

The Lock Mead Cont'd

one that is if I am still employed in Extension Service.

B. Progress in Developing Good Public Relations In the County

1. Health Department

This year the Extension program was closely connected with the Health Department. Working with the Health Department we were able to help sponsor three drives, namely Red Cross Drive, Chest X Ray Drive and the Cancer Drive. In the above drives that were conducted we were able to contact families that really needed medical assistance.

2. Health Council

While working with the Health Council this year, we were able help many needy families. We also participated in the planning of a county wide program in order to help raise funds the dentist to continue his work in correcting the public school's childrens teeth.

C. Professional Improvement

1. Participated in professional activities
2. Read books publications, newspapers and keep abreast with the latest discoveries made.
3. Attend educational conferences and training meetings
4. Listen to radio talks and watch demonstrations on the television

VII. The Look Ahead

With present conditions in the county such as consolidation of public schools, threat of integration and constant changes in the county situation and with the different population trends that we are now facing, we feel that if adequate facilities and knowledge is given we can make our county, state and country a better place in which to live. I also feel that if I had adequate office facilities and space I can do a more effective job in years to

Outstanding Individual Cont'd

Among the different articles made by Mrs. Vaughan are aprons, curtains, dresses, suits and she makes and alters adult clothing men and children clothing. She has had several trainings in different areas of sewing in leaders training meetings and H D meetings. She has also received special help from the local home agent.

The major long time goal is to install running water and bath says Mrs. Vaughan. She resides in a 5 room black and white two story house located in Rossland, Virginia. Due to present circumstances, Mrs. Vaughan is unable to start her long time objectives. Realizing the present need of painting the exterior of her home, Mrs. Vaughan says that she will be able to start this summer.

VI. Significant Achievement

The Avon 4 H Club was outstanding in the amount of Achievements that were made this year. The Avon 4 H club was the only club to complete their records in full this year. The 4 H club sponsor, Mrs. Woods was greatly responsible for this achievement. Mrs. Wood along with the home agent were responsible for encouraging the club members to keep their records. This club also contributed greatly to the Red Cross drive that was sponsored in the County. The club members canvassed the section of the county where it was not possible to contact adult leaders.

Due to the fact that the Avon 4 H club has displayed such outstanding leadership abilities, the club was awarded a trophy cup on the past Achievement Day exercises.

B. Outstanding Individuals

Selected among the most outstanding leaders in Home Demonstration Clubs is Mrs. Alice Vaughan. Mrs. Vaughan is a member of the Massies Mill H D Club and is also a result demonstrator in clothing. Mrs. Alice Vaughan has been in the Home Demonstration work in Nelson County for 26 years. She is a Nelsonian. She is the mother of 8 children and there are six children who are living out of the 8 children. Mrs. Vaughan is 64 years of age and has been married 44 years. Mrs. Vaughan's husband is a part time farmer and also drives the school bus. Some of Mrs. Vaughan's children are employed in the public school system as teachers and some are employed in public work. Mrs. Vaughan is the grandmother of 8 grandchildren.

Mrs. Vaughan engages in several activities and has very good leadership abilities. She serves as a 4 H leader, H D clothing leader, a member of the county advisory board, President of her church choir, and President of the Ladies Auxiliary, a member of the Health Council and was once a member of the Countywide League.

Moreover, Extension activities have been numerous attended by Mrs. Vaughan. Mrs. Vaughan has given several H D and 4 H demonstrations. She has help sponsored H D programs and has served on the programs. Mrs. Vaughan has received different honors for her many contributions that she has made to the community through in Extension services.

Whenever Mrs. Vaughan's club is asked to do something she never hesitates and never fails the agent in working with other club members. She is also a talented seamstress and sews for the entire community.

