

Virginia



AGRICULTURAL EXTENSION SERVICE

Annual Report

Home Demonstrations

1951

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Agent

Asst. Agent

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III. COUNTY SITUATION AND HOW IT AFFECTED THE 1961 PROGRAM

Nottoway County has a diversified type of agriculture with tobacco as the principal money crop. There is quite a trend toward dairying, which is probably second, with poultry and forest production as other sources of income for Nottoway County farmers.

A large portion of the income in the county comes from the various industries, the leading ones being the Norfolk & Western Railway Company and the fabric plants. The activation of Camp Pickett caused considerable change in the county as a whole. Many of the women have taken jobs in the camp, which means they have less time for participation in organizations such as the Home Demonstration Clubs. A drop in the number of active club members is due to the fact that more and more women are going to work where they can get high wages.

Many women in the county are doing volunteer work such as working at the U.S.O. or as Gray Ladies at the Camp Hospital.

Due to the influx of Army wives the housing facilities in the county are very crowded. Nearly every home which had a spare room has opened its doors to accommodate the camp personnel and their families. This over crowding of the small communities and higher wages have led to higher prices of food, clothing and rent.

In a means of reaching more people the home agent has a weekly column in 2 local papers, "The Blackstone Courier" and "The Grove Chronicle". There are also 2 radio stations in the county to which she has access.

IV. CONTRIBUTIONS OF THE 1961 PROGRAM TO BETTER FAMILY LIVING

It is evident that Home Demonstration work in Nottoway County during the year 1961 has contributed to better family living. The program was planned to contribute to better family living by developing more local leaders, improving health conditions, making the communities more attractive and teaching improved work methods in the home.

To collect the statistics that would give a picture of the home demonstration work in this county, an annual report blank was sent to each of the 284 club members. Of them, 72 were filled in and returned. The figures given in this report are based on these 72 reports.

Out of the 72 reporting, 60 indicated that they had improved the arrangement of kitchen equipment which would save

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time and energy, and release the housewife for other activities. Some of the things she is doing are, to help with farm work, volunteer U.S.C. and hospital work, supplement the family income, strengthen family life and other activities.

One striking result from the 1954 program is the growth of leadership by the volunteer leaders. In 1951, 148 women served as leaders and gave a total of 34 demonstrations and 118 talks or discussions. In 1950, 88 leaders gave 80 demonstrations and 32 talks or discussions. This growth of leadership on the part of the club members not only developed the leaders, but gave the agent more time for strengthening the county Extension program through home visits to non-club members and work with 4-H club projects and special interest groups.

This educational program has been carried to housewives and rural girls by the following methods:

1. County Organizations
2. Radio and Home Activities
3. Home and Office Visits
4. Bulletins and Exhibits
5. Special Interest Meetings
6. Public Demonstrations

V. HOME WORK

1. Project Work

1. Home Management

† In order to help the club members with their kitchen duties easier, two months were devoted to Home Management, one on "Arrangements of Kitchen Equipment" and one on "Kitchen Storage".

2. Objectives

The home management demonstrations were included in order to help the women plan and arrange the kitchen equipment and storage for small kitchens, thereby for more convenience and efficiency.

In connection with improving kitchens, running water installed in more homes was also to be encouraged.

3. Procedure

† In order to carry out the plans for the "Kitchen Storage and Arrangements" demonstrations, Miss Helen Alversen, Extension Home Management Specialist, trained

the agent and leaders to give these demonstrations. Due to weather conditions only three clubs were represented at this training meeting. The other leaders were trained by the agent.

One radio program was devoted to "Kitchen Arrangements" and several news articles relating to this subject were printed. Three hundred and twenty bulletins were distributed. Three news articles to stimulate interest in installing running water were printed.

Three result demonstrations on "Kitchen Improvement" were started. Miss Alverez visited these homes to make recommendations. In the Burkeville Methodist parsonage some remodeling was done by removing a partition, adding a storage closet, installing a new sink, and moving some of the large pieces of equipment. The storage cabinets that were planned have not been added yet.

In connection with this particular project it is interesting to note just how far the Economic Influence will spread. It has just been brought to the attention of the agent that when this minister was recently transferred to a charge in another county, the woman of the Circuit recommended that the parsonage kitchen be remodeled. The minister asked the woman to secure the help of the home demonstration agent in planning the improvements since he had had that help in this county. The home agent has made arrangements to secure the specialist help in planning the kitchen improvements.

Mrs. J. P. Fitzgerald remodeled her home, building an entire new kitchen. She followed many of the suggestions given by Miss Alverez and the home agent that would make for convenience and efficiency.

Mrs. Dick Forrester has Miss Alverez's suggestions for completing an unfinished room and making it into a kitchen. However, due to financial conditions she has not been able to start work on this as yet.

Result

The home agent gave 10 demonstrations on "Arrangement of Kitchen Equipment". Fourteen leaders gave 9 demonstrations on "Kitchen Storage" and the agent gave 6.

Out of the 72 women reporting, 60 indicated that they have made improvements in the arrangement of kitchen equipment by remodeling, adding storage space, or rearranging storage space already provided. A number of

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other women indicate plans for improving their kitchens as soon as they have labor and materials available. Due to the large number of people who have gone to Camp Pickens to work, labor is scarce and high. From these figures it would be safe to estimate that 80% of the women have made some improvement in their kitchens.

In addition to the 3 result demonstrations started this year, 2 others were continued. Mrs. Mylen Grandy completed the storage cabinets and installed a ham freezer. Mrs. Hovorn has completely remodeled her kitchen with new equipment and added storage cabinets.

No group tours to these demonstrations were conducted. However, these women reported that a total of 20 people had visited their kitchens to see the improvements made.

Sixty-two women reported that they already had fanning stoves in their homes. Ten families have installed fanning stoves in the kitchen and have installed complete bathrooms.

2. Foods & Nutrition

As more mothers work outside the home the time available for meal planning, shopping, and food preparation is curtailed. Since frozen foods are quick and easy to prepare and most homes have ham freezers or freezer space, ten months of the home demonstration program were devoted to freezing fruits and vegetables and fanning baked and processed foods.

