

ANNUAL NARRATIVE REPORT

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service

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1959

FLOVANNA

County

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OUTSTANDING CONTRIBUTIONS MADE TO FAMILY LIVING AS A RESULT OF THE
YEAR'S PROGRAM

Extension work has contributed to better homemaking, better rural living and improved people in Fluvanna County. In terms of the set objectives, relationship of contacts to changes made in knowledge, skills and attitudes, the 1959 extension program can be judged a success.

Realizing that there was still a need for improvement in living conditions, a long time goal, and balanced diets, emphasis was placed on Better Housing and planning, Preparing and Serving Wholesome Meals.

In home improvement more people are realizing the importance of having water under pressure. Therefore, Mrs. Bessie Keys had water installed in her kitchen and Mrs. Alice Shelton, who already had water in her kitchen, had a bathroom installed with hot and cold water, during the year. Both of these ladies live in the Kents Store community. In the Shores community Mr. Nick Moffis had a bathroom added to his home with hot and cold water in the kitchen also. Mrs. Marie Holland of the Wilmington community had hot and cold water put in her kitchen. These examples have stimulated a great deal of interest, which have caused numerous homemakers to look around their homes for future bathroom space.

Knowledge was increased on the importance of and how to bottom chairs for beauty and comfort. Making slip covers was both stimulating and interesting. Homemakers found this project not as easy as they thought, but interesting enough to tackle the job. This work helped homemakers to be more conscious of colors and used in decorating the home, and different materials they can use. Interest was stimulated in some

instances to cause homemakers to rearrange rooms. Others are planning for improvements they can make.

In foods, homemakers were taught how to plan prepare and serve well balanced meals. In trying to keep up with today's pace homemakers were taught how to freeze baked and prepared foods so that they could prepare some meals a good while in advance of serving time. This project was also needed because some homemakers work outside the home. Homemakers were made more aware of the importance of getting more milk in themselves and their families, which has caused more milk to be consumed in more homes.

Approximately eighty percent of the Negro population was reached directly or indirectly by the extension program. Four-H and H. D. work has offered direct contact for getting the information to the people. More personal contact would be of tremendous help in creating more interest and cooperation of the people. It is at this point where leaders played a big part in the success of the year's program. It is believed that progress was made in the efforts to help families achieve a desirable family life in 1959. The improvements made will contribute to the total program of improving the standards of living of the county and the state.

THE COUNTY SITUATION

Fluvanna County is located in the central section of the state, 50 miles west of Richmond and 25 miles east of Charlottesville. The counties that join Fluvanna are: Louisa, Goochland, and Albemarle, with James river seperating it from Cumberland and Buckingham counties. The area of the county is 282 square miles, and it ranks 73rd in size among the counties of Virginia. The surface is generally rolling, self draining, and easy to cultivate.

The total county population is 7,121, approxomately one-third of this number are Negroes. We have 258 Negro farm homes and 212 non-farm homes. The rural farm population is 1,154 and the non-farm population is 1,344, making total of 2,498 persons, only about one half of our possible voters are qualified to vote.

There were 9 elementary schools and 1 high school in the county, with the new consolidated elementary school we have 1 elementary school and 1 high school in the county. Most of the school children ride school buses to and from school each day. All 4-H meetings are held in schools which limits time for club meetings and projects members can take. At the present we have 10 four-H clubs with 133 boys and 142 girls enrolled. We now have a greater need for more adult leaders to assist with 4-H club work in their communities. We even need the interest of parents to assist and encourage 4-H boys and girls in project work. Each of the adult could give more assistance as leaders in the community in which they live.

There are 8 home demonstration clubs with 122 members enrolled.

About one-half of this number attend meetings each month where others attend a few times a year. Club members can arrange to encourage others to attend meetings regular and bring non-club members to meetings. Also encourage more club members to attend leader training meetings and use information learned to assist with problems in the community.

Agriculture was the county's principal industry but in 1950 only about one-third of all farms were classified as commercial, the other two-thirds were part-time or residential. Many Fluvanna residents are employed in Scottsville, Charlottesville, Richmond and other near by places in manufacturing or other work. Tobacco was long the chief source of farm income, but livestock, and dairing and poultry are much more important today. A large dairy products plant has been established within the county.