Leadership Cont'd

2. Home Demonstration Club Leadership

	1955	1956	1957	1958	1959
No. organizational leaders		30	26	52	52
No. project leaders (subject matter)	49	46	53	55	55
No. Federation program of work chairmen	7	7	17	18	20
No. program development leaders	7	7	9	10	10
No. result demonstrators	6	10	7	9	11
No. training meetings by specialists	3	5	1	0	2
No. training meetings by dist. agents	-	-	-	-	-
No. training meetings by others	-	-	-	-	1
No. training meetings held by agents	15	18	5	2	12
Attendance at all training meetings	196	176	35	17	52
No. meetings held without an agent	28	74	14	7	10
No. meetings leaders assisted	78	59	40	31	44
Demonstrations by leaders	36	42	9	12	15
Talks and discussions by leaders	31	46	109	97	85

3. A H Club Leadership

	1955	1956	1957	1958	1959
No. Club Officers	76	106	81	110	110
No. adult project leaders	39	37	24	13	13
No. junior project leaders			5	13	15
No. result demonstrators		6		1	1
No. training meetings by specialists					
No. training mts. by dist. agents					
No. training meetings by agent	10	10	2	3	3
No. training meetings by members club dept.					1
No. training meetings by others					2
Total attendance at ldr. tr. meetings	176	134	70	43	50
No. A H leaders trained individually	26	44	5	3	3
No. club mtgs. held by ldr. w/out agent	66	53	21	7	9
No. additional club meetings at which leaders assisted	24	38	55	40	52
No. demonstrations given by adult ldrs.	44	49	20	22	28
No. demonstrations given by junior leaders	74	78	3	4	9

Scope of Work Cont'd

A.

	1955	1956	1957	1958	1959
No. H. B. Clubs	7	7	7	7	7
Membership	130	125	125	100	100
No. H. B. Groups (unorganized)	0	0	0	0	0
Membership	0	0	0	0	0
No. 4 H Clubs	16	12	9	12	11
Membership	490	342	317	353	321
No. YW Clubs	0	0	0	0	0
Membership	0	0	0	0	0
No. Community Clubs	1	1	1	1	1
Membership	34	40	50	50	50
No. Home Ec. Committees	35	35	35	35	35
No. General Interest Committees	0	0	0	0	0
No. Youth Committees	45	45	48	48	48
No. Other Organizations	1	1	1	1	1
No. Farm & Home Dev. Families	2	2	2	2	2
No. Other families reached	128	201	207	112	118
No. Different families reached	376	394	374	227	275

Increasing Scope of Work

The following methods were used in order to help broaden the scope of work.

1. Circular letters were sent out
2. Home visits were made
4. Special invitations to public affairs
5. Personal contacts were made with non club members for membership
6. Attending other organizational meetings in order to make contact

LeadershipA. Growth of Leadership

1. Overall Program leaders

	1957	1958	1959
a. County Agricultural Extension Service Board	60	60	60
b. Youth Council	9	13	13
c. Home Economics Council	30	31	32

Other Activities Cont'dAchievement Day

4 H clubs celebrated the Achievement Day exercise with the H D clubs. There were 9 4 H clubs who participated in the exercise. The 4 H popularity contest highlighted the Achievement Day which was celebrated Friday night, November 6, 1959 at the Nelson County Training School at 8:00 p. m. A total of \$145.20 was raised as a result of the contest. The girl who raised the highest amount of money was crowned as Queen and the boy who raised the highest amount of money was crowned as King. Jacqueline Page from Massies Mill Elementary School was crowned as Queen and Eugene Brown from Pine Hill Elementary School was crowned as King. There was a total of contestants who competed in the contest. The king and queen were awarded \$5.00 each, the third prize was \$3.00 and the other contestants received \$2.00 each.

During the month of June , 4 H clubs in Nelson County sponsored a lawn party and approximately 200 girls and boys attended the affair. This activity helped to sponsor the delegates to the Short Course.

IV. Scope of Work

A.

Short Course and Wildlife Conference

Three girl delegates attended the Short Course that was held in Petersburg, June 29-July 3, 1959. The three girl delegates from Nelson County gave a demonstration on the daily care of the hands and nails. They were also enrolled in music appreciation classes, good grooming classes, and public speaking classes. The delegates represented the Massies Mill, Pine Hill and Arrington 4 H Clubs.

