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Annual Report

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service



1954

Donnie Sayre
agent

assistant agent

Clarke
county

NARRATIVE REPORT

1954

Bonnie Sayre,
Home Demonstration Agent
Clarke County

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IV. COUNTY SITUATION AS IT AFFECTED THE 1954 PROGRAM

The population in Clarke is 7,050 with 42% workers within County, 53% are engaged in agriculture and 47% engaged in industry. The situation remains largely as in the past few years, except for higher cost of living and the greater influx of out-of-state people buying land and homes, and moving into Clarke County as retired workers. The main sources of income for the agricultural group are from the sale of fruit, cattle, dairy products and general farming; this group includes a large number of tenant farmers and farm laborers and a smaller number of farm families operating an average size farm. There is a fairly high percentage of farmers with high income. The other percentage received income from salaries of non-farm positions such as teaching, clerks and those employed by the government and as day laborers. Many farms are owned by non-residents.

Husbands of home demonstration members living in towns, own small businesses or work for others largely. There is very little domestic help employed in the average home, and most of these homes have small children. Many homemakers work outside of the home in the fruit industry during September, October and November. This affects the Home Demonstration Program to the extent that the major program and activities must be carried on during the first six months of the year.

In addition to these above mentioned sources of income, the family garden, poultry flock, home produced and cured meat, including beef, veal and lamb, supply much of the family food needs, thus reducing the money expenditure for food.

The homemaker is very anxious to be provided with information on up-to-date home furnishings and equipment. Clothing being so expensive, the homemaker wants information on methods of construction and economical buying of clothing for the whole family. In the Town of Barryville stores are beginning to stock better home furnishings, better clothing items and improving in other items and many home demonstration women are dealing in town now.

There is a definite increase in home freezers bought in the county during the last year, but there is a need for more help on more efficient use of the home freezer, as well as other home equipment.

The social conditions in the county are not too good. There is a lack of recreation for young people, but much is being done by the Churches, Home Demonstration Clubs and other organizations to improve the youth situation. Many parents are working and there is no one left to take the definite responsibility of the children. There is a need for greater parent-child relationship -- recreation is a good means.

With the need for, and more encouragement of interest in staying at home, calls for information on house furnishings and ways of making the home attractive, comfortable and livable. In order to answer the food problem, more help and guidance can be given the homemakers in dealing with the family food supply and demand.

• A problem of mutual interest is the beautification of home grounds which all the members can help with some phase, thereby making the home a more attractive and enjoyable place to live and have others enjoy.

V. CONTRIBUTION OF ADULT WORK TO 1954 FAMILY LIVING

● Project Work

1. Clothing

The objectives of this project were to help the women clothe their families appropriately and comfortably on a minimum amount of money by developing wise buying habits in selecting ready-made clothes. Also to help them construct clothes at home that are attractive and yet are not expensive. To help them select and choose hats that are becoming to each person and ones that will be suitable to wear for more than one season. To teach tailoring to those that are interested and in this way they can cut their clothing cost.

Two method demonstrations were conducted in each of the Home Demonstration Clubs on buying fabrics and ready-made clothing and choosing becoming hats. In buying ready-made clothes, both fabrics and design suitable to individual and occasion were considered. These two demonstrations were conducted by leaders that were trained by the Clothing Specialist in a Leader Training meeting. One hundred and fifty homemakers attended these meetings and received this information. Reports from club members indicate 29 homemakers changed one or more practices as a result of receiving this information.

Two clothing workshop meetings, one on tailoring and one on simple sewing, were conducted by previously trained leaders. Ten suits, coats and tailored dresses were made in the tailoring clinic and 20 other homemakers received help on simple sewing.

Publicity and information were given on this phase of the program in radio programs and newspaper publicity.

2. House Furnishings

The family is spending more time in the home due to television and this means a more attractive home.

The objectives of this project were to make homes more attractive by knowing furnishings that are desirable and attractive; to get up-to-date on the new house furnishings fabrics and what to expect from them and to make the best use of things on hand. Also to assist the housewives in furnishing their homes to reduce amount of work and time required to care for them.

Each club planned to devote two months to a study of Good Design in House Furnishings and New Fabrics to use in the home. These demonstrations were planned for October and November, and due to the large number of club members working in the fruit industry during these months, the attendance was low. However, in the spring months before a special upholstery meeting a few minutes at club meeting was devoted to giving information on suitable fabrics for upholstery, slip covers and draperies. Some information along this line was included in news articles and radio programs.

A leader training meeting was held to train leaders for conducting these demonstrations in the local clubs. As has been stated, not all clubs met separately due to the women working in the apple industry. These demonstrations were given in five communities, but all members had the opportunity of seeing them. Reports from members indicate this information was most helpful to them because their house furnishings dollar could be stretched and invested more wisely since receiving this information.

In February and March two furniture clinics were held in different parts of the County for the primary purpose of helping the women to learn to make better use of what they had on hand. Varied pieces of furniture finished included picture frames, dough trays, sugar buckets, chairs, tables, etc. The articles certainly added more atmosphere throughout the home after they were cleaned and refinished than they did before. 20 women attended these meetings and some homemakers remarked as they loaded their furniture to go home, that they would put this information to use many more times on other articles and furniture which they could not bring to the clinic. A total of 15 pieces of furniture and accessories were refinished.

In the Boyce Community an upholstery clinic was held for a group of young women. There is no organized club in the community and this clinic was conducted by two leaders who had worked in upholstery clinics previously. 8 homemakers attended the upholstery clinic, re-doing 6 pieces of furniture and cushions for a three piece suite of maple furniture.

3. Food and Nutrition

The objectives of this project were to secure more nutritious meals to serve our families, spending less money through the use of more home produced foods. Also many of our family members are overweight and another objective was to serve adequate well balanced meals, low in calories, also refreshments at meetings that were simple, low in calories and appetizing.

The methods that were used consisted of a Leader Training meeting in the county by the Assistant Food and Nutrition Specialist giving

the agent training on salads from home produced foods and the leaders trained on Simple Meals for the Whole Family. In this training, emphasis was placed on meals which provided adequately the minerals and vitamins and other nutrients which the body needs, as well as meals which would be low in calories. Two meetings were conducted in each of the seven clubs, one by the agent and the others by the leaders. A total of 53 homemakers attended these meetings and they took the information home with them. Both the non-farm and farm people showed a particular interest in these two demonstrations. The members showed that a total of 56 families received help from these demonstrations, either directly or indirectly. The demonstrations on Salads from Home Produced Foods interested more members in conserving fruits and vegetables for use when they are out of season. This demonstration included several ways that frozen or green foods might be used to prepare salads. Requests for information and help on how to prepare foods for freezing and canning were a direct result of these demonstrations. It is estimated that approximately 150 homemakers asked for information on food preservation. The reports from 30 homemakers showed a total of 890 lbs. of food frozen and 625 quarts canned.

Another demonstration which was a wonderful choice was on Simple Refreshments and Holiday Sweets which was requested for the month of December. 110 homemakers received useful information along this line.

Several radio programs, newspaper articles and numerous bulletins were distributed as a result of requests for information on the subject of simple refreshments and holiday sweets.