2a. Objectives

To learn how to preserve fruits and vegetables more efficiently by the current way of freezing.

To supplement the food dollar by preserving home grown foods.

To save time in meal preparation by freezing baked and processed foods.

To teach that fruits and vegetables in the diet are very important for good nutrition, which is basic to good health.

10. Procedure

A leader training meeting on "Freezing Baked and Pre-cooked Foods" and "Freezing Fruits and Vegetables" was conducted by Miss Janet Cameron, Extension Food Specialist.

Eighteen leaders from nine of the ten clubs were present. Sixteen leader demonstrations and 4 agent demonstrations were given during these 2 months.

Approximately 500 bulletins on freezing fruits and vegetables and baked and pre-cooked foods were distributed to club members and many members reported passing this information on to non-club members.

Four radio programs were devoted to freezing and several news articles were printed.

11. Results

Seventy-two club members reported that they had a vegetable garden and 44 have either a home freezer or cooking space. They reported 2,342 quarts of vegetables frozen, 1,451 quarts fruits frozen, and 4,680 pounds of meat frozen this year. The total estimated amount saved by freezing these home grown products was \$1,676.92. It is estimated that at least 75% of the club members have vegetable gardens and either can or freeze surplus products.

Only 15 women reported that they were freezing baked or pre-cooked foods. This would indicate that the idea has not been "sold" to them that they can save time and energy by baking in quantity and freezing in family sized portions.

12. Home Furnishings

The month's demonstration was on the collection, care and use of lamps to furnish the maximum light. The demonstration was on materials for winter bouquets. A special interest activity on refinishing furniture was held in the Spring.

Objectives

To assist farm families in studying values of good lamps, to create judgment in buying and placing lamps for eye health, and for the comfort of the family.

To learn the correct method of refinishing furniture.

To bring beauty into the home in the winter by drying and using locally grown materials in winter bouquets.

Procedure

Ten demonstrations on "Materials for Winter Bouquets" were given by the home agent for the 10 clubs. One hundred and seventy-five leaflets were distributed.

Miss Ruth Jamison, Extension House Furnishing Specialist, conducted a leader training meeting on "Selection, Care and Use of Lamps" for home lighting. These clubs were represented by 16 leaders.

Two special interest meetings on furniture refinishing were conducted by the home agent. These two meetings, one of which was held in Blackstone, and one in Green, were attended by a total of 22 ladies who refinished 15 pieces of furniture.

Results

The 10 women who attended the demonstrations on "Winter Bouquets" displayed a great deal of interest in the dried materials. However, since the demonstration was scheduled for October, which is rather late for gathering most of the flowers for drying, the women have done very little actual drying. It is believed that their interest was stimulated enough to appreciate the dried arrangements and to plan to gather and dry flowers and weeds next year. They will be reminded to gather materials for drying at the proper time through news articles, radio talks and reminders in the Yearbook.

The 16 leaders who were trained for the demonstration on "Selection, Care and Use of Lamps" gave this demonstration for 9 clubs. The club not represented at the training meeting secured the R.W.A. Home Economist to give the demonstration for them. She had attended Miss Jamison's training meeting. The home agent gave this demonstration for one club which had organized since the training meeting.

This being the last demonstration in the home demonstration calendar year, the full results cannot be given at the present time. However, the leaders giving the demonstrations reported that interest in the subject was very high and they anticipate that at least 40% of those attending the meeting will at least rearrange their lamps in order to secure better lighting.

Two all-day special interest meetings on furniture refinishing were conducted by the home agent. The agent was trained for this work by attending a furniture refinishing clinic in Chesterfield County under the direction of the home agent in that county.

During these 2 work meetings 18 pieces of furniture were refinished by 22 women, 5 of whom were non-club members. As a result of the radio broadcasts and newspaper articles pertaining to furniture refinishing, approximately 35 requests for Extension Bulletin 185, "New Life For Your Furniture", have been filled. It was reported that 65 pieces of furniture were refinished in the county by the recommended method. Fifteen clinics were conducted, using instructions and methods taught in 1939.

4. Rural Arts

Two months of the home demonstration club program were devoted to making small articles from leather.

a. Objectives

To learn how to construct useful and beautiful articles from leather.

To stimulate the creative mind.

To develop pride in producing something beautiful with the hands.

To develop an appreciation for good workmanship, materials, and tools.

b. Procedure

Two home demonstration club meetings were devoted to leather work. The first of these, which was led by the agent, dealt with the introduction of the subject with discussion and display of the materials, patterns, tools, and finished products.

The second meeting which was conducted by the crafts leaders who were trained by the home agent, was an actual work meeting. Each club had an all-day meeting at which the club members made ballfolds, coin purses, card cases, cigarette cases, or key rings. The leaders gave the demonstration for 8 of the clubs, the home agent 1.

c. Results

As a result of the 20 meetings held in 8 months on leathercraft, a total of 180 leather articles were made by 109 women. The quality of workmanship was very good in most cases and the women were very proud of the fact that they had made such useful and beautiful articles at such a small cost compared to the price of ready made leather goods.

Three clubs had a third meeting on making the leather articles for those women who were not able to attend the regular meetings.

This crafts work came at a season of the year when the housewives are very busy with gardening, canning, and freezing, or helping with the farm work. Consequently, not so many were able to attend these meetings as were interested.

d. Clothing and Textiles

The use of plastic and how to sew them was the subject for one month's demonstration, and a house dress clinic was scheduled for early spring to fulfill the needs along with the clothing and textiles line.

e. Objectives

To learn how to sew and use plastic in the home.

To acquire a knowledge of the characteristics, durability, and limitations of this plastic material which is relatively new in quantity on the market.

To learn the basic principles of a good work dress.

To construct a house dress that will come up to the standards of a good work dress.

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D. Proceedings

The home demonstration club meeting was given by the agent on the various uses of plastics in the home and their care and how to care plastic materials.

