictures" at a leader training meeting. Four leaders were trained, but they gave six demonstrations.

There were four result demonstrators to complete their living room this year, by reddecorating and re-arranging their rooms.

5. Housing

The objectives were to assist result demonstrators in kitchen planning and to help homemakers plan better storage space for their bedroom.

One method demonstration was given on Bedroom Storage by the Agent to all the clubs in the County. Many suggestions for making the best use of their present storage was given to about 100 homemakers. About 20 improvements were made.

6. Rural Arts

The objectives were to teach good design, good color combinations, to develop a skill for leisure time activity. Another objective was to learn how to decorate the home inexpensively.

Two method demonstrations on Textile Painting were given to all the clubs. One of the demonstrations was given by the agent and leader, and the other was given by a leader from each club. About 50 articles were painted and many women are going to continue this in their homes.

7. Garden, Poultry and Landscape

No work was done on this phase by the Home Agent.

B. Community Projects

1. Polio Dinner

Demonstration Clubs have had for several years a polio dinner, of which all profit is given to the March of Dimes. This year a check for \$400.00 was turned over to the County Chairman. Not only is this serving a wonderful cause, but it also gives the women a chance to work with women from all parts of the county and ones they don't know. This is also one of the goals toward our Federation Goal - Health and Safety.

2. County-wide Recreation Meeting

The Home Demonstration Clubs entertained their families and the 4-H members and their families at an old-fashioned square dance. The 200 people who attended had a wonderful time, young and old alike. The women thought a meeting like this would help to bring the different phases of extension together.

VI. FARM AND HOME DEVELOPMENT

A. The method used to select the Farm and Home family was done by the Home Agent and the County Agent discussing several possible families and then present the program to the families.

B. Nothing has been done to acquaint our local leaders with the farm and home development approach.

C. The outstanding progress of one family in our County was shown in the kitchen. They remodeled their kitchen by taking part of the porch and adding it to the kitchen. Since the homemaker spends most of her time in the kitchen this arrangement was just what she needed. She has planned to put cabinets in her kitchen to save time and energy since her family consists of three boys, along with her husband.

VII. 4-H CLUB WORK

A. Project Work

1. Food and Nutrition

The 45 girls of four of the 4-H clubs were much interested in Meal Preparation Project and expressed their desire for this project, which was granted. At the 4-H program planning meeting which was held in June we planned the monthly demonstrations. Each girl is given a chance to give a demonstration at club meetings. Agent and leaders gave most demonstrations.

Twenty-three girls have completed this project with 3788 dishes served and 265 meals served. All the girls received training in judging good food.

Fonnie Carlisle was named County winner in Meal Preparation and Barbara Jenks was the county winner in Dairy Foods.

2. Clothing

Three units, "So You Like To Sew", "Make and Remake", and "Looking Your Best" were carried by club members this year.

Projects were discussed in their club meetings and five clubs decided to take Cooking project this year. These suggestions were brought to the County 4-H Planning meeting. The monthly demonstrations were planned at the planning meeting also.

Method demonstrations were given at the monthly meetings in all these three units. The girls brought their equipment and materials to make the articles in the "So You Like to Sew" project. Workshop meetings were held outside of school for the girls in the "Make and Remake" project. In the project, "Looking Your Best" demonstrations were given at the meeting and often the girls were asked to repeat a demonstration or to participate in it in some way. 51 girls completed the "Make and Remake" project with 35 garments made and 34 articles made in the "So You Like to Sew" projects. Georgie Milleson will represent Clarke County in the Area Contest in Clothing Achievement and Joan Strickler in the Style Dress Revue contest.

3. Room Improvement

This project was chosen at our 4-H Program Planning meeting as the other projects were chosen. All five of the Room Improvement projects were carried as individual projects. Two of the girls have completed their projects and the others are working on their rooms.

4. Safety

Safety was selected for our five school clubs because it could be carried by girls and boys with the same instructions to both, since conditions in the local school are rather crowded.

This project was taken by school club members for four months and then the boys took boy's projects and the girls took girl's projects. There were 54 girls enrolled, 15 completed project. This project was to teach how to avoid hazards around their own homes.

B. Other Activities

1. Rural Life Sunday

Rural Life Sunday was observed in three different communities by members of all eleven clubs participating. There were 18 members who attended the services at the White Post Methodish Church with each member wearing a small corsage to identify themselves as 4-H members. Services were held at the Berryville Baptist Church with ten members of several clubs taking part in the service. There were about 50 who attended this service. There was also a service held in the Marvin Chapel Methodist Church with all club members of the Marvin Chapel club participating. All 4-H'ers had the opportunity to attend Church and they were encouraged to do so by the agents.