4. Home Management

a. Kitchens

Many of the homemakers work outside of the home for practically a fourth of the year in the fruit industry, requiring a lot of standing as well as long hours. Most of these homemakers leave home early in the morning and return late in the evening, and few have any help outside the family doing the necessary work in the home. The objective of this phase of the program was to help the homemaker plan a time and energy saving kitchen. A secondary objective was to aid the homemaker in arranging the equipment, both small and large, in the most convenient way.

It was decided in the planning meeting to devote one monthly meeting in each club to a method demonstration along this line. These meetings were held in a homemakers kitchen which was used to demonstrate easier and more convenient arrangement. No leader training meeting was held for this, but the housing specialist worked with the home agent training her to give the demonstration at each local meeting. In addition to using the kitchen of a club member, pictures, slides and a miniature model kitchen were used to show the different arrangements that might be possible in various type kitchens.

Most of these demonstrations dealt with arranging what you have or re-arranging one unit in the kitchen whenever the entire kitchen could not be remodeled. A great deal of interest was shown in this demonstration throughout the entire county.

Not many kitchens were re-arranged completely, but because of this demonstration many families have made one or more improvements in

their kitchen storage or arrangement which has made the getting of three meals a day easier. //

The Housing Specialist and Home Agent visited three families, helping them work out plans for remodeling their kitchen. Four other families have been visited by the Home Agent and suggestions given for improving the kitchen. Some of the seven families were visited more than one time by the agent during the year to check on the progress made, as well as to give further help as needed. The two main problems seen to be the replacing of equipment and adjusting height of working surfaces. Most kitchens needed to provide more labor saving equipment and an adequate amount of working surface.

b. Business and Legal Matters

For the past two years the Home Demonstration members and other persons in the County have shown interest in knowing more about business matters, how to make Wills and Deeds, banking and insurance for the family. In the 1954 program, plans were made to hold a County-wide meeting on insurance. The purpose of such a meeting was to acquaint people with various types of insurance, the value of insurance to a family and the fallacies of some insurance policies. Due to the number of County-wide meetings planned in the year's program and other reasons which were beyond our control, this meeting was not held. It is hoped that this can be followed through in the 1955 program as there is a definite interest on the part of some people in the County.

5. Homeing

The objectives of this project was to teach homemakers about simple repairs around the home that will save money, increase the value of the property, make the home safer and more attractive for the family.

To get this phase of the program under way an Agricultural Engineering Specialist from the college conducted a Leader Training Meeting for the leaders from seven clubs on Household Mechanics which included making simple repairs to plumbing fixtures, windows, doors, filling cracks in plastered walls, removing squeaks from floors and other things which might be done in any home to make it a better place for the family to live. Included in this demonstration was the sharpening of knives and scissors. One demonstration was presented by the leaders in each group and this was followed with a work meeting at which members brought their knives and scissors for sharpening. This proved to be a most useful meeting to those attending. Club members reported having passed this information on to a number of their friends and neighbors. Comments from members indicated that they felt this was a real money saving help. Some reported that they had never been able to replace putty around window panes and have them stay, but seeing a demonstration on this simple activity made the task seem easier for them to accomplish.

At the beginning of the year a goal was set to secure at least one housing demonstrator in each club. The seven clubs have secured a total of three result demonstrators in housing.

6. Recreation and Rural Arts

The objectives of this project were to have more recreational programs in the County since commercial recreation is very limited and to help the youth in the County spend their leisure time during more constructive things.

In planning the 1954 program much thought was given to ways of accomplishing our objectives in recreation and rural arts. In past years the Home Demonstration clubs sponsored one skating party each

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year for 4-H'ers and their friends. It was thought in 1954 that a County-wide recreation program planned for all members of the family would be a better solution to the problem. The women felt it would serve as a training meeting for local community groups as well as provide fun and recreation for those attending. Such a meeting was held in the Community Building in Berryville in July. Approximately 200 persons attended the meeting and joined the group in Square Dancing and games during the evening.

Adult and Junior 4-H leaders that were trained at a 4-H Recreational meeting assisted the County and Home Agents in directing the games throughout the evening. As a result of the evening's program, leaders returned home with a wealth of information and help which they could use in similar community meetings.

In addition to the County-wide meeting the clubs were encouraged to hold community recreation meetings as well as to have some recreation at most of their monthly meetings.

B. Federation Goal

The Home Demonstration Clubs in Clarke County have carried Home and Community Beautification Federation Goal project for three years. The aim is to add to the natural beauty of Clarke County by improving entrances, home grounds, screening unsightly places and undesirable views by planting and improving mailboxes. Another aim of this project is to make the entrances to homes of Clarke County safer.

Each club appointed a Federation Goal Chairman to head up the work on the Home and Community Beautification project, also a County Federation Goal Chairman was appointed. One planning and training meeting was held

for the Federation Goal Chairmen at which time additional work was planned and training was given in carrying out the goals set forth.

The individual clubs ascertained their needs and selected a community project to work on. Also each club member was asked to make and display a farm sign, to make their mailbox attractive by painting and renewing the lettering, to keep entrances and gateways clear of weeds, shrubs, etc. and to plant flowers and shrubs. Also each member was asked to screen some undesirable places and views which might appear on their property.

Two years ago the clubs in the County decided to work with local garden clubs in landscaping and beautifying the entrance to Berryville on a new highway. In 1954 the club members decided to change their county project, due to some unavoidable circumstances and situations which arose, and a more needed project was called to their attention. The Clarke County High School had been completed and the grounds needed a great deal of work done. The school authorities and P.T.A., along with other groups in the County secured the services of the landscape specialist from V.F.I. and a local landscape gardener, and plans were drawn up. The Home Demonstration Clubs choose a certain area of the grounds to plant. The shrubs were secured according to the plan and they have been planted. A total of \$65.00 was spent by the clubs in purchasing the needed shrubs, in addition to those which were donated by the members.

Information was given by local leaders at several of the monthly club meetings which helped the club members to make desired improvements on their own home grounds. One meeting in each club was devoted to making farm and home signs. This meeting was conducted largely by leaders that were trained in 1953 at a County-wide leader training meeting. As a

result of this effort 14 families are now proudly displaying an attractive sign.

Reports from 19 club members indicate some improvements have been made on their home grounds because of information received through the Federation Goal work.

Mr. Beecher, Landscape Specialist from V.P.I., visited 5 homes in the County during the year to help make plans for improving home grounds. There are 6 result demonstrators in yard improvement in the County. All of these are long-time demonstrators and the families are continuing their work. It is hoped that within a year or so that we might plan a tour at which time some of these will be visited. In some communities the clubs have met with the families conducting the demonstration and the progress to date has been noted.

C. Other Activities

1. Community Projects

Clubs in selecting community projects chose one that pertained to the Federation goal on Home and Community Beautification. These were discussed under Section B of this report.

2. County Objectives and Club Goals

County objectives and club goals were as follows:

1. Arrange for a meeting with non-members. Have topic which is of interest to them.
2. Assist in organizing club in un-organized area.
3. Leaders hold at least three meetings without agent.
4. Have a A-M chairman and support all A-M activities.
5. Stress need for first-aid training in home.
6. Continue interest with older youth group.
7. All clubs make effort to have educational exhibit to display completed projects.
8. Keep accomplishment sheet up to date to turn in to Agent in October.
9. Have our clubs devote more time and study to real meaning of Rosenbaker's Creed by example and precept.

