

ANNUAL NARRATIVE REPORT
HOME DEMONSTRATION CLUBS
ROCKINGHAM COUNTY
1948

From December 1, 1947 -- To November 30, 1948

Name of
Name of

Agent - - - - - Miss Eva Minix

Assistant Agent - - Miss Emma Gough

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III. Scope of Work:

- A. Home Demonstration Clubs (Include "groups" you have met three times or more.)

Number 27 Membership 993

One new group has been organized by the Assistant Agent, in the Mt. Sinai Neighborhood, which is about eight miles from Harrisonburg, but not in one of the most progressive areas of the county. The 1947 report showed twenty-seven groups met. In 1947, after meeting one group three or more times it was thought wise not to continue. A group in the Fox Mt. community was met twice during the year and it is hoped that this interest will develop so it can be continued.

Other women reached by home demonstration club members 1,050

B. 4-H Clubs: Number 19 Membership 193

C. Older Youth Groups: Number 0 Membership 0

D. Number reached through other groups by agent 50

E. Number families reached through neighborhood and community leaders

F. Other methods used to reach families (publicity, radio, special meetings, office calls, home visits 5. Number families reached 1,500

G. Estimate total number families reached 2,500 Number farm families in county 3,865.

IV. A. Home Demonstration Club Program:

1. Project Work:

- a. Procedure for determining program

The program was determined by the reports which the

four delegates brought back from the state meeting, by the thinking of the club members and by the outlook reports and other facts given by the agents. This material was given in July or August to the club members and was to be digested and thought over by the club members for a month. A short questionnaire sheet was given each member. Questions were very simple but relative to what the individual thought the greatest needs and problems were. At the August or September club meeting the women came ready to discuss their needs and problems and make suggestions for the next year's work. The executive committee of the County Home Demonstration Committee met a few days before the County Home Demonstration Committee meeting to get a preview of what was coming up at the County Planning Meeting. At this time they set forth what they considered to be the outstanding problems of the county as a whole. Then at the County Planning Meeting which had more clubs, both organized and unorganized, represented than ever before, each chairman or representative made a report of the thinking of her club. A selected committee chose those suggestions asked for by the majority of clubs and what they considered most timely. This tentative program was then presented to the entire Home Demonstration Committee, explained, discussed and voted on. It was finally presented to each individual club for final adoption and to make changes they thought necessary.

b. Subject Matter Fields in Which Work was Carried:

1. Storage in Bedrooms and Living Rooms.

2. Kitchen Planning, Storage and Arrangement
3. Labor and Time Saving Devices
4. House Furnishings, including Window Treatment, Arrangement of Furniture
5. Oven Meals and Low Calorie Desserts
6. Crafts - Decorating Metal Articles, as trays, candle molds, water cans, coffee pots, etc.
7. Gardening and Production and Preservation of Foods

Referring to the map included at the end of the report it can be seen that eight clubs located in the more remote sections of the county have been organized less than five years. In planning a county program it is usually necessary to consider some changes for these groups. In most instances the same subject was used for the demonstration but the content of the demonstration was changed. More of the simple but fundamental principles were included. For example: instead of Oven Meals the demonstration included One Dish Meals, or Time and Energy Saving Meals, using the pressure cooker. The demonstration on Kitchen Planning, Arrangement and Storage, more help was given on how to add shelves and drawers to cabinets already on hand and how to raise tables and make them taller. Better arrangement or grouping of small equipment was emphasized.

c. Project Objectives, Methods Used in Reaching Objectives and Results:

1. Better and more adequate storage for bed linens, books and clothes was the project demonstration for January. As a result of this demonstration our chief objectives were more attractive and easier kept

rooms and more time for leisure or community activities for the homemaker. A leader training meeting was held and 29 leaders were trained to put on the demonstration. To show some good and adequate storage facilities colored slides were used in training leaders and were also used by leaders in the local communities. Most of the slides showed storage spaces which had been done by home demonstration members in other counties in Virginia. The women found these most helpful and inspiring. They immediately saw how others had solved problems which were similar to their own.

The agents and leaders worked up a kit of small accessories to use that would show how to increase storage facilities in a home. The kit included a miniature cabinet showing how extra shelves might be added; accessory bags similar to a shoe bag were demonstrated and methods of adding rods or shelves in clothes closets was demonstrated. Plans for book shelves and bedside tables were distributed.

Most of the clubs met in homes and at nearly every meeting during the month good demonstration material was on hand in the home which the meeting was held in. In some cases the homemaker had already made some outstanding storage improvement which served as an idea for the group. In other instances the homemaker had a problem that she had not solved and the group could offer suggestions for changing.

42 families reported making 1,326 improvements in storage. The improvements included adding shelves and rods to closets for clothes, building closets, dividing drawers, making closet accessories, making book shelves

● adding shelves to linen closets. Below are pictures which are typical of improvements made:



Mrs. Zimmerman's coat closet in kitchen



Mrs. Landis' living room closet, space provided by changing stairway



Mrs. Dillard provided a clothes closet in two bedrooms and a linen closet in the hall by adding another wall across the entire side of one bedroom.

Mrs. Wine's coat closet on back porch

2. Kitchen Planning, Arrangement and Storage:

The housing and storage project could not be complete without considering the workshop kitchen of the home from both the standpoint of arrangement and storage.

Fewer steps, shorter hours for meal preparation and less energy spent on part of homemaker was the objective which the homemakers set out to achieve for themselves. 27 homemakers attended the training meeting conducted by the Home Management Specialist on Kitchen Storage. Two farm kitchens which had recently increased and improved storage facilities were used for training meeting. Each club meeting was held in a farm home. Some had already improved their storage facilities, others had not. Both types served as excellent workshops for the leaders to put on the demonstration.

Following the demonstration which the leaders gave on kitchen storage the agents demonstrated kitchen arrangement, emphasizing the importance of planning on paper well in advance of remodelling. Heights of working surfaces in relation to the individual were emphasized as well as the reach of the individual.

In addition to the demonstrations in the clubs the Home Management Specialist and Home Agents helped 25 different homemakers to make definite plans for remodelling or improving kitchens. In each of the twenty-five cases major improvements or changes were needed and with the exception of one home most of the more important recommended changes have been completed. From the home demonstration members' reports collected

375 club members have made some improvement in kitchen arrangement and storage and have assisted or given help to 87 other families. The picture shown below, of Mrs. Zimmerman's kitchen and story written by her gives a good idea of some improvements which have taken place.



Last February Mrs. Revercomb and her family decided they should do something about their kitchen. The room was cold, very poorly arranged, dark and the plastering was falling off. She was cooking on a wood range, the sink with only cold water was located in a dark corner and everything was very inconvenient. One view of her kitchen after improvements were made is shown in the picture below. One window was enlarged and made into two, over the sink, another window added and the door to the back porch was moved nearer the corner. A new sink, dishwasher and cabinets added as well as a new electric and coal combination range. Before any of the above improvements were made the wall was cleared of all broken plaster and celotex and tile board used for the walls. The entire room was insulated with rock wool. This homemaker wonders how she got along all the years before, because now she does her work in less time, is not as tired when she finishes and has more time to spend with the family, including her invalid father.

Mrs. Revercomb used several sources for information to guide her. She asked the local Home Agent and Home Management Specialist, and also visited several kitchens.

Mrs. Revercomb's
kitchen



PHOTOGRAPH BY
THE LEE STUDIO
HARRISONBURG, VA.

Not only did Mr. and Mrs. Landis cut down on the steps it takes to do the work in the kitchen, but also the number of steps required to go to the barn to do the chores have been reduced to at least one third by cutting a door in the opposite side of the kitchen. To obtain the U shape kitchen with eating nook as shown in the picture it required careful planning, removing a back stairway leading upstairs, re-locating stairway to basement and cutting a larger window and adding a door. Before the improvements were made Mrs. Landis did not have wall cabinets, but used a walnut sideboard and one press located between kitchen and dining room, for storage. In planning the cabinets it was decided to make a U shape kitchen by extending one cabinet out into the floor. By so doing it provided an eating nook, more shelf and drawer space. A new electric range and coat closet were added.



Mrs. Landis' kitchen

3. Labor and Time Savers:

The twenty-six home demonstration clubs devoted one meeting to this phase of the work. The importance of small equipment as a labor and time saver is often overlooked. Local merchants co-operated by lending pieces of small equipment. These were discussed from the standpoint of ease in using as well as how efficient they would be or the amount of time. The demonstration fitted nicely with the work on kitchen planning and arrangement. A double egg beater, plastic flour sifter and a detachable drainboard were three pieces of equipment that seemed most popular with the women. 295 club members reported using the information and 295 reported buying one or more pieces of equipment, according to the specifications brought out in the demonstration. Fifty women purchased the detachable drainboard.

4. House Furnishing:

A. Window Treatment and Arrangement of Furniture were the two demonstrations given in all clubs at an all day meeting during March. Color slides were used to illustrate different type windows, the parts of windows and how they could be treated. Kits of suitable drapery and curtain fabrics were used to show what to look for or what types of fabrics to buy. Color of fabrics in relation to other furnishing and walls were also discussed. A demonstration was given on lining draperies and also on pleating the heading of drapes.

