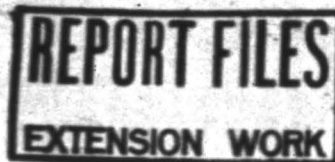


VIRGINIA

BEDFORD HOME DEMONSTRATION AGENT ANNUAL REPORT 1938

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ANNUAL
NARRATIVE REPORT
HOME DEMONSTRATION WORK

BEDFORD COUNTY
VIRGINIA

HOME DEM AGENI ANNUAL REPORT
1938

Mrs. Lela Calfee Atkinson

Home Demonstration Agent

and

Miss Elizabeth Wall

Asst. Home Demonstration Agent

December 1, 1937 - November 30, 1938

HOME DEM AGENI ANNUAL REPORT

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III. Summary of Individual Activities

| | |
|---|------|
| Days in Office..... | 82 |
| Days in Field..... | 199 |
| Days annual leave..... | 27 |
| Days sick leave..... | 4 |
| Legal holidays taken..... | 7 |
| Days devoted to other Federal Agencies..... | 8 |
| Miles traveled..... | 9106 |
| Number farm or home visits made..... | 315 |
| Number 4-H Club members visited..... | 56 |
| Number farms or homes visited for the first time..... | 38 |
| Number office calls..... | 408 |
| Number telephone calls..... | 420 |
| Number news stories published..... | 539 |
| Number individual letters written..... | 1779 |
| Number different circular letters written..... | 25 |
| Number bulletins distributed..... | 731 |
| Number radio talks made..... | 6 |

18. THE COUNTY AND ITS PEOPLE.

Bedford County is located in about the central part of Virginia. Part of the county is mountainous, especially the northwestern part. The Blue Ridge Mountains form the northwestern boundary line between Bedford and Botetourt County. Rockbridge County borders Bedford across a small portion of the northwestern part, Amherst County borders on the northwest, Campbell County borders on the east, Pittsylvania County borders on the south, Franklin County borders on the southwest, and Roanoke County borders on the west. The James River forms the boundary line between Amherst and Bedford and Staunton River forms the boundary line between Franklin and Pittsylvania, and Bedford Counties.

The Natural resources are: lumber, minerals, (especially felspar) and water power.

There are 4347 farm homes in Bedford County, including white and colored. Between one-fourth and one-fifth of the population is colored. The average number of acres per farm is 23.1 acres with 13.9 farm population per 100 A. open land. Only 15.3 % of the farms have no gardens. The value of the garden per farm is estimated to be \$43.25. There is an average of 1.4 dairy cows per farm, two hogs per farm, and thirty chickens. Dairying and poultry raising is increasing rapidly as source of income. Tobacco is the main cash crop. Lespedeza is the main hay crop. Tomatoes is a very important cash crop in the mountain sections. Several tomato canneries are scattered over the country.

Apples is also an important crop in certain sections.

There are a great many lovely farm homes in the county. Several people with money have come to the county and bought old plantation homes and remodeled them or built new houses. Some of these people employ servants to assist in the home and fields.

A great many homes are merely cabins, especially in the mountain sections. Home demonstration work has helped a great deal in making the homes more convenient and pleasant places to live. Home conveniences such as electricity, water, and heating systems are being installed in many homes.

The latter part of ¹⁹³⁴ this year the ^{Industrial} H.E.A. started a \$200,000 project in the county. ^{Approximately} About 175 miles of ^{electric} line ^{has} already been (made and more being made. This has been) built in sections where other power plants had refused to build. This coming of electricity and the F.H.A. loans ^{is} bringing about a great change in the country. Many new homes are being built under the F.H.A. loan and new people are coming here to make homes.

County campaigns put on by the home demonstration agents have helped bring about many conveniences in the homes. More pride is being shown in painting of homes, exterior and interior, more conveniences in household equipment, closet spaces, bathrooms and kitchen sinks are being made.

Greater pride is being shown in the beautification of grounds and the upkeep of fences and gates. Outdoor living spaces have been made and more home recreation provided.

A great improvement in all these can be seen in the past twenty-two years that extension work has been established in the country.

V. FINANCIAL SUPPORT OF WORK

The Board of Supervisors is an organization composed of a representative from each of the magisterial districts of the country. This organization meets regularly once a month. They make an appropriation for the support of extension work every few years. For various reasons, they make the appropriation sometimes for one year sometimes three years and sometimes for four years. In the latter part of 1936, these supervisors made a three year's appropriation for the work.

VI. WOMEN'S WORK

1. Organization

a. County Advisory Board

The County Advisory Board for home demonstration work was composed of 52 women, a chairman and three other committee members from each group. These women met in October 1937 and made out the program of work for the year of 1938. At this meeting the home demonstration agent presented the background for planning and the needs of the country. A round table discussion was held on country conditions such as health, welfare libraries work and citizenship.

Home conditions such as conveniences and needs were also discussed. The progress made in home demonstration work was given in the way of accomplishments in various projects and campaigns. Agricultural

conditions affecting living standards were presented by the Farm Agent. With all this as a background, the needs of the county were translated into the program for the coming year.

The Advisory Board made the following plans for the year's program:

Major Projects: Home Management and Foods and Nutrition

Minor Projects: Home Improvement, Foods, and Gardening

County Campaign: Home Repair; Interior and Exterior

Federation Goal: Health

Home Improvement- November: Plan Christmas Gifts and Decorations, Packages, etc
Home Improvement- December: A Display or Exchange of Gifts- A Christmas Party
Home Management- January: A Plan for Family Housekeeping Activities
Home Management- February: Participation of Different Family Members in Housekeeping Activities
Home Management- March: A Brain Center for the Home County Camp
Home Management- April: Detours to Summer Housekeeping
Foods and Nutrition- May: What, How, and Why of Meal Planning
Foods and Nutrition- June: Quick Meals--Canning Budgets
Health-Federation Goal-July: Minors
Home Improvement- August: Minor selected by clubs
Food Preservation- September: Canning Contests
Reports - October: Achievement Day
Reports on majors, minors, Federation Goal and County Campaign

County Goals:

Accomplishments:

1. Have 3 Leader's Conferences ---These were held, in Major Project
2. Have County Campaign ---Each member took part in campaign.
3. Plan Exhibits at Fairs ---All clubs exhibited at county fair.
4. Have Canning Contests. ---Kerr and Ball Contests were held.
5. Have County Camp ---This was held in May.
6. Take Part in District Meeting-Seventeen women attended this meeting.
7. 25 or More Attend State Federation of Home Demonstration Clubs- Twenty-nine women attended this meeting.

8. Have County Planning Meeting-----This was held.
9. Have County Contest Day-----County contests were held at Fair.
10. Have 2 Advisory Board Meetings--These were held
11. Stress Better Planned Programs--Each club had a program committee and arranged interesting programs.
12. Develop Better Leaders-----Leaders were given more responsibility.
13. Stress Keeping Accurate Accounts--This was done.
14. Increase Membership----Membership was increased from 392 to 365.
15. Urge Clubs to Pay County and State Dues--Nine clubs paid State dues and 7 clubs paid county dues.
16. Have Long-Time Program- Health was taken, Cancer was studied.
17. Stress Better Citizenship and Health-- All clubs were urged to vote and to pay toll tax. Many did.

The women chose Home Management and Foods as their major projects. The minor projects were Home Improvement, Foods, and Gardening. Home Management was chosen because the women felt it a great need and with a new specialist they would get many new ideas. They chose 2 demonstrations in Foods to co-ordinate with Home Management.

Home Repair; Interior and Exterior, was chosen as the county campaign. Each club member was to report improvements made during the year. Health was chosen as the Federation Goal. The study of Cancer was taken up in all the clubs.

A great deal of interest was shown in this program and reports were given on Achievement Day. The work done will be reported in another section.

b. Changes in Organization During 1938.