The Main sources of income are: sawmilling, stove timber, pulp wood, railroad, odd jobs, Virginia Public Service and professional workers. Many of the housewives work outside the home to increase the family income. Some persons, even families move to other sections to seek employment.

The average family consists of 4 to 6 members and with a limited income is often extremely difficult to meet the family needs. The income is usually spent for food, housing, clothing, health and a few other necessities which help to make life more comfortable. There is still a need for families to improve their living conditions at the lowest possible cost.

According to the H. D. survey there seem to be a positive correlation between the amount of income and size of town. The families

with the lowest incomes tend to come from farms. Those with larger incomes tend to come from the villages and towns. It was reported that the median income reported by survey members is \$665.00. The median income for the total population of the state is \$1233.00. The median for rural non-farm people is \$1086. The median farm income is \$298.

One-third of the members have completed high school or college. Over a fourth have not finished elementary school. Two-fifths have completed only elementary school. Twenty-two percent of home demonstration club members have studied home economics in high school, and a little over 1 percent have had a college home economics course. Sixteen percent of the women have taken some professional training: nursing, business or beautician.

In 1950 there were 2,087 dwelling units here in Fluvanna County. The percent of occupied units by non-white is 31.1. One of our long-time goals is "obtaining running water in the home." There are 10 or more homes with complete water systems, 13 or more with water in the kitchen, and about 3 have only cold water. We are still working on this goal. In the future we could do more work on foods, clothing and housing. Many improvements have already been made, which makes us more aware that there is much more to be done, in order to make our homes more desirable to live in.

COUNTY EXTENSION PROGRAM - ADULT

County Agricultural Extension Service Board

This board is composed of three representatives of each community and home demonstration club. This organization was used during the year to assist the home economics committee and other extension organizations in carrying out programs. In meetings of this board plans were made to reach more people and give assistance when possible and a better understanding of the extension program. It helped to select delegates to different district and state meetings and to raise funds to represent the county. Also assistance was given with carrying out the year's program. This group gave assistance in county wide programs, 4-H club work, live-at-home work, etc.

County Home Demonstration Club Committee

The county home demonstration committee is composed of 24 members made up with club presidents, and leaders from the home demonstration clubs. The committee works jointly with the county advisory board and send delegates to state meetings. Each year this group of women bring to the planning meeting problems that will meet the needs and interests of people in their respective communities.

This group played a major role in helping to plan and prepare for the District H. D. Committee that met in Fluvanna County for the first time this year. Leaders attended were quite inspired, as it was the first time some of them had been able to attend a district meeting. Attendance at club meetings improved and leaders have been devoting more time and interest in assisting others.

SUBJECT MATTER AND SPECIAL EMPHASIS AREAS

Foods

This project was planned because club members wanted to learn how to plan, prepare and serve nutritious meals. Interest was centered on learning how to freeze baked and prepared foods so that they can prepare some foods and good while in advance of serving time. Many club women work outside the home and sometimes need to prepare meals for their families and for guest in advance, in order to serve the meals on time. Another reason this project was planned was because home-makers also wanted to learn how to prepare a complete meal from their freezers, as more freezers have been purchased for home use. Interest also ranked high in wanting to learn how to prepare one-dish meals to save time and feed the family properly.

It was discovered that many adults were not getting the proper amount of milk in their diet each day, simply because they disliked the taste and refused to drink it. Therefore it was important to teach different ways of cooking with milk, give recipes that would cause more milk to be eaten, and different ways to change the flavor of milk so that it would be a pleasure to drink. Therefore projects worked on were: (1) Freezing baked and prepared foods, (2) Meals from frozen foods, (3) Preparing one-dish meals, and (4) Including more milk in the diet (cooking, eating, drinking).

The objectives of this project were:

1. To develop the skill of preparing foods for freezers.
2. To create a desire to use the home freezers for as many different occasions and foods as possible.