2. Camp

45 boys and girls attended Powell's Fort Valley Camp. The boys and girls learned how to make footstools and attended nature studies. Three leaders and the Home Agent attended.

3. 4-H Achievement Night

Achievement Night was held on December 12th with about 80 persons attending. After the awards were given to the respective winners of various projects, Frank

Keesling, a recent IFYE delegate to Scotland, gave a very interesting talk on Scotland.

4. Homemaking Contest

35 girls and parents, along with friends, attended the County 4-H Homemaking Contest program. Girls participated in the contest in five projects. The contest was divided into two divisions, girls under 14 years of age and 14 and older. The four winners of the senior contest will compete in the area contest on the last of January.

5. Share-the-Fun Contest

Share-the-Fun Contest was held during National 4-H Week. A trio was named the winning act which consisted of Bonnie Carlisle, Barbara Jenks, Joan Strickler, who sang "You, You, You".

6. County Agricultural Fair

A County Agricultural Fair was held in the county for the second time in the same number of years. 80 homemaking exhibits were shown by the 4-H girls. These were shown under classes in which F.H.A. girls were included. Many 4-H'ers took home prizes, and those that were not quite so fortunate went home with the determination that next year they too would take home a prize. Three of the 4-H clubs had educational exhibits.

VIII. YOUNG MEN AND WOMEN ACTIVITIES

There is no organized group that meets regularly. However, Rebecca Ann Ashby, Helen Milleson and Margaret Shiley are very active project leaders for the girls. These three girls are former 4-H'ers and were also members of the YMW group that was active about two years ago.

An effort is made to get young homemakers to participate in the regular existing extension programs.

IX. SCOPE OF WORK

	1951	1952	1953	1954	1955
No; HD Clubs or Groups	11	11	10	7	6
Membership	198	328	223	130	128
No. 4-H Clubs	10	11	9	9	11
Membership	171	190	157	115	103
No. other families reached	618	675	1100	935	995
No. different families reached	900	975	800	620	635
No. of community clubs		1	1		
Membership		25	25		

X. ORGANIZATIONS

A. County Home Demonstration Committee

This group represents the Virginia Federation of Home Demonstration clubs in the County and acts as a planning and executive committee. The committee consists of presidents of each club, plus a few other key women.

This committee meets to plan the program with the Program Development leaders in the fall of the year. In the project work there is the contests of the year's plan.

In the spring this committee meets and plans all activities and makes plans to carry out objectives from the fall meeting. The Executive meeting is prior to each meeting to plan the program. The committee decides on the budget.

The chairman of this committee attends club meetings during the year as a means of strengthening clubs.

B. County Board of Agriculture

There is no County Board of Agriculture in the County.

C. County 4-H Council

The County 4-H Council serves as a planning body for the County. They will plan all activities and programs for this year. There are two meetings each year; one a business meeting and at the other a social is held. This group decided on the goals and at the end of the year the County Banner is awarded to the club doing the most.

The fall County Council meeting was well attended with 60 members present. Training for each office was given by the leaders. A social hour was held afterwards.

D. County Honor Club

The Honor Club of Clarke County is composed of 18 members and had 3 meetings this year.

E. All-Stars

There are 14 All-Stars in the County. Six of these serve as 4-H leaders. Georgie Milleson was taken into the All-Star organization in 1955. Three All-Stars from the County attended the District All-Star Banquet held in honor of the 1955 All-Stars.

F. County 4-H Project Planning Committee

This committee is the backbone of 4-H Club work. It gives the girls a chance to get what they want. Two girls from each club meet with the leaders and agent to select projects. This strengthens the program to have some work on all phases of 4-H, not only in projects but as community projects.

XI. LEADERSHIP

A. Contributions of Volunteer Leaders

1. Organizational

These leaders spearhead the work of both 4-H and Home Demonstration and keep it going. It makes it possible for the program to serve the public. They train numerous leaders to help promote the work. The organizational leaders are responsible for conducting all business meetings and with the help of project leaders conduct the entire meeting when agent is not present.

2. Program Development Leaders

These leaders help plan the program from year to year by discussing outlook and background data with the club members. From the needs and interests expressed by members, suggestions for the next year's program are arrived at. They are a great help to the agent when collecting accomplishment sheets.

3. Subject Matter Leaders

These leaders give certain demonstration, thus releasing the agent to spend more time with others trying to increase the interest of extension.

