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# Virginia



AGRICULTURAL EXTENSION SERVICE

*Annual Report*

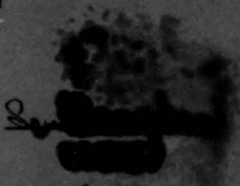
Home Demonstration Work

1951

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Agent

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Asst. Agent



II. TABLE OF CONTENTS

	Page No.
I. Title Page	1
II. Table of Contents	2
III. County Situation, Affecting the 1951 Program	3
IV. Contributions of 1951 Program to Better Family Living	4
V. Adult Work	6
A. 1. Foods	6
2. Clothing	7
3. Home Grounds	8
4. Laundry Problems	9
5. Handicraft	9
6. Christmas Decorations	10
B. Other Activities	10
VI. 4-H Club Work	14
A. Project Work	
1. Clothing	14
2. Foods	14
B. Other Activities	15
VII. Young Women's Work	17
VIII. Scope of Work	18
IX. Organization	19
1. County Home Demonstration Committee	19
2. County 4H Council	19
X. Leadership	21
A. 1. Organizational	21
2. Program Development	21
3. Subject Matter	21
B. Growth of Leaders	22
XI. Cooperation With Other Agencies	23
XII. Evaluation	24

### III. County Situation, as it affected the 1951 Program.

The program for 1951 was set up according to the county situation. This was done by club discussions and the work of the program development leader. The program development leaders studied the county's needs and interests. From these the program was developed. Much of the work was done in freezing for 1951 because there was a great increase of home freezers. The work done in clothing was developed from the women's needs in sewing. They wanted knowledge of housedresses, sewing problems, and use of equipment (sewing machine attachments). With this knowledge work would become easier and not such a drudgery. As a whole, the program was set up by the county offering these suggestions to the program development leaders and they compiling them and eliminating the least important needs of the county.

#### IV. Contributions of the 1951 Program to Better Family Living.

The work in Southampton County for the past years has been centered mostly on housing and housefurnishings. This was not true in 1951, as the people felt that health, a long time goal, being the most important and main need. To have a good health one has to have the best food possible. From this need, four programs were included in the program. Three of the programs being held on freezing, freezing raw and cooked meats, making and freezing breads and cakes; the fourth program being oven meals. From the reports turned in the following was reported:

	<u>Lb.fruits</u>	<u>Lbs.Vegetables</u>	<u>Lbs. Meats</u>
1950	13,697	15,904	29,190
1951	3,468	6,108	10,994

The figures for 1951 are much smaller than for 1950. The figures for 1951 are what the agent received in her reports from club members. The agent received only one-third (1/3) of the members reports. If each member had reported the figures would be much higher, for many freezers have been bought during the year. Other frozen foods reports

are:	<u>Pies</u>	<u>Cakes</u>	<u>Breads</u>
1950	145	49	
1951	177	112	65

- During the year 649 oven meals were reported as being prepared.

Clothing played an important part in the program for 1951. This being continued from past years. Women felt that to have a desirable house dress would not only make their work easier, but would make them neat at all times; 267 house dresses were reported made. With the housedress program a study of bound button holes, zippers, set-in pockets and sleeves was held. Sewing machine attachments were also studied as the women wanted to learn the use of their attachments which were usually left in a box unused.

From the long time goal, housing, a home grounds program was developed. Several result demonstrations were started this year in lawns. These included lawns for new homes and old.

Handicraft is a never tiring program as far as the women are concerned. They enjoy this as it gives them a creative feeling. The use of their hands in making an object for their homes. In 1951 the handicraft, china painting, was their main program, with 300 plates, and other articles being painted. Felt work and metal work was also included, 219 trays being finished and 25 felt articles being made.

## V. ADULT WORK

## A. Project work

1. Food

More and more homes were having home freezers, and the women decided freezing should be one of the main programs in 1951. These programs helped the women know their freezer, how it can be used, time savers in how foods may be prepared satisfactorily for the freezers, and money savers in food by freezing food. Oven meals were included this year in the foods program so that the women would know the use of their oven and learn that it can be a time saver also.