3. To develop the skill of saving time and rush at the last minute by preparing foods in advance.
4. To create a desire to plan meals from the home freezers.
5. To develop the art of planning balanced meals while preparing meals for the freezer.
6. To develop the skill of preparing one-dish meals.
7. To create a desire to prepare well balanced one-dish meals.
8. To create a desire to remove the milk deficiency.
9. To increase the skills in using milk in different ways.
10. To increase the knowledge of using more milk dishes.
11. To develop the art of more adults including more milk in the diet.

Procedures Used

1. Specialist Assistance.

On February 25, 1959 a training meeting was attended in Louisa County by Miss Janet Cameron, Food and Nutrition Specialist, Blacksburg, Virginia. At this meeting the agent was trained on preparing one-dish meals and including more milk in the diet. This information was used to train home demonstration club leaders in order to get the information learned to as many people as possible.

2. Leader Training.

Local leaders were trained on preparing one-dish meals to save time and energy, and include more milk in the diet.

3. Written Material.

Literature was given home demonstration club members on Top of stove custard, Quick pudding and homemade wises. This was to increase the amount of milk used.

4. Method Demonstrations.

Demonstrations were given on Freezing baked and Prepared foods in club meetings. Members were shown different moisture-vapor proof wrappings to use in the home freezer, also different foods that can be frozen and how to prepare them for the freezer. Literature was also passed on this topic. Other demonstrations given were on Top of the Stove Custard and Quick pudding and homemade mixes.

5. Discussions.

Discussions were held in order for club members to exchange ideas and to ask questions.

Results Obtained

In order to find out if club members were using information taught a check sheet was passed for them to check. This check revealed that:
15 club members were freezing more meals
1 freezer bought during the year
35 homemakers used more milk and enjoyed it better
50 women did more meal planning in advance.

CLOTHING

Because of new club members and increased interest in making more clothing at home, club women were interested in learning newer techniques of laying patterns and cutting garments correctly. And due to the lack of money to properly clothe the family, homemakers were anxious to learn more about making over clothing, altering clothing, restyling clothing and to repair garments to stretch the clothing dollar.

Emphasis was placed on: (1) how to lay a pattern and cut garments, and (2) how to make over clothing (altering, restyling, and repairing garments).

The Objectives Were

1. To create a desire to make more clothing at home.
2. To increase the knowledge of laying a pattern correctly.
3. To increase the knowledge of altering garments to fit the person that will be wearing it.
4. To increase the knowledge of restyling dresses to give them a fresh look.
5. To learn to stretch the clothing dollar by getting the most of what is already on hand.
6. To increase the skill on how to freshen up a stale wardrobe with a few minor changes.
7. To develop an appreciation for clothing that we already have.
8. To create a desire to keep well dressed for all occasions.
9. To increase the knowledge of clothing the family as inexpensively as possible.

Procedures

1. Method Demonstrations:

Method demonstrations were given in club meetings on: (1) how to lay a pattern and cut garments, (2) the importance of and how to tailor tack or other markings for construction and (3) how to construct a garment.

2. Discussions:

Discussions were held on how to select material and patterns for making new garments, also on the equipment needed in order to sew. How to remodel old garments was discussed to a great extent.

3. Leader Training.

Leaders were trained on how to select patterns and materials, how to lay patterns, cut and construct garments and remodeling old clothing, in order to assist more people with clothing problems.

4. Literature.

Bulletins, pamphlets and other written material was given as reference material to further assist with clothing problems.

5. Exhibits.

Approximately 20 articles made were placed on exhibit at our annual Achievement Exhibit so that others could see what has been done and become inspired.

Results

As a result of this project 72 women learned techniques in laying patterns correctly, and 42 women made some use of discarded garments found in the home.

HOUSE FURNISHING

Club women were interested in beautifying their homes and saving wear and tare on the furniture by learning how to make slip covers for themselves. They were interested in learning steps from start to finish so that they would be able to make slip covers for themselves and assist their neighbors as much as possible. Many have small children which made covering the furniture a necessity. The steps planned in making slip covers were: (1) estimating material for slip covers, (2) selecting of fabrics, (3) measuring, cutting and construction of slip covers and (4) construction and finishing.

