

# Annual Report

## COUNTY EXTENSION WORK

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Virginia Agricultural Extension Service



1955

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Roekingham  
county

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X ANNUAL REPORT X  
X HOCKINGHAM COUNTY X  
X 1955 X  
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IV. COUNTY SITUATION:

Rockingham County is situated in the Shenandoah Valley between the Blue Ridge Mountains on the east and the Alleghenies on the west. According to the 1954 Census of Agriculture, there were 321,685 acres in farms which represented 54.5 percent of the total county area of 556,160 acres or 869 square miles. In 1954, there were 3,571 farms which averaged 84.8 acres in size and \$14,793 in value of land and buildings.

This county ranks third in size among all counties in the State and is one of the leading agricultural counties, both in Virginia and the United States.

At least half of the total area is in forest, much of it in George Washington National Forest. Shenandoah National Park stretches along the Blue Ridge. Both areas provide excellent natural recreational resources. Other points of special interest include the limestone caverns - Endless, Grand, Massanutten and Melrose.

The clay-limestone soil is adapted to diversified farming. Livestock, dairying, and fruit have long been important. In recent years poultry raising has outdistanced all other types and made Rockingham nationally known for its chickens and turkeys. Within Virginia it leads in value of farm products and is important for cattle, sheep, dairying, apples, and peaches, as well as poultry.

Agriculture is the leading source of employment and income. Next comes manufacturing and trade. Some manufacturing is closely

ried to local farming, such as meat packing, poultry processing, poultry equipment, poultry and stock feeds, dairy products, canned and preserved fruits, fertilizer and agricultural lime. Other manufactures include apparel, rayon fabrics and yarn, insecticides, chemicals, furniture, excelsior, soapware, storage tanks, building blocks and stone monuments.

Rockingham has four institutions of higher learning: Bridgewater College, Sherandoah Conservatory of Music, Eastern Memnonite College and Madison College.

Rockingham Memorial Hospital is at Harrisonburg where there is also a large public health center. The Rockingham Public Library at Harrisonburg gives bookmobile service to the entire area.

In 1955 the long-time goal for the county home demonstration program was housing, with particular emphasis on improving kitchens and work areas, water systems and bath rooms. Some communities feel the need of better recreational facilities within their immediate area.

V. ADULT WORK

A. Project Work

1. Food and Nutrition

a. Objective

Two of the monthly demonstrations in the 1955 home demonstration program were on foods. The objective was to help the rural homemaker add interest and variety to meals for the family, to show her some of the ways to economize in meal preparation and at the same time to remind her that some of the fondest joys of family living stem from good, wholesome home cooking.

b. Methods:

The topics chosen on foods and nutrition were "Pepping Up Foods With Herbs", and "Bread Making". Each of the twenty-nine club presidents appointed two or more food leaders. The Extension Food and Nutrition Specialist conducted a training meeting on the above topics with twenty-nine leaders from seventeen clubs present.

Every home demonstration club had a garden leader in addition to the food leaders. Each month she was sent leaflets to give to her club members on "Garden Suggestions". The leaflets were prepared by the Extension Horticulturist. With the demonstration on the use of herbs in cooking some information was given on the growing and curing of herbs. Bulletins and leaflets were also distributed.

c. Results:

As a result of the training meetings conducted the leaders gave thirty-eight demonstrations with an attendance of 561. In addition to the meetings conducted by leaders the agents gave nineteen demonstrations with an attendance of 103.

Six hundred, thirty-five families received assistance with meal planning and food preparation. The women were delighted and fascinated with ways to pep up their cooking with herbs. Many had never been exposed to the use of herbs in any way and were amazed at some of the simple ways to make common foods more interesting.

The agent had observed that few homemakers bake bread for their families. The demonstration on breadmaking stimulated more interest in that phase of food preparation - not only among the younger homemakers but many of the older women have begun to again bake bread for their families. The women learned that it was more economical for them to bake bread at home, take great pride in the techniques they have developed and feel they are adding much zest to the family's meals, as well as providing good nutrition.

For some years the county families have had access to freezer lockers and these have been most helpful in preserving the family food supply. It is interesting to note that the 1954 census shows an increase of 985 farms having their own home freezers over the 1950 census. The 1950 census reported 392 and 1954 census 1,384 farms with freezers. That fact alone probably accounts for the increase in requests of the agent for information on freezing foods.

As a result of the distribution of garden leaflets and other contacts made 495 families received help on planning and providing the home food supply.

Although foods and nutrition was not one of the major topics in the adult program in 1955 much influence from the 1954 nutrition program was felt along with the interest of the 1955 program. Over 300 members report 1,398 contacts made

on that phase of the program. Many more women are calorie and weight conscious than ever before and more are trying to understand the real need of having a good variety of foods in the diet and what the basic seven foods do for the body.

2. Home Management:

a. Objectives:

For the second consecutive year some phase of home management has been included in the adult program. The purpose was to help the homemakers plan more efficient use of their time and energy in performing their house-keeping duties, especially in the kitchen and laundry.

b. Methods:

The Extension Home Management Specialist conducted a training meeting for club leaders on "Controlling Time and Energy Through Better Working Conditions in the Laundry and Kitchen".

A county-wide special interest meeting on "Remodeling Kitchens and Storage Spaces" was also conducted by the Extension Specialist and Home Agent. The agent and specialist visited homes to give additional assistance to homemakers with more difficult problems.

Local power suppliers and electrical kitchen equipment dealers co-operated with Extension Service in sponsoring a meeting on

kitchen planning.

Special publicity was given the county-wide meetings, through the local newspaper and over the radio station WVA. Leaflets and bulletins on management of time and energy, kitchen planning, laundry and storage were distributed.

c. Results:

Twenty-six leaders from twenty-one clubs attended the training meeting conducted by the specialist on "Controlling Time and Energy Through Better Working Conditions in Kitchen and Laundry". Those leaders, in turn, gave sixteen demonstrations with an attendance of 198. The agent conducted eleven monthly meetings with an attendance of 199. In presenting the above subject more time was spent on working conditions in the laundry since the program of previous years had given more attention to the kitchens and a special interest county-wide meeting was devoted to kitchens in 1955. Seventy-one families reported they were assisted with improving kitchens and laundry and 313 assisted in making management decisions.

The county-wide special interest meeting on remodeling kitchens and planning work areas was attended by twenty-three ladies. That was not as many people as the agent had hoped would attend nor as many as indicated their interest, but

due to snow and sleet the roads were just too hazardous for people to travel. However the meeting was quite successful for those that attended. Many had brought drawings of their kitchens and work areas and the agent and specialist held individual conferences with those people after the general meeting. In addition to the individual help given at the meeting two home visits were made by the specialist and agent to give assistance on kitchen planning for remodeling.

"What's New in Kitchen Planning" was sponsored by Extension Service with Power Suppliers and Electrical Kitchen Equipment dealers co-operating. Fifty-four ladies from Rockingham County attended the meeting. Women from three adjoining counties - Augusta, Page and Shenandoah, also attended, making the total attendance more than one hundred. The Extension Agricultural Engineer was first on the program and gave a very informative and interesting talk, on "Your Home Water Supply". That was particularly helpful to those people that are planning to install water under pressure in the home. General Electric Company's representative gave an illustrated talk on "What's New in Kitchen Planning". "How to Buy a Kitchen Range" was expertly presented by a representative from Frigidaire Division of the General Motors Corporation. "What to Look for in Buying a Refrigerator" was given by the home service director of the Virginia Electric and Power Company. Nine local electrical equipment dealers co-operated

34  
72

Program

*What's*

*New*

*in*

*Kitchen Planning*

*and*

*Equipment*

September 27, 1955  
Harrisonburg, Virginia  
Armory Building

o o o

September 28, 1955  
Charlottesville, Virginia  
VEPCO Auditorium

by displaying their latest pieces of kitchen equipment.

The meeting was highly praised by those people who attended. The information they received was first hand and being able to actually see the equipment as the different features were discussed made it much more meaningful. The Extension District Agent and Extension Home Management Specialist presided at the meeting and were responsible for making the plans.