The news articles and the radio treatment were given on plastics.

The Home Dress Clinic which was to have been a special interest feature was not held this year due to the illness of the agent at the time this project was scheduled. Then with the change of home agents in the county, the planning committee voted to defer this project until 1951.

E. Results

The home agent gave 8 demonstrations on the use of plastics in the home and how to care them. At the time of the club meetings the women seemed to be quite interested in knowing just how to handle the plastic and how to adjust the sewing machine in order to obtain the best results. However, the 72 reports received showed that only 29 plastic articles have been made.

B. OTHER ACTIVITIES

1. Federation Goal

For the first time the County Home Demonstration Planning Committee selected "Home and Community Beautification" as the Federation Goal for the home demonstration clubs to work on this year. The aim in selecting this goal was to make Nottingham County homes more attractive and to promote pride in the appearance of the community.

2. Plans

In order to realize this aim certain recommendations were made to each club by a committee composed of the County Goal Chairman and the Club Goal Chairmen. (1) Each club was to have 2-10 minutes of each club meeting to discuss some phase of the Federation Goal; (2) each club was to sponsor a community improvement project; (3) each club member was to make some improvement in the home grounds; (4) several clubs were to sponsor a mail box improvement contest or campaign; (5) several clubs planned to have bulb and seed exchanges.

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The home agent gave demonstrations at each of the 10 clubs on Home and Community Beautification at which time each club set up club goals that would enable them to carry out the recommendations made by the County Committee on the Federation Goals. Dr. Albert Beckme, Assistant Extension Horticulturist, trained the goal chairmen on topics for the monthly discussions.

A home grounds check sheet was given to each member, which was checked to find what each one needed to do to improve the looks and usefulness of the home grounds. They, with their husbands, were to plan when and how they could make these improvements.

The check sheets were used and 88 reported some improvements made in their home grounds such as, planting or transplanting shrubs, sodding lawns, improving or adding fencing, building outdoor fireplaces, making new driveways, providing parking area and planting trees and shrubs.

In listing the improvements made around the homes there were wide variations in the amount and type of work done by the individuals. Some had done a great deal of work that would mean long-term improvements. They had done clean up jobs and made necessary repairs but had not carried out any major improvements. It is estimated that more than 50% made improvements in their grounds.

Two radio broadcasts and several news articles were devoted to home grounds beautification. A total of 88 bulletins dealing with pruning, rose culture and lawn improvement, were distributed to those particularly interested in these subjects.

The Federation Goal Chairmen in each club prepared the 5-10 minute report or talk on some topic relating to home grounds improvement. The talks have dealt with rose culture, gardenia culture, pruning, care of hedges, lawn improvement, mail box improvement, and fern markets. The goal chairmen took part on the program at about 50% of the club meetings, which is far from fulfilling the recommendation made by the County Committee.

All of the clubs were interested in the mail box and fern entrance markers. Five of the clubs carried out an intensive campaign to get all homes in their communities to mark their fern entrances with an attractive mailbox clearly marked with the owners name. Two clubs, Fairview

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and Lone Pine, reported 100% of their club members put up either mailbox or farm name signs with many non-club members in the communities also doing the same. A total of 15 homemakers reported putting up farm signs and 31 have put their names on their mail boxes.

Each club sponsored a community improvement project. Four clubs elected to improve the grounds of the church in their community, 3 clubs planned to add shrubs to the plantings around the community buildings, and 3 clubs sponsored a campaign for farm entrance improvement. Each club did something toward these projects. The results of the farm entrance improvements were the most outstanding. The agent has heard many compliments on this work, particularly by people who travel about the county and grade roads. They find the signs helpful in locating people.

2. National Home Demonstration Week

As a part of the National Home Demonstration Week observance 30 Nottoway County club members attended District III Federation meeting in Pamunkey County along with members from 12 other counties. The theme of this meeting was "Family's Responsibility in Today's World".

Two news articles and a radio broadcast were used to publicize National Home Demonstration Week and to tell the accomplishments of Home Demonstration members in Nottoway County.

The first State Extension Agent in Virginia and in the United States and a native of Nottoway County, Miss Ella G. Agnew, was guest speaker for the "Spring Luncheon" of the Nottoway Home Demonstration Clubs on Friday, May 28th in Cross. Preceding the luncheon Miss Agnew was interviewed on the Extension radio broadcast by the Home Demonstration agent. The interview compared the Extension program of 1910, when it was first started, with today's program.

After the luncheon Mrs. Woodrow Davis, Chairman of the County Committee, introduced other guests of the Home Demonstration Clubs who were past Home Agents who had served in Nottoway County: Miss Mary Quimberry, Mrs. Catherine Caslow and Mrs. Eunice Hottley. Miss Helen Ricks, District Agent, introduced Miss Agnew, the speaker in the "Privileges and Opportunities for Women Through Active Home Demonstration Work".

Mrs. Helen Ricks recognized the charter members of the Tomato Club which was organized at Buskerville in 1910 by

Miss Agnes, Betty Hutchinson, President of the Agnes
Club, paid tribute to Miss Agnes for the opportunity
our members have today which is a result of her interest
in the rural boys and girls.

Seventy-five Home Demonstration club members attended
this countywide event, representing each of the 10 local
clubs.

3. County Objectives

a. Health Program

The Health Committee of the Board of Agriculture
planned to put on a special drive to get more people
to have chest X-rays. The drive, as such, was carried
out although publicity through press, radio and personal
contacts was given at the time the State X-ray machine
was in the county to try to encourage more people to
take advantage of the opportunity which was available at
a low cost.

The Health Committee sponsored an extensive fly control
campaign by setting aside the week of May 7 - 13 as Fly
Control Week for Hottoway County. Several news articles
and radio broadcasts helped to publicize this campaign
as well as posters, window displays of insecticides, letters
to Grocers, Butchers, Home Demonstration Clubs and other
organizations. The merchants cooperated by running ads of
the recommended insecticides in the local papers that week.
The S towns in the county cooperated by sponsoring clean up
campaigns. The county sanitation officer reported fewer
flies this year as compared to previous years.