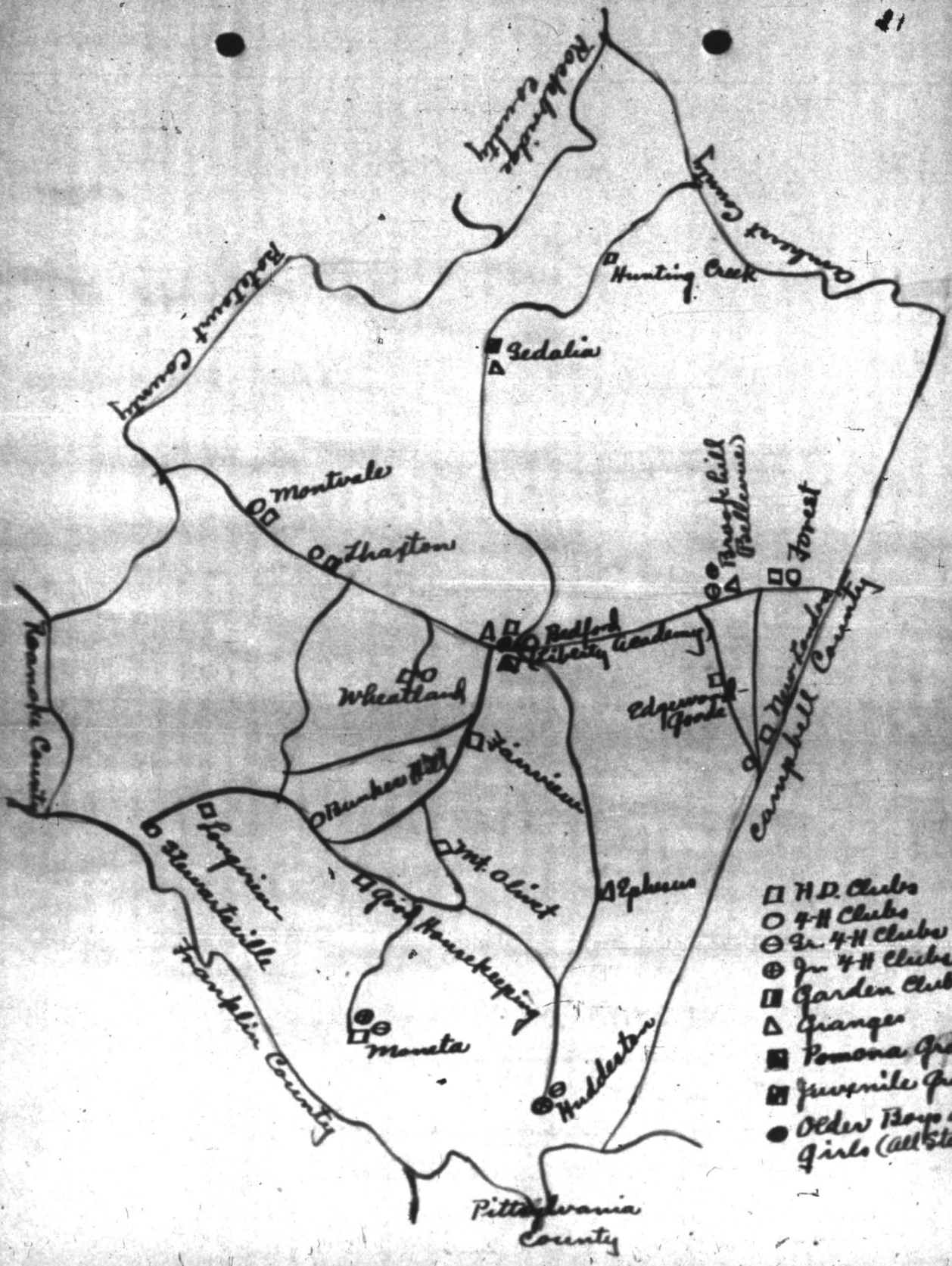
This year the name of the Advisory Board was changed to the County Home-making Board. Other members were added to serve in an advisory capacity.

A member of the County Garden Clubs, a member from the Farm and Home Security, and one member from the Home Economics Department were added. This organization meet two or three times a year and offer suggestions about what they think the county needs. Therefore, with the new personal other county activities were coordinated.

Planning for the 1939 program was begun at a meeting of the Advisory Board in April. At this meeting, the District Agent explained the new program planning. With this new planning, each chairman had two discussion meetings in their individual clubs, in May and June, taking up what the groups were interested in for the coming year. Later, in July, there was another meeting of the executive committee. At this time a suggested program for 1939 was made from the decisions made in the individual clubs. A committee was selected at this time to take the program to the State Meeting of the Federation of Home Demonstration Clubs. Here it was discussed with the various Specialists. Afterwards, in October, this program was completed and adopted at the county meeting.

c. Home Demonstration Clubs

The women's work is carried on by home demonstration clubs. These clubs are organized in different communities by the home demonstration agents. Reorganization meetings are held each year in November and a general election of officers held. The officers consist of a president, vice-president, a secretary, treasurer, and reporter, two or more project leaders, a recreation leader, and a 4-H Club chairman. The chairmen of these home demonstration clubs compose the executive committee of the Homemaking Board.



The clubs are as follows:

1. Longview
2. Good Housekeeping
3. New London
4. Edgewood-Good
5. Mt Olivet
6. Forest
7. Wheatland
8. Calvary
9. Moneta
10. Bedford
11. Hunting Creek
12. Fairview
13. Lisbon Garden Club

d. Scope of Work

- (1) Number Homemakers in the County and Number Being Reached Directly or Indirectly.

There are over 4350 white homemakers in the county and 1250 are being reached directly or indirectly.

- (2) Enrollment for Past Three Years.

| Year | Number Clubs | Membership | Number Reached Indirectly |
|------|--------------|------------|---------------------------|
| 1936 | 151 | 261 | 1100 |
| 1937 | 13 | 302 | 1628 |
| 1938 | 15 | 361 | 1250 |

- (3) Registrarial Districts in the County; Names and Number Clubs in Each.

| Districts | Clubs | Districts | Clubs |
|------------------|-------|---------------|-------|
| 1. Stanton | 2 | 5. Central | 4 |
| 2. Chamblissburg | 1 | 6. Otter | 1 |
| 3. Forest | 2 | 7. Charlemont | 1 |
| 4. Lisbon | 1 | 8. Bellevue | 1 |

2. Project Work:

a. Major Projects

- (1) Home Management

Twelve home demonstration clubs took Home Management and Foods and Nutrition as major projects this year. One garden club took them as minors.

In Home Management, 40 demonstrations were given; 15 of these were given by the agent and specialists and 25 were given by leaders

The agent spent 36 days in the field conducting the women's work in Home Management. Two days were spent with a specialist in leader training meetings. Thirty voluntary leaders assisted in giving demonstrations. Three other meetings were held by leaders.

In this program, 362 women made improvements in different ways. Ninety-two kitchens were improved for convenience, 124 women adopted recommended methods in the care of the house, 41 women made home equipment and 210 women followed a recommended schedule for farm and home activities. Fifty-five women made 2635 pounds soap. Seventy-seven women kept home accounts according to a recommended plan. Two hundred twenty-five families developed home industries as a means of supplementary income. The total estimated savings due to the Home Management program was \$1620.15.

(2)
(2) Foods

Twelve home demonstration clubs took Food Selection and Preparation also as a major project, stressing the Home Management phase. Thirty-six demonstrations were given by the agent and leaders and two were given by specialists. The agent spent 61 days in the field conducting the women's work in Food Selection and Preparation. One day was spent with a specialist. Thirty voluntary leaders assisted in giving demonstrations. Ten other meetings were held by leaders.

In this program, two demonstrations were taken up in each club.

These were "What, How, and Why of Meal Planning" and "Quick Meals". As a result of this work, 203 families served better balanced meals and emergency meals.

b. Minors

Food Preservation was taken by 13 clubs as a minor project. The agent spent 15 days in the field conducting this phase of the work with the women.

Two hundred forty-one families improved home-packed lunches according to recommendations. Six schools of 1500 children served a hot lunch at school. Seventy families produced and preserved home food according to an annual food-supply budget. Two hundred seventy-eight families assisted in canning or preserving fruits, vegetables, and meats. These families reported 43,296 quarts of these products and 11,621 other containers of jellies, jams, and other products. The total estimated value of all products amounted to \$14,577.25.

Thirteen clubs took House Furnishings as a minor project. The agent spent 10 days in 13 communities with this phase of the work. Six local leaders assisted with the demonstrations. As a result 255 families followed recommendations in improving methods of repairing, remodeling, or refinishing furniture; 137 families improved treatment of woodwork, walls and floor. One thirty-one storage spaces were improved, 231 pieces of furniture were refinished, and 228 families followed recommendations regarding handicraft. The total estimated value of handicraft sold was estimated at \$113.00. The estimated savings due to the House Furnishings program was \$1022.18

Thirteen clubs took Gardens or Home Beautification of Grounds as a minor. The agent spent 8 days, 4 days were spent with a specialist, and voluntary leaders spent 4 days with this work.

One hundred eighteen back door yards were made more attractive, 236 lawns improved or established, 130 trees and shrubbery were planted, and there were 229 homes where walks and drives were improved. One hundred twenty-three homes showed improvement in upkeep of grounds, 27 homes showed better use of ground space, and 67 homes showed outdoor living interests. One flower garden house and 3 outdoor fireplaces were built.

Twelve clubs took clothing as a minor project. The agent spent 12 days and voluntary leaders spent 30 days in this work. Twelve demonstrations were given. Two hundred eighty-seven women followed recommendations in improving care, renovation, and remodeling of clothing. The women made 1051 dresses and 651 other garments. They remodeled 928 garments. Eighty-eight women did their own dry-cleaning. One hundred sixty-two women improved their grooming and 156 learned to wear comfortable walking shoes. The total savings due to the clothing program was estimated at \$2317.67.

Poultry was taken as a minor in six communities. Seventy-eight families purchased baby chicks, 128 followed recommendations in chick rearing, 182 followed production feeding recommendations, and 233 used sanitary methods in disease and parasite control. Twelve improved poultry-house equipment and 124 followed marketing recommendations. Seventy-five poultry flocks were culled.

