

# ANNUAL REPORT

## County Extension Work

1953



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Rockingham

**COUNTY**

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III. COUNTY SITUATION:

Rockingham County lies between the Blue Ridge Mountains on the east and the Alleghanias on the west, in the heart of the Shenandoah Valley. According to the 1950 census there are approximately 3,581 farms, covering 876 square miles. The soil is fertile and productive, and the diversified program of farming, includes poultry, dairying, fruits, small grains and live stock.

Quite often you hear Rockingham called the "Turkey Capitol of the East", ranking second in the United States for the number of turkeys produced, 66.6% of all the turkeys raised in Virginia in 1952. Rockingham is also outstanding for the number of chickens raised.

The people of Rockingham County are thrifty and industrious and do not usually rely on just one source of income. There are several industrial plants in the county to attract a good many of the rural people.

Although the people of Rockingham are generally a conservative group, they are progressive and want to make the best of what they have.

IV. CONTRIBUTIONS OF THE 1953 PROGRAM TO BETTER FAMILY LIVING

A. Leadership:

The leadership displayed by H. D. and 4-H voluntary leaders in Rockingham County in 1953 was an outstanding

contribution to better family living. This is clearly evidenced by the number of leaders assisting with the Extension Program and the number of meetings that they so willingly gave their time to conduct. In 1953 there were 394 leaders assisting with the H. D. Clubs, in 1952 there were 332, and 336 in 1951. In 1953 eighty-one percent of the clubs conducted at least six of their monthly meetings without the agent, which was one of their county club objectives. During 1953 leaders held 230 meetings without the home agent, 177 in 1952 and 144 in 1951.

Thirty-nine adult leaders conducted 92 4-H Club meetings without the agent in 1953. In 1952 forty-five leaders held 119 meetings and in 1951 fifty leaders held 106 meetings.

B. Long Time Goals:

1. Housing:

In 1953 housing was carried as a long-time county goal for the fifth consecutive year. Emphasis was placed on adding water systems, bathrooms, heating systems, and remodeling kitchens.

Through the Extension Program, with the help of Housing Specialist, the latest information has been made available to rural families to help them make their homes more convenient and attractive.

Three hundred, twenty-seven homemakers report im-

provements made in 135 rooms, fifty-three kitchens re-  
arranged, ten sewage systems installed, twelve water sys-  
tems installed, eight heating systems installed and eighteen  
laundry and utility rooms built or arrangement improved.

C. FEDERATION GOALS:

1. Art in Daily Living:

Ten minutes of each monthly meeting was devoted to  
Art in Daily Living, to develop an appreciation of tra-  
ditions and heritages within our community and nation and  
to develop an appreciation for the finer things of life.

2. Library:

1953 was the second year that Library was chosen for  
a Federation Goal. Reading of good books was encouraged  
and forty-five reading certificates awarded at the Annual  
Achievement Program.

Support of the Rockingham County Public Library was  
an outstanding part of their library program. Book reviews  
were enjoyed and many clubs exchanged books and magazines  
at club meetings.

D. FOODS AND NUTRITION:

1. Adult Foods and Nutrition Program:

Three of the monthly demonstrations were devoted  
to foods in 1953. The Extension Program helped the rural  
homemakers plan attractive and nutritious meals with a  
minimum expenditure of time, energy and fuel by using  
oven meals and more salads.

2. 4-H Foods Program:

In 1953 ninety-five girls enrolled in the food preparation project, twenty in bread-making and twenty-two in food preservation. Instruction in these projects helped the girls assist their mothers and share the responsibility of having better planned, better prepared, and attractively served meals.

Dorothy Sue Kiracofe was State winner in the Poultry Consumption Contest. She showed ways to serve creamed chicken in her demonstration on "Coronation Chicken", and "Crispy Onion Popovers".

E. CLOTHING:

1. Adult Clothing Program:

In 1953 two monthly demonstrations were focused on clothing for the family. "New Fabrics, Their Use and Care" and "Suitable Trims for Cotton Dresses", furnished the rural homemakers information on the clothing situation from those angles.

2. 4-H Clothing Program:

The "Make or Remake", "So You'd Like to Sew", and "Looking Your Best" projects were most popular with the girls. 220 girls enrolled in these projects, making 294 garments, remodeling 72 garments and making 168 articles.

F. OTHER ACTIVITIES:

1. Rockingham County Fair:

The home demonstration and 4-H Clubs members displayed much interest and enthusiasm in the Rockingham County Fair for the fifth consecutive year. Both organizations promoted interest in the home-making department and had food booths.

V. ADULT WORK:

A. Project Work:

1. Foods and Nutrition:

During 1953 three monthly meetings were devoted to foods and nutrition. The objective was to help the rural people plan attractive and nutritious meals, with a minimum expenditure of time, energy and fuel. Many rural homemakers had new electric or gas ranges and did not understand how to use the ovens efficiently. After hearing the results of a recent nutrition study that showed the majority of our diets are low in Vitamin C, the ladies of Rockingham County wanted to know how to plan for more foods in their meals to meet that deficiency.

The Extension Food and Nutrition Specialist conducted leader training meetings on "Oven Meals" and "Salads to Pep up Tired Meals", with an attendance of thirty-three leaders. These leaders, in turn, gave fifty demonstrations with an attendance of six hundred, two. Many home-

makers are now using their ovens to cook a whole meal, thus economizing their time, energy and fuel. Since the demonstration on salads the homemakers report that they are more salad conscious, and after knowing the importance of fresh vegetables and fruits in the diet they made an effort to include them in their meals.

The Assistant Extension Food and Nutrition Specialist conducted a training meeting on "Basic Pie Filling Mix", for forty-one leaders. These leaders gave twenty-four demonstrations with an attendance of 385. The rural people of Rockingham eat heavy desserts. Fancy pie is always a favorite with the hard working men and the homemakers said the filling mix was a wonderful time saver to them during the summer months when they had many extra farm helpers to feed. A general comment was that the filling was a bit too sweet and their families liked the pies better when they decreased the amount of sugar used in the recipe.

2. Clothing:

For the first time in several years clothing was included in the monthly demonstration program for home demonstration club members. The home agent feels that the tailoring classes conducted as a special interest activity in 1952 were largely responsible for stimulating enough interest to have two monthly meetings given to clothing

in 1953. The rural homemakers wanted to have a better knowledge of the different clothing fabrics on the market, their use and care. They also wanted to know how to select suitable trims for cotton dresses that they made and also what to choose in ready-made that was in good taste.

The home agent attended an Agent's Training Meeting on "What's New in Fabrics", conducted by the Extension Clothing Specialist. The agents visited local stores to study their merchandise and an interesting and helpful discussion period was held afterward with buyers from the stores participating.

The home agent conducted a training meeting for local clothing leaders of the home demonstration clubs on "New Fabrics, Their Care and Use", and "Suitable Trims for Cotton Dresses." This meeting was attended by forty-seven leaders. The leaders conducted forty-two meetings with an attendance of 590.

An incomplete check shows that finishes were improved on 1,015 cotton dresses. The homemakers were amazed at some of the facts they learned about new fabrics on the market and even more amazed to learn how little they knew about the merchandise they had been buying. After the demonstration on New Fabrics time and time again, the home agent would hear some-

one admit she certainly hadn't been doing a very good job of buying for her family. The homemakers were made much more conscious of what to look for, what questions to ask and what service to expect from a garment. The home agent highly recommends this demonstration for those groups that have not had it.

The special interest meetings on "Making a Cotton Dress" and "Personal Grooming" were not held as planned in 1953. The county was without an associate home agent for several months and the home agent was unable to work these meetings in to the heavy schedule. Much interest has been shown for both groups and plans are under way for these to be held early in 1954.

Six special interest groups were conducted by the home agent in tailoring in 1952. In 1953 the Achievement Sheets from the clubs show that seventy-five garments were tailored.