The committee included in its goals plans to sponsor
some type of program that would encourage more school
children to become five-pointers. When the committee
found out the schools in the county placed little or no
emphasis on the Speer's health program, no specific plans
were made to reach this goal.

The Health Committee suggested that a lending closet
of new nursing equipment be worked up with the cooperation
of the County Health Department. A few pieces, such as
crutches, bed pans, and a hospital bed have been donated
but the lending closet is not complete at the present
time.

The county sanitation officer again on "Water Systems"
to 2 Grants in the county.

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7. Community Grounds Improvement

The Community Improvement Committee of the Board of Agriculture recommended to various organizations that the following County Improvements be made:

1. Establish a flag pole on the Court House grounds.
2. Fix a picnic area at some spots for the public.
3. Plant foundation plantings at the Court House.

The Southside Grange undertook the flag pole project but upon learning that there could be no one at the Court House who would be responsible for raising and lowering the flag each day, they decided to purchase an American flag and flag pole that could be used inside the Court Room. This was done and Mrs. W. B. Arnold of the Southside Grange, made the presentation to the Board of Supervisors.

The wayside picnic area project has not been undertaken by any organization as yet.

The Nettoway Home Demonstration Club planted a few shrubs on the Court House grounds and tried to get the Board of Supervisors to provide trash cans to be placed about the grounds. So far this has not been done.

8. Youth

The Youth Committee of the County Board of Agriculture set up the following objectives for 1934:

1. To recommend to the Grange Masters to discuss the possibility of organizing a local Juvenile Grange.
2. To organize a 4-H Home Club.
3. To submit a list of young people of each community to each Subordinate Grange and have them encouraged to become members.

The Home Club was organized in April with 16 members. A number of young people joined the Grange in their community. No work was done toward organizing a Juvenile Grange this year.

Other objectives set up by the County Home Demonstration Committee and the results of each are as follows:

1. Each club send representative to the Institute of Rural Affairs.

Five of the 30 clubs were represented by the 30 ladies to attend the Institute this year.

2. Each club be represented at all county and leader training meetings.

One club has not been represented at any county-wide meeting this year. An average of 80% of the clubs were represented at all county-wide meetings.

3. Cooperate with county-wide health meetings.

No county-wide health meetings were held.

4. Pay county and Federation dues by January 1st.

Each of the 30 clubs did this.

5. Work for more telephones.

At the present time the entire county is working hard to secure more telephones with the Granges and Ruritans taking the lead in this work. Each club has helped by advertising the plan that is being attempted in the county.

6. Reach more non members by each club member carrying information to 2 non-club members.

The 72 reporting reported that they had carried information to non-club members 461 times. This is an average of 6 non-club members reached by each club member.

7. Bring one non-club member to at least one special interest meeting.

Each club had an average of 9 visitors during the year. Five non-club members attended the furniture refinishing clinics.

8. Be represented at all county leader training and county committee meetings and give the

~~Conversations~~ in the absence of the agent.

All leaders who were trained gave the demonstration except in case of sickness.

2. Cooperate with the Harvest Festival in some special way.

The Harvest Festival which had been sponsored by the Southside Grange in the past was not held this year.

4. Institute of Rural Affairs

The 18th annual 3 day Institute of Rural Affairs was held at V.P.O. Blackburg, the first week in August. Attending this state wide meeting of rural people were 11 Nettoway County Home Demonstration Club members representing 5 of the local clubs. The theme of this meeting was "Today's Challenge to Rural Families" with special sessions on economics, youth and security for rural families.

5. Civil Defense

As a result of the influence of the civil defense lecture given at the annual Institute of Rural Affairs in August, the County Home Demonstration Committee recommended that each club secure a Civil Defense Information Kit and have discussions from it at the November club meetings. Seven of the clubs had a leader present some of the information at the monthly club meeting and in each case the club members decided to have civil defense discussions at several more meetings. Two clubs, cooperating with the Bellefonte Grange, sponsored an open meeting on Civil Defense. Fifty-five persons attended this meeting.

VI. 4-H CLUB WORK

A. Project Work

1. Clothing and Grooming

a. Objectives

To improve the general appearance of the club members by teaching the fundamentals of good personal grooming.

To teach the basic principles of construction.

To improve techniques and methods of construction and to set standards of workmanship.

To develop coordination in handling needle and thread and in operating a sewing machine.

To teach the girls to recognize and appreciate good workmanship.

b. Procedure

A total of 41 4-H girls were enrolled in the 4-H clothing project and 70% completed.

Thirteen members of the Southside 4-H Club enrolled in the "Looking Your Best" project which was the only group carrying this project. Four agent demonstrations, 1 leader demonstration, and one demonstration by a local beauty operator constituted the instruction given this project group.

Six of the girls enrolled completed this project. Each of these girls gave a demonstration at the club meeting on some phase of grooming and put up educational exhibits at the 4-H Achievement Program.

Twenty-three girls of the Agnew and Iron Bridge Clubs carried the "So You'd Like To Sew" project. Mrs. C. E. Skelton, Club Leader, was responsible for the instruction given the Iron Bridge members. The 5 girls she helped all completed their project work. Since the Agnew Club did not have an active project leader the agent gave the instruction to this group which met during the school day. An all-day project meeting was held in June for these girls in order to help them complete articles already started. They also made a set of fringed place mats and napkins. Ten girls came to this meeting. Nineteen records or 83% were completed and turned in to the agent.

Five girls of the Iron Bridge Club, under the leadership of Mrs. Paul Cassell, enrolled in and completed the "Make or Remake" project. These girls attended project meetings one afternoon each month at which time Mrs. Cassell helped them with their construction problems.

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c. Results

Of the 41 clothing projects carried in the county by 4 project groups under the direction of 3 local leaders and the agent, 75% were completed. Six girls made improvements in personal care and care and repair of clothing. A total of 30 garments were made, 9 remodeled, and 146 articles made.