Each club has made an effort to accomplish goals and every club has made some progress. Through interest of members and cooperation of leaders, two unorganized groups have had demonstrations. One group in Boyce was given help on upholstering and the other group was a group of young homemakers in Berryville who have had two demonstrations on Slip Covers. This group will have more demonstrations to complete their slip covers.

The leaders have conducted a total of 28 meetings without the agent. Their goal was to hold 3 meetings per club and this has been exceeded.

3. Result Demonstrations

In planning and carrying out the program in Clarke County, there was a definite need for help to improve yards, kitchens and in remodeling homes to make them more comfortable and convenient, as well as attractive.

Each of the 7 active clubs set a goal of at least 1 yard demonstrator and 1 kitchen demonstrator, a goal of 2 housing demonstrators was set for the County. A total of 5 yard demonstrations, 4 kitchen demonstrations and 2 housing demonstrations have been started in 1954.

A total of 22 demonstrations have been set up in previous years. Some of these have about completed their plans, others are still in the planning stage and some have started the actual work, but will need more time to complete. In 1954 the housing specialist, with the agent, visited two homes, giving suggestions for remodeling and helped the family develop their plans. The landscape garden specialist visited 5 homes with the agent to help the families make plans for improving the yards. The home management specialist and agent worked with 1 family in developing plans for remodeling the kitchen, and the agent assisted 3 additional

families. One monthly demonstration in club was on re-arranging kitchen equipment and better use of kitchen storage. Much help was received by these demonstrators from this demonstration. The following story is typical of the accomplishments of one demonstrator.

Mrs. Harry Elliott, of the Opequon Club, has proved to be a real result demonstrator by the outstanding work she has done in her kitchen. This is a long-time result demonstration because the room is being remodeled to provide for storage and proper equipment. In 1954 she purchased a new gas stove and removed her coal range. Long-time planning includes the building of cabinets, putting in a water system and connecting the kitchen with central heating. One meeting has been held in Mrs. Elliott's home, at which time her kitchen was used as a result demonstration.

4. National Home Demonstration Week

An effort was made to publicize the Clarke County Home Demonstration program and the values being derived from it during National Home Demonstration week. Early in the year the clubs decided to publicize the program through exhibits, radio program and newspaper publicity. Two of the seven clubs displayed exhibits showing accomplishments of the Home Demonstration program. One radio program was given with 3 members and agent participating, and each club had a feature story or history of club work published in local papers. Members made a special effort to bring visitors and neighbors to the May meeting as a further means of publicizing program and increasing attendance and membership.

The district meeting for District IX was held during National Home Demonstration Week; local clubs had as a goal for each club to have at least one delegate. Ten women attended the district meeting representing 6 clubs. These delegates made reports to other members at the June meeting.

5. County-wide Recreational Progress

Home Demonstration clubs feel more should be done to promote recreation for family groups rather than to depend on various forms of commercial recreation. Each year the club held one county-wide get-together for the whole family. Families of Home Demonstration members and A-H'ers and their families are invited. In 1954 a family square dance was held, about 200 persons attended.

Several weeks before the county-wide get-together took place, a leader training meeting was conducted by a member of the A-H club department. Leaders were trained in many different folk games and square dance numbers. These leaders assisted with the get-together. They were asked to demonstrate the various tunes or games if the group were not familiar with them.

All age groups participated and as a result many persons asked why this wasn't done more often.

6. Adult Education Center

The State Federation of Home Demonstration Clubs chose as a project for 1954 to spearhead the movement for a "Continuing Educational Center at V.F.I." Clarke County Home Demonstration members set \$250.00 as a goal to contribute to this purpose.

A Spring Chicken Fry was held to raise the money with all clubs participating. In addition to raising \$117.00, of which \$50.00 was given to the Continuing Educational Center, relations between the town and rural people were strengthened. Through the influence of the Home Demonstration program an alumni and friends of V.F.I. made contributions of \$1,010.00.

7. Annual Folio Dinner

The Home Demonstration clubs had a Folio Dinner on January 26th at the

Clarke County High School cafeteria. This is the 5th consecutive year such a dinner has been sponsored for the fund by the Home Demonstration club members. All of the food, except the meat, was donated by the women and a profit of \$400.00 was given to the March of Dimes. Mrs. Kenneth Pine was chairman of this dinner and Mrs. Densil Eckley was co-chairman.

The women enjoyed doing this to help fight this disease, as well as having a chance to get together to meet and work with other club women. The success of the dinner cannot be contributed to one women's efforts, but to the cooperation and willingness to work of all the women that helped, members and non-members.

8. Rural Life Institute

A rural life institute was held in the county for the first time this year. The ministers of the county, a few broad minded citizens and the extension personnel met together with the Extension Rural Sociologist for this one day meeting. Needs and problems of the county were discussed and each person present discussed ways to help get some of the problems solved as well as what other things could be done to help make Clarke County a more desirable place to live.

9. County Agricultural Fair

For several years no County Fair has been held in Clarke County. In 1954 the Buritan organization sponsored a County Agricultural Fair in order to give the young people as well as the older ones encouragement in their work and to really publicize the good work being done in Clarke County along the agricultural lines. 400 homemaking exhibits were entered. The quality was very good. If the Fair is hold next year it is hoped that an earlier start can be made and a better fair will result.

① 10. Training Workshops for Judging

The Extension Home Economics Specialists held a District Fair Judging Workshop. Clarke County was represented by 5 women who received training in judging of homemaking products. Two received training in foods, one in clothing, one in house furnishings and one in educational exhibits. Three of these women judged at the Prince William Fair in their respective fields. One woman and the agent judged at the Loudoun County A-H Fair. An outstanding value in the training of these women is that the 5 leaders have assisted in the selection of exhibits to other homemakers.

VI. A-H CLUB WORK

A. Project Work

1. Clothing

Three units, "Do You Like to Sew", "Make and Remake", and "Looking Your Best" were carried by club members during the year.

Our objectives were to teach the girls the simple rudiments of sewing so that it may help stretch the family income and to gain information that will be an asset to them all during life. Also to give necessary information on selecting fabrics suitable to the occasion and the type of garment to be made, and developing a skill in cutting fabrics. To help the girls appear better groomed was another objective.

Method demonstrations were given at monthly meetings in all three units. The girls brought their equipment and materials to make the articles in the "Do You'd Like to Sew" project. Workshop meetings were held outside of school for the girls in the "Make and Remake" project, as well as for the "Do You'd Like to Sew" group in the summer. In the project, "Looking Your Best" demonstrations were given at the meeting

and often times the girls were asked to repeat a demonstration or to participate in it in some way. 68 girls were enrolled in these three projects. 68 girls completed, making a total of 56 garments and 206 articles. Georgie Milleson was named the most outstanding girl in Clothing Achievement and Joan Strickler will represent the County in the style dress revue in the area contest.

2. Food and Nutrition

a. Meal Planning and Preparation

In this project an effort was made to help the girls and their mothers realize that good health in part depends on eating the right kind of food and to encourage them to include such foods in their diet. Through this project the best cooking practices are demonstrated and the girls are shown how to prepare and serve well balanced and tasty meals.

