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**FILE SEPARATOR**

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works with agencies in the county. Some of the agencies worked with during the year were the Board of Education, Parent Teachers Association, Welfare Department, Tuberculosis Association, Red Cross, Health Department and Social Security Administration.

#### C. Professional Improvement

To keep abreast of the changes in trends, the agent has had in service training, read professional books, magazines and bulletins, attended lectures, demonstrations, meetings and went on educational tours.

#### VII. THE LOOK AHEAD

The program as planned and conducted was to (1) help families and individuals to understand the value of keeping records and to make use of them in making decisions, (2) to provide people with information on the changes in trends that are taking place, (3) to get more people to realize the value of well balanced meals for the family and use greater care in the selection and preparation of food so that it will provide the most nutritive value, (4) to help people use more effective management of their time, energy, money and other resources, (5) to develop better trained youth.

These goals were not fully developed. To meet the needs, it is the desire to secure more people in each community to serve as trained leaders to carry out a more effective program.

Geneva Jones, Dolphin; Ella P. Jones, Lawrenceville; Sara H. Winfield, Lawrenceville. Mrs. Martha M. Farham of Rawlings received a certificate and pin for completion of the course.

Trained leaders taught 37 persons for 14 hours each, thereby, enabling them to receive certificates in Home Care of the Sick and Injured.

The 45 persons involved found the course to be very educational. They were able to develop many useful skills that are not only useful in caring for the sick, but can be used in performing household chores.

The instruction enabled Mrs. Geneva Jones to care for a sick neighbor for several weeks upon her return from the hospital. Mrs. Ella P. Jones found the training most useful during the winter and spring while caring for a son suffering from a kidney ailment.

These are only two instances relating how the training was put into use. However, most of the homemakers have growing children and this training is being used constantly.

#### B. Public Relations

To keep the public informed and to develop public relations, the Extension Service sponsors meetings, radio broadcasts, demonstrations, tours, recreational activities, exhibits and sends circular letters. County officials, business personnel and all people in the county are invited to attend and participate in the activities. The agent

One A-H Club member, under the former leadership of Mrs. Rice, was inducted into the Honor Society at the local high school.

It is through the untiring efforts of leaders like Mrs. Rice that our future citizens are being trained.

## VI. FOR SPECIAL CONSIDERATION

### A. Health

Better Family Health is a long-time goal of the Home Demonstration Committee. The members realized a need for knowledge and skills in caring for the sick at home. A request was made for special training through the local chairman of the American Red Cross. The goal was reached when seven persons completed thirty hours of training in Home Care of the Sick and Injured. The course was taught by Misses Mary R. Waples and Florence Shusta, Area Red Cross Nurse Instructors.

Instructions were given on the following topics: When Sickness Occurs, The Patient Goes to Bed, The Clean and Well-Groomed Bed Patient, Food and Medicine Ordered by the Doctor, Simple Treatments Ordered by the Doctor, Home Nursing and Civil Defense and Emergency Nursing and Survival.

Mrs. Elmo Walker, County Red Cross Chairman, presented Instructors Certificates and Pins to the following members of the class: Mesdames Dinah Parham, Rawlings; Adele Bailey, Alberta; Kate Matthews, Alberta; Arenah Maclin, Edgerton;

## 3. 4-H Club Leadership

	1957	1958	1959	1960	1961
No. club officers	72	72	81	90	94
No. adult project leaders	17	27	29	29	43
No. junior project leaders	28	23	43	42	47
No. result demonstrators	:	:	:	:	:
No. training meetings by specialists	:	:	:	:	:
No. training meetings by dist. agents	:	:	:	:	:
No. training meetings by agent	2	5	3	4	4
No. training meetings by members club dept.	:	:	:	:	:
No. training meetings by others	:	:	:	:	:
Total attendance at ldr. tr. meetings	49	145	105	46	52
No. 4-H leaders trained individually	59	:	62	:	43
No. club mtgs. held by ldr. without agent	32	20	33	27	48
No. additional meetings at which leaders assisted	88	93	50	99	92
No. demonstrations given by adult ldrs.	43	49	71	80	104
No. demonstrations given by junior ldrs.	34	41	52	60	73

## B. Leadership Activities

The Oak Grove Club, under the guidance of Mrs. M. W. Rice, has twenty members. Of this number, nine were first year members, nine had been members for two years and one each has been a member for two and three years respectively.

