

VIRGINIA

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REPORT FILES
 OFFICE COOPERATIVE
 EXTENSION WORK

Virginia

Report of

Home Demonstration Work

in

James City County

December 1st, 1933--November 30th, 1934

—
Mabel Massey

County Home Demonstration Agent.

Williamburg

HOME DEM AGENT ANNUAL REPORT

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The James City County Board of Supervisors has supported county home demonstration work continuously since February 24th, 1914. The home agent makes a quarterly report to the said Board and talks over with them, officially, any problems that may have arisen. As there are but three districts in the county, hence but three members of the Board, it is not very difficult to keep them in touch with the work. The families of all three members are represented in the organizations under the guidance of the agent.

The James City County Advisory Board, known as the James City Council of Women's Clubs, is composed of two members representing each of the women's clubs in the county and in the city of Williamsburg. This group deals with problems that are of interest to both county and town. Two regular meetings are held each year, and special meetings upon the call of the chairman. Three times this year the council has met to consider the advisability of asking the Board of Supervisors to apply for emergency relief funds for use in the county. A committee, composed of the chairman of the County Council of Women's Clubs, the Clerk of Court, and home agent, visited the state relief office and also spent two days in adjacent counties

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studying the relief problems. They were glad to report to the Council that, in their opinion, James City could continue to carry its own burdens. As we are living in a general farming section where most of the families have, for years, "lived-at-home", our relief problem has not been as great as in many sections.

The list of those paying capitation tax in James City shows a representation from 282 white homes. Allowing for a few wanderers that are not found on any record, there are not 350 white families in the county. Eighty-two percent of this estimated number of homes is represented in the county home demonstration and 4-H Clubs. In this small number there are several marked groups: (a) native Virginians (privileged and under-privileged), (b) natives who have moved in within the last twenty-five years from the north-west, (c) those of Scandinavian descent from the north-west, (d) a group of people from the north, who have retired and come to make their homes in a mild climate. As programs must be built to meet the varying tasks and necessities of these groups, the County Council could only advise that the major program for the home demonstration clubs be foods, and leave the development of the program to the needs of each group.

The 4-H Club leaders, all former 4-H Club girls, compose the 4-H Club Council. There are eight members and the group meets every other month. It was decided that foods would be the major project for the 4-H Clubs this year, preparation being the main interest for nine months and preservation during the summer. Each summer the girls have had some groups that carried as a minor a food preservation project, but food has not been carried as a major project for five years.

In January the club enrollment of the county was taken to the office of the Division Superintendent of Schools and checked with the school census. As a result of this comparison, followed by a conference with the Division Superintendent, seven names of possible club members were obtained, so the enrollment of the clubs, 78, covers practically every available club member in the county.

Every effort has been made to tie up the home demonstration clubs and 4-H Clubs with other organizations of the county and town. The County Council of Women's Clubs represents all the women's clubs, the home demonstration clubs have representatives on the King's Daughters (the associated charities of the town) and the King's Daughters are represented on the County Welfare Board, as are all the home demonstration clubs. The women's clubs had two joint meetings last year, one in the county and one in the

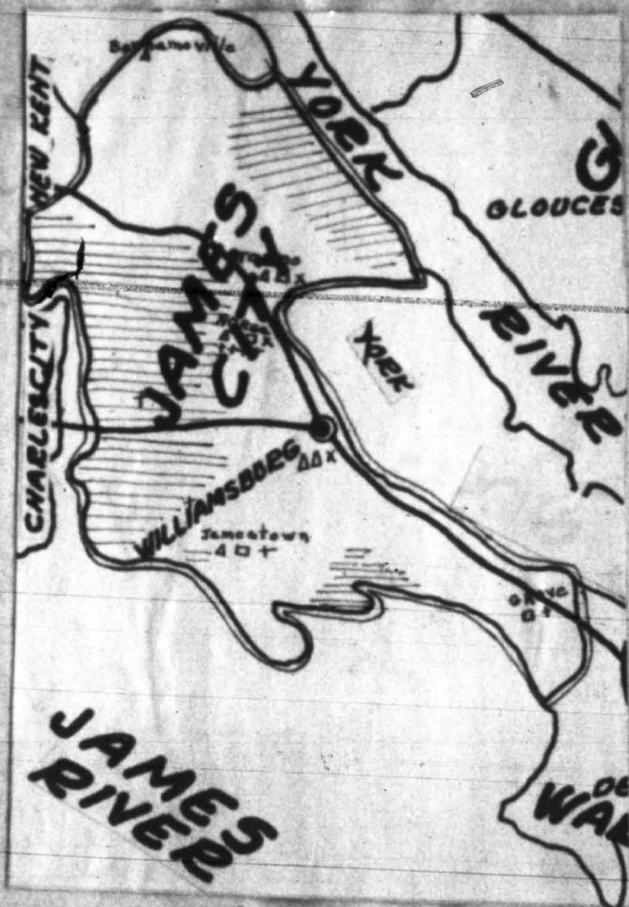
town . Upon the invitation of the 4-H Clubs the Girl Scouts of Williamsburg joined them in a tour to the Mariners' Museum. The rector of Bruton Church extended an invitation to all the Club women and 4-H girls in the town and county to a special service in the nationally known colonial church, and the excellent attendance showed clearly the mutual interests of all the organizations of the county and town.