Demonstrations were given at monthly meetings by the agent and leaders. Some of the girls' mothers attended the meetings and they were asked to help their daughters practice the demonstrations. A letter was sent to all parents, explaining the project and asking that they help the girls.

Most of the girls gave demonstrations at some of the meetings and each girl exhibited products at the monthly meetings.

30 girls were enrolled in this project and 11 completed, preparing a total of 895 dishes, planning and serving meals 143 times and setting the table 1042 times.

Barbara Jenks was named the county winner in the Meal Planning and Preparation project and Patsy Brill was named the Most Outstanding in the dairy foods contest.

b. Food Preservation (Freezing)

One girl, Caroline Kerns, was enrolled in this project. The objective of the project was to teach the proper selection, preparation and methods to use in freezing foods.

Individual instruction was given Caroline by the Agent in her Food Preservation project.

Caroline further developed her project by giving a demonstration on freezing fruits and vegetables to a home demonstration group with 15 homemakers present. She has helped a 4-H member with freezing home products after a freezer was bought in the late season. This girl will carry freezing as a project in 1955.

During the year Caroline has frozen 35 quarts and 91 pounds of fruits and vegetables for home use.

3. Laundry

Anna Jean McDonald, a member of the Hottel 4-H Club, was the only girl carrying the family ironing as a project in 1954.

The purpose of the family ironing project is to teach methods and skills in the project to help with a heavy weekly job for the family.

Anna Jean used up to date equipment. The family had an electric iron and standing ironing board at the beginning of 1954 and Anna Jean has purchased a pressing cloth and sponge. She does the ironing every week for the family of five. During the year Anna Jean has ironed 197 articles and garments.

She has given 4 demonstrations and will enter the area contest in 1955.

B. Other Activities

1. Rural Life Sunday

Most of the 9 clubs in the county observed Rural Life Sunday by attending a "Service of the Week" to the congregation of the county Church. This took the place of the regular worship service. All 18 members of the club took part in the service. The Marvin Chapel club went to Church as a group wearing the 4-H caps and armbands which they had made. The minister conducted a special service. Following Church the group was entertained for dinner by their leaders, Mr. and Mrs. Clarence Kerns.

2. Camp

A group of 51 attended the local district camp at Powell's Fort Valley in August. The group took part in handicraft. Worthy of special mention was the 18 stools made by Clarke County 4-H members. Leadership was emphasized among the boys and girls and they've helped in the county as leaders.

Helen Millecon, a Clarke County 4-H leader and past member, conducted the recreation program. She did this for three weeks.

3. Homemaking Contest

35 girls and parents, along with friends, attended the County 4-H homemaking contest program. Girls participated in the contest in 5 projects. A division was held for the juniors or under 14 year olds, and a division for the seniors. 5 girls will represent the County in the area contest where 6 counties will be competing.

4. 4-H Week

The clubs celebrated National 4-H week in March with a special section in the local newspaper being devoted to 4-H work. Each club had a feature

ing a Church in their community in a group wearing armbands or a L-11 clover to identify themselves to the congregation. Two clubs, Hout and Marvin Chapel, did something different. The Hout club presented a play, "Challenge of the Cross" to the congregation of the community Church. This took the place of the regular worship service. All 18 members of the club took part in the service. The Marvin Chapel club went to Church as a group wearing the L-11 caps and armbands which they had made. The minister conducted a special service. Following Church the group was entertained for dinner by their leaders, Mr. and Mrs. Clarence Kerne.

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4. L-11 Week

The clubs celebrated National L-11 week in March with a special section in the local newspaper being devoted to L-11 work. Each club had a feature

article written by one of their members telling what 4-H had meant to them and their community. The Hout club had a special exhibit in a store window in Berryville.

A 4-H Share-the-Fun program was held during the month. Approximately 200 attended. All clubs took part on the program. Molly King was chosen the county representative to try out for a part in the State program. Molly won a place on the state program when it was held at the 4-H State Short Course.

5. County Fair

A County Agricultural Fair was held in the county for the first time in a number of years. 75 homemaking exhibits were shown by the 4-H girls. These were shown under classes in which F.H.A. girls were included. Many 4-H'ers took home prizes, those that were not quite so fortunate went home with the determination that next year they, too, would take home a prize.

3 of the 4-H Clubs made educational exhibits that showed quite a bit of thought and imagination.

6 4-H girls served as Assistant Superintendents of the homemaking classes.

VII. YOUNG MEN AND WOMEN'S ACTIVITIES

There is no organized group that meets regularly, however, Rebecca Ann Ashby, Barbara Grove, Helen Milleson and Margaret Shiley are very active project leaders for the girls. These are former 4-H'ers and were also members of the YMW group that was active about two years ago.

An effort is made to get young homemakers to participate in the regular existing extension programs.

VIII. SCOPE OF WORK

	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
No. HD Clubs or Groups	10	11	11	10	7
Membership	196	198	328	223	130
No. A-H Clubs	10	10	11	9	9
Membership	150	171	190	157	115
No. other families reached	245	618	675	1100	935
No. different families reached	532	900	775	800	620
No. community clubs	-	-	1	1	-
Membership	-	-	25	25	-

IX. ORGANIZATIONS

A. County Home Demonstration Committee

This group represents the Virginia Federation of Home Demonstration clubs in the county and acts as a planning and executive committee. The committee consists of presidents of each club, executive officers and program development leaders of each club, plus a few other key women.

This committee meets to plan the program with the Program Development leaders in the Fall for the year. In the project work there is the contents of the year's plan. In the Spring this committee meets and plans all activities and makes plans to carry out objectives from the Fall meeting. The Executive meeting is prior to each meeting to plan the program. The committee decides on the budget.

The chairman of this committee attends club meetings during the year as a means of strengthening clubs.

B. County BOARD OF AGRICULTURE

There is no County Board of Agriculture in the county.

C. COUNTY A-H COUNCIL

The County A-H Council serves as a planning body for the County. They will plan all activities and programs this year. There are two meetings each year; one a business meeting and at the other a social is held. This group decided on the goals and at the end of the year

the County Banner is awarded to the club doing the most.

The Fall County Council meeting was well attended with 60 members present. Training for each office was given by the leaders. A social hour was held afterwards.

D. COUNTY HONOR CLUB

The Honor Club of Clarke County is composed of 18 members, and had 3 meetings this year.

E. ALL STARS

There are 13 All Stars in the county. 6 of these serve as A-H leaders. 3 All Stars attended the All Star Conference held in June. Larry Lerrick was taken into the All Star organization in 1954. 3 All Stars from the county attended the District All Star Banquet held in honor of the 1954 All Stars.

F. COUNTY A-H PROJECT PLANNING COMMITTEE

This committee is the backbone of A-H Club work. It gives the girls a chance to get what they want. Two girls from each club meet with the leaders and agent to select projects. This strengthens the program to have some work on all phases of A-H, not only in projects but on community projects.

X. LEADERSHIP

A. Contributions of Volunteer Leaders

1. Organizational

These leaders spearhead the work of both A-H and Home Demonstration and keep it going. It makes it possible for the program to serve the public. They train numerous leaders to help promote the work. The organizational leaders are responsible for conducting all business meetings

and with the help of project leaders, conduct the entire meeting when agent is not present.