The clubs reported \$11,025.25 worth of chickens, \$8,922.10 worth of eggs, and \$2,110.25 worth of turkeys sold. The total sales amounted to \$22,165.72.

c. Community Projects

Two clubs have improved their club houses by adding chairs and tables. Both these clubs have improved their grounds by adding shrubbery and flowers. Another club landscaped the school grounds with the assistance of a landscape gardener. The space in front of the school was set in grass and shrubbery and flowers set out around the building. They also helped to fertilize the grounds by donating funds toward buying fertilizer. Three clubs helped to raise funds and donate food to the hot lunch project in the schools. Five clubs have given flowers and gifts to the sick in their communities.

5. Project Leadership:

a. Plan for Training and Use of Leaders

Eight adult leader training meetings were held with an attendance of 101. At two of these meetings, training was given in Home Management, at one, demonstrations were given in Foods, at one, demonstrations were given in Gardening, and at four, demonstrations were given in Landscape Gardening. These were given by specialists with the assistance of the agent. Seven clubs paid county dues of \$2.00 each toward expenses of leader training meetings, and Achievement Day expenses.

3. Results Obtained

Excellent results were obtained from the training of leaders. Thirty leaders gave 60 demonstrations during the year; 16 were given in Selection and Preparation of Foods, 6 were given in Clothing, 25 were given in Home Management, and 13 were given in Organization. They assisted with 48 other demonstrations.

4. Other Activities:

a. Campaigns

The county campaign was Home Repair; Interior and Exterior. As a result of this campaign, 28 dwellings were painted, 35 roofs were repaired and painted, 16 chimneys were repaired, 46 windows were repaired and repainted, and 25 porches were repaired and painted. Other work has been reported under Home Management, House Furnishings, and Beautification of Grounds. All club members did some kind of repair work.

b. Income Earnings

(1) Market

The total amount of products sold on the market as reported was \$22,991.63. This included farm products; cream, poultry and poultry products.

(2) Private Sales

Handicraft was sold to the amount of \$113.00. This included bedspreads, rugs, and baskets.

(3) Other

Bedford and Forest sold sponges to make money for their clubs, amounting to \$6.25.

Galvary, Fairview, Edgewood-Goods, Hunting Creek, and Moneta raised money by getting subscriptions to one of the local papers. The total amount made was \$18.00.

St Olivet secured a theatrical company to put on a show making \$50.00 as their part. They paid their county and state dues and sent 2 delegates to the State Federation of Home Demonstration Clubs for the week. They also paid the expenses of all members for a day.

One club, Good Housekeeping, had a birthday box into which each member paid the amount corresponding to their ages. At the close of the year they opened the box which contained \$7.15.

Edgewood-Goods, Moneta, and Lisbon clubs pay regular monthly dues of 5¢ each, thereby raising \$42.45. Bedford club has taken up free-will offerings three times during the year and raised \$5.10.

Forest club made and sold a quilt amounting to \$25.00.

New London club raised \$5.00 to pay county and state dues by free-will offerings.

c. Camps

(1) County Camp

The twelfth annual Bedford-Campbell Camp for homemakers was held at Camp Rithers May 9-13th. Twenty-eight women enrolled for the week. This was the thirteenth women's camp held at Rithers; Campbell county having held one camp alone and Bedford joined the

next year. This year there were three women from Bedford who had attended for 11 years. Besides the women enrolled, there were 160 different visitors. A very interesting program was given, the theme being "Safety". Our State Home Demonstration Agent, a Life Insurance man, a Highway Engineer and a Forester, were the speakers.

The subjects were; "Sanitation From All Standpoints", "Safety in the Home", "Safety on the Highways" and "Fire Hazards in the Home".

A home demonstration woman took charge of community singing each morning and even those unaccustomed to singing were singing before camp was broken. Two leaders had charge of recreation each evening. Splendid vesper services were held each evening with the campers in charge. The home agent and a leader had charge of the handwork which consisted of the painting of pottery.

The County Supervisors and wives, the county agents and wives and the District and State Agents were guests at dinner one evening. The Brookhill 4-H Club orchestra entertained that evening.

During the week, a committee worked on the Camp Log which was started in 1936 by the Bedford Home Demonstration Agent. The women assisted in writing the following article for the log which closed as follows: "We, of the Women's Camp of 1938, leave feeling our lives have been enriched by our sojourn, now wish to return to our loved ones with this resolution; that with the Master's guidance we will be better homemakers than ever before. We realize the greatest safety of all is being anchored in His care"

All attending thoroughly the camp and were sorry when time came to go home. They declared it the best camp we had ever had.

(See picture in picture section)

d. Recreation

Most all the clubs have made progress in recreation this year. Each club had a recreation leader who planned some entertainment for the club. Several clubs took from fifteen minutes to one-half hour for recreation. Others had community singing each meeting. Still others had recreation in the way of special Socials.

One club, Longview, entertained the teachers of their school at a weiner roast. They played games afterwards.

All the clubs had Christmas parties. Most of them were held in the evening and the families were invited. In communities where there were many children gifts were given to them. In other communities the club members exchanged gifts.

Good Housekeeping and Calvary Clubs held tackey parties with programs to correspond.

New London and Forest clubs held family nights with programs entertaining to both old and young.

Mt. Olivet, the new club organized this year, had a weiner roast with games and other recreation afterwards.

Lisbon Garden Club had an annual banquet inviting their families.

Monets and Good Housekeeping clubs held a joint picnic. Most all clubs held two socials during the year, some Halloween, some Christmas, some picnics, some weiner roasts and others.

e. County Meetings

(1) County Fair

The Bedford County Fair was held at the Fair grounds Sept. 26-30th. The women had 173 jars of fruit, vegetables and meats in the Home Demonstration booth. They won \$48.00 prizes on these exhibits. Besides this they exhibited in the general exhibits and won in prizes over \$100.00.

One club, Mt. Olivet put on an Activity Booth, a model kitchen, stressing the "Home Brain Center". In this they had a modern range and refrigerator with sink and cabinets placed most conveniently. The "Home Brain Center" was a desk with files, radio, desk pad, etc. They won \$10.00

One woman won \$15.00 on her farm exhibit.

The County Ball and Kerr Contests were held during the Fair, Mrs. Judson Overstreet won first on her Kerr exhibit (an emergency medal with canning budget) and Mrs. T.D. Abbott won first in the Ball Contest.

(2) Achievement Day

Adult Achievement Day was held at the court house in Bedford, Thursday, October 27th. with 200 people in attendance. All 13 clubs were represented and gave reports. This was the first time all clubs had

reported. The program was held in the Court room and lunch served in the Armory. A reception Committee greeted the crowd pinned names on each person so everyone would get acquainted. The decoration committee had both rooms beautifully decorated in yellow autumn flowers. The lunch committee accepted the lunch the women brought and served plates at the noon hour. All the county Supervisors were present. Some very good club reports were given by the different clubs on some important piece of work they had done: County reports were given on the major and minor projects, and the county campaign. A county summary was given by the home agent. A skit on "Proper and Improper Home Management" was given by the Hunting Creek club. Community singing was led in the morning by two members of the Forest club. After lunch a colored quartet furnished music. The main Speaker of the day Mrs. Ben Wailes, talked in the afternoon on "The Club Woman and Her Community". The District agent talked on "The Handicraft Market" and the home agent, Mrs. Atkinson, talked on the Program for 1939. A member of the B&P women's club explained the proposed Health Unit. A vote of thanks was extended to all who helped make the day a success.

5. Participation in Federation of Home Demonstration Clubs

a. District

The annual district meeting was held at Lynchburg Saturday, April 23rd. Seventeen women from Bedford attended the meeting. Two Bedford women had previously been elected to District offices. One woman was District Treasurer and another District Chairman of citizenship.

The delegates who attended the program were very enthusiastic in the reports made concerning it to their clubs. This was a means of getting more people interested in attending the State Meeting in July.

b. State

Twenty-nine women from Bedford were enrolled during the week at the State Federation of Home Demonstration clubs. Of this number, 17 were enrolled for almost the entire week, and 12 attended for one day. The Chairman and Secretary of the County Advisory board were sent as delegates to represent the county. Nine clubs paid their State dues and different clubs raised more to send delegates. Mt. Olivet, the youngest club made \$50.00 and made plans to send all the members for a day. Ten did attend and 2 spent the entire week. Eight clubs were represented. So much interest had been shown in the county prior to the meeting as there had been a great deal of publicity and interesting discussions held in the individual clubs about the program for 1939. A special time was set to discuss the proposed county program and Friday morning after the rest of the meeting was over, 10 women from Bedford stayed over for this special meeting. The clubs were delighted with the new program as planned.

6. Achievement by Club Carrying the Best Program:

Mt. Olivet Home Demonstration Club

The Mt. Olivet Home Demonstration club has made more progress than any club this year since they were organized in the first part of the year.

This club was organized by the home agent December 8, 1937 with 5 members present. A few of their members had belonged to another club and a few had been 4-H club members, therefore they had good material for a club.