This group was enrolled in the project "Looking Your Best". Along with completing their project work, they presented a radio program and a special program for their parents and the public during 4-H Week. They were host to the county-wide 4-H Rural Life Sunday Program in May. Two members from this club attended the State Short Course in Petersburg, Joyce Morgan and India Walker.

The group was represented at the county council meetings, attended the county picnic and went on an educational tour to Washington, D. C.

are some of the methods used to inform the public about home demonstration work. Families and individuals not participating in organized home demonstration clubs are informed through the above mentioned means and by club members.

## V. LEADERSHIP

### A. Growth of Leadership

#### 1. Over-all program leaders

	1959	1960	1961
a. County Agricultural Extension Service Bd.	58	58	40
b. Youth Council	64	65	96
c. Home Economics Council	67	60	63

#### 2. Home Demonstration Club Leadership

	1957	1958	1959	1960	1961
No. Organizational leaders	20	23	23	20	
No. project leaders (subject matter)	68	59	55	47	35
No. Federation program of work chairmen	10	10	10	10	10
No program development leaders	10	10	10	10	10
No. result demonstrators	22	19	12		29
No. training meetings by specialists	1		2	2	1
No. training meetings by dist. agents					
No. training meetings by agents	9	7	11	17	12
No. training meetings by others					
Attendance at all training meetings	68	43	67	126	95
No. meetings held without an agent	33	32	40	47	45
No. meetings leaders assisted	59	61	47	63	79
Demonstrations by leaders	98	87	89	93	148
Talks and discussions by leaders	124	118	122	115	112

the State 4-H Club Short Course at Virginia State College June 19-23. These persons were chosen on the basis of their work, character and cooperative spirit. They were Stella Jackson, Carolyn Williams, Catherine Lewis, Janet Maclin and David Green of the James S. Russell Club; India Walker and Joyce Morgan, Oak Grove Club; Robert Pearson and Thomas Dillard, Scott-Lewis Club; Joanne Blackwell, Mt. Zion Club; Mrs. Maggie Short, Oak Grove and Mr. F. E. Miller, Mt. Zion.

#### 6. Wildlife Conference

Eight 4-H Club members and two leaders attended the Wildlife Conference at Virginia State College August 1-3.

#### IV. SCOPE OF WORK

	1957	1958	1959	1960	1961
No. H. D. Clubs	10	10	10	10	10
Membership	165	165	165	164	164
No. H.D. Groups (unorganized)	:	:	:	:	2
Membership	:	:	:	:	17
No. 4-H Clubs	12	12	13	13	19
Membership	208	232	254	254	333
No. YMA Clubs	:	:	:	:	:
Membership	:	:	:	:	:
No. Community Clubs	1	1	1	1	1
Membership	18	18	23	23	21
No. Home Ec. Committees	:	:	:	:	:
No. General Interest Committees	:	:	:	:	:
No. Youth Committees	:	:	:	:	:
No. Other Organizations	3	3	3	3	3
No. Farm & Home Dev. Families	2	2	2	2	2
No. Other Families Reached	435	562	470	400	250
No. Different Families Reached	582	733	868	616	830

Meetings, demonstrations, radio talks, telephone calls, news articles, letters, contest, exhibits, home visits, leaders

qualities of 4-H Work; (2) to develop in 4-H members a better understanding of the relationship that people of the soil have with God; (3) to develop a deeper appreciation of the manifold values of rural life; (4) to provide opportunity to participate in a service that develops the Heart "H".