From the attached map it will be seen that James City is a very small county, of 164 square miles, lying between the James, York, and Chickahomony rivers, with but a 45 per cent white population. The section adjacent to the Chickahomony river is low and swampy, a paradise for hunters and trappers, but with a few permanent residents. As shown on the map, the work with the women and girls covers the white sections of the county fairly evenly.

The enrollment for the past three years is as follows:

Year:	WOMEN		GIRLS	
	No. clubs	No. members	No. clubs	No. members
1952:	8	515	5	74
1953:	6*	160	5	75
1954:	7	202	4	78

* Poultry association and Grange work taken over by new farm agent in fall, 1952.



LEGEND

Home Demonstration Clubs Δ
 4-H Clubs \square
 Project Groups +
 County wide Groups X
 Swamps and Cutover \blacksquare
 Area, 164 sq. mi.
 Population, Homes,
 white, 49% 365 (Est.)
 Colored, 51%

<u>Community</u>	<u>Name of Organization</u>	<u>Membership</u>	<u>No. Meetings</u>
<u>Jamestown</u>	: Jamestown Women's Club	: 29	: 12
	: Jamestown 4-H Club	: 30	: 12
	: Project Groups (3)		: 36
<u>Toano Women's</u>	: Toano Women's Club	: 50	: 12
	: Toano 4-H Club	: 5	: 24
	: Welfare Board	: 24	: 9
<u>Norge</u>	: Norge Community Club	: 48	: 12
	: Norge 4-H Club	: 28	: 12
	: Projects Groups (3)		: 96
	: James City Grange	: 24	: 12
<u>Barhamsville</u>	: Barhamsville Home Demon- stration Club	: 21	: 12
<u>Williamsburg</u>	: Scotch Broom Club	: 18	: 12
	: Homemakers' Club	: 16	: 16
	: County Council of Women's Clubs	: 10	: 2
<u>Grove</u>	: Grove 4-H Club	: 15	: 24
	: Project group (1)		: 24

In a county in which home demonstration work has been organized for twenty years, the majority of the younger members of the home demonstration clubs are former 4-H Club girls and the older members have worked on the regular home economics programs for so many years that the keen interest in a food major was not evident when the recommendation of the County Council was taken back to the clubs. It was not that they did not feel that foods were important and that there were many new things for them to learn, but they had gone over the ground a number of times, and wished a new point of view. In order to do this we drew up travel programs in many of the clubs. The membership was divided into groups, each group selected a country about which they wished to study, and when their turn came they offered a program covering the general conditions in that country today, home life and food habits and its position in the family of nations. They demonstrated a dish indigenous to the country, which was served for refreshments. The attached program of the Scotch Broom Club illustrates this method of developing the program.

Regardless of what the major project may be, all clubs include in their program house furnishings, and the beautification of home grounds. Slowly, but surely, the kitchen-living room and the untidy premises are passing away. There are few homes without comfortably heated living room for winter and a screened porch for summer use. A wood pile no longer has as

a rival for the attention of the visitor a collection of farm machinery; both are under cover. The Jamestown Club devoted their entire program to the cultivation of flowers and the beautification of home grounds. This club has had a plant exchange each spring for the past five years, as has the Norge community Club. These plant exchanges, where the plants the members do not need in their own gardens are all placed together on a long table, and any one takes anything they may happen to want, have materially increased the interest in securing a variety of plants and flowers.

A member of the Jamestown club worked out a demonstration of a hot bed, using a shoe box, some cellophane, and paper. With these materials she made a cold frame, from which no one could fail to get the idea and wish to have one for propagating plants for their garden. Acting on a suggestion from our garden specialist, a church in the county has changed its entrance drive, and materially helped with the parking of automobiles, doing away with the necessity of parking some of the cars along the highway, much to the relief of the congregation and the passing public. Since the restoration of Williamsburg, fences are again the order of the day, and many small door yard gardens have been begun. With their bright annuals and perennials these gardens are adding much to the beauty of the country homes.