With the few members they decided to make their club one of the best in the county. By six months their enrollment was 16.

The chairman is a former 4-H girl, one of the leaders is an All-Star and one leader had been a leader of another club. Their recreation leader is a former 4-H girl. All the officers and members have taken a great deal of interest and worked toward making their club one of the best. They carried the program made by the Advisory Board. Their leaders attended 2 leaders meetings and the chairman attended 2 Advisory Board Meetings. They have given all except three of the demonstrations during the year. They had 12 meetings with good attendance.

In April, the home agent brought Mrs. Mildred Tate, of V.P.I. to the meeting and questionnaires were filled out concerning the activities of the members.

In the Spring the club sponsored a show by a Theatrical Company and cleared \$50.00 as their part. With this money they paid their county and state dues of \$5.00, sent 2 delegates to the State Federation meeting for the week, and paid the expenses of 12 members who went up for a day. After this, they had \$19.15 left. They sent 3 baskets of fruit and flowers to their club members who were sick.

At the county Fair this club put on an Activity booth displaying a model kitchen, stressing the "Home Brain Center" which was one of the demonstrations held in the club. They borrowed the model kitchen equipment from a local furniture company. This consisted of an electric range, electric refrigerator, sink, base and wall cabinets. The "Brain Center" consisted of a desk pad schedules, files, books, recipes, clock, a radio, telephone and other accessories. The booth attracted a great deal of attention. The women took turns staying in the booth for which they received a \$10.00 prize for their club. They closed the year with \$27.00 in their treasury.

They had one picnic inviting their families and neighbors.

They expect to add new members the coming year and "To Make the Best Better".

2. Story of Outstanding Achievement by Individual:

One club leader, Mrs. W.H. Whitten of the Edgewood-Goods Home Demonstration club has achieved a great deal during the year. She has attended all leaders conferences in the major project and given six demonstration to her club. The club met with her the month the demonstration "The Home Brain Center" was given. Mrs. Whitten had taken a walnut table over 100 years old and made a desk to use as her "Brain Center". She had made shelves, files, a desk pad and other accessories. She also had a collection of books and recipes which she used on her desk. She had made daily, weekly, monthly and seasonal schedules which she used. She had remodeled her kitchen for convenience, painted the walls, built storage spaces, put down a new linoleum and rearranged her equipment.

Seeing what she had done served as an inspiration to the other club members.

Besides these improvements, this leader had built an outdoor fireplace with chairs, table and benches for picnicing. She had made walks of flagstones a small lily pool with fish in it, a rock garden, and had had put out a great many flowers and some shrubbery.

She had also made some very attractive dresses, smocks and aprons for members of her family. She sent some smocks and aprons to Washington to the 75 anniversary of the extension of Agriculture, and one of her smocks was sold "perhaps to members of the white house" as the clothing specialists wrote her. This club brought material for a smock which she made and gave the home agent at a party given in her honor. This leader has young grandchildren yet we have no member in home demonstration work more active than she.

VII.

4-H CLUB WORK

1. Organization

a. County Council

The Bedford County 4-H club Council was composed of an organized group of officers elected by the members of each club. This year the council was composed of 105 members. The duties of the council are to make and adopt a county plan of work, carrying it out in the individual clubs and to assist the County Home and Farm Agents in the various meetings such as: Achievement Day, Leaders Meetings, Fairs, Camps, Contest Day, Recreational

meetings and any other county meetings. Two meetings of the Council were held during the year, one to make the program and goals for the year and another to train officers for their respective offices.

The county planning meeting was held in November and the following plans and goals were made for 1937-1938.

Family Activities Program for 4-H Club Girls

Major Project: Foods - "Hospitality and Family Fun Occasions" with this we have correlated: Foods, Clothing and Room Improvement.

Minor Projects: Canning, Flower Gardening, Health and Poultry

Home Improvement - November: Xmas gifts, candies, cakes, decorations, packages and handiwork notebooks

Home Improvement - December: Exchange or display of gifts- Xmas decorations and Xmas Refreshments, Xmas Party

Room Improvement - January: Newspaper rack, chair, pool box, work table, etc.

Room Improvement - February: Birthday and Holiday Decoration and Refreshments

Clothing - March: A Complete Outline for Easter (dress or suit)

Foods ----- April : Minor Projects: Canning Contests-
 Landscape Gardening Flower Growing, Poultry, Health (fill
 Poultry out cards)
 Health

Foods----- May : Food for Camp
 Clothing Clothing for Camp

Foods----- June : Table Courtesies
 Table Etiquette

Foods ----- July : Light Refreshments When Friends Come
 in; What to Look for in Buying Foods

Foods ----- August : Food to Take on Picnic
 Clothing Clothing to Wear on Picnic

Foods -----September: Learn to Plan Work Ahead Before Guest
 Come In

October : Reports: Fill out Reports of Year's
 Work
 Achievement Day Plans

County Goals for 4- H Clubs

| Goals | Results |
|---------------------------|---|
| 1. 100% completion | 90% completions |
| 2. Plan Exhibits at Fairs | Exhibited at County Fair and Lynchburg Farm Show |
| 3. Have Canning Contest | Ball and Kerr Contest were held |
| 4. Have County Camp | Camp was held with attendance of 47 |

- | | |
|---|--|
| 5. Have Contest Day | County Canning held at County Fair |
| 6. Send 25 or more to State Short Course | Thirty two club members and all Stars Attended the S.S. Course |
| 7. Have 2 county Council Meetings | - These were held |
| 8. Have County Planning Meeting | - This was held in November |
| 9. Have 4 Leaders Conferences | Three Conferences were held |
| 10. Develop better leaders | Better leaders were developed |
| 11. Urge clubs to pay county dues for expense of Leader Training Meetings | Four clubs paid dues |
| 12. Stress better programs | Better programs were given |
| 13. Increase Membership | Membership increased from 216 to 309 |
| 14. Stress Accurate Accounts | This was stressed |
| 15. Have Achievement Day in October | Was held November 5th. |

b) 4-H Clubs

The home demonstration agent and the assistant farm agent went to the different communities together and organized 4-H clubs in schools and out of school. A club leader and one or more project leaders were secured for each club. In some cases, the teachers were sponsors. The following officers were elected: President, vice president, Secretary-treasury, and reporter, song leader, and recreation leader. Program committees were appointed to add to the county program and translate county goals into club goals.

The agents usually attended the monthly meetings together; at times, one would go alone and then the other, whenever other work prevented both agents attending.

Some of the clubs meeting during school hours, especially those in high schools, did not have time for an extra activities program and the home agent and farm agent or leaders took up the project work in two separate groups - the girls and boys. The clubs meeting in

one-room schools and those having eight meetings, had much better planned programs. The boys and girls met together for the program and then separated for the project work. They always met the same day.

The 4-H Clubs organized this year were as follows:

- | | |
|----------------------|---------------------|
| 1. Moneta Junior | 9. Forest |
| 2. Moneta Senior | 10. New London |
| 3. Huddleston Junior | 11. Liberty Academy |
| 4. Huddleston Senior | 12. Stewartville |
| 5. Brookhill Junior | 13. Bunker Hill |
| 6. Brookhill Senior | 14. Calvary |
| 7. Phaxton | 15. Wheatland |
| 8. Montvale | |

2. Scope of Work

1. Number girls in County and Number Being Reached

There are 2464 white girls of club age in the county and 309 are being reached directly. Over 300 are being reached indirectly.

2. Enrollment for past three years:

Girls

| Year | No. Clubs | Membership |
|------|-----------|------------|
| 1936 | 12 | 158 |
| 1937 | 13 | 216 |
| 1938 | 15 | 309 |

3. Number magisterial districts: Name and Number Clubs in Each

| Districts | No. Clubs | Districts | No. Clubs |
|--------------|-----------|-----------|-----------|
| Staunton | 2 | Central | 4 |
| Chamblisburg | 1 | Otter | 2 |
| Forest | 2 | Charlont | 0 |
| Lisbon | 2 | Bellevue | 2 |

2. Project Work

a. County Wide Unit

The county wide unit taken by the 4-H club girls this year was a Family Activity program. Three units were taken centering around "Hospitality and Family Fun Occasion" with Foods as the unit around which House Furnishings and Clothing correlated. With this program the girls carried on the work with the entire Family. They carried on their project with the family. Each girl had some home responsibility she carried on without having to be reminded of it.

The Foods and Clothing units such as Food and Clothing for Camp and Food and Clothing for Picnics were correlated. In House Furnishings each girl made something for her room.

Fifteen clubs with an enrollment of 309 completed 279 projects in Food Selection and Preparation. They planned and served 976 meals and prepared 1329 dishes of food products.