Dr. J. C. Byrd, pastor of the Oak Grove Baptist Church and a 4-H Club leader, spoke on "Developing the Heart "H". Other features consisted of music, readings and the candle lighting ceremony.

The members of the Oak Grove Club, under the leadership of Mrs. M. W. Rice, served as hosts and hostesses for the occasion.

#### 4. 4-H Club Picnic

The Annual County 4-H Picnic was held on the athletic field of the James S. Russell High School on June 3.

This activity provides an opportunity for clubbers, leaders, parents and friends to get together for a day of fun and fellowship. The members participated in outdoor games and roasted wieners. The main feature was a softball game between 4-H Club boys and boys from Saint Paul's Practice School.

Approximately one hundred fifty persons enjoyed the activities.

#### 5. State 4-H Club Short Course

Ten 4-H Club members and two adult leaders attended

Patsy Gillus, president of the 4-H Club Council, gave the purpose of 4-H Club Week, the 4-H Guide Post and back-ground information. A mock meeting was presented during which time a skit, "Lake's Dream or The Meaning of the 4-H Club Fledge," was presented.

The members of the Mt. Zion and Oak Grove Clubs presented special programs for their parents and friends. The 4-H'ers presented a skit at each meeting and gave the objectives of club work.

Each of the clubs devoted a portion of their regular meeting to a special program for 4-H Club Month.

2. 4-H'ers - Honor Members

Fourteen 4-H'ers and former 4-H'ers were inducted as charter members of Excelsior Chapter of the National Honor Society at James S. Russell High School on March 10, at a special program. The following persons were chosen because of their high standards of Scholarship, Leadership, Service and Character: Daisy Barksdale, Doris Coleman, Marian Dillard, Evelyn Harrison, Mary Sue Harrison, Jacqueline Hopson, Anna Jones, Levi Lewis, Janet Maclin, Daisy Mays, Albert Rice, Judy Robinson, John Walker and Della Wesson.

3. Rural Life Sunday

The 16th Annual Rural Life Sunday Services were conducted at Oak Grove Baptist Church May 7, at 6 p. m.

4-H Club Sunday is planned (1) to recognize and emphasize the spiritual values and character-building

Through work in these areas, members were to learn to care for self properly, the importance of being well groomed, what we mean by being well groomed, how to care for clothing properly, to learn to make simple stitches and to make simple articles as head scarf, gathered skirt, apron and stuffed toy.

Trained leaders, demonstrations, visual aids, exhibits, meetings and judging were some of the methods used in conducting the work.

There was an improvement in the personal appearance of members enrolled in the project, Looking Your Best. The members enrolled in So You'd Like to Sew made simple articles. Selena Callis of Scott-Lewis 4-H Club was the county winner in the project. She modeled a skirt and blouse at the District Contest held in Emporia.

#### C. Other Activities

##### 1. National 4-H Club Week

March 4-11, was National 4-H Club Week. In Brunswick County we observed the month of March as 4-H Club Month. The members participated in various activities during the month to let others learn more about 4-H Club work.

The members of the Oak Grove 4-H Club, under the leadership of Mrs. M. W. Rice, presented a radio program on March 13, over Radio Station WEVA, Emporia, Virginia.

during the year based on recommendations set up by individual clubs.

B. Project Work

1. Health

4-H Club members realized the importance of improving some of their poor health habits. Family Health was a project conducted by 75 club members. In this project they were to learn the value of good health; how to dispose of trash and garbage; how to control rats, mice and household pest; to wash dishes; to make and equip a medicine chest; to handle the family milk supply and to plan balanced meals.

This work was presented through demonstrations, visual aids, talks, discussions and visits with the assistance of leaders.

As a result of the training received, 4-H members have put into practice some good health habits as equipping medicine chest, washing dishes and disposing trash and garbage.

2. Clothing

Youth has great personal pride and is anxious to look like their peers. They are anxious to learn to sew simple things. Because of these, forty-six 4-H members decided to work on So You'd Like to Sew and one hundred thirty-six members chose Looking Your Best as 4-H projects.