At a meeting of agents it was suggested that a goal

of sixty cans per member of the family be set for this year, for a 11 club women. The questionnaire sent to the club women of the county showed their canning activities per person in 1933 as follows:

8 qt. tomatoes
12 qt. other vegetables
4 qt. meat
8 qt. preserves
8 qt. pickles
18 qt. fruit

Total: 56

The county had already practically reached this goal. Another in the county told me she was very glad to learn, from her daughter's 4-H work, other ways of using canned goods than "just heating".

Three additional families have added cheese making to their home foods work, and are much pleased with the results. These three women have made thirty pounds of cheese for their family use. Two families that have always cured their own meat this year added corned beef and canned meat to their menu. A small heifer gave them approximately 100 pounds of corned meat and 85 jars of canned goods, each. A home demonstration club member who had practical experience showed them how to corn the meat, with most excellent results. At the spring home demonstration club meetings canning budgets were made out and fully discussed. These budgets could not be followed, however, because the excessive rains ruined the vegetable gardens. Everyone canned all the fruits and vege-

tales they could get, but none were able to can a sufficient quantity to fill their budgets.

The president of one of the home demonstration clubs was wearing a new suit this fall. When some one accused her of extravagance in the purchase of a new suit, she took much pleasure in showing us how she had managed to get a suit for herself out of her husband's out-grown suit. He was large and she was small, so she made the skirt of her suit from the pants of his suit.

An exhibit of house furnishings made from bags, at a meeting of the Norge Community Club, attracted much attention. Luncheon sets, curtains, bed spreads, and last but not least, hooked rugs, gave everyone many ideas for future development. One hooked rug beautifully developed in yellow and orange, with a touch of green and blue, in an original design, brought forth many interesting questions in the development of this art.

A sewing machine adjustment demonstration resulted, in the Norge community, in many women enjoying once more running a sewing machine that was in order. A regular repair man for sewing machine sales office demonstrated before the Norge Community Club the minor adjustments that every woman is supposed to be able to make for herself, but often does not make from lack of knowledge. During the demonstration

he put four machines in order and showed many how to adjust their own. As a result, 22 machines in the county are doing better work.

The question of securing desirable reading matter is a grave one when there is little money to spend. The Norge Community Club has solved this problem by borrowing travelling libraries from the State Library Commission. These libraries are taken to the home of a club member in the village, and the care of the books is that member's contribution to the club community work. She has an invalid father, so can not leave home, but through the care of these books she is making a definite contribution to the life of the community. The books are loaned to any one who cares to read them, and have been thoroughly enjoyed by young and old alike.

Five of the clubs in the county have community halls or club rooms which are at the disposal of any organization at any time. The care of the kitchen in the community halls is an ever present problem, as many cooks and many cleaners always result in confusion. The Norge Club has solved the problem by having a 4-H Club girl clean the hall and kitchen each time it is used, for which she is paid. After each meeting this girl washes the dishes and cleans the kitchen, so that it is always in good order, with everything in place when needed.

A few dollars spent in linoleum for the working surfaces has helped a great deal in making this kitchen attractive, and sanitary.

As a result of the demonstration on repairing upholstered furniture, one of the Barhamville Club members has a very comfortable living room again. By resetting the springs

and renewing the upholstery on a davenport and two chairs she has changed the entire room. Another member of this club upholstered an old winged chair that had been in ^{the} discard for many years, much to her own and her family's satisfaction.

A member of this club made very pretty hooked rugs. When asked to show the club how to do the work, she declared it would be impossible for ^{her} to demonstrate, but when she finally gave the demonstration she was much pleased with the results. There are now ten rugs in use in the homes of members of this club which would still be cast off garments, but for her demonstration.

This has been a most discouraging year for the gardener.

Heavy rainfall ruined the gardens, lawns could not be mowed or flowers cared for as they should have been. In the vegetable gardens, the rank growth of vines yielded very little food; tomatoes were a complete failure, many families not having enough for their daily needs. The result is that ^{there} is less canned goods on the pantry shelves than has been the case for

many years. Fortunately, in this section, winter gardens supply many vegetables through the winter, so the resulting malnutrition will not be great, though the variety of vegetables will be limited.

The special contribution that most of the clubs have made to their communities is the care and upkeep of community houses. These halls are constantly used by any organization that cares to do so. The Toano Women's Club has put in a furnace and keep up the payment of the debt on the hall, with a small reduction on the principal. The Norge Club has put a new roof on their hall and new linoleum in the kitchen. The Barhansville Club has made a substantial payment on the indebtedness of their community house. Funds were raised at Jamestown to put the stage in the auditorium in good order, with the necessary curtains, screens, etc. The care of these community houses is a large item in the budgets of the clubs, but nothing adds more to the community life than a satisfactory community house.

