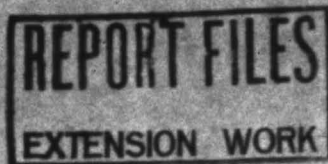


VIRGINIA

HIGHLAND Home Demonstration Agent Annual Report 1959  
County

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ANNUAL NARRATIVE REPORT  
HOME DEMONSTRATION WORK  
HIGHLAND COUNTY  
VIRGINIA

HOME DEM AGENT ANNUAL REPORT

1939

Miss Ettie Henry

Home Demonstration Agent

December 1, 1938 - December 1, 1939

This is the report of  
Hazel Propst  
December 1st to July 1st

&

Ettie I. Henry  
July 1st to December 1st, 1939

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III. SUMMARY OF INDIVIDUAL ACTIVITIES

Days in field.....	250
Days in office.....	76½
Days annual leave.....	10
Days sick leave.....	1½
Days leave without pay.....	0
Legal holidays taken.....	3
Number home visits made (adult).....	933
Number 4-H Club members visited.....	270
Total number different home visited.....	132
Number office calls.....	269
Number telephone calls.....	86
Number news articles or stories published....	135
Number individual letters written.....	989
Number different circular letters written....	39
Number meetings attended.....	278
Number miles traveled.....	10,771

### THE COUNTY AND ITS PEOPLE

Highland is a strictly rural county. Monterey, the county seat, is its largest town and has a population of three hundred and fifty. It is a mountainous county rich in timber land and blue grass, bounded on the south and east by Bath and Augusta counties, Virginia; and on the north and west by Pendleton and Pocahontas counties, West Virginia. The total population of four thousand five hundred and twenty-two persons is scattered over four hundred and twenty-two square miles. The people receive their income from the timber which is rapidly being cut and marketed; from the cattle which thrive on the natural blue grass; and from the tourists who come to the county because of the beautiful scenery and delightful climate in the spring, summer and fall. The people are naturally thrifty and self-supporting, there being little poverty in the county. Three high schools and nineteen one-room schools offer educational advantages to most of the people. Their homes are clean but lack modern conveniences. They are peaceful, law-abiding and church-going citizens.

Home Demonstration work, which has been in the county

for eight years, has helped to cause many important changes in the homes and in the people. The great need of the people is for new interests and ideas, and for recreation, both of which the home demonstration program is helping to furnish. It is also helping to bring the people in the communities and the whole county closer together. The people are using more modern and better methods of canning, sewing, food preparation, gardening, poultry raising and home furnishings. Sanitary conditions are better. The personalities of young and older people have been developed by experience in club work.

#### FINANCIAL SUPPORT OF WORK

County Board of Supervisors is the organization in the county giving financial support to home demonstration work. This board consists of one representative from each of the three magisterial districts. Each month the agent attends the meeting of the Board and makes a report of the work done in the county through the home demonstration organization. A summary of the year's work is given at the end of the year. The following is a monthly report which was given:



Report of Home Demonstration Work In Highland  
County for November, 1939

Ettie I. Henry, Agent

All 4-H clubs and Home Demonstration clubs elected new officers this month and planned for their December meetings. Each club exchanged names and will make Christmas gifts for the person whose name they drew.

Crabbottom Home Demonstration Club held a special meeting this month in order to paint unfinished pottery. Twenty club members attended this meeting. Each member fixed one piece of pottery. Some fixed two and three. Very attractive pieces were finished. These peices of pottery will be used as Christmas gifts.

Headwaters Home Demonstration Club held a special meeting on Meat Canning. As many of them are butchering at this time, they were interested in learning how to can their meat in the pressure cooker.

Five one-room schools of Highland County were visited this month for the purpose of starting the Hot Lunch Project. This project was carried on in all one-room school last year. It was found that the children did better work and gained in weight because of this project. They bring their vegetables in small jars and with the cooperation of the teacher they are heated in a hot water bath and the children have hot vegetables fo r lunch. The other schools will be visited in December and throughout the cold months.

The Agent was away for two days at Thanksgiving on Annual leave. For three days, beginning November 20, the Agent compiled the Annual Report which is to be sent to the State Office in Blacksburg. This month 35 home visits were made, 686 miles traveled by the Agent on official duty in Highland County.

Respectfully submitted,

Ettie I. Henry  
County Home Demonstratn Agent

### ORGANIZATION OF WOMEN'S WORK

The County Homemaking Board has thirty-four members on roll, consisting of all the chairman of the Home Demonstration Clubs and other key women from each section of the county. The Farm Security Administration is the only other homemaking agency in the county. Representatives from this administration belong to the Homemaking Board. The function of the board is to determine the homemaking program in the county and to serve in an advisory capacity to the Farm Security worker and to the Home Demonstration Agent. This Board has held two meetings this year. At each meeting all clubs were represented except three. The goals for the year are:

1. Continue recreation program in county, stressing music.
2. Each club secretary to send cards telling of meeting dates to all persons in community, not just persons enrolled in club. Urge each individual member to reach persons not being reached.
3. A. Sponsor a county-wide preschool clinic.  
B. Promote the study of treatment and prevention of venereal diseases.  
C. Cooperate in any way possible in securing county nurse.
4. Each club have a worthwhile community project.
5. Each new club be responsible for two meetings and older clubs three or four meetings, releasing the Agent for work in unorganized communities.

6. Home Demonstration club to emphasize their interest in 4-H Club work in a more individual way and to study the problems of young people in general.
7. In view of world conditions today, stress Sunday School and Church attendance, thereby renewing allegiance to Christ who is the power of all up-lift work.
8. Have Achievement Day in fall.
9. Try to reach marginal group in each community.
10. Have each club represented at each Board meeting.
11. Have Extension School in Spring.
12. Send delegate to State and District Federation Meeting.
13. Conduct a county youth campaign.

Realizing that a fuller life for young people is an outstanding need in Highland, the Homemaking Board planned a county-wide Rural Youth Campaign. The Board paid its dues to the State Federation and plans to send a delegate to the meeting at Blacksburg. It was represented at the District meeting held at Lexington. It has sponsored two money-making schemes from which \$43.00 was realized. It sponsored an Extension School in February.

At the program planning meeting held in May, the different phases of the Homemakers job was analyzed by persons present in order to start thr women to thinking about

their problems as homemakers and the problems of other homemakers in their communities. An open discussion was held in regard to this, with all present taking part. The outstanding county-wide needs as seen by the two homemaking agencies were presented and discussed. Each Board member was asked to summarize the outstanding points at the Board meeting and present these at the June Home Demonstration Club meetings and to lend a discussion in clubs as to community needs and interests. Program committees were appointed in each club. This committee will report at the next Homemaking Board Meeting as to the needs and interests of their community.

At the Home-making Board in July each club sent the chairman of the program committee to give the community needs. These needs of interest has been discussed at the club meetings in each community. From these interests that were brought from each community in the county, the 1940 program was drawn up. The chairmen of these program committees really showed that much thought and discussion had gone into arriving at these community needs and interests.

Each Home Demonstration Club is organized in a community which has ten or more persons interested in an organization. It has for its officers a chairman, vice-chairman, Secretary-treasurer, and two leaders, an alternate leader, and in some instances, song and recreation leaders. These are elected in November. The chairman of each club automatically becomes a member of the County Homemaking Board when she is elected and is invited to the next meeting of that body.