2. Program Development Leaders

These leaders help plan the program from year to year by discussing outlook and background data with the club members. From the needs and interested expressed by members, suggestions for the next year's program are arrived at. They are a great help to the agent when collecting accomplishment sheets.

3. Subject Matter Leaders

These leaders give certain demonstrations thus releasing the agent to spend more time with others trying to increase the interest of extension.

There are forty-three subject matter leaders that have been active in carrying out the program this year.

Many members join as a result of these leaders telling others. These leaders have done much to help the 4-H clubs in their project work in all phases of homemaking.

B. Breadth of Leadership - Home Demonstration Club

	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
No. project leaders (subject matter)	49	80	112	140	42
No. goal chairmen	10	10	11	11	8
No. program development leaders					7
No. result demonstrators					19
No. training meeting by specialists	4	3	5	4	5
by agent	1	2	5	6	1
by district agent					1
Attendance at all training meetings	49	64	101	90	42
No. Meetings without an agent	22	23	27	25	26
No. meetings leaders assisted	17	18	23	11	15
Demonstrations by leaders					28
Talks and discussions by leaders					20

Growth of A-H Club Project Leadership

	1950	1951	1952	1953	1954
No. club officers	-	-	-	-	49
No. adult project leaders	6	12	13	14	9
No. result demonstrations	-	-	-	-	1
No. training meetings held by specialists	2	2	-	1	-
by agent	10	2	5	3	2
by district agent	-	-	-	-	-
by member club dept.	-	-	-	-	1
Attendance at leader training meeting	24	33	31	140	40
No. A-H leaders trained individually	4	6	10	11	10
No. club meetings held by leader without agent	26	21	22	20	28
No. additional club meetings at which leaders asst.	32	14	17	11	27
No. demonstrations given by adult leaders	49	44	50	40	20
by juniors	14	45	22	25	30

C. Outstanding Leader and Her Accomplishments

Mrs. William L. Jenks was secretary of the County Home Demonstration Committee and was re-elected this fall for another two years because she takes and keeps excellent minutes. She is very active in her home demonstration club (Glendale) by doing and helping where ever she can. When there is a decision to be made, Mrs. Jenks helps the group think it through clearly. When she is appointed to a committee, she carried her duties out to the end.

Mrs. Jenks takes time from her homemaking duties and home demonstration work to serve as a A-H organizational leader in the Rout A-H club. She helps the A-H'ers to think through their decisions as to business matters. She is with the A-H'ers of Rout Club in any of their activities, helping them where she can and trying to develop leadership in the A-H'ers. Her daughter has such leadership possibilities already displayed and her potentialities are great through the encouragement and effort of her mother.

D. Outstanding Family and Accomplishments

The Monroe Buckley family is an all out extension family. Mr. Buckley worked very closely with the County agent in adapting the modern practices of farming. He serves on the Agricultural Stabilization Committee and on

several of the County Agent's commodity committees.

Let us now take a look at what the other members of this family have done through extension service. Mrs. Buckley doesn't belong to a Home Demonstration Club because there is not enough interest for one in her community. She has discussed the possibility of one with the Agent. She attended every Special Interest meeting that the Home Demonstration clubs held this year, which were Refinishing Furniture Workshop, Upholstering Clinic and Tailoring Clinic. At these workshops, she refinished a chair and upholstered it later at our upholstery clinic and made her Easter suit at the tailoring clinic. Mrs. Buckley helps her daughter, Jane, in her 4-H sewing projects to adopt better sewing methods and gives her encouragement in her 4-H projects.

Jane has been a county winner in Clothing Achievement for several years and will represent Clarke County in the area 4-H contest in Girl's Records Contest. She is serving as a Junior leader in the White Post 4-H club.

Like his sister, Sanny is very interested in 4-H work and belongs to the White Post 4-H club, of which he has been a member for 3 years. The first year he carried only one project and each year since he has the same project as the year before, but adds one or two to what he has already carried.

The whole family worked with the County Fair, serving as Superintendents, except Mr. Buckley, and he was on the planning committee. This was quite an undertaking as we had not had one in the County for the past 5 years.

If you need any help in planning or carrying out an extension program, just call the Buckleys.

E. Outstanding Club

The Pine Grove Home Demonstration Club has done much in helping to pass on information to others and as you walk into their homes you can see the results of home demonstration work. The members are eager to get any information to help make their homes more attractive and more livable. They are very active in every phase of the program.

This club is usually represented at all out leader training meetings and our county meetings. They are striving to get more members into their club.

XI. COOPERATION WITH OTHER AGENCIES

1. County Fair

The County Fair was sponsored by the local Buritan Club. The agent worked closely with the Home Economics from the local High School in making up the premium list and entries, and supervising the homemaking exhibits. The agent worked closely with the Buritan Club members in planning this fair.

2. Polio Dinner

For the fifth consecutive year the Home Demonstration clubs of Clarke County sponsored a Polio Dinner. \$400.00 was derived from this endeavor and presented to the local polio campaign fund. The agent worked closely with the committee on selection of menu and preparation of same.

3. Southern States

The agent cooperated with the local Southern States store at the time of their annual meeting. She served on the refreshment committee and helped to secure talent for their talent round-up.

4. Cancer Society

The agent and a committee from the Glendale Home Demonstration Club met with a representative from the Cancer Society to make plans for a cancer bandage program to be started in Clarke County. 10 women have received instructions on making these bandages and approximately 6 dozen bandages have been made.

5. County Nurse

The agent cooperated with the County Nurse in setting up a Cancer Bandage program for the County. The County Nurse obtained the use of the Red Cross room for making these bandages.

XII. APPRAISAL OF YEAR'S WORK

The women of Clarke County, and other members of their families, have benefited greatly through the assistance given on saving time and energy. Women are much more aware and conscious of saving time and energy. The program has helped the women to be better buyers and to adopt better economic practices. Through the Home Demonstration program the women have developed more poise and personal security.

1954 PLAN OF WORK

Bonnie Sayre
Home Demonstration Agent

Clarke
County

I. COUNTY SITUATION:

The county situation is the same as in 1953, except for the higher cost of living and the greater influx of out of state people buying up land. The sources of income are from the sale of cattle, fruit and general farming. The patterns of living in the farm homes are three types; those of comfortable means, average farm family and a larger number of tenant farmers and farm laborers.

There is a smaller number of farm families over the non-farm families. Their source of income is from salaries of nonfarm positions such as government, teaching and clerking. A large number of families participating in the home demonstration program are homemakers of small town business men.

There is very little domestic help employed in the average home. Most of these homes have children below or in school age.

Along with the above sources of income, the family garden, poultry flock and home cured meat supply family food needs.

In the town of Berryville stores are beginning to stock better home furnishings, better garments, and improving in other items as many Home Demonstration women are dealing in town now.

The social conditions in the county are not too good, but much is being done for the youth situation. Parents are working and there is no one left to take the definite responsibility of the children.

- There is more need for recreation in the home and community.

II. CONTRIBUTIONS OF THE 1953 PROGRAM TO FAMILY LIVING:

The 1954 program can contribute much to the family living in Clarke County. The homemaker will receive information that will help clothe her family without spending any more money so that the whole family will appear better dressed.