3. House Furnishings:

a. Objective:

Three monthly meetings of the home demonstration clubs were devoted to house furnishing topics in 1955. To teach the homemakers ways of improving their family living by making their homes more attractive and liveable was the objective of that part of the program.

b. Methods:

Each club had one or two leaders appointed by the club president. The Extension House Furnishing Specialist conducted a training meeting for the leaders on "Good Design in House Furnishings" and "Best Use of Accessories on Hand". The agent trained the leaders for the demonstration on "Color Schemes". Colored slides and pictures were used to illustrate demonstrations with exhibits on Good Design and use of Accessories. For the demonstration

on color schemes each leader had a packet of illustrative material consisting of wall paper and wall color cardboards 16 x 16, swatches of drapery and upholstery fabric, floor coverings, etc., to use in planning and co-ordinating the color scheme for the entire house.

c. Results:

Twenty-seven leaders attended the training meeting on "Good Design in House Furnishings" and "Best Use of Accessories". Those leaders gave thirty-four demonstrations with an attendance of 532 and the agents gave twenty-four demonstrations with 315 attending.

The training meeting on Color Schemes was attended by twenty-four leaders that gave eighteen demonstrations with an attendance of 290. The agents conducted ten demonstrations and had 288 in attendance.

The agent has observed improvements in house furnishings in many homes following these demonstrations. Many of the women have commented on changes they have made. 1351 contacts were made through that phase of the adult program and 438 homemakers report they were assisted in house furnishings.

4. Housing:

a. Objectives:

The objective of having a phase of Extension Program on

housing was to help the rural people maintain the structure and physical part of the home in the best way, to let the people know what assistance is available on remodeling , repairing, building and maintenance.

B. Methods:

The Extension Rural Housing Specialist conducted a training meeting for club leaders on "Best Finish for the Job". The specialist and agent made home visits to help families with their remodeling plans.

The agent worked with the county water systems committee to promote installation of more water under pressure in the rural homes.

C. Results:

The leader training meeting was attended by nineteen leaders who in turn, conducted seventeen club meetings with an attendance of 288. The agents conducted twelve meetings with an attendance of 161.

The agent worked with the County Water Systems Committee in setting up committees for a county-wide water systems program. The Power Suppliers made a survey among their customers to determine whether progress had been made since the 1954 program. Their survey revealed that it had influenced the installation of a considerable number of water systems and that information given out was generally being helpful. In 1955 the pump dealers had an educational exhibit at the County Fair. The exhibit compared the home of yesterday with no running water and the modern home

with water under pressure. The well drillers had an exhibit along with that showing the well driller and the pump dealers had pressure systems on display. The exhibit attracted much attention and taught a good lesson. Income-plate reports show that Milford families were assisted with selection, installation and care of water systems.

5. Business Matters:

a. Obstacles:

That through the Extension Program the rural homemakers and husbands would be reminded of some of the important family business matters that they should be familiar with. To also make available to them information that will make them better informed and help them to make wiser decisions.

b. Methods:

Each club had two women appointed by the president to serve as business leaders. The agent and Extension Home Management Specialist conducted training meeting on "Wills and Deeds" and "Insurance". The leaders presented information to club members.

After club meetings the leaders worked with Buritan and Agricultural Board members in the community to make arrangements for a community meeting so that all interested people could receive information.

c. Summary:

This was a most successful and gratifying phase of the 1955

adult Extension Program in Rockingham County. A good job of co-operative planning was done by the Agricultural Board and the County Home Demonstration Committee in arranging for the community meetings. Thirteen different meetings were held at night with an attendance of 467. The meetings were conducted by a legal and insurance authority. Information on social security was also included at the meetings.

The training meeting for the home demonstration leaders was attended by twenty-six women. They conducted forty-six meetings with an attendance of 512 and the agents conducted nine meetings with 103 attending. Several of the clubs invited a local insurance or legal person to meet with them.

B. Home Demonstration Community Projects:

1. County Home Demonstration Club Markets:

For nineteen years the Home Demonstration Club Market has provided a means for farm women to sell surplus farm and home products.

Eleven different women sold on the market during 1955. The market has a manager who is not a seller. The sellers elect their president, vice-president, and secretary. The agent and manager appoint three sellers to serve with the president and secretary on the market committee. That committee meets

### Open House At H-D Market



WOMEN OF ROCKINGHAM County Home Demonstration Club Market will greet their customers on Saturday morning with an "open house" celebration, and the serving of refreshments.

The Market, located at 85 West Bruce Street, has been established for 18 years, and a variety of home products are sold each Saturday from 8:00 to 1:00 p. m.

with the agent and manager once a year to revise the market prices. Seasonal changes are also made as necessary to keep prices in line with other market prices.

Each seller has a physical examination once a year and posts the doctor's certificate on the wall back of her table.

In addition to supplementing the family income of the sellers the market also promotes better relations and understanding between the rural and city folk. It also provides contact with people that have different interests and is stimulating and broadening to the sellers.

	1955	1954	1953
Total Sales	\$11,585.40	\$11,897.19	\$13,093.33
Number Sellers	11	11	14
No. New Sellers	1	0	0

The sellers greeted their customers with an open house celebration in April, serving punch and cookies. The open house was held before Easter and each seller made fancy cookies for refreshments that she would have at the Easter sale.

## 2. County-City Rest Room

For twenty-five years the home demonstration clubs of Rockingham County have sponsored a County-City Rest Room, located in the

basement of the Court House in Harrisonburg. The County Rest Room Committee takes care of the planning in connection with the project. Each home demonstration club has a Rest Room Chairman who serves on the committee. The County Rest Room officers are elected by the County Home Demonstration Committee and serve two years with expiration terms staggered.

The County Board of Supervisors provides the space which includes powder room with toilet facilities, a comfortable living room, bedroom and fully equipped kitchen. Many working girls go there to eat their lunch each day, as well as shoppers. It also serves as a convenient meeting place.

A full time hostess is employed, and the City Council of Harrisonburg appropriates money to pay her salary.

All other maintenance is by the home demonstration clubs. Each club pays at least ten dollars dues a year and they consider the Rest Room their first responsibility community-wide.

Two years ago signs were put up at three main entrances to town stating there is a County-City Rest Room in the Court House, sponsored by the Rockingham County Home Demonstration Clubs. Like signs were put up at two other entrances in 1955.

3. Rockingham County Fair

The Rockingham County Fair was held for the sixth consecutive year. The homemakers department continues to be one of the largest departments. Much interest has been stimulated throughout the county by

fair chairman in each of the home demonstration clubs. In 1955 there was a total of 107 exhibitors with a total of \$44 exhibits in the homemaking department.

Mrs. D. R. Thacker, a home demonstration club member was chairman of the adult section and Mrs. Sheldon Showalter, also a home demonstration club member, served as co-chairman in charge of the Junior homemakers section.

The County Home Demonstration Committee had two food booths at the fair. That has been their source of income for several years. All clubs co-operate with a steering committee appointed by the County Committee President. Fifty percent of the profit is given to the Rockingham County Fair Association, and the Committee keeps the other fifty percent. Total profit for 1955 was \$1,083.41 with \$441.70 for the home demonstration treasury.

#### 4. Ladies Auxiliary Rockingham Memorial Hospital:

The home demonstration clubs have always helped support the Rockingham Memorial Hospital. 1955 was the fourth year that the Ladies Auxiliary of the Rockingham Memorial Hospital held a bazaar. Civic organizations sponsor booths which have products to sell. The proceeds made go to the auxiliary to make improvements in the hospital. The Home Demonstration Committee sponsored a pastry booth. All clubs sent in pastry and one club member served as chairman and made all arrangements for the project. The Home Demonstration Booth had the second

highest sales of any one booth which was \$118.00.

The clubs have assisted the auxiliary by making little puppets for the childrens' wing. When the parents leave their child the nurse gives them a puppet which they can keep and take home with them when dismissed from the hospital.