Mrs Mary Thompson, foods specialist, held a leader training meeting last November for the leaders on freezing meat, raw and cooked, and oven meals. Fourteen clubs were represented at this meeting. The leaders gave the demonstrations to the clubs on freezing raw and cooked meats illustrating the freezer wrapping, containers, how to wrap foods, and wrapping a cooked piece of meat and an uncooked piece of meat.

In the oven meal demonstration the leaders gave the use of the oven, how to prepare an oven meal, discussed temperature of the oven and cooked a meal which they served the club members who were present. Leaflets were prepared and given to the club members on oven meals.

Miss Janet Cameron, food specialist, held a leader training meeting in September for the foods leaders on freezing and making breads and cakes. Fourteen clubs were represented at this meeting. The leaders again brought before the members the freezing containers

best suited to freeze breads and cakes. At the bread demonstration the leaders brought bread ready to be cooked. They made this into loaves, rolls, different shapes, and cinnamon rolls. These were cooked and served to the members present. While the breads were rising, the leaders demonstrated how to make the bread. The bread recipe used made a large quantity of bread. This gave the leaders to explain to the women that once you were in the process of making bread, it was cheaper, easier and time saving to use this recipe. They explained that one could cook the bread completely, or could half cook the bread for brown and serve rolls, and then freeze. For the cake demonstration, the leaders demonstrated a six layer cake. Again this was a time saver for the batter or cake could be frozen. They demonstrated the containers, discussing the amount to be used in the freezer containers and wrapping the cooked cake.

Leaflets were prepared and given to the club members on freezing breads and cakes.

## 2. Clothing

In the clothing program the house dress, sewing machine attachments, and sewing problems, zippers, set in pockets and sleeves, and button holes were included. The house dress, the women felt was needed to help make them more comfortable and attractive while working at home, and if they did not make their house dresses and learn the construction, they wanted to know how to buy good, durable housedresses. Sewing problems were included for the young homemakers to learn the easy way of doing the sewing problems and how to put them to use. Sewing machine attachments taught the women better use of their machine. Leaving

the attachments in the box, which so many do, the women were not getting the use of the machine nor did they know the time which can be saved in using the attachments. The agent gave the demonstration on housedress. The agent demonstrated the colors suitable for housedresses, patterns, closers for them and aprons. This was done by samples of material, one of the recommended patterns made with all the desirable features included, other patterns studied, and discussions on what a good house dress is.

Two clothing schools were held by the agent in the county. In the schools, construction for a durable housedress, color, pattern, and fabrics suitable were studied again. Ten dresses were completed. A leader training meeting was held for leaders for the programs, sewing problems and sewing machine attachments. Twelve clubs were represented. Miss Crockett of Singer Sewing Machine Center, Suffolk, gave the demonstration to the leaders on sewing machine attachments. Each leader demonstrated the use of each attachment and gave the members a chance to use them at the meeting.

The agent held the training meeting for the sewing problems. Each problem was demonstrated to the group and the leaders did the same to the clubs.

3. Home Grounds.

Interest in improving lawns became prominent in 1951. The women wanted the lawns to be beautiful as well as any other part of the homes.

Mr. A. S. Beecher, horticulturist, held a home grounds leader training meeting for the leaders. The leaders gave interesting discussions to the groups on the different shrubs, and trees suitable to this part of the country, when to set them out, how to set them, and how to prune

the shrubs that they already have. Leaflets on shrubs and trees were prepared and given to the members.

#### 4. Laundry Problems

The agent gave this demonstration to the clubs. This program was to help the women in their ironing for it to be less tiring, less time consuming and the best equipment to be used. The agent demonstrated the sit-down ironing board, how to make a cover, and best padding to be used, how to sprinkle clothes, fold and wrap. The piece which the agent ironed was a man's shirt. Many of the women have reported that this was a needed demonstration as it has saved them time and money.

#### 5. Handicraft

Handicraft this year of 1951 was on china painting. The leader training meeting was held by three women from Norfolk. All the clubs were represented at this meeting. The leaders found this meeting very interesting and the club women did also. The leaders demonstrated color, mixing, and painting, designs suitable to plates and other articles, as well as use of the brush. Several of the clubs held extra meetings for this demonstration to be continued in their clubs.

