

VIRGINIA

SHERANDOAH COUNTY      Annual Report      HOME DEM. AGENT      1936

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**REPORT FILES**  
OFFICE COOPERATIVE  
EXTENSION WORK

ANNUAL NARRATIVE REPORT  
HOME DEMONSTRATION WORK  
SHENANDOAH COUNTY

HOME DEM AGENT ANNUAL REPORT

1936

Sarah E. Thomas

Home Demonstration Agent

Dec. 1, 1935 ----- June 30, 1936

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III PERSONAL REPORT SUMMARY

Days in field.....	117
Days in office.....	46
Days annual leave.....	15
Days sick leave.....	8
Legal holidays taken.....	4
Number home visits made (adult).....	169
Office calls.....	220
Telephone Calls.....	322
Number news articles or stories prepared for press.....	162
Number individual letters written.....	554
Number different circular letters prepared..	44
Number meetings attended.....	170
Number miles traveled.....	5839

#### IV. STATUS OF COUNTY EXTENSION ORGANIZATION

##### 1. Financial Support

The County Board of Supervisors made up of six members, one from each magisterial district, appropriate \$75.00 a month for the Home Demonstration Agents salary, and furnish a phone.

Each month a progress report of the Home Demonstration work is given to the Board. The following report was given to the Board of Supervisors in April-

The Home Demonstration Agent during the month of April made 20 home visits, had 36 office calls, 51 telephone calls, held 30 meetings, prepared 4 different circular letters and 54 individual letters.

Sixteen Shenandoah Home Demonstration Club Women attended the Northern Virginia District Federation of Home Demonstration Club Meeting held at Madison. Each of the women came back to her club with a broader conception of Home demonstration work and with a deeper interest in this work.

This month the agent gave demonstrations to women in two communities where clubs have not been organized. These women asked for a demonstration in May.

Every member in the St. Luke H.D. Club reported at the April meeting that they had rearranged equipment in their kitchens to save time and labor; since the March meeting when a demonstration was given on Step Saving Kitchens. The members in this club are showing a real interest in and are enthusiastic over improving their kitchens. Working equipment and working surfaces have been adjusted to the correct height and women reported that they now set to do their ironing.

The 4 H club girls are finishing up their first garment this month and will start on their dresses early in May. The workmanship on the first garments are

are very good considering it is the first garment most of the girls have ever made.

Plans are being made for a county wide 4 H Club contest Rally day in June, a contest will be held to select the County health boy and girl. Prior to meeting each Club will select their healthiest boy and girl. A correct dress contest for girls and boys will be held, and a musical contest. The girls will wear the dresses they have made in Club work. All county winners will enter the State Contest.

#### 2. Advisory Board

The County Advisory Board is composed of presidents and secretaries of the 13 organized Home Demonstration Clubs. The purpose of this board was to unify the County Home Demonstration Club program plan county-wide activities, advise with the agent on best policies and programs for the county and sponsor the 4 H program.

The Advisory Board held a meeting in February to plan the county-wide program and activities. The Board made out the following suggested list of goals for each club to try to carry out. All the clubs adopted the suggested goals in full or in part.

Hold 12 Meetings during the year.

Hold one social meeting.

Club make a tour to club members kitchens in contest and to nearest demonstration yard.

Club hold two meetings in the agents absence.

Club have two active leaders.

Club leaders collect all reports.

Take part in County Achievement Day Program.

Club have 5 or more members enter kitchen improvement contest.

Club have two of more members keeping home accounts for one year.

Club have 5 or more members entering canning contest.

Club have a worth while community project.

Club affiliate with State Federation of Home Demonstration Clubs and send a delegate to annual meeting.

Make 50% increase in club attendance.

Club have following committees membership

Finance  
Community project  
Kitchen Contest  
Other contests.

b. 4-H Council

The 4-H council is composed of Club officers and leaders of the seven clubs. The purpose of this organization was to unify the County 4-H program, plan county wide activities, and serve as means of training club members for leadership.

(The 4-H Council in cooperation with the Home Economics girls and F.F.A. boys published a monthly publication the "YouthEcho.")

Following is a copy of the plan of work that was made out at the beginning of the club year.

### 3. General Policies

The H D Agent worked with the Shenandoah Agriculture and Home economics instructors working with the rural boys and girls.