Mrs. P. G. Kline of the Edom Community has changed her out-moded, time and step consuming kitchen into a shiny, cheerful and convenient homemaker's haven, not only for herself but for all her friends. She has been able to reduce her steps from about eighteen to one and finishes her work in about one third of the time. She arranged for a small business center in the kitchen. Since Mrs. Kline has worked out a plan to save time and energy doing her work at home she now teaches the third grade in the local school.



Mrs. P. G. Kline, Edom, happily at work in her recently remodeled kitchen.

Improved Her Kitchen And Used Time Saved

By GENE SMITH MOODY

NOT so long ago, Mrs. P. G. Kline, of Edom, in Rockingham County, Virginia, was racing with time in her kitchen. Back and forth she paced. And there was no compensation for all this walking except that it got her from the sink to the stove, to the cabinet to the table, and all the way back again.

Of course, eventually, the meals were ready, the food was canned, and so on. But Mrs. Kline was a mighty weary lady.

The answer to her problem was a remodeling job that changed Mrs. Kline's out-moded, time-consuming kitchen into a shiny, homemaker's haven—not only for herself but for all her friends, whose applause has been loud and long.

Her steps have been cut from about 18 to one, and she finishes her work in one-third the time.

Wasted Space Wisely Used In the original kitchen, space was squandered, with almost 12 feet of wall accommodating only a small table. In the same space now there is a lengthy, built-in table, built-in cabinets and a sink, with the gas stove placed conveniently in an adjacent corner. The counter work surface is 30 inches wide instead of the commonly-used 24 inches, giving plenty of elbow-room to a busy housewife.

In a 30-inch space which was nothing but space before, Mrs. Kline has a dual-purpose serving-writing table. A small table and refrigerator now occupy an efficient nook where her cook stove once stood, uncooperatively alone. Another important member of Mrs. Kline's kitchen staff is an accessory sink reserved for washing vegetables and hands.

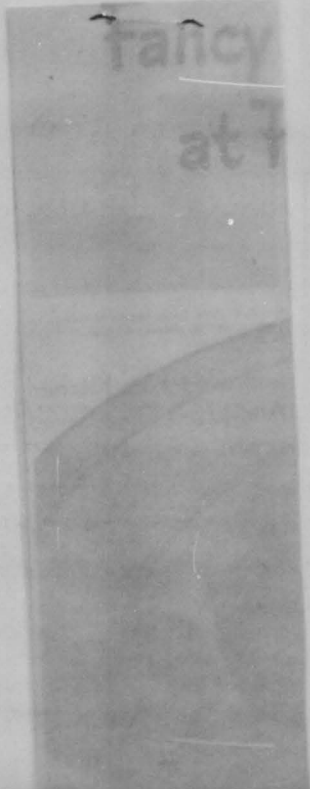
An eye-catching color scheme includes Mrs. Kline's favorite hues—pale yellow walls and ceiling in the kitchen, and light blue in the breakfast nook. Draperies, made of sheer striped dress material, are navy blue and jade green.

Time Saved Put To Work With the easing of her kitchen duties, Mrs. Kline began to find time for extra-curricular interests and hobbies. She is studying art at a nearby college one afternoon each week—a pastime that pays off in decorative arrangements for her home, as well as in cultural improvement for herself. A former public school teacher, Mrs. Kline still teaches a kindergarten

Sunday school class and is a counselor for the Junior Christian Endeavor Society.

Mrs. Kline, her husband, a high school principal, and their two sons, aged 8 and 10, have a "back-to-the-earth" philosophy. They own four acres of land—which as she says—"is a very handsome bit of property when you consider that it is 5,000

Mr. J. O. King of the Home Community has changed her out-look, she and
 step daughter, who has a strong, cheerful and convenient home-maker's power,
 not only her herself but for all her friends. She has been able to reduce her
 steps from about eighteen to one and finished her work in about one third of the
 time. She arranged for a small business center in the kitchen. Since that time
 has worked out a plan to save time and energy doing her work at home she now
 teaches the kind ways in the local school.



**ELEGANT—
YET ECONOMICAL!**

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 Pillsbury idea that begins with
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 fragile puff shell, touched with
 Pillsbury's Best provides . . .

The tang of the
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- Sift together . . . 1/2 cup sifted Pillsbury's Best flour
- 1/4 teaspoon salt
- few grains pepper
- Melt . . . 1/2 cup shortening in 1/2 cup boiling water
- Add . . . 2 tablespoons chopped raisins
- 2 tablespoons chopped boiling liquid
- Add . . . dry ingredients constantly
- Cook . . . until mixture is smooth, continuously. Remove from heat
- Add . . . 2 eggs, one at a time after each addition, beat smooth again
- Drop . . . by rounded teaspoon on greased paper
- Bake . . . in hot oven (450° F.) for 10 minutes
- Cut . . . opening in top

You Bake up
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"He's afraid he'll get 'rusty!'"

229 women redecorated windows using some of the information received at the club meetings and 71 bought blinds or shades.

- b. The demonstration on Arrangement of Furniture was given also at the meetings during March. The leaders in sixteen clubs gave this demonstration after attending a leader training meeting with the specialist. Twenty-nine leaders were trained.

Grouping of furniture into livable and comfortable units was emphasized.

37 women rearranged furniture when doing their spring cleaning.

c. Crafts

1. Two months were devoted to craft work. The craft chosen by all the clubs was decorating metal articles.

The demonstrations had several purposes:

1. To teach some fundamental principles of color harmony.
2. To help women recognize good lines and proportions in designs.
3. To teach the women appreciation of good workmanship. Articles which have been decorated included trays, flat irons, metal measuring cups, metal water cans, candle molds, coffee pots, candle holders and trash cans. As time moved on interest certainly increased in this project. The second month there were over twice the number of members that brought articles to the meeting as it was the first month. About 215 articles were redecorated at the meetings.

2. Chair Reseating:

Several years ago workshop meetings were held on reseating chairs. It has been a very popular activity since. Twenty-five women reported showing others the method and a few club members are doing this as a means of earning a little extra cash. 87 club members reported reseating 137 chairs.

3. Furniture and Slip Cover Clinics:

The Dale Enterprise and Mt. Clinton Clubs held a joint slip cover clinic. High prices and poor workmanship in ready-made slip covers probably was responsible for the women making their own. Four slip covers were made at the meeting and thirty women reported making 55 slip covers during the year.

Refinishing furniture and re-upholstering furniture is another activity that is a carry-over from previous years. 117 families repaired 98 pieces of furniture, remodelled ten, refinished forty and made ten.

5. Foods:

a. Production:

Garden leaders were active in about 75% of the clubs. Two leaders training meetings were held, one in January and the other in May and were attended by 39 leaders. The leaders were given a specially prepared handbook by the Specialist and from the study of the handbook and the training received at the leader meetings they presented timely information at club and community meetings. Subjects treated were

were varieties of vegetables, fertilizers, sprays and dust, and growing small fruits. Comparing our reports for the past few years more small fruits are being grown. Probably one big factor which has increased the amount of small fruits being grown are the larger number of home freezers and lockers in the community locker plants. Club members reporting show that 300 have used the garden information and that 198 non-club members have been contacted with garden information.

B. Conservation:

One subject which is a real interest always to most all of the Rockingham County homemakers is food conservation. Through the Home Demonstration Program much has been done to make this job less time consuming, easier and with less danger of spoilage.

In June the food specialist held a county-wide food preservation demonstration. 130 women from Harrisonburg and the county attended. One half of the day was devoted to canning and the other half to preparing foods for the locker.

In the food preservation program one of the main objectives was to show the importance of good and well arranged equipment. In the special demonstration on Preparing Foods for the locker the importance of good wrapping or containers was stressed. In the newly organized or unorganized group five demonstrations were given. Reports representing 400 families show the following results on food conservation:

Fruits canned	<u>60,820 qt.</u>	Vegetables canned	<u>45,760 qt.</u>
Fruits frozen	<u>8,275</u>	Vegetables frozen	<u>10,145</u>
Meats canned	<u>9,150 qt.</u>	Meats frozen	<u>29,180 pounds</u>

C. Food Preparation:

Oven Meals as a time, energy and fuel saver was really the objective in the June demonstration. A leader training meeting was held and 29 leaders attended. The leaders gave the demonstration in 21 of the clubs. In some of the clubs that have not been organized for several years some adjustments were made in the demonstration which included one dish, or casserole type or pressure cooker meals.

In August 29 leaders gave 21 demonstrations on Low Calorie Desserts. The leaders had attended a leader meeting earlier in the year on that subject. Desserts that could be prepared ahead of time were really the favorites.

2. Federation Goal - HOUSING

Housing was chosen as a Federation Goal because during the war materials and labor were hard to obtain and many of our homes needed repairs as well as remodelling. A large percentage of the homes in Rockingham County have electricity but a relatively small percentage have running water and bathroom facilities.

In the beginning of the year each club selected one member as a housing demonstrator. This person would make improvements during the year according to a plan. The club would hold at least one meeting at the home of the demonstrator. About eighty percent of the clubs had demonstrators which were active.

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In January the Agricultural Engineer assisted with a county-wide meeting on housing. This was the second year a meeting of the kind had been held. This was a training meeting for the demonstrators as well as educational meeting for anyone who would like to attend. Building materials, bathroom fixtures, size and location of bathrooms and insulating materials were discussed. Local building firms furnished samples to use as illustrative material. The Agricultural Engineer, from V.P.I. assisted the home agent in helping families, in making plans for remodeling jobs.