There are 43 subject matter leaders that have been active in carrying out the program this year.

Many members join as a result of these leaders telling others. These leaders have done much to help the 4-H clubs in their project work in all phases of homemaking.

B. Growth of Leadership

<u>HD Club Project Leadership</u>	1951	1952	1953	1954	1955
No. Project leaders (subject matter)	80	112	140	42	25
No. goal chairman	10	11	11	8	8
No. Program Development leaders				7	7
No. result demonstrators				19	7
No. training meetings by specialists	3	5	4	5	3
by dist.agents				1	
by agent	2	5	6	1	2
Attendance at all training meetings	64	101	90	42	25
No. meetings leaders assisted	18	23	11	15	7
No. meetings without an agent	23	27	25	28	25
Demonstrations by leaders				28	15
Talks and discussions by leaders				20	

<u>4-H Club Project Leadership</u>	1951	1952	1953	1954	1955
No. club officers				49	62
No. adult project leaders	12	13	14	9	17
No. result demonstrations				1	1
No. training meetings held by spec.	2	-	1	-	-
by agent	2	5	3	2	2
by dist.agent	-	-	-	-	-
by member club dept.				1	1
by others					
Total attendance at leader training mts.33		81	140	40	25
No. 4-H leaders trained individually	6	10	11	10	13
No. club meetings held by leader without agent	21	22	20	28	28
No. additional club meetings at which leaders assisted	14	17	11	27	21
No. demonstrations given by adult leaders	44	50	40	20	32
by junior leaders	45	22	25	30	21

C. Outstanding Leader and Her Accomplishments

Miss Georgeanna Milleson has developed more in leadership and has done more for the 4-H program this year than any one other person. Georgie is President of our 4-H County Council.

When a committee has been appointed from the County Council, Georgie sees that the committee carries out their duties. She has carried four homemaking projects this year and each one has been completed to perfection. If you would walk into her home, you would see quite a change, which Georgie has been responsible for. Not only has she done many things around the home, but Georgie takes time to help her club members learn better sewing techniques. She also takes part in any community activities that she is asked to participate in. When you want a job done, just ask Georgie to do it.

D. Outstanding Family and Accomplishments

The Denzil Kackley family have been a good extension family for a long time. Mrs. Kackley is definitely a key woman in the county. She knows the county and has been in home demonstration work a long time. An IFYE delegate came to our County this past summer and the Kackley family were glad to keep him. The delegate got a good cross section of the average farm family. There are four children, only one who is at home at present.

E. Outstanding Club

Jolly Jacks 4-H club is the outstanding club for the year because at each meeting a different girl gives the demonstration on Meal Preparation. The girl gets any instructions needed from her leaders, Mrs. Oscar Ramsburg

and Miss Rebecca Ann Ashby, before the meeting. This has helped tremendously to keep interest and gain more interest in the club. After the girls have seen the demonstration they are to make the same thing and bring a sample of their product to the next club meeting to be judged.

XII. APPRAISAL OF YEAR'S WORK

There has definitely been an increase in 4-H club work in the past year and for the coming year. Two new clubs were started and both of these are girls' 4-H clubs. There is a possibility of getting a new 4-H club in the Providence Chapel Community.

Our home demonstration work has shown an increased interest, even though one club has disbanded as of October 1, 1955.

1955 PLAN OF WORK

Bonnie Sayre
Home Demonstration Agent

Clarke
County

I. COUNTY SITUATION

The population in Clarke is 7,050 with 42% workers within County, 53% are engaged in agriculture and 47% engaged in industry. The situation remains largely as in the past few years, except for higher cost of living and the greater influx of out-of-state people buying land and homes, and moving into Clarke County as retired workers. The main sources of income for the agricultural group are from the sale of fruit, cattle, dairy products and general farming; this group includes a large number of tenant farmers and farm laborers and a smaller number of farm families operating an average size farm. There is a fairly high percentage of farmers with high income. The other percentage received income from salaries of nominal positions such as teaching, clerks and those employed by the government and as day laborers. Many farms are owned by non-residents.

Husbands of home demonstration members living in towns, own small businesses or work for others largely. There is very little domestic help employed in the average home, and most of these homes have small children. Many homemakers work outside of the home in the fruit industry during September, October and November. This affects the Home Demonstration Program to the extent that the major program and activities must be carried on during the first six months of the year.

In addition to these mentioned sources of income, the family garden, poultry flock, home produced and cured meat, including beef, veal and lamb, supply much of the family food needs, thus reducing the money expenditure for food.