Two of the clubs decided against china painting and chose felt work as their handicraft. The agent demonstrated this to the clubs. Patterns, use of old felt hats were studied. Pocket books, coin purses, scuffs, and baby shoes were made.

For the past two years metal work has been the handicraft in the county. In 1951 there was not any time devoted to the metal work, but groups in the clubs arranged to have a special meeting for metal work.

219 trays were completed. This figure is lower in 1951 than in 1950, due to the metal shortage.

#### 6. Christmas Decorations

The agent gave this demonstration to the clubs in the first part of December. The agent divided the clubs in groups and held meetings in Courtland, Franklin, Newsoms, Boykins. The agent demonstrated simple arrangements for doors, tables and yard.

#### Other Activities.

##### 1. Federation Goal -

Citizenship was chosen as the Federation goal for 1951. With the world in the situation as it is today the women felt the need that if it were to improve it must begin with the people, old and young of today. To make themselves better, informed citizen would be one of the beginnings. The county set up as their goals the following:

- (1) Qualifications of a voter.
- (2) Study the county government and officers and
- (3) State Legislature.

These goals were set up at a meeting at the beginning of the year of the county chairman and club chairmen. In the 16 clubs, there has been at least 10 of them devoting five to 15 minutes each meeting to the citizenship goal. The Black Creek Home Demonstration Club has had 3 speakers and qualified each member to vote. A special date was set and

all the members not qualified to vote paid their tax and registered and exercised their right to vote in 1951. The Delaware, Smiths Ferry, Bethel, Handson home demonstration clubs have in their program in December or January 1952, to have a speaker as the goal is to be carried in 1952's program.

Health was the county's Federation Goal in 1950. The Smith's Ferry Home demonstration club continued this as they felt that one could never study and learn enough about the prevention of bad health.

## 2. Community Activities

### (a) Christmas Parties:

Each club held a Christmas party during December. This was extra as a demonstration was given to the various clubs. At these parties leaders were in charge of the recreation including stunts, games, and singing. Inexpensive gifts being exchanged among the members. The gifts were either homemade or bought.

## 3. Money Making Projects

Fourteen of the clubs had a money making project of the following: serving suppers to organizations, pie and cake sale, card parties, Stanley parties, white elephant sales.

The money made by the club is used for needy calls, county and Federation dues, and sending sunshine boxes to the sick.

4. National Home Demonstration Week

During this week, May 1 - 5, the clubs were grouped and held window displays in the following towns: Boykins, Newsoms, Courtland, Iber, and Franklin. The displays were the work of the women in the home demonstration clubs. Each window was attractively displayed and aroused interest to those who werenot club members. There was an article in the Newspaper explaining the National Home Demonstration Week.

5. District Federation Meeting

The District Federation meeting was held in Craddock. The county was well represented with 54 members. This was quite an increase over 1950, as only 27 women attended. Mrs. John H. Scott, County Chairmen, was on the morning program.

6. Institute of Rural Affairs

Seven women attended the Institute of Rural Affairs with six clubs being represented. Mrs. W. B. Avey, Statesville Home Demonstration Club, was the county's representative. Others attending were Mrs. Fenton Love, Bethel Home Club; Mrs. G. C. Edwards and Mrs. A.E. Drewry, Black Creek Club; Mrs. Marshall DeBerry, Smiths Ferry Home Demonstration Club; Mrs. Odell Joyner, Vicksville Club; and Mrs. Edith Kello, Vincents Grove Home Demonstration Club.

7. Achievement Day

The Home Demonstration Annual Achievement Day program was held in October in the Black Creek Community House and Baptist Church. Each club was asked to exhibit the following:

canned fruits, vegetables, pickles, preserves, jams, and jellies; baking. (biscuits) (rolls); cakes ( chiffon, butter and egg); pies ( custard and meringue); clothing- housedress, children's clothes, 2-6, 6-12 ; and zippers, set in pockets and sleeves, and buttonholes; metal work, china painting; stencilling; Christmas decorations, felt work. The clubs were responsible for setting up one of the above exhibits. Ribbons were awarded individually and a rosette to the club having the most points. Each individual ribbon had a number of points given to them, such as blue -20, red-10, and white-5 points.

The Statesville club again this year received the Rosette ribbon with 200 points, Corinth Club was second, 180 points, and Bethel 160 points.