Some of the improvements made in housing by club members are:

18 bathrooms installed

375 kitchens improved

80 making major changes as stairways, removing partitions, changing windows, etc.

101 floors were refinished

158 rooms had walls and woodwork painted or papered

Below we see a picture of Mrs. Howard Kline's kitchen and bathroom after she moved the kitchen from the basement to the first floor.

This is a three story brick house, and for nearly forty years Mrs. Kline has used the basement for kitchen and dining room. This summer she decided to move the kitchen and dining room on the first floor and also add a bath. After much consideration the family decided to take one large room with a south-eastern exposure and convert it into a kitchen and bath. That was exactly what was done. A wall was added, being of sound proof wall board.

A double drainboard sink with metal cabinets were added. Also a new electric stove.

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The cabinets, sink, stove and refrigerator form an "L" shape arrangement. Mrs. Kline says this is saving a lot of steps and also having the kitchen on the first floor eliminates going up and down steps to the basement.

One door from the basement is on the ground level and she still uses this for laundry and to store and pack eggs and also to keep the milk. Mr. and Mrs. Kline are delighted with their new bathroom as well as the kitchen. It is the first time they have had running water. Next they want to add a central heating system.

Below is a picture of Mrs. Kline's kitchen



Mrs. Landis, the housing demonstrator for the Mt. Clinton Club attended the county-wide housing meeting in 1947 and it really paid. She and her husband had thought for several years they would remodel the living room. A hall joined the living room, with steps leading upstairs and the steps came entirely too close to the front door. After attending the housing meeting they really got busy. The partition between the living room and hall was removed and the stairway turned around and leading from the back of the living room. The result is a much more attractive, livable and convenient room. By reversing the stairway it gave space for a coat closet near the front door. Below is a picture of Mrs. Landis' living room.



Closet shown on page 8
is provided under this
stairway



As a result of the county-wide housing meetings and the housing program in the home demonstration clubs, Mrs. Glenn Wine of the West Rockingham Club, Briery Branch Community, has a modern well arranged and equipped laundry room. A catch-all back porch, but used as the main entrance to the home by most everyone was converted into this laundry and back porch living room.



3. Other Activities:

One of the most important county-wide activities promoted by the home demonstration clubs is the County-City Rest Room project. Last year's report carried a statement saying that remodeling of rooms in the basement of the courthouse for the Rest Room had already been started. The construction work was finished in the early part of this year. This project was started nineteen years ago by the clubs and has been continued since with the exception of six months while the present rooms were being remodelled. The home demonstration clubs take care of the expense of maintaining the rooms, buying extra furniture, etc. A hostess is employed full time and the town of Harrisonburg takes care of this expense. A special committee from the home demonstration clubs is set up each year to take care of all the work, planning, etc, which is necessary. Each home demonstration club elects one representative for the committee. Approximately \$600 worth of furniture and equipment have been donated by the business firms for the project. The clubs have purchased curtains, lamp shades, pictures, two chairs and fabric for slip covers. The Rest Room representatives and other interested women have spent a number of days refinishing furniture, making slip covers, painting furniture and making curtains and bedspreads.

The County-City Rest Room serves ten thousand to fifteen thousand persons a year.



One end of lunch room
in County-City Rest Room



Bedroom units in
County-City Rest Room



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Club Women Re-Do City-County Center

New quarters for the county-city rest room in Harrisonburg, sponsored by the home demonstration clubs of Rockingham County, are now complete and the home agent reports that "the project is serving a real need for people in this and other counties and for tourists."

The center is located in the basement of the courthouse, and includes a large reception room, a bedroom, kitchen and lunch room, and a powder room. All the floors are covered with asphalt tile. All the expense of the project was taken care of by the county board of supervisors except for a small part of the architect's fee, and recently the chairman of the board of supervisors said that even though the remodelling cost more than they expected the board still considered it money well spent.

The color scheme of dark geranium red and antique green is carried out through the four rooms. The reception room is furnished with maple furniture which gives it an early American note. Part of the furniture was in use before, but the club members refinished the furniture and recovered the cushions with a striped homespun fabric. Two large round maple tables were donated and the clubs purchased two early American maple chairs. These were used together to make a reading unit.

Donations Received

The three piece maple suite with two small lamp tables which were donated by a local furniture store were used in a modern grouping.

The bedroom is furnished with a maple chest of drawers with a mirror donated by a local furniture store, a couch type bed and two red rockers. The bed was made from an iron bed which was sawed off and covered. Dark green washable fabric was used for the cover, with red and gold covered pillows.

The small kitchen unit consists of an electric range, sink, refrigerator and cabinets. The sink and cabinets were specified in the contract but Sears Roebuck donated an apartment-size range, while the Rockingham County Farm Bureau gave a seven-foot refrigerator. The same lunch tables and chairs were used, but painted a dark geranium red and covered with a plastic coating to protect the paint. Colorful plates decorate the walls in the lunch room to add another attractive note. Bird and scenery pictures, copper accessories and an early American floral print decorate the walls.



Group of furniture in reception room of County-City Rest Room



24-B

Home Demonstration Club members in Rockingham County always have as one of their goals to help the youth. Providing training for building character and forming high ideals is most essential. One objective each year is to aid in sponsoring the week-day religious education program. Fifteen clubs contributed from five to thirty dollars.

The children in the Runion's Creek School had hot lunch during the cold winter months. About 300 quarts of canned foods, four bushels of potatoes were donated by the home demonstration club members. Some other foods, such as rice, oatmeal, onions, carrots, greens and etc. were donated.

4. Achievement Tour:

To climax the housing program carried through the home demonstration program it was planned to divide the county into four areas and have the clubs make a tour in each section. As the year's work was completed it was decided to have one county-wide tour. Six homes were visited by more than 200 women during the day. The entire group met at a central point for lunch. Miss Sallie Hill, of the Progressive Farmer Magazine, was present and talked on her trip to Holland and other European Countries.

The homes visited included a laundry, four kitchens, one bathroom, one living room and one built in freezer. Pictures showing improvements have been shown on pages 8, 9, 11, 12, 13, 14, 21 and 23.



Pictures taken of group on tour at lunch time.

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The clubs participated in the Cancer Campaign one hundred percent. About 2,000 pieces of literature were distributed and approximately \$900 was contributed and collected by the club members. People are gradually becoming more interested in having physical examinations and X-rays to learn that they do not have the disease.

4. Leadership:

There are twenty-seven groups which meet monthly in Rockingham County but only twenty-five of these are organized, having a total of 125 club officers, 110 project leaders, twenty Housing or Federation Goal chairmen and twenty-two garden leaders. Extension Specialists have held six leader training meetings for adults and the agents have held a total of nine with a total of 242 attending. The leaders have given a total of 133 demonstrations, led 122 discussions on housing and gardening and rendered about 450 days of service.

The leaders and club officers have held a total of 116 meetings in the absence of the agents. The Rockingham County Home Demonstration Committee has held two meetings during the year to make plans for the remainder of the 1948 program as well as to plan for the 1949 program. At the Fall meeting of the County Home Demonstration Committee a training meeting was held for the new club chairmen. In the nine groups of clubs which have been organized within the past five years, the majority of which are located in the remote sections of the county, the largest group of leaders are the club officers. At the 1949 Program Planning Meeting seven of these groups were represented.

News articles outlining Program Planning Meeting for 1949

H-D Members Plan Program

Presidents Decide Upon Activities For the Year

Representatives from 21 of the 26 County Home Demonstration Clubs met yesterday in an all-day program planning meet in the Baptist Social Hall on East Market Street with Miss Maude Wallace, assistant director of extension work in charge of home demonstration work in Virginia, assisting in drafting the ensuing year's program.

A delegate from each represented club gave a resume of various projects her club was interested in participating in this year. Miss Wallace helped interpret the suggestions and told delegates how their clubs could meet the objectives.

The Year's Program

She assisted in planning the year's project calendar with the following result:

Dec.—"Older Youth," dealing with the development of better citizenship; Jan.—"Selections of Patterns and Materials"; Feb.—"Adjusting of Patterns and Cutting";

"March—"Fitting and Construction of Garments"; April—"Finishing of Garments"; May—"Nutritious and Easy to Prepare Lunches."

June—"Club choice"; July—"Healthful Meals"; Aug.—"Club Choice"; Sept.—"Handicrafts"; Oct.—"Walls"; Nov.—"Floors."

Two clothing leaders for each

(Continued on Page 10, Col. 4)

H-D Members

(Continued from Page 1)

county club were named; one Federation goal chairman named for each club; two food leaders to each club; two craft leaders; and two housing leaders.

Four County Meetings

Four county-wide meetings will be held as follows: Sewing Machine Clinic, Sewing Machine Attachments, Refinishing Furniture, and Home Beautification of yards.

The following Committees were named: Committee for planning for the Eighth District; Meeting to be held in May in Harrisonburg with Mrs. Hinton Rolston, of the Mt. Clinton Club as chairman; Year Book Committee, Mrs. J. K. Mauzy, of the tenth Legion Club, chairman.