There is a definite increase in home freezers bought in the County during the last year, but there is a need for more help on more efficient use of the home freezer, as well as other home equipment. In order to answer the food problem, more help and guidance can be given the homemakers in dealing with the family food supply and demand.

The social conditions in the county are not too good. There is a lack of recreation for young people, but much is being done by the Churches, Home Demonstration Clubs and other organizations to improve the youth situation. Many parents are working and there is no one left to take the definite responsibility of the children. There is a need for greater parent-child relationship -- recreation is a good means.

With the need for, and more encouragement of interest in staying at home, information is needed on house furnishings and ways of making the home attractive, comfortable and livable.

The people are much interested in the health of their families and the communities. There is need for more of the rural people to take advantage of Chest X-Ray and blood mobile.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

II. THE ADULT PROGRAM

A. Subject Matter Fields

1. House Furnishings

The objectives are to help the homemakers make better use

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

of the home furnishings and accessories they already have; to learn how to reseat chairs or footstools with fiber cord or cane; and to learn how to frame a picture and the type of frame for the picture. Other objectives are to help make the best use of storage in bedroom and simple ways of providing storage and to refinish chair frames for a fiber cord seat.

Methods to be Used

(a) Will have four method demonstrations; Chair and Footstool Reseating which will be followed by workshop type meeting given by the agent; Bedroom Storage given by agent; Making Best Use of Furniture and Accessories in Living Room which will be given by agent; and Making Picture Frames and Framing Pictures to be given by a leader from each club.

(b) Have a leader training meeting to train a leader from each club which is to be conducted by House Furnishings Specialist. Agent will receive training from the House Furnishings Specialist for two method demonstrations and written material for one demonstration.

(c) A Special Interest Meeting will be held on Caning Chairs by the agent, who will be trained by the Loudoun County Home Demonstration Agent. There will be two groups with two meetings with each group.

(d) At least one result demonstration in living room will be encouraged in each club.

(e) Other methods to be used will be through newspaper, radio, and home visits.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

2. Food

The objectives are to help the homemakers in planning better and more nutritious meals and to learn how to use the automatic ovens to a better advantage.

Encourage time-saving through freezing of baked goods. To increase interest in serving more nutritious sweets at Christmas time.

Methods to be used

(a) Two method demonstrations will be given by agent on Healthful Sweets and Good Meals for Automatic Ovens. One method demonstration on Easy, Quick, One-Dish Meals will be given by a leader from each club.

(b) The Food Specialist will train the food leader from each club at a leader training meeting. Agent will receive training for September demonstration and written material for December demonstration.

(c) A county-wide meeting will be held on Baked Foods for Freezing by a Food Specialist.

(d) Promote interest in planning better nutritional meals through newspaper, radio, telephone calls, home visits and bulletins.

3. Rural Arts

The objectives are to teach good design, good color combinations and how to decorate the home inexpensively. To develop a skill for leisure time activity.

GOALS OR OBJECTIVES	ACCOMPLISHMENTS
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Methods to be Used

(a) One method demonstration on Textile Painting will be given by the Agent. This will be followed the next month by a work meeting conducted by a leader.

(b) Leaders will be trained by either the Frederick Home Agent or the local agent.

4. Clothing

The objectives are to teach good techniques in clothing construction, in selecting pattern and fabric, cutting, fitting and finishing details.

Methods to be Used

(a) Agent will hold a series of meetings on making a better cotton dress or work dress. Three different groups will be held in County.

(b) Promote interest in better clothing construction and to the above meetings through radio, newspapers, bulletins and home visits.

5. Housing

The objective is to assist result demonstrators in kitchen planning and housing by giving help in modernizing the kitchen to save time and energy and making the house more convenient and livable.

Methods to be used

(a) Assistance will be given to the result demonstrators. Two new result demonstrators will be started if possible.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

(b) At least one meeting will be held at each of these homes.

(c) Tour will be planned to visit these homes.

B. Federation Goal

Health and Safety was selected as our Federation Goal because the county does not have a County Health Department and the women have recognized the need for more emphasis on health. This is the first year for carrying this goal, although interest in health has been shown by Home Demonstration women for the last five years by sponsoring a dinner for the Polio Fund. Interest has been shown through cooperation with the Cancer Society.

Home and Community Beautification which, has been carried for the past three years will be carried as a secondary goal.

Our aims in these two Goals are to: Introduce a county-wide clean-up campaign, also clear entrances and drives to avoid minor accidents; Insist on better health habits in the home, have periodic physical checkup, encourage your family to visit dentist every six months; Store safely and label plainly all poisonous and inflammable products; Each club support the following health activities: Chest X-Ray, Make Cancer Bandages, Support Polio Dinner.