### V. PROGRAM OF WORK

#### 1. Map of county

#### 2. Scope of work

##### a. enrollment for July 1935 to July 1936

Year	WOMEN		GIRLS	
	No. Clubs	No. Members	No Clubs	No. Members
1935	11	255	6	63
1936	13	344	8	88

#### 3. Women's work

##### A. Major Project

Each Home Demonstration Club discussed the Major projects at their club meeting in October or November, and sent their representative to the County Advisory Board meeting in November instructed how to vote. Home Management was select as the major project for the first six months. The Home management program was conducted for four months in 13 clubs, after the Board of Supervisors did not include an appropriation for Home Demonstration work in the county budget after June 30. There were 334 women enrolled in the home management project and 60 Home Management demonstrations were given. The women who attended these demonstrations reported 126 rearranged for convenience, 159 families obtained labor-saving equipment, 35 adopted better laundering methods, 24 used recommendations for care of the house, 250 pieces of home made labor savers were made, 68 women kept accounts, 61 followed recommendations in buying for the home, 45 families were assisted in making adjustments in home making to gain a more satisfactory standard

4-H CLUB COUNCIL PLAN OF WORK

GOALS	MONTHS											
	D	J	F	M	A	M	J	J	A	S	O	N
Hold an Egg, Poultry and grain Judging Contest		●									○	
Hold a County Rally & Picnic, Saturday June 20th							●					
Have achievement banquet and Candle Lighting Ceremony												○
Have a club Leader Training & Acquaintance Meeting	●											
Each Club conduct a Community tour to review member's projects										○		
Send two members from each club to State Short Course									○			
Each Club put on Health Program during year							●					
Have Club Committee check member's project records twice a year						●						
Hold initiation for new members	●											
Each club follow definite program of work	●											
Each club turn in 100% of project by Nov. 1st.												○
Hold county camp & strive for permanent Junior Camp in County										○		
Each member- carry project, meeting requirements of committee							●					
Complete enrollment of all new members by Feb. 1st.	●											
Provide for Recreational Leadership Training Course												
Organize three new Clubs in County, Carrying boys & girls work	○	●	●									
Increase the Membership in County to 200	○	●										
Project work Committee prepare course of instructions for clubs		●										
P.W.A. outline, standard & Minimum requirement for each project		●										
County Program Material Committee furnish club adequate material		●										

○ - Denotes when it is to be done    ● - Partly accomplished    ● - 100% completion