Mrs. J. L. Swecker, leader of the Clover Hill 4-H Club gave a report about the H-D Club's assistant in the 4-H work. She stressed the fact that more leaders and more club members are needed. Misses Minix and Gough announced that there are 26 organized clubs in the county which meet each month and two new groups are being organized. The new groups are at Mt. Sinai near Pleasant Valley and Fox Mountain, near Elkton.

Representatives Present

Clubs and their representatives were:

Pleasant Hill—Mrs. H. A. Spangler, president; Mrs. C. W. Waropler, sr., Mt. Clinton; Mrs. John Coakley, acting president and Mrs. Hinton Rolston; Bridgewater, Mrs. W. S. Miller, president; Edom, Mrs. B. S. McKay, president; Mrs. J. O. Beard; Dale Enterprise, Mrs. L. S. Calhoun, past president; Mrs. Lloyd Suter, president;

Fellowship, Mrs. Robert Bowman, president; Mrs. Fred White; Riverside, Mrs. Marvin Bare, president; Mrs. Winnie; Mt. Zion, Mrs. Mary Lee, president; Spring Creek, Mrs. Gilbert Counts, Mrs. W. F. Hisey, president; Mrs. Ora Long, past president; Timber Ridge, Mrs. Bernard Vanlear; Broadway, Mrs. John Fawley, outgoing president; Tenth Legion, Mrs. J. K. Mauzy, president.

West Rockingham, president; Mrs. J. L. Swecker; Mt. Crawford, Mrs. Hubert Shaver, president; Mrs. E. W. Armstrong; Benton, Mrs. Helen Moyers, president; and Mrs. Russell Whetzel; Cootes Store, Mrs. Marc Freeman, president; Ciders, Mrs. William Thomas, president; Hollomon Mrs. Hays Halterman, president; Keweenaw, Mrs. C. B. Smith and Mrs. Charles Burtner; McGabeyville, Mrs. A. N. Funkhouser, paid president; and Mrs. C. F. Harmon, president; Humes B'n Mrs. Ralph McCoy and Mrs. L. W. Snyder.

The Assistant Agent has met with women from Mt. Sinai and Fox Mt. Communities. This is the first time the home demonstration program has been carried to the Mt. Sinai group while in the Fox Mt. Community the women did have several demonstrations given them during 1943-44. The Mt. Sinai group has met three times and has elected officers. They have a total membership of twenty. The Fox Mt. group has only had two meetings up to the present time.

B. Other Means of Reaching People:

In planning the 1948 program of work some thought was given to methods which would be used to reach people, other than the method demonstration. It was thought that the radio, film and slides, news papers, and magazine publication, circular letters, special meetings, home visits and a few exhibits might be used effectively. It was possible to secure time on the local radio station for only a few special programs and the calendar for the week's Extension Program, announced. The club reporters and agents have published in the local papers and some of the leading farm magazines, 244 articles, a portion of these were publicity given to the method demonstration at club meetings. These news articles included educational information on timely topics as well as stories reviewing what some of the club members had done. Below is a news article written by Mrs. P. G. Wenger, which tells what she and her family have done and why.

Slides and films were used very effectively in two meetings, one with the Garden Club and one with the Woman's Club. They were also used in the home demonstration club program at the monthly meetings for two months.

Two special meetings were held on a county-wide basis. One meeting was on Food Preservation and one on Housing. Both of these were attended by a number of women that are not club members.

The agents do not feel that the best use has been made of circular letters since the majority of the circular letters have been used only in giving instructions for special meetings or in notifying members of certain activities that would take place. It was planned in the beginning of the year, that once each quarter a news letter would be sent to a large number of women in the county, those who do not attend club meetings. The home agents have made a total of 520 home visits in the interest of the home demonstration and 4-H programs.

V. Work with Youth:

A. 4-H Clubs:

1. Organization:

- a. The County 4-H Council is composed of officers and leaders of the fifteen joint clubs and representatives of the All-Star Organization. Two meetings were held of the County Council during the year, one in April to plan for achievements and events for the remainder of the year, and one was held in October to start the plans for the 1949 program calendar. The County Council sponsored the 4-H Achieve-

ment program last December with 260 club members, leaders, parents and friends attending.

One of the main objectives of our County Council for 1948 was to have an Agricultural Fair. Before the war the Fair was sponsored by the 4-H Clubs and was quite successful. Work on the project was begun earlier in the year but progress was slow and it was not possible to hold a fair this year. However, the Council has secured the support of a number of civic organizations as well as the home demonstration clubs to assist in promoting an Agricultural Fair in Rockingham County in 1949. The Fair Association has been set up with a board of directors and a few plans have been made.

In addition to the fifteen joint clubs that, both the Farm and Home Agents work with the Assistant Home Agent is working with four additional clubs that have only girls enrolled. Most of the girls in these clubs are very young and the meetings are held in the afternoons after school. These girls participated in the activities sponsored for the clubs in the county and carry projects just as the older girls do.

b. Typical 4-H Club:

The Tenth Legion Club has been active during the year. There were eleven girls enrolled and carried 26 projects. Ten girls completed all their projects. The club had three adult

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leaders for girls.

Louise Roller, a member of this club for the past three years was selected as one of the two winners in the State Contest on Wear and Care of Clothing.

Dolly Armentrout, a member of the club for the past three years, carried a project on Food Preservation and entered the County and Area Contests in selecting and demonstration the use of cooking utensils. She was area winner for five counties.

Betty Jo Kline was Area winner for five counties in the contest on Preparing Foods for Lockers.

The following are some of the outstanding activities of the Tenth Legion Club:

1. Contributed \$5.00 to March of Dimes.
2. Bought garden seeds for five European families.
3. \$25.00 was given for equipment in the Fire House in Broadway
4. Had one basketball game and one box social for money making activities.
5. Arranged a display or exhibit window during National 4-H Week
6. Held a program for Rural Life Sunday and the offering on this Sunday was given to local parsonage.
7. Canne 125 quarts for Relief.
8. Special Recreational Activities were two skating parties and one picnic.
9. Sponsored a boys and girls basketball game.



Picture of Tenth Legion Club, taken on Rural Life Sunday, May 2, 1948

2. Project Work:

- a. The project program for the 4-H girls is divided into two parts,
 - winter projects and summer projects. The leaders, junior leaders, and representatives from the girls from each club met with the agents and discussed the various projects. Following the discussion five different projects were selected for the winter program with a larger number for the summer project. For the winter project program these five projects were explained to the entire group of girls and the club leaders asked the girls to decide on which two projects they would rather carry in their club.
 - It was emphasized that they would decide on the two that would be most beneficial to them. The leaders and agents limited the

projects selected to two in order that better demonstrations could be given, more helpful illustrative material could be worked out, and more individual help could be given to club members.

b. Subject Matter Fields Included:

1. Clothing (Care of Clothing, Making and Remaking and Learning to Sew)
2. Housekeeping and Home Improvement.
3. Foods (Bread, Food Preservation and Food Preparation)
4. Laundry (Personal, Family Washing, Family Ironing, Small Laundry Equipment)
5. Care of Milk, Butter and Cheese.

These subject matter fields were selected because they would help the girls with the jobs of work they were doing at home as well as being subjects in which they were individually interested.

c. Projects, Objectives and Results:

1. Clothing - Making or Remaking:

This project was carried for the larger part during the summer months. There were seventy-nine girls enrolled. The girls carrying this as a project met during May or June, discussed designs and styles with their club leaders, or agents, studied materials and took measurements for patterns. Each girl was to bring pattern and material to the next meeting. Construction schools were held for some clubs, lasting for two or three successive days, while other clubs held all-day work meetings, but not on successive days. Seventy girls

completed the project, making 206 new garments for themselves, 25 new garments for others and remodelled 105 garments for themselves and others. At the end of this project two contests were held, one on Clothing Achievement and the other on Style Dress Revue. Forty girls entered the contest on Clothing Achievement and twenty on Style Dress Revue. Carolyn Caricofe was county winner in the Style Dress Revue, and Peggy Wilhite in the Clothing Achievement. Both of these girls entered the Area Contest and Carolyn Caricofe was selected as the Area winner from five counties, after which she entered the District and State Contests and was chosen as the State Style Dress Revue winner. She will represent Virginia at the National Club Congress and enter the Style Dress Revue.

A picture of Carolyn with a news article is given below.



CAROLYN CARICOFE

Carolyn Caricofe Winner
Carolyn Caricofe, 20, daughter of Mr. and Mrs. John Caricofe, has been a member of the Dayton 4-H Club for ten years. She received the top state honor in the Style Dress Revue for 4-H Girls last week in Richmond. Miss Caricofe modeled a black and white wool sharkskin suit, which she made. She chose the black accessories. As an award, she will receive an all expense trip to the National Club Congress in Chicago in December.

Carolyn has completed a total of 21 projects, nine of which were on clothing. Other projects included housekeeping, personal laundry, room improvement and stop food

waste. Carolyn has served as secretary, treasurer, reporter and recreation leader for her club. She attended the girls leadership training camp at Camp Minniewa last August.

