

- |   |                  |
|---|------------------|
| 2. Diversity of interests and background of people.   | :Accomplishments |
|   | :                |
|   | :                |
| a) Try to meet this by wider contacts, more work with individuals, more vigorous use of leaders to spread contacts. | :                |
|   | :                |
|   | :                |
| b) Increase use of mass media.  | :                |
|   | :                |
|   | :                |
| c) Develop more special interest committees and projects.   | :                |
|   | :                |
|   | :                |
| 3. The problems of youth are similar to those of adults.  | :                |
|   | :                |
|   | :                |
| a) Try to meet by   | :                |
|   | :                |
| 1. Strengthening adult leadership.  | :                |
|   | :                |
| 2. Giving wider publicity to 4-H work to build more prestige.   | :                |
|   | :                |
|   | :                |
| 3. Try to organize County Advisory group.   | :                |
|   | :                |
|   | :                |
| 4. Try to make general activities as interesting to members as possible, building feeling of greater unity.         | :                |
|   | :                |

- |   | Accomplishments |
|---|-----------------|
| B. Professional Books and Publications                    |                 |
| Subscribe to "Journal of Home Economics".                 | :               |
| Read other home economics magazines, Extension            | :               |
| Service magazines and news letters, farm and              | :               |
| home magazines, and others pertaining to work.            | :               |
|   | :               |
| C. Membership in Professional Organizations               |                 |
| Continue membership in Virginia H.D.A.A.                  | :               |
| and American H.D.A.A. and in A.H.E.A. and                 | :               |
| Va. H.E.A.  | :               |
|   | :               |
| XI. Co-operative Plans toward Unified Extension Program   | :               |
| or Some Phase of Program.                                 | :               |
|   | :               |
| 1. Include women in work of County Poultry Committee      | :               |
|   | :               |
| 2. Develop more fully work of County Home Econom-         | :               |
| ics Committee.  | :               |
|   | :               |
| 3. Work with other agents to organize County Youth        | :               |
| Councils.   | :               |
|   | :               |
| 4. Work with other agents toward development of           | :               |
| over-all County Extension Committee.                      | :               |
|   | :               |
| XII. Problems in Carrying out Extension Program in County | :               |
|   | :               |
| 1. Accelerated pace of life for women, particularly       | :               |
| those working away from home.                             | :               |
|   | :               |
| Plan for meeting problem:                                 | :               |
|   | :               |
| a) Include more varied representation in                  | :               |
| program planning groups.                                  | :               |
|   | :               |
| b) Try to provide information for which                   | :               |
| homemakers in all categories feel a                       | :               |
| definite need.  | :               |
|   | :               |
| c) Arrange group work at hours convenient                 | :               |
| for group. Let each group make its own                    | :               |
| decision about hour, place and type of                    | :               |
| meeting.  | :               |
|   | :               |
| d) Increase use of mass media.                            | :               |
|   | :               |
| e) Try to arrange for more home visits                    | :               |
| and work with individuals.                                | :               |

C. Elected Representatives	Accomplishments
1. Make frequent reports to County Board of Supervisors.	:
2. Invite suggestions and advice through conferences and personal visits.	:
3. Submit summary of Annual Report to Board of Supervisors and tie breaker of Board.	:
D. Commercial Interests	:
1. Cultivate personal acquaintance with officers and employees.	:
2. Always acknowledge services to Extension.	:
E. Other Professional Workers	:
1. Try to keep informed about work of other agencies through conferences, visits and correspondence. Make an effort to let other agencies know what services Extension has to offer them.	:
IX. Plans for Recording Progress and Evaluating Programs	:
A. Check plan of work frequently.	:
B. Use short questionnaires to determine effectiveness of various phases of program.	:
C. Confer with local officers of county and of county committees.	:
D. Confer with district agent.	:
E. Make monthly and annual reports as required by Extension Service.	:
X. Professional Improvement	:
A. Organized Study	:
1. Attend communications school in January, other training schools or meetings as directed by Extension Service.	:

Junior Leaders: Use to help adult leaders, to check records, notify members of meetings, give some demonstrations and help with club recreation. All leaders are members of 4-H County Council, and as such are advisors to the agent.

VII. Plans for Work with other agencies

1. Fair Association -- Serve on Fair Committee, get judges for women's and girls' departments, assist in making premium lists and giving Fair publicity. Aid in setting up exhibits.
2. Schools -- Work with school programs as teachers request. Ask cooperation of schools in conducting entire home demonstration program.
3. Farm Bureau -- Attend annual meeting. Assist as requested.
4. Granges -- Assist with programs. Try to interest Granges in cooperating in Safety project.
5. Garden Clubs -- Give programs as requested. Ask assistance in promoting Federation Program of Work. Invite to Garden Institute.
6. Red Cross -- Publicize membership campaign in Clubs.
7. T. B. Association -- Assist secretary with educational material. Assist with publicity for seal sale and X-Ray Clinics.
8. Try to enroll young women in special interest groups.