As the clubs in the county are made up of groups of varying educational and aesthetic standards, it has been found best to train leaders individually, and, as the county is small, this is possible. Each of twelve programs during the year is put in the hands of a sub committee by the program committees. The agent meets with the chairmen of these sub

committees, or the entire committee, as may seem best, in order to plan their special program. Often this is but a few minutes' conference after the club meeting, in order that they may be told where the material for the development of their program may be obtained. As most of the club members have given a number of demonstrations, special training is not necessary unless a new member wishes help with her first demonstration. In that case, the agent calls at the member's home. Usually a few minutes' talk, with literature, recipes, and what not, is all that is necessary. The agent gives few adult demonstrations herself, and does not help at the time of the demonstration, unless she finds that a new demonstrator is unusually nervous.

The development of leaders is one of the most interesting phases of our work. A club member gave a demonstration in making hooked rugs, beginning with a fertilizer bag and a pile of worn clothing, and showing every step until the work was completed. When she completed the demonstration she turned to the agent and said, "I did do it!" Her ability was a revelation to herself. Another club member who is really well known as a cake maker, gave a demonstration in making angel food cake. When the demonstration was successfully completed, she

said to the agent, "I do not know how you ever made me enjoy that, but I did".

The Adult encampment, held at the Jamestown 4-H Camp in August, was a success. One hundred and twenty-eight men and women stayed on the grounds for one night or more, fifty-one for one meal, and an additional 155 visited the camp during the week. This encampment was better attended by James City people than usual. As the camp is in the county and our people go there frequently for picnic supper, etc., a week at camp does not hold the attraction for them that a place at a greater distance would. This year five club members spent the week at the camp. Twenty-six club members from the county took supper with us and spent the evening, during the week.

The State Federation of Home Demonstration Clubs was supported, by the payment of dues, by the home demonstration clubs, and four delegates attended the meeting at the Virginia Polytechnic Institute. These meetings are always a source of pleasure to the club women, but it is exceedingly hard for many women to attend. The expense and time militate against a large representation. When the plan for holding district meetings is fully established, the interest in this organization will increase, your agent feels sure, as a much larger group will be in touch with the work of the or-

gation. Five of the clubs of the county belong to the Virginia Federation of Women's Clubs, and the district meeting of that organization is always well attended. This fall 21 club members from the county attended the meeting at Hilton Village. This meeting did not involve a long trip, and took but one day.

The clubs of the county and town make an annual contribution to the Sixth District Scholarship Fund, this year \$35.00, for educating three young women at the College of William and Mary.

The Toano and the Jamestown Clubs made historical pilgrimages this year. The Norge Club planned one, but continuous rain through July and August defeated their plans. Twenty members of the Jamestown Women's Club visited Wakefield and Stratford, the birth places of George Washington and Robert E. Lee. These trips are interesting from/historical point of view, but also, to the house wife, from the fact that James City County has many colonial homes, and the club members find the subject of the correct interior decoration of these homes a never ending source of interest. Several of the club members have shown the agent, since the trip, changes they have made in draperies, etc., based on ideas they saw demonstrated

on this trip.

The Toa no Women's Club made their pilgrimage to the Mariners' Museum. As many of our people have a seafaring background, this collection of relics of the sea is always of interest. The work of the forester at the museum in collecting wild flowers of this section they found most interesting. Not only were the pressed specimens thoroughly enjoyed, as that of a meeting of old friends, but the fernery was of particular interest. This little spot in the woods in which specimens of all native ferns are growing gave the club members many ideas for using these native plants for the beautification of shady spots around their own homes. For pure joy, nothing have I found equal to the four mile boat trip up Lake Mary, at the Museum, watching the flora and fauna, a fish hawk's nest, wild ducks, and many interesting flowers and shrubs dipping their branches into the water of the lake.