5. Home Demonstration Achievement Day

# H-D Clubs Stage Achievement Day At Linville-Edom

Dr. Robert L. Shery  
Principal Speaker  
At Annual Event

Rockingham County Home Demonstration Club women attending the annual Achievement Day yesterday at Linville-Edom School were told by Dr. Robert L. Shery, pastor of the First Church of the Brethren, that "women, as the chief homemakers, are chiefly responsible for the people who are produced, and it is a pity, if they lose or misuse this opportunity."

"America's most important product is its people. Dr. Shery said. "We are blind until we see that in the human plan nothing is worth the making, unless it makes the man. People are produced chiefly in homes. Schools, churches, clubs and industry combined do not have as much influence on the quality of life of the average person, as does his home."

**Affects Everything**  
"The kind of people produced affects everything else. The world is as it is because you and I are as we are," Dr. Shery added. He concluded:

"If our community, nation, and world are to improve, it will be made possible by homemakers who fulfill their highest destiny as partners with God in producing a truly fine generation of men and women who live like sons of God and brothers to their fellow men."

Mrs. Hubert M. Shaver, of Mt. Crawford, chairman of County H-D Committee presided over the meeting, with group singing led by Mrs. Robert Frazier, accompanied by Miss Ruth Spitzer at the organ.

The Rev. E. J. Robert, of the Linville Christian Church, gave the devotionals.

### Mrs. Hopkins Responds

The welcome was extended by Mrs. D. Hinton Robinson of the Mt. Clifton Club. Responding, Mrs. Edwin Hopkins, of the Spolewood Club, stated:

"As Federation Club homemakers, we should be a force of good in our local, state and national affairs, with chief interests remaining in the home and family; the chief aim that of improving family living.

"Realizing that our homes are the foundation of society, ideals and standards of schools, church and community, a Christian way of living should be sought by example. We should strive to practice this way of life in all our daily contacts."

Twenty-seven clubs responded to the roll call by County secretary, Mrs. John B. Wampler. The treasurer's report by Mrs. Elwood Hooks followed.

### Reading Certificates

Mrs. H. D. Harman, of the Mt. Crawford Club, presented 42 reading certificates. Those receiving them were required to read five books on the reading list during the year.

The speaker, Dr. Shery, was introduced by Mrs. Earl Wetzel, of the Pleasant Hill Club.

Tribute was paid to the late Miss Emma Kile Rolston, by pausing in silent memory. Miss Rolston served as hostess at the County Rest Room for a number of years.

Selections by Prof. Ormand Spivey, of Bridgewater College, concluded the morning session.

Luncheon was served by the hostess-clubs of Park View, Mt. Zion, Mt. Clifton and Spolewood.

Organ music was played by Walter Lance during the dinner hour, on the Hammond organ furnished by the Miles Music Company.

### Fair Presented

The achievements of the Clubs were presented in the skit "The Last H-D Meeting of '35" in which 18 members participated.

The individual club accomplishments showed an increase in the projects over the previous year. The County H-D Clubs had four major projects for the year; the Mother's March on Polio for which they collected \$3,753; a pastry

booth at the Hospital Bazaar which brought in \$118; a food booth at the County Fair; and the County-City Rest Room.

Gift presentations to Mrs. H. M. Shaver, who has served as president of the county organization for two years, and Mrs. Doris Moyer Whitmore, who was recently married, were made during the skit.

The committee in charge of arrangements for the day was composed of Mrs. C. F. Rogers, Mrs. D. Raymond Landis, Mrs. Don Pe-

Mrs. Ralph Miller, Mrs. Charles Steele, Mrs. Bruce Slaven. The committee writing and directing the skit was composed of Mrs. B. S. McKay, Mrs. Roland Line and Mrs. Dwight Jordan.

6. County Health Programs

The Home Demonstration Club members are very much interested in improving the health of all people in the county. Several clubs work with the Health Department and Welfare in assisting children and families. The clubs also participate in local health drives such as cancer, T. B. and polio.

For the fourth consecutive year the County Home Demonstration Committee voted that all clubs would co-operate in sponsoring the Mothers' March on Polio in the county. In 1955 they collected \$3,763.58 on the one night that they made calls to homes that had their porch lights burning. By working with the local Polio Chapter the rural people have become better educated about the symptoms of the dreadful disease and precautions that are desirable to take.

7. Federation Activities:

a. Federation Goals

(1) Family Life:

The County Federation Goal for 1955 was "Family Life". Each club had a Federation Goal leader in addition to the County Goal Chairman. The objectives and goals as set by the county committee were:

1. Allow ten minutes at each monthly meeting for Federation Goal.
2. Strive to have more and better home life by:

- a. Establishing and strengthening individual and family worship habits.
- b. Seeking help through guidance agencies on selected family problems, interests and needs.
- c. Gaining some understanding of how much responsibility children should take at various age levels and ways and means of developing a sense of responsibility.
- d. Planning desirable family recreation in the home and community.
  1. Sharing interests in family hobbies
  2. Building a record and reading library
  3. Holding family sings
  4. Planning family vacations

b. District Federation

One hundred forty Rockingham County Home Demonstration Club members attended the District VII Home Demonstration Federation Meeting in Staunton.

c. State Federation

Twenty-three women attended the Virginia Federation of Home Demonstration Clubs and Institute of Rural Affairs at V.P.I.

The workshop held on Federation Goals was most helpful and the women felt they understood more about the activities and what could be done in the county. The women hope a similar

program will be planned for the 1956 state meeting.

VI. Farm and Home Development:

A. Method Used in Selecting Families

The County Home and Agricultural Agent and the County Home Demonstration Committee President met with the County Agricultural Board and discussed the Farm and Home Development Program. The agents asked that the group suggest families that would be good prospects for Farm and Home Development families. About eight families were suggested by the Board. The agents discussed these families and tried to get basic information on attitude, whether or not the family would be likely to co-operate in such a program, etc. Key people in the county were contacted and the agents discussed confidentially the suitability of families to the program. The County Agents came together to discuss what both had found out and from that narrowed the families down to two. The two families lived in the same community and a joint meeting was arranged at one of the homes to explain the program and ask them to be a Farm and Home Development Family.

B. Acquainting Local Leaders

The District and County Home Agents explained the program to the County Home Demonstration Committee at their annual business meeting. News articles by the State Extension Director were published in the local newspaper.

C. Outstanding Progress:

The Wilmer Diehl Family of Port Republic has been a very interesting family to work with. After the agent had been working with the family about one month the Farm and Home Unit Specialist visited the homemaker with the agent. The Specialist offered some helpful suggestions to the homemaker during the visit to the home and gave good assistance to the agent in tentative plans and ways to approach the homemaker on different problems the homemaker feels they have.

The agent has been working with the family four months and feels the family has reacted most favorably toward the program. Both the homemaker and her husband seem pleased and appreciative of plans suggested. They have accepted some of the suggested plans and begun to work toward definite goals. Although it may be a year or two before they will reap great results the family has certainly responded in an outstanding way to assistance offered.

VII. 4-H CLUB WORK

A. Project Work:

1. Food and Nutrition:

a. Meal Planning, Preparation and Service:

(1) Objectives:

The objectives of the food preparation project in the 4-H program is to help the 4-H girl plan,

prepare and serve more nutritious and attractive meals for their families.

(2) Methods:

One hundred, forty-eight girls were enrolled in the "Meal Preparation" and "Bread Making" projects, with 118 completions. 10,062 dishes were prepared and 1,737 meals served. Each leader was given a suggested plan to follow for each club project meeting. A county-wide leader training meeting was conducted by the home agents with an attendance of thirteen, representing six school and community clubs.

(3) Results:

Following the training meeting the adult local leaders conducted six community project meetings during the summer, with an attendance of fifty-three, and the home agents two with an attendance of twelve.

Sara Behrens, of the Broadway Club was a blue ribbon winner in the State "Bread Making Contest". Dorothy Spitzer of the Tenth Legion Club was also a blue ribbon winner at the State contest in "Poultry Consumption".