### 7. Community Improvement Work

The Community Improvement work was conducted in the Dolphin Community. Families were scored on improvement and progress was recorded. This program is designed to encourage all families living in a chosen community to improve their living conditions by working with the Extension Service. This was done through meetings, visits, demonstrations, radio talks and news letters.

The community was scored on organization, cooperation of families, community projects, farm improvement projects and home improvement projects. Dolphin Community received a total score of 489 points.

## III. COUNTY EXTENSION PROGRAM - YOUTH

### A. Organization

#### 1. County 4-H Council

The Council is the over-all governing body for the 4-H Clubs. It is composed of officers from the nineteen clubs and the leaders, who serve ex-officio. It planned county-wide activities, appointed committees to execute goals set up and aided in selecting delegates for the state meetings.

#### 2. Project Planning Committee

This body planned 4-H projects to be conducted

employment for the people in the present industries and those that are coming into the county.

- g. To get people in each community to realize that there is a need for more leaders in order to carry out a more effective program.

To help the people become aware of the changes in trends and the objectives of the board, they were correlated with all programs in the county.

The board recommended leaders in home economics, agriculture, business and other fields be called in for their reaction and judgment on the trends.

Dr. C. R. Johnson, Agricultural Engineer, Virginia State College, was one of the persons called in to discuss the changes in trends and the objectives as set up by the board.

"Keeping Abreast of the Changes that are Taking Place on the Farm and in the Home" was the theme of the Annual Conference which is sponsored by the Advisory Board. Each of the speakers discussed the changing trends, keeping in line with the objectives as given by the body.

Because of the broad scope of the objectives, work will be continued.

The members realize that people cannot make progress by doing the same thing in the same old way.

Therefore, they set up the following objectives:

- a. To get more farm families to understand the value of keeping records on each farm enterprise - to determine profit or loss of same, and make greater use of records in making decisions.
- b. To get farm families to realize their available resources in providing for family income and how this will affect family living.
- c. To provide more people with first hand information on the changes in trends that are taking place on the farm and in the home.
- d. To get more people to realize the value of well balanced meals for the family and to use greater care in the selection and preparation of food so that it will provide the most nutritive value at the least cost.
- e. To get more people to realize the need of studying material, moral and spiritual values and to place emphasis on the things that will be of the most benefit to all members of the family.
- f. To realize the need for off-farm employment in the county and to seek means of obtaining

the meeting.

4. Recreation

The members of the Ante Home Demonstration Club entertained their families, friends and the members of the Greentown Home Demonstration Club with a picnic supper on Saturday, July 29, at the farm pond of Mr. and Mrs. Richard Easter.

The group fished, swam, roasted wieners, played active and quiet games and had an evening of fellowship. Approximately 100 persons attended.

5. Family and Community Improvement Institute

Eight persons from the county, representing four communities, attended the Institute. Each expressed that the meeting was very educational and provided an opportunity for fellowship.

6. Advisory Board

The County Advisory Board which is the over-all planning body, is striving to develop better family living, better homes, more productive farms and more progressive communities. At a meeting in the fall of 1960 the group centered its discussion around the Changing Trends on the Farm and in the Home. The basic material used involved a report published in the Extension News by Mr. W. H. Daughtrey, Associate Director of Extension Service, V. P. I., Blacksburg.

It was evident that the ladies learned much during the workshop because such comments were made as follows: "I thought we needed a large number of flowers for a beautiful arrangement." "I always try to cut every beautiful flower that I see and stuff them in one container; now I will take time and try to make attractive arrangements." "I would not like for Dr. Watson to walk into my home and see the flowers stuffed in vases."

From observations made during home visits and at churches, the teaching of Dr. Watson has been put into practice.

3. National Home Demonstration Week

The Home Demonstration Club members celebrated National Home Demonstration Week with a tea on Sunday, April 30. The tea served a twofold purpose. It provided an opportunity for clubbers to show and tell about home demonstration work and for fellowship.