Objectives

1. To create a desire to beautify the homes.
2. To develop the skill of measuring chairs to be covered.
3. To develop the technique of selecting suitable fabrics.
4. To develop the skill of properly measuring materials before cutting.
5. To teach the value of marking covers as they are cut.
6. To develop a skill for properly constructing slip covers.
7. To create a desire to properly complete slip covers.

Procedures

1. Specialist Assistance.

On July 8, 1959 an agent training meeting was held in Palmyra with Miss Ruth Jamison, Extension House Furnishing Specialist, on Making Slip Covers and Draperies. This training was used to train leaders and club members for the August, September and October Meetings.

2. Leader Training

Leaders were trained on how to make slip covers in order to assist the agent with demonstrations at club meetings and to be able to assist others.

3. Method Demonstrations:

Method demonstrations were given in meetings on making slip covers using an old sheet given by a member of the club. By doing this club members were given an opportunity to experiment on fitting and cutting slip covers. This experience will come in very handy when actually working on slip covers.

4. Literature

Bulletins, pamphlets and other written material was given to serve as a guide and reference material in working on this project.

5. Discussions

Discussions were held on selection of colors and materials in order to assist homemakers in making purchases.

Results

Due to the fact that we are still working on this project this month a complete report cannot be given. Thus far 41 women have reported measuring their chairs for slip covers and 1 has purchased material for a sofa.

CHRISTMAS SUGGESTIONS

Club members were interested in working on christmas suggestions for the month of December because each would be thinking about and preparing for christmas. They also wanted to make as many gifts at home as possible to stretch the money they had to spend. Interest was centered around making gifts and decorations.

Objectives

1. To develop the skill of making christmas gifts.
2. To teach the different gifts that can be made at home.
3. To improve the knowledge of making small articles.
4. To increase the knowledge of attractively wrapped gifts.
6. To enjoy the spirit of christmas by giving.

Procedures

1. Demonstrations
2. Written material
3. Discussions
4. Exhibits

Results

Home demonstration club women still found making and exchanging christmas gifts very exciting. In order to save money and learn to make as many articles as possible all gifts had to be made at home. By having this project different articles have been made that possibly would not have been made otherwise. All gifts were opened and displayed at club meetings. Approximately 60 articles were made and exchanged which included: aprons, pot holders, dollies, dish towels, guest towels, hot place mats, dresser scarfs, pin cushions, etc.

Demonstrations were given on making decorations using native materials, and other inexpensive items found in the home. Literature was given on receipts that could be used during the holidays and later on during the year.

OTHER ACTIVITIES

District Meeting

Fluvanna county home demonstration clubs served as hostess for the first time, at the District Home Demonstration Committee meeting on May 7, 1959. There were leaders and agents from 9 counties present, as well as Mrs. T. T. Hewlett and Miss H. E. Ford, District H. D. Agents and Mr. Ross W. Newsome, State Agent. Mr. Butler, Local Farm Agent and 3 leaders from Albemarle county were also present. A demonstration

on "Fashions for the Home" was given by Mr. Genz, representative of Sears and Roebuck, and the guest speaker was Mrs. Erace Harris, Supervisor of Home Economics Education.

National Home Demonstration Week

In order to help stimulate interest in home demonstration work all club members and non-club members were invited to attend the district meeting on May 7th. One article was published in a local paper in order to inform the public. Approximately 25 persons from Fluvanna county attended the meeting.

During regular club meetings 3 clubs celebrated national home demonstration week by having club tours on kitchen improvement and 3 clubs displayed articles they had made for their homes and family. Non-club members were invited to attend.

As a result of interest stimulated by the district meeting being in the county, and attending club celebrations, four new members joined H. D. clubs. Plans are to use the new members along with older club members to help stimulate interest in other non-club members, therefore hoping to increase enrollment.

Achievement Day

The annual achievement day exhibit and program was held at S. C. Abrams High School on October 14, 1959. This program was given so that club members and other interested persons could come together to take a look back at accomplishments as a source of inspiration for the coming year. Also to add people in acquiring a skill in improving

home and family life. Approximately 75 persons attended the program.