Eight girls participated in the County Contests, October 1955. The food preparation, poultry consumption, bread, and dairy foods section had

34  
72

contestants. The Bread Making and Poultry Consumption winners participated in the Area Contests in November 1955. These two contestants will participate in the District Contests. Three contestants in the under 14 group also participated in the Area Contests, winning blue ribbons.

Many nice products were exhibited at the County Fair.

b. Food Preservation:

(1) Objectives:

The objective of the food preservation projects is to teach girls the proper method of preserving foods so that a variety of foods may be included in the daily diet to furnish proper nutrition the year round.

(2) Methods:

Seventeen girls enrolled in the food preservation projects, fifteen completed, with 641 quarts canned and 280 quarts frozen.

Miss Connie Newman, Home Economist for the local Virginia and Electric Power Company conducted an all-day food preservation school for county 4-H girls enrolled in these projects. Fifteen girls and five leaders attended. Proper methods

of both canning and freezing were demonstrated. The girls, working in pairs, both canned and froze. The girls showed much interest in this meeting and expressed a desire to have a similar meeting in 1956, on Meal Preparation.

(3) Results:

Yvonne Hinton, of the Linville-Edom Club was State canning winner in 1955. Her State award was an all expense trip to the National Club Congress in Chicago.

Wanda Turner of the Tenth Legion Club, gave a demonstration on freezing beans at the County Contests, and also participated in the Area Contests.

There were many nice exhibits at the County Fair.

2. Clothing:

a. Objectives:

The objective of the clothing projects for 4-H girls is to teach each girl the importance of a well planned wardrobe, keeping in mind her needs and resources, to teach the importance of the selection of suitable patterns and materials, and better techniques and methods of construction, in order that each girl can have suitable and becoming clothes for a minimum of cost.

b. Methods

The three clothing projects that girls were enrolled in for 1955 were: "Looking Your Best", "So You'd Like to Sew", and "Make or Remake". One hundred, twenty-one girls were enrolled in "Looking Your Best", with 115 completions. One hundred, fourteen girls enrolled in "So You'd Like to Sew", with 103 completions. Seventy-two girls enrolled in "Make or Remake" with sixty completions.

The adult local and junior leaders were trained at a clothing construction training meeting held in 1955, by the home agent. Thirteen leaders attended, representing six community and school clubs.

c. Results:

The local leaders in turn, conducted thirteen community project meetings throughout the summer, with an attendance of 132. The assistant home agent conducted five such meetings with an attendance of thirty-eight. The girls showed much interest in their clothing projects this year, and many well constructed garments were made. One girl tailored a topper, and entered it in the county contest in 1955, winning first prize; she also was first prize winner at the area contests.

There was keen competition in the county contests for both over and under fourteen in the Style Dress Revue and Clothing Achievement. The Style Dress Revue winner participated in the area contests, November, 1955, winning a blue ribbon, thus enabling her to participate in the district contests.

In 1955, for the first time, those girls enrolled in the "So You'd Like to Sew" project were eligible to participate in the contests. There was much interest among these younger girls, and it is hoped that by them participating in 1955, they will have a better understanding of what the county contests are and that more of them will participate in 1956.

Both the "So You'd Like to Sew" and "Looking Your Best" projects worked out very satisfactorily with the school clubs. The latter project has been a great help to these girls, in teaching them to take more pride in their appearance.

The Junior Homemakers' Department at the local county fair was well represented with many articles and garments that the 4-H girls had made in 1955. The construction and the appearance of the garments was much improved over last year's entries.

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3. Housekeeping:

a. Objective:

The objective of the "House Keeping" project is to teach the L-H girls the most efficient ways to do the everyday tasks of house keeping, by teaching them the short and easy ways of doing these tasks, evaluating them to save time and energy.

b. Methods:

Seven girls were enrolled with five completions. Supervision in this project was mostly given by the adult local leaders at regular club meetings. Since there were so few girls enrolled in this project, and due to the fact that there weren't enough girls enrolled in the project from any one club, no community project meetings were held. Each adult leader was provided with a manual and the home agents provided all information that was available to these leaders, and gave assistance when needed.

c. Results:

It was felt by the leaders and home agents that this project was not as successful as it might have been. The girls were not too interested, and therefore did not do a thorough job of completing their projects. It is hoped that in 1956 more girls will become interested in this very worthwhile project.

4. Room Improvement:

a. Objective:

The objective of the Room Improvement project is to teach the 4-H girls the art principles in home furnishings, and how they may be applied in the improvements that they can make in their rooms with a minimum of cost.

b. Methods:

The three projects girls were enrolled in were: "Your Room Pep It Up", "Your Furnishings", and "Make It Livable."

In 1955 thirty-three girls were enrolled in these projects, completing twenty-nine, with 276 articles made, and twenty-five rooms improved.

One school club carried this as their project with a 93% completion, with the home agent giving the instruction. The adult local leaders gave the instruction to the other girls who were enrolled.

The adult leaders in one club conducted a project meeting with an attendance of six.

c. Results:

More interest was shown in the room improvement projects in 1955 and the quality of work was much improved over last year.

5. Health:

a. Objective:

The objective of the health project is to teach the girls the importance of their own health, their family, and community health, and to help them acquire an understanding of the things they can do in order to achieve these.

b. Methods:

One very small school club carried this project with an enrollment of seven and 100% completions. This club did not have an adult leader, therefore the home agent met with the group every month. Their project meetings usually were discussions.

c. Results:

The results may have been more than what the home agent had anticipated. This group was a very cooperative one and very anxious to learn. However, they were handicapped in the fact that they live so far back in the country and did not have the advantages that many other 4-H members have.

6. Safety:

a. Objective:

The objective of the "Safety" project is to help the 4-H girl become more aware of the importance of safety and the need for removing hazards around the home and farm.

b. Methods:

Nineteen girls were enrolled in the "Safety" project in 1955, with twelve completions. One community club, that has done outstanding work in the safety project sponsored a county-wide Safety Contest. However, the majority of the clubs took little interest in this; therefore the contest was not a success.

c. Results:

County-wide, this project has not been a popular one; therefore enrollments and completions have been very low. It is hoped that another year there will be more interest in the "Safety" project, and there will be a large number of enrollments.

7. Family Washing and Ironing:

a. Objectives:

That the girls will learn more efficient use of time and energy in doing the family washing and ironing.

b. Methods:

Fifty-one girls were enrolled with forty-four completions. The agents and adult local leaders gave training at the club meetings as several community clubs took this project.

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c. Results:

Two girls demonstrated ironing a man's shirt at their regular club meeting.

B. Other Activities:

1. Contests:

a. Objectives:

To stimulate activities and promote more interest in work by giving an opportunity for comparison and improvement as well as for new ideas.

b. Methods:

The 4-H contests are always an important part of the 4-H program. Rockingham County had sight girls participating in the Area Contests held November 1955. Selections represented were, bread making, freezing, poultry consumption, meal preparation, clothing achievement, and style dress revue. Four of these contestants were area winners and will participate in the district contests.

Thirty-seven 4-H girls participated in the County Contests held October 1955. There were more contestants in the clothing section than any other; however, interest was shown in all other sections. More than fifty 4-H Club members, mothers and leaders attended the contests to observe. This gave both an opportunity to see how the contests are conducted.

2. 4-H Achievement Day:

a. Objectives:

To give recognition to different clubs, their members and leaders, for the work done and honors received, and to impress upon the community what 4-H is and what it has accomplished.

b. Methods:

Committees, working with the County Agricultural and Home Demonstration Agents made plans for the 4-H Achievement Banquet, which climaxed National 4-H Club Week. Over 250 of the 4-H Club members, leaders and parents attended.

c. Results:

The retiring president, Charles Acker, installed the newly elected officers, in a very impressive service. The guest speaker was Mr. Jack Good, a former 4-H Club member from Roanoke County, who is now a ministerial student at Emory and Henry College. His topic for the evening was "Doors That No Man Can Close", a most challenging and inspirational talk. The home agent presented awards to club members and recognized local leaders.