The basic principles of construction were taught to the beginners as they made the simple one or two piece articles. Since most of these beginners had never handled needle, thread, and thimble before, they had to develop coordination through much practice in order to make a simple 1 piece article. They compared the finished articles to evaluate the workmanship.

For those who were in their second or third year of clothing work, the emphasis was on improving techniques, learning new methods and setting standards of workmanship.

2. Food and Nutrition

a. Objectives

To teach the basic patterns of food preparation.

To teach the importance of a well-balanced diet for every member of the family.

To stimulate the girls interest in assuming some of the responsibility of helping prepare the family meals.

To give the girls training and experience in how to give a good foods demonstration.

To set standards of work habits in the kitchen.

b. Procedure

A total of 43 girls from three clubs, Burkeville, Arnold and Trump, enrolled in the "Food For Pep" project with 2 project leaders assisting. Twenty-nine of these completed the project. Miss Janet Cameron, Extension Foods Specialist, trained these leaders in two demonstrations, "A Good Breakfast" and "Dish Washing". The agent trained one leader in "Meal Planning by Use of the Basis 7" and "Correct Table Service".

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In the summer each club had an all day meeting at which the club members prepared a whole meal and gave demonstrations.

One club, Southside, carried the "Food Preparation" project with the club leader, Mrs. W. B. Arnold, responsible for giving the instruction. She was trained by the agent in this project. Six of the 15 girls completed this project. Mrs. Arnold held 6 project meetings in her home at which time she gave project instruction and demonstrations and the girls also gave demonstrations.

Two girls carried the "Bread" project as an extra project. They had carried this project the year before so were able to improve their records by taking it ~~main~~. Foods entered in the 4-H Achievement Exhibits were judged and awarded ribbons.

C. Results

Of the 61 girls enrolled in foods projects 38 completed or 62%. A total of 18 girls gave 30 demonstrations. Thirty-one exhibits were made and products were judged at meetings 14 times.

Two girls with outstanding records in foods represented the county in the District Contest. Betty Culliton was awarded a red ribbon in the District Dairy Foods Contest, and Lois Norton was awarded a red ribbon in the District Food Preparation.

The leaders who assisted the girls in their foods work reported that besides acquiring more knowledge of meal planning and food preparation, the girls improved in techniques and methods of preparation and they learned the importance of maintaining good work habits when handling food. Each girl had experience in giving a Foods demonstration, many of which were very creditable considering their demonstration experiences prior to this project.

B. Other Activities

1. National 4-H Club Week

Plans for observing National 4-H Club Week were made by the County Council. To initiate the National 4-H Club Week observance a Booster Night program was held on March 2 in Crewe with all 4-H members, leaders, and

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friends invited to attend. The Southside 4-H Club served as host for the meeting and under the supervision of Mrs. W. B. Arnold, 4-H Club Leader, served a light meal to all attending. The program consisted of stunts and skits by each 4-H club and an Honor Club recognition ceremony.

In order to publicize the club work going on in the county, window displays and exhibits were put up in Burkeville, Crews and Blackstone. The two newspapers in the county carried special front page coverage of National 4-H Club Week with the pictures of the officers of the Nottoway County 4-H Council. Three special 4-H club radio programs were presented over W.S.V.S. in Crews and 2 programs were presented over W.K.L.V. in Blackstone. Thirty-seven club members took part in these broadcasts.

The Iron Bridge 4-H Club presented a program to the Iron Bridge Grange on March 6. The program consisted of a panel discussion of 4-H club work by 5 club members. The Bellefonte 4-H Club gave a program on 4-H club work to the Bellefonte Grange.

Each club in the county was to sponsor some money making activity during this week with the funds going to the 4-H Camp Farrar Building Fund. A total of \$200.00 was raised from such activities as a silver tea, game night, dance and selling lunch at the calf sale. On Saturday of National Club Week 4-H members sold 4-H clover leaves on the streets in Crews, Burkeville and Blackstone. Approximately \$135.00 was raised from this project for the Camp Fund.

2. Camps

Nottoway 4-H boys and girls were represented at 3 camps this summer. Twelve girls and 11 boys attended District Camp at Camp Farrar, Virginia Beach. Serving as leaders for the group were Mrs. W. H. Kirohmer and Mrs. Paul Cassell.

The program for this recreational camp adds much to the experiences of a 4-H club member. The situation is one that encourages the development of leadership, an appreciation of nature, a reverence for God, and respect for fellowmen.

The camp organization on the Colonial System is composed of a Governor, Camp Secretary, 4 Lt. Governors and 4 Lt. Secretaries for the 4 colonies, who are elected by the campers. The Governor, Leslie Beatty and 3 Lt.

Governors, Billy Dixon, Emily Norton and Frank Davis, were all 4-H members from Nottoway County.

Attending the State Conservation Camp were: Lois Norton, Betty Culliton, Lyndal Davis, Billy Fisher, Billy Coburn, Dickie Bristol, Billy Thompson and James Bradford. These girls and boys enjoyed a week of camp life centered about our natural resources, their uses and conservation.

There were 5 girls and 7 boys representing Nottoway 4-H members at the State 4-H Short Course held at V.P.I. the last week in June. Enjoying this week of fun, instruction, and fellowship were Ann Thomas, Ann Gracey, Anita Lou Clark, Peggy Davis, Betty Culliton, Irving Arnold, Carroll Hawkes, Dickie Bristol, Billy Fisher, Joe Longacre, Billy Thompson and Leslie Hasty.

Because of outstanding 4-H records of leadership and project work Anita Lou Clark and Irving Arnold were taken into the Virginia All-Star Chapter at the candle-lighting ceremony which climaxed the week activities.

Since the county has a quota of those who can attend these District and State camps, the basis of selecting the ones who will go is a means of strengthening the over-all county 4-H program. Records must be up-to-date, and the boy or girl must have a good record of attendance and interest in club work. The possibility to attend camp is an award for good club work.

Following each of these trips several of those attending appeared on radio broadcast to give the highlights of the event.