Members discussed the importance of home demonstration work and some of the benefits derived from it.

One hundred twenty persons attended the affair. Non-members were invited and of the number attending, 40 were non-members.

Three club members participated in a skit, "Kitchen Safety," at the District Home Demonstration Club meeting in Sussex County. Other persons from the county attended

eating balanced meals which included a good lunch often made better grades and enjoyed better health than those who did not eat as well

2. Workshop on Flower Arrangements for Home and Church

Several homemakers who attended the workshop on Flower Arrangements at the Family and Community Improvement Institute in July at Virginia State College, requested a similar workshop in the county. Time did not permit these individuals to arrange flowers or to learn as much as they desired at the Institute. Then, too, they were able to visualize the way that flowers were arranged in their local churches and homes and wanted to make improvements.

This was a reality on Saturday, September 23, when Dr. William Watson, Horticulturist at Virginia State College, conducted a workshop on Flower Arrangements for Home and Church. He stressed the basic rules of design, types and selection of containers, types and selection of flower holders or hardware and kinds of arrangements.

During the afternoon the eleven homemakers present were given an opportunity to make arrangements under Dr. Watson's supervision. The arrangements were criticized in order to help the women improve on their techniques.

Special effort has been made to instill the importance of keeping good records and to help clubbers keep records.

Homemakers expressed the feeling that these demonstrations aided their housekeeping tasks. The study of buying and caring for electric equipment helped them to see some mistakes that had been made in making purchases. It also helped them to learn ways to get better service from their equipment through proper care.

#### C. Other Activities

##### 1. Packed Lunch

Only three schools in the county serve lunches and many of the children attending these schools bring the packed lunch. To aid homemakers plan and prepare attractive, nutritive lunches, demonstrations on The Packed Lunch were given to 300 parents at five pre-school clinics. These were conducted at Meherrin-Powellton, Oak Grove, Mt. Zion, Scott-Lewis and Virginia Morgan Russell.

The demonstrator stressed the fact that the lunch should be a part of the daily food requirements of the four food groups. Suitable lunch containers, wrappings and packaging of foods and food contents of lunches were stressed.

Studies conducted in the county found that students

carrots and snap beans with onion butter were prepared.

As a result of the training given to leaders, they gave 33 demonstrations and assisted with 14. These were given to 482 homemakers. Homemakers learned new ways to prepare some everyday foods, cultivate new taste desires for their families and learned to use herbs to perk up dishes.

## 2. Home Management

The homemaker spends many hours keeping house. She realizes that the life and beauty of house furnishings and equipment will often be enhanced with proper care. Since Mrs. Homemaker plays many roles, she is anxious to learn ways of simplifying her housekeeping. When shopping for small electric appliances, she is confronted with the problem of wise choice. Once the purchase is made, she has the problem of proper care of equipment for maximum service. Record keeping is a dreaded task, but a job that must be done.

Leaders were trained by the agent in simple ways to keep windows, mirrors and picture glasses clean; ways to keep household metals (furniture, furnishings and equipment) shiny, yet free from scratches and saving time and energy in house cleaning. Points to consider in buying small electric equipment and how to care for them were demonstrated.

B. Subject Matter Emphasis

1. Foods

Meal Preparation

For many homemakers meal preparation is a great chore. Their families seem to tire of many of the food items that fit into the family budget. Therefore, they are anxious to learn new ways of preparing foods.

In planning the program for 1961, they wanted to learn new ways to prepare and use chicken, turkey, eggs, cheese and tomatoes; to economize on the food dollar by using poultry, eggs and cheese as meat substitutes; their families to cultivate a taste for herbs and to learn to use them.

To help them solve some of their problems, leader training meetings were conducted by Mrs. Mary L. Thompson, Associate Extension Food Specialist. She demonstrated the preparation of the following dishes: Broiled Chicken, Chicken a la King, Chicken Croquettes, hard cooked eggs in the shell, fried eggs, picnic egg burger, top of the stove custard and different egg salads. The agent demonstrated to leaders the preparation of tomato rarebit, cheese puff, cheese, corn and tomato, cheese toast, savory rice with tomato and cream of tomato soup. She gave demonstrations at club meetings on Using Herbs for Flavor and Interest. Minted

holds work outside the county. There are very few jobs off the farm for women.