## Rockingham 4-H Club Council Officers



**BOYS AND GIRLS** of the Rockingham 4-H Clubs observed Achievement Night at a dinner served in the Ashbury Methodist Hall here. 4-H Council officers are: (l to r) Janet Eshen, reporter; Chas Hilt; Bobby Alberte, treasurer; Timber Rides; Donnie Martin, vice president; Tenth Legion; Yvonne Hinton, president; Linville-Ezom; Gay Turner, secretary; Chidlers; Jimmy Hilliard, recreation leader; Tenth Legion.

### 4-FT Achievement

## Night Observed County Boys & Girls And Their Leaders Praised At Banquet

Honors were awarded and fine records praised at the annual Achievement Night banquet of the Rockingham County 4-H Club Council, served in the Ashbury Methodist Fellowship Hall with 265 club members, parents, adult leaders, friends and other guests in New Council officers were installed by Charles Acker as follows:

Miss Yvonne Hinton, Linville-Ezom, president; Donnie Martin, Tenth Legion, vice president; Gay Turner, secretary; Bobby Alberte, Timber Rides, treasurer; Jimmy Hilliard, Tenth Legion, recreational leader, and H. T. Acker, Port Republic, adviser.

**The Achievement Night** marked the closing of the 1946-47 season of National 4-H Club Week in Rockingham County. Miss Carolyn Driver, county home agent, and a trip to the summer resort were Congress as a guest of the Kerr Glass Mfg. Co., of Oklahoma; Miss Corrin Wagner, state winner, and a trip to the National 4-H Camp in Washington; Sarah Behr, county home agent, and a trip to the summer resort; and a trip to Chicago as guest of Montgomery Ward.

Miss Beverly Wampler, Dayton, state winner in leadership, who won a trip to the National 4-H Camp in Washington; Sarah Behr, county home agent, and a trip to the summer resort; and a trip to Chicago as guest of Montgomery Ward.

#### Recruiting Leaders

"In recruiting our second members," said Miss Driver, "I want to recognize the group of adult women throughout the county who volunteer their time to assist the girls with their 4-H work. I also want to give recognition to your parents for their interest in your 4-H experiences. I hope you will be glad to say that through all your 4-H experiences I hope you have gained a better understanding of the value of the 4-H program and learned a deeper appreciation of the American way of life, by practicing and demonstrating democracy at home and in your club and community."

**Hollomon Names Boys**  
Mr. Hollomon, in the minutes of the meeting, announced that eight leaders and the parents as he recognized the outstanding 4-H boys for their achievements:

Winners in Sears Roebuck Agricultural Foundation prepared gift above: Franklin Lutz, Linville-Ezom; John E. Hilt, Tenth Legion; Louie Kirk, Waverly Cleft; Billy Branch, son of Mrs. Ginnna Clegg, second; Sammy Wampler, Tenth Legion; son of Mr. and Mrs. Carroll Wampler, third.

Judging teams representing the Rockingham County 4-H Clubs in the State Show Contest; poultry judges: Allen Lacey, Dayton; Jennie Kerza, Clover Hill; Jimmy Hilliard, Tenth Legion; and Judy Routhman, Clover Hill.

Members of the Rockingham County 4-H Clubs who will go to the Northwestern Poultry Federation Exposition in January: Egg finding team: Janet Esch, Clover Hill, and Donnie Martin, Tenth Legion.

Members of the 4-H Club team: Bobby Alberte, Tenth Legion; Timber Rides, and Bobby Mathias, Tenth

Legion, named for their achievement records on a percentage basis:

100 per cent: Dale Shierprive, Fox Mountain, Linville-Ezom, Port Republic Jr., Spring Creek, Tenth Legion.  
80 per cent and over: Clover Hill, 94; Chidlers Jr., 94; Opreyville 92.  
60 per cent or over: Brier Branch 88; Chidlers Sr., 87; Dayton 85; Larry Spruce 80; McCabeyville 81; Port Republic 84.  
70 per cent or over: Rockswold 74.

#### Guest of Council

Guests included: Mrs. Eva Minix, District Home Agent; Mr. and Mrs. B. S. McKay, Edom; he is a member of Rockingham board of supervisors; Emmer Kayser, manager of the Rockingham Lodge; Mrs. J. M. McKeen and Mrs. M. G. Mark Keok, he is president of the Retail Merchants Bureau; George Heitz, Rockingham Poultry Marketing Co-op.

Mr. and Mrs. D. H. Lister, Shenandoah, Lenoir County, Siler, Mr. and Mrs. J. M. McKeen, Edom, and Mrs. John B. Wampler, Wimper Ford and Seed Co., Bar, and Mrs. Walter M. Lockett, Jr., of Ashbury Methodist Church.

The entertainment features included a tap dance by Shirley McKeen, a play by the 4-H Club, and a play by the 4-H Club on Friday night, very General arrangements: Mrs. Dan Brobaker, Clover Hill; Mrs. Sheldon Showalter, Port Republic; Corrinne Wenger, Port Republic; Program: Mrs. C. D. Wampler, Tenth Legion; Mrs. D. Wampler, Tenth Legion; Mrs. Raymond Hoover, Tenth Legion.

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3. 4-H Camp:

a. Objective:

To stimulate interest in club activities, give opportunity for special training in subject matter, emphasize co-operation, train in recreation, and give the boys and girls a glimpse of the things in rural life difficult to obtain through regular 4-H Club work.

b. Results:

Twenty-six girls, one adult leader and one junior leader attended District VII Camp at Powells Fort Valley, Woodstock, Virginia, in August 1955. Rockingham County boys and girls camped with Loudoun and Rappahannock Counties. The campers enjoyed classes in swimming, song leadership, recreation, handicraft and Indian lore.

4. 4-H State Short Course:

Nine girls, one adult local leader, Mrs. Dan Brubaker, and the assistant home agent, attended the State Short Course at V.P.I. in June 1955. Three girls from Rockingham County participated in the State Contests.

Yvonne Hinton was taken into the All-Star Chapter and was also state winner in canning.

Corrine Wenger was state winner in Girls' Records.

5. National 4-H Club Sunday:

Eleven 4-H Clubs observed National 4-H Sunday during the

month of May. Several groups had a special service, others assisted with the regular Sunday morning services, - several clubs having special offerings gave the offering to the Religious Education Fund for Public Schools.

6. T. B. Bangle Sale

The Rockingham County 4-H Clubs again sponsored the Tuberculosis Bangle Day Sale, with a total of \$723.83. Fifty-three girls and boys participated in the sale.

This is the 4-H Clubs' major health project and the John W. Taliaferro Jewelry Store gave a silver cup to the club with the highest sales. The Timber Ridge Club's total sales were \$140.47. The Tenth Legion Club was runner-up with \$99.83. and the Linville-Edom Club was third with a total of \$85.55.

7. Kiwanis Best Club Contest

The Harrisonburg Kiwanis Club shows their interest in 4-H Club work by sponsoring the Best Club Contest each year. Each club sends to the County Extension Agents a written report or record of their club activities during the year. Records are judged on participation in community activities, attendance at meetings, project completions and other points. The Timber Ridge Club won the first award, a \$50.00 Savings Bond. Other clubs receiving awards were: second, Dayton \$25.00 Savings Bond, third, Port Republic, \$15.00 cash - fourth Tenth Legion \$7.50, tied for fifth, Criders and Linville-Edom, \$7.50 cash each.

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8. The Rockingham County Fair

a. Objective:

To co-operate with other county organizations to make a county fair possible.

b. Methods:

4-H Club Council will sponsor a food booth at the fair for a money making project. Adult local leaders and the Extension Agents encouraged members to take exhibits to the fair.

c. Results:

Forty-seven 4-H girls entered 95 exhibits at the County Fair. Exhibits were of a better quality this year than in previous years.