3. Housing:

Since 1948 housing has been a major phase of the adult Extension Program in Rockingham County. During this time the county home agents and specialists have endeavored to bring the rural people the latest trends and information on housing to enable them to plan wisely for adding attractive conveniences to their homes in an economical manner.

In 1948 housing was the County Federation Goal and county meetings were held with special attention being given to kitchen planning . Since 1948 housing has been the County Long-Time Goal with emphasis being placed on kitchens, bath-rooms, water and heating systems.

The program development chairman and housing leaders in each club contacted members, listing the particular phase in which they were most interested. From this list of requests the home agent arranged a county-wide meeting on "Paints for all Surfaces" and "New Materials Available for Remodeling", conducted by the Extension Rural Housing Specialist, and Extension Engineer. This meeting was attended by fifty-two people.

For the first time in several years a monthly demonstration was devoted to housing on the topic of "Household Mechanics". The Extension Rural Housing Engineer conducted a training meeting on this with fifteen leaders present. These leaders conducted nineteen meetings with an attendance of three hundred, nine. The women were a bit dubious of that demonstration, mostly because of it's title, but found it very helpful and interesting.

There are sixteen result demonstrations in the county. Eight meetings were held at result demonstrations with an attendance of one hundred eighty-two.

In 1953 three hundred twenty-seven homemakers report improvement made in 135 rooms, fifty-three kitchens rearranged, the installation of ten sewage systems, twelve water systems, eight heating systems and eighteen Laundry and utility rooms built or arrangements improved.

4. Home Grounds:

One monthly demonstration was given to home grounds beautification in 1953, striving to make the surroundings of the homes in Rockingham County more attractive. A representative from the Waynesboro Nursery conducted a training meeting on "Flowers to Beautify the Grounds and Home", for twenty-nine club leaders. The ladies were pleased with her style of conducting a meeting and also with the practical information she gave. Twenty-four meetings were conducted by leaders with an attendance of three hundred three.

Rockingham County could use more help on home grounds from the Extension Horticulturist. There have been quite a few requests for help on landscaping that the home agent doesn't feel adequately qualified to handle. The monthly meetings gave general help but did not satisfy those that have landscape problems.

5. House Furnishings:

Only one month was devoted to the house furnishings topic in 1953. The Extension House Furnishings Specialist conducted a leader training meeting on "Winter Bouquets". The objective of the demonstration was to help homemakers have distinction in their

arrangements and make their homes more attractive and livable during the winter months when they do not have fresh flowers.

Twenty-one leaders attended the training meeting and in turn, conducted twenty-eight demonstrations, with an attendance of 408.

One of the clubs in the mountain has made money for their club treasury by selling winter bouquets.

One of the local Dutch Boy Paint dealers sponsored a meeting on home decorating in February. A special invitation was issued to home demonstration club members throughout the county. This meeting was well attended and afterward many ladies commented that they had a better understanding of the use of color in the home.

Rural Arts:

The Rockingham County homemakers look forward to learning to use their hands to make pretty things for their homes and for gifts.

Basketry was the craft that many groups learned for the first time in 1953. The home agent attended an Agents' Training Meeting, conducted by the Extension Rural Arts Specialist. The agents then trained leaders who conducted twenty-one meetings with their groups. Over 200 baskets and trays were made.

Some work is still being done on textile painting, metal trays and glass etching that was taught in previous years. As new members come into the club the older members teach them the handicrafts they have had.

This part of the Extension program affords a great deal of

personal satisfaction to the rural women. Many have never had an opportunity to work with crafts and they are delighted that they can learn to use their hands. Besides the joy they get from it, some have sold enough articles to supplement the family income.

B. OTHER ACTIVITIES:

1. Federation Activities:

a. Federation Goals:

One monthly club meeting was used for a program on Federation Goal activities.

(1) Art in Daily Living:

For three years the home demonstration clubs have had this as one of their Federation Goals.

The points to be stressed were set up by the Federation Goal Committee at the Planning Meeting as follows:

- (a) Use of group singing or special music at each meeting.
- (b) Develop an appreciation of traditions and heritages within our communities and nation.
- (c) Develop real appreciation for the finer things of life.

This same committee made suggestions for topics to be used for the ten minutes at each monthly meeting. These suggestions

\* were printed in the Home Demonstration Club Year Book for 1953. Each club federation goal chairman developed these suggestions as she felt best, or used another topic of her own club's choice. A variety of interesting things were enjoyed by the ladies. Several clubs chartered a bus and members visited historical spots such as Natural Bridge, Monticello, and the Russell Foundation at Swananoa. Another club visited a Celanese Plant in the county.

(2) Library:

The objectives of this goal were:

- (a) Support Rockingham County Library Program.
- (b) Build a good home library.
- (c) Have book reviews by club women.
- (d) Have exchange of books and magazines at club meetings.
- (e) Read at least five books on approved list.
  - \* Reading certificates awarded at Achievement Program.

Book reviews were enjoyed, some given by club members and many clubs invited the librarian from one of the local colleges to review a special book for them. "The Silver Chalice" was one of their favorites.

\* The ladies tried to better acquaint themselves with the Rockingham Public Library. Miss Florence Yoder,

Librarian, has been most co-operative in working with the Home Demonstration Library Chairmen. She visited all clubs during the operation of the Public Library and stressed the point that it was theirs, so please use it. Many were amazed to learn the many services that the library has to offer. There is a special shelf in the Bookmobile for Home Demonstration books and a special display at the library. Not every county is so fortunate. There's a nice Board of Directors' Room that can be used for public meetings. Many clubs have met there and then toured the library.

Forty-five reading certificates were awarded Achievement Day and over 553 books read, other than those receiving certificates.

The Pleasant Hill Club gave twenty metal folding chairs to be used in the Directors' Room.

## Mt. Sinai H-D Club Meets at Library



Upper photo (l to r)—Mrs. Becky Spitzer, Mrs. Ernest Blankenship, Mrs. C. A. Smith, Mrs. Juanita Propst, Mrs. John Earman, Mrs. J. E. Voorhees, (President) Mrs. Charles Strohle, Mrs. James Eaton, Miss Dorcas Toblin.

Side photo—Mrs. Owen Wisman, Mrs. Lester Myers, Miss Betty Good, Mrs. Hugh Toblin, Mrs. J. E. Bryant; standing, Miss Phyllis Hockman, Assistant Home Agent.

The Mt. Sinai Home Demonstration Club is one of the home demonstration clubs which have toured the library during recent months.

For two years the Rockingham County Home Demonstration Clubs have had as one of the Federation Goals "Library." Besides helping to promote the Rockingham Public Library building program they have tried to encourage rural women to read good books and build a good home library.

The State Federation of Home Demonstration Clubs has a circulating library and any club member reading as many as five books from the collection receives a reading certificate.

Miss Florence Yoder, Librarian at the Rockingham Public Library has co-operated with the home demonstration program by arranging special shelves in the library for home demonstration books. The book-mobile also has a special section for these books. This has been a wonderful convenience for the women.

During June Miss Yoder visited most of the home demonstration clubs and explained the services the library had to offer to the people in the county as well as other interesting facts about the new building.



b. District Federation of Home Demonstration Clubs:

More than 130 Rockingham women attended the District VII Meeting of the Virginia Federation of Home Demonstration Clubs held in Monterey in May.

This meeting, marking the Fiftieth Anniversary of Home Demonstration Work was a highlight of home demonstration activities for 1953.

Mrs. John Fawley, District Vice-President, from Rockingham County collected the "Pennies For Friendship".

Mrs. R. B. Alexander, County Home Demonstration Vice-President, gave the Rockingham County Club report.

c. Attendance at Virginia Federation of Home Demonstration Clubs:

Two County Delegates were sent to the State Federation Meeting at V.P.I. in July, with a total of sixteen women and the agent and assistant agent attending. The delegates gave highlights of the meeting at the Fall County Planning Meeting. One person attending the state meeting served on the working committee at the County Planning Meeting. The agent has encouraged local clubs to send delegates to the State Meeting and many clubs do that. The delegates derive much personal satisfaction and bring ideas back to the club to strengthen their program.