VII. Plans for Developing Good Public Relations with:

A. Co-workers

1. Hold frequent conferences.
2. Co-operate in joint activities involving other counties as well as in local affairs.

B. General Public

1. Use radio and county paper to inform public about program.
2. Give courteous, friendly, prompt attention to requests for help.

B. Home Demonstration Club Leadership	<u>No. in 1958</u>	<u>Goal 1959</u>
Number organizational leaders	25	30
Number project leaders (subject matter)	35	40
No. Federation program of work chairmen	11	11
Number program development leaders	11	11
Number result demonstrators	0	5
Number meetings at which leaders were trained by specialists	2	3
Number meetings at which leaders were trained by district agents	2	2
Number meetings at which leaders were trained by agent	8	6
Attendance at training meetings	78	150
No. club meetings held by leaders without agent present	29	40
No. club meetings in which leaders assisted	30	50
Total number demonstrations given by leaders	29	50
No. talks or discussions by leaders	45	50
C. Over-all Youth Leaders (Organization leaders for county youth council)	<u>No. in 1958</u>	<u>Goal 1959</u>
	0	15
D. 4-H Club	<u>No. in 1958</u>	<u>Goal 1959</u>
Number 4-H Club officers	40	45
Number adult project leaders	10	15
Number junior project leaders	2	5
No. meetings at which leaders were trained by specialist	--	--
No. meetings at which leaders were trained by district agent	--	--
No. meetings at which leaders were trained by agent	4	5
Attendance at leader training meetings	19	50
No. 4-H leaders trained individually	10	5
No. club meetings held by leaders without agent present	25	30

Plans for Using Leaders to Carry out 1959 Program;

Sponsors: Ask 1 teacher in each school to serve as contact person for 4-H work, and to act in an advisory capacity.

Project Leaders: These will be responsible for definite project work with neighborhood groups. Keep in close touch with these leaders through visits, conferences, correspondences

- with exhibits. Have assembly program in High School during March. : Accomplishments
- : :
- 4. Have 20 girls attend Holladay Lake Camp. : :
- 5. Have 3 girls attend Short Course. : :
- 6. Send in All Star recommendation. : :
- 7. Have representatives in district contests. : :
- 8. Put on County Fair in cooperation with other organizations. : :
- 9. Have county 4-H picnic. : :
- D. Young Men and Young Women's Work : :
- 1. Continue work with Gordonsville, Orange and Barboursville Homemakers Clubs. These have a majority of members in this age group. : :
- 2. Work with individuals in this age group. : :
- 3. Try to interest young Homemakers in special interest activities--financial planning and Home Safety. : :

V. Scope of Work

A. Organization	<u>No. in 1958</u>	<u>Goal in 1959</u>
Number of home demonstration clubs	11	11
Membership	257	280
Number of 4-H Clubs	8	9
Membership	243	270
Number of home economics committees	1	2
Number of youth committees	0	1
Number of farm and home development families	7	12

VI. Plan for Leadership

A. Over-all Program Leaders (Organization leaders for county Extension Service Board)	<u>No. in 1958</u>	<u>Goal in 1959</u>
	12	15

Demonstrations:

- Preparation for cleaning :
- Bed Making :
- Dustless Dust Cloth-Making and using (two-handed dusting) :
- Making broom cover :
- An orderly dresser drawer. :

4. Money Management :

15 members in Senior High School Club :

Demonstrations:

- What is money? :
- Keeping personal account record :
- What do you want money to do for you? :
- Making a spending plan :
- How did your spending plan work? :

5. Electric Project :

Offer to girls in Grymes School when club is organized in January. Work will be conducted by boys' agents and Electric Power Company representatives. Girls who do not take this will do a sewing project. :

6. Safety :

6 girls in Senior High School Club. Will work out project with them as individuals. All will do safety home check. :

7. Meal Planning and Preparation :

Summer groups offered this. Each group will work out its own demonstrations. :

8. Food Preservation :

Offered summer groups :

C. 4-H Activities :

1. Have Achievement program. :
2. Have talent program. :
3. Observe National 4-H Club Week in Clubs, with radio program, in news articles :

IV. County Extension Program - Youth

Accomplishments

A. Organization

1. County Youth Council

Endeavor to organize a Council.

2. County Youth Committees

Endeavor to organize a committee to work with 4-H girls.

3. County 4-H Council

Have 3 meetings: January, April, October: to plan all county-wide activities.

4. Project Planning Committee

Have committee of older 4-H members and leaders select a few projects for the girls of the county. Clubs and individuals will choose their own from these suggested by the committee.