Methods to be used

(a) The Federation Goal Chairman will conduct one monthly meeting on Health and Safety. The chairman of

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

each club will give a short talk from two to three minutes at each monthly club meeting on various phases of health.

(b) Agent and County Federation Goal Chairman will train the Goal Chairman from each club at a leader training meeting.

(c) The Home Demonstration Clubs will plan, prepare and serve the Polio Dinner and all the profit is given to the Polio Fund.

(d) Ten members have received instructions in the making of cancer bandages and in turn will teach the members of each club how to make the cancer bandages.

(e) Assistance will be given when needed to yard demonstrators.

(f) Promote interest in the health activities through newspaper, radio, and home visits.

C. Other Activities

1. Community Projects

Each club will choose a community project in connection with the federation goal or another worthwhile need in their community.

Methods to be used

(a) Outline these projects in each club in January and encourage them to make careful plans.

GOALS OR OBJECTIVESACCOMPLISHMENTS

(b) Keep up their interest in working toward a finished project.

(c) Give publicity to each club project.

2. County Objectives

County objectives for this year are: Have our clubs sincerely devote time and study to real meaning of Homemakers' Creed; Leaders hold at least 3 meetings with-out agent; Support all A-E Activities; Try to interest new members, each club get 3 new members and help to organize a new club in County; Keep accomplishment Sheet; Each member take one non-member and pass on information regularly.

If each club works toward these goals, it will strengthen the organization of the club and the home demonstration program in the county.

Methods to be used

(a) Clubs will check in June and October as to what has been accomplished toward these goals.

3. Result Demonstrations

Result demonstrations already started include five yard demonstrators, four kitchen demonstrators and two housing demonstrators and will be continued. Living Room demonstrators will be added this year with a goal of one per club.

Methods to be used

(a) At least one meeting will be held at each

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

demonstrator's home.

(b) Home visits will be made and agent will give assistance when needed.

(c) When demonstrations are finished will write a feature story on them.

4. National Home Demonstration Week

Attention given to this week helps to arouse enthusiasm in the county home demonstration program.

Methods to be used

(a) Encourage members to attend the District meeting.

(b) Clubs will have a membership drive during this week and in May.

(c) Have each club sponsor an activity commemorating National Home Demonstration Week.

(d) Women will participate in radio program by letting the public know more about home demonstration program. Newspaper publicity will be given to this.

5. County-wide Recreation Program

The Home Demonstration clubs will give a party for the 4-H'ers and their families. This will help to fulfill their recreational need.

Methods to be used

(a) A committee will be appointed to plan the recreation and party.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

6. County Agricultural Fair

Home Demonstration women will cooperate with the County Agricultural Fair to be sponsored by the Bariten Club. Their exhibits should help show the good quality that is being accomplished by home demonstration women. The opportunity to show will give encouragement to club members to do better work.

Methods to used

- (a) The agent will assist in drawing up the list of exhibits.
- (b) Home Demonstration women will cooperate in any way possible, such as serving as superintendents, serving lunch, etc.

7. Work in Unorganized Communities:

White Post and Boyce Communities need a Home Demonstration program. An effort will be made to work in these unorganized communities and organize a club.

Methods to be used

- (a) Home visits will be made by agent to get people interested.
- (b) Agent will send a letter inviting women in the neighborhood to attend a meeting in their own community.
- (c) All the clubs in the County will assist in organizing one new club.

 GOALS OR OBJECTIVES

 ACCOMPLISHMENTS

8. Training Workshops for Judging

Five women were trained in a District Fair Judging Workshop. These leaders will be asked to judge at the A-H County Contest and at other County Fairs.

Methods to be used

(a) The agent will ask these women to judge when the occasion arises.

9. Institute of Rural Affairs

Encourage women to attend this Institute so they will become more familiar with their land-grant college and gain useful knowledge.

Methods to be used

(a) The agent will encourage and try to have at least five delegates from Clarke to attend the Institute.

(b) Have the delegate give a report in each club meeting.

III. A-H CLUB WORKA. Project Work

1. Clothing - Make and Remake
Looking Your Best
So You Like to Sew

The objective is to teach the girls the simple techniques of sewing so that it may help to stretch the family income and to gain information that will be an asset to them all during life.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

Methods to be used

- (a) The home agent or leaders will give a method demonstration each month as outlined in each projects.
- (b) Have each member give at least two demonstrations on each project.
- (c) Have girls keep a record of work accomplished and submit member's report at end of project.
- (d) Have each girl entered in a club contest and then winners enter the County contest.
- (e) Each girl exhibit project work at our County Fair.
- (f) Help the girls improve practices through newspaper, radio and bulletin.