2. Care of Clothing:

Care of Clothing was carried by the girls as one of the winter projects. Both of the demonstrations were given at the night meetings. Demonstrations included equipping mending boxes, washing and darn~~ing~~g socks, laundering sweaters, washing and ironing rayons, care of the hair, hands and skin. Eighty-two girls enrolled in this project and seventy-one completed with the following results; sixty-eight girls darned 527 garments; fifty-two girls patched 147 garments; sixty-seven girls washed 293 sweaters; twenty-four girls dry cleaned a total of 92 garments; seventy-one girls equipped their sewing kits; thirty-six girls outfitted a shoe shining kit or box and forty-one girls made some improvement in places for storing wraps.

At the end of this project a county contest was held and Grace Revercomb was county winner with Louise Roller as second. Since Grace was not eligible for the Area Contest Louise Roller of the Tenth Legion Club took over and entered the contest at the Area Meet, and was named winner. Next she entered the state contest and was declared one of the state winners. The subject of Louise's demonstration was washing a sweater.

Below is a picture with a news article of Louise Roller.

State Winner In 4-H Work



LOUISE ROLLER

age 15, daughter of Mr. and Mrs. Paul Roller, of Tenth Legion, has been a member of the Tenth Legion Club for the past three years. Louise was named one of the two state winners in the Care and Wear of Clothing contest.

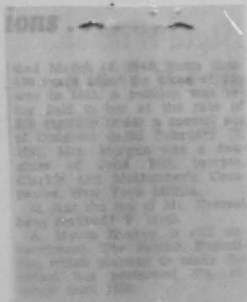
In three years of club work she has completed six projects. She is serving as secretary of the Tenth Legion Club this year. She is very active in planning and carrying out club activities as well as being active in Sunday School and church organizations and also many school activities.

State of Missouri

Care of clothing was carried by the girls as one of the winter projects. Both of the demonstrations were given at the night meetings. Demonstrations included equipping sewing boxes, washing and darning socks, laundering sweaters, washing and ironing rags, care of the hair, hands and skin. Missions girls enrolled in this project and sewing classes completed with the following results: ninety-nine girls darning 257 sweaters; fifty-two girls darning 147 sweaters; ninety-seven girls washed 232 sweaters; twenty-four girls dyed a total of 22 sweaters; seventy-one girls equipped their sewing kits; ninety-six girls outlined a shoe containing knit or box and forty-one girls made some improvement in places for sewing wares.

At the end of this project a county contest was held and Grace Haverwood was county winner with Louise Heller as second. Grace Grace was not eligible for the Area Contest Louise Heller of the Tenth Legion Club took over and entered the contest at the first level, and was named winner. Her name entered the state contest and was declared one of the state winners. The subject of Louise's demonstration was washing a sweater.

Below is a picture with a news article of Louise Heller.



A. General Chiang has been married twice. The son is the child of his first marriage.

A. At what distance should a book be held from the eyes during reading? G. R. L.

Q. Reading matter is best held 16 to 18 inches away, below the level of the eyes.

Q. Where are the wills of Tom? F. R. M.

A. The wills are the property of the County of Fairfax, Va., and are in the Court House there. Martha Washington's will was stolen during the Civil War and purchased by J. F. Morgan. After much litigation it was returned to the County authorities.

Q. Is the space that surrounds the earth a vacuum? R. M. R.

A. Astronomers state that space is more devoid of matter than the most perfect vacuum obtainable in laboratories, and the temperature is virtually at absolute zero, 459.4 degrees below

3. Learning to Sew:

Only one group in the county selected this as a project. This was the Lucky Clover Group. Most of the girls in this group were new club members and were very young. The majority of them wanted to learn to sew so this project was suggested. There were thirteen members enrolled and twelve completed. The twelve members equipped their sewing boxes and made a total of sixty-two articles, which included needle cases, head scarves, laundry bags, aprons, towels, handkerchiefs, pin cushions and seven broomstick skirts. The girls met in the afternoons after school with their leaders and agent, for their instructions. The most important objective set up for the girls was teaching them to use their sewing equipment and to learn the meaning of a few terms used. Most of the girls are familiar with the pieces of small equipment and have made some progress on the use of the sewing machine. It is the feeling of the agent and assistant agent that most of the girls can take the project on Making and Remaking Clothes, provided simple garments are chosen.

4. Housekeeping and Room Improvement:

Housekeeping and Room Improvement was set up as two separate projects. The girls taking Room Improvement included the

care of their room as a part of their project. For some club girls the housekeeping and room improvement projects extended over both winter and summer. There were forty-three girls enrolled in housekeeping with forty completing. Twelve girls enrolled in room improvement with nine completing. Forty-nine members rearranged their rooms to make them easier to care for. Twenty-seven pairs of sheets were lengthened, thirty members made and equipped a cleaning box, forty-nine did the general cleaning and care of their rooms for three months or more.

In the project on Room Improvement, improvements such as papering and painting walls, refinishing floors or refinishing furniture were carried on. There were nine rooms improved.

Grace Revercomb of the Clover Hill Club took her own room as her project and did a very good job. A copy of her story is given on the following page.

ACHIEVEMENTS IN MY IMPROVEMENT PROJECT

after deciding to take room improvement as a project during my second year of club work I sat down to make a plan to follow. Immediately I decided that I would take this as my project for two years as I had to make things to do to get it all done the same year.

First of all I would like to describe my room. It is very small, with one medium sized window and one door. It has a southern exposure so I get a lot of sunshine and light. Only a short while before starting this as a project I papered my room and I selected a paper that had a blue background with pastel flowers. The furniture in my room consisted of a bed, a dresser, washstand and an old press.

As soon as I completed my plans I went to work. I wanted my dressing table so much I decided to do that first. I began to look around to see what was available and I found an old washstand in the pantry. I decided that this was what I needed so I brought it out and began to clean it up. I removed two coats of paint it was some job. I could realize for the first time why people charge so much to refinish a piece of furniture. After removing the paint from the top and sides, I began my remodelling by taking out the bottom shelf and doors. I left the top drawer to use for cosmetics. I planned to use this as a dressing table and desk combined because my room is small and I do not have room for two pieces of furniture. I was interested in a finish that would be durable and be easy to clean and I finally added two coats of clear varnish and rubbed it down with pumice stone to take off some of the gloss. I added two pieces of wood to each side to use to fasten

the skirt to.

All the time I had been looking for material to make a bedspread and dressing table skirt. Finally I bought some solid blue percale and some white for it. I designed my spread over one I saw pictured in the catalogue, using the white for the top and the blue for the ruffles and the flounce. I used the blue percale for the dressing table skirt and used the white trim. I think my spread and other accessories are very pretty and my friends say so.

Time has passed very rapidly and now it was time for my club records to go to the leader. I hadn't nearly finished the things I planned to do. My dressing table and desk combination was located in the room and I had made the skirt for it and my bedspread and dresser set. I had hung a mirror over the table and had rearranged my furniture according to my wall space and needs. I still was a long way from being through. In the meantime Mother and Father had decided to add a bath and fix up the laundry room. I lent a helping hand and we certainly have enjoyed both.

Before getting back to finishing my room as a part of my work this year I had some problems to arise that did not look so good as far as my plan went. I had received a typewriter for a gift and I needed a table or desk especially for it. Still knowing that my room was small and that I needed some more drawer space I put on my thinking cap. After talking it over with my home agent we decided to take the skirt off the dressing table and just use it as a typewriter desk. From another room I moved a small chest of

drawers and hung my mirror over it. This provided storage space for some of my clothes and also acted as a dressing unit. It was terribly hard for me to give up my dressing table with the pretty blue skirt, but I did because that was best. I put the material from the skirt away, thinking that I would soon find use for it. And soon I did. I decided to remodel my bed, even though this was not in my plan. By taking off the foot board and using it for the head board and sawing off the head board I could have a more modern bed and it would tend to make my room look larger. Daddy wasn't such in favor of cutting up the bed but finally he helped me to do the sawing. I used the blue fabric from the dressing table skirt to make two pillow slips to cover my pillows. These I place against the headboard of the bed and it is surprising how many of my friends think I have bought a new bed.

I selected white dotted marquisette curtains with wide ruffles. They make my room look much more feminine than it looked before. My window shades were dark and I felt the need of all the light I could have so I bought a new white window shade.

When I planned my improvements I didn't realize that the lighting system in my room was so poor, but after the other improvements it certainly stood out as a sore finger. My Father secured an electrician and added some outlets and ~~also~~ ~~re-~~ ~~placed~~ the center light. Now I have a light on the chest of drawers and ~~also~~ ~~an~~ up lamp by my bed and desk.

I still had not done anything to the floor which was painted around the edge of the linoleum rug. The floor was made of fairly wide boards. I had them sanded and then we used a filler and waxed them. In planning my room

I thought I would have dark blue scatter rugs but at this point I decided that I was getting enough blue and I used another color. Studying my color chart and looking in the store and magazines for color suggestions I finally decided to crochet rugs and use two shades of wine and one of blue. I thought I would use some old material I had on hand. When I started to crochet I found out I would not be able to use some old material so determined to have those rugs I grabbed some feed bags and decided to dye them. Never having had any experience I had to do a little studying and figuring. Finally I got the fabric dyed. Then I had to learn to crochet.. One of my club leaders was so nice to help and show me about making my rugs. It was just amazing how fast I got along. It wasn't any time until I had my rugs done.