Due to illness and some last minute changes, delegates from Nelson County did not attend the Wildlife Conference. However, the local home agent attended one session of the conference.

National 4 H Club Week was observed in the 11 4 H Clubs individually. Included in the programs that were held were the meaning of the 4 H Pledge, the meaning of the 4 H Club colors and the purpose of the 4 H Clubs. Discussions on the National Theme "4 H Salute to The Alumni" and the origin of the 4 H Clubs were also included.

4 H Rural Life Sunday was observed throughout the county on May 17, at Montreal Baptist Church in Shipman, Virginia. Approximately 200 people including 4 H Club members observed Rural Life Sunday. All of the 11 clubs participated in the program. The girls were dressed in green and white and the boys were dressed in blue and white.

The origin of the Rural Life Sunday, objectives, 4 H club colors, the creed, the slogan, singing of 4 H club songs, skits pertaining to 4 H club work, and the recognition of parents and friends were included in the program. The purpose of the program was to acquaint the public with 4 H Club work in Nelson County.

Objectives Cont'd

4. To assist members in protecting nests and feeders from animals that are destructive to birds.

Methods used: Lectures, method demonstrations and bulletins were methods used in this project.

Results: However, this project was a special interest and only five boys enrolled and five completed the project. The five boys planted more than 3 different kind of seeds for the birds. Seven feeding stations were built and more than 10 houses were built. The boys estimated that they had cared for more than 150 birds as a result of the project.

Looking Your Best

- Objectives:
1. To teach members the importance of being well groomed
 2. To teach members how to take proper care of their hair, nails, hands, and skin
 3. To teach members the importance of good posture
 4. To teach members how to care for their clothing

Methods used: Discussions, circular letters, method demonstrations and bulletins were methods used.

Results: 129 boys and girls were enrolled in this project. 50 members completed this project. This project affected the appearance of more than 300 boys and boys and girls, 4 H and non 4H Club members

So You'd Like to Sew

- Objectives:
1. To teach members the fundamental steps in sewing
 2. To teach members how to make simple articles of clothing
 3. To teach members how sewing for one's self can save and stretch the family's dollar

Methods used: Method demonstrations, leader training meetings, discussions and bulletins were methods used.

Results: Eighty girls were enrolled in this project and 57 completed the project. 318 different garments were made. Gathered skirts, scarfs, handkerchiefs, simple blouses and pin cushions were some of the articles that were made as a result of this project.

Objectives Cont'd

gardening

2. To assist members in aiding and controlling insects and diseases
3. To teach the value of raising a good garden

Methods used: Bulletins, discussions and demonstrations were methods used.

Results: Thirty boys completed the gardening project and disseminated vegetables that were grown in the various 4 H Club meetings as a result of their gardening projects. Seventeen of the boys sold their vegetables in their surrounding communities.

Forestry

- Objectives:
1. To teach members how to appreciate their natural resources
 2. To acquaint members with different kinds of trees in the forest and their usefulness
 3. To teach members the value of a forest
 4. To enable members to identify different trees that grow in the forest

Methods used: Trips to the forest, discussions and bulletins

Results: Approximately 31 boys completed the Forestry Appreciation project. More than 50 boys were enrolled in this project. The Forestry Trees Identification tests were given to 54 boys and they could identify successfully more than 85 different trees according to their families.