Mrs. Effie Tutwiler gave a very interesting report of her experiences while attending Farm and Home Week program at Virginia State College, July 7-9, 1959. She gave a full report with emphasis on "Citizenship" and "All can Be Beautiful". Mrs. Viola Hawkins gave a very stimulating report of her observations while attending the State Advisory Board meeting in Charles City and New Kent counties on September 2-3, 1959. The movie "Step Saving Kitchen" was shown to teach the value of saving time and energy in the kitchen, and to be a more efficient housewife.

The West Bottom Home Demonstration club won the H. D. Banner for the year for having the best display on exhibit. The banner was presented by Mr. C. B. Phillips, Vocational Agriculture Instructor. Judges for the occasion were: Mrs. Gladys Phanelson, Mrs. Otelia Bland and Mrs. Charlotte Melton.

H. D. Planning Meeting

The H. D. Planning meeting was held on Tuesday June 23, 1959 in the County Courthouse, Palmyra. The purpose of this meeting was to evaluate the program for the past year and to plan a program for the coming year. Eleven persons attended the meeting. Rev. S. C. Abrams, Supervisor of schools was guest.

The program planned for 1960 is as follows: Foods, Family food costs, Plan quick meals for hurry-up days, Health needs of our community and county, Clothing - Planning a wardrobe, Buying and Care, Construction, Home Management - Cleaning Furniture, The Family's use

of credit, Simplifying house work, House Furnishings * Accessories, Pictures and other wall decorations, Furniture selection and arrangements. Special interest topics Making xmas cards and wrappings. Federation program of work is still Better Housing.

State Advisory Board

Mrs. Viola Hawkins of West Bottom and Mrs. Berneice Vaughan of Wildwood attended the State Advisory Board meeting in Charles City and New Kent Counties, September 2-3, 1959 along with the home agent. Mrs. Hawkins gave a very informative report at achievement day of this state meeting.

Farm and Home Week

Mrs. Effie Tutwiler, a member of the Wilmington H. D. club attended the Farm and Home Week program at Virginia State College, Petersburg, Virginia, July 7-9, 1959. A detailed report of her experiences was given at out achievement day program October 14, 1959.

FARM AND HOME DEVELOPMENT

Farm and home development work is now and has been for the past several years is being carried on with two families. They are Mr. and Mrs. Thomas Bruce of Kents Store community and Mr. and Mrs. Lynn Bland of Palmyra, community. In working with these families, as with many other families, the problems encountered most are inadequate finance and record keeping. Both families are doing well with what they have to spend as both are graduly making on their homes and surroundings.

One improvement the Bruce family is most proud of is that they were able to have a well dug at their home during the year. They previously had to haul water for family uses. They find this very convenient, especially since a new son has been added to the family during the year. Assistance has been given on making a budget, as this was necessary due to added expenses and the same income.

The major areas the families were assisted with are: foods, clothing and housing.

The objectives were:

1. To plan and prepare well balanced meals.
2. To produce and preserve more food for the family.
3. To assist adults in consuming more milk daily.
4. To make and follow a food budget.
5. To make more clothing for the family.
6. To take care of clothing already on hand.
7. To improve the interior of the home by obtaining attractive furnishings.
8. To plan wisely how to stretch the family dollar.

These objectives were carried out very well through demonstrations, and assistance given during home visits.

COUNTY EXTENSION PROGRAM - YOUTH

Organization

County 4-H Council

The county 4-H council is composed of the officers of the ten 4-H clubs in the county. They met twice during the year, to organize, to plan and assist with carrying out 4-H activities, train officers and leaders, provide recreation and to evaluate the progress made. The activities they assisted with are; National 4-H Week, Record Book Contest, and Achievement Day. The council helped to select delegates to the State 4-H Short Course and the Wildlife and Conservation Conference.

Project Planning Committee

The project planning committee met during the year to analyze the needs, evaluate the program for the past year and make a program for the coming year that was felt to be needed to be worked on. In other words this committee has the same function with the 4-H clubs as that of the home demonstration committee with the H. D. clubs. The projects selected for the coming year are; Your Room, Health and Garden.