The program included The Nut Family given by the Corinth H.D. Club; Mrs. Vaughan Beale spoke on citizenship, Mrs. W. B. Ivey, the Institute of Rural Affairs; Mrs. C.E. Myers, Country Women's Meeting of the World; Miss Sylvia Slocum also spoke a few minutes to the group. A house dress contest was featured this year with eight dresses being exhibited.

Approximately 225 women attended the Achievement Day.

#### 8. Garden Tour

A garden tour was held in spring for the home demonstration club members to tour the gardens and homes in Princess Anne county. Two homes were visited and their gardens; and the Azalea gardens in Norfolk. About 40 women attended this tour.

## VI. 4-H Club Work

The program of work for the county is determined by the girls.

Club discussions are held regarding their projects, then the girls discuss this with their parents as to which project is most suited to them. With the girl's suggestions, leaders, and agent's, the club program is made.

1. Clothing

The objectives of this project were (1) simple construction for aprons, scarfs, simple blouses and skirts, (2) choosing patterns suitable to fabric and girl, (3) selection of colors, (4) use of needle, thread, thimble, machine, for the younger girls. This program was carried out by the agent and leaders instructing the girls and organizing more neighborhood group for more individual training. There were 29 completions; 12 of the older girls made 4H uniforms with the help of leaders, mothers and agent.

2. Food Preparation

The objectives for the foods preparation project were (1) setting the attractive table (2) using milk dishes, (3) knowing and using the basic seven, (4) preparation of the simple breakfast, (5) preparing vegetables.

This program being carried out by the leaders, agent and mothers giving her kitchen to the youngsters. There were 38 completions,

189 meals planned, 189 meals prepared, set table 2769 times, 98 cakes made, 45 batches of cookies, 355 cooked vegetables, 24 served club refreshments.

#### Other Activities

##### 1. Camp

Twenty-four girls attended 4H camp Farrar this year in July. Courtland, Smiths Ferry, Newsoms, Capron, Jerusalem, Drewryville, and Seball were represented at Camp. Miss Virginia Lee Rowe and Mrs. C. C. Baker, attended as leaders.

##### 2. 4H Contests

The 4H county contest was held for clothing and food preparation. Nelle Drewry, Courtland 4H Club, was the winner in foods and Faye Edwards, Bethel Club, was winner in dress review. Both girls entered the District 4H Club contest in Petersburg.

##### 3. Money Making Project

The money making project for 1951 was selling Christmas cards. This netted the county treasurer about \$25. This is to be used for the sending 4H girls and boys to State Short Course.

##### 4. State Short Course

Nelle Drewry, Courtland 4H club, and Faye Edwards, Bethel 4H Club attended the Short Course in Blacksburg. The Belaware H.D.C. sponsoring Faye and the county sponsoring Nelle. Mrs. Lissie Brown, Black Creek H.D.C., attended as the leader from the county.

5. Conservation Camp

Two members attended the Conservation Camp at Virginia Beach, these being Ida Lou Magotte and Mary Betty Bryant from the Courtland 4H.Club. Miss Betty Jean Smith attended as leader for the girls.

6. Club Exhibits

The Newsons, Drewryville, Courtland, Jerusalem, Capron, Clubs brought Exhibits to the club meetings to be judged. Blue and Red ribbons were given to the members.

VII. Young Women's Work

There is not an organization for the young people of the county.  
There has been a decided increase over 1950 of the number belonging  
to the Home Demonstration clubs in the county.

## VIII. Scope of Work

	<u>1948</u>	<u>1949</u>	<u>1950</u>	<u>1951</u>
No. H. D. Clubs or Groups	18	18	18	16
Membership	414	397	375	312
No. 4-H Clubs	8	10	11	11
Membership	86	105	111	135
• No. YMW Groups	x	x	x	x
Membership	x	x	x	x
No. of other families reached	2935	1356	1419	1957
Total No. families reached	3149	1722	1922	2157

## IX . ORGANIZATIONS

1. Home Demonstration Committee

The County Home Demonstration Committee is made up of the officers of the county and presidents of each club. There are two meetings held each year by this committee. In the fall the committee has a meeting to plan the year's work. At this meeting the program development leaders are urged to attend as they have been taking suggestions for the following year's program, and leading discussions in their clubs. This list of suggestions is brought to the fall meeting which the group discusses and 12 programs are made as a tentative program for the following year. There is much discussion from the group deciding the county's needs, interest, and problems. The program is carried to the individual clubs for their discussions.