The County 4-H Council again had a food booth at the fair. This helps both organizations as the Fair Association receives half the profit received from the booth. A total profit of \$503.28 was received. Several leaders were in charge of the buying. The Home Agent made a schedule, asking certain leaders to be in charge of the booth certain hours. These leaders brought in the number of members from her respective club, that was needed to help.

Money made at the fair will be used to buy club members' and leaders' pins, also for training meetings and other county council expenses.

9. County Recreation Program:

a. Objectives:

To help 4-H girls and boys develop a recreation program that will not only be interesting on a county-wide basis but one that will meet the needs and interests of the individual clubs.

b. Methods:

Committees planned a county-wide recreation program, and a group of older 4-H members, along with a recreation leader conducted the program.

c. Results:

More than 200 4-H girls and boys attended the county-wide recreation program, conducted by Dr. Kirkpatrick, Professor of Sociology at Marietta College, Ohio. Three community clubs had demonstration sets at the square dance. The purpose of these sets was to teach the others new members present, these new steps. The evening was very enjoyable and all members felt they had gained much that they could take back to their clubs.

## 4-H Clubs Stage Recreation Festival



Members of the Tenth Legion 4-H Club participate in figure dancing at the County 4-H Recreation Festival Friday night in a county fair building. This was attended by 150 members of the 4-H clubs and leaders.

Dr. E. L. Kirkpatrick, professor of sociology at Marietta College, Ohio, who is summer Extension Rural Sociologist at VPI, directed the recreation for the evening.

Eleven community clubs were represented and four of these gave

a folk game demonstration. The remainder of the evening was devoted to folk games. Everyone had an opportunity to participate in this "learn-by-doing" program.  
(News-Record Photo)

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10. National 4-H Club Camp:

a. Objectives:

To help members prepare for more responsible citizenship and service in their communities, through learning more about how the Federal Government functions by first-hand observation, group discussion, and hearing prominent men and women speak, gaining a wider outlook from travel and exchanging ideas and experiences with young people of other states and other lands; and acquiring a better understanding of how the United States Department of Agriculture operates.

b. Methods:

A 4-H member, in order to receive this honor, must have been an outstanding 4-H member, in leadership, citizenship, and in many other phases of 4-H club work.

c. Results:

Beverly Wampler, of the Dayton 4-H Club had the honor of attending the National 4-H Club Camp in 1955. Beverly was one of the two girls chosen from the state of Virginia to represent their state at this camp. She has been recognized throughout the state as an outstanding 4-H Club member, in leadership. She has been State Winner in room improvement and home improvement, and has attended National 4-H Club Congress in 1953.

This is the highest honor that can be bestowed upon any 4-H Club member. The spirit of the camp and experience encountered there are memorable ones to Beverly. She learned much about the Federal Government as to how it is set up and how it functions, as well as learning how 4-H Club work is carried on in other states.

11. National 4-H Club Congress:

Two Rockingham County 4-H girls had the honor of attending National Club Congress in Chicago, in 1955

The following clipping from the Daily News Record gives general data about girls.

However a special note must be added to say that Ivonne was also a National winner in canning and received a \$300.00 College Scholarship. She also received special recognition by being toastmistress at the Kerr Breakfast, honoring all state canning winners.

## Miss Beverly Wampler Goes to National 4-H Camp at Capital

Miss Beverly Jane Wampler goes to Washington today to attend the National 4-H Club Camp to be held here through June 22. This is the 20th anniversary of the camp.

Miss Wampler, 18-year-old daughter of Mr. and Mrs. John B. Wampler of Harrisonburg Route 1, was chosen as one of two 4-H Club members from the state of Virginia to attend the National Camp. This is the highest honor a 4-H Club member can receive.

### Was State Honors

A member of the Davton 4-H Club for eight years, Miss Wampler served as president of her club for two years, as vice president, county council president, leader, and on many committees. She was a member of the Virginia 4-H All-Star Chapter for two years and is the 2nd vice president of the club.

A junior at Bridgewater College, majoring in home economics, Miss Wampler is recognized throughout the state for her outstanding leadership. She was named state winner in room improvement in 1952, in home economics in 1953, and in 1953 and attended the National 4-H Clubs Congress in Chicago. She is active in church and other civic youth programs.

### Camp Objectives

The purpose of the National 4-H Club Congress is to help members prepare for more responsible citizenship and service in their communities through: learning more about how the Federal Government functions by firsthand observation, group discussions and hearing professional speakers; gaining a wider outlook from travel and exchanging ideas and experiences with young people of other states and other lands; and acquiring a better understanding of how the U. S. Department of Agriculture works. The Department of Agriculture, "Your Government, Your Home," is the theme of the camp.



**MISS BEVERLY WAMPLER**, the Official 4-H Uniform.

ment, 4-H and You," will be tied in with the club's year-round program for 1953-54, "Improving Family and Community Living."

Major former delegates will attend to help elaborate this year's silver anniversary. Among them will be many well known leaders in agriculture and civic affairs. Most of them will make it a point to be present on Monday, June 20, which is the big day dedicated especially to them.

## Two Rockingham 4-H Girls To Leave Today For Chicago Meet



MISS CORRINE WENGER



MISS YVONNE HINTON

Miss Corrine Wenger, of Port Republic and Miss Yvonne Hinton, of Linville Edom leave today for Chicago where they will attend the thirty-fourth National 4-H Club Congress. Both girls have done outstanding club work and along with twenty-five other youths from the state will represent the 62,000 4-H Club members of Virginia at Club Congress. The delegation will travel as a group on the Norfolk and Western Railroad and the Rockingham girls will join the others at Roanoke.

### At Hilton Hotel

The Conrad Hilton Hotel will be Congress Headquarters and that is where the Virginia delegation will stay.

The program will consist of educational tours, lectures, banquets and parties.

Miss Wenger, 19, daughter of Mr. and Mrs. J. A. Wenger, receives her all expense paid trip as the award winner in Girls' Records, sponsored by Montgomery Ward, Chicago.

Miss Wenger has been in club work six years. She has served as secretary of the Rockingham County 4-H Council, secretary, reporter and recreation leader of the Port Republic Club, chairman of activities committee, scrap book committee, and has also served on many County Council Committees. She has assisted other club mem-

bers by serving as a junior leader for her club for three years.

### Twenty-Six Projects

In her six years of club work Miss Wenger has completed twenty-six projects and received one hundred awards. The projects included canning, food preparation, ironing, farm and home electricity, room improvement, bread-making and make or remake.

Miss Hinton, 18, daughter of Mr. and Mrs. George Hinton, received her all expense trip as an award winner in canning. Her trip is sponsored by the Kerr Glass Manufacturing Company of Sand Springs, Oklahoma.

Miss Hinton has been a member of the Linville-Edom 4-H Club for nine years. She has completed thirty-three projects and has received 158 awards. Canning has always been her major project. Her other projects included clothing, room-improvement, meal planning and laundry.

Miss Hinton is president of the Rockingham County 4-H Council for 1956. She has also served as secretary and reporter for the Council and president, secretary and treasurer for her club. She has been active in community and school affairs and has served on many committees.

Miss Wenger and Miss Hinton will return from the Congress Saturday, December 3.

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VIII. Young Men and Young Women's Work

Young Men and Women's Work first began in Rockingham County in 1950 with two organized groups in the county. Since 1951 there has been one county-wide group. The objective of that phase of the Extension Program has been to reach the young people between the ages of 18 - 30, and help them develop leadership, have social and recreational activities that they enjoy, as well as promoting educational and community service projects.

During 1955 the group was unusually small and their programs were primarily recreational. The president appointed a program committee which met early in the year and planned the following program:

December	Christmas party
January	Business meeting Speaker: Brethren Service Agricultural Worker in Greece gave illustrated lecture on his ex- periences.
February	Valentine Box Supper and square dance
March	Business meeting and square dance
April	Roller skating party
May	Square dance
June	Picnic
July	Swimming party and picnic
August	Swimming party and picnic
September	Card party at home of adult advisor
October	Square dance
November	Annual banquet - Speaker IFTE To Finland Special music

The Older Youth Specialist had a conference with several of the members trying to interest the group in holding some discussion programs. That type of program did not seem to appeal to the group. The several that were very much in favor of discussions were in college, and could not attend meetings regularly enough to be responsible for planning the program.