There are one thousand two hundred and thirty-four white homemakers in the county. Two hundred and thirty-eight are being reached directly and five hundred and fifty-seven indirectly. The Home Demonstration Club enrollment for the past three years is as follows:

<u>Year</u>	<u>: No. Clubs</u>	<u>: Membership</u>	<u>: No. reached indirectly</u>
1937	: 12	: 239	: 406
1938	: 13	: 237	: 418
1939	: 12	: 238	: 557

There are three magisterial districts in the county, Stonewall, Monterey, and Blue Grass. Monterey District has three Home Demonstration clubs; Stonewall, five; and Blue Grass, four.

### PROJECT WORK

The major project in the Home Demonstration clubs is clothing. For February the selection of fabrics and patterns according to individual figure problems were studied. In March the women learned to adjust patterns and to fit garments properly. A Style Dress Revue was held in each club in May.

A demonstration on Buymanship of coats was held in August and Better Buymanship of Shoes and Hose for September.

A number of women have shown a great deal of interest in clothing. All clubs had style dress revues at which each member who had made a dress exhibited. Two clubs had judges who selected the best dresses. One club gave prizes to the winners with a social hour following. One club, with a membership of twenty-two, had nineteen members present with dresses they had made. Two of the remaining members had made dresses. Two other clubs had dresses made by all members present. Another club had all but one member on roll present with dresses they had made.

Demonstrations on the "Selection and Use of Electrical Appliances in the Home" were given in three communities, recently getting an electrical line, by the Home Economist from the West Penn Public Service Company. About sixty-one persons attended these meetings. The Home Economist from this same company gave a demonstration on Christmas Lighting and Decorations in December at another club meeting to which the public was invited.

A county-wide extension school for men and women was held in February. A demonstration on "Beautifying Our Yards" was given by the State Extension Landscape Gardening Specialist. The Extension Agricultural Economist discussed "Making the Farm Furnish a Satisfactory Standard of Living."

For one month during the year each club tried to have guest speakers. The subjects of these talks were yard improvement, care of shrubs, flowers, and citizenship. Much interest has been taken in the finishing of

of unglazed pottery. Pieces of all sizes were ordered. The women mixed their own paints to attain the right color and many lovely pieces were finished. Five clubs had this work and 38 pieces of pottery were finished. Three clubs had demonstrations on Sunday Night Suppers; one, "Frozen Desserts"; three, "Light Refreshments When Friends Come In"; two, "New Ways to Prepare Eggs"; one, "Planning a Buffet Meal"; and two on "Planning Meals in December". All clubs had demonstration about Christmas. They were, Christmas Party Refreshments, Christmas Candies and Suggestions for Christmas Gifts. Demonstrations on Flower Arrangement and Pictures were included in the year's work in two communities.

The Poultry Specialist visited three communities to help with poultry problems. Two demonstrations were given on "Culling". The agent ordered eleven hundred and fifty baby chicks which gave the club members the benefit of a one cent per chick reduction. Poultry house plans were furnished five persons. Twenty-four persons are keeping egg production records. Two home flocks were



blood tested and state certified. Garden suggestions were distributed each month.

During the early spring and late fall months the Home Makers are busy with cheese. Cheese coloring and rennet were ordered for sixty persons. One person reported making twenty-eight cheeses this spring.

Thirty stools were ordered and seats put in them by club members. Reseating material was ordered also for the club members to fix up old chairs.

The agent visited regularly during the winter two relief families which the welfare work felt needed individual help in meal planning and in improving the general standard of living. Some improvement in their home conditions was noticeable.

Each of the twelve clubs planned worthwhile community projects. Four communities are conducting magazine exchanges. One club raised money and bought pulpit furniture and frosted the windows of their community church. A community school was painted through the aid of a club. Some other community projects were: building a bridge to a church, donating money for a church parsonage, donating money for a local 4-H Club, and buying song books for the church.

### PROJECT LEADERSHIP

Each Home Demonstration Club elected two project leaders and an alternate leader at the beginning of the year. It was a county goal that the leaders in each new club should take charge of two meetings and older clubs three or more meetings, releasing the Agent for work in unorganized communities. One leader training meeting has been held with an attendance of thirteen. In all clubs the leaders have taken charge of one or more meetings. In a number of clubs the leaders have taken charge of two meetings.

### OTHER ACTIVITIES

The Board decided to sponsor a county-wide youth campaign. The campaign was planned as follows:

#### Highland County Home Demonstration Campaign

### RURAL YOUTH

Slogan: Fellowship, friendship, and fun for young people

- Aim:
1. Study the problems that our young people are facing today in order that we may intelligently and sympathetically guide them in the solution of these problems.
  2. Provide a fuller life for the young people in each community by recreational and educational means.

- Goals: 1. Each Home Demonstration Club make a survey of the young people in their community to discover who they are and what they are interested in. After studying the results of this survey, make plans to help meet their needs sometime during this year. This survey is to be made in February- It is suggested that each club have a youth Committee to plan this work.
2. Each community have from two to four youth meetings during the year. These meetings should be both social and educational. Educational topics which may be presented in the form of talks, contests, questionnaires, etc. are:
- a. Study of Highland County.
  - b. Health.
  - c. World Affairs.
  - d. Study of Vocations Open to Young People.
  - e. Personality Development.

Social features suggested are:

- a. Treasure Hunt.
- b. Out-door games.
- c. In-door games.
- d. Community sings.
- e. Spelling match.
- f. Masquerade parties.
- g. Out-door supper cooked by both boys and girls.
- h. Dramatics and stunts.
- i. Literary program or local talent program.
- j. Athletic program.
- k. Nature study.

Seven clubs made simple surveys of the youth in their community. They discussed the findings in the surveys and whether it would be wise to have youth meetings. Committees were appointed in each club to make plans for the youth meetings.

Three communities have given parties as recreation programs for the Older Youth in the county. One community has had three meetings with the Older Youth with an average attendance of thirty-five. These young people are interested in recreation.

Very little has been done with marketing except with certain individuals. Two persons have products for sale on the roadside market at Fredericksburg. Other persons have been assisted with finding markets for black walnuts, cheese and maple syrup. Several clubs have put on food sales which have proved successful.

A county goal for the year was to continue the recreation program in the county, stressing music. Practically every club has some type of recreation when time permits. Most of the clubs have had community socials.

An adult Achievement Day was held in the early fall. Exhibits of handwork, canning, flowers and cakes were brought. This Achievement Day takes the place of a Fair. Exhibits were brought, put up and judged in the morning. In the afternoon the women heard a talk about

the Conference of Associated Country Women of the World held in London.

A panel, in which each club president participated, was heard on the year's work in each club. This proved to be something interesting and different from the usual reading of report.

The program closed in the afternoon with a revue of "Old Time Dresses".

#### PARTICIPATION IN FEDERATION

Sixteen women representing eight of the twelve clubs attended the District Federation Meeting held in Lexington in April. A person from the county served on the Courtesy committee.

The County Homemaking Board and one club in the county affiliated in the State Federation.