For the past five years the women's clubs of the county and town have had a luncheon together in the spring. This year the Scotch Broom Club was hostess. From an attendance of 32 five years ago, this luncheon has grown to 78 this year. At the luncheon we usually have a guest speaker, whose subject is one of general interest. As all the club members have to tour with their friends through the historical city of Williamsburg, it was decided, now that most of the work is completed, a talk from one who has helped with the work would be of interest,

followed by a conducted tour through some of the buildings. Mrs. Orrin Bullock, our guest speaker, said, "Colonial Williamsburg was a riot of color", and gave citations from several inventories of early estates in which red satin, and red velvet, to say nothing of cloth of gold, suits, were often mentioned in the wardrobes of men. She showed us how, by saving bits of interior wood work, pieces of old plaster or a broken tile, and mounting these fragments on cards, they were able to establish the color schemes of many of the old rooms. The mounted specimens she had with her certainly showed that strong colors were the rule, rather than the exception. A letter telling of a group of men and girls sitting on the steps of the Blair House, singing from music lighted by a lantern carried by Chancellor Wythe, gave an idea of the simple village life of that day. Again ideas were obtained that could be used in the homes of the club members from visits to the restored homes, not usually open to the public. Mrs. Bullock's own home, a simple five room, restored, colonial cottage was full of ideas for draperies, rugs, etc. The visits to the old homes which the club members have made in the last ten years have helped materially in teaching them to appreciate the bit of old furniture, china, rugs, etc., that they have inherited from their forefathers. There is scarcely a home in the county that has not a treasure or two of this nature.

This fall, upon the invitation of the rector of Bruton Church, the club women and girls of the county and town participated in a special service in that historical church. The sermon, based upon the pledge of the 4-H Clubs, was illustrated by the stories from the lives of famous men who were regular attendants upon the services in that church in early days. The Norge Male Chorus, of twenty-six voices, added materially to the pleasure of those attending the service, and many expressed a wish for a similar service each fall. The members of the parish were much pleased with an attendance that filled the church.

The Home Demonstration Agent is a member of the County Welfare Board, an organization composed of one representative from every organization in the county—church, school, lodge, etc. As this is a general farming section and every one has a vegetable garden, with many raising practically all their provisions, there has been very little relief work necessary. Through the restoration work in Williamsburg and the road work in the county, most of the day laborers have been able to support their families without assistance. The County Council of Women's Clubs, after studying the problem of the county thoroughly, decided it was not necessary to ask the

Board of Supervisors to apply for Emergency Relief funds. Your agent gave two canning demonstrations for the garden director of York county, but aside from these demonstrations, no direct relief work has been carried on.

The Scotch Broom Club enjoyed their program and put much originality in it this year. This group is composed of middle aged women, for the most part, who have come here to make their homes and avoid colder climates. They are scattered all through the suburbs of Williamsburg, with no definite center. Their community work is centered in Williamsburg, where they are members of church and welfare groups. Many of them have visited other lands, and they decided they would put interest into their three meals a day by studying food habits, customs and preparation in other lands. To raise funds for their regular expenses they have an annual tea. This year they gave a one act play, which all enjoyed. They were trained by a William and Mary student, who is earning her expenses at college, through the Federal Emergency Relief Administration, by training groups in the county in dramatics. The play, "Stuffed Owls", was a satire on women's clubs, and brought forth much fun for all concerned. The majority of the actors had passed their fiftieth birthday, and were surprised to learn how much they could still enjoy amateur dramatics.

The Bahamasville Club have given the play, "The Neighbors", under the direction of the college F.E.R.A. student.

This group is the most isolated one in the county, on the road between Toano and West Point. Because of lack of transportation, they have been unable to take part in county activities, and have very little diversion. The eight characters in the play, the properties committee, and the refreshment committee, enabled all the members to take part in this effort toward community recreation. They were delighted to have a capacity house and the play was exceedingly well done. A member said it was the "largest community gathering since the depression started, and we all enjoyed it. I hope we can do something else to arouse an interest in the community social life."

The 4-H Clubs decided to major in food preparation and minor in canning this year. The major was carried out, but when, in June, rains began and lasted until September, the canning project showed little promise. Every girl in the county canned a few jars, but the total number packed was exceedingly small. Instead of canning at the summer project meetings, the girls did special work in cake making, and other forms of refreshments for parties. The Jamestown Club had a "cake making school". They met and worked on cakes three days a week for two weeks; "Until we could really make cakes we were proud of", one of the club members stated.

In the fall each club gave parties, for which they prepared all the refreshments. The party that was the most

successful was given by the Norge 4-H Club to their fathers and mothers. The girls were not enthusiastic about inviting their fathers, as they felt sure they would not come. When almost every father arrived their enthusiasm could scarcely be held in bounds. The fathers seemed to be proud of themselves, also. This was a n "Old Time School Party", beginning promptly at eight and closing at ten in the evening, under the supervision of a William and Mary student, working her way through school under the F.E.R.A fund, and having charge of juvenile recreation in the county.