Wildlife

- Objectives:
1. To acquaint members with bird life
 2. To help members to learn to attract and protect the wild birds' lives
 3. To assist members in growing seeds for birds

III. County Extension Program - Youth

A. Organization

County 4 H Council

The 4 H Council is composed of 60 members and has held two meetings with 50 members present. Objectives of the council are the following:

1. To help plan a more extensive program
2. To help plan and sponsor 4 H Club Week, Achievement Day, Rural Life Sunday and other programs that will promote wholesome recreational activities
3. To plan a program that will meet the needs of the members and the prospective communities

The council also decided in the meeting that

1. A 4 H popularity contest be sponsored on a countywide basis in order to help support the delegates to the Wildlife Conference and the Short Course and other activities
2. That the Trophy Cup will go from one club to another club with the Club's name and the year that the club was presented the trophy
3. That some criteria be set up in order for the clubs to be eligible to receive the trophy
4. That National 4 H Club Week be celebrated countywide
5. That Rural Life Sunday be observed the third Sunday in May
6. That Achievement Day be celebrated in November
7. The 1960 project work will be based upon Health project, Forestry II and Clothing

B. Project Work

Gardening

Objectives: 1. To teach proper methods and techniques of good

Progress Story Cont'd

15

\$1500.00 from the bank. After this was done the home was started in March of 1959 and was completed in July. They have been living in the new home only four months. The home has 7 rooms including a huge basement and is painted white on the exterior.

The main factor that made this family achievement a success was the cooperation of family members, especially their 4 sons who were willing to sacrifice their finance in order to help their parents. The sons also cooperated with the home agent in order to convince Mr. and Mrs. Robinson that construction of a new home was cheaper than remodeling the old home. The Robinsons are very happy in their new home and they realize their mistakes.

The family raises a large garden to help with the family food bill. Mrs. Robinson has preserved and canned more than 800 quarts of fruits, vegetables, jellies and jams.

The livestock consist of 10 hogs, two milking cows and enough poultry for family uses.

The Robinson's have recently completed a white frame 7 room home. They have fairly modern conveniences in the home. Some of the equipment in the home are radio, television and other small electrical equipment. Mrs. Robinson economizes in her clothing bill because she sews for her girls.

The family's long time goal is to install running water and bath. Their short time goals are to landscape their yard and repair their drive way.

According to the Agent's records, more than 30 home visits were made in order to assist the Robinsons with their ultimate goal. At first the Robinsons lived in an unpainted 5 room two story home with the kitchen detached from the other portion of the home. Originally the family had planned to remodel the old home and after conferring with the home agent and other sources it was estimated that the construction of a new home would be cheaper. The Robinson's were very hard to convince at first, but with the help of the sons the Robinsons finally consented to build a new home. This construction of the new home meant that the family's would have to be put in their new home. They had already had about \$500.00 and in order to get started they had to borrow from

Progress Story Cont'd

of the five grand children.

Six of Mr. and Mrs. Robinson's children have high school education. There are two girls in high school and one boy is still in elementary school.

Both members engage in different community activities. Mrs. Robinson has been the secretary of the H D club for 7 years. She was once the clerk of her church and treasurer, a member of the Health Council, Countywide League, the treasurer of PTA and serves as a 4 H and Project leader of her club. Mr. Robinson is a member of PTA, a deacon of his church, a member of the Health Council and Countywide League.

Mr. Robinson is a farmer. The family owns nine acres of land. Mr. and Mrs. Robinson have more than \$40000.00 of insurance on themselves. They have more than \$60000.00 of endowment insurance on the three children who are in school to help with their college education. The other 4 sons who live at home have approximately \$80000.00 in life insurance and endowment insurances. The family's savings including liabilities and assets is approximately \$500. 00.

The Robinson's own 9 acres of land and rents 14 acres of land also. The major crops are corn, wheat, and tobacco. Last year the crops yielded very good and the family cleared about \$600.00 after expenses were taken out. The 4 sons who work helps the family with their expenses. According to the family records, the yearly income is approximately \$3000.00.

	Short Time Goals	Long Time Goals	Outlook Infor- mation	Buying Infor- mation	Improved Methods & Practices	Demon- stra- tions	Specialist Assis- tance
Foods and Nutrition	2		2	2	1		
Clothing	2		1	2	2	1	
Home Furnishing	1	1		2	1		
Yard Improvement	2	1					
Vegetable Gardening	2			2			
Housing		2	2				
Home Management	1				2		
4 H Club					1		

Progress Story

The most progressive family for 1959 comes from the Tye River community. The Charlie and Doretha Robinson's family was selected as the most progressive family in Extension service in Nelson county for 1959.