3. Rural Life Sunday

Rural Life Sunday was observed by all club members in Nottoway County at 8 different churches. Club members in Crewe and Burkesville attended the Crewe Baptist Church in a group. Members of the Ballantines Club attended service at the Wilson Methodist Church and members of Iron Bridge attended the Methodist Church in Blackstone. The sermons were related to rural life and rural youth.

4. Achievement Day

The annual 4-H Achievement Program, sponsored by the Southside Grange, was held September 29th and 30th at the Crewe Community Center. A total of 80 individuals and 10

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were made by the girl girls to show what they had accomplished in their project work. Mrs. Jennie Lewis, a homemaker and former Home Economics Teacher, judged the girls exhibits and 14 blue, 9 red and 10 white ribbons were awarded. A radio broadcast, originating at the scene of the exhibits, announced the winners of both the boys and girls exhibits. Approximately 250 people attended this 2 day achievement program.

5. County Picnic

The countywide 4-H picnic, which was held July 28th, is one of the events sponsored by the 4-H County Council. Ninety 4-H club members, leaders, and friends representing each of the 7 clubs, attended this annual picnic held at Crystal Lake. The group enjoyed an afternoon of swimming followed by a picnic supper which was prepared and served by the Iron Bridge 4-H Club, Chairman of the Supper Committee.

After the picnic supper the group went to the Iron Bridge Grange Hall where they enjoyed organized group games and folk dances. Bellefonte Club members, Chairman of the Recreation Committee, assisted by the farm and home agents, led the games.

6. Other 4-H Activities

During the year each club has had some special activities other than the regular club meetings and county-wide activities.

The Bucksville Club held a Bake Sale on Saturday in May to raise money for the club. In June 20 club members went on a swimming party at Goodwyn's Lake.

The 3 Crown Clubs, Arnold, Agnew and Trump, held a joint afternoon of games in the ball park, consisting of group games, soft ball, and songs under the supervision of the farm and home agent. Twenty boys and girls attended.

The Bellefonte Club had a supper party. The girls who were enrolled in the "Food Preparation" project prepared a supper for the boys and the boys entertained the girls with organized games and dancing. Mrs. J. W. Martin, Club Leader, with the help of 8 4-H parents, Mrs. Elmer Clay, Mrs. K. F. Slaughter and Mrs. Howard Jetterman, assisted the boys and girls with the 4-H party.

Thirty club members and friends enjoyed this event.

Seven members of the Bellefonte 4-H Club under the coaching of Mrs. J. W. Martin took part in a skit on the Basic 7 for a Grange program. Miss Davis Gibbs, Home-making Editor for the Southern Planter, was present at this meeting and invited the children to give this same skit on her television program from Richmond.

Seven members of the Bellefonte Club put on a Safety Skit for a country-wide Farm & Home Safety meeting in November. This skit was recorded and used over Stations W.G.V.S. and W.K.L.V.

The Southside Club gave a party for all former 4-H members during the Christmas holidays. The girls planned, prepared and served the meal which was followed with 2 hours of planned recreation. On Halloween they had a party for the club members and guests.

In August nine Southside 4-H members with Mrs. F. B. Arnold, Club Leader, made an educational trip to visit the Capitol and other points of historical interest in Richmond.

The Iron Bridge Club prepared and sold lunch at the Third Annual Fall Sale as a money making activity.

VII. OLDER YOUTH

No older youth work is done in this county.

VIII. SCOPE OF WORK

	1944	1949	1950	1951
No. H. D. Clubs or Groups	11	11	11	11
Membership	225	247	256	260
No. 4-H Clubs	4	4	5	7
Membership (Girls)	62	41	79	90
No. YMW Groups	0	1	0	0
Membership	0	43	0	0
No. of other families reached	180	220	500	
Total No. families reached	750	800	1156	

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FUNCTION OF ORGANIZATIONS

A. County Board of Agriculture

The Hottoway County Board of Agriculture which is composed of 9 committees is the agricultural planning group in the county. The 9 committees, Agronomy, Livestock, Dairy, Poultry, Forest and Wildlife, Community Improvement, Home Improvement, Youth and Health, met in the fall to report on accomplishments and to make recommendations for the next years work. From these recommendations a Plan of Work is incorporated and adopted by the Board of Agriculture.

B. County Home Demonstration Committee

The County Home Demonstration Committee is the planning body for all Home Demonstration Clubs in the county. This committee, which meets semi-annually, is composed of the president and program development chairman from each local club.

In the fall of 1960 the committee met to draw up the 1961 demonstration program, special interest activities and other special county-wide events.

The spring meeting was devoted to making plans for observing National Home Demonstration Week. The first half of the years program was evaluated and recommendations made for carrying out the rest of the year's work that had been planned in the fall.

In September the County Committee met to plan the 1962 program. Plans were made and a committee appointed to edit the 1962 Yearbook.

C. County 4-H Project Planning Committee

The 4-H Project Planning Committee, composed of one or 2 older girls and the adult leaders from each club, met in June to plan the girls project work that would start in the fall. Six of the 7 clubs were represented with a total attendance of 16. The projects they selected and planned month by month are: "Looking Your Best", "Meal Planning", and "Make or Remake".

D. County 4-H Council

The 4-H Council, composed of all officers of the 7 local clubs, meet quarterly to make plans for county-wide

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4-H activities. This year the Council held 3 business meetings and 1 recreation meeting.

In December the Council met to discuss National 4-H Week activities, county contests, and to elect officers. Officers elected were:

Carroll Hawkes - President
Billy Fisher - Vice-President
Anita Lou Clark - Secretary
Ann W. Thomas - Treasurer
Billy Coburn - Reporter
Lynn Doss & Ronald Rogers - Song Leaders

The April meeting was devoted to making plans for 4-H Summer activities such as camp and the county picnic. Reports were made on Rural Life Sunday and National 4-H Club Week activities. Twenty-four members were present representing 5 of the clubs.