Because a lot of the homemakers work outside of the home, it is necessary to save as much time and energy as possible, therefore, the homemakers will learn how to arrange their kitchens more conveniently.

The Federation Goal "Home and Community Beautification" will contribute much to the homes as well as the community by making and displaying farm signs. Each Home Demonstration Club will have a project helping to beautify each community in some way.

Since there is not much recreation facilities in Clarke, a county-wide recreational meeting for the whole family is planned. If the family plays together they can work together better.

The food demonstrations will help families to improve their health through the use of adequate diets with less calories.

The emphasis this year in house furnishings is the selection of house furnishings. Families are spending more of their leisure time at home looking at television. This means that the home should be more attractive.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

III. 1954 Program As Planned

A. Adult Subject Matter Fields

1. House Furnishings

The objective of this project is to make homes more

attractive by knowing furnishings that are desirable and attractive. To get up-to-date on the new house furnishings fabrics and what to expect from them. To assist the homemakers in furnishing their homes to reduce amount of work in caring for them.

Methods to be Used

(a) Have two method demonstrations in each club; "Getting up-to-date on House Furnishings" by agent and "Good Design in House Furnishings" by leader.

(b) Have each club select one house furnishings leader.

(c) Have a leader training meeting to train one leader from each club in September. This meeting will be conducted by House Furnishings Specialist who will also train the agent. The agent will in turn give a demonstration to all Home Demonstration Clubs.

(d) Have an exhibit of good design in house furnishings that can be taken to each Home Demonstration Club. Have this exhibit in store window.

(e) A Refinishing Furniture Workshop will be held for all homemakers in the county during March. If enough interest is shown, have workshop in two different communities, meeting two days in each community.

(f) An Upholstering Clinic is planned to be conducted by leaders who were trained last year. This will be for two days during April.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

(g) Other methods to be used will be through news articles, radio, bulletins and home visits.

(h) Give help and suggestions when needed.

2. Clothing

The objective is to teach the women how to buy and select ready-made clothes suitable to the individual so their families will appear better dressed on less money. To help them select and choose hats that are becoming to each person. To teach tailoring to those that are interested, and in this way they can cut their clothing cost.

Methods to be Used.

(a) There will be two method demonstrations in each Home Demonstration Club.

(b) Each club have two clothing leaders who will be trained by the Clothing Specialist. Leaders will give the two method demonstrations in their club in January and February.

(c) Will have a special interest meeting in each club on taking correct measurements and adjusting pattern to measurements in February.

(d) A tailoring school will be conducted by leaders that were trained last year. This is planned for March.

(e) Publicity through radio, newspapers and bulletins will be given.

3. Food and Nutrition

The aim in foods for this year is to use more of our home-grown foods, and cut down on our calories, but have adequate, nutritious meals.

Methods to be Used

(a) Two method demonstration will be given in each club.

(b) One food leader from each club will be trained at a leader training meeting by food specialist. Each leader will conduct one method demonstration on "Salads from Home Produced Foods" in her club.

(c) The home agent will be trained by food specialist on "Simple Meals" which she in turn will give a method demonstration to each of the seven clubs.

(d) Encourage homemakers to improve their family's health by providing adequate, nutritious meals through radio, newspapers, home visits, office and telephone calls and bulletins.

4. Home Management

(1) Kitchens

The object is to help the homemaker plan a time and energy-saving and a convenient kitchen.

Methods to be Used

(a) Have one kitchen demonstrator in each of the seven clubs. Each club plans to meet in the home of the kitchen demonstrator and see it before and then after.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

(b) Have one method demonstration given by the agent to each of the seven clubs. Housing specialist will train the home agent for this demonstration on "Arranging Supplies and Small Equipment in the Kitchen".

(c) A tour to some of the finished kitchen demonstrators homes is planned.

(d) The housing specialist and home agent will visit and give suggestions to three families that are planning to remodel their kitchens in the near future.

(e) Encourage visits to see these projects.

(f) Keep up interest through radio programs, feature stories, home visits, bulletins and personal contacts.

(g) Give help and suggestions when needed.

(2) Insurance

The objective is to acquaint the women with the fallacies of some insurance policies as well as the value of insurance to the family. To acquaint people with the kinds of insurance.

Methods to be Used

(a) Have a county-wide meeting on insurance for all people in Clarke County.

(b) Try to secure Miss Eberly, representative of National Insurance Association to lead a discussion on insurance. If Miss Eberly can not be gotten, have a panel discussion of local insurance agents.

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GOALS OR OBJECTIVES

ACCOMPLISHMENTS

(c) Increase interest by radio, newspapers and personal contacts.

5. Housing

The purpose in this project this year is to teach simple repairs about the home that will save money.

Methods to be Used

(a) Have one method demonstration in each of the seven clubs on "Household Mechanics".

(b) A workshop in each Home Demonstration club. A follow up of the method demonstration.

(c) One leader from each club to give the method demonstration to her group in April and to assist the home agent with the workshop in July. Leaders will be trained by Mr. C. D. Wheary, Specialist from V.P.I., at a leader training meeting

(d) Try to secure one housing demonstrator in each club.

(e) Housing specialist and home agent visit with one family and give suggestions.

(f) Give help and suggestions when needed.

(g) Encourage club members to pass on information to others.

6. Recreation and Rural Arts

The objective is to have more recreational programs in the county since commercial recreation is very limited. To help our youth spend their leisure time doing constructive things.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

Methods to be Used

- (a) Have a county-wide recreational meeting for all ages to train these people for future recreational programs.
- (b) Will be trained by a member of State 4-H Staff.
- (c) Encourage youth to make their own fun rather than monopolizing commercial entertainment.
- (d) Encourage the parents to play with their children.
- (e) Keep up interest by radio, newspaper articles and home visits.
- (f) Sponsor a Skating Party for 4-H'ers.

B. 4-H Club Subject Matter Fields

1. Clothing

- So You Like to Sew
- Make or Remake
- Looking Your Best

Our objective is to teach the girls the simple rudiments of sewing so that it may help stretch the family income and be an asset to them all during life. To give necessary information on selecting fabrics and developing a skill in cutting fabrics. To help the girls appear better groomed.

Methods to be Used

- (a) Home agent or leaders give a method demonstration as outlined in the two projects each month until project is completed.

(b) Members give short demonstrations at meetings and complete assignments from month to month.

(c) Teach judging and scoring of work done by members.

(d) Have girls keep a record of work accomplished and submit member's report at end of project.

(e) Have girls exhibit project work and compete in contests.

2. Foods

Meal Planning and Food Preparation

Food Preservation

The objectives of these food projects are to help the girls realize that good health depends on the right kind of food and encourage them to include such foods in their diets; also to teach girls the techniques of preparing and conserving foods.

Methods to be Used

(a) Home agent or leader give a J.I.T. demonstration at each club meeting.

(b) Club girls give short demonstrations.

(c) Teach judging of projects to club members.

(d) Have girls keep a record of work accomplished as they do it. Submit record at end of project.

(e) Have girls exhibit products of the project.

(f) Compete in contests.

C. Young Men and Women's Program

The objective is to interest persons from eighteen to thirty in this organization.

Methods to be Used

- (a) As personal contacts are made, discuss the possibility of starting such an organization.
- (b) Build up interest to start one next year.