Eight women attended the State Federation of Home Demonstration Clubs in Blacksburg. The women thoroughly enjoyed this meeting. At different club meetings, ideas are uncovered that originally came from the State Meeting. Those that attended for the first time this year all want to go back.

Women from different sections of the county may bring back new ideas and get them across to other women in the

in the county better sometimes than anyone else. The idea of giving the year's reports in Panel form came from the State Meeting, also not giving individual prizes on exhibits at Achievement Day.

For the States' Federation Goal this year, the Home Demonstration Clubs chose health with special interest on pre-school clinics. In the three large communities in the county, a health committee was appointed. The chairmen of these committees with the cooperation of the club members and doctors accomplished a worthwhile job. Clinics were held in all three communities. The purpose of these clinics was to give diphtheria serum and smallpox vaccination to children who expected to enter school in September. One hundred and fifty children were treated in these clinics.

In connection with the Health work, literature was passed around on cancer control. The Health nurse from Richmond visited the county and gave information on "Better Babies" to the different communities.

STORY OF ACHIEVEMENT BY CLUB CARRYING THE BEST PROGRAM

The Hightown Home Demonstration Club has held regular meetings each month of the year with an average attendance of thirteen members at each meeting.

All goals for this year were completed. They were:

- Improve church and grounds.
- Increase enrollment.
- Have recreation when time permits.
- Leaders take charge of two meetings.
- Send a delegate to Blacksburg.
- Have money-making scheme.

The community project was to improve the church.

\$30.00 was paid toward having the church windows frosted.

The club sponsored a community social and entertained thirty-two persons besides the club members present.

The two leaders attended each Leader's Meeting held and had one representative at all but one Homemaking Board meeting. The Leaders had charge of two meetings in the club during the year.

Five delegates attended the District Meeting held in Lexington and one delegate attended the Institute of Rural Affairs with expenses paid.

Eighteen members made dresses this year and took

part in the club dress revue. Thirty-three dresses were made with a savings of \$40.00. Nine bedspreads were made valued at \$400.00. Six thousand three hundred and five cans were filled by the club members this year. Recreation was stressed in the club meetings. At each meeting games were played.

Club work is appreciated in our community because of the association together and things learned to have better living.

#### ACHIEVEMENT OF INDIVIDUAL

Mrs. Ferry Carpenter of the Big Valley club is an outstanding club member because of the great interest she has in club work. Her club has been organized for about a year and a half and she is really interested in making it the best one in the county. She never misses a meeting if possible. For the past year she served as leader in her club. She gave two demonstrations to the club. She attended all the Leaders Meetings. The enrollment in her club is small but through her interest it is a good club and one that gives pleasure to work with.



Remodeling clothes has been her biggest job in club work for this year. She remodeled ten dresses for her daughter. She made two dresses for herself. Since she is a large woman, she profited by the pointers she had learned in club meetings on the buymanship of coats, shoes and hose and fitting problems. She made sixty pounds of cheese and ninety pounds of soap this year. She has canned five hundred and twenty-five quarts of foods. Improvements have been made around her home. She has planted evergreens gotten from the woods near her home. She attended the Achievement Day and was a great help in putting the exhibits in place. Always ready to help in any way possible, she is a good all-around club member.

#### ORGANIZATION OF 4-H CLUB WORK

The 4-H Club Council is made up of the officers of each 4-H club and the Honor Group members. It has fifty members. The function of the Council is to unify 4-H club work and to make and carry out the county plan of work. Two council meetings have been held with an

average attendance of twenty-six. Seven meetings of special committees were held. The following goals were adopted for 1939:

1. Have Achievement Day in the Fall.
2. Honor Group should function with the council in the county program.
3. Have Honor Group banquet in the spring.
4. Sponsor county 4-H Club Camp.
5. Each club have a written plan of work, a contest day, and send in monthly reports to newspaper.
6. Each club try to increase its membership and each club member attend not less than ten meetings.
7. Each club send half of its membership to camp. Members going to camp have to attend at least five meetings after November and have Project up-to-date.
8. Each older club have a social, a worthwhile community project, and a money-making scheme.
9. Each club send at least one delegate to State Short Course.
10. Each club member complete project, hand in work, and exhibit on Achievement Day.

After the county goals were adopted, each club in the county appointed a program committee. These program committees met with the local leaders and Agent and made

out the local club program. All clubs have had at least one money-making project during the year. One hundred and twenty-one dollars was realized by the 4-H Clubs to carry on their activities. Many clubs have had at least one social. Several had more. All clubs enrolled new members during the year. Each club included a community project in its goals.

There are twenty-nine 4-H clubs in the county with a membership of three hundred and twenty-seven. Seventeen of these groups carry health projects in connection with the hot lunch work. However, all of these are of club age and have definite work to accomplish. These groups have officers and leaders, meet two or three times during the year and keep a definite record of their work.

Twelve of the twenty-nine clubs are organized in the different communities in the county and in most cases, meet outside of school, not during school hours. Each club has a president, vice-president, a secretary and treasurer, a reporter, a song leader, two recreation leaders, an adult leader, and in most cases a junior leader or leaders. Eight of these clubs meet at night during

the winter months. Four of them meet in the daytime in school during school hours. The meetings in school are an hour in length or longer if time is needed. These meetings at night are usually about two hours long. Each club holds one monthly meeting. In summer they are planned to take up twice as much time and in some cases are all-day. At the beginning of each meeting, a joint session for both boys and girls is conducted. At this time business and all things of general interest to both boys and girls is taken up. The boys and girls then separate for project work. Project instruction is given by the leaders or agent. After the project work, the whole group assemble together for recreation and to conclude the meeting. In March of this year, the Farm Agent took over all boys project work, which prior to that time, had been done under the leadership of the Home Demonstration Agent and leaders. In all communities the 4-H club is the only organization for young people with the exception of the Church organizations for young people, with at least half of the communities there are no church organizations which include

boys and girls. For this reason, the 4-H clubs mean a great deal to the young people of Highland. It is usually the only organization of young people working for community betterment; it is often the only organization they have which helps with their personality development. Since there is neither Home Economics or Agriculture in the schools of the county, this is their only way of getting vocational training.

There are approximately six hundred white girls in the county; two hundred and twenty six of these are being reached directly and three hundred and twenty-one indirectly.

There are three magisterial districts in the county, Stonewall, Blue Grass, and Monterey. There are nine 4-H Clubs in Monterey District; ten in Blue Grass; and nine in Stonewall.

#### PROJECT WORK

The 4-H Project Work for this year was planned with the thought in mind that each girl is a part of a family and needs to better fit herself to find her place in her

family life. Instead of every girl in the county doing exactly the same thing in every phase of their project work, one county-wide unit was selected with each club planning other work to fit the need of its members. The county-wide unit selected for club work was clothing construction. The related unit selected for minor emphasis was clothing storage. The following clothing construction topics were selected:

1. Planning the Wardrobe
2. Selection of Patterns and Materials
3. Use of Patterns and Cutting
4. Fitting
5. Construction and Finishes

Demonstrations have been give on "Planning the Wardrobe", "Selection of Patterns and Materials", and the "Use of Patterns and Cutting", also, "Storage Places."

Each girl adopted the following goals:

Goals For Each Highland County 4-H Club Girl For 1939

1. Keep 4-H book. This book should have in it:
  1. Table of contents.
  2. Project program for year.
  3. Better Foods Score.
  4. Monthly Record.