2. Rockingham County Fair:

The Rockingham County Fair was held for the fifth consecutive year. In 1953 it was held on the newly purchased County Fair Grounds, for the first time. In previous years it had been held on a school grounds where the space was very limited. The new property gives more space as well as a better location.

The Homemaking Department was the largest in the fair's history. In 1953 there was a total of 870 exhibits with 691 in the adult department, and 179 in the junior department. In 1952 there were 575 exhibits in the home department.

Early in the year the Extension Food and Nutrition Specialist conducted a meeting on Fair Standards for home demonstration fair leaders. This was most helpful in improving standards, as well as stimulating interest.

Mrs. D. R. Thacker, a home demonstration club member, was chairman of the adult department and Mrs. W. D. Wampler, a 4-H All-Star, home demonstration club member and 4-H leader was in charge of the junior department. Both ladies did a splendid job.

3. County Home Demonstration Club Market:

For seventeen years the Home Demonstration Club Market has provided a means for farm women to sell surplus farm and home products.

The market has a manager and she and the home agent appoint three sellers to serve with the market president

and secretary as the Market Committee. The president and secretary are elected by the sellers. This committee meets with the manager and home agent to revise the price list in the fall, with incidental changes being made through the year to keep in line with other market prices. This committee also handles problems that arise in the market.

Each seller has a physical examination once a year and posts the doctor's certificate on the wall back of her table.

	1953	1952
Total Sales	\$ 13,093.33	# 14,875.26
Number sellers	14	16
No. New Sellers	0	3

Story of Best Market Seller:

Mrs. Amos Christian, of Dale Enterprise, has been selling on the market four years, and two months. Her sales have shown an increase each year and she has built an outstanding reputation for herself on cakes, pies and candies. In 1953 her total sales exceeded all other sellers.

Mrs. Christian first came to the market September 1949. In 1949 her sales were \$89.81, in 1950 sales totaled

\$885.61 , in 1951 total sales were \$1,300.14, in 1952 sales reached \$1696.89 , and in 1953 her sales increased to \$1,864.07.

Mrs. Christian now bakes an average of 29 cakes and 15 fruit pies a week.

Mrs. Christian was not chosen the best seller of the year just because of her high sales. She is a good seller because she knows how to deal with the public, is always immaculately groomed and has a wholesome and considerate attitude toward her fellow sellers.

By selling on the market Mrs. Christian has been able to make many improvements in her home to add convenience and comfort for her family. Only one daughter is at home now and she is able to give her music and dancing lessons.

The Market sellers had a float in the Armistice Day Parade 1953. They tossed cookies and candy, wrapped in cellophane, to the people as they rode along.



4. County Rest Room:

For twenty-three years the Home Demonstration Clubs of Rockingham County have sponsored a County Rest Room. Each club has a Rest Room Chairman and the support of this project is the club's first responsibility for community projects.

The County Rest Room Committee is composed of each club Rest Room Chairman, which takes care of the planning in connection for this project.

The County Rest Room officers are elected by the County Home Demonstration Committee. Rest Room officers serve two years with expiration of terms staggered.

The County Board of Supervisors provides the space for the rest rooms which include not only toilet facilities but also a living room, bedroom, and fully equipped kitchen. Many working girls go there to eat their lunch each day, as well as shoppers.

The City appropriates money to pay a full time hostess. All other maintenance is taken care of by dues of \$10.00 or more, paid in once a year by the home demonstration clubs.

Very few stores in town provide rest room facilities for the shoppers, so this is a convenience to many people.

Signs have been put up at three main entrances to town stating there is a County Rest Room in the Court House, sponsored by the Rockingham Home Demonstration Clubs.

5. Achievement Day:

# Rockingham H-D Members Review 53 Achievements

## Over 200 Attend Annual Event At Broadway High

(Special to Daily News-Record)

BROADWAY, Oct. 9.—Two hundred Rockingham County Home Demonstration Club members, observing their annual "Achievement Day" at the Broadway High School today, saw their accomplishments reviewed in a pageant, the scenes of which depicted all phases of the club work.

After Mrs. Dwight Jordan, of Spring Creek, called the roll, she announced that 26 of the 28 Rockingham H-D Clubs were represented.

"The Pageant of Achievement" was written by Mrs. Jordan, Mrs. Gilbert Miller, of Dale Enterprise, and Mrs. J. L. Swecker, of Clover Hill. Mrs. Jordan was the director.

The six scenes were laid in a Rockingham County home with Mrs. D. R. Thacker taking the part of the mother. She received the various club members, each giving a phase of work carried out during the year. They were announced by Miss Carolyn Driver, the Rockingham home agent, who represented "The Spirit of Homemaking."

The first scene showed Mrs. Thacker busy doing her house work and complaining she was "never done," and did not have time to attend club meetings like other women. A group of four members called on her, bringing prepared dishes of food. They explained how easy it was to prepare them and the time saved could be used in club meetings.

Another group discussed the clothing project. A third group presented her with a winter flower arrangement and tray made at the H-D club meeting.

In the fourth scene several women explained to the busy homemaker the work of the clubs, told her of the County Rest Room, which is a Rockingham H-D project, and described the Home Demonstration market and the 4-H club work projects.

The visitors in another scene told of the clubs at the Rockingham County Fair. The last group presented the spiritual and cultural side of the club work, including the art of daily living, scrap books, art appreciation, library activities, and the development of interest in the historic places of the area.

The many phases of Home Demonstration work was graphically presented and were greatly enjoyed.

The morning session opened with the Rockingham H-D chairman,

(Continued on page 13, col. 4)

Mrs. John Pawley, of Broadway, presiding. The devotions were given by the Rev. Joseph M. Mason, pastor of the Timberville Church of the Brethren. He used as his theme, "work." He reminded that one of the main themes of the Bible is work, emphasizing the work that God has done and was work man has to do.

The Spring Creek ladies quartet sang several selections and one of the members, Mrs. Guy Didawick, led in group singing. Mrs. DeRay Miller was the accompanist. Mrs. Thomas Miller, of the Broadway club, gave the welcoming address with the response by Mrs. R. B. Alexander, of the Timber Ridge club.

Miss Eva Jo Liskey who was an International Farm Youth Exchange Student in Chile, gave an illustrated talk on her six months visit there. She expressed her appreciation to all those who made her trip possible. Miss Liskey was introduced by the assistant home agent, Miss Phyllis Hockman.

Mrs. C. F. Harman, of Bridgewater, the art in daily living chairman, presented reading certificates to those who had qualified by reading various books. The benediction was pronounced by Mrs. John C. Myers, of the Broadway Club.

The bountiful luncheon was served by the hostess clubs, Cootes Store, Tenth Legion and Riverside.

The afternoon was devoted to a tour of the plants of the Rockingham Poultry Marketing Co-operative, and the Shen-Valley Meat Packers. The women from all sections of the county found this tour most educational.

The committee in charge of arrangements for the day were praised for their work. Mrs. H. M. Shaver, of Mt. Crawford, was chairman. Other members were Mrs. E. A. Jordan, Spring Creek; Mrs. Jay Martin, Dale Enterprise; Mrs. Carroll Wampler, Tenth Legion; and Mrs. Nelson Diehl, of Timber Ridge.

A number of artistic and complete scrap books of the Home Demonstration members were on display.