2. Foods - Meal Preparation
Food Preservation

Our aim in the Meal Preparation Project is to help the girls realize that good health depends on the right kind of food and to encourage them to include such foods in their diets. Our emphasis is on Milk dishes, Vegetables, Salads, Pie pastry and Preparing family meals. The aim in Food Preservation Project is to teach the girls the proper techniques of preparing and conserving foods.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

Methods to be used

(a) Agent will give method demonstration at each meeting, except four meetings when the leader will give the demonstration.

(b) Have club girls give short demonstrations at club meetings.

(c) Teach judging of good quality in food products to club members.

(d) Have girls keep a record of work accomplished as they do it. Submit a record at end of project.

(e) Have the girls exhibit their food products at club meetings and at county fair.

(f) Encourage the club girls to participate in club and county contests.

(g) Give publicity through newspaper, radio and bulletins.

3. Safety

The aim is to help make the homes in our County safer through educating the children. More accidents happen in the home than any other place.

Methods to be used

(a) This project will be a joint project of both boys and girls in our five school clubs and will be conducted for first three months of the year.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

(b) Have all record books turned in by the month of January.

4. Electric Project

The aim is to learn the proper use of electricity and how to care for electric appliances.

Method to be used

(a) The agent will try to interest girls in taking this project.

(b) Instructions will be given on a county basis and will be given on four consecutive Saturday mornings.

(c) Have at least twelve girls completing this project.

B. Other Activities

1. L-H Camp at Powell's Fort Valley

Our objectives are to increase participation in L-H work, to develop leadership, and to learn more about L-H club work. Our goal to attend camp is 50.

Methods to be used

(a) Encourage and interest all club members who have completed their project to go to camp.

(b) Inform club members several months before camp time as to the time and cost of camp.

2. L-H Short Course

Our objective is to give an opportunity for our L-H'ers to meet other L-H'ers and learn about

GOALS OR OBJECTIVES:

ACCOMPLISHMENTS

their activities and to increase interest in the state contests as a contestant.

Methods to be used

- (a) Agent will inform A-H'ers as to time and encourage interest to attend Short Course.
- (b) Agent will help to secure transportation.

3. A-H Achievement Night

Our objective is to recognize individual accomplishments as well as club accomplishments in A-H work for this year.

Methods to be used

- (a) Have a committee appointed by County Council President to plan the Achievement Program along with Agents.
- (b) Have the program during National A-H Achievement Week.
- (c) Agent make the awards and recognition to deserving members and give publicity to same.

4. National A-H Week

The aim is to familiarize the people of the County with A-H work and the A-H work that is being done in Clarke County.

Methods to be used

- (a) Each club have an exhibit or take part on radio program to let the people know more about A-H work.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

(b) Each club participate in the Share-the-Fun Program which is held during National L-H Week.

(c) Agent will give newspaper and radio publicity at this time to L-H work.

5. Rural Life Sunday

The purpose of such a program is to develop spiritual and moral values and to stimulate the development of the fourth "H" which is the Heart.

Methods to be used

(a) Have each club sponsor a service in their Community. Plan program with Minister.

(b) Agent will supply suggested programs and help with program.

(c) Give publicity to these services through newspapers.

6. Share-the-Fun Program

The objective is to help keep L-H'ers interested in L-H work and to give the L-H'ers with talent a chance to exhibit same.

Methods to be used

(a) The club contests to be held in February mts. L-H winners from each club will participate in County Contest.

(b) Have two entries from each club.

(c) A movie showing Share-the-Fun Program at L-H Congress will be shown.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

7. Family Night Party

The purpose is to help bring families closer together by playing together and so Home Demonstration families can learn to know 4-H families and make a stronger extension family.

Methods to be used

- (a) The Home Demonstration clubs will sponsor a party for 4-H'ers and families, planned by a committee.
- (b) Agent will meet with committee.
- (c) Agent will give publicity through newspapers and radio.

8. Club and County Area Contests

The purpose is to help members to develop skills in their project and give opportunity for further competition.

Methods to be used

- (a) Encourage all members to participate in club contests. Have the winner in each project from each club enter the County Contest in August.
- (b) The leaders will work with members in club on county contests after agent has given leaders their training.
- (c) Assist the county winners with preparation of record books and demonstrations for Area Contest.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

9. L-H Records Meeting

The objective is to help the leaders and L-H girls know how to keep a L-H record book.