Mr. and Mrs. Charlie Robinson have 9 children. Among the 9 children are 5 boys and 4 girls. The ages of the children ranges from 11 to thirty years of age. Mr. and Mrs. Robinson are natives of Nelson County and are also voting citizens. Mrs Robinson is 51 years old and her husband is 60 years old. One thing that contribute to the health of the family is that each family member take physical examinations yearly. Mr. and Mrs. Robinson have 5 grand children and only one daughter is married and is the mother

Achievement Day Cont'd

beneath pudding. The other clubs gave discussions on the essentials of the home and facts and hints about flowers.

Exhibits were displayed and were judged. Locust Grove and Arrington's H D clubs won the first prize of a blue ribbon. Messies Mill and Shipman won the second prize of a red ribbon and Faber won the third prize of a white ribbon. Approximately 175 people attended the exercise and door prizes were given to persons who held lucky numbers.

H D clubs in Nelson County were responsible for the Red Cross drive with Negroes in the county in the months of March and April. About three hundred dollars were raised for the Red Cross Drive. H D club members also served as canvassers for the free chest X Ray Survey that was sponsored by the county and the Virginia Tubercular Association. Members have also helped to conduct the cancer survey that was conducted on a countywide basis.

D. Procedure for Carrying out Programs with Urban families

Nelson County is strictly rural and there is no urban work being carried on.

E.	<u>Farm and Home Development</u>	<u>No. of families</u>
1.	<u>Problems encountered most often</u>	
	a. Meeting as a group	2
	b. Record keeping	1
	c. Gaining confidence	2
	d. Developing written plans	1
	e. Distinguishing between wants and needs	2
2.	<u>Subject Matter areas and Assistance Given</u>	

C. Other Activities

National Home Demonstration Week

One highlight of National Home Demonstration Week was the annual observance of the H D District Meeting which was held in Campbell County on May 1, 1959. Attending the meeting were 14 delegates including the agent. Mrs. Helen Jackson a member of Faber's H D Club served as secretary and has served for two years.

National Home Demonstration Week was celebrated Friday night, May 15, 1959 at the Nelson County Training School. About 275 people witnessed the celebration. Rev. J. A. Carter addressed the audience using the theme "Today's Home Builds Tomorrow's World". A Honor Club was also selected in Nelson County for the first time. The Honor Club was selected according to the accomplishments of the individual clubs. The Tye River H D Club was selected as the Honor Club and was selected because of the overall accomplishments out of the seven clubs. Each Honor club member was pinned with red rose corsages and blue ribbons. Recognition was also given to the most progressive family for the year.

Achievement Day

Friday night, November 6, 1959 H D clubs celebrated the 1959 Achievement exercise. There were five H D Clubs who participated on the program. H D Clubs contributed several helpful discussions and demonstrations. Some of the clubs gave demonstrations on how to make apple mint jelly, how to prepare apples for the home freezer, how to make pear honey syrup and how to make the non cook instant

Significant Story in Subject Matter Phase Cont'd

relationships, the home agent conferred with the Johnsons and by so doing, they were advised to purchase other land. Sure enough the Johnsons purchased 5 acres of land and moved their 3 room framed home.

Since moving their three room home, the Johnson's have added 3 more rooms, installed a telephone, running water and bath. Their long time goals are to landscape their yard and improve their drive way. Their short time goal is to paint the interior and exterior of their home. Mrs. Johnson is a housewife and Mr. Johnson works at the Lynchburg Foundry. The family raises a garden for family purposes.

Significant Story in Subject Matter Phase

The most significant story in subject matter phase comes from the Messies Mill Community.

