

JENNIFER SPARKS

33 Camellia Court • Newtown, PA 18940 • (215) 504-4162

EDUCATION

Virginia Tech, Blacksburg, VA

Doctor of Philosophy in Marriage and Family Therapy, September, 1998 to December, 2002

Honors: Grade Point Average 3.83

The College of William and Mary, Williamsburg, VA

Master of Education in Addiction and Family Therapy, May, 1996

Honors: Grade Point Average 3.90

Scholarship and stipend for academic research and community service

Boston College, Chestnut Hill, MA

Bachelor of Arts in Philosophy (*cum laude*), emphasis in Studio Art, December, 1990

Honors: Grade Point Average 3.46; Class Rank 243/1352

Member, The Golden Key National Honor Society

SUPERVISION AND TEACHING EXPERIENCE

Adjunct Faculty, The College of New Jersey, Ewing, NJ

-Teaching master level students: Treating Trauma, Family Development and Practicum.
1/02- present

Clinical Supervisor, The College of New Jersey, Ewing, NJ

9/99-present

Clinical Supervisor, The Family Therapy Center, Virginia Tech, Blacksburg, VA

- *Peer supervision group*

6/99-12/00

- *Individual supervisor*

1/01-6/01

Clinical Supervisor, The Women's Resource Center, Lawrence, MA

-Provided clinical supervision for agency and program counselors

1/97-6/98

Teaching Assistant, The College of William and Mary, Williamsburg, VA

-Assisted professors in teaching classes

1/95-6/96

CLINICAL EXPERIENCE

Therapist, The Virginia Tech Family Therapy Center

-Provided therapy for families, couples, and individuals

1/99-6/01

Initiatives, Program Coordinator and Clinician, Women's Resource Center: Domestic Violence and Rape Crisis Services, Lawrence, MA

-Provided family, individual and group therapy to children and teens, ages 3-17

-Provided couples and individual therapy, as well as support groups, to parents and guardians

-Active member for several community and state coalitions: Merrimack Valley Behavioral Health Care Alliance; Success By 6; Rape Awareness, Prevention and Education Committee; and VOCA (Victims of Crime Act) Child Sexual Assault Coalition

1/97-6/98

Team Member, Family Connection, Haverhill, MA

- Provided treatment planning through wrap-around services for families in Merrimack Valley
 - Participated in on-going development and fund-raising activities
- 4/97-6/98

Graduate Assistant, Project Taproot (Center for Counseling and Research in Addiction and Spirituality), The College of William and Mary, Williamsburg, VA

- Aided professors and faculty in research and development
 - Provided assistance with teaching
- 8/94-5/96

Family Counselor (Intern), New Horizons Family Counseling Center, Williamsburg, VA

- Provided Therapy for Families, Couples and Children
 - Advocated for child and/or parents within the courts and school systems
- 8/95-5/96

Drug and Alcohol Counselor (Intern), Taproot Addiction Clinic, Williamsburg, VA

- Facilitate individual, group and family therapy
 - Responsible for drug and alcohol assessment, referral, education and aftercare planning
- 6/96-12/95

Volunteer, Residence Life Speaker Circuit, The College of William and Mary, Williamsburg, VA

- Developed and implemented educational lectures for resident assistants and students
 - Provided a practical approach to dealing with addictive behaviors
- 1/95-5/96

Addiction Counselor, The Meadows, Wickenburg, AZ

- *Eating Disorder Counselor*
 - Provided individual and group counseling through a five day workshop
 - Developed and delivered community lectures
 - *Float counselor*
 - Fulfilled duties of full-time, group clinician on as needed basis
 - Received experience working with drug and alcohol addiction, sexual offenders and victims, emerging childhood trauma, dependent personalities and eating disorders.
- 2/92-2/94

SPECIALTY TRAINING

- *EMDR (Eye Movement Desensitization and Reprocessing):* Level I, July, 2001

RESEARCH AND PROGRAM DEVELOPMENT

- *The use of EMDR as a therapeutic tool for couples, 1/00-6/01*
 - A collaborative research project investigating EMDR (Eye Movement Desensitization and Reprocessing) to enhance intimacy between couples
- *Initiatives: Child Sexual Assault Program, 1/97-6/98*
 - Developed and implemented programming and outreach for a child sexual assault program
 - Responsible for ongoing program funding through grants
- *Addiction and Spirituality Research, 8/95-5/96*
 - Researched addiction as an immature search for spirituality
- *Prison AOD Dependency Program, 8/96-12/96*
 - Participated in the development of a five week, alcohol and drug dependency and education group for a Virginia men's prison

- *Safety Town: Pilot Project, 7/95*
-Co-managed and educated a group of twenty preschoolers in home and community safety and prevention
- *SAP Project, 9/94-5/95*
-Interviewed the program directors of all Virginia's Student Assistant Programs, assessing for effectiveness in an effort to continue government funding
- *Eating Wellness Program for The Meadows Treatment Center, 9/92-1/93*
-Co-created and implemented a six week, in-patient, eating disorder program, including a week long in- and outpatient intensive workshop

CONFERENCE AND TRAINING PRESENTATIONS

- *"Eye Movement Relationship Enhancement Therapy"*
AAMFT Annual Conference, Nashville, TN, 11/01
- *"Assessment Through Collaboration: Working With Families, Couples & Individuals"*
Virginia Counseling Association, Roanoke, VA, 11/00
- *"Incest," "Child Sexual Assault," and "Addiction"*
Rape Crisis Counseling Certification for the Commonwealth of Massachusetts, Lawrence, MA, 5/97-6/98
- *"Return to Self: Healing the Heart of Relationship Addiction"*
Project Taproot National Conference, Williamsburg, VA, 3/96
- *"A Guide to 12-Step Groups "*
Virginia Counseling Association, Norfolk, VA, 12/95
- *"Eating Disorders: A Practical Approach "*
William and Mary Residence Life Conference, Williamsburg, VA, 9/96

PUBLICATIONS

Protinsky, H., Sparks, J., & Flemke, K. (2001). Using eye movement desensitization and reprocessing to enhance couples treatment. *Journal of Marital and Family Therapy*, 27, 157-164.

Protinsky, H., Sparks, J., & Flemke, K. (2001). Eye Movement Desensitization and Reprocessing: Innovative clinical applications. *Journal of Contemporary Psychotherapy*, 31, 125-135.

Protinsky, H., Flemke, K. & Sparks, J. (2001). EMDR and emotionally oriented couples therapy. *Contemporary Family Therapy*, 23, 153-168.