5. Personal Account.
6. Health Score.
7. Pictures and clippings related to clothing program.
8. Canning Plan.
9. Club program.
10. Virginia Club Letter.

- II. Make at least two articles of wearing apparel.
- III. Take part in club meetings and other club activities.
- IV. Know words to "Dreaming", "Four Leaf Clover", "4-H Trail", and "Ploughing Song".
- V. Know how to make a motion and preside over a meeting.
- VI. Keep Health Score.
- VII. Keep Better Foods Score for one month.
- VIII. Learn to do one home task and assume responsibility for it.
- IX. Keep monthly record.
- X. Keep Personal Account of all money spent for twelve months.
- XI. Hand in record in October.

One hundred reports were handed in and sixty girls completed. Eighty girls kept a Better Food score. Sixty dresses were made.

Health work was conducted in twenty-nine groups, twelve of which were community 4-H Clubs and other other seventeen one-room schools. Four hundred and eighty Food Habit

Scores were given out for the children to keep. Health work related to the hot lunch project was conducted in seventeen one-room schools. In one school, soup canned during the summer was used to serve the children each day. In another school cocoa was served. The remaining schools heat the food in hot water. The T. B. Association donated fifteen dollars to be used in the hot lunch project in the county. The teachers report that two hundred and twelve children in seventeen schools, having a total enrollment of three hundred and seventy-two, brought hot lunch every day during January, February, and March. A number of other children brought it a part of the time. The teachers report that the hot lunch helps to make the children attend more regularly; the ones who have it do better work than those who do not; it adds variety to their lunch; they gain in weight and have fewer colds; one teacher reports an average gain of 5.1 pounds during the hot lunch period; the children seemed to have more energy in the afternoon as a result of it; it helped to teach them better eating habits and they learned other health facts in their health work. All schools in the county cooperated in the health



work and indicate they wish to continue doing so because they believe it very helpful.

Seven schools had Patron's Day programs on health. Prizes were given the children bringing hot lunch every day for three months.

During the month of December, all clubs had demonstrations on "Christmas Gifts". All clubs had demonstrations on "Weaving" one month. A number of children made woven things for their rooms. All clubs had demonstrations on "Grooming" and "Appropriate Dress". Correct Dress Contests were held in all clubs. The County Correct Dress Contest was held at Camp. At least one meeting on the family garden was held. The Garden Specialist conducted meetings in four communities with an attendance of four hundred.

#### My 4-H Club Project Activities

By Winnie May Propst

Doe Hill 4-H Club

Highland County

For seven years I have been in club work. Each year there is something new to learn. This year we did clothing

work. The things that helped me most in our clothing work this year was learning to dress. I improved my posture this year also. I learned to select my clothing wisely. This year I made sixteen dresses and with the help I received in club work, they were constructed much better, the material chosen wisely, and they fitted better.

I entered the Correct Dress Contest at Camp and also the Style Dress Revue at Achievement Day. From my estimation, I saved \$10.00 by making my clothes this year. I helped put up a booth at Achievement Day and our Club tied for first prize. This year I served as recreation leader in the club.

For my minor work this year, I had poultry. I raised one hundred chickens and kept a record of them. I sold some of my chickens at the market.

This year I canned, alone, one hundred quarts and assisted with two hundred. The value of all canning that I did amounted to \$53.65. This is a great help to our family during the winter as we cannot get fresh vegetables.

I went to the Annual 4-H Short Course this summer. My week there helped me to know how to get along with people, especially boys and girls. Above all, I feel that

4-H Club work has done more in helping me develop myself, and has given me opportunities that I would have never had.

#### COMMUNITY ACTIVITIES

Each 4-H Club in the county included a community project in its goals. One club has helped plant flowers at their community high school. Two other clubs improved their church lawns. One club gave baskets to two needy families at Christmas time. One club improved their community hall.

All clubs planned one or more socials during the year. Ten clubs have had one or more socials. All clubs had socials during the summer months. Six clubs have had socials to which all of the young people in the community were invited. Some of the socials have been held out-of-doors, but most of them were held in-doors during the winter months. Every club has a recreational period at each meeting with club members in charge. A number of club members lead recreation at other community organization meetings. One club had a demonstration on homemade games.

All clubs plan one or more money-making schemes to be held during the year. All clubs had one or more such

events. Some of these were lawn parties; several sponsored programs; one gave a play, two prepared an exhibit for the Annual Wild Flower Show for which they were paid five dollars; one had a pie supper; others had parties and charged admission. One Home Demonstration Club donated money to send a local 4-H club member to Camp. One hundred and twenty-one dollars have been raised by the 4-H Clubs to carry on their activities.

#### LOCAL LEADERSHIP

Two 4-H leader training meetings have been held with an average attendance of eleven. One 4-H Program Planning meeting was held with an attendance of twelve. At this meeting the 1940 Program was planned. The leaders attending these meetings were largely junior leaders who will assist the Agent with demonstrations and in some cases give them in her absence. The adult leaders in most clubs serve as organization leaders and junior leaders as project leaders. The adult leaders have taken charge of all money-making schemes in the absence of the Agent and a number of the club socials. Eight clubs have conducted one or more project meetings in the absence of the Agent. The

leaders assisted the 4-H members with the Achievement Day in the fall.

#### OTHER ACTIVITIES

The sixth annual Highland County 4-H Club Camp was held the week of June 19-23 at Camp May Flather, Stokesville, in cooperation with Albermarle and Rockingham Counties. It was necessary to have representatives from other counties in order to make the camp a success financially. Camp opened at 4:00 o'clock on Monday with registration. As the members registered, they were instructed to get settle<sup>d</sup> in their cabins and were give<sup>n</sup> a list of things to find out before supper time. (Thirty-five) club members and twelve leaders registered from Highland; (thirty-eight) club members and seven leaders from Albermarle; and ten club members and one leader from Rockingham. Three Home Agents and one Assistant Farm Agent were present. This made a total enrollment of (one hundred and seven) <sup>5 here was 35</sup> 107. After supper, on Monday night, a vesper service was held. Following this, the camp membership was organized into tribes under the leadership of Irene Corbett, the

Big Chief. The Big Chief was elected at camp last year. Lesser Chiefs, Scribes, and Notch Cutters were elected by each tribe on the first night. Classes in nature and hand work were conducted for two hours each morning. Mr. O'Byrne, Extension Forester, was instructor of Nature. Camp members studied trees, and made a collection of leaves from which ink prints were made. Each tribe exhibited them on the last day of camp. Handwork consisted of leather and pottery. The children were allowed to select the type of handwork they preferred. An exhibit by tribes of the pottery and leather articles was displayed for the parents and friends. During fun period, each day, instruction in swimming, folk dancing, and making a camp fire was given. A number of club members, who had never been able to swim, learned how during camp. A swimming meet was held on Friday morning. During free period in the afternoon, organized hikes, horseshoe pitching, soft ball, swimming, and games were available to the campers. After supper each evening a Vesper program was held. The theme of the Vesper program for the week was built around the song "Dreaming".