One hundred seventy girls completed their clothing projects. Two hundred eight-one girls followed recommendations in the construction of clothing, 293 kept clothing accounts, 39 budgeted clothing expenditures and 298 improved care renovation and remodeling of clothing. Two hundred eighty-one improved in growing and 111 learned to wear comfortable walking shoes. Two hundred eighty six dresses, 91 undergarments and 29 hats were made. Three hundred six garments and articles were mended, 329 garments were cleaned and 1853 garments remodeled. The total estimated

savings due to the clothing project was \$695.14. Twenty-nine method demonstrations were given.

b. Health Work

Twelve demonstrations were given in health work, instructing club members how to have health cards filled out. Forty-seven girls had health examinations, 126 improved health habits, and 91 improved posture.

c. Other Units Carried by Local Clubs

(1) Food Preservation

Forty-two girls enrolled in Food Preservation as a minor, with 24 girls completing. They canned 10,486 quarts of fruits, vegetables, and meats, and 618 other containers of jelly, jam and other products. Sixty-two pounds of fruits were dried and 125 bushels of fruits and vegetables stored. The total estimated value of all fruits canned or otherwise preserved amounted to \$2,275.05.

(2) Poultry

Six club members enrolled in poultry as a minor and all completed their projects. One hundred ninety-two chickens were raised and these sold amounted to \$86.10.

(3) Beautification of Home Grounds

Two hundred ninety-seven girls enrolled in Flower Growing and Beautification of Home Grounds. The agent spent 7 days and leaders spent 12 days with this work. The clubs took as their slogan, "No Dandelion or Wild Onions in Our Yards".

2. Story of Best Project Work by Individual

The best project work by an individual club member was made by Mattie Martin of the Bunker Hill club. Mattie served as secretary treasurer and reporter of her club this year. She wrote articles about club activities and sent to the county papers to be used in a county publicity contest. Her club won first prize of \$6.00 in this contest.

Mattie is 18 years of age, finished high school last year and has been helping her sisters with the housework this year. She has kept a clothing account, made a clothing inventory, and personal budget. In House Furnishings, she seated 5 chairs, made slip-covers for 2 pieces of furniture, helped make 4 pieces of furniture, improved 9 windows, and helped improve the walls and floors of 6 rooms, the savings amounting to \$83.00. She canned 585 containers of fruits, vegetables and meats alone and assisted with 1756 others. The approximate value of this canned goods was \$470.15. She also assisted in raising 800 birds. In clothing, she made 5 dresses, 5 undergarments, and remodeled 2 garments, saving about \$18.00.

Mattie won 15 prizes at the County Fair and Farm Show, 15 prizes amounting to \$11.50.

3. Community Activities

a. Community Projects

Moneta 4-H Club helped the Home Demonstration Club to buy shrubs

grass seed, and fertilizer to beautify the school grounds.

Brookhill Senior Club bought instruments and organized an orchestra which serves the club and the county.

b. Recreation

The 4-H Clubs keep up interest in recreation in both homes and the communities. Twelve clubs had parent's nights during the year. At this time an extra recreational program was arranged and a good time planned for everyone. Refreshments were served by the clubs. The home agent and assistant farm agent and all parents and friends were invited. The agents or some speaker explained the work at that time so the parents would know what the clubs were doing.

Moneta club planned some kind of social meeting each month. They had picnics and took their suppers, they went to the Peaks of Otter one night, they had weiner roasts and other forms of entertainment. Eleven clubs had weiner roasts or picnics.

c. Raising Money for Club Activities

Ten clubs made money by various means. Bunker Hill had a theatrical company give a show, which with a pie supper they cleared almost \$100.00. With these funds they sent 4 members to the State Short Course and 2 delegates to the County Camp, paid their county dues of \$1.00, bought gifts for newly-weds, sent fruits and cards to the sick, and at the close of the year had \$21.35 in the treasury. Individual members of this club received some very valuable prizes.

New London had a lawn party and cleared \$18.25. They sent 3 delegates to the State Short Course and paid their county dues of \$1.00. Their members won \$42.75 in prizes at Fairs.

Brookhill Senior Club has raised \$83.16 by plays this year. Their members won \$64.25 in prizes at Fairs. They paid their county dues of \$1.00 and part of the expenses of 5 members to the county camp and 5 members to the State Short Course.

Haddleston Junior and Senior Clubs had a lawn party and cleared \$25.00. They sent 2 delegates to county camp and 2 delegates to the State Short Course.

Liberty Academy, Calvary, Forest, and Moneta clubs raised \$35.85 for their clubs. Forest, Calvary, and Moneta sent delegates to the State Short Course with their funds.

4. Local Leadership

a. Plan for Training and Use of Leaders

Three Training meetings were held for leaders; one in Clothing and 2 in Foods and Nutrition with a total attendance of 32. One meeting was planned especially so the teacher leaders could attend on Saturday and it happened that there was a Teachers' meeting on the same day. The Leaders' meetings were given by specialists with the help of the agent. Four clubs paid county dues of \$1.00 each to help defray the expenses of these meetings and Achievement Day expenses.

Some very splendid leaders were trained during the year. Outside leaders were secured for clubs meeting at night outside of school and for most one-room schools. Teachers were secured for clubs meeting in consolidated schools. One new leader this year, who was a teacher assisted with the 4-H Camp and also chaperoned the girls at Blacksburg during the State Short Courses.

b. Results Obtained

Very good results were obtained from the training of leaders. Five women and 13 girls gave 91 demonstrations; 59 were in Foods, 14 were in Clothing, and 6 were in House Furnishings. Twelve more were in Health. They assisted with 12 other demonstrations.

5. Other Activities

a. Camps

(1) County Camp

The annual Bedford County 4-H Club Camp was held at Camp Ruthers June 13-17th. The campers arrived from two o'clock that afternoon until supper time. Two Bedford doctors gave the girls physical examinations that afternoon as this was required before they could go in swimming.

On arrival the campers were welcomed by the home demonstration agent and other leaders. They were shown to their rooms to hang up their clothes and to the large sleeping porch where they made their beds. They enrolled later, paid their fees and checked the food they

brought. At this time they were given a supper ticket consisting of a number of questions which were to be answered before supper time. By the time they had filled out the answers to all these questions the camper were well acquainted with each other and also the camp. A picnic supper was served consisting of sandwiches, pickles, salad fruit, and cookies. After supper, the councilors had a conference and made plans for the organization of camp during the week. Vesper services were led by one of the leaders, after which the campers were organized into two Indian tribes, the Wynotes and Conowagoes. During the week, the chiefs of the tribes scored them on neatness, cleanliness, sportsmanship, promptness, and food habits.

Each day, in the morning, handwork consisting of the painting of pottery and the making of baskets of honeysuckle was directed by the home agent and one of the councilors.

The theme for the week was "Travel and Travel Ways". Each day after the handwork, talks were given on trips taken via auto, bus, train, steamship, and airplane. Pauline Martfa, an All Star, told of her trip to the National Club Congress at Chicago, one of the campers told of an automobile trip to California, a Garden club member told of a recent trip to Bermuda, and the District Agent told of a vacation tour she took via steamship. The agent had secured maps and folders from bus and railroad companies to give to all. They became very enthusiastic over everything. Such things as menus, wardrobes, etc. were discussed in connection with the different modes of travel and the countries

traversed.

After lunch each day Indian pow-wows were held followed by a rest period and swimming. Vesper services were held each evening, after which evening programs were given. These programs consisted of music, dancing, challenges, games, singing, tap dancing, and other forms of entertainment.

One evening, a camp fire was built on the grounds and the campers roasted wieners and marshmallows. Other refreshments were served too. This was followed by a campfire program consisting of contests and challenges by the Indian tribes. Open house was held one evening and parents and friends invited to attend the Amateur program given at this time. The Brookhill orchestra furnished music for the occasion.

During the week, hikes were taken to Forest and Poplar Forest, the former home of Thomas Jefferson. Several beginners learned to swim before the week was over.

There were 10 clubs represented with a total enrollment of 47, the most we have ever had. Others wanted to enroll but there were not accommodations for more. The last day, the councilors decided on the best all-round campers. Those chosen as club members were Naomi Newman and Jean White. The non club members were Ann Schubert and Arline Anderson.

Finally the time came to depart. All seemed to enjoy the week so much and were sorry when time came to say goodbye.

A camp log was kept and the names of the visitors- 196 in number.

(See pictures and camp log in picture section)

(2) State Short Course

The 4-H Club State Short Course was held at Blacksburg, July 23-29. Thirteen club girls, 15 club boys, and 6 All Stars attended the Short Course. Others went up for the All-Star Service. Doris Cocks, one of our All Stars was Big Chief of the Short Course. Two leaders and the assistant farm agent chaperoned the delegation of club members. Two club members, Rachel Smith and Cal Martin of the Bunker Hill 4-H Club were taken in as All Stars.

On Thursday evening the Brookhill Orchestra were invited to play at the program. This orchestra was organized by Marcelle Coffey and is composed of 12 members.

All attending came back with a great deal of enthusiasm and with a determination to return whenever possible. They gave interesting reports to their clubs and this created a great deal of interest.

(See picture in picture section)

B. County Meetings or Special Events

(1) Fairs

The annual Bedford County Fair was held at the fair grounds September 26-30th. 4-H Clubs exhibited in the general 4-H booth, clothing, canned goods, poultry products, flowers, and note books. The girls exhibited 75 jars of canned vegetables, fruits, and meats and won \$100.00 in prizes.