Methods to be used

(a) A member of L-H club department will hold a meeting on January 28th, showing how to keep a L-H record to enter in a contest.

(b) Agent will invite all L-H members interested and leaders.

V. FARM AND HOME DEVELOPMENT

The agent plans to attend the Northern District Farm and Home Development School for non-pilot counties. The county agent and home agent plan to work with 3 families at present. Only one family has been chosen and they were selected because we are working with all members of the family.

VI. SCOPE OF WORK

A. Organization	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	No. in <u>1954</u>	Goal <u>1955</u>
Number of home dem. clubs	11	11	10	7	8
Membership	198	328	223	130	150
Number of L-H clubs	10	11	9	9	10
Membership	171	190	157	115	120
No. Young men & Women's Clubs	-	1	1	-	-
Membership	-	10	10	-	-
No. Community Improvement Clubs	-	1	1	-	-
Membership	-	25	25	-	-
No. other organizations	-	-	-	-	-

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

VII. PLANS FOR STRENGTHENING THE EXTENSION PROGRAM IN 1955

A. County Home Demonstration Committee

Members of this committee comprise the governing body of the Home Demonstration Club's program. It is the over-all planning group. The committee consists of the presidents of each club and the executive officers of the Home Demonstration Committee. These members will be encouraged to assume more responsibility for executing the program which they plan. Help to finance the county activities by contributing to expenses of delegates to state federation meeting.

B. County A-H Council

This council serves as a governing body for all A-H clubs. Help members to realize the program projected by the county council is theirs and they should work to see that it is accomplished.

Train club officers in parliamentary procedure.

Have two meetings a year; one in fall and one in the spring.

The council is to set up the goals for the Banner.

Officers should meet just prior to the county council meetings to plan program.

This organization will raise money to buy a public address system or a camera.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

C. County Honor Club

The Honor Club will have their first meeting in February this year to have initiation ceremony for new members and elect officers. This organization will help with the leadership so that L-H work can grow in the county.

D. County All-Stars

There are 13 All-Stars who are interested in starting an organization. There is a possibility of starting a chapter for Clarke and Warren Counties.

E. County L-H Planning Committee

The purpose of this committee is to plan the annual L-H homemaking projects for next year. The members begin planning in the spring prior to the county-wide planning meeting by discussing with other members the projects they would like to see included in the county plan. Recommendations are presented, discussed and voted on at the county planning meeting. The county project program is then mapped out month by month. This procedure enables each girl to have a part in planning their project work.

GOALS OR OBJECTIVES	ACCOMPLISHMENTS				
VIII. PLAN FOR LEADERSHIP					
A. Home Demonstration	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	No. in <u>1954</u>	Goal <u>1955</u>
No. Project Leaders (Subject matter)	80	112	140	42	21
No. federation goal chairmen	10	11	11	8	8
No. program development leaders	-	-	-	7	7
No. of result demonstrators	-	-	-	19	21
No. meetings at which leaders were trained by specialist	3	5	4	5	4
No. meetings at which leaders were trained by dist. agents	-	-	-	1	1
No. meetings at which leaders were trained by agent	2	5	6	1	2
Attendance at training meeting	64	101	90	42	55
No. club meetings held by leaders without agent present	23	27	25	28	21
No. club meetings in which leaders assisted	18	23	11	15	10
Total number of demonstrations given by leaders	26	23	22	28	35
Total number of talks or discussions by leaders	144	150	200	20	100

Each leader is given the proper training for the job she asked to assume. This training is administered through group meetings, individually and demonstrations given at club meetings. Specialist, district agent and home agent will give the training.

See that club leaders are given an opportunity to put into practice the training they receive. The home agent gives encouragement and assistance to leaders.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

The project leaders conduct three demonstrations in absence of the home agent. These leaders assist in giving demonstrations to organized and unorganized groups.