The topics for each evening were "The Meaning of Home", "Material Surrounding of the Home", "Sharing the Home". Two evenings during the week campfire programs were held. Both programs opened with a fire lighting ceremony. Challenges were offered by each tribe. On Wednesday night, an indoor party was conducted by the club members. Favors were presented all those present and refreshments served. On Thursday the evening program closed with a candle-lighting ceremony. A treasure hunt, with a notch awarded for the tribe finding the treasure and another for the tribe finding the most clues, was held on Thursday afternoon. A program for parents and friends was presented Friday afternoon at 1 o'clock. Exhibits of the work done during the week were shown. Highlights of the program during the week were presented to the visitors on the program Friday afternoon. Highland County announced the winner in their county Correct Dress Contest which was conducted at camp at that time. Albemarle and Highland both selected Big Chiefs for next year. Melvin Newman was elected Big Chief for Highland and Nancy Page for Albemarle. A paper called "Sparks From

the Campfire<sup>®</sup> was edited three times during the week by a committee composed of club members and leaders. The two tribes, Apache and Cherokee, tied in the number of notches they received during camp. Notches were awarded for:

1. Promptness to meals and classes (daily).
2. Clean cabins (daily).
3. Serving and cleanliness in dining room (daily).
4. Best contribution to campfire program (two during week).
5. Best nature exhibit (weekly).
6. a. Finding treasure on treasure hunt.  
b. Finding clues on treasure hunt.

Eight 4-H club members attended the Annual 4-H Short Course this year. Two of them were made All Stars. They entered into all the activities of the Short Course and received much good from their association with the other girls and boys. Three of them entered the State Dress Revue and two won second prize.

An Honor Group of outstanding 4-H Club members was organized in 1933 with thirty-three members. These members were required to meet the following goals:



1. Know how to preside at a meeting.
2. Serve on a committee.
3. Know how to introduce a speaker.
4. Give a public demonstration.
5. Attend at least ten meetings.
6. Complete project and have satisfactory attitude.
7. Enter all available contests.
8. Know words to "Ploughing", "Dreaming", "Four Leaf Clover", and "Follow The Glean".

If the members of this Honor Group meet these requirements three years, and in addition accomplish one of the following, they are awarded gold pins:

1. Organize a new club.
2. Serve as junior leader.
3. Give three demonstrations.

On April 28, the annual 4-H Honor Group program was held in the Monterey High School building at 7:30 P. M. Miss R. Belle Burke, District Home Demonstration Agent, was guest speaker. Irene Corbett of Pine Grove, a third year Honor member presided over the business session, the

program, and the initiation of the honor members. Twenty-six club members measured up to the standards set for first year Honor Group members and were awarded silver pins. Ten persons were selected as second year members and four persons received gold pins for third year honors. The pins awarded at an initiation ceremony following the business program. A social hour under the direction of club members concluded the program for the night.

"Under the 4-H Flag", an educational 4-H movie, presented by representatives from Sears Roebuck & Company, was shown at the Monterey High School on Monday, February 13. A silver offering for the benefit of 4-H camp was taken, which amounted to \$6.76. About two hundred and fifty persons from all sections of the county attended the movie.

The 4-H Clubs held their annual Achievement Day September 16. Exhibits were made in clothing, flowers, canning, gardening and poultry. Two clubs put on educational booths. While the exhibits were being judged, the 4-H members saw picture slides of Washington and Old Gardens. No money prizes were given individually this year. The

person receiving the largest number of blue ribbons was given a prize. The exhibits were fair. In the afternoon, Mr. William McChesney gave a very good talk on "The Values of Club Work". Reports of the year's work were heard from six clubs. A county summary of the year's work was given by the Agent. Mr. McChesney led the group in singing.

#### STORY OF ACHIEVEMENT OF THE BEST CLUB

The Doe Hill 4-H Club was elected as the best club in the county during the year, and was awarded the County Banner at 4-H Achievement Day. This is their second year to get the banner.

Doe Hill 4-H Club has held meetings each month with an average attendance of seven. There are eleven members on roll. They hold their meetings at night in the town hall. Recreation is included in each monthly program. All the girls finished their clothing work for the year.

All the club members attended Achievement Day and brought exhibits. They all helped to put up the booth which was on "Hobbies". The club members carried minor projects in poultry, and canning.

Two club members attended the State Short Course, expenses paid by the club. Two members also went to the

4-H Club Camp with part expenses paid by the club. This club owes much to their leader who has guided them through their work this year.

#### OLDER YOUTH

A county-wide Older Youth campaign was conducted in the county, sponsored by the Homemaking Board. Seven clubs made simple surveys of the youth in their communities to determine how many were present, who they were, and what their needs and interests are. In four communities there seems to be a need for work with the older youth. Two communities have given two social gatherings for these older youth. One other club also entertained them in their community. These groups will organize soon.

#### PROGRESS AND OUTLOOK

Although no new Home Demonstration groups have been organized during the year, so far two new communities are contacted. Not sufficient interest was shown to try a new group. The Home Demonstration enrollment has increased by one over last year. Two new 4-H clubs have been organized with an enrollment of twenty-eight. The total enrollment of club members in the county has increased a great deal, but since the Farm Agent has taken over the project instruc-

tion for a large number of the boys, this increase does not show in the enrollment under the supervision of the Home Agent. We believe that definite progress has been made during the year. We are reaching two new communities and a number of persons who have not been reached. We should be able to reach several new communities within the next year through our campaign or new groups. Our programs seem to be developing in such a way as to offer more people a fuller and richer life in an educational, recreational and social way.

### HISTORY AND APPRAISAL OF HOME DEMONSTRATION WORK

Highland County started Home Demonstration work in 1930. The period from March to July, Miss Mary E. Bell did development work in this county, with her salary paid from State and Federal funds.

Effective July 1, 1930, Highland made a county appropriation for Home Demonstration work and the program has continued since its inception, with the following agents and periods of service:

Miss Mary E. Bell	-	March 3, 1930 to Jan. 1, 1932
Miss Mattie Puckett	-	January 3, 1931 to Jan. 31, 1934
Miss Catherine Peery	-	January 11, 1934 to May 24, 1936
Miss Hazel Propst	-	May 11, 1936 to July 1, 1939
Miss Ettie I. Henry	-	July 1, 1939

In the beginning, emphasis was put upon the work with girls and boys. The Program was largely built on 4-H Club work. As the work with the girls developed, the women found that the program could be of material worth to them also, and thus followed Home Demonstration work in almost every community in which a group of ten women could get together.

The program here has influenced better home practices and better standard of living. In this strictly rural county

with no organized recreation, it has contributed much to the social life of the girls and boys and women also.

Through their club organizations, leadership has been developed in children and adults. Through this cooperation, they have developed themselves.

The Home Demonstration program is now reaching more families than at any other time during the nine years of work in this county. Of the 1234 white home makers in the county, the program is reaching 286 directly and 500 indirectly.

Of 600 white girls of club age, there are 226 enrolled in 4-H Club work, and this year effort has been made to serve older youth in three communities.

#### PLANS AND GOALS FOR 1940

The Homemaking Board selected "Foods" as the main work for 1940. Special emphasis will be placed on better ways for better foods from home-grown products. The Federation Goal for this coming year will be a continuation of work with the Older Youth in the county. The county campaign shall be "Health" with special emphasis on pre-school clinics, better babies and canning for a healthy supply of food in winter.