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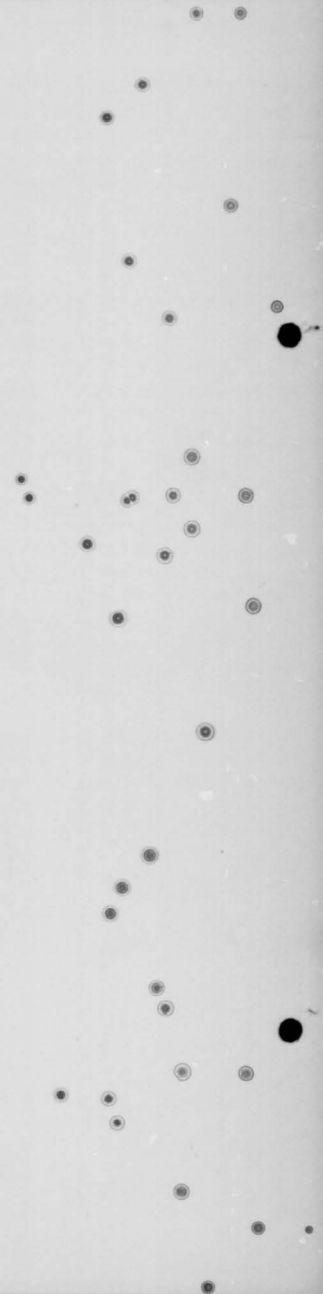
**HARRY E. BR**  
DEAL

**Annual Turkey Oyster**  
Saturday, Oct. 11

**BENEVOLENT**  
Society

Voluntary

READ THE CLASSIFIED



6. Health Activities:

The home demonstration club members are very civic minded and support many different community health activities. However, for the second year the "Mothers' March Against Polio" has been their major health project. In 1953 all clubs sponsored the Mothers' March in their rural community for one hour, using the "turn your porch light on" plan. Over \$4,000.00 was collected in rural areas during that one hour.

The Mt. Crawford Club made an outstanding club contribution of \$100.00 and in addition to that each member brought something to the January club meeting to sell. The members auctioned these things at their meeting and gave that to the Mothers' March. Their total collection from the community went over \$400.00.

### Mt. Crawford H-D Aids March of Dimes



THE MT. CRAWFORD HOME DEMONSTRATION CLUB IN all-day meeting at the home of Mrs. O. W. Jordan. Mrs. H. D. Harman, secretary of the Club is shown presenting Mrs. H. M. Shaver with a \$100. check for the "Mothers' March on Polio".

The proceeds from the items on the table, dolls, canned fruits and vegetables, eggs, fresh meats, and other foods, to be auctioned, will be contributed to this Drive. Other members in the group are Mrs. Robert Garber, Mrs. C. G. Miller, Mrs. Glen Miller, Mrs.

Lindon Monger, Mrs. Bennie Hottel, Mrs. Raymond Moyers, Mrs. C. J. Huffman, Miss Hallie Huffman, Mrs. Florence Morris, Mrs. John Graham, Mrs. Ray Evans, Mrs. Ralph Sayre, Mrs. Fred Shank, Mrs. Oliver Jordan, Mrs. Beulah Shank; children Kaye and Cheryl Garber and John Graham.

Other health activities they helped promote were the Cancer Foundation, Red Cross, Heart, Tuberculosis, and the Chest X-ray program.

The Broadway Club saw need for First Aid facilities at their grade school. They provided the school with a bed, utility cabinet, and First Aid supplies. The 4-H Club helped with the project by making three changes of linen for the bed, using donated feed bags.

7. Religious Education:

The Rockingham County people have always tried to promote good Christian training for their youth. Many of the clubs made liberal donations to the Religious Education Fund in 1953.

8. Education Center at V.P.I.:

The Rockingham County Home Demonstration Clubs voted to help support the building of a "Continuing Education Center" at V.P.I.

VI. 4-H CLUB WORK

A. Project Work:

1. Clothing:

The three clothing projects that girls enrolled in during 1953 taught construction, techniques and principles, how to plan their clothing needs, care of their clothing and person.

Eighty-four girls enrolled in "Looking Your Best", with 57 completing, 86 in "Make or Remake", with 52 completing, and 50 in "So You'd Like to Sew", with 50 completing.

The agents and leaders worked with the girls on these projects. Most of the meetings on the "Make or Remake" project being held after school was out. Two girls tailored suits and leaders worked with them that had had tailoring class conducted by the home agent in 1952. One of these was County Style Dress Revue winner in October 1953.

There was keen competition in the County Contests for both over and under fourteen, in Style Dress Revue and Clothing Achievement. The interest and quality of work has improved immensely in the past three years.

The "So You'd Like to Sew" and "Looking Your Best" projects worked out satisfactorily with in-school groups. The latter project did much to help the girls develop pride in their appearance.

2. Food and Nutrition:

The objective of the food preparation project in the 4-H program is to help the 4-H girls plan, prepare and serve an attractively healthful meal for their families.

The Lucky Clover 4-H Club bought a sewing machine in 1953.

Three girls attended the Singer Sewing Class. Two girls were eligible to attend with the purchase of the machine, and one girl paid her own fee. Yvonne Hinton won a pair of pinking shears in the Singer Dressmaking Contest. Her dress was sent to Washington, D. C. and won a sewing cabinet in that contest.

### Lucky Clover 4-H Club Girls Sew



Seated (l to r) — Judy Reed, treasurer; Ellen Reed, secretary; Yvonne Hinton, president, at the machine; Mildred Riggleman, Peggy Myers.  
Standing — Betty Lou Shoemaker, Penny Mundy, Juanita Riggleman, Nancy Myers, Mrs. George Heatwole, Mrs. D. E. Thacker and Mrs. George Hinton, leaders; Ann Hinton, reporter; Linda Dillard, Mrs. Elmer Wam-

pler, leader; Margaret Riggleman.  
Members of the Sewing Group of the Lucky Clover 4-H Club met at the home of Mrs. Elmer Wampler, Harrisonburg Route 2, yesterday, for their fourth instruction in sewing.  
The club recently purchased a sewing machine for use of club members, and they are receiving instruction in sewing from the machine in their home.

leaders. Their project is making dresses for themselves, and, at this meeting, some were completing their frocks with finishing details. The younger girls of the club are also learning to sew, working on simple items, such as tea towels for their first instruction.  
Members are permitted to use

In 1953 there were 95 girls enrolled in "Meal Planning, Preparation and Service." 75 girls completed their project with 2,100 meals prepared and served.

Twenty girls were enrolled in the bread project. Ten completed their bread project, making bread 404 times.

The majority of project instruction was given at community project meetings, by the adult local leaders. The leaders were given training in this project in 1952.

Dorothy Sue Kiracofe, of the Clover Hill Club was State Poultry Consumption winner in 1953. She received an all expense trip to Syracuse, New York, where she attended the Northeastern Poultry Producers Council. In Syracuse, Dorothy Sue gave her demonstration on "Coronation Chicken", showing ways to serve creamed chicken. She placed in the red award group in Syracuse.

There were five girls participating in the foods contests at the County Contest, October 1953. The food preparation, dairy foods and bread sections had contestants. The bread making and food preparation winners participated in Area Contests in November.

Nice products were exhibited at the County Fair.

3. Room Improvement:

The room improvement project strives to teach the 4-H girls the principles of art used in home furnishings, the care of their room and the improvements they can make in the rooms at a minimum cost.

In 1953 there were 71 girls enrolled in "Your Room" and six in "Your Home" projects. Fifty-seven completed Your Room and six completed Your Home. 276 articles were made with a total of 82 rooms being improved.

The Extension House Furnishings leader conducted a county-wide meeting on room and home improvements. All girls enrolled in these projects were invited to the meeting. Thirty girls and their leaders attended. Those attending received many helpful ideas on how to use what they have to make their homes more liveable.

Beverly Wampler, of the Dayton Club, represented the Northern District at the State Contest in Home Improvement. At the State Contest she gave a demonstration on "How To Make a Parchment Lampshade". She was in the blue award group and one of the State winners in Home Improvement. Her State award was an all-expense trip to the National 4-H Club Congress in Chicago.

4. Laundry:

The laundry projects were offered to the girls to teach efficiency, proper procedure and time saving methods

in doing personal and family laundry, and family ironing. Seventy-nine girls were enrolled in laundry projects with fifty-five completing their work.