B. Project Work

1. Looking Your Best

School Clubs - Gordonsville 6 & 7, Unionville 5 and 7

Demonstrations:

Rate Yourself  
Your Hands Tell  
Your Hair Can Have Eye Appeal  
Posture  
Store your Clothes Seasonally  
Use of Cosmetics

2. Make and Remake Clothing

Adapted to needs of each small summer group.

3. House-keeping

Gordonsville 6 & 7, Unionville 6, Orange 5, 6 & 7, Orange 8, Barboursville

June - Flower Arrangements and :  
Collecting Material for Dried Arrangements :  
Sept. - Dried Arrangements :  
Nov. - Christmas Decorations :

Ask local garden club members to train leaders, :  
and, in some instances, give demonstrations themselves. :

Plan Tour to National Flower Show in spring. :

Have flower show for Homemakers as part of :  
Rally Day program in fall. :

Ask Fair Committee to have some special classes :  
for non-members of Garden Clubs at 1959 Fair. :

D. Other Activities :

1. Organize 1 new club. :
2. Observe National Home Demonstration Week with :  
exhibits, news article, radio program :
3. Participate in work of District X as requested. :
4. Assist with Orange County Fair in September. :
5. Aid in judging and getting others to judge in :  
events in adjoining counties as requested. :
6. Publicize home demonstration work through news :  
stories and radio broadcasts. :

II. Farm and Home Development :

Continue work with 7 families assisted this year. :

Work with 5 additional families. Use all committees :  
(Home Economics Council, Home Economics Committees and :  
County Home Demonstration Committee) to help promote :  
this phase of program. :

Assist families in developing both objectives and :  
goals. :

Try to get members of families to enroll in Extension :  
organizations. :

Make as frequent visits to homes as time permits. :

At time of making annual report, ask families to report :  
on progress. :

county-wide publicity on some phase of safety for  
1 month. Accomplishments :

Topics selected by clubs are: :

- Dec. - Safety during the Holidays - :
- Jan. - Protection against Winter Hazards -  
Montpellier :
- Feb. - Kitchen Safety - Gordonsville (Night) :
- March - Protection against Poisons - Mine Run? :
- April - Prevention of Falls - St. Just :
- May - Clean-up Campaign :
- June - Vacation in Safety - Orange? :
- July - Safety for Pre-School Children -  
Barboursville :
- Aug. - Safety on the Highway - Gordonsville  
(Day) :
- Sept. - Gun Safety - Somerset :
- Oct. - Fire Prevention - Lahore :
- Nov. - Safety for Senior Citizens - Moore's  
Hill :

The County Safety Chairman and agent will  
conduct a training meeting for club chairmen, using  
material from the Warrenton district meeting last  
fall. A member of the local volunteer fire  
company will also assist. :

Agent will help club chairmen arrange for use  
of local paper and radio station for publicity. :

Help club chairmen to arrange to give safety  
programs in other local organizations. :

Clubs will be asked to help local fire  
companies (Orange, Barboursville, Gordonsville)  
distribute fire hazard check sheets in fall. :

Have State Health Department drivers'  
vision test in operation at County Fair. :

C. Federation Program of Work: Rural Arts, with special  
attention to flower arrangement. :

Objectives: Help women learn to use flowers and dried;  
materials to add beauty to their homes. :

Procedure: :

Have 3 club demonstrations: :

b. Clothing

Objectives:	Accomplishments
Help families take better care of clothing by learning good storage methods and modern methods of mending and repair.	:
Help women learn to make pattern adjustments.	:
Procedure:	:
Have 2 club demonstrations	:
Feb. - Mending and repairing the modern way	:
March - Seasonal storage of clothing	:
Specialist will train leaders for March demonstration, agent for February demonstration.	:
Specialist will conduct meeting on pattern adjustment.	:

c. Safety

Objectives:	Accomplishments
To educate families for safety on the farm, in the home, on the highway in order to cut down the appalling number of accidents causing death and distress to so many people	:
Procedure:	:
Each club will appoint a safety chairman who will be responsible for safety activities in her club.	:
A county safety chairman will be appointed; she will be a member of the County Home Demonstration Committee and will work with club chairmen.	:
The safety chairman will conduct a safety program in each club during January.	:
The safety chairmen in each club and her committee will assume responsibility for	:

B. Home Demonstration Club Program	Accomplishments
Home Demonstration Committee will do over-all planning for Homemakers Club programs. Certain members will also be asked to serve on other Extension organization committees.	:
1. Subject Matter:	:
a. Foods	:
Objectives:	:
Make entertaining easier and more attractive.	:
Bring members up-to-date on methods of making jams and jellies.	:
Improve menu planning.	:
Procedure:	:
Have 4 demonstrations in clubs	:
December - Party Foods and Games	:
April - Menu Planning	:
June - Jams and Jellies - New Methods	:
October - Candy Making	:
With written help from specialist agent will train leaders for December.	:
Specialist will train leaders for April and June.	:
Agent will train leaders and give some of October demonstrations.	:
Agent will use radio and column in "Orange Review" for specific information, such as food facts and recipes.	:
Give help with individual requests about food problems.	:
Give some time to specific help to colored families.	:
Publish up-to-date information on nutrition in news column.	:

- b. Enlarge work of Safety chairmen of all Home-makers Clubs to coordinate with safety efforts of other county organizations. Make this a general committee on health, in accordance with Council Plans.