In the 1940 Girls program, emphasis is being placed on Room Improvement. During the winter months the girls will assume responsibility for home tasks as part of their club work. Special emphasis will be made to get increased enrollment of the girls and better attendance during the summer months.



**THE MONTEREY LIVE-WIRE 4-H CLUB**

—Presents—

**"THE RED-HEADED STEPCHILD"**

—A Comedy in three acts—

**FRIDAY NIGHT, MARCH 24, AT 7:30 P. M.**

Admission will be 15c and 25c. Proceeds from the play will go to the benefit of the Monterey 4-H Club camp.

**CHARACTERS ARE:**

Mrs. Edith Russell	Richard's second wife	Miss Ruth Phelps
Mrs. Oliver Woodruff	Society Matron	Opal McGlaughlin
Mrs. Emory Scott	her friend	Eleanor Jones
Briggs	The Russell's butler	Arnet Gutshall
Lucia Russell	Their daughter	Janet Newman
Dudley Russell	Their son	Melvin Newman
Elizabeth Russell (Bess)	Richard's daughter from the West	Wanda Arbogast
George Garrison	Presumably Lucia's admirer	Charles Beverage
Ethel Ashley	Young Society girls	Ellen Stephenson
Lucille Christy		Amy Ralston
Flora Farnum	(Dudley's inamorata)	Betsy Whitelaw

**4-H LEADER TRAINING MEETING HELD**

Miss Iva Byrd Johnson, Clothing Specialist from Blacksburg, conducted a training meeting for the 4-H Club leaders, April 20 in the office of the Home Demonstration Agent. She gave demonstrations on the selection and use of patterns and materials and planning our wardrobe.

The following adult and junior leaders were present: Miss Abby Briscoe, Sue Harold and Juanita Gilmore, Naples; Miss Anna Belle Propst, Doe Hill; Mrs. Lee Crawford, McDowell; Elva Gum and Catherine Hiner, The Pines; Irene Corbett and Amy McGlaughlin, Pine Grove; Ellen Stephenson, Amy Ralston, Janet Newman, Betsy Whitelaw, Wanda Arbogast, Elizabeth Gutshall and Jessie Harold, Monterey.

**4-H HONOR GROUP PROGRAM**

The annual 4-H Honor group program will be held on Friday night, April 28 at 7:30 o'clock in the Monterey High School. The program will be presided over by Irene Corbett of the Pines Grove Club. Charles Heas of Doe Hill will lead the singing. The guest speaker for the evening will be Miss R. Belle Burke, District Home Demonstration agent. Honor pins will be awarded to outstanding club members selected from the various clubs in the county.

The social hour will be in charge of Melvin Newman of Monterey. The program planned by the program committee promises to be helpful and entertaining.

Mr. A. G. Smith, Jr., Assistant Garden Specialist, V. P. I., Blacksburg, Virginia, was the guest speaker at the high school on Thursday February 16. Miss Hazel Propst, County Home Demonstration Agent, introduced the speaker.

Approximately one hundred students, many of them 4-H Club members, assembled in the auditorium to hear a talk of a helpful nature on how to go about raising a garden.

Irish potatoes have a marvelous growth and Mr. Smith explained how the starch comes from the potato plants; the potatoes taking in the air which we breathe out and causing starch to form.

Garden vegetables are not ordinary things which we abuse, but they play an important part in our life. Some things worth thinking about when we plant a garden: (early planting) Beans, beets, radish, peas, lettuce, spring kale, early corn and potatoes.

After these have finished yielding, plow up this spot and get the ground in shape for later plants. This planting may be done about June 20.

Corn, tomatoes, carrots, parsnips, leek, squash and hanners were the vegetables suggested for the second garden. These vegetables will serve for fall canning.

The speaker finished his talk by

saying that if we wish to have good health we should learn to eat all kinds of vegetables.

Charles Bracken, '41

**COUNTY 4-H ALL STARS**

Honors came to two of our county young people, when, at the 4-H Club Short Course which was held at Blacksburg July 24-29, Anna Belle Propst of Doe Hill and Melvin Newman of Monterey, representing their local clubs, were taken into the 4-H Club All-Star Chapter of Virginia. The initiation took place on Friday evening July 28, and it is the highest honor a 4-H club member can reach.

These two young people are both well known in the county and have done splendid work in the 4-H Clubs and are to be congratulated on achieving this honor in the All Star organization.

This brings the total of All Star members to seven in the county.

In the Correct Dress Contest Amy Ralston of Monterey won 2nd place in the contest for school, Melvin Newman of Monterey placed 3rd in the sport outfit and William Swecker of Crabbottom 3rd in the proper outfit for work.

**4-H CLUBS**

**ACHIEVEMENT DAY**

**SATURDAY, SEPT 16TH** in Monterey at the Court House.

4-H Club Girls and Boys—this is your day—Come and bring your exhibits. They must be ready to judge by 10:30 Saturday. Don't forget to put your name and club on all exhibits. Bring your own lunch. The program will start at 1 o'clock in the afternoon. Come and help your club have a large attendance.

We cordially invite all parents and friends to attend our day—to see our exhibits and hear our program.

**EXHIBIT LIST OF 4-H ACHIEVEMENT**

**Canning**

**GREENS**—1st Opal McLaughlin; 2nd, Amy Ralston.

**MEAT**—1st, Lula Hiner; 2nd, Opal McLaughlin; 3rd, Irene Hiner, Jessie Harold, tie.

**TOMATOES**—1st Ellen Michael; 2nd, Grace Anderson; 3rd., Maphine Nichols.

**SOUP MIXTURES**—1st Jessie Harold; 2nd, Irene Hiner; 3rd Anna Belle Propst.

**Clothing**

**SLIPS**—1st, Virginia Eagle; 2nd Marjorie Foster; 3rd Ruth Botkin.

**APRONS**—1st Anna Belle Propst 2nd Amy Ralston; 3rd Winnie Propst and Opal McLaughlin tied.

**PAJAMAS**—Anna Belle Propst, 1st.

**DRESS REVUE**—1st Amy Ralston; 2nd Anna Belle Propst; 3rd Mona Hammer.

**Poultry**

**Barred Rocks—Cockerel**—1st Opal McLaughlin.

**Pullet**—1st Opal McLaughlin.

**White Leghorns—Cockerel**—1st Opal McLaughlin.

**Pullet**—1st Opal McLaughlin.

**Other Breeds—cockerel**—1st Anna Bell Propst; 2nd Melvin Newman 3rd Winnie Mae Propst.

**Pullet**—1st Winnie Mae Propst; 2nd Melvin Newman; 3rd Melvin Newman.

**Gardening**

**POTATOES**—1st Melvin Newman; 2nd John Hiner; 3rd Opal McLaughlin.

**CABBAGE**—1st Bobby Armstrong; 2nd Walter Armstrong; 3rd George Swecker.

**CARROTS**—1st Dale Hammer; 2nd William Swecker; 3rd Opal McLaughlin.

**KALE**—1st William Swecker Doe Hill 4-H and Monterey 4-H tied on their Booths. Both received \$2.50.

**4-H CLUB**

The B. G. H. S. club met on Nov. 6th at 3:00 o'clock. Virginia Lee Ryder acted as chairman and we elected new officers. The following are: President, Virginia Lee Ryder; Vice President, Mary Margaret Colaw; Sec. Truss, Geneva Newlin; Reporter, Norval Ryder; Song Leader, Edith Hidy; Recreation Leaders, Elsie Stone and Mary Florence Rexrode.