Mr. and Mrs. William Johnson of Messies Mill, Virginia certainly ought to be commended for their accomplishments. Mrs. Margaret Johnson is 30 years old and Mr. Johnson is 37 years old. They have two children, a boy and a girl. The girl is 9 years old and the boy is 15 years old. Both children are in school, the girl is in elementary school and the boy is in high school. Neither Mr. nor Mrs. Johnson attended high school because high school education was not available during that time.

Mrs. Johnson has been in the R D Club for three years and serves as a nutritional leader. Mrs. Johnson has given more than 10 demonstrations in foods and has attended numerous extension activities. Mrs. Johnson is a member of the P. T. A., Health Council, Countywide League, and a member of her church choir. Mr. Johnson is a member of the church, P. T. A., Health Council and Countywide League. Both are voting citizens.

About two years ago the Johnsons were confronted with a big problem. They were living on Mr. Johnson's family's property and had constructed a three room home, but because of non-cooperation with the family and unable to get a clear deed of their property. Mr. and Mrs. Johnson consulted the home agent as to what to do and wanted to know what steps needed in order to get a deed. In order to keep good family

Results Cont'd

to fix various snacks and quick refreshments I find that the hostesses don't have to be running back and forth out of the meetings trying to fix the refreshments. The hostesses serve the various club members more simple refreshments and they are able to take part in the club meeting.

VIII. Apple Dishes For Variety

- Objectives:
1. To teach homemakers different ways in which to make use of their natural resource
 2. To acquaint members with a variety of apple dishes
- Methods used: Demonstrations, bulletins and circular letters were used in this demonstration.
- Results: Apples are one of the prime resources in Nelson County and H D club members stressed their needs and desires to learn different ways of preparing apple dishes. Approximately 85% of H D Club members have learned more than 15 ways of fixing new apple dishes. Also as a result of learning how to cook and fix apples in many ways they have also discovered how to can some of the apple dishes that they have learned to fix.

Results Cont'd

learned to cook the five minute cabbage in milk, more than twenty five percent of the thirty per cent who could not eat cabbage in no form are able to eat the cabbage without any digestional disturbances. According to various reports and comments given by various members, more family members are eating more vegetables because of the manner in which they are prepared.

VI. Outdoor CookeryObjectives:

1. To teach homemakers how to entertain family members and friends by cooking outdoors
2. To assist members in making improvised barbecue pits
3. To teach members how cooking out doors brings about better family relationships
4. To teach members how to save energy by cooking outdoors

Methods used:

Among the different methods used were circular letters, bulletins, discussions, method demonstrations in leader training meetings and help from other agencies.

Results:

Resulting from the previous demonstration, 25 barbecue pits were constructed and 10 improvised barbecue pits were made. Two H D Clubs sponsored lawn parties and conducted the demonstration and there were many non H D club members who wanted information on how to construct barbecue pits and also wanted information on how to prepare meals for outdoor cookery.

VII. Snacks and "Quick Refreshments"Objectives:

1. To assist members in preparing quick refreshments and snacks for entertainment
2. To teach members snacks and refreshments that are easy to prepare
3. To teach simple methods and techniques in preparing snacks and quick refreshments

Methods used:

Leader training meetings, circular letters and bulletins were the methods used.

Results:

One great feature that was observed from this demonstration was that when the different hostesses entertained the various H D club meetings, the hostesses would prepare an elaborate dinner at every meeting. Since the members have learned how

- Methods used: Discussions, circular letters, bulletins and methods were very successful in this topic.
- Results: The results of this demonstration showed suprisingly amounts of skills, creativeness, individuality and other talents were displayed among the H D members. Bathroom curtains, kitchen curtains, dresser scarfs, all kinds of aprons, tablecloths, tea towels and other articles were made and textile paints were applied on the different articles. Members are more familiar with different colors as a result of the demonstration.