4-H Project Work

Meal Preparation

The 4-H planning committee selected this project because of the felt need for 4-H members to improve on planning and preparing meals at home.

The objectives were:

1. To encourage 4-H members to learn how to plan balanced meals.
2. To teach the importance of doing things for themselves.
3. To give confidence in themselves by learning how to do things.
4. To increase interest among 4-H members of the value of well planned and prepared meals.
5. To develop understanding among members and parents on how to plan and prepare well balanced meals.
6. To develop skill among 4-H members on recommended methods of preparing food.

Outstanding interest was reported and shown by members, leaders and parents in preparing food. Method demonstrations were given by adults, junior leaders and agent. Discussions were given in clubs and bulletins were distributed to members and leaders. Other methods used were home visits, meetings and exhibits. Members reported:

729 dishes prepared

1721 meals served.

Your Room - Make it Livable

This project was selected because the majority 4-H club members (boys and girls) were interested in taking it. Method used to learn the interest of club members was a check sheet was passed each member to check projects they needed and wanted to take.

The objectives set up included;

1. To encourage youth to be useful around the home.
2. To teach the value of good housekeeping.
3. To teach youth how to do things for themselves.
4. To teach club members how to arrange furniture attractive and convenient.

The following project work was selected:

1. Improve methods of keeping the room orderly.
2. Make a color plan for the room.
3. Make a floor plan for the room before and after improvements.
4. Choose accessories and learn how to use them.
5. Learn how to arrange furniture.
6. Complete project and turn in record.

One hundred thirty three boys and one hundred forty two girls enrolled in this project with 95 boys and 102 girls completing.

These members received training from leaders and the agent through demonstrations, circular letters, written material, exhibits, meetings and home visits. The accomplishments were: 175 rearranged rooms, 50 articles were made of bought and 150 rooms were improved.

OTHER ACTIVITIES

4-H Council Meeting

Thirty five junior leaders attended a 4-H Junior Council meeting at Central Elementary School on February 4, 1959. These leaders are officers representing 10 4-H clubs. The purpose of this meeting was to elect and train officers. National 4-H Week was discussed and final arrangements were made for a program to celebrate the occasion. The following officers were elected: President, Sarah Eland, Vice President, Cleveland Anderson, Secretary, Peggie Carrington, Assistant Secretary, Barbara Ann Martin, and Treasurer, Mary Louise Cadlett.

National 4-H Club Week

Over 500 club members, leaders and other interested persons attended a program in celebration of National 4-H Week on February 27, 1959. The program was held in Central Elementary School. This program was designed to better inform the public of the activities and importance of 4-H club work. And to give recognition to outstanding 4-H club work and 4-H members in general. All 4-H members made a contribution to the program by participating in group singing, with the 4-H pledge, prayer, etc. In 1959 we had 275 4-H boys and girls enrolled in 4-H work carrying two projects: Meal Preparation and Your Room.

In 1958 there were 115 boys and 120 girls engaged in 4-H club work. From this number 9 boys and girls won county awards and one girl won a state award. The county awards were as follows: Achievement, Joan Vaughan, Wildwood Community; Canning, Sarah Eland, Stage Junction; Clothing, Barbara Jean Brown, Palmyra; Garden, Alvin Johnson, Brewo Bluff; Health, Peggie Carrington, Palmyra and Joseph Smith, Brewo Bluff; Leadership, Barbara Payne and Carl Creasey, Palmyra; and Safety, Janice Vaughan, Wildwooe.

The State Award was won by Catherine Payne, Palmyra, which was a scholarship to the 4-H Shortcourse that was given at Virginia State College in June.

The program was climaxed by presentation of these awards by Rev. S. C. Abrams, Supervisor of Schools. Each member was given a member's button and a 4-H Flag Set was presented to the school by the Local Home Agent.

State 4-H Short Course

Five 4-H club members attended the State 4-H Short Course at Virginia State College, Petersburg, Virginia, from June 29 through July 3, 1959. The members attending were: Pettie Smith, Shores community, Venora White, Joan and Janice Vaughan, Wildwod Community, and Alice Jackson, Kents Store Community. At the Short Course these members participated in demonstrations and other activities offered, and brought interesting reports back to the county.