A club member asked me if I could help her make cheese, as they had more milk than they could dispose of last spring. We made five pounds of cheese at her home one afternoon, she then made ten pounds more, but having no satisfactory place to store the cheese, she had to stop the work when hot weather began. This girl taught her next door neighbor to make cheese, and the next door neighbor passed on the information to her daughter.

The evolution of a house might well be the theme of a report from this county. T-8 enrolled in the canning club in 1923, then a girl eleven years of age. A visit to the house revealed a very old, small, and inadequate home, sheltering a family of eight. The hall and living room were ceiled and

painted dark gray, trimmed in maroon. The dining room, a mere passage way from the hall to the kitchen, was too small to seat the family, and had but one small window, and was without any heat. I persuaded her father to extend the dining room and add a chimney and two windows. She then tinted the walls a soft ivory, and the room immediately became the center of the home.

The following year another daughter joined the club, and they secured an addition to the kitchen, doubling the floor space, and giving additional windows. The third year the living room (heretofore a "parlor") walls were painted ivory, using money secured through a demonstration contest. The walls had been maroon and gray.

When the third daughter joined the club they began work on the bedrooms. A fourth daughter is now a member of the club, and she is making hooked rugs and similar helps in interior decoration and beautification. A glass door has just been put in the dining room, letting in the morning sun.

My first meal in that home was a nightmare. A few days ago I was there and accepted the urgent invitation to join them at their meal. There was a clean table cloth, and napkins (of which they had no knowledge ten years ago), and a well prepared meal was being served. Two dishes were prepared from their own canned goods.

T. has been married three years, and has a nice home, but the mother and remaining daughters are still working on their home, in which they take much pride.

This fall they have persuaded their father to move some tumble down out buildings and expect, next spring, to have a flower garden and a small lawn. Porch boxes this summer added much to the beautification of the exterior of their home. One of the daughters is not a 4-H leader, and a most acceptable one.

The girls report but 1527 containers of fruits and vegetables for winter use. When consideration is given to the fact that the gardens were complete failures, due to excessive rains, and that the little work done was on the products that were ready about the time the schools closed, the surprise is that there was any canning whatever done by the girls.

A 4-H Club girl who had completed her work in high school and could not enter college for another year asked me if I would let her try to organize and lead a small group of ten year olds in her community as a project last winter. These seven girls did excellent work in food preparation, and some canning. In one of the homes represented in this group I noticed a shelf of canned goods, about ten jars, in the living room. When the mother noticed me looking at them she laughed and explained that her daughter wished to have the jars in a light until she was ready to give them away, for Christmas presents, she was so pleased with her work. In September this 4-H club leader had to leave her group, as she was able to go to college, but before her departure she secured another

leader, also a former club girl, "who will look out for my children while I am gone". The second leader is proving quite successful with that group. The program of the group, which the girls named for their leader, is attached.

Every 4-H Club member had a diary this year, and some of them have been very well kept. The club motto, pledge, county song, and goals set forth in these diaries were most helpful in acquiring standards.

It would be impossible to carry on the work with the girls without the help of leaders. It is harder to say whether they are more valuable in the project work or as recreation leaders. The ever present problem of satisfactory dances has been handled by the leaders of the Norge 4-H Club for the past two years, much to the pleasure of all concerned. At these dances a man and his wife who have two daughters in the club see that no one attends the dances who has no card, the cards being sent out by the girls, using an accepted list, at least a week ahead of the date of the dance. Two members of the Norge Community (home demonstration) Club are always present and a young married leader and her husband. These leaders make it their business to see that the 4-H Club dances are all that any parent might ask that they be, and the mothers of the girls show their appreciation by encouraging

their daughters and sons to attend the dances.

Two week-end encampments were held this summer at the Ja nestown 4-H Club Camp; one just after the schools closed and another just before schools opened this fall. The camp for June had the largest attendance yet recorded—48. This camp was carried on entirely by the girls, and the agent was regarded only as a consultant in time of need. They elected their own camp manager, director, dietitian, etc. They then divide themselves into six groups, each group being responsible for one meal while in camp. The chairmen of these groups, with the dietitian and her committee, took entire charge of the meals, submitting their menus to me. We employ a cook. To pay for the camp, each girl brought one dollar in farm produce and twenty-five cents in cash. The dietitian and her committee receive all the food and the camp cashier takes charge of the money. One of their own members is also elected to take charge of the registration and assignments in the lodges. Each lodge elects its own leader. The handcraft at camp was the making of pillow tops with the club insigna worked out in green crayolas. They completed forty pillow tops, and declared the work a great success.