We discussed some things which we intend to do during the year.

Those who intend to join the 4-H club please report to the next meeting, so we can get you on roll.

Norval Ryder, Reporter

**CLUB MEETS**

South Branch of Potomac 4-H elected new officers for 1940: Mary McNulty, President; Louise Kiser, Vice President; Catheryn Newlin, Secretary; Maxine Nicholas, Song Leader; Dorothy Lee Hiner, Game Leader.

With the new officers in charge we practice how to carry on our meeting by parliamentary law.

In our November meeting there were thirty-seven on roll.

Maxine Gallatin, Reporter

## HOME DEMONSTRATION

### ADULT LEADER TRAINING MEETING HELD

The first training meeting of the year of Home Demonstration Club leaders was held in the Agent's office on Tuesday, January 24. Miss Iva Byrd Johnson, State Clothing Specialist, was to have been in charge of the demonstration but was unable to come on account of illness. The demonstrations given were "Selection of Fabrics and Patterns According to Individual Figure Problems" and "Pattern Adjustment Studies and Fitting Problems."

The meeting which lasted until 2:30 o'clock began at 10:00 a. m. Those present enjoyed picnic lunch. Twelve leaders attended the meeting, representing seven of twelve Home Demonstration Clubs in the County. Those present were: Miss Ruth Hevener, Hightown; Mrs. Tom Hull, Hightown; Mrs. Charles Anderson, Mountain View; Mrs. Jessie Ervine, Mrs. C. W. Paskel, McDowell; Mrs. Jason Newman, Miss Greta Wimer, Key Run; Mrs. J. H. Light, Monterey; Mrs. Paris Hicklin, Clover Creek; Mrs. Leon Carpenter, Big Valley; Mrs. Ferry Carpenter and Mrs. Guy Bussard, Big Valley.

### ADVISORY BOARD MEETS

The County was well represented at the Home Demonstration's Advisory Board meeting, held Wednesday at the Court House. Miss Leta Hiner presided over the session and announced that the theme of the program was Home Making and the different phases of a Home Maker's life. The Home Maker as the manager, The Home Maker in the family and the Home Maker in the health of the community were presented by Miss Belle Burke. In the last two subjects she substituted for Mrs. E. A. McNulty and Mrs. Don Sullenberger who were unable to be present. Mrs. Jay Hammer gave points on the Home Maker as a Worker and Miss Propst on the Home Maker as a purchaser. The Home Maker in the community was discussed by Mrs. E. C. Jones.

A report on the Youth Campaign in the county was made by Mrs. Lee Crawford.

Mrs. Kathryn Spencer, representing the Farm Lending Agency for Augusta and Highland spoke on the present situation and most outstanding needs of our county.

At the close of the meeting Miss Propst who has been the Home Demonstration Agent in Highland for the past three years asked the Advisory Board to release her in order that she might accept a better position in Shenandoah County. It was with genuine regret that the board accepted her resignation which will take effect July 1 or until another agent can be found to take her place. Miss Propst has been very successful during her stay in Highland and has many friends in the county who will be sorry to learn that her work in this county is to be terminated.

Among those present were: Mesdames W. E. Hicklin, Paris Hicklin, Lee Crawford, Jason Newman, George Swacker, Judy Swacker, Russell Rexrode, Harry Wade, Harry Eagle, Powers, E. C. Jones, A. B. Warwick, Jay Hammer, Charles Anderson, Katherine Spencer and Misses Leta Hiner, R. Belle Burke and Hazel Propst.

### HOME DEMONSTRATION CLUB MEETS

The Monterey Home Demonstration Club met at the home of Mrs. Don Sullenberger, Tuesday afternoon at 2:30.

The meeting was called to order by the chairman, Mrs. A. B. Warwick, the minutes read and approved and the community project and meeting places for the year announced. For your convenience a list of hostesses and subjects for each month will be published in next week's issue of the Highland Recorder.

"Yard Improvement" was the topic for the afternoon, and this was presented by Mrs. W. C. Curry. She gave suggestions for town-up-keep, planting for shady spots, proper bedding for annuals and perennials and various methods of fertilization for lawns and plants.

Mrs. Don Sullenberger conducted a round table discussion on pruning, early planting, spraying for insects and diseases and selection of roses and shrubbery for this section of the state.

The question of keeping expense accounts was brought out by Miss Hazel Propst and orders were taken for books for this purpose. Miss Propst also exhibited Inventory and Expense sheets and Garden Suggestions.

The following members were present at this most interesting meeting: Mesdames A. B. Warwick, C. W. Trimble, G. J. Hicer, Glenn Hammer, Don Sullenberger, Geo. P. McCoy, W. C. Curry, R. W. Hevener, Miss Stella Dean and Miss Hazel Propst.

## HOME DEMONSTRATION

### CRABBOTTOM H. D. CLUB MEETS

The Crabbottom Home Demonstration Club met in the home of Mrs. George Swecker, Friday afternoon, May 5th.

There were eleven members present and two visitors.

The dresses which each one had made were worn.

Several matters of business were taken up and committees appointed by the president, Mrs. George Swecker.

Tea and cookies were served by the hostess.

### H. D. CLUB MEETING

An enjoyable meeting of the McDowell Home Demonstration was held in the home of Miss Edna Siron, Tuesday, April 11, 1933. Mrs. W. R. Hicklin, the president presided over the business meeting, the secretary, Mrs. Obaugh, called the roll and read the minutes of the previous meeting. Thirteen members were present. Mrs. L. M. Moffett was in charge of the recreation. Mrs. Carl Hogahead read the scripture. The agent Miss Propst gave an interesting demonstration on "Construction and Finishes of dresses."

Five members from this club expect to attend the District meeting in Lexington, April 14.

The May meeting of the club will be held in the home of Mrs. Hicklin at which time the members will wear the dresses they are now making and will have a tea party. Reporter

### DISTRICT HOME DEMONSTRATION CLUB MEETING TO BE HELD

The annual Federation meeting of half of Northern Virginia District of Home Demonstration Clubs will be held at Trinity Methodist Church in Lexington on Friday, April 14.

The topic of the meeting at Lexington is Citizenship. Miss Maude E. Wallace, Assistant Director in charge of Home Demonstration Work, and Mrs. J. Malcolm Peck, State President of the Virginia Federation of Home Demonstration Clubs, will both be speakers on the program. Other speakers have not yet been announced. The meeting will be an all day one. Lunch will be served at the church.

Last year at a similar meeting held in Harrisonburg forty-five persons representing many sections of Highland were present. It is hoped that as large a number will attend this year. If you are going and have a vacant seat in your automobile please notify the Home Demonstration Agent or if you would like to go and do not have transportation notify her also.