IV. A Salad A Day

- Objectives: 1. To teach homemakers the importance of raw vegetables
2. To acquaint members with a variety of salads
3. To show members how to fix salads attractively
4. To assist homemakers in selecting the right kind of salad with the right kind of meal
- Methods used: Specialist help, leader training meetings, bulletins and circular letters were very helpful on this topic.
- Results: About 3/4 of the H D club members have learned to more than twelve different salads. According to personal observations more than half of the Club members try to give their families at least one salad a day, whether it is a vegetable or fruit salad. More members have become aware of how important it is for the body to have raw vegetables.

V. New Ways with Vegetables

- Objectives: 1. To teach homemakers how important vegetables are to the human body
2. To teach homemakers new ways to fix vegetables
3. To show homemakers how a family's dislike for certain vegetables can become a like because of a new way of fixing the vegetable
- Methods used: Bulletins, demonstrations in leader training meetings along with specialist help were used.
- Results: In this demonstration the club members learned how to cook the five minute cabbage, how to fix the spanish lima beans and many other new ways of fixing vegetables. About thirty per cent of the H D club members could not eat cabbage raw or cooked because of digestional disturbances but after having

Project Work Cont'd

Methods used: Method demonstrations, home visitations and bulletins were used to carry out this demonstration

Results: As a results of the demonstration on Christmas Foods Suggestions, H D ladies learned to make five different kinds of cookies from one basic dough. Even before this particular demonstration was given bulletins were sent out to the members and the members tried to make the cookies according to the information on the bulletin. The members stated afterwards that they had saved time and energy at Christmas time because they had learned how many different varieties of foods could be made from one basic thing that is if you know how to add little finishing touches.

II. Better Lighting-Lamp and Lamp Shade Selection

Objectives: 1. To teach members how to choose lamp and lamp shades correctly
2. To teach members the importance of good lighting
3. To teach members how to renovate old lamps
4. To teach members uses of different bulbs

Methods used: Discussions, bulletins, method demonstrations were used in a leaders training meeting and also home visitations were used in order to carry out this topic.

Results: Before this demonstration was given, H D members were not conscious of the choice of their lamps, some members had naked bulbs screwed in the lamps and in the ceiling of walls. By observation the Home Agent has noticed several changes in most of H D Club members homes. About 15 oil lamps were converted to electric lamps, members are more conscious of their lamp and lamp shade selection.

III. Art

Objectives: 1. To teach members to be creative through arts and crafts
2. To enable members to exercise individuality through stenciling and designing
3. To teach members how to make stencils
4. To show members how decorative articles add to home life
5. To acquaint members with textile paints
6. To teach members the proper selection of textile paints according to the different kinds of material

Live-at-Home Community until desirable progress is made.

County Home Demonstration Committee

The committee held two successful meetings and made the following plans:

1. That each club would send atleast two members to the District meeting
2. Each club would help raise funds for that purpose
3. That National H D Week be observed countywide
4. The County Goal "Reaching More People" will be presented in the form of a Fashion Show by H D Club leaders and members
5. Progress Reports be given from each club
6. Each Club would participate in exhibiting articles made by club members for observation
7. Program of work for the coming year consist of monthly and special interest topics are as follows:

- a. Making Christmas Cards and Wrappings
- b. Kitchen Storage
- c. Window Styling
- d. Selecting Paints for inside Jobs
- e. One Dish Meals
- f. Quicky Picnic Foods
- g. Restyling Hats
- h. Basketry
- i. Remaking Old Garments
- j. Slip Cover Making

B. Subject Matter and Special Emphasis Areas

Project Work

I. Christmas Foods Suggestions

- Objectives:
1. To enable homemakers to fix simple dishes for Christmas
 2. To acquaint homemakers with a variety of Christmas foods in which to choose
 3. To teach homemakers proper methods and procedures in preparing special dishes
 4. To enable home makers to use foods attractive and appetizing

At present, there are nine public schools for Negroes in the county. The county consist of one Negro High School with an employment of eleven teachers. There are two consolidated elementary schools; one school have eight rooms and eight teachers, and the other school have five rooms and five teachers. The other six schools have one and two rooms with teachers respectively.