Nineteen girls made up the second encampment. I was particularly pleased with the work of two of the girls, in planning Sunday morning and evening services. The discussion of

character building was better than many I have heard from adults. There is no phase of work that helps more to develop leadership than these two day encampments. A teacher in the Williamsburg High School told me this fall she was always glad to have 4-H Club girls in her classes, "you have developed so much initiative in them", she explained. Encouragement such as this makes one glad to be enrolled in demonstration work.

Though we had no county wide achievement day, each club had one in some form, to bring their work to the attention of their own community. The Toano 4-H Club girls gave a play before the Toano Women's (home demonstration) Club, which they wrote themselves, with the help of a student from the College of William and Mary who is helping in dramatics in the county this winter. Their play was: A group of the girls on the stage, first indignant that a mother of one of the members had declined to give her daughter a birthday party, because she could not afford it. The outcome of the discussion was that they would give her a party, making for refreshments dishes they had learned to prepare in club work, and the gifts would be canned goods. In the next scene they gave a surprise party, bringing with them chocolate milk, cookies, and canned goods, thus showing their elders what they had accomplished during the year. The Norge girls gave a party to their fathers

and mothers, for which they made all the preparations themselves, making the sandwiches, drinks and cookies served. The Grove girls gave a party to their boy friends, for which they prepared the refreshments and took charge of the recreation. A group of the Jamestown girls gave their mothers a dinner. Their leader, a former 4-H Club girl and but twenty years old, and her group of girls, not one of whom was over twelve years of age, prepared and served roasted chicken, creamed potatoes, garden peas, cold salad and pie for sixteen people. It was as well prepared and served a meal as many done by trained people.

The 4-H leader of a small group of Jamestown girls asked the agent to go with her and her girls on a sight seeing trip to Richmond. These girls received much inspiration and help from the trip. A "Colonial House" shown in one of the department stores delighted the girls. They had made hooked rugs and when they saw them used in a handsome house they appreciated their own work much more. The simple draperies and furnishings of this house were also most interesting to the girls. The elegance of the public rooms at the "Governor's Mansion" impressed them and they also seemed to appreciate the nineteenth century rooms at the Valentine Museum. A modern apartment in a department store did not fail to get their attention. We ended the trip by a visit to a daily paper. A few days later the girls were thrilled to see themselves in the city paper.

In preparation for the annual County Demonstration Day twenty-seven girls gave demonstrations before their own clubs. Of this number seven were selected for the final demonstrations. The try-outs were scored by Mrs. Berryson, a trained home economics worker, who took great care to score each demonstration and to tell the demonstrator why she scored her as she did. This was a great help to the girls. The final demonstrations were judged by the district agent, who awarded first place to girls over fourteen, to a girl demonstrating the dressing and cutting up of a frying size chicken. The entire demonstration took eight minutes. For the girls under fourteen, the award, a Loose Leaf Cook Book, was made by the Scotch Broom Club, went to a little girl who demonstrated a way of serving eggs.

The Eastern Virginia Home Extension filled the Jamestown 4-H camp to capacity. The entire week went by very satisfactorily. The project in hand was pillow tops made from unbleached muslin, the 4-H emblem developed thereon in green crayola was as simple enough to interest the girls who had no home economics projects, brought to the camp by the farm agents. Those who had some training in the use of needles and thimbles made runners, developing the design in the same manner as those on the pillow. Six girls, under the instruction of a leader, made crocheted handkerchiefs.

The girls who attended the State Short Course seem to have had an unusually satisfactory trip and returned very enthusiastic over 4-H Club work. One girl remarked, "I thought I was through with club work when I passed my eighteenth birthday, but I think I have received enough "pep" to carry me on until I am twenty, and then I shall try to see if I can persuade you to take me for a leader".

Every club in the county had some special recreational feature in their programs this year. All took hikes last spring, in order that they might acquire a knowledge and appreciation of wild flowers. The Toano group went for a mile or two back of their own school grounds, where hepaticas and trailing arbutus were found in abundance. The Norge hike was a little later, and they gathered kalmia, azalias and other later flowers. The Jamestown Club went to the Thomas Rolfe home, in Surry county, crossing the James River by ferry, when the chinquapins, hazel nuts, and wild grapes were ready to be gathered and enjoyed. Many of the club girls have made glass gardens for their homes in the winter, in that way adding to their knowledge and appreciation of wild plants and flowers.

The Toano 4-H Club, with their leader and the home agent, made a pilgrimage to the Mariners' Museum. They

first saw the interesting collections of things related to the maritime life, then the wonderful collection of wild flowers in the herbarium at the museum. Next they visited the rock garden and fernery, which helped them to appreciate the everyday wild flowers and ferns of this section of the state. Finally a long trip up Lake Murray and back in motor boats, watching the wild flowers and ferns, made a full day and an interesting one. The Grove 4-H Club made a trip to the Museum in the spring and returned full of enthusiasm for wild wild flowers. I was delighted that this group knew so many by name.