5. Food Preservation:

Twenty-two girls enrolled in the food preservation projects to learn proper methods of preserving food, so that a variety of foods could be included in the diet the year round. There was one hundred percent completion in this group of projects.

Yvonne Hinton of the Lucky Clover Club participated in the canning contest and at the State Short Course in June, 1953, Yvonne received a blue award and a silver serving dish.

There were nice canning exhibits at the County Fair by 4-H girls in 1953.

OTHER ACTIVITIES:

1. Contests:

The 4-H contests are always an important part of the 4-H program. Rockingham County had seven girls participating in the Area Contests held November 1952. Phases of work represented were canning, poultry consumption, meal preparation, freezing, home improvement, clothing achievement and style dress revue. Three of these contestants were Area and District winners and participated in the State Contests, at the State 4-H Short Course at V.P.I. in June, 1953.

## Rockingham 4-H Girl Winners



BEVERLY WAMPLER



DOROTHY KIRCOFE

Two Rockingham County 4-H Club girls were named state contest winners in the annual Short Course competition at Blacksburg, it was announced yesterday. They were: Beverly Wampler, Dayton club, home improvements; and Dorothy Kircofe, Clover Hill club, poultry achievement.

Miss Yvonne Hinton, of the Lucky Clover club, was announced earlier as the winner of a silver tray in the canning competition.



YVONNE HINTON

• Twenty-two 4-H girls participated in County Contests held October 1953. The clothing section attracted the most interest and produced the closest contest, although more interest was shown in all sections. Five girls were eligible for Area competition in Style Dress Revue, Clothing Achievement, Food Preparation and Canning. Two of these will go to District - - Yvonne Hinton in Canning and Corrine Wenger in Clothing Achievement.

• •

2. 4-H Achievement Program:

Observance of National 4-H Club Week was climaxed with the Annual Achievement Banquet. Over 200 club members, leaders and parents attended.

The retiring president, Beverly Wampler, conducted a very impressive installation of newly elected officers.

The speaker for the evening was Miss Eva Jo Liskey, 1953 IFYE delegate to Chile. Miss Liskey was a former 4-H Club member of Rockingham County. She gave a splendid description of her experiences in Chile, illustrating her talk with colored slides.

The home agent presented awards to club members and recognized local leaders.

3. 4-H Camp:

Twenty-six girls and two adult leaders attended District 4-H Camp at Powells' Fort Valley, Woodstock,

Virginia, in August. Rockingham girls and boys camped with Loudoun County. The campers enjoyed classes in swimming, wood-craft, song leadership, recreation, photography and nature study.

4. 4-H State Short Course:

Five girls and one adult leader, Mrs. William D. Wampler,

attended the State 4-H Short Course, at V.P.I. in June, 1953.

Three girls from Rockingham County participated in the State Contests.

Beverly Wampler was taken into the All-Star Chapter and was also State winner in Home Improvement.

Dorothy Sue Kiracofe was State winner in Poultry Consumption.

5. National 4-H Club Sunday:

Eleven 4-H Clubs observed National 4-H Sunday during the month of May. Some groups had a special service and others assisted with the regular morning worship service. Several clubs that had a special program gave the offering to the Religious Education Fund for public schools.

6. T. B. Bangle Sales:

The Rockingham 4-H Clubs sponsored the Tuberculosis Bangle Day Sale for the sixth consecutive year, with the highest total sale in the state of \$811.40. This is the second year that Rockingham County T. B. Bangle Sales have

reached a National record. There were fifty-five girls and boys representing in the sale of bangles.

This is the 4-H Clubs' major health project and the T. B. Association awards a walnut plaque to the club with the highest sales. A club must have the highest sales for three consecutive years to be able to keep it permanently. The Dayton Club won the plaque in December 1952, for the second consecutive year, with all sales totaling \$308.53. The Tenth Legion Club placed second with sales amounting to \$129.30. Third place went to Timber Ridge Club with sales amounting to \$92.48.

7. Kiwanis Best Club Contest:

The Harrisonburg Kiwanis Club shows their interest in 4-H Club work and Rural Youth by sponsoring the Best Club Contest each year. Each club sends to the County Extension Agents a written report or record of their club activities during the year. The records are judged on participation in community activities, attendance at meetings, project completions and other points. For the second year Dayton Club received the first award of a \$50.00 Defense Bond. Other clubs receiving awards were: Second, Briery Branch \$25.00 - Third, Tenth Legion \$10.00, - Fourth, Port Republic, \$10.00 - Fifth, Lucky Clover, \$10.00 - Sixth, Spring Creek, \$10.00

8. The Rockingham County Fair:

The 4-H girls had nice exhibits at the County Fair.

Many clubs have shown their interest in this county project by buying Fair Certificates of Investment. The Fair Association bought a plot of land for a county fair grounds and different organizations are investing money to help put up buildings.

The Lucky Clover 4-H Club bought a \$50.00 certificate, Tenth Legion a \$50.00 certificate, and Dayton a \$25.00 certificate.

For the third consecutive year the County 4-H Council has had a food booth at the County Fair. This helps both organizations as the Fair Association receives half the profit made from the booth. The profit totaled \$790.40, which was \$395.20 for each. One leader was in charge of the buying. The home agent made a schedule asking certain leaders to be in charge of the booth at certain hours. The leader in charge brought in the number of club members needed to run the booth. For the first time some permanent equipment was bought for the 4-H Council, including the booth, gas and electric grill, gas coffee maker and electric refrigerator.

Money made at the fair will be used to buy club members' and leaders' pins, also for training meetings and other County Council expenses.

9. International Farm Youth Exchange Program:

During 1953 the Rockingham County 4-H Club members enjoyed following the 1953 IFYE delegate to Chile through the club letters received. Miss Eva Jo Liskey, was a former Rockingham County 4-H Club member. While she was away she wrote a letter to the clubs each month. The Rockingham County 4-H Council was responsible for raising over \$700.00 toward her expenses and feel very fortunate to have had the opportunity to follow an IFYE delegate so closely. Since she has been back she has done an excellent job of relating some of her experiences to our people. She is most enthusiastic over the IFYE Program and seems to instill the same enthusiasm in her audiences.

Miss Liskey Writes of Her  
Farm Activities in Chile



(Miss Liskey, (right) attends animal exposition at Temuco, Chile.)

Miss Eva Jo Liskey, of Rockingham, an International Farm Youth Exchange Program student in Chile, has written a number of letters about her experiences to Rockingham 4-H and H-D clubs.

Under date of Feb. 10, she tells of a week-end visit to a farm east of Temuco and taking a plane trip to the Llaima volcano. She added that the plane could not reach the top of the volcano although it went up to 7000 feet. The flight took her over Lake Guailelus and on to Lake Calma.

Day Starts Late

She writes about her daily activities:

"We arise about 9:15 and don't go to bed until awfully late. You finish supper about ten o'clock. The day for us is just as long as at home but it starts later."

She then wrote of San Fernando, north of Angol, Chile.

"There are some elegant homes here, very Spanish. Many have their own swimming pool. This farm is really good and extensive. About the first of March they start the grape harvest. This farm produces 500,000 gallons of wine each year. The large tanks hold from 8,000 to 10,000 gallons each. It is sold at from six months to three years of age to a company in Santiago where it is bottled."

"Here they milk 250 cows, raise breeding bulls and have Holsteins of Hollandese type. Also have an American Holstein type bull. Really beautiful animals."