The county picnic in July was the recreational meeting sponsored by the Council and open to all club members.

An all-day meeting was held in October at the Blackstone U.S.O. with 22 Council members representing each of the 7 clubs present. The purpose of this meeting was to draw up the county plan of work, elect Council officers, train the club officers in their duties, and to train the Council in recreation leadership. Miss Lucille Graves, Associate State Club Agent, spoke to the group on making a good program of work. After lunch she led the recreation training meeting. The Council members were trained to do the job of the office he holds in his local club. The Presidents and Vice-Presidents were trained by the home agent, Secretaries and Treasurers and Reporters by the farm agent and Song Leaders by Miss Graves.

The Council elected their 1952 officers who are as follows:

Ann W. Thomas - President
Billy Fisher - Vice-President
Peggy Doss - Secretary
Lynn Doss - Treasurer
Lottie Hearty - Reporter
Peggy Sutphin, Billy Coburn - Song Leaders

The 4-H Council is a very active organization and the members take the initiative in the planning with very few suggestions from the agents. The leaders and agents act in an advisory capacity at these meetings.

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4-H Honor Club

In March a recognition ceremony was conducted to recognize those club members who had met the requirements for membership in an Honor Club. The organization meeting was held in April at which time 7 girls and 11 boys took the Honor Club pledge. Mr. Sam Sanger, Assistant County Agent in Lunenburg County, spoke to the group on the activities of the Lunenburg Honor Club. Mr. W. A. Turner, Assistant State 4-H Club Agent, gave the members "A Challenge for Service Through a 4-H Honor Club".

The officers of the Hottoway County Honor Club are: President, Billy Thompson; Vice-President, Carroll Hawkes; Secretary-Treasurer, Anita Lou Clark; Reporter, Lynn Dewes; Song Leaders, Ann Thomas and Billy Fisher. The club voted to meet quarterly.

In July 4-H Honor Club members attended the meeting held in the home of the president, Billy Thompson in Crewe. At this meeting the Honor Club drew up their plan of work for 1952 which included the following goals: (1) to serve as Junior Leaders for the local clubs; (2) to be responsible for the recreational program at each local club meeting, (3) to assist with publicity of the county 4-H activities, (4) to assist with Achievement Day. Committees were appointed to work out plans for carrying out these goals.

The October meeting, which was held in Blackstone, consisted of action on the committee reports. In order to carry out recommendations of the Recreation Committee, Honor Club members were appointed to plan and conduct recreation at each meeting of their local club. The Publicity Committee recommended a radio broadcast after each Honor Club activity. Following this meeting Honor Club members appeared on radio broadcasts over stations W.S.L.V. in Blackstone and W.S.V.S. in Crewe. The Junior Leadership Committee recommended that the farm and home agents select the Junior Leaders on the basis of project records, attendance record, interest in club work and leadership ability. The selections have been made on this basis so that each club has 1 boy and 1 girl serving as Junior Leaders.

The Honor Club has the potentialities for becoming a strong and influential organization for furthering club work in the county. With such a young organization it is difficult to measure its influence with other club members.

LEADERSHIP

A. Contributions of Volunteer Leaders

1. Organizational Leaders

The 30 home demonstration organizational leaders have been responsible for conducting the business part of a total of 309 regular club meetings. The president or vice-president who attends the County Committee meetings carries back to the club the information on county-wide activities and the various recommendations of activities for each club to carry out. In October each club had a talk on the need for Civil Defense preparation in the rural and urban communities, which was prepared or arranged for by one of the club officers.

2. Program Development Leaders

The program development leaders are selected to lead in developing a program of work based on the needs and interests of the community and county. These leaders, working through their clubs and with the County Committee, are the ones who bring the viewpoints of the club members together and set up the county program. It is their duty to take the county program to their club for necessary adjustments and adoption. The program development leaders work in a continuous job which she carries out through club discussions, talking with individuals, home visits and keen observation throughout the year.

These leaders were trained in their duties by Miss Mary Moorman, Home Demonstration Agent-At-Large, with the assistance of the home agent. Four of the 10 leaders attended this meeting. The other 6 were trained individually by the agent.

The evaluation of the program planning meeting, which is the most important county-wide meeting in which these leaders participate, showed that good club discussions had been held in 4 clubs. All clubs have had some discussion. Five program development leaders and 6 club presidents represented 7 clubs at this planning meeting and all took part in the discussion with constructive suggestions.

3. Subject Matter Leaders

a. Adult

The work of the subject matter leaders in the home demonstration clubs has been outstanding this year in the

Continuation of the home agent. Each club had 1 Federation
Goal Chairman, 2 house furnishings leaders, 2 craft
leaders, 2 foods leaders and 2 home management leaders.
A total of 88 leaders gave or assisted with 65 demonstrations.

The project leaders were trained for their demonstrations
either by the subject matter specialist or by the home
agent. Six training meetings were held for a total
attendance of 75 leaders.

Home Club

The club leaders have been of great help in putting over
an effective project program. Without them the work would
have been of very little benefit to the girls. Seven women
served this year as active 4-H project leaders and 4 teachers
served as club sponsors. The sponsors made arrangements for
the club meetings in the schools and reminded the club
members of the date of the meetings. The project leaders
gave a total of 32 demonstrations. Four training meetings
were held by the subject matter specialist or agent to
instruct the leaders in the particular project with which
she worked.

The leaders helped the girls, not only with methods and
techniques, but also with keeping records and giving
demonstrations. They assisted with the various county-wide
activities and special club activities.

They assisted in the project planning meetings in the
club and on the county level.