IV. OTHER ACTIVITIES

A. Adult

1. Polio Dinner - County project

The objective is to raise money for the Polio Fund to help those that are stricken with this disease. This is sponsored by the Home Demonstration Clubs of the county. Our goal is \$300.00.

Procedure to Use

- (a) To have a dinner.
- (b) Most of the food be donated by Home Demonstration women.
- (c) All of the profit will be turned into the Polio Fund.

2. Community Projects

Each club will select a project in their community in connection with the Federation goal. In some instances, it will be a continuation of last year's project.

 GOALS OR OBJECTIVES

 ACCOMPLISHMENTS

Procedure to Use

- (a) Outline these projects in each club in January.
- (b) Encourage them to make careful plans.
- (c) Keep up their interest in working toward a finished project.
- (d) Give publicity to each project.

3. Federation Goal Activities

"Home and Community Beautification" project is the Federation Goal for Clarke County which is being conducted for the third year.

The aim is to add to the natural beauty of Clarke County by screening unsightly buildings and undesirable views, by painting mail boxes and making entrances safe.

Procedure to Use

- (a) Appoint a county federation goal chairman.
- (b) Each Home Demonstration club have a federation goal chairman.
- (c) These chairmen will be trained at a leader training meeting in March. The home agent will give the training.
- (d) Each chairman will conduct a twenty minute discussion in April and September.
- (e) Chairman should promote the goal in her club and check from time to time as to progress each member is making.

(f) One monthly meeting in each club will be a workshop to make farm or home signs.

(g) Try to secure a yard demonstration in each club.

(h) Give suggestions and help when needed.

(i) Give publicity through radio and newspaper.

4. National Home Demonstration Week

To publicize the home demonstration program and what the women are learning from it. To try to increase the membership in each club.

Procedure to Use

(a) Each club have an exhibit to let other people know what the Home Demonstration program is contributing.

(b) Use the radio, press and personal contacts to give information about program to people.

(c) Encourage each club to have delegates at the district meeting.

5. Home Demonstration Achievement Program

The purpose is for the women to have a chance to exhibit what they have learned. To learn to know the women from other clubs. To interest others to do more.

Procedure to Use

(a) Appoint committee to plan it.

(b) Have a tour of remodeled kitchens and yard.

(c) Try to interest women in this program

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

6. Annual Picnic

Plan to have a picnic for Home Demonstration members and their families. The county personnel is invited and all the 4-H'ers.

Procedure to Use

- (a) Appoint a committee to work on plans.
- (b) Remind members of this through personal contacts and newspapers.

7. Adult Education Center

The home demonstration clubs are helping to support the Adult Education Center to be built at Blacksburg. Their goal is \$250.00.

Procedure to Use

- (a) Have a Spring Chicken Fry for this purpose.
- (b) Interest the women in wanting to have a part in this building.

8. Work in Unorganized Communities

This work to be promoted in an effort to serve a larger number of families with the extension program.

Procedure to Use

- (a) Encourage club members to pass on information to non-residents.
- (b) Program development leader in each club contact a group of women. Home Agent to give demonstration of their choice.

B. 4-H Clubs

1. Camp

To increase participation in 4-H club work and to develop leadership. An educational program will be conducted for the campers throughout the week. There is recreation and song leadership.

Procedure to Use

(a) Encourage and interest all club members who have completed their project to go to camp.

(b) Home Demonstration clubs will give scholarships to worthy boys and girls.

2. 4-H Achievement Night

To recognize individual accomplishments as well as club accomplishments in 4-H work for this year. Use this as a means of publicizing the influence of 4-H work in the community.

Procedure to Use

(a) Have the 4-H County Council plan the night's program. Have members assume more responsibility.

(b) Have during National 4-H Achievement Week.

(c) Encourage parents and friends of 4-H members to attend this activity.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

(d) Make awards and give recognition to deserving members and leaders.

(e) Give publicity to the different achievements.

3. Club Contests

The purpose of club contest is to help members in developing skills in a certain project, and to develop leadership.

Procedure to Use

(a) Hold club contests and select winners to compete in county contests. Hold club contests in June and county contests in August.

(b) Assist the county winners with preparation of record books and demonstrations for Area Contest.

(c) Teach girls to improve the quality of their demonstrations.

(d) Encourage members to keep a detailed record of project right from the beginning of project.

4. Rural Life Sunday

The purpose of such a program is to develop spiritual and moral values and to stimulate the development of the fourth "H" which is the Heart.

Procedure to Use

(a) Have each club conduct a Rural Life Church service in their community. Each club plan own program.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

(b) Provide suggested programs.

(c) Honor club members should assume much of the responsibility of planning.

(d) Give help if needed.

5. Share-the-Fun-Program

This is another phase that contributes to the overall 4-H program. To find hidden entertainment talents.

Procedure To Use

(a) Have club contests in February 4-H meeting. The winner of each club will compete in County Contest.

(b) Have county contest in March or April. Winner will get a free trip to Blacksburg.

(c) Will give out 1953 awards at the County Share-the-Fun-Program.

C. Young Men and Women's Activities

1. Camp

Will try to interest persons of this age group in going to camp, hoping they will return with enthusiasm to the club in our county.

GOALS OR OBJECTIVES
ACCOMPLISHMENTS

V. Scope of Work

	No. in <u>1950</u>	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	Goal <u>1954</u>
A. <u>Organization</u>					
* Number of home demonstration clubs	10	11	11	10	8
Membership	196	196	328	223	200
Number of 4-H clubs	10	10	11	9	9
Membership	150	171	190	157	150
Number of young men & women's clubs			1	1	0
Membership			10	11	--
Community Improvement Clubs	--	--	--	--	--
Membership	--	--	--	--	--
Other Organizations	--	--	--	--	--
B. <u>Number of families reached through:</u>					
Home Demonstration clubs	196	226	300	300	300
4-H clubs	150	171	180	190	200
Young adult clubs	--	--	10	11	10
Special interest groups	2	31	40	50	25
Result demonstrations	12	21	28	25	30
Home visits	50	385	400	531	450
Contacts by club members	175	200	250	300	300
Other (newspaper, radio, county meetings, etc.)	100	150	200	250	275
Estimate number of different families reached through above means	532	592	700	750	750

* Only seven Home Demonstration clubs have elected officers for 1954 and are active at present time.

 GOALS OR OBJECTIVES

 ACCOMPLISHMENTS

 ● VI. Plans for Strengthening the Extension Program in 1954!

 A. County Home Demonstration Program

Members of this committee comprise the governing body of the Home Demonstration Club's program. It is the over-all planning group. The committee consists of the presidents of each club and the executive officers of the Home Demonstration Committee. These members will be encouraged to assume more responsibility for executing the program which they plan. Help to finance the county activities by contributing to expenses of delegates to state federation meeting.

 B. County 4-H Council

This council serves as a governing body for all 4-H clubs. Help members to realize the program projected by the county council is theirs and they should work to see that it is accomplished.

Train club officers in parliamentary procedure.

Have two meetings a year; one in fall and one in the spring.

The council set up the goals for the Banner.

Officers should meet just prior to the county council meetings to plan program.

This organization wants to raise money to buy a Public Address System.