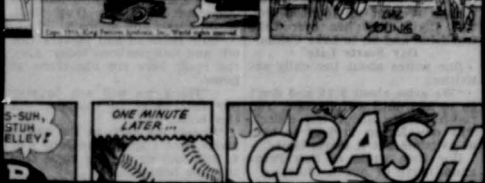
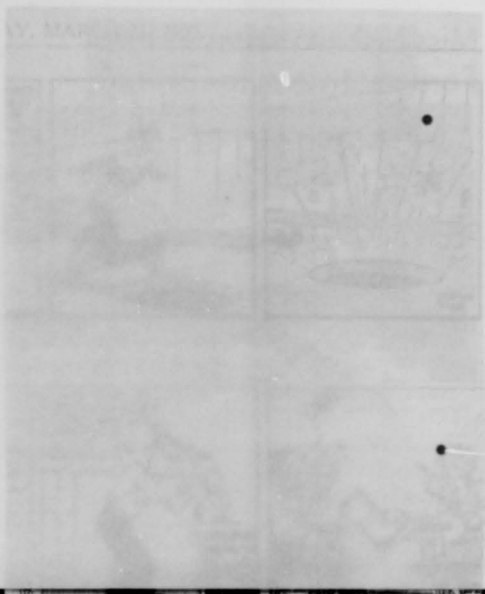
"Saw fields of sun flowers (for oil) and watermelons today. Also, the roads here are like those at home."

"Think we will ask to stay our two weeks in this part, in this home."

"Should be back in the States about June 1 and home June 4 or 6. Still looking for the right ship to come home on."

International Fair Trade Program:

During 1957 the Rockingham County A-E Club members en-  
 joyed following the 1957 IFTS delegate to Chile through the  
 club letters received. Miss Eva Jo Lindsay, was a former  
 Rockingham County A-E Club member. While she was very the  
 wrote a letter to the club each month. The Rockingham County  
 A-E Council was responsible for raising over \$100.00 toward  
 her expenses and had very fortunate to have had the opportunity  
 to follow an IFTS delegate so closely. Since she has been back  
 she has done an excellent job of relating some of her experi-  
 ences to our people. She is most enthusiastic over the IFTS  
 Program and seems to desire to assist the same elsewhere in her  
 activities.



## Miss Liskey Considers IFYE Mission In Chile A Success

Miss Eva Jo Liskey, daughter of Mr. and Mrs. David Liskey, of near Harrisonburg, who has just returned from six months in Chile as a member of the International Farm Youth Exchange, is now telling of her impressions gained in the South American nation and showing pictures at meetings of Rockingham 4-H and H-D clubs which sponsored her trip.

Miss Liskey said the Chileans received her warmly and showed a surprising knowledge of the United States. The Farm Youth Exchange members live with the farm families and work with them. A number of Chilean youths will pay visits to the United States in the international friendship program.

The Rockingham student who is assistant home agent in Fauquier county, lived in all sections of the agricultural, of middle region, of Chile. She found that the Chileans produce every crop grown in the United States and some others.

The Chilean poultry and dairy industries are increasing, she said, but there is lack of capital. She pointed out that most of the farm work is done by laborers as machinery is very expensive and parts are so hard to obtain. Miss Liskey said she saw many skilled operators of American and European farm equipment and noted that exceptional care is taken of this equipment.

Farm extension work as is known here is getting off to a good start in Chile and the new president has expressed himself as in favor of enlarging the program. The county agents, now devote their attention to the men's activities.

In one of the central agricultural provinces, there have been organized home demonstration and 4-H clubs under the auspices of the Ford Foundation. Miss Liskey said the women and boys and girls are enthusiastic over these activities.

Aside from the economic standpoint, Miss Liskey found the average Chilean to be a hard worker and seeking every means to advance his way of life. He does not look upon the United States visitors as nosy intruders but as real friends trying to impart some of the knowledge which could not be obtained there.

Miss Liskey found that the average Chilean farm contains about 2000 acres and has 100 farm workers. The pay is low compared with American standards, but the workers and their families are provided with the comfortable homes and raise much of their own food. She found one handicap in the nation: there is a vast gap between the levels of the wealthy and the less well off classes. Some of the laborers have saved enough to own their own

little farms. There are few Chileans in what might be termed the middle class.

Chile is rich in agricultural resources. The climate in the farm section is about the same as the Shenandoah Valley, only it does not get as cold or as warm as it does here. Much of the farm land is irrigated by the government. The nation is one tenth as large as the United States and has only one twenty-fifth of the population.

Miss Liskey said she learned much on her visit to Chile and she hopes the natives learned something from her. She believes the International Farm Youth Exchange is a wonderful plan and is achieving the results. She is

grateful to all of those who made her trip possible.

Before she returns to Fauquier county, Miss Liskey will make as many talks to Rockingham groups as she can. She can be contacted through the office of the home agent, Miss Carolyn Driver.

10. National 4-H Club Week:

Nine clubs observed National 4-H Club Week in 1953, with window displays in their communities, a quiz program on 4-H Club Work at monthly meetings, school assembly program and club family night.

VII. YOUNG MEN AND WOMENS' WORK:

\* In 1950, two Young Men and Womens Groups were organized in the county, known as the East Rockingham and West Rockingham YMW Clubs. For the first year most of their activities were of a recreational nature. In 1951 they had educational programs in addition to their recreational activities.

In the fall of 1951 officers from both groups met with the County Home Agent, District Home Agent and Extension Rural Youth Specialist, to discuss the possibility of the two groups combining and one county group organized. Attendance at the East Rockingham group had been very small for a year and they lacked leadership that was necessary to keep a group of that kind active and had no regular meeting place. The agent feels that it was a wise move when the two groups combined.

\* Much progress was made in 1952 and 1953. The agent attributes this to the good leadership in the group. The membership is small but all members are active.

In 1953 the president, Bonnie Lou Wampler, (Mrs. Wm. D. Wampler) appointed a program committee. After getting suggestions from the

club the year's program was planned. A variety of programs were enjoyed such as:

- December : - Election of officers and installation  
Program on Christmas Carols  
Christmas party
- January: - Public Health Nurse talk on "Public Health Program"  
Square dancing
- February: - Valentine Box Social
- March: - Talk by Korean College Student  
Square dancing
- April : - Square dancing
- May : - Entertained 4 county high school seniors with  
square dance
- June: - Square dance
- July: - Picnic at Shenandoah Acres
- August: - Picnic and swimming party at Gypsy Hill Park
- September: - Report on Camp Farrar
- October: - Musical Program
- November: - Annual Banquet  
Speaker - IFYE Delegate , Frank Keesling

The president also appointed a finance committee that made out a budget for the year. A rummage sale was held to raise money for the treasury.

The Extension Rural Youth Specialist, Dr. James A. Duncan,

attended the Annual Banquet and spoke to the group briefly on Older Youth Work in the state. There were 46 in attendance at the banquet and all enjoyed hearing about Frank Keesling's experiences in Scotland as an IFYE Exchange.

Thirteen Rockingham County youth attended the leadership training camp at Camp Farrar, Virginia Beach, in August. Carolyn Caricofe, State President, from Rockingham County, presided over the meeting. Bonnie Lou Wampler was elected State Treasurer for 1954.

Four girls and two boys attended the Four State Conference at Jacksons' Mill, West Virginia, in October. The Associate Home Agent also attended the conference.

The Rockingham County YMW sponsored a square dance and gave the proceeds to the County 4-H Council to make up the \$700.00 they raised to send an IFYE delegate from Rockingham County.

They also supported county health drives and a Christmas basket given to a needy family.

The girls in the YMW Club made two United Nations flags which the organization gave to the new Montevideo and Broadway consolidated high schools in the county. One of the boys presented the flags at an assembly program.

The Rockingham YMW group had a float in the 1953 Armistice Day parade in Harrisonburg.

With some new and younger members coming in to the club and the continued good leadership of older members the YMW Club in Rockingham County should continue to make progress in 1954.

Page 17  
**Young Men's and Women's Club  
In First Meeting This Year**



**NEW OFFICERS FOR 1932 OF THE ROCKINGHAM YOUNG Men's and Women's Club: Front row: (l. to r.) Florence Swank, secretary; Mrs. William Wampler, president; Carolyn Caricofe, vice-president. Back row, Lois Long, reporter; and Robert Kooniz, treasurer.** (News-Record Photo).