4-H Wildlife and Conservation Conference

Two 4-H members and the agent attended the Wildlife and Conservation Conference at Virginia State College, Petersburg, Virginia August 4-6, 1959. The members attending were: Friscella Franklin, Wilmington Community and Sarah Eland, Stage Junction Community.

Achievement Day

The 4-H Achievement day was held along with the home demonstration clubs on October 14, 1959. Club members assisted with and participated on the program.

SCOPE OF WORK

	1955	1956	1957	1958	1959
No. H. D. Clubs	9	9	9	9	8
Membership	135	135	137	137	122
No. H. D. Groups (unorganized)	0	0	0	0	1
Membership	0	0	0	0	12
No. 4-H Clubs	8	8	8	8	10

Scope of Work Cont.

	1955	1956	1957	1958	1959
Membership	249	249	298	235	275
No. Community Clubs	1	1	1	1	1
Membership	34	34	34	34	34
No. other organizations	4	4	4	4	4
No. Farm & Home Dev. Families	2	2	2	2	2
No. other families reached	195	200	200	195	175
No. different families reached	370	375	475	375	350

To increase scope of work National H. D. Week Celebration, National 4-H Week Celebration, County Achievement Day and other county wide programs were held and the public was invited to attend. Leaders and the agent visited families in communities to publicize the extension program. The program was also publicized in churches, schools and through newspapers.

LEADERSHIP

The organizational leaders assisted with plans for meetings and programs, contacting members, securing meeting places, seeing that meetings were held regularly and on time. These leaders also assist with special club activities of interest.

The program development leaders collected information and suggestions for building a program to better meet the needs of the people.

The project leaders gave demonstrations, led discussions helped arrange exhibits, assisted with special programs and helped to reach more people.

Growth of Leadership

<u>Overall Program Leaders</u>	1957	1958	1959
County Agricultural Extension Service Board	75	88	61
Youth Council	48	48	53
Home Economics Council	27	27	40

Home Demonstration Club Leadership

	1955	1956	1957	1958	1959
No. organizational leaders	47	27	27	27	24
No. project leaders (subject matter)	47	27	27	27	32
No. Fed. program of work chairmen	27	27	27	27	24
No. Program Dev. leaders	23	45	45	18	30
No. Result Demonstrators	23	45	45	18	35
No. tr. meetings held by specialists	2	4	5	2	3
No. tr. meetings by dist. agents	1	1	1	0	0
No. tr. meetings by agent	9	18	15	16	16
No. tr. meetings by others	0	0	0	0	0
Attendance at all tr. meetings	52	126	152	209	133
No. meetings held without agent	20	19	18	19	18
No. meetings leaders assisted	10	12	12	16	18
Demonstrations by leaders	20	33	15	19	20
Talks and discussions by leaders	20	33	15	19	30

4-H Club Leadership

	1955	1956	1957	1958	1959
No. club officers	48	48	48	48	53
No. adult project leaders	16	16	16	16	22
No. junior project leaders	16	16	16	16	20
No. result demonstrators	16	18	18	16	20
No. tr. meetings held by specialist	1	1	2	0	0
No. tr. meetings by dist. agents	0	0	0	0	0
No. tr. meetings by agent	19	18	22	26	19
No. tr. meetings by club dept.	0	0	0	0	0
No. tr. meetings by others	0	1	1	2	0
Total attendance at ldr. tr. mts.	30	173	182	123	113
No. 4-H leaders trained indiv.	16	19	19	21	19
No. meetings held by ldr. w/out agt.	16	19	18	17	13
No. add. club mts. leaders assisted	16	17	17	15	20
No. demons. given by adult ldrs.	18	19	17	20	13
No. demons. given by jr. ldrs.	16	20	20	30	50

Accomplishments of an Outstanding Individual

Mrs. Marie Holland has been a member of the Wilmington home demonstration club for the past 10 years. Because she has worked very closely with the extension program, and because she has been assisted by the extension service, the following accomplishments made by her is an example of what has and can be done.