 C. County 4-H Honor Club

The Honor Club elected its officers for the first time this year. This organization will help with

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

the leadership of 4-H work by some of them serving as junior leaders. They will have three meetings a year.

D. County 4-H Project Planning Committee

The purpose of this committee is to plan the annual 4-H homemaking projects for next year. The members begin planning in the spring prior to the county-wide planning meeting by discussing with other members the projects they would like to see included in the county plan. Recommendations are presented, discussed and voted on at the county planning meeting. The county project program is then mapped out month by month. This procedure enables each girl to have a part in planning their project work.

VII. Plan for Leadership

A. Home Demonstration	No. in <u>1950</u>	No. in <u>1951</u>	No. in <u>1952</u>	No. in <u>1953</u>	Goal <u>1954</u>
Number project leaders	50	90	112	140	100
Number federation goal chairmen	9	9	11	11	9
Number of program development leaders	10	10	11	10	8
Number of result demonstrators	28	21	29	30	20
Number of meetings at which leaders were trained by specialist	4	5	5	4	5
Number of meetings at which leaders were trained by district agents	--	--	1	1	1
Number of meetings at which leaders were trained by agent	1	1	5	7	2

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

	<u>No.in</u> <u>1950</u>	<u>No.in</u> <u>1951</u>	<u>No.in</u> <u>1952</u>	<u>No.in</u> <u>1953</u>	<u>Goal</u> <u>1954</u>
Attendance at all training meetings	49	64	101	90	75
Number club meetings held by leaders without agent present	22	23	27	25	35
Total number of demonstrations given by leaders	21	26	23	22	30
Total number of talks or discussion by leaders	--	144	150	200	30

Each leader be given the proper training for the job he asked to assume. This training be administered through group meetings, individually and demonstrations given at club meetings. Specialists, district Agent and home agent will give the training.

See that club leaders are given an opportunity to put into practice the training they receive.

The home agent give encouragement and assistance to leaders.

The project leaders conduct four demonstrations in absence of the home agent. These leaders assist in giving demonstrations to organized and unorganized groups.

	<u>No.in</u> <u>1950</u>	<u>No.in</u> <u>1951</u>	<u>No.in</u> <u>1952</u>	<u>No.in</u> <u>1953</u>	<u>Goal</u> <u>1954</u>
B. A-H club					
Number of A-H club officers	40	60	65	66	55
Number adult project leaders	8	12	13	15	10
Number junior project leaders	5	6	13	15	8
Number of result demonstrators	1	1	2	3	1
Number of meetings at which leaders were trained by specialist	2	2	3	3	2

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

	No.in <u>1950</u>	No.in <u>1951</u>	No.in <u>1952</u>	No.in <u>1953</u>	Goal <u>1954</u>
Number of meetings at which leaders were trained by agent	10	2	3	5	2
Number of meetings at which leaders were trained by district agent	--	--	--	--	--
Number of meetings at which leaders were trained by personnel in 4-H department	-	1	2	2	2
Attendance at leader training meetings	24	33	81	90	75
Number 4-H leaders trained individually	4	6	10	11	5
Number club meetings held by leaders without agent present	28	21	22	20	10
Number demonstrations given by adult leaders	49	44	22	40	40
Number demonstrations given by junior leaders	14	45	40	25	25

Some of the project leaders will be trained individually, but where it is at all possible, they will be trained in a group at leader training meetings. A member of 4-H department will train the new organizational leaders as well as the old.

Get the adult leaders to assume more responsibility. Help them to take initiative and develop confidence. Give the junior leaders an opportunity to function and help them to improve demonstration techniques.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

C. Young Men and Women's Clubs	No.in	No.in	No.in	No.in	Goal
	<u>1950</u>	<u>1951</u>	<u>1952</u>	<u>1953</u>	<u>1954</u>
Number club officers	--	--	7	--	--
Number of adult leaders or sponsors	--	--	2	--	--
Create interest among this age group for the need of such an organization. Work toward organizing next year.					

VIII. Problems in Carrying Out Extension Program

- (a) There are two different economical levels in the county which makes it difficult to teach the same to both groups.
- (b) Lack of interest in extension program
 - because most of the people that Extension program is reaching now do not own their home or farm.
- (c) The need for more assistance from home demonstration families in spreading the extension program's influence.
- (d) Not enough participation by families needing the help the extension service can give.
- (e) The lack of transportation to meetings.
- (f) Getting our youth off the streets after school hours.

Plans for Meeting These Problems

- (a) Publicize the extension program and what it offers through news articles, radio, exhibits, tours and meetings.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

- (b) Try to spread the extension program to more people through special interest meetings.
- (c) Home Agent will ^{try to} make the program adaptable to the different economical levels. Encourage the women to set up the program so that owner as well as non-owner will be interested.
- (d) Encourage members to pass the information on to the other families.
- (e) Home Agent helps the transportation problem by taking some of the women to the meetings.
- (f) Home Demonstration clubs are having a A-H Skating Party and a recreational meeting to help get youth off of streets.

IX. Plans for Work With Other Agencies

A. County Red Cross

The clubs will cooperate with this agency by donating cookies for Newton Baker Hospital at Christmas. They help with the blood bank.

B. Welfare Department

At Christmas A-H members fix baskets for families on welfare. The Home Demonstration clubs cooperate and give clothing for needy families.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

C. County Nurse

The Home Agent visits in homes with nurse when she can be of help.

D. Farmers Home Administration

Make home visits to the members of this organization and encourage them to participate in extension activities.

E. County Board of Supervisors

Have met the members of the Board. Will invite them to all county Home Demonstration functions. Give a report at the beginning of year and the end of year as to what is being done in the county.

X. Plans For Developing Good Public Relations

A. General Public

Home Agent will show a pleasing and friendly attitude to everyone in the county as she meets them. Respond in a pleasing manner to requests made of you.

Strive to be tolerant of people and try to understand their behavior.

Be well informed and try to present information in a definite and concise manner.

Will try to do the above through the use of radio, newspaper, personal contacts and home visits to help promote good public relationships, and to reach more families with extension program.

GOALS OR OBJECTIVES

ACCOMPLISHMENTS

B. County Co-Worker

The extension program of Clarke County is planned jointly with the county agent when possible.

Strive to have more cooperation and harmony.

Home Agent be prepared to give and receive constructive criticism.

C. Other Professional Workers

Home Agent be informed as to their program.

Recognize these workers' abilities and use such when possible.

Render assistance and cooperation when it is requested and needed.

Keep relationships conducive to any cooperative endeavor.

XI. Plans For Recording Progress and Evaluating Programs

Check plan of work frequently to see if objectives are being accomplished.

Encourage program development leader to collect and summarize reports from individual members. Club summaries be submitted to home agent.

Have L-H members keep a detailed report monthly on progress in their particular project.

Report monthly and annually to the State Office about extension program.

XII. Plans for Professional Improvement

A. Reading Professional Books and Other Publications

Will study one professional book. Subscribe and read five professional magazines during the year.

B. Membership in Professional Organizations

Member of American and Virginia Home Economics Association.

Member of Virginia Home Demonstration Agent's Association.

C. Participation in Programs, Workshops Planned By Other Organizations

Will take advantage of these when featured.

If asked to help, will try to cooperate.