Until now I had not done much about my storage spaces. I had scarcely any place to hang my clothes and I began to talk about building the closet I had planned. I finally decided to remodel the old press that was in my room into a clothes closet. My father and I could do this and if I had a built in closet I would have to hire a carpenter. I had been trying to do everything as economically as possible in order to save my money to fix my teeth. I need braces to straighten my teeth and this will be very expensive. But I would rather do that than to build a closet or buy new furniture. I took the old chest and removed the shelves from one side and put in a rod. I left the shelves on the other side to use for hat and shoes.

My room certainly looks different and I do enjoy it so much. I have learned so many things as refinishing furniture, trimming windows, finishing floors, arranging furniture and so forth. Most of all I am proud that I can

help do some improvements in the rest of the house. This year we completely remodelled our kitchen and I had an opportunity to help with the planning. Mother and I have also rearranged our living room and rehung the pictures. We refinished an old walnut safe which we had in the kitchen. We are now using it in the dining room. We used the permatite floor seal for the finish on the safe and we use the laquer for the table that we refinished.

This project has meant so much to me and I have so many more things that I want to learn to do.

5. Foods:

a. Food Preservation:

Food preservation project included both canning and freezing of foods. Demonstrations were given in the clubs on equipment, containers and how to use these, as well as the correct fundamentals in the preservation of food and vegetables. One county leader training meeting was held for adults and junior leaders and some of the older girls.

There were sixty-three members enrolled and fifty completed. The members canned alone 4,450 quarts and helped to can 8,259 quarts. There were 875 packages prepared for freezing by club members and they assisted in preparing 1,145 packages. Twenty-nine people were helped in their methods of canning and freezing, by club members.

b. Food Preparation:

This project was conducted both during the summer and winter months. For the most part the instruction was given by the club leaders. The girls were encouraged to bring samples of the products to the club meetings and also to make a report of the work done since the last meeting. Eighty-six members enrolled in the food preparation and the fifty-eight completing gave the following results: made custards and variations a total of 552 times; prepared gravy and white sauce 1,008 times; baked souffles 89 times; prepared green vegetables 915 times; root vegetables 1,440 times; cooked eggs 1,026 times and made cakes and cookies 1,419 times.

One outstanding piece of work in this project was done by Nancy and Grace Revercomb, of the Clover Hill Club. They attended the Jamestown Poultry Camp, entering the Poultry Consumption District Contest. They were named the state winners in this contest and attended the meeting of the North Eastern Poultry Producers Association, giving their demonstration along with club members from eleven states represented at the meeting. Following this these two girls entered the Dairy Food Contest in the county and were named county winners. They participated in the Area Contest in which they were named first from five counties, then attended the state contest, giving their demonstration on Using Dairy Foods and was named the winning State Dairy Food Demonstration Team.

Following is a picture and news article showing these two girls giving their demonstration.

Rockingham 4-H Club Girls Achieve State Honors



NANCY REVERCOMB

GRACE REVERCOMB

Rockingham County 4-H girls won first place in four contests this fall to climax a year of successful activity—at the district meeting held in Charlottesville; at the Valley meeting in Staunton and in the final state contests held at the Atlantic Exposition, Richmond.

Nancy and Grace Revercomb, ages 18 and 15, have worked as a team in the Dairy Food Demonstration. They were declared winners in the County in September; first in the area meet in Staunton and the district in Staunton. They competed for the state title last week and as their first place award will both receive seventeen-jewel wrist watches.

Nancy and Grace represented Virginia at the meeting of the Southeastern Poultry Producers in Harrisburg, Pa. in September.

Nancy has completed a total of 15 club projects during her four years of club work. She has been vice-president of her club and also treasurer of the Rockingham County 4-H Council. Grace has completed a total of ten projects during her three years of club work. They are daughters of Mr. and Mrs. Lester Revercomb and are members of the Clover Hill Club.

Nancy and Grace Revercomb giving their demonstration.

6. Laundry:

Girls enrolled in four different laundry projects which included Personal Laundry, Doing the Family Washing, Doing the Family Ironing, and Making Small Laundry Equipment. There were twenty-two girls enrolled and twenty-two completed.

Most of the instructions were given through demonstrations which included the making of small laundry equipment, the removal of stains, arranging the equipment, ironing certain articles such as shirts, towels, dresses, etc.

For the County Home Demonstration Achievement Program one 4-H Club girl gave a demonstration on how to sprinkle, iron and fold a shirt. This girl was Jo Ellen Bodkins, of the Clover Hill Club, who was later named county winner in all of our laundry projects. She repeated her demonstration for the Area Contest where she was named winner from five counties, then participated in the State Contest in which she was named State winner and will represent Virginia at the National Club Congress.

Below is given a picture and news article of Jo Ellen.



JO ELLEN BODKINS

Jo Ellen Bodkins, 16, daughter of Mr. and Mrs. J. S. Bodkins, has been a member of the Clover Hill 4-H Club for four years. Jo Ellen captured state honors in the Laundry Contest for 4-H girls. In the state contest, she gave a demonstration on sprinkling, ironing and folding a shirt. She also won a trip to Chicago.

Jo Ellen has completed 11 projects in her four years of club work. She has carried laundry for a project for two years. In addition to helping with the family laundry this year she made a number of improvements in the laundry equipment in her home.

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3. Other Activities:

As a part of the health program in the 4-H Clubs it was planned that the club members assist with the selling of bangles for the Tuberculosis Association. In each of the clubs a short talk or discussion was given on tuberculosis and the work of the Tuberculosis Association. One week was set aside for Bangle Week in the local communities and one day in Harrisonburg for Bangle Day. A plaque was offered to the club collecting the most money and an award to the club member turning in the largest amount of money. The plaque went to the Timber Ridge Club and the award to a member of the same club.

It is planned that the clubs will assist with this project again, in December of this year. A total of \$146.00 was collected through the sale of bangles by club members last December.

During the Spring months an Anti-Rat Campaign was carried on by the 4-H Clubs and the local seed and feed dealers, Poultry Co-operative, and Poultry Producers, sponsoring this campaign, providing prize money and also keeping on hand good poisons to use in killing rats and mice. A total of 4,175 rats and mice were killed.

During 4-H Club Week the County 4-H Council planned to give publicity to the local 4-H Club Program. Two radio programs were given by the agents and girls on Past Achievements and Accomplishments of Club Members. Four of our older and more outstanding club members were used on this radio program. The County Council also made an exhibit window

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at the local J. C. Penny Store and the Rockingham Farm Bureau Store. Exhibits were collected from various clubs on various phases of the projects and were displayed during National Club Week. The Tenth Legion 4-H Club exhibited products of their work in a window of a department store in Broadway. The picture below shows the window of the club members.



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Rural Life Sunday was observed by seven of the 4-H Clubs. The programs were of a varied type, including a candle-lighting service around a small lake at the home of the club leader, the morning service and a special evening program for young people's organizations at a local church. For the ones having the morning church service the min-

To Make the Best Better



Tenth Legion
Rural Life
Sunday, May 2

Bethlem Christian
Church

Theme-

Creating Better Homes for a More Responsible
Citizenship Tomorrow

Prelude-

Invocation- Dorothy Spitzer

Call to Worship- ^{Hymn No. 4} Responsive Reading- No. 328
Led by Sammy Cox

Offering-

Special Music- Quartette- Living for Jesus

Poem- Hope in Homes- John Lee Lehr

Poem- Masters of the Land- Nancy McWilliams

Solo- Sammy Cox *Be Still my Soul*

Poem- 4H Club Work- Jimmy Rhodes

Special Music- Quartette- I Would Be True

Talk- Rev. Koon

Hymn- No. 139

Benediction- Rev. Koon

isters used the theme suggested, which was "Creating Better
Homes for More Responsible Citizenship Tomorrow". In each of the
programs club members participated by reading Scripture or giving
special music, or acting as ushers. A copy of the program of the
Tenth Legion Rural Life Sunday is attached.

Camp:

Club members from Rockingham County attended three 4-H Camps during the summer months. Twenty-three members and two leaders attended the District Camp at Powells Fort Valley. Two girls attended the Holiday Lake Conservation Camp and four girls attended the State Poultry Camp at Jamestown. In each of these camps instruction on subjects were discussed from an educational point of view as well as giving leadership training. At the District Camp classes were offered in game and song leadership, in wood handicraft and in swimming.

At the Jamestown Poultry Camp a demonstration team composed of two girls entered the Poultry Consumption Class and were named state winners.

Contest:

The 4-H girls took a very active part in the 4-H Contest this year. For several years there has been an increase in interest shown. Seventy-five girls participated in the contest in the county. The contest was used as a closing feature to the project work carried during the year. Below is a news article regarding contests.

Rockingham 4-H Club Leads Contest

Winners Named At Tea Yesterday

Rockingham County 4-H Club girls, coached by Miss Eva Mixx, home agent, placed first in three of the eight State home demonstration contests held in Richmond yesterday.

The winners were: Nancy and Grace Rivercomb, dairy foods team; Carolyn Caricofe, style dress revue, and Jo Ellen Bodkins, laundry.

Second and third place winners, in the order named, were: Mildred Mann, Appomattox, and Sally Mae Hurt, Powhatan, laundry; Harriet White, Fluvanna, and Ruth Tibson, Smith, style dress revue.