B. Growth of Leadership by Project Leaders

Growth of Home Club Project Leadership: 1948, 1949, 1950, 1951

No. project leaders and goal chairman	78	88	88	108
No. training meetings held				
By Specialist	3	5	3	5
By Agent	4	6	3	6
Attendance at all training meetings	43	123	99	96
No. club meetings held by leaders				
without agent present	56	20	30	28
additional club meetings at which leaders assisted	30	36	36	40

Growth of 4-H Club Project Leadership, 1948, 1949, 1950, 1951

No. adult project leaders	4	6	11	7
No. junior project leaders	2	5	6	6
No. training meetings held	0	2	1	2
By Specialized Agents	2	8	6	4
By Agents				
Attendance at leader training meeting	25	26	27	
No. 4-H leaders trained individually	17	5	5	
No. club meetings held by leaders without agent present	0	8	15	20
No. of additional club meetings at which leaders assisted	10	15	16	28
No. demonstrations given by leaders	6	19	18	46
By Adult	6	11	10	32
By Junior	0	8	8	14

The number of adult 4-H project leaders is lower this year because even though there are still 13 women working with the club, 6 of these do no project work. Based on the definitions of project leaders and club sponsors, there are 7 project leaders and 4 club sponsors for 4-H clubs in this county.

Activities and Accomplishments of An Outstanding Leader

There are several leaders in Nottoway County whose work with the home demonstration and/or 4-H programs has been outstanding.

Mrs. W. H. Kirschmier of Burkeville is typical of an outstanding leader. Because of her interest in flowers and shrubs she was appointed County Chairman of the Federation Goal which is "Home and Community Beautification". She also served as the Federation Chairman for her club, Fairview.

Each month she prepared and gave an interesting 10 minute demonstration or discussion on some phase of home beautification. It was through her interest and encouragement that the home demonstration clubs in the county worked toward mailbox and farm entrance improvements, and her club was one of the few which had 100% of its club members put up mailbox and farm entrance markers. Mrs. Kirschmier was called on to

to other clubs on various gardening topics. She helped the agent gather and dry material for the demonstration on "Winter Bouquets".

At the planning meeting for the 1952 home demonstration program the "Home and Community Beautification" goal was selected for another years work and Mrs. Kirohmier was asked to serve again as County Chairman. Already she has worked out a list of suggested topics for each months 10 minute discussion which will be led by the goal chairman. For each topic she has compiled information that will help the club goal chairman put on a more interesting and informative program.

Her interest and enthusiasm for home demonstration work is partly responsible for the organization of a new Home Demonstration Club in the Burkeville community. She attended the organizational meeting to tell the prospective club members that belonging to a home demonstration club has a lot to help.

Her influence does not stop with the Home Demonstration Clubs. She served as leader for the 18 girls of the Burkeville 4-H Club this year which was her first experience with 4-H work. With the help of the agent and because of her interest in young people it did not take her too long to become oriented to the 4-H program.

She gave 3 demonstrations on the "Food For Peep" project, helped collect records, and assisted the club members in setting up their exhibit at the Achievement Day. She attended District 4-H Camp and helped with the camp handicraft program. Her interest in and understanding of club work has broadened since she attended camp. She has been a great deal of help in arranging with the parents transportation for the club members to attend the various county-wide 4-H events.

Since she has had one years experience with 4-H she expects to be of more help with the 1952 program which has already begun. She has given one demonstration on laundering sweaters which is a part of the "Looking Your Best" project all the girls are taking. After attending a leader training meeting on "Food Preparation" given by Miss Cameron, Extension Food Specialist, she has interested 12 girls in attending project meetings held at her home one Saturday each month.

Mrs. Kirohmier is not a dominating leader but it seems to be her quiet manner, interest and enthusiasm that makes people have confidence in her opinion and be willing to follow her suggestions. It is hard to measure just how far her influence has spread but it is safe to conclude that the interest in 4-H and Home Demonstration work in that community is partly a result of her work.

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22. COOPERATION WITH OTHER AGENCIES

The County Health Department assisted with the work of the Board of Agriculture Health Committee. The county nurse and sanitation officer who were members of this committee advised the committee on conducting a fly-control campaign and assisted in the publicity of the control measures.

As a means of reaching people the Extension Agents have the full cooperation of 2 local radio stations and 2 local newspapers. The home agent has a regular weekly column in the Blackstone "Courier Record" and the Crews "Chronicle". Four fifths of the homes in the county are reached by one or the other of these papers. The agent has a 15 minute radio program every other week over W.S.V.S. in Crews. The radio station estimates that approximately 4/5ths of the rural population in Nottoway County listens to this Extension broadcast. Several times the home agent has been on the county agent's regular weekly broadcast over W.K.L.V. in Blackstone.

23. EVALUATION OF THE YEAR'S WORK

The 1951 home demonstration program contributed to better homemaking and better rural living through radio demonstrations, radio and news articles, bulletins, personal contact by the agent, and information passed to non-club members. The home management phase of the program helped approximately 50% of the club members to improve their kitchen arrangement for convenience and efficiency. It is expected that others will benefit from this program in the next year or two. The home and community beautification work encouraged 50% of the club members to make some improvements around their home grounds. Two clubs reported that 100% of their club members put up either mail box markers or farm entrance signs. This not only improved the owners property, but helped to beautify the community.

One outstanding feature of the 1951 program has been the growth of leadership on the part of the club members. Not only did this participation as leaders help to develop the women, but it left the agent free to do other Extension work. This year 148 women have served as leaders and have given a total of 54 demonstrations and 136 talks or discussions.

The growth of club work is in the fact that enough interest was shown to justify the organization of a 4-H Honor Club. This Honor Club which has been functioning for only 7 months, has the potentialities for being a strong and influential organization.

The ~~the~~ County Council is very successful in planning and carrying out county wide ~~the~~ activities. The Council members are trained in the duties of officers which has improved the ~~parliamentary~~ procedure used in the local clubs.

The project work of the girls completing is very satisfactory and shows growth in knowledge and development of ability. The project leaders have been valuable in carrying out a successful project program. More emphasis needs to be placed on record keeping as only 66% turned in records.

The program in general has helped both the youth and adults in the county by improving methods of homemaking, developing leadership and furnishing various educational and recreational programs.

It is hard to measure accurately the significance of the years work since it is just a link in the chain of education for rural people to encourage better family living. However, it is felt that the ~~the~~ link is a strong link since it has been carried by many leaders to more people.