• H. C. Clubs

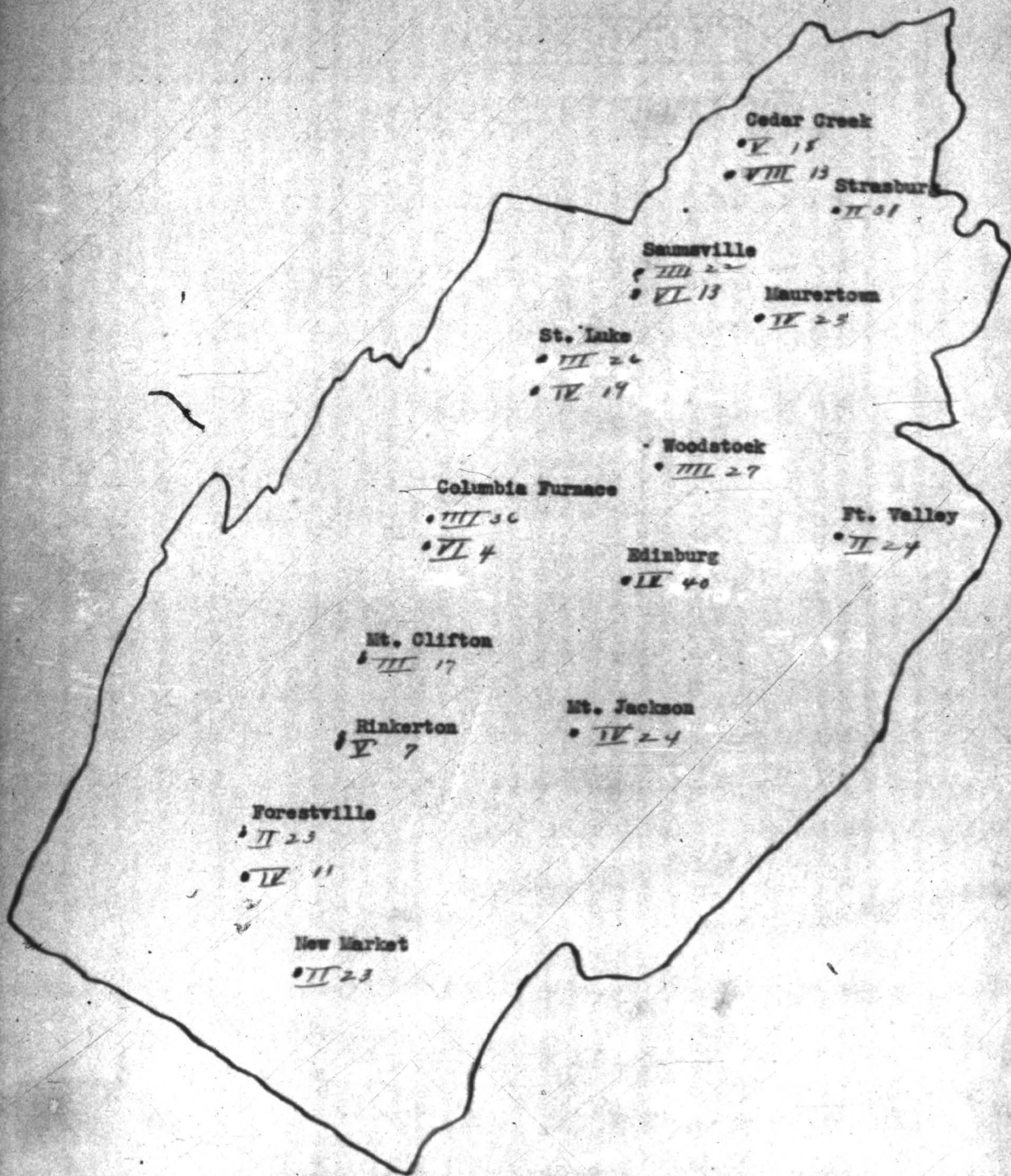
• 4-H Clubs

Red Roman Numerals Numbers H.D. Meetings

Green Roman Numerals Numbers 4-H Meetings

Red Arabic Numerals Numbers H. D. Membership

Green Arabic Numerals 4-H Membership



of living, 34 improved the kitchen color scheme, 129 walls, woodwork and floors were treated, 114 pairs of curtains were made, 27 adjusted working heights, 22 working heights were adjusted, 82 pieces of kitchen equipment were secured according to recommendations, 18 kitchen stools were secured, 14 adjusted height of laundry equipment, 9 sinks were installed and 17 tea wagons were secured.

#### B. Minor projects

✕ Due to the club program being discontinued on June 30th the women selected minor projects for May and June.

1. House furnishing: this house furnishing program was carried on in 8 different communities with 216 different women attending the 20 demonstrations. The women reported 89 chairs reupholstered, 9 pieces of furniture slips covered.

2. Clothing: Two clubs were given demonstrations on clothing, these women reported 124 garments remodeled at an estimated saving of \$160.00.

3. Foods: Demonstrations on foods were conducted in 13 communities with 223 women taking part. Seventy women reported that they improved the home packed lunches, 30 used recommendations for making cake and cake icing, 52 used better methods of making yeast breads, 518 pounds of American Cheese was made and used by these farm women.

4. Home Beautification of grounds: Demonstrations and individual help was given to 125 women in 13 different communities. The State Landscape specialist helped give demonstration in four communities and helped four women plan their yards for a demonstration to the community. The Home agent assisted in planning two other yard demonstrations. The six demonstrations are under going many changes and sharing many improvements. Sixty-four other women have followed suggestions for planting shrubbery and trees.

#### C. Leader Training:

Each home demonstration club had two leaders who assisted the agent in giving demonstrations, or gave the demonstration in the agents absence, and secured supplies for the demonstrations. Two leader training meetings were held for those leaders by the State specialist. The 26 leaders gave 9 demonstrations in the agents absence and assisted with all demonstrations in the major project.

Mrs. John Santemires of the Edinburg Club did the most outstanding piece of leadership work, not only at club meetings but in helping women who could not attend demonstrations.

**B. Out of County Meetings:**

Sixteen women attended the Northern Virginia Federation of Home Demonstration Club meetings at Madison in April. These women came home with a broader knowledge of the Home Demonstration program.

Thirty women attended the conference of the County Women in Washington in June.

**4. Girls' Work**

**a. Major Project:**

Four-H clothing clubs were organized in eight communities with 88 girls enrolled. Each girl made a slip or pajamas and a dress, that were valued at \$176.80. These girls not only learned to make garments but they were instructed in the selection of patterns, material and the care of their clothing.

**b. Leader Training:**

There were 9 4-H leaders who helped with the girls project work. Two training meetings were held for the leaders, one by the state specialist and one by the home agent. The leaders assisted the agent with the demonstrations at regular club meetings and gave 14 demonstrations in the agents absence.

The leaders helped the girls with their clothing problems between meetings.

c. County 4-H. picnic and Contest day.

The girls and boys held their first county contest program in connection with the annual picnic. Thirteen club members entered the health contest, 29 entered the correct dress contest and 45 girls wore their club dresses in the dress review contest. Two clubs entered the band contest. The first place winner in each contest will be given the trip to the State Short Course by the 4-H Council. After the picnic lunch two clubs played base ball.

d. Recreation:

Recreation was a definite part of each club meeting. The last hour or half hour of the club meeting was devoted to recreation. Five of the clubs had bands that furnished music for folk dancing and singing. A Y.A. boy made many home made games that were used in the recreation periods. Many of the home made games were copied for home use.

VI. PLANS FOR FUTURE HOME DEMONSTRATION WORK IN THE COUNTY

Three Home demonstrations clubs are planning to continue having regular monthly meetings and carry on some type of home making program for six months to keep up the interest in the work until time to make up the next county budget.

On June 26th the County Advisory Board met to hear a report of the Home Demonstration for the past year and to make plans for carrying over the interest in the H. D. Program until the 1937 County budget is made. Thirty-two women were present at this meeting and all of them pledged their interest and support to help regain the services of a Home Demonstration Agent. A chairman was appointed in each district to keep the District Home Demonstration in touch with the progress that is being made in the county.