The Rockingham Young Men's and Women's Club held its regular meeting on Thursday night at the Valley Creamery Social Hall.

The meeting was presided over by the president, Mrs. Bonnie Lou Wampler. Carolyn Caricofe gave a report on the Christmas basket given a needy family. The Club will carry this as the project for the year. Two letters of acknowledgment of a contribution made to the International Farm Youth Exchange Program, were read. Miss Eva Joe Liskey was sent to Chile to live with farm families, under this pro-

gram. The program chairman, Miss Priscilla Harman introduced the speakers, Mrs. Margaret Palmer and Mrs. Geneva Phelps, Rockingham County Public Health Nurses, who spoke on local health services.

They emphasized that public health service is a benefit to the community, as it is a program of preventative medicine. The major function of the Health Department is in the prevention of disease. The causes and prevention of polio were also discussed at length. This being most timely.

VIII. SCOPE OF WORK

	1949	1950	1951	1952	1953
No. H. D. Clubs or Groups	27	28	29	29	28
Membership	927	963	1145	1172	1205
No. A-H Clubs	19	19	19	18	20
Membership	211	236	292	311	285
No. YMW Groups		2	2	1	1
Membership		58	58	39	45
No. other Families reached	1927	2100	2637	2780	3080
No. different families reached	3000	3300	3782	4000	4378
No. Community clubs					
Membership					

IX. BRIEF STATEMENT AS TO HOW THE FOLLOWING ORGANIZATIONS FUNCTIONED

IN THE 1953 PROGRAM:

A. The County Home Demonstration Committee:

The County Home Demonstration Committee served as the planning committee to plan the year's program. The Executive Board acts as a piloting committee for the County Committee. The Executive Board meets twice a year, usually before the Spring and Fall County H. D. Committee.

Presidents and program development leaders of home demonstration clubs make up the County Home Demonstration Committee.

The program development chairman which was added in 1949 continued to be helpful in setting up the calendar program and

presenting outlook material to their clubs.

In 1953 the County Home Demonstration Committee had a food booth at the County Fair. This was the third year for this project. A steering committee was appointed by the county chairman to make plans for the booth. Mrs. B. S. McKay has been chairman of the booth for three years, and has done a splendid job of managing and buying for this project. The County Home Demonstration Treasury received a good boost from the \$509.61 which was their part of the total profit. Fifty percent of the total profit is paid to the Fair Association. In 1953 the County Committee bought two gas grills, two coffee makers, large pans and a few pieces of small equipment needed to operate the booth.

The County Committee rented a safety deposit box at the First National Bank, Harrisonburg, to be used by all clubs. Some of the clubs are buying certificates of investment from the County Fair Association and wanted a safe place to keep them.

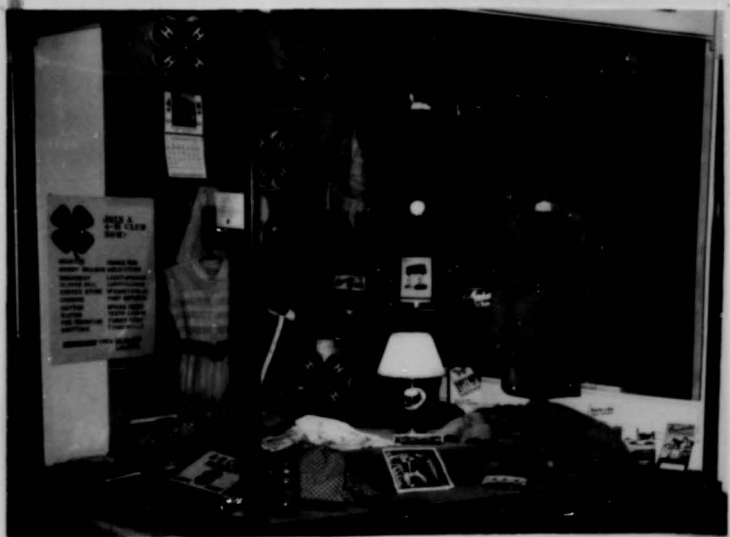
B. County 4-H Council:

The County 4-H Council is composed of the officers of all county 4-H Clubs and representatives of the All-Star Organization. The adult leaders and extension agents serve as the advisory board to the Council. The Council had three meetings in 1953 and were in charge of arrangements for the Annual Achievement Banquet in November.

During the National 4-H Week the County Council had a window decorated in Harrisonburg. Since they were sponsoring an IFYE delegate they used "Better World Understanding" for their theme. They used a sail-boat for the main interest, called "The Friendship Boat", and under it, "Sails for Better World Understanding." Each sail on the boat had something written on it, i.e.; loyalty, co-operation, unselfishness, leadership, etc.

In November the Council decorated a float for the Armistice Parade and also decorated a window for National Achievement Week. The County Council president appointed committees to be in charge of these special activities.

For the third consecutive year the 4-H Council had a food booth at the County Fair. However, 1953 is the first year that they have had equipment of their own. The Council had bought \$300.00 worth of bonds in 1942 with money they had earned at the 4-H Fairs held in the county several years before the war. (During the World War II years the fairs were discontinued). The bonds bought were twelve year bonds. The bonds had not matured their full value in 1953 but were cashed in to pay for the equipment listed in Section VI, B. A total of \$ 300.00 was paid for all equipment. The value of bonds cashed was \$283.50 and \$16.50 was taken from County Council treasury.



NATIONAL ACHIEVEMENT WEEK WINDOW DISPLAY



FLOAT IN 1953 ARMISTICE DAY PARADE

## Miss Wampler Va. 4-H All-Star

Beverly Wampler, 17, of the Dayton 4-H Club, daughter of Mr. and Mrs. John B. Wampler, of Route 1, Harrisonburg, received the highest honor that a 4-H member can receive when the State All-Star Organization tapped her for membership at their annual candlelight ceremony last night on the campus drill field at V.P.I.

This is the second honor that she has received while attending the State 4-H Short Course the past week. On Thursday night she was named one of the State Contest winners in the Home Improvement Contest. As an award for this she will receive an all expense paid trip to the National 4-H Club Congress in Chicago, the first week of December. The Sears Roebuck Foundation sponsors this contest.

For her demonstration in the state competition Beverly showed how to make a parchment lampshade. She gave a very complete demonstration, showing all steps one would need to follow to make a lampshade. The exhibit of a variety of ~~uses~~ one can use in making a lampshade added attraction to her demonstration.

Club members and leaders say Miss Wampler well deserves the honors she has received this week. She has been an active member of the Dayton 4-H Club for seven years. During this time she has been an outstanding leader in the Club and County 4-H activities. She is president of the County 4-H Council and is serving as president of her local club for the second year. She has also served as song leader and secretary-treasurer of her club and has functioned on outstanding club and county committees.

This is the second year that Beverly has received state honors in the state-wide competitive contests. Last year, she was winner in the Room Improvement Contest. For this she received an Elkin wrist watch.

Although Beverly has completed fourteen homemaking projects her most outstanding work has been done in room and home improvement. At the beginning of her second year of club work she became interested in room improvement. She first concentrated on improving her own bed-room. Since she began the project she has made or remodeled most of her furniture and accessories. Each year she has shown advancement through the improvements she has undertaken to make.

After completing her own bed-room she worked with her mother in planning improvements for the rest of the home, doing most of the work herself. During the past year she redecorated the bathroom, made the back porch a comfortable living spot, improved the lighting throughout the home by making new lampshades and placing lamps where they would afford better light and kept attractive flower arrangements in the home.

Beverly has an outstanding leadership record which is one of the qualifications to be recommended for the All-Stars. She has influenced other girls and boys to join the 4-H Club and has always used the knowledge she has gained to help others.

Other qualifications considered for All-Star membership are outstanding personal character and characteristics, achievement in service activities and excellent quality of project work.