The group was proud of the \$40.00 Leadership Scholarship Award they received from the Virginia Federation of Home Demonstration Clubs.

Five girls and one boy attended the Leadership Training Camp at Camp Farrar, Virginia Beach, Virginia. The Home Agent accompanied the group. Miss Bonnie Lee Wampler was elected state secretary.

The Rockingham County YW had several handicaps in 1955 that kept them from making the desired progress. First, the group does not have a regular monthly meeting place. Even though the secretary sends cards to members announcing the meeting the agent feels it would be more satisfactory if they could have a permanent meeting place. Another handicap in 1955 was changing presidents in the middle of the year. The first president, because of college responsibilities, resigned.

The group is fortunate to have Mr. and Mrs. Raymond Landis for adult advisors.

IX. Scope of Work:

	1951	1952	1953	1954	1955
No. N. D. Clubs or Groups	29	29	28	29	29
Membership	1145	1172	1205	1232	1087
No. A-H Clubs	19	18	20	20	21
Membership	292	311	285	293	371
No other families reached	2637	2780	3080	3106	3066
No. of different families reached	3782	4000	4378	4433	4189
No. of community clubs					
Membership					

X. OrganizationA. County Home Demonstration Committee:

The club presidents and program development leaders made up the County Home Demonstration Committee which served as the planning committee to outline the year's program. The county officers serve as an executive board to pilot the activities of the committee.

In 1955 the County Home Demonstration Committee had a food booth at the County Fair for the fifth consecutive year. A steering committee was appointed by the president to outline plans for operating the booth and buy food. All clubs co-operated by working in the booth during fair week. That was the County Committee's only money making project. Fifty percent of the

profit goes to the County Fair Association. The Home Demonstration Committee's half was \$541.70.

The committee had \$300.00 in saving bonds to mature in 1955. When the bonds were bought twelve years ago the plan was to start a fund that would be used to equip a county kitchen in the county building for which plans were being discussed. To date, the building has not been put up and the \$300.00 plus \$200.00 more taken from the treasury, was put out on interest at the Harrisonburg Loan and Thrift.

The County Committee voted in September 1955, to use \$50.00 for awards for girls 4-H work in the county in 1956. A committee will set up standards for judging, but the main use will be to pay expenses to the Short Course of State Contest participants or county delegates. No provision had been made for these people before.

B. County Board of Agriculture:

The County Agricultural Board co-operated with the County Home Demonstration Committee in sponsoring community meetings throughout the county on legal matters. Fourteen different meetings were held with legal or insurance authorities conducting the meetings.

C. County 4-H Council:

The County 4-H Council is composed of the officers of all county 4-H Clubs and representatives of the All-Star Organization.

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The adult leaders and Extension Agents serve as the advisory board to the Council. The Council held two meetings during the year. A county-wide recreation meeting followed the spring meeting with over two hundred attending. Miss Carolyn Caricofe, and Miss Beverly Wampler, both All-Stars, conducted the recreation program.

The Annual Achievement Banquet was held during National Achievement Week which is sponsored by the Council.

The County Council operated a food booth at the County Fair for the fifth consecutive year. That was the only money making project the Council had during the year. \$1,006.56 was the total profit made from sales at the booth. The Fair Association receives fifty percent, so \$503.28 was the Council's share for its treasury.

D. County All-Stars:

The County All-Star Chapter helped to plan and sponsor county-wide events for the 4-H Clubs.

The All-Stars Main project in 1955 was working with the 4-H adult leaders and helping them reorganize an association.

The Big Chief appointed a committee to work with several leaders. The committee planned a meeting with the leaders to find out if they wished to have a leaders' organization. The group organized and decided to have quarterly meetings.

The All-Stars held their annual banquet with thirty-four in attendance. They also had a picnic in addition to their annual business meeting. Two girls and three boys attended District All-Star Key Award Banquet.

E. Adult 4-H Leaders' Association.

Due to the influence of the All-Star Chapter the Adult 4-H Leaders' Association was re-organized after a lapse of inactivity for several years.

This organization will endeavor to help the leaders to better understand their responsibility as a leader, give the leaders an opportunity to exchange ideas, and also give the Extension Agents a definite time that they can explain and discuss county-wide 4-H functions and problems with leaders in a body.

F. Buritan Clubs

The Buritan Clubs co-operated with the County Home Demonstration Committee and County Agricultural Board in sponsoring community meetings throughout the county on legal matters and insurance.

Each Buritan Club in the county made an award to the outstanding 4-H boy and girl in their community. The award was a 4-H jacket and the Agricultural Committee in the club worked with Extension Agents in getting rules for the contest to the clubs. Only senior clubs were eligible to participate.

G. Kiwanis Club:

The Harrisonburg Kiwanis Club sponsored the A-H Best Club Contest in 1955. The clubs send in a report of their club's activities and records are judged on participation in community activities, attendance at meetings, project completion, attitude and co-operation of members, etc. First prize was a \$50.00 U. S. Saving Bond and second \$25.00 bond.

XI. Leadership:

A. Contribution of the following volunteer leaders to the program:

1. Organizational:

During 1955 there were 138 organizational leaders in the twenty-nine home demonstration clubs. These leaders did a good piece of work in planning and conducting local meetings. They co-operated well with the County Home Demonstration Committee in helping to sponsor county-wide projects and events. Much of the success of the adult program hinged on the good co-operation of the club presidents and their promptness in getting information to the agent.

2. Program Development:

There were twenty-nine program development leaders, one in each of the home demonstration clubs in 1955. These

leaders did a good job of presenting outlook material to the club, led club discussions on program content and made suggestions at the Planning Meeting for needs of next year's program. They conducted a very helpful survey among club members on program content. These leaders were also responsible for seeing that members knew about special interest activities.

3. Subject Matter:

The subject matter leaders made a great contribution to the home demonstration program in 1955. There were 244 women that served as project leaders. These leaders were trained to give demonstrations by the Extension Specialists and agents and in turn, gave 94 demonstrations and conducted 434 discussion or talks in their clubs.

B. Home Demonstration Project Leadership 1951 1952 1953 1954 1955

<u>No. Project leaders (subject matter)</u>	278	280	336	363	244
<u>No. goal chairmen</u>	58	52	38	58	28
<u>No. program development leaders</u>		28	28	28	29
<u>No. result demonstrators</u>				10	8
<u>No. training meetings held by spec.</u>	8	8	9	9	6
<u>by district agent</u>					2
<u>by agent</u>	8	17	2	5	5
<u>Attendance at all training meetings</u>	482	349	316	423	275
<u>No. meetings without an agent</u>	144	177	181	243	205
<u>No. meetings leaders assisted</u>	93	100	49	69	16
<u>Demonstrations by leaders</u>					94
<u>Talks and discussions by leaders</u>				131	434

Growth of A-H Club Project Leadership 1951 1952 1953 1954 1955

<u>No. club officers</u>	99	90	106	120	126
<u>No. adult project leaders</u>	50	45	40	37	51
<u>No. result demonstrations</u>					
<u>No. training meetings held by specialist</u>	3	2	2		
<u>by agent</u>	11	14	5	5	8
<u>by district agent</u>					
<u>by member Club Dept.</u>					
<u>by others</u>					1
<u>Total attendance at leader tr. meet.</u>	135	177	59	221	28
<u>No. A-H leaders trained indiv.</u>	3	5	4	4	5
<u>No. club meetings held by leader without agent</u>					69
<u>No. additional club meetings at which leaders assisted</u>					66
<u>No. demonstrations given by adult leaders</u>	101	97	63	95	45
<u>junior leaders</u>	44	53	46	96	58

<u>Young Men and Women's Club</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>	<u>1955</u>
<u>No. club officers</u>	5	5	5	5	5
<u>No. leaders</u>	1	1	1	2	2

C. Activities and Accomplishments of Some Outstanding Leaders:

Mrs. H. M. Shaver of Mt. Crawford has been an outstanding organizational leader in the Rockingham Home Demonstration Program for many years. She has been a home demonstration club member for twenty years and president of her local club for sixteen years.