The Calvary 4-H Club put on an Activity Booth, demonstrating the "Beautification of the Farm and Home" They had a miniature house yard and farm buildings with walks, pools, shrubbery, and a paved highway running by the farm. Posters were used, giving the correct methods of making and keeping lawns, growing shrubs, trees, etc. For this they won a \$10.00 prize.

The Lynchburg Farm Show or Fair was held in the Armory at Lynchburg, October 21-23rd. Six 4-H Clubs from Bedford County exhibited at this fair. The agent made 3 trips taking exhibits and 4-H club girls. These girls acted as guards and guides. Eight club girls won 37 prizes, amounting to \$34.15. One girl, Virginia Brown of New London Club won 15 prizes, 8 of which were firsts. The arrangement of booths and the exhibits were far superior to former years.

(2) 4-H Achievement Day

Although Saturday, November 5th was a very rainy day, our Achievement day program was quite a success. 4-H Club boys and girls came to this annual meeting at the Court House carrying musical instruments and reports while it was pouring down rain. The attendance was not what it would have been, yet enthusiasm was not phased. Nine clubs were represented with an attendance of 86.

The program consisted of a welcome address and response, reports by clubs, group singing, and special music by the Coffey sisters and the Brookhill orchestra. Three clubs had an entertainment feature; a humorous reading by a member of the Calvary Club, a duet by two members of the Bunker Hill Club, and special music by the orchestra. The club reports were excellent. A summary of the work in the county was given by the home agent and the assistant county agent.

During the year, a Publicity Contest had been carried on and the news articles were judged Achievement Day. Bunker Hill Club won first prize of \$6.00, Brookhill Club won second prize of \$4.00 and Calvary Club won third prize of \$2.00. Besides these prizes a year's subscription to the Democrat, a county paper, was given to the 5 clubs with the best reports. New London won 4th prize and Huxeta won fifth prize.

A druggist in Bedford gave a registered pig to the club member drawing the lucky number. A Thaxton 4-E boy drew this number.

All club members and leaders were given a special prize to the show at the Liberty theater in the afternoon, courtesy of the Theater manager.

Brookhill Senior club won the banner for having the best record during the year.

5. Story of Achievement of Best Club 1936.

The Brookhill Senior 4-H Club won the champion banner for having the best club during the year.

This club was reorganized in November 1937 with an enrollment of 19. They held 12 regular meetings with a good attendance. The girls have taken the Family Activities Program, including Foods, Home Improvement and Clothing. Besides this major work, they took Flower Growing and Canning as minors. The boys took corn, poultry, tobacco, garden, pig, and dairying projects. 100% records were turned in and they had an attendance of 100% on Achievement Day.

Four club members had given demonstration at club meetings. In Clothing, the girls made 71 garments valued at \$66.96. They canned 805 quarts of fruits, vegetables, and meats, valued at \$176.75. Eighteen articles were made for their rooms.

The club had taken a great interest in fairs. Eighty-two exhibits were made winning \$64.25 in prizes. They raised \$68.18 for the club during the year.

They paid their county dues of \$1.00 and paid part of the expenses of 5 girls to county camp and 5 members to the State Short Course.

They have organized a 4-H Club Orchestra this year with 12 members. They were invited to play at the State Short Course, an All Star social, several county meetings and have broadcast over the radio twice, once with the

-home demonstration agent and once at the Farm Show winning third place.

One parents' night was held with good attendance. Delightful refreshments were served. One social was held with 100% members and several visitors present. The club helped sponsor a Publicity contest in the county donating \$2.00. They won second place in this contest.

Although their enrollment is not large, they have made a wonderful record in club work ever since they were organized.

VIII. OLDER YOUTH

There is one older youth organization in the county. This is the county organization of All Stars. Since club work was organized in the county 23 young men and women have been taken into the State All Star Chapter. All of these except one still have their homes in the county. Two others work outside the county at present.

These All Stars met twice during the year, one meeting was a business meeting and one was a social. At the business meeting in July, outstanding club boys and girls were recommended as All Stars. A discussion of club work was also taken up at this time and a committee appointed to plan a social.

This social and werner roast was held in August at the home of the county agent. Twelve members of the Brockhill orchestra furnished music for the occasion. It was a lovely moonlight night and the party was held in the

garden. Weiners were roasted on an outdoor fireplace. The home and farm agents and all All Stars invited one guest and there was an attendance of 50. An interesting program consisting of humorous speeches, contests, and songs, was directed by one of the members. After a dessert of watermelon, all departed at a late hour singing, "I Would be True" and "Taps".

IX. PROGRESS MADE DURING THE YEAR -OUTLOOK FOR 1939

There were 15 4-H Clubs this year with a total enrollment of 309 girls taking the Family Activities Program. Three entirely new clubs were organized and one other club which did not function the year before were organized. Two clubs were discontinued on account of consolidation of schools. Leaders and sponsors were secured for all clubs.

With the Family Activities Program, the girls stressed Foods, correlating House Furnishings and Clothing. Their minors were Canning, Poultry, and Yard Improvement.

A county planning meeting was held in November and the county program was planned. A 4-H Council meeting was held in February at Liberty Academy with an attendance of 45. Seven leaders were present. A model club program was given by a junior club. Officers were elected for the coming year and county goals were made. Training was given in song leading.

Three 4-H Leader Training meetings were held during the year with an attendance of 32.

Eight clubs had picnics, 6 clubs had weiner roasts, 7 clubs had lawn parties, and 12 clubs had Parents' Nights. One club sponsored a show given by a theatrical company and 4 clubs had socials.

The county clubs raised \$212.26 for the benefit of the clubs, besides individual prizes amounting to \$247.15.

Eight clubs made 115 exhibits at the county fair winning prizes amounting to \$125.25. Six clubs won \$85.50 in prizes at the Lynchburg Farm Show. Calvary club put on an Activity booth at the county fair on, "Beautification of Farm and Home" winning \$10.00.

Twelve club members had their expenses paid to county camp by their clubs and 20 members had their expenses paid by their clubs to attend the State Short Course.

County Camp was held with an enrollment of 47. Thirty-two All Stars and club members attended the State Short Course.

Forty-one girls entered the Ball and Kerr Canning Contests. The girls canned 10,486 jars of fruits, vegetables, and meats and 618 jars of other containers of jams, jellies, and other products.

The All Stars had one business meeting and one social during the year.

Recreation had been stressed in the clubs. One 4-H club orchestra was organized. They have played at Souther States meetings, Grange meetings Achievement Day, and at an All-Star social. They have broadcasted twice and played at their club meetings and socials. Other clubs have stressed games and music, especially singing.

The agent has worked with 15 women's clubs during the year with enrollment of 361. One new club was organized and this club made a wonderful record for a new club. The women took Home Management and Foods as majors with House Furnishings, Garden, and Poultry as minors.

The County Campaign was Home Repair; Interior and Exterior. The Federation goal was Health stressing the study of cancer.

Eight Leader Training meetings were held with an attendance of 101. These were held in Home Management, Foods, Garden and Landscape Gardening.

Seven clubs paid their county dues of \$2.00 and 9 clubs paid their state dues of \$5.00.

Five clubs raised \$18.00 by getting subscriptions to a county paper, one club raised \$50.00 by sponsoring a play, one club made \$7.15 with a birthday box, four clubs raised \$45.55 by regular and free-will offerings, two clubs sold sponges making \$6.25, and one club made and sold a quilt for \$25.00. One club had an Activity booth at the county fair and made \$10.00. The women won over \$100.00 in individual prizes at the fair. Fifty-eight women entered the Ball and Kerr Contests. The prize winning cans were sent to the state meeting in November.

County Camp was held with an enrollment of 28, seventeen women attended the District meeting at Lynchburg, and 28 women attended the State Federation meeting.

All the clubs had Christmas parties, two clubs had tackey parties, two

clubs had family nights, two clubs had weiner roasts, and one club had a banquet inviting their families.

Increase in interest in the women's work has continued to grow throughout the year. Leaders and chairmen have taken more responsibility and the enrollment has increased from 302 to 361 during the year.

The outlook for 1939 looks bright. Better leaders have been secured in 4-H club work and the county as a whole has had a great awakening about 4-H club work. The enrollment increased from 216 to 309, mostly due to the more interesting program being offered through the Family Activities Program. This is the type of program we have wanted for a long time.

The enrollment of home demonstration clubs has increased from 302 to 361, which shows an increased interest in the work. With the new method of Program Planning, the women feel a greater responsibility and therefore show a greater interest. They are getting a program which comes nearer fulfilling their needs. Then with the new Homemaking Board, more different interests are being discussed.