Essential major adjustments in the total agricultural economy, arising from surplus production and other factors, present adjustment problems on individual farms which affect income possibilities. An increasing number of farmers have found it necessary, or desirable to supplement their income through off-farm employment.

## II. COUNTY EXTENSION PROGRAM - ADULT

### 1. County Advisory Board

The County Advisory Board is the over-all planning organization. It is composed of forty members who are farm men and women. They are representatives of twelve communities, Home Demonstration Committee, 4-H Club Council, Agronomy Committee and the Community Improvement Club. It sponsors the Farmers' Conference, appoints committees to aid in executing goals set up by the Board, and sends delegates to the State Advisory Board Meeting.

### 2. Home Demonstration Club Committee

This committee is the governing body for the home demonstration clubs. It is composed of representatives from the clubs. It makes plans for the county-wide club activities, and plans the program of work for the year.

608 are enrolled in 19 4-H Clubs. There is one Negro high school. One consolidated elementary school serves two districts. Progress is being made to consolidate the remaining elementary schools. Saint Paul's College, a private liberal arts college is located in Lawrenceville.

There is a public library and a Bookmobile that serve all areas. There are no movies in the county. Many areas of the county have telephone service, which aids in communication. All have power service. There is one recreation center and one playground. There are fifty-one Negro churches.

A health center is located near the county seat. There are six physicians; four dentists and one who works here two days a week; one local optometrist and one who works two days a week and four druggists serving the people of the county.

Three railroads - Seaboard Air Line, Virginian and Atlantic and Danville - and three major highways - U. S. 1, U. S. 46 and U. S. 58 - pass through the county. Brunswick County is located within 350 miles of many of the major eastern seaboard cities. There are three tobacco warehouses and one livestock market in Lawrenceville. Because of favorable climatic conditions and available resources, Brunswick County is well located for marketing.

The non-farm and part-time farmers receive their income from employment at factories, lumber mills, pulp wood, stores (furniture, equipment, supplies, etc.), construction work, railroad companies and public utilities. The heads of many house-

## I. COUNTY SITUATION

Brunswick County is a rural area covering 579 square miles. It is located in the Southern Piedmont section of the state. There are three towns - Alberta, Brodnax and Lawrenceville. The latter, the county seat, is located in approximately the center of the county.

There are 976 Negro farm families. There were 416 less farm families in 1959 than in 1954. This was due to a change in definition of a farm, people leaving farms for employment and a decrease in persons over 65 years of age operating farms.

There were 2855 families in the county according to the 1954 census. No recent figures are available.

The families engage in general farming. They grow tobacco, cotton, peanuts, soybeans, cucumbers, poultry, hogs and cattle as cash enterprises. Corn, hay, vegetables, broilers and small grain are grown mostly for home and farm consumption. Forestry products, such as pulp wood, veneer wood and logs are other sources of farm income. Brunswick is Virginia's leading county in the production of pulp wood. The value of productive assets on farms increased 21 per cent because of rising land prices, increasing mechanization and higher investments in equipment. The net farm income decreased.

There are 2965 youth in the county between the ages of 10 and 19. Eight hundred eleven are non-farm youth. Of the total,

72

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*ANNUAL NARRATIVE REPORT*

**COUNTY  
EXTENSION  
WORK**

FILED

*Virginia Agricultural Extension Service*

\_\_\_\_\_  
SARA H. WINFIELD

**Name**

\_\_\_\_\_  
LOCAL HOME AGENT

**Title**

**Agent**

\_\_\_\_\_  
**Assistant Agent**

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**Assistant Agent**

\_\_\_\_\_  
**Assistant Agent**



**1961**

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BRUNSWICK

**County**