4. County Home Economics Committees

a. Improvement of Home Grounds

Set up committee in accordance with Council Objective: help in landscaping grounds of new homes throughout county, and improving grounds of others. Try to have at least 1 representative of each garden club on committee.

Arrange county-wide institute in March.

Procedure:

Organize committee, ask committee to make up list of people having new homes in each community and make personal contacts to tell homeowners about institute. Also ask other organizations to publicize it.

Mr. Beecher and Mr. Scott will conduct institute.

Try to set up a result demonstration in each section of county.

b. Financial Planning

Committee

Arrange group studies for family financial planning, especially for young families. Enlist assistance from local banks and state home management specialists.

Procedure:

Have county-wide meeting on planning. Follow by making individual contacts where requested.

Try to set up at least 5 result demonstrations.

The county has a well-balanced agriculture, with the main sources of income derived from dairying, beef cattle and poultry. This was a good crop year, with abundant rainfall. Gardens and orchards bore exceptionally well.

Orange, the county seat of approximately 3,000 population, and Gordonsville, with 1118, are the main trading centers. The county is situated within easy travelling distance of Richmond and Washington, Charlottesville and Fredericksburg, with all their advantages of urban life. Two railroads, and several bus lines, traverse the county. Over 75 miles of paved highways in the county help solve transportation problems.

School population follows the general population trend. In 1950, there were 1,395 white children in elementary schools; by 1957 this number has increased only 22 to 1,417. In 1950, the secondary school population was 450. Six years later this has grown to 615. Of the white school girls of 4-H Club age, 265 or 33%, are 4-H Club members.

The rural women with whom the agent works are definitely interested in improving their homes, their churches, their schools. Definite objectives for 1959 are improvement of home grounds, better financial management, greater safety in the home, on the farm and on the highway.

## II. COUNTY EXTENSION PROGRAM - ADULT

### A. Over-all Program

	Accomplishments
1. County Agricultural Extension Service Board	:
	:
Complete organization of Home Economics Council and begin organization of County Youth Council as steps toward organization of such a Board.	:
	:
2. Home Economics Council	:
	:
Develop plans as set up at Council meeting in fall of 1958. Hold 2 meetings, 1 in spring, 1 in fall.	:
	:
Ask members to serve as chairmen and co-chairmen of Home Economics committees growing out of 1958 objectives.	:
	:
3. General Interest Committees	:
	:
a. Enroll all women who raise poultry in the County Poultry Committees.	:

1959 PLAN OF WORK

(Miss) Elephare Hood  
Home Demonstration Agent

Orange  
County

I. COUNTY SITUATION

Orange is a rather small county, with a total area of 355 square miles and a population of 12,755, a figure which has varied little during the past two decades. However, while the total number of residents varies little, there is actually a very large turnover, with many people from the northern states coming and going in industrial work and in dream-farming. Of the number above, about two-thirds are white, the remainder negro.

Orange county follows the national trend toward fewer farms. From 1119 in 1950, the number dropped to 848 in the 1954 census. Of these 740 are white, 108 negro. Along with the decrease in farms has come growth in industrial development and the use of more land by rural non-farm families.

Each year more women are employed outside their homes. By far the largest employer of women is the American Silk Mill, in the town of Orange. Smaller numbers work in other industries, and in stores and offices in Orange and Gordonsville.

Here, as elsewhere, the employment of large numbers of women away from home has brought definite changes in family and social life. Many homemakers, particularly those in the lower age brackets, buy practically all food and clothing ready for use. There is little interest in any methods of homemaking which are not mechanized and quick in producing results. Also many women in both town and rural areas spend a large part of their time as family chauffeurs, transporting children as well as adults to numerous activities carried on outside the home. Older women who do not work away from home often care for the children of younger members of the family who are employed.

During the early part of 1958 the county felt the effects of recession, but recovered well in the fall months.

There are many organizations of all types - over 50 - so many, in fact, that few of them are very large in numbers or influence. After the churches the rural organizations which are strongest are the 4 Granges, the Farm Bureau and the 2 Ruritan Clubs.

PLAN OF WORK  
ORANGE COUNTY

1959

(MISS) ELEPHARE HOOD  
COUNTY HOME DEMONSTRATION AGENT