I. PLANS AND GOALS FOR 1939

Women's Work:

A County planning meeting was held in September and the following program was made:

Home Demonstration Club Program- 1939

| | |
|---|--|
| December- Home Improvement and Table Service : | June- Foods and Nutrition |
| Minor: Christmas Table Decorations. (Members bring decorations they have made or have) | Major: Light Refreshments Demonstration Stressing Correct Things easy to serve and inexpensive-stress service |
| January- Foods and Nutrition | July- Home Management |
| Major: Balanced Meal; Stress Mineral and Vitamin Content | Major: Home Repair as Health Measure Have Tool Kit and Show Uses |
| Dem: Cottage cheese or milk dish | |
| February- Foods and Nutrition | August- Home Management |
| Major: Balance Meal; Stress Mineral and Vitamin Content Saled demonstration | Major: Storage Spaces Have demonstration showing convenient storage spaces |
| March- Foods and Nutrition | September- Canning Contests |
| Major: School Lunch 1. Hot Lunch as Health Aid, 2. Packed School Lunch | Minor: Judge Canning Exhibits; Ball and Kerr Take up Achievement Day Plans |
| April- Home Improvement | October- Project to be selected by Individual Club |
| Minor: Rural Electrification- Wiring and Lighting or Improvement of Sanitary Conditions (to suit individual club) | Minor: Demonstration to be selected Making of Reports of work done during the year |
| May- Health-Federation Goal | November- Demonstration to be selected by individual clubs |
| Minor: Health Clinic or Talk (Each member have physical examination) | Minor: To be selected Reorganization of club-elect officers-adopt plans for year. |

County Goals For Home Demonstration Clubs

1. Have 4 leaders conferences; two in Foods(December and February), one in Home Management (June), and one in Rural Electrification(February)
2. Have County Campaign in Home Repair; Interior and Exterior- stressing the Health phase.
3. Have Health as the Federation Goal.
4. Exhibit at Fairs.
5. Enter Canning Contests- Ball and Kerr.
6. Have County Camp in May.
7. Have two meetings of the Homemaking Board.
8. Take part in District meetings.
9. Twenty-five or more attend State Federation meeting.
10. Have County Planning meeting.
11. Clubs pay county and state dues 100%.
12. Develop Better leaders.
13. Stress keeping better accounts.
14. Stress Better Planned programs(each member taking part)
15. Increase membership.
16. Get more underprivileged women interested in Extension work.
17. Home Demonstration Clubs sponsor 4-H Club work.
18. Have Achievement Day Program in October.

(Each club check on county goals each month)

The County Planning meeting for Home Demonstration Clubs has already been written up. With the women having such an important part in making the program, they are sure to take more interest in the work.

With \$200,000 R.E.A. project in the county, they will have more conveniences and therefore more time for club work. For the past few years the home agent has advocated the coming of electricity and what it will mean to the women on the farm. Now the time has come when those dreams may come true. Since the major projects are Home Management and Foods, electricity will be a great factor in helping to carry out this program. As the whole year's program centers around Health, electricity will be the greatest aid in ridding the farm of drudgery. This will give the women more time for rest and leisure, thereby making healthier conditions in the home.

Girls' Work:

A County Planning meeting was held in November and the following plans and goals made for 1939.

Family Activities Program for 4-H Club Girls for 1939.

Major Projects

Foods: Hospitality and Fun Occasions in the Home

Home Beautification: Yard Improvement

Room Improvement: Homemade Furniture and Equipment

| | | |
|--|---|---|
| December- Home Improvement and: Table Service | : | July- Landscape Gardening |
| Minor: Christmas Table Decora- tions. | : | Major: Keeping Front Yard and Back Yard, Walk, and Driveway Clean and Attractive. |
| Members bring decorat- ions. | : | Plants and Shrubs Suitable for Base Plantings. |
| Show correctly set table | : | |
| <hr/> | | |
| January- Room Improvement | : | August- Foods |
| Major: Wood Box- Basket | : | Major: The Family Goes on a Picnic. |
| <hr/> | | |
| February- Room Improvement | : | September- Contests |
| Major: Shoe Rack | : | Make Plans for Achievement Day and Fairs |
| <hr/> | | |
| March- Foods | : | October- Reports |
| Major: The fireplace Party | : | Achievement Day |
| Outdoor Cooking without a fireplace. | : | |
| <hr/> | | |
| April- Foods | : | November- Room Improvement |
| Major: Hot Snacks for Winter Guests or Cool Snacks for Summer Guests, The Art of Informal Entertaining | : | Plan Christmas Decorations |
| | : | Reorganization of Clubs |
| <hr/> | | |
| May- Landscape Gardening | : | |
| Major: Out Door Fireplaces | : | |
| <hr/> | | |
| June- Landscape Gardening | : | |
| Major: Flagstone Walks | : | |
| <hr/> | | |

County Goals for 4-H Clubs

1. 100 % Completions
2. Have 5 Leaders' Training Meetings; one in Room Improvement in Dec., two in Foods in February, and 2 in Landscape Gardening in April and May.
3. Have exhibits at Fairs- County and Lynchburg Farm Show.
4. Have County Camp at Ruthers.
5. Send 25 or more to State Short Course.
6. Have 2 County Council Meetings.
7. Have County Planning Meeting.
8. Urge clubs to pay County dues of \$1.00 toward Leader Training Meetings and Achievement Day.
9. Develop Better Leaders.
10. Stress Better Planned Programs- Have a program committee.
11. Stress keeping accurate accounts.
12. Have Achievement Day in October.

A County Planning day was held in November and the leaders showed a great interest in planning the 4-H Club program for the coming year. Backgrounds for planning were given by the home agent and needs were translated into the new program. This program promises to meet the desires of the club members as they take a great interest in Hospitality and Fun Occasions.

As Landscape Gardening on p. 47 - achievement has been listed as the

As Landscape Gardening or Yard Improvement has never been taken as a major project before, this gives an opportunity to have a specialist they have never had before.

With a few demonstrations in Room Improvement with a new Specialist, this will also be a new experiment.

Since the program will be varied, it will be more interesting to club members than a one project program. Being a Family Activities Program this is a wonderful opportunity to work it out with the entire family. The program as planned will interest the boys as well as the girls also.

Owing to the consolidation of schools and the discontinuing of most all one room schools in the county, 4-H Club work has been going through a great change during the past few years. With these conditions a drastic change had to be made gradually, therefore the club enrollment fell off during those years. Another reason for the enrollment falling off for awhile was the fact that the state agent asked that we take the clubs out of school. This did not work so well and clubs were again held in schools where we had discontinued them.

With labor conditions as they have been for the past few years, so many of the older club members have dropped out of club work because they were working in the Silk Mills. We could not depend on them attending meetings as they worked part of the time at night.

Notwithstanding all these conditions 4-H Club work has been on the upward trend for the last two years. A great majority of the club members is among the younger class. This has made more work for the home agent because with new leaders and new club members it requires more training. Several new leaders have been trained.

Our 4-H Club work has been much better than ever before this year. With the readjustments well under way and the splendid programs planned, the coming year will, no doubt, show great improvements both in home demonstration and 4-H Club work.

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CAMPS



Bedford-Campbell County
Camp

Home Demonstration Club
Women - Camp Ruthers

May- 1933



Bedford County 4-H Camp

June- 1933

4-H Club Girls, Leaders
and Agent

BEDFORD COUNTY 4-H CAMP

CAMP NOTHING JUNE 15-17, 1938

THINGS, TRAVEL AND TRAVEL WAYS

7:00 a.m. First call
 7:30 a.m. Breakfast
 8:00 a.m. Put camp in Order

8:30 to 11:30 a.m.

| Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|
| 8:30 Handwork (Painting Pottery) Mrs. Atkinson Bernice Elkins | Handwork (Painting Pottery) Mrs. Atkinson Bernice Elkins | Handwork (Painting Pottery) Mrs. Atkinson Bernice Elkins | Handwork (Basketry) Mrs. Atkinson Bernice Elkins |
| 10:30 Trip to Chicago Pauline Martin All Star | Trip to Bermuda Mrs. W. J. Fitzpatrick Bedford Garden Club | A Vacation Cruise Miss Sally Gay Davis District Agent | Trip to Missouri Mrs. Lola Calfee Atkinson Co. H. D. Agent |

11:30 Personality Training, Music and Recreation

Councillors

12:30 Lunch

1:30 p.m.
 2:30 p.m.
 3:30 p.m.

Tribial P.m. ones
 Quiet Period
 Swimming and free activities
 Dress for dinner

6:30 Dinner

7:30
 8:00
 10:00
 10:15

Vespers
 Evening Program
 Call to Quarters
 Taps (quiet until 7:00 a.m.)