Other contests and their winners were: clothing achievement, June Frazier, Roanoke, first; Dolores Gibbs, Madison, second, and Jackie Foreman, Norfolk, third.

Home improvement, Elizabeth Hilton, Fluvanna, first; Mildred Crawford, Albemarle, second, and Jean Sanderlin, Norfolk, third.

Food preparation, Janice Thurman, Franklin, first; Vivian Holland, Isle of Wight, second, and Imogene Stanley, Dickenson, third.

Dairy foods (individuals), Georgette Puryear, Henrico, first, and Betty Dunn, Loudoun, second.

Frozen foods, Patricia Johnston, Roanoke, first; Mary Ann Long, Madison, second, and Louise Berce, Lunenburg, third.

Canning, Kathleen Mullins, Dickenson, first; June Foreman, Norfolk, second, and Lois Cole, Roanoke, third.

All first-place winners, except in dairy and frozen foods, will represent Virginia's 47,000 club members at the National Club Congress in Chicago the first of December. Dairy and frozen foods winners received a gold watch and a \$25 savings bond, respectively.

Announcement of the winners was made at a tea at Miller & Rhoades held for the club members, their agents and leaders yesterday afternoon. Contestants were winners of district events held throughout the State last week.

Miss Maude E. Wallace, assistant director of the Virginia Agricultural Extension Service, Blacksburg, presided at the announcement program yesterday afternoon.

Announcement of the State winners was made by the following specialists. Miss Ruth Jamison, extension home furnishings specialist, who named the winners of the home improvement class; Miss Helen Alverson, extension home management specialist, who named winners in the laundry competition; Mrs. Mary Thompson, assistant extension food specialist, who named winners in dairy foods and food preparation; Miss Janet Cameron, extension clothing specialist, who named winners in clothing achievement; and Miss Iva Byrd Johnson, extension clothing specialist, who named winners in clothing improvement.



First place winners in the State home demonstration contest for 4-H Clubs held here yesterday were (left to right, seated) Grace and Nancy Rivercomb, of Rockingham County, dairy foods team; Georgette Puryear, of Henrico, dairy foods individual; Elizabeth Hilton, of Fluvanna, home improvement, and (standing) June Frazier, of Roanoke, clothing achievement, and Kathleen Mullins, of Dickenson, canning.

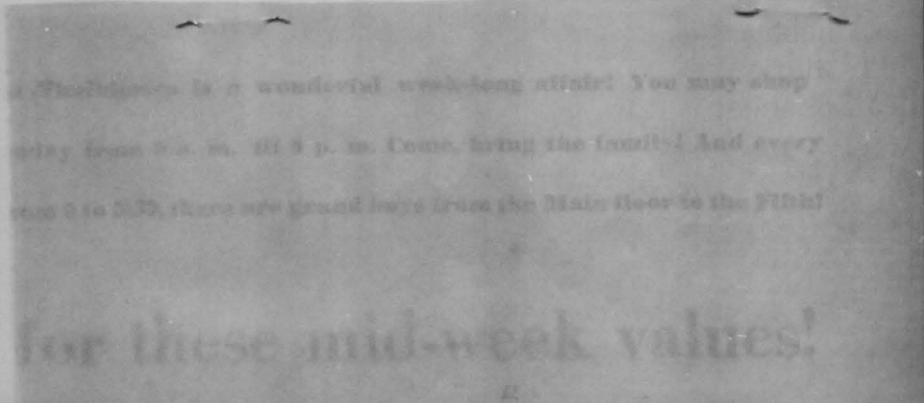
Girls

Club members from Rockingham County attended three 4-8 Camps during the
winter months. Twenty-three members and two leaders attended the District
Camp at Lowell's Fort Valley. Ten girls attended the Holiday Lake Conserva-
tion Camp and four girls attended the State Holiday Camp at Jamestown. In
each of these camps instruction or subjects were discussed from an educational
point of view as well as giving leadership training. At the District Camp
classes were offered in home and song leadership, in wood handicraft and in
swimming.


At the Jamestown Holiday Camp a demonstration team composed of ten girls
entered the Holiday Conservation Class and were named state winners.

Contests

The 4-8 girls took a very active part in the 4-8 Contest this year. For
several years there has been an increase in interest shown. Seventy-five
girls participated in the contest in the county. The contest was used as a
closing feature to the project work carried during the year. Below is a
page article regarding contests.



for these mid-week values!



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SHORT COURSE:

Five girls attended the State 4-H Club Short Course held at V.P.I. Each of the girls attended a different class during the week. Bonnie Lou May served as Secretary of Short Course for this year.

Picture of Club officers, from 4-H Club paper



4. 4-H Leadership:

The adult leaders serve both as organizational and project leaders. There are twenty-one adults and four older girls serving as senior leaders. Each of the fifteen clubs have two or more junior leaders. There are seventy-five officers in the fifteen clubs.

- ③ Eleven training meetings have been held, two were given by specialists. 207 leaders attended the eleven meetings and 81 demonstrations were given by the adult leaders and 38 by junior leaders.

All of the clubs have held one or more money making activities and one or more recreational programs. The leaders have taken the major part of the planning and carrying out of these activities.

The 4-H adult leaders met during March to complete the plans for the 1948 program calendar. At this meeting an organization was formed and election of officers took place. The main objective of the Leaders Association was to promote 4-H Club work in such a way that more boys and girls might be reached through the present clubs. A program of work was completed at the first meeting and plans made for carrying out the same. The second meeting of the Association was held in November.



PHOTOGRAPH BY
THE LEE STUDIO
HARRISONBURG, VA.

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The fifteen clubs have both boys and girls enrolled and have two or more adult leaders for each club, plus the junior leaders which are chosen from the club membership.

There are four clubs, namely Clover Hill, (Junior) Fox Mountain, Mt. Valley, and Grottoes that have only girls enrolled. The Clover Hill and Fox Mountain clubs have an adult leader, but Grottoes and Mt. Valley do not. Three of these clubs elect their officers and have a short business session.

Three former 4-H girls that are serving as young adult leaders are Freda Acker, Bonnie Lou May and Carolyn Caricofe. Freda Acker is a leader in the Port Republic Club, Bonnie Lou May is a leader in the Lucky Clover Club and Carolyn Caricofe in the Dayton Club. The girls are active in promoting 4-H Club work in the county and state. Below are news articles of Freda and Bonnie Lou.

Freda - - Young Southerner

Bonnie Lou - Bankers Meeting

Miss May Is Speaker At Bankers Assn.



MISS BONNIE LOU MAY

Miss Bonnie Lou May, daughter of Mr. and Mrs. B. H. May, of Singers Glen, who recently spoke to the Virginia Bankers Association at Natural Bridge. Miss May is a member of the Lucky Clover 4-H Club, formerly the Singers Glen club but now composed of Linville-Edom members also.

She represented the 45,000 4-H members of Virginia at this meeting. Her subject for discussion was "4-H Club Work and What It Has Meant to Me."

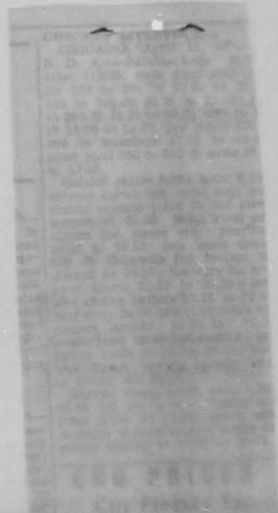
Miss May has been a club member for the past seven years and during that time has completed 20 projects. In 1946 she represented Virginia at the National Club Congress as State Winner in the Clothing Achievement Contest. At present she is serving as secretary of the 4-H Club Short Course in Virginia.

Miss May is a graduate of the Linville-Edom High School with the class of '47 and is now a freshman student at Shenandoah College.

The fifteen clubs have both boys and girls enrolled and have two or more adult leaders for each club, plus the junior leaders which are chosen from the club membership.

There are four clubs, namely Clover Hill, (Junior) Fox Mountain, Mt. Valley, and Grizzlies that have only girls enrolled. The Clover Hill and Fox Mountain clubs have an adult leader, but Grizzlies and Mt. Valley do not. Three of these clubs elect their officers and have a short business session. Three former A-W girls that are serving as young adult leaders are Trade, Baker, Bonnie Lee Ray and Carolyn Carlisle. Trade Baker is a leader in the Fort Republic Club, Bonnie Lee Ray is a leader in the Jacky Clover Club and Carolyn Carlisle is in the Taylor Club. The girls are active in promoting A-W Club work in the county and state. Below are news articles of Trade and Bonnie Lee.

Trade - - - Young Southern
Bonnie Lee - - - Santa's Meeting



Eggs, U. S. Grade A large
Eggs, U. S. Grade A medium
Eggs, U. S. Grade B large
Eggs, U. S. Grade C
Eggs, Ungraded Loss on
45 lbs & up net
Eggs, Pullets (14 lbs & up)
	37 to
J M Hulvey & Son	
Grade A Large
Grade A Medium
Grade B Large
Grade C
Premium on eggs delivered
to Station
Mike's Produce Co.	
Phone 1200-W Kratzer Bldg	
WANTS	
Heavy hens, Leghorn hens and
broilers (Rocks and Crosses)
Turkey hens and toms, heavy
outlets (heavy 4 1/2 lbs and up)
DELIVERED BAG PRICES	
Cotton
Heavy Burlap
Light Burlap

Young Southerner

---for JULY

"A GIRL with high ideals and an enthusiastic 4-H Club worker," says Home Demonstration Agent *Eva Minix* of SOUTHERN AGRICULTURIST'S *Young Southerner* for July, *Freda Acker*, of Grottoes, Virginia.