Three fourths of the Negroes in Nelson county have electricity in their homes and about three fourths have telephones installed. There is a very little recreation for the youth in the county. The movie is located in Lovington and is about the sole recreation for the youth other than the recreation that the schools sponsors and other supervised activities such as the A H Club activities and organizational activities.

II. COUNTY EXTENSION PROGRAM- Adult

A. Organization

County Advisory Board

The County Advisory Board is composed of sixty members and has held one meeting. Two meetings were scheduled, but due to weather conditions only one was held. Due to last minute changes in the delegates schedule, the State Advisory Board Meeting was not attended by the delegates, however the Local Home Agent attended. The County Advisory Boards members have decided to help support the Health Council and other organizations. It was agreed upon that the County Advisory Board would help sponsor activities that would give more youth wholesome recreation and will help the county at large by so doing.

It was also decided that Massies Mill still continue to serve as the

I. County Situation

Nelson County is located in the Piedmont section of Virginia on the Eastern slope of the Blue Ridge Mountain. The land area is 468 square miles and population of the county is 14, 042. Twenty seven percent of the population is composed of Negroes, which is 3,793. There are 221 Negro farm families in the County.

Basically, Nelson County is an agricultural county. A large portion of the income is from fruit which include apple and peach orchards, rail-road work, cynamide plant, soapstone plant, and Rock quarry mines. More and more emphasis is being given by Nelson farmers to the raising of more beef cattle. According to the latest statistics of the county, it is quite significant that, despite the predominance of agriculture, many more the farmers are part-time than commercial. This is true because they do not rely on farm sales for their major income.

The county has two Health Centers. One Health Center is located in Lovington and the other Health Center is located in Rockfish Valley in Greenfield. Of course, Lovington is the largest and is supported by county and state funds, whereas the Rockfish Valley Health Center is a community project and serves as a doctor's headquarters.

The medical aid in Nelson County is progressing greatly. There are about five resident physicians in the county. There are two public health nurses. The Lovington's Health Center has been completed and is equipped with adequate facilities for medical purposes.

The construction of a new Negro High School is now in progress. Soon the Negro grammar schools will be consolidated which will reflect the 4 H Clubs because the Clubs will be larger and harder to work with.

The two most outstanding contributions made to family living as a result of this year's program was due to the fact that the agent was able to get more leaders to give more demonstrations so that the leaders could adopt methods and practices in order to enhance better family living conditions.

Another outstanding contribution made to family living in this year's plan of work is that the agent have been able to encourage men to take a part in the planning of the Extension programs and activities.

Table of Contents Cont'd

VI.	For Special Consideration -----	24
	A. Significant Achievement -----	24
	B. Progress in Developing Good Public Relations -----	25
	C. Professional Improvement -----	25
VII.	The Look Ahead -----	25-26

TABLE OF CONTENTS

Page

I.	County Situation-----	1-2
II.	County Extension Program - Adult	
	A. Organization-----	2
	County Advisory Board-----	2-3
	B. Subject Matter and Special Emphasis Areas-----	3-7
	Significant Story-----	8-9
	C. Other Activities-----	10-11
	D. Procedure for Carrying out Programs with Urban Families -	11
	E. Farm and Home Development-----	11-15
III.	County Extension Program - Youth	
	A. Organization-----	16
	County 4 H Council-----	16
	B. Project Work-----	16-18
	C. Other Activities-----	19-20
IV.	Scope of Work-----	20-21
	Increasing Scope of Work-----	21
V.	Leadership-----	21
	A. Growth of Leadership-----	21
	1. Overall Program Leaders-----	21
	2. Home Demonstration Leadership-----	22
	3. 4 H Club Leadership-----	22
	B. Outstanding Individual-----	23-24

ANNUAL NARRATIVE REPORT

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service

Carolyn T. Albritton

Name

Local Home Agent

Title



Assistant Agent

1959

Assistant Agent

Assistant Agent

Nelson

County