C. County Chapter of All-Stars:

The County All-Star Chapter has helped to plan and sponsor county-wide events for the 4-H Clubs. Two All-Stars attended the All-Star Conference at V.P.I. in June. One All-Star, Carolyn Caricofe, attended the 1953 Interstate 4-H Club All-Star Conference.

The social functions held by the local chapter during the year were a banquet and picnic. Both were well attended.

X. LEADERSHIP:

A. Contribution of Volunteer Leaders to the Program:

1. Adult:

a. Organizational:

During 1953 there were 140 organizational leaders in the 28 home demonstration clubs. These leaders did outstanding work in helping to keep the home demonstration program moving forward. These leaders were responsible for making plans for their local club meetings and have been the guiding hand for all club functions.

b. Program Development:

There were twenty-seven program development leaders in the county in 1953. The newest club, Briery Branch, did not have a program development leader functioning. These leaders presented outlook material to the clubs, led club discussions on

the program content and made suggestions at the planning meetings for needs in the next year's program, based on club's discussion. These leaders also made lists of club members interested in attending special interest activities during the year and notified the home agent.

c. Subject Matter:

During 1953 the 336 subject matter leaders had a most important part in expanding the home demonstration club program. The home agent didn't have an assistant for a good part of the year and had it not been for the willingness of these leaders to give their time and talent some months all clubs may not have had their demonstration. The subject matter leaders were trained by Extension Specialists and agent, and in turn, have given 216 demonstrations.

2. 4-H Clubs:

The adult leaders in the 4-H Clubs have served as both organizational and project leaders. There were twenty clubs in the county in 1953 with girls enrolled. There were forty local leaders that helped to keep the 4-H program moving in the county in 1952.

B. Growth of Leadership:

H.D.Club Project Leadership	1949	1950	1951	1952	1953
No. project leaders (subject matter)	156	245	278	280	336
No. goal chairmen	54	56	58	52	58
No. training meetings held by Spec. by agent	5 4	11 7	8 8	8 17	9 2
Attendance at all training meetings	277	556	482	349	316
No. club meetings held by leaders without agent present	109	183	144	177	181
No. additional club meetings at which leaders assisted	80	68	93	100	49
<b>Growth of 4-H Club Project Leadership</b>					
No. adult project leaders	29	43	50	45	40
No. junior project leaders	6	9	10	12	10
No. training meetings held by Spec. by agent	2 4	2 8	3 11	2 14	2 5
Attendance at leader training meetings	148	83	135	177	59
No. 4-H leaders trained individually		14	3	5	4
No. club meetings held by leader with out agent present	90	146	106	110	92
No. additional club meetings at which leaders assisted	50	55	74	56	63
No. demonstrations given by leaders by adults by juniors	105 50	126 20	101 44	97 53	63 116

X. OUTSTANDING LEADERSHIP:

Mrs. John Fawley, of Broadway, has given much of her talents and time toward expanding the Extension Program in Rockingham County. She has been a home demonstration club member for nine years. For the past two years she has served most efficiently as County H. D. Committee President. She has taken care of many county H. D. business matters, thus relieving the home agent and giving her more time for other work. In 1952 she was elected District VII vice-chairman. At the District H. D. Federation Meeting in May, 1953, she collected "Pennies for Friendship" and gave a report on the National H. D. Meeting held in Raleigh, N. C.

In 1952 Mrs. Fawley was county delegate at the State H. D. Federation Meeting. At that meeting she led the group in devotions at the opening session. The same year the Rockingham County H. D. Committee sent her as their delegate to the National H. D. Meeting in Raleigh, North Carolina. On her return she said she wished every rural woman would have the opportunity to attend a meeting of this kind.

Other county H. D. offices in which Mrs. Fawley has functioned are - vice-president and secretary, each a two year term of office. She was president of her local H. D. Club for three years and secretary for several years. She has been project leader for her club in food, clothing and house furnishings.

In 1952 Mrs. Fawley was one of six leaders the home agent

trained in tailoring. In turn, she was the only leader that conducted another tailoring group alone. She has not served as a full time 4-H leader but assisted one girl in her community with tailoring a suit in 1953.

Mrs. Fawley gives the home demonstration club credit for developing her leadership abilities. She says she was afraid to speak out in a group when she joined the club and had anyone ever told her she's stand up and preside over a group meeting she would never have believed them.

With all of her outside activities Mrs. Fawley doesn't shun her homemaking duties. Her family comes first.

XI. WORK IN COOPERATION WITH OTHER AGENCIES:

The home demonstration agents have worked in co-operation with the home economics teachers in the county. The 4-H and Future Homemakers of America have worked together in the Junior Homemaking Department of the County Fair. The home agent attended a Future Homemakers of America Meeting at the Montevideo High School to discuss home demonstration work.

The Extension Agents continue to work closely with the Harrisonburg Tuberculosis Association, especially in connection with the T. B. Bangle Sale since the 4-H Clubs sponsor that sale in the county and in Harrisonburg.

The home agents have worked with the Rockingham Library Association by encouraging the rural people to support their public library. In past years the home demonstration clubs contributed to the building fund, - individual clubs have made other gifts to

the library. The librarian, very graciously and generously, gave of the time to meet with the H. D. Clubs and explain the operation and service of the library. She has worked very closely with the Federation Goal Library Chairman.

The Ladies Auxiliary of the Rockingham Memorial Hospital was reorganized several years ago and the home demonstration clubs have worked with them on several projects. Many of the rural women are members of the auxiliary. The Park View Club made draperies for the lobby of the hospital. All clubs helped with the Hospital Bazaar which all clubs furnished pastries for. The ladies helped the day of the bazaar with the preparation and serving of a public luncheon and dinner.

The home demonstration clubs work closely with the Rockingham County and Harrisonburg Chapter of the Polio Foundation. For two years they have sponsored the "Mothers' March" against polio in rural areas of the county.

Although that is their biggest health project they co-operate with other county health organizations too, also the American Red Cross.

XII. CONTRIBUTION OF 1953 PROGRAM:

The 28 home demonstration clubs and twenty 4-H Clubs are well distributed over the county and the effect of the Extension Program is felt in all communities.

The Housing Special Interest Meeting on "Paints to Use in Re-

the library. The librarian, very graciously and generously, gave of the time to meet with the H. D. Clubs and explain the operation and service of the library. She has worked very closely with the Federation Goal Library Chairman.

The Ladies Auxiliary of the Hookingham Memorial Hospital was reorganized several years ago and the home demonstration clubs have worked with them on several projects. Many of the rural women are members of the auxiliary. The Park View Club made dresses for the lobby of the hospital. All clubs helped with the Hospital Bazaar which all clubs furnished pastries for. The Ladies helped the day of the bazaar with the preparation and serving of a public luncheon and dinner.

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Although that is their biggest health project they co-operate with other county health organizations too, also the American Red Cross.

XII. CONTRIBUTION OF 1933 PROGRAM:

The 28 home demonstration clubs and twenty 4-H Clubs are well distributed over the county and the effect of the Extension Program is felt in all communities.

The Housing Special Interest Meeting on "Paints to Use in Re-

modeling or Building" was one of the important meetings in the adult program for 1953.

The rural people are interested in improving the appearance of their homes and the information received at that meeting was most helpful in making selection of paints and materials for various purposes.

The rural homemakers have become more nutrition conscious in planning their family's meals, due to the stress that has been placed on this topic in our Extension Program. They are beginning to educate their taste buds for the foods their bodies need for growth and maintenance, rather than just what they crave.

The agent was pleased with the response of homemakers in wanting information on new fabrics, their use and care.

A good portion of the family income is spent on clothing the family and the demonstration on fabrics helped them to better know what to buy and what to expect of its wear.

The young Men and Womens Program has made advancement in 1953. Under the good leadership of the officers they have increased their membership and more interest is being displayed by a greater number of people.

One of the foremost aims of the Extension Program has been to develop leadership abilities of the people and help them participate in community activities. Results of this can be seen in every community and is a direct influence on better family living among our rural population.