B. A-H Club	No. in 1951	No. in 1952	No. in 1953	No. in 1954	Goal 1955
No. A-H Club officers	60	65	66	49	54
No. adult project leaders	12	13	14	9	-
No. junior project leaders	6	13	15	-	-
No. result demonstrators	1	2	3	1	-
No. meetings at which leaders were trained by specialist	2	3	3	-	1
No. meetings at which leaders were trained by dist. agent	-	-	-	-	-
No. meetings at which leaders were trained by agent	2	5	3	2	5
No. meetings at which leaders were trained by personnel in A-H department	1	2	2	1	1
Attendance at leader training meetings	33	81	140	40	25
No. A-H leaders trained individually	6	10	11	10	10
No. club meetings held by leaders without agent present	21	22	20	28	20
No. club meetings at which leader assisted	14	17	11	27	25
No. demonstrations given by adult leaders	44	50	40	20	20
No. demonstrations given by junior leaders	45	22	25	30	25

Some of the project leaders will be trained individually, but where it is at all possible,

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

they will be trained in a group at a leader training meeting. A member of the L-H department will train our leaders, as well as our L-H members, in keeping good L-H records.

Get the adult leaders to assume more responsibility. Help them to take initiative and develop confidence. Give the junior leaders an opportunity to function and help them to improve demonstration techniques.

IX. PLANS FOR WORK WITH OTHER AGENCIES

A. County Red Cross

The clubs will cooperate with this agency by making Cancer Bandages for cancer patients of the county. One club always sends cookies to Newton Baker Hospital at Christmas.

B. March of Dimes

The Home Demonstration clubs sponsors a dinner and gives all the proceeds to the Polic Fund.

C. Welfare Department

At Christmas L-H members fix baskets for families that are on welfare and wouldn't have any Christmas.

D. County Board of Supervisors

Will give a report to the Board in February of the work accomplished in the past year and also plans for the coming year. Will invite them to all county Home Demonstration and L-H functions.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

X. PLAN FOR DEVELOPING GOOD PUBLIC RELATIONS

A. General Public

Home Agent will show a pleasing and friendly attitude to everyone in the county as she meets them. Respond in a pleasing manner to requests made of her.

Strive to be tolerant of people and try to understand their behavior.

Be well informed and try to present information in a definite and concise manner.

Will try to do the above through the use of radio, newspaper, personal contacts and home visits to help promote good public relationships, and to reach more families with extension program.

B. County Co-Worker

The extension program of Clarke County is planned jointly with the county agent when possible.

The Home Agent will cooperate with the County Agent on any phase of the program that may arise.

Home Agent will be prepared to give and receive constructive criticism.

C. Other Professional Workers

Home Agent be informed as to their program. Recognize these workers' abilities and use such when possible.

Render assistance and cooperation when it is requested and needed.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

Keep relationships conducive to any cooperative endeavor.

XI. PLANS FOR RECORDING PROGRESS AND EVALUATING PROGRAMS

Will check plan of work frequently to see if objectives are being accomplished.

Encourage program development leader to collect and summarize reports from individual members. Club summaries be submitted to home agent.

Have A-H members keep a detailed report monthly on progress in their particular project.

Report monthly and annually to the State Office about extension program.

Agent keeps a daily record of telephone and office calls, home visits and meetings.

XII. PLANS FOR PROFESSIONAL IMPROVEMENT

A. Organized Study

1. Schools

The Home Agent will attend the Farm and Home Development School at Luray in January.

The Home Agent may attend the In-Service Training for Agents at V.P.I.

B. Reading Books and Publications

Agent will read two professional books and subscribe to and read five magazines.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

C. Membership in Professional Organizations

The Home Agent belongs to the American and Virginia Home Economics Association and also to the Virginia Home Demonstration Agents Association.

D. Participation in Programs, Workshops Planned by Other Organizations

Agent will take advantage of these programs or workshops when featured and will cooperate with these programs if asked.

E. Planned Educational Trips

Home Agent would like to visit Beltsville Home Economics Research Station.

XIII. PLANS FOR A UNIFIED COUNTY EXTENSION PROGRAM

The Home Agent and County Agent have discussed having Program Planning meeting of both men and women to plan a more unified program together. We feel that we need to strengthen each group separately before working together.

XIV. PROBLEMS IN CARRYING OUT EXTENSION PROGRAM

(a) There are two different economical levels in the county which makes it difficult to teach the same to both groups.

(b) Lack of interest in extension program because most of the people that Extension program is reaching now do not own their home or farm.

GOALS OR OBJECTIVES	ACCOMPLISHMENTS
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- (c) The need for more assistance from home demonstration families in spreading the extension program's influence.
- (d) Not enough participation by families needing the help the extension service can give.

Plans for Meeting These Problems

- (a) Publicize the extension program and what it offers through news articles, radio, exhibits, tours and meetings.
- (b) Try to spread the extension program to more people through special interest meetings.
- (c) Home Agent will make the program adaptable to the different economical levels. Encourage the women to set up the program so that owner as well as non-owner will be interested.
- (d) Encourage members to pass the information on to other families.