For the past two years Mrs. Shaver served as County Home Demonstration Committee President. She did a splendid job as head of the committee and gave much of her time toward the expansion of the Extension Program in Rockingham County. She was never too busy to do something for Extension when called upon. She relieved the home agent in many ways, particularly by supervising work of committees. When the home agent was on sick leave for three months Mrs. Shaver went right ahead with the adult program, kept in touch with the clubs and took care of many details that otherwise would have been neglected. The wonderful part was that she didn't have to be asked but used her own initiative.

Mrs. Shaver works well with other people. She doesn't try to do all the work herself but is an enthusiastic worker and it must be contagious - for those working with her seem to radiate

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the same enthusiasm. She makes others feel they would like to do something, "not have to".

Mrs. Shaver was also secretary of the County-City Rest Room Committee for one year. She is County Civil Defense Chairman for 1956.

Besides home demonstration work Mrs. Shaver has time for many other activities. Her husband is one of our county apple growers, they have a grown son who is a State Highway Engineer and a daughter that teaches school. Both children are married. Mrs. Shaver teaches music and is a faithful church worker.

D. Activities and accomplishments of an outstanding family:

One of Extension's best friends in Rockingham County is the Glenn Wine family at Briery Branch. Mrs. Wine has been a home demonstration club member since the beginning of the work in the county, and has been a result demonstrator in housing almost as long.

They began their first home improvement in the kitchen, "which was in a very small way", Mrs. Wine says. She re-arranged the kitchen equipment for more convenience and bought a kitchen cabinet. After some years they remodeled the kitchen, making it modern and converted a side porch into a utility room. Mrs. Wine considers the laundry and utility room the greatest improvement they made. Before that she walked down a hill to the wash house and up another hill to carry water to heat in the iron kettle.

The County Extension Agents have been a great influence in helping the Mines plan for the improvements. The Extension specialists have also given much assistance. Several years after the kitchen was finished <sup>the family</sup> they began working on plans for improving the living room and adding a bathroom. Then came house furnishings.

The Mines have spent much of their time spreading teachings of Extension in the community. For a good many years the immediate vicinity did not have a home demonstration club. For a couple years Mrs. Mine and her daughter met with a group of homemakers teaching them what they had learned at the home demonstration club. For some reason the people didn't want to join a club. They were some of the people that lived up next to the mountain and they didn't receive outsiders too cordially. After several years they consented to Mrs. Mine inviting the home agent to talk to them and explain the Extension Program. In the meantime a 4-H Club had been organized in the community. Mr. and Mrs. Mine and their daughter are adult leaders in that.

After the home agent met with the group they decided they would like to organize a home demonstration club and they have had an active club for two and a half years.

The County Agent and Extension Specialist have also assisted <sup>with</sup> three daughters and their son with plans for remodeling.

In 1951 the adult program had refinishing furniture as a special interest activity. One of the daughters, E. Glennis Cupp, brought an old wash stand to the meeting to refinish. That was her first experience with refinishing furniture and now she has her own antique shop in her home and refinishes all the furniture she buys at sales.

Mrs. Cupp is a result demonstrator in house furnishings and has three boys and one girl that are enthusiastic 4-H Club members.

There are many more accomplishments one could tell about this outstanding family. The entire family is community minded, a closely knit family and unselfish toward interests of others.

#### E. Outstanding Clubs

The Mt. Crawford Home Demonstration Club is probably most outstanding of all home demonstration clubs for its co-operativeness between club members. No one person is burdened with keeping the program interesting. Officers and leaders have all functioned well.

Besides having a well conducted meeting, they take pride in their community and most of all in the entire family group. They have at least three special events during the year when they invite the entire family. One is family night during "Family Week", another is the summer picnic and the big celebration of the year is their Christmas get-together. The

Christmas party had always been held in one of the member's home, but in 1955 they plan to have it in a church social hall because they have outgrown the size of their homes.

Community-wise they've done many things to their credit. For the past two years the club has given \$100.00 to the Mothers' March on Folio, along with generous contributions to Cancer, Religious Education, Red Cross and T. B. Association. They have helped sponsor improvements for the local school, such as buying dishes for the cafeteria, installing two sinks and an electric stove in the kitchen, which was done jointly with the Ruritan Club, and providing books to start a school library.

**F. Achievement of Extension Work:**

In the mind of the home agent, one of the most significant achievements in Extension work in Rockingham County in the past five years was the co-operative planning done by the County Home Demonstration Committee and County Agricultural Board for sponsoring community meetings on legal matters.

The 1955 home demonstration program had two monthly meetings on legal matters, "Wills and Deeds" and "Insurance"- which included social security for farm families. The women wanted the men to have an opportunity to learn more about family business matters too and suggested night meetings be held in the different communities with legal and insurance authorities present to conduct the meetings.

The County Home Agent discussed the request of the women with the County Agricultural Agent, thinking the meetings would be more effective if we could work together in making the plans. The County Agricultural Agent also felt the community meetings would be an excellent way to get information to many more people. He suggested that we discuss it with the County Agricultural Board.

The County Home Demonstration Committee President and the Home Agent met with the Agricultural Board and explained our mission. The men on the Board seemed anxious to receive information on topics suggested. At that meeting it was suggested they invite the Ruritan Clubs in the county to work with them also. The Agricultural Agent contacted the District Ruritan Governor and they too, wished to co-operate.

The business leader in the community was responsible for contacting an agricultural board member and Ruritan President in her community. Since there were twenty-nine clubs and only fourteen Ruritan Clubs it was necessary that several home demonstration clubs work together. Those three or four people met and independently made plans for their own community meeting, deciding place, time, type of meeting and what person of authority would be invited to conduct the meeting. The Extension Agents were notified of plans for meeting, and they wrote several news articles of a general nature. Each committee handled their own publicity. Thirteen meetings were held with an attendance of 467 people.

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The local lawyers, insurance people, and district manager of Bureau of Old-age and Survivors Insurance were most cooperative in helping to make the meetings successful. >

### XII, Appraisal of Year's Work:

The 1955 Extension Program in Rockingham County made several contributions to rural living that were in a different trend of thought from other years. The home agent had striven to urge the homemakers take more interest in family business matters and the reply was always "Our husbands do that and we don't want to be bothered". Finally enough interest was shown for the women to include wills and deeds, and insurance in the monthly program. The women not only were pleased with what they learned, but found the subjects very fascinating and interesting. They certainly found out how little they did know and many discovered their husbands didn't know too much. In the beginning they were told the object wasn't to give legal advice, but to interest them enough to seek advice from an authority and the home agent feels that was accomplished. Many have told the agent that the entire family has a greater feeling of security by knowing more about the family's business.

Leadership has always been strong in Rockingham County but many more different women have gained confidence in themselves. That can easily be observed when the agent compares with other years, the work done by the women in preparing for special programs and meetings. Where before the agent would do most of the work, in 1955 committees were able to go ahead with a minimum of guidance from the home agent - thus giving her more time to spend with undeveloped groups and newer phases of the program.

The Federation Goal "Family Life" contributed to better family relations among more families. Too often every member of the family is busy with their individual responsibilities, forgetting to take time for each other, and by devoting ten minutes of each meeting to the Federation Goal the women became more conscious of the value in the family of doing things together. Much more can be gained by further study, of their Federation Goal which will be continued in 1956.

The contact with youth through 4-H Clubs increased in 1955. Several home demonstration clubs furnished adult leadership for 4-H groups for the first time.

The 4-H program has much influence on rural youth and each year more requests come from urban girls to join a 4-H Club. This is a most important phase of the Extension Program in Rockingham County, and the home agents wish they had more time to devote to the expansion of the youth program.