During the past year Mrs. Holland had her kitchen remodeled. She had a sink installed and put in hot and cold water, put in base and wall cabinets, put tile on the floor, painted the wall and bought new kitchen curtains. A front panel and a storm door was bought. Other accomplishments were: bought curtains for 2 bedrooms, bought shrubs to set out and canned and froze more than 600 quarts of fruits and vegetables.

Future plans include putting down new floors on the whole ground floor of her home. The second story was added to her home a little more than a year ago.

Meetings have been held in this home and observations have been made, which is helping to improve interest among club members.

SIGNIFICANT ACHIEVEMENT OF EXTENSION WORK

Live-at-home work was still carried on in the Kents Store community during the past year. This work is being carried on in order to teach the value of community and home improvement.

There are 25 families with 56 adults and 29 children at home. Nineteen of these are farm owners and 6 renters. There are 292 acres in farms with 34 in crop land, 25 in pastures and 95 in forests.

In this community serious consideration has been given to getting more water under pressure into more homes. One of the first to realize this goal this year was Mrs. Alice Shelton, who already had cold water in her kitchen. Early this year she had a bathroom installed and added a hot water heater, so now she is enjoying a complete water system.

In order to add bathrooms quite often we are faced with the problem of space. This was Mrs. Bessie Keys problem. In order to solve this problem, Mrs. Keys removed the back porch from her home and built a kitchen there, in which she had a sink installed with cold water. The space where the old kitchen was, will be used for a bathroom which she has immediate plans to complete. At this time she plan to add a hot water heater so that she can enjoy the convenience of a complete water system.

One new home has been built and one is being built. The completed home is owned by Mr. and Mrs. Edgar Edwards, who are parents of one son. The house has 5 rooms and a future bath. They have a sink and cold water in the kitchen, with plans to add bathroom facilities in the near future. The incomplete home will be occupied by Mr. and Mrs. James Farrar and their three children. At the present they feel as though it is impossible to install a water system, but they are building a future bathroom for their convenience when they are able to add running water.

Other improvements made on homes include: tile on kitchen floor, new back porch and cabinets in kitchen.

PUBLIC RELATIONS

Co-Workers

Assistance was given by co-workers in providing a greater variety of information to the people in the county by use of supplies and other materials.

General Public

Churches and schools throughout the county have been visited and assistance has been given with programs, therefore more people are becoming more familiar with the extension program. The public is invited to attend extension programs and give assistance when needed.

Elected Representatives

The county board of supervisors was informed of the work going on in the county by receiving monthly reports and annual report and year book during the year. This is sent to the board so that they will know what progress is being made and what is being done.

Other Professional Workers

As a result of sending program calendars, circular letters asking and giving assistance, and sending invitations to special programs, more assistance has been given to improve extension work. More professional workers are giving their services as leaders, and help to plan and participate with special programs.

Professional Improvement

For professional improvement the agent read and studied books and magazines of modern trends in aiding to dompre effective teaching. Annual Extension Agents Conference, State Farm and Home Week, Agent Training Meetings and other professional meetings have been attended and participated in. The daily newspaper and other publications are read.

THE LOOK AHEAD

The year of 1959 has brought with it many highlights toward improving family living in Fluvanna County. The clubs not only showed interest in project work during the year, but took steps toward reaching many long-time goals and encouraging others to improve home and family life.

The projects planned for the year were: foods, clothing, house furnishing and meal preparation. Each club found interest and the need of working on these phases of work. Numerous matters factual and fascinating were exhibited in carrying out these projects.

Club members attended and participated in many of most of the state activities during the year. Through reports others who were unable to attend were benefited. Other families were reached through club and community activities.

The farm and home development phase of the extension program was continued through home visits, meetings and circular letters. Personal calls were made to give assistance when needed, discussions were held and literature was given when needed.

In spite of the many accomplishments made during the ~~past~~ year, we can readily see so many things that need to be done. In light of 1959 experiences, next year's work can be strengthened through farm and home development work, home economics committee, 4-H committees and more publicity. By placing ~~some~~ more emphasis on newspaper publicity will be of great benefit. More leader training meetings are needed in the new year, also more leader participation.