### HOT LUNCH WORK IN COUNTY

Health work is conducted in the one room schools in the county as a part of the Home Demonstration program. The children are encouraged to bring hot lunch during January, February, and March. One school, Riverview, came along during the summer each year for hot lunch. The Middle Mountain school had hot chocolate a part of the time. The teachers report that 211 children in seventeen schools brought hot lunch everyday during January, February, and March. A number of other children brought it a part of the time. The teachers are very cooperative in this work and report that as a result of the hot lunch some of the children gain in weight; that they attend more regularly; that they seem to be less restless in the afternoon and do better school work; and that their general health is better. A summary of a result of the hot lunch project is as follows:

School	Enrollment	Children Bringing Hot Lunch Everyday
Palo Alto	10	6
Woods-Terry	26	14
Strait Creek	23	1
Hightown	12	10
Pisgah	16	1
Riverview	20	15
Siron	25	18
Pine Grove	47	23
Doe Hill	23	18
Middle Mountain	28	28
Valley Center	9	8
Big Valley	16	8
Headwaters	24	14
Naples	19	12
Green Hill	30	24
Laura Gap	12	11
Dry Branch	26	9
TOTAL	369	211

### TO SPEAK HERE

Mrs. Mary C. McBryde State Extension Landscape Gardener, Specialist of Blacksburg will be speaker at the morning session of the women's program of the Extension School which is to be held in Monterey on Saturday Feb. 25. She will speak at 11:00 A. M. on "Beautyifying Our Yards". Following her talk an open discussion of gardening problems will be held.

Dr. J. L. Maxton Association Agricultural Economist of V. P. I. will speak to the women at 1:30 on "Making the Farm Furnish a Satisfactory Standard of Living."

### GIVES DEMONSTRATION ON CHRISTMAS LIGHTING

Miss Moon, Home Economist for the Monongahela West Penn Public Service Co., was in Monterey Wednesday afternoon for the purpose of giving a demonstration on Christmas lighting.

Included in the demonstration was an array of useful household appliances ranging anywhere from an electric alarm clock to a full-sized family roaster. Miss Moon's talk consisted mainly of an explanation of the why and how the different appliances worked and the various uses for which an article could be utilized. Among the appliances displayed included an electric alarm clock, heating pad, mixer, waffle iron, coffee percolator, balloon cooker and family roaster.

Settling down to Christmas decorations proper in the latter half of the allotted hour, Miss Moon gave detail descriptions of ways of taking various species of pine boughs and, by spraying them with paint, make attractive decorations of them.

In the lamp drawing contest, Mrs. Lloyd Sullenberger held the lucky card and was awarded a standard IES "pin-it-up" lamp.

The demonstration, given under the sponsorship of the Home Demonstration Club, was attended by something like 25 or 30 ladies.

### STONEWALL WOMAN'S CLUB ENTERTAINED

Mrs. E. C. Devericks and Miss Hazel Propst were hostesses to the Stonewall Woman's Club of McDowell, at the Monterey Hotel, Saturday afternoon at 2:30.

Miss Leta Hiner, the newly elected president was in the chair.

Through the invitation of Mrs. W. R. Hicklin, county chairman of the association for cancer control, Mrs. Kyle of Falling Spring had been invited as guest speaker for the meeting. Mrs. Kyle gave a most instructive and enlightening talk on cancer, to the interested group present. Delightful refreshments were served by the hostesses at the close of the meeting.

Members and guests present included: Mrs. Siron, Mrs. Byron Bradshaw, Mrs. Frank Ealston, Mrs. W. R. Hicklin, Mrs. A. B. Warwick, Mrs. Emmett Crummett, Mrs. L. M. Moffett, Mrs. E. C. Devericks.

Miss Leta Hiner, Miss Geneva Rodgers, Miss Virginia Swadley, Miss Lillian Hookie, Miss Hazel Propst.

## Home Demonstration

### VACCINATION OF SCHOOL CHILDREN

Section 690 of the school code requires that all children shall be vaccinated for smallpox before entering a State school and health officers advise that no exceptions be made to this law except with the approval of the Commissioner of Health and the Superintendent of Public Instruction. Opportunity is given to parents for the vaccination done at a reduced cost at the pre-school clinics held in the county as has been arranged and announced by the Home Demonstration Organization.

R. E. MAUZY, Supt of Schools

### COUNTY-WIDE OLD-FASHION LAWN PARTY

County-Wide Old Fashion Lawn Party.

Saturday night, August 19th, at 8 o'clock—on the Court House Green. Good Homemade ice cream, cake and candy.

Music and cake walks.

Highland County Home Making Board.  
21a

### NOVEMBER MEETING

Eight women were present for the November meeting of McDowell Home Demonstration club. The club met with Mrs. Ed Rexrode.

New officers for 1940 were elected. They are: Mrs. W. R. Hicklin, president; Miss Bonnie Alexander; Vice-President; Mrs. W. H. Darby, Secretary and treasurer; and Mrs. Roy Obaugh and Mrs. Clarence Malcom for leaders.

A demonstration on hand woven articles was given. The meeting adjourned to meet with Mrs. Roy Obaugh in December.

### HIGHTOWN H. D. CLUB

The Hightown Club met October 18 with Miss Ruth Hevener. The roll was called with ten members and two visitors being present. One new member was added to our roll.

During the business meeting new officers were elected for the coming year: Miss Blanch Hull president, Miss Ethel Schooler, Secretary, Miss Mary C. Smith, Treasurer and Mrs. T. R. Hull and Miss Ruth Hevener leaders.

Miss Ettie Henry gave a very interesting demonstration on "Making Candlewick Bed Spreads" which was enjoyed by all present. X

### HEADWATERS H. D. CLUB

The Headwaters H. D. Club met at the home of Mrs. W. F. Pollard with seven members present on November 10th. Our demonstration was on meat canning. Several of the members furnished washing the baskets started at the last meeting. The following officers were elected for the coming year: President, Mrs. H. Burns; Vice-President, Mrs. Ambrose Rexrode; Secretary, Mrs. John Leach; Treasurer, Mrs. W. C. Marshall; Leaders, Mrs. W. F. Pollard, Mrs. E. R. Armstrong; Reporter, Mrs. Harry Brooks.

We adjourned to meet with Mrs. Rexrode in December.

Reporter—Mrs. Harry Brooks

also shown near here.

The H. D. Club met Thursday with Mrs. Glen Hevener. There were sixteen present to enjoy the demonstration given by Miss Ethel Schooler and Mrs. Paul Hull.

### HIGHTOWN H. D. C. MEETING

The Hightown H. D. Club met Nov. 15, with Mrs. George Gum. In the absence of the president the meeting was called to order by the vice-president, Mrs. Dennis Hiner. The minutes were read and roll called with eleven members present.

Names were drawn that each club member might exchange Christmas gifts.

The subject of the meeting was winter desserts given by Miss Ettie Henry in which she passed several useful recipes.

The meeting adjourned to meet with Mrs. A. P. Hull in December.

Reporter

### MOUNTAIN VIEW H. D. CLUB

The Mountain View Home Demonstration Club met last Thursday afternoon at the home of Mrs. C. A. Anderson, west of town.

The subject for the meeting was "Buymanship of coats, shoes, etc." which was ably presented by Miss Ettie Henry, county home demonstration agent.

The hostess who was the club's delegate to the recent Rural Institute at Blacksburg postponed giving her report until the next meeting. She expressed to the club her appreciation for having been chosen their delegate, and reported a delightful and profitable meeting.