At the spring H.D. Committee meeting reports are made, Achievement Day planned, National Home Demonstration Week discussed, and any other business or problems that may be had during the rest of the year.

2. County 4H Club Council

The officers of the eleven clubs are urged to attend the meetings held quarterly. These officers are members of the Council and have as their advisors 4H leaders any parents and extension agents. The group elects their officers, plan and carry out this

program of work for the year. The objectives set up this year were:

1. 80% of members completing their projects
2. Each club secure an adult leader
3. Each club send a representative to District Camp
4. Each club represented at county Council
5. Send one representative to State Short Course.
6. Party for all members completing projects.

This year the Home demonstration clubs have been taking turns serving supper to the 4H County Council. This has increased attendance and interest considerably.

## I. LEADERSHIP

## A. Volunteer Leadership

1. Organizational

The clubs elect their officers to carry out their business meetings. These leaders have done an excellent job in doing this in 1951, instructions being sent to them at the beginning of the year; section in the Year Book, "The Work of Leaders"; and the State Federation Hand Book.

2. Program Development

Each club president appointed a program development leader to work with the club in finding the needs, interests, and problems of the county. The leaders held discussions in the summer for these lists, and there was much improvement over the program development leader this year than last as the work has been more clearly defined.

3. Subject Matter

Leaders have been trained during the year to train the women who were responsible for giving the demonstrations. Five training meetings were held this year.

## B. Growth of H.D.Club Project Leadership:

( Next Page)

## (HDC Leadership)

	<u>1948</u>	<u>1949</u>	<u>1950</u>	<u>1951</u>
No. Project leaders and goal chairmen	108	126	252	145
No. training meetings held by Specialist	8	7	5	3
by Agent	3	1	1	1
Attendance at all training meetings	212	156	100	124
No. club meetings held by leaders without agent present	51	18	65	35
No. additional club meetings at which leaders assisted	87	50	32	125

\* Growth of 4H Club Project Leadership:

No. adult project leaders	4	7	10	6
No. Junior project leaders	0	1	2	2
No. training meetings held- Specialist	-	-	-	-
Agent	4	5	-	-
Attendance at leader training meetings	78	110	-	-
No. club meetings held by leader without agent present	11	15	6	4
No. of additional club meetings at which leaders assisted	26	1	12	37
No. demonstrations given by Leaders by adult	23	27	10	61
by Junior	-	-	3	4

## II. WORK WITH OTHER AGENCIES

The club members have responded and cooperated well with the following agencies by contributing to their work: T. B. Association, Cancer Fund, March of Dimes, work with the Welfare Department; the clubs each prepared two boxes to be delivered from the Welfare Department to some needy person.

Work with the Health Department - each club encouraged the members to be X-rayed, and several gave their time to help with the X-ray Mobile when it was in their community.

### III. Evaluation

As always, the agent feels that it is impossible for her to write this. It is so often that one does not see what one has accomplished until years later.

As far as the work that has been done in the county, there has been a great improvement in the use of the equipment with which the homemaker works. Time-saving, energy-saving are the things in which the homemaker is most interested since everyone seems to live in such a rush. With these two things, time and energy saving, in mind the agent feels that the program has contributed to better home making and rural living. The better use of equipment in the home also contributes to better living, for one's can be easier if one knows how to make her home run more smoothly with the use of things she has in her home to do so.

The leadership program has improved the women and young girls, for they developed self confidence, which is an important factor in anyone's life. This can be seen as the women give their demonstrations for which they are trained. Fewer women are asking the agent to give their demonstrations for they feel they have been thoroughly trained and have developed their skills and practices.

The programs carried out this year, and last, the agent sees improvement not only in leadership, but in more comfortable, pleasant, convenient and appearance of homes.

The 4H program has progressed to some extent in enrollment, but there is room for more. Also the 4H leaders have progressed more in the past year.