Freda, who has completed 8 years of 4-H work, has had 3 years in Clothing, 4 in Poultry, 3 in Canning, 2 in Bread and 1 year each in Stop Food Waste, Room Improvement and House-keeping and two years in Personal Accounts.

She has been Song and Recreation leader in her local Port Republic Club for 2 years and for 1 year in Rockingham County. She has held all offices in her local club and county, with the exception of President, for the past four years. She was made County and State All-Star, 1946, and was on the membership committee in both county and state in 1947. She served as Chairman of the Better Methods meeting in Charlottesville and has been active in 4-H activities.

Freda, who is now a student at Madison College, has planned with 75 other 4-H Alumnae to form an Alumnae Club at college.

This outstanding young lady has won prizes on almost all of her projects, including money



FREDA ACKER

and medals. On her Poultry Judging she won the County Contest and their County Team won Fourth Place, and Second north of the James River in the State Contest in 1945. In 1945, also, she attended the 4-H Club Congress at Chicago.

The Editors of SOUTHERN AGRICULTURIST are pleased to present their Young Southerner framed award to *Freda* for the excellent work she has done in her years as a 4-H Club member and for her enthusiastic support and participation in all community improvements.

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Bonds



Carolyn Caricofe was chosen to represent Virginia at the Leadership Camp at Camp Minnewanaca. Below is picture and news article.



Carolyn Caricofe, whose nine successful years in club work, leadership ability and contribution to her community, won for her this year's scholarship to Camp Minniwanca.

B. [Ⓢ] Honor Club:

The Honor Club was organized several years ago and has a membership of twenty-five.

C. Older Youth:

No organized group of older youth.

VI. Work Done in Cooperation with Other Agencies:

1. The Home Demonstration Agents have worked very closely with the County Tuberculosis Association. The Executive Section of the Harrisonburg

Rockingham Tuberculosis Association has helped the clubs with Health Programs. These were planned jointly by the Executive Secretary, club health chairman and the agents. Movies have been shown and program discussions held. Club members of the Criders, Bergton and Riverside Clubs promoted the mass X-ray Clinic held at Bergton School last December. The members, with agents assistance gave publicity to the clinic and took care of local arrangements and transportation. About 150 persons were X-rayed. A clinic for the Feeletown Community is being discussed. Clubs are also seeing for patients in sanitariums.

2. Clubs have been assisting the Welfare Department by making childrens' clothes and also now one club is undertaking to make out a minimum clothing budget for children who are placed in foster homes. The clothing needs will be worked out at the December meeting. Committees have been appointed for each age group.

3. County Vocational, Agricultural and Home Economics Teachers:

The home agents and garden leaders co-operated with the vocational teachers in sponsoring six garden meetings in various communities. Mr. Scott, Vegetable Garden Specialist, was present to assist with these meetings.

4. Farmers Home Administration:

The Home Agent has worked through the years very closely with the Supervisor of the Farmers Home Administration. One goal set up was to get the homemaker from all Tenant Purchase families enrolled in home demonstration work, and if there were boys or girls of club age to get them in 4-H Clubs. There are twenty-five Tenant Purchase families in Rockingham County and only fourteen

belong to a home demonstration club. This is only two more than we had in the beginning of the year. The method used to try to interest them in home demonstration work was home visits by agents or interested club members.

VII. Evaluation of 1948 Program:

Studying the map that is included at the end of this report, one will find that the Home Demonstration and 4-H Club program reaches out into the outer areas of the county. Harrisonburg is the county-seat and geographically it is located almost in the center of the county. The most of the county is made up of valleys and slightly rolling hills, yet each side of the county is bordered by a mountain. The Extension program reaches out into the foothills of both mountains. Well planned, the program makes a very significant contribution to the families in the more remote sections.

The housing program carried on through the clubs and also the county-wide housing meeting, were of great interest and value, to a large number of families. One big item was helping families to get their planning done on paper first. Not all the families reached through this phase of the program did a large amount of improvements, but those that made changes or improvements that did not involve a large sum of money, were very valuable as time and labor savers. The housing program also has affected families in another way, that of gaining a higher or better outlook on life.

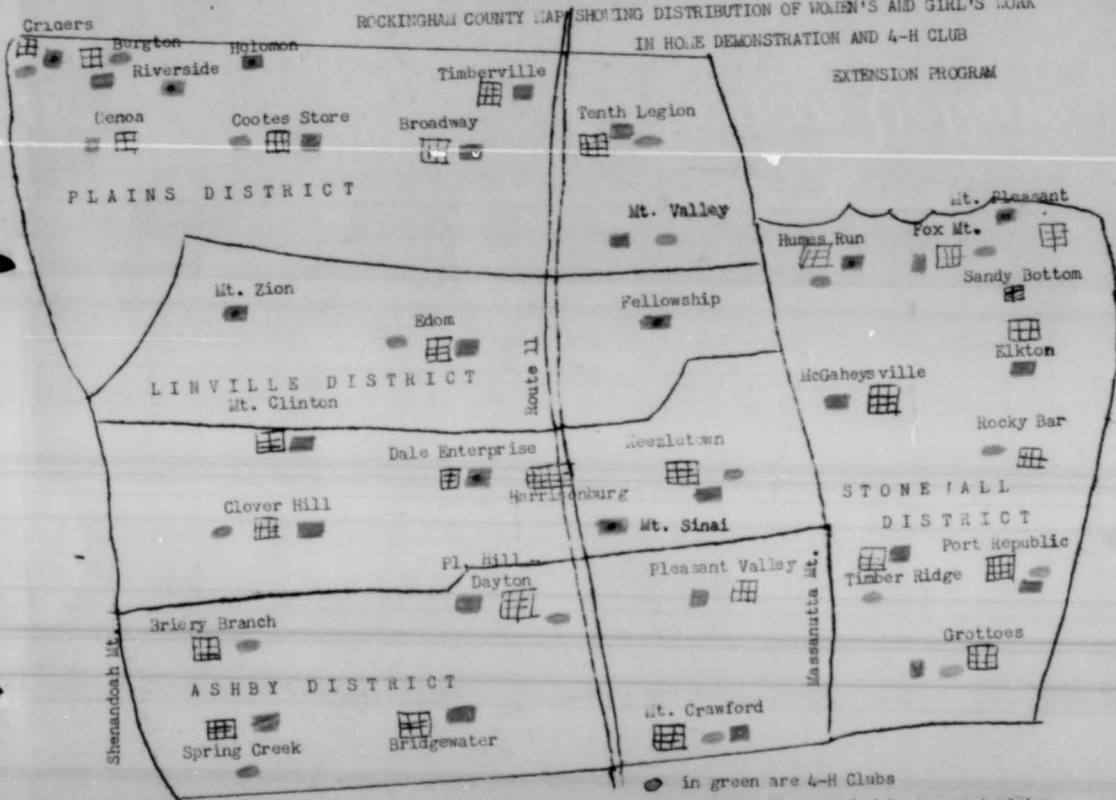
As we look ahead and plan the 1949 program we hope to continue the housing

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program and help other families that are interested to develop their plans. We cannot place too much emphasis on the fact that a well planned improvement must be done on paper first.

There are twenty-seven adult groups and eighteen 4-H groups that meet regularly each month. On the map which follows there are four areas (indicated by blue squares) which the agents feel should be reached more effectively in 1949.

ROCKINGHAM COUNTY MAP SHOWING DISTRIBUTION OF WOMEN'S AND GIRL'S WORK
IN HOME DEMONSTRATION AND 4-H CLUB
EXTENSION PROGRAM



■ in red are present H. D. Clubs
■ Clubs with a dot on the red have been organized less than five years.
● in green are 4-H Clubs

■ in blue - Not reached by present clubs but are areas to be reached in 1948 if possible.

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REPORT OF THE ROCKINGHAM COUNTY HOME DEMONSTRATION CURB MARKET
FOR THE 1948 ANNUAL REPORT

The Home Demonstration Curb Market has had a fairly satisfactory year in sales. The total sales for the year amounted to \$13,588.80, which covers from November 1, 1947 to November 1, 1948. There were ten regular sellers and two others that sold only a few times. Two new sellers were added during November and both seem to be securing new customers for the market.

During the year the market manager and committee have done a very good job advertising the products which the market sellers have for sale. Several paid advertisements were put in the local paper and a number of spot announcements were made on the radio.

Mrs. Luther Mitchell was the highest seller on the market for the year. Her sales amounted to \$2,416.23. Her best selling products are dressed chickens and decorated cookies.

Most of the sellers are using their profits from the market to buy new equipment, remodel their kitchens, pay off debts on their homes and to educate children.

On the whole the sellers find a real satisfaction in selling on the market. They like the contacts with the town homemakers.

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Eva Minix,
County Home Demonstration Agent
Rockingham County, Virginia.
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