Camp Manager: Mrs. Lola Calfee Atkinson
 County Home Demonstration Agent
 Camp Advisor: Miss Sally Gay Davis
 District Agent
 Swimming Instructor: Miss Nina K. Rice
 Y. W. C. A. Roanoke, Va.
 Recreation and Music: Miss Marcelle Coffey
 All Star
 Recreation, Vespers, etc. Misses Herrie Peter & Pauline Martin
 Leaders
 Waitresses: Eva Padgett, Bertie Newman, and Manning Hanes
 Club Members
 Handwork: Bernice Elkins

CAMP OFFICIALS & COMMITTEES

Big Chief
Chief of Hyantes
Chief of Consegoes

Florrie Jeter
Pauline Martin
Bernice Sloop

RECREATION

Marcelle Coffey Florrie Jeter Bernice Sloop Pauline Martin Edna Tice

VESPERE

Florrie Jeter

Pauline Martin

Marcelle Coffey

HOSPITALITY

Mrs. Lela Calfee Atkinson

Florrie Jeter

Marcelle Coffey

EDITORIAL STAFF

Bernice Sloop
Florrie Jeter
Bernice Elkins

Edna Tice
Pauline Martin

CAMP STENOGRAPHER

Bernice Elkins

CAMP PIANIST

Marcelle Coffey

CLUBS



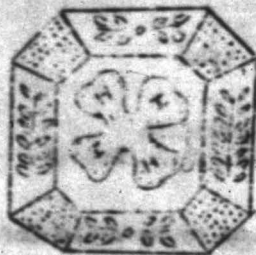
Delegation of 4-H Club
Boys and Girls, and Leaders
Starting to the State Short
Course at Blacksburg July
1938



Higwood- Goods H.D. Club
at regular meeting at
the home of Mrs J.H.
McCauley at Goode

Bedford County Council Officers

President--Naomi Newman
Vice-president--Thomas Pieginotham
Song Leader--Marcelle Coffey
Ass't. Song Leader--Jess Parkham
Recreation Leader--Jack Robertson
Ass't. Recreation Leader--Rosalie Hicks



"I pledge
My Head to clear: thinking
My Heart to greater loyalty,
My Hands to larger service, and
My Health to better living
for my club, my community and
my country."

BEDFORD COUNTY
4-H CLUB ACHIEVEMENT
DAY PROGRAM
COURT HOUSE
SATURDAY
NOVEMBER 5, 1938
10:00 A M
to
12:30 P M

ACHIEVEMENT DAY PROGRAM
OCTOBER 27, 1938
AT BEDFORD COUNTY COURTHOUSE

10:00 Call to order - Mrs. H. E. Vance
 Pres. of Advisory Board
 Rev. J. H. Gray

Invocation

Group Singing - Led by Mrs. Geo. Lindsay

Welcome Address - Mrs. M. L. Overstreet

Response - Mrs. H. E. Vance

Special Music - Mrs. Geo. Lindsay &
 Mrs. Julian Lindsay

Roll Call of Clubs:

| | |
|--------------------|-------------------|
| Bedford | Calvary |
| Edgewood-Goods | Fairview |
| Forest | Good Housekeeping |
| W. Olivet | Hunting Creek |
| Lisbon Garden Club | Moneta |
| How London | Longview |
| Wheatland | |

Secretary of each club to give report of Community work
 Members stand to be counted.

County Reports:

1. Major Project - Mrs. S. W. Gray
 Skit - "Proper and Improper Home Management"
 by Hunting Creek Club
2. County Campaign - Mary Ellen Tanner
 Skit - "Home Repair" - by Good Housekeeping Club
3. Minor Project - Hulda Martin
 Skit - "Health" - Bedford Club - Mrs. S. P. Stewart
4. Summary of Club Work in County - Mrs. Lola Calfee
 Atkinson

Announcements

12:30 - Lunch

AFTERNOON SESSION:

2:00 Group Singing - Marcelle & Ralphine Coffey

Talk - Mrs. Ben Wailles, former Pres.
 of State Fed. of H. D. Clubs

Group Singing -

"Message of How Pres. of State Federation
 of H. D. Club, Mrs. J. M. Peck" - given by
 Mrs. H. E. Vance

Announce of winners in Canning Contest
 and
 Program for 1939 - Mrs. Lola Calfee Atkinson
 E.E.A. Program in Bedford County - S. S. Hylton
 Group Singing

Adjournment

COMMITTEES

1. Lunch Committee - Mrs. Frank Hubbard - Chairman
 Two members from each club
2. Reception Committee is as follows:
 Mrs. Wade Martin Mrs. G. I. Ford
 Mrs. J. S. Douglas Mrs. H. P. Walker
 Mrs. Pete Holland Mrs. E. C. Fatcher
 Mrs. John Dearing Mrs. H. B. Gordon
 Committee to have name cards & pin on all present
3. The Decoration Committee:
 Mrs. J. Mott Lindsay Mrs. Henry Mosley
 Each club to bring one or two containers of
 flowers.

Our Creed

As home makers we will strive to:

Have our organization foster the highest
Ideals in home, church, school and public life.

Have our homes reach out in service to
the communities and help unite the people.

Have cooperation and progress the
Leading forces in our communities.

Study the best ways to do every-day
Work that we may find joy in common tasks

Well done.

Be kind beyond the standards of charity;

Avoid thoughts and words that condemn;

Be more thoughtful than love requires; maintain

The highest ideals of Christian life.



BEDFORD COUNTY

ADULT ACHIEVEMENT

DAY PROGRAM

COURT HOUSE

10:00 A. M. THURSDAY

OCTOBER 27, 1938

J
COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF VIRGINIA

EXTENSION SERVICE
COUNTY AGENT WORK

VIRGINIA AGRICULTURAL AND MECHANICAL
COLLEGE AND POLYTECHNIC INSTITUTE
AND UNITED STATES DEPARTMENT OF
AGRICULTURE, COOPERATING

Bedford, Virginia
May 19, 1938

Dear Club Member:

Our annual 4-H club camp will be held at Camp Puthers June 13-17. Many are planning to attend camp and we hope all who wish to attend will have the chance. Those who enroll first will be the lucky ones.

The girls are expected to arrive at camp on Monday afternoon about 2:00 o'clock, June 13, and leave Friday afternoon, June 17, just after lunch.

The main theme this year will be "Travel and Travel Ways". All who enroll, please collect material from magazines, books, etc., and be prepared to enter into the discussions and give accounts of at least one trip you have made during your life.

The program will also include instruction in swimming, recreation and other things relating to leisure time. The evenings will be given over to Vespers, games and other recreation, while the days will be filled with something instructive and interesting. There will be nature hikes, a camp fire supper, and a great deal of recreation.

Each club member wishing to attend camp must pay on arrival \$2.75 in cash and bring \$1.50 worth of food.

If you are interested in attending, please fill out and detach the following blank with your parent's signature and return to me by June 6, or sooner. (When you send in your name, I'll send you a list of food to bring.)

Sincerely yours,

Lela Calfee Atkinson

(Mrs.) Lela Calfee Atkinson
County Home Demonstration Agent

Name of club member _____ Address _____

Is your project up-to-date? _____ Will you attend county camp? _____

Will you take swimming? _____

Parent's signature _____

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF VIRGINIA

VIRGINIA AGRICULTURAL AND MECHANICAL
COLLEGE AND POLYTECHNIC INSTITUTE
AND UNITED STATES DEPARTMENT OF
AGRICULTURE, COOPERATING

EXTENSION SERVICE
COUNTY AGENT WORK

Bedford, Virginia
August 9, 1938

Dear Club Member:

I wrote you sometime ago in regard to the Kerr Canning Contest. However, I am sending you at this time the requirements for both Ball and Kerr Contests.

As you probably know the club canning contests will be held in each club at the September meeting. At this time the winners in the club contests will be selected to enter the County contest to be held at the County Fair, September 27, 28, 29 and 30. For both the Club and County Contests a canning budget must accompany each exhibit (They will be alike for both but if you enter both two budgets must be made out.)

For the Kerr exhibit there must be four quart jars suitable for an emergency meal. One should be a meat, one something suitable for a salad or desert and perhaps two vegetables. The menu using these jars must accompany this exhibit as well as the completed budget. If we have from 10 to 25 exhibitors in the county contest, the first prize will be one dozen Kerr jars and the second prize will be one dozen jars. If there are 25 to 50 exhibitors, the first prize is two dozen jars and second prize one dozen jars, for more than fifty exhibitors, the first prize is three dozen jars, second prize, two dozen jars and third prize one dozen jars. The State prizes are; first \$50.00; second \$25.00; third \$15.00; fourth \$10.00. The state prizes will go to the club of which the winner is a member.

For the Ball exhibit, two jars of meat or chicken must be made and a completed budget must accompany the exhibit. For less than 25 exhibitors in the county there will be no county prize. For 25 to 40 exhibitors the first prize is \$3.00 and second prize \$2.00 and for 40 to 75 exhibitors, the first prize is \$5.00, second prize \$3.00 and third prize \$2.00.

In the state contest if 45 counties enter, the first prize will be \$50.00 and on down to the twelfth prize of \$2.00. If 30 counties enter, the first prize is \$35.00 and on down to \$1.00 for the tenth. If 15 counties enter the first prize will be \$20.00 and on down to the eight prize of \$2.00. The state prizes in this contest will also go to the club of which the winner is a member.

Therefore, you see by entering your club contest you'll be helping yourself, your county and your state.

If you need extra canning budget cards or sheets (either is all right) please let me know at once.

Sincerely,

Mrs Lela Calfu Atkinson
County Home Demonstration Agent