The Williamsburg Branch of the American Association of University Women helped this year by sending sending two 4-H girls to the State Short Course, at the Virginia Polytechnic Institute. At a meeting this fall the girls were asked to report to report to the Association on their trip. The girls were appropriately dressed and made an excellent impression. One told of the inspiration the short course gave her and the other of her pride in being considered eligible for membership in the "All Star" organization. The members expressed themselves as much pleased with the girls and their reports on their trip.

Though we did not find a health champion among the 4-H Club girls in James City County, the physical examination

made by the county nurse were very helpful. She called to each girl's attention her poor points, and many of the girls have improved materially. Many girls who are five point pupils could not enter a health contest on account of their poor posture. When making out their reports, a number of girls stated that they had tried to improve their postures, and there are a marked number who have been successful.

Many things come into an agent's daily rounds that are not scheduled and can scarcely be classified. One of these has been the securing of a mother's pension for a former home demonstration club member. This woman, living in an isolated section, had a small home and five acres of land, when her husband died, leaving three girls to rear. One of the girls will always be a care because of physical defects. After several months' work a state pension was obtained for this mother and she is doing all that she can to be worthy of this help.

A material help in the work in James City County is an office. This office, in the new, colonial court house, is fully furnished with hand made maple desks and chairs, and is in every way all one could desire for a home agent's use. The attached snapshot will convey some idea of the charm of this office.

Clerical assistance has made the work much more satisfactory this year. For the first three months of the year an office assistant, working under the Civil Works Administration, helped keep the office work in good shape. The last of September the College of William and Mary gave me office help, under the Federal Emergency Relief Administration, the young lady being allowed to earn her college expenses by working in my office. She is very efficient and has been of material help, as she is a former 4-H Club girl, as well as a good office worker.

Also, under the Federal Emergency Relief Administration the home agent has had the assistance of two William and Mary College students in the work in the county. Both have been 4-H Club girls and know home demonstration work. One has already directed plays for two adult groups, and will continue this work through the year. The plays were successful, and the club members much pleased with the work. The other student is helping with juvenile recreation. She is given a half hour at all the 4-H Club meetings, for teaching games, and has also helped the girls plan the fun for their parties. She will be of much more value to the clubs when the longer spring afternoons come, and there will be time for hikes and games after school.

In the spring the Barhansville and Jamestown Clubs decided they wanted a flower show in the fall. After a long discussion it was decided they would get some seed of the newest zinnias and see what they could have ready for an early fall show. Zinnias were chosen because they are usually a success, whether the season be a wet or a dry one. This year the wet season resulted in many lovely blossoms, and both shows were thoroughly enjoyed. There were no prizes, simply an exhibit of flowers in which most of the club members participated.

For several years I have asked the parents of the girls I took on trips to sign a statement releasing me from liability in case of accident when driving with their children. None have hesitated to sign these releases. One day this summer a girl that I did not know planned to be with one of my groups. When she came up to speak to me, she presented me with a signed paper, saying, "Mamma said you were right, and she was not going to ask you to take me without a paper, so she made one up herself." Though the release was not written in legal terms, it covered all the points of the regular forms, prepared for me by the commonwealth's attorney.

The big problem this year has been that of securing satisfactory recreation without having to pay for the same at

an exhorbitant rate. An effort has been made to see that each group had some fun that cost little or nothing. Amateur dramatics and hikes have met this demand very satisfactorily.

A stereopticon lecture by a professor from William and Mary, whose hobby is colored photography, gave one group a delightful time with the wild flowers of the eastern states. A summer in Iceland, described by a woman living in Williamsburg who had spent three months in that little known country, was a real treat. Two lectures on the development of painting from early days to the present time, wonderfully illustrated, were thoroughly enjoyed. A lecture on Italian art was also much enjoyed, as was the exhibit of Italian handwork, which this lecturer had collected two winters ago when studying in Italy, added to the evening's pleasure. The library at the college of William and Mary, the Williamsburg Library, and the travelling library at Norfolk have all added their bit to the satisfactory use of leisure time. And all these things have been enjoyed, without cost. The agent's work has been simply that of bringing the people of the county to a appreciation of what is available by using it.

Next year your agent expects to carry on the regular home economics projects for women and girls, they having selec-

ted home furnishings as their major. In addition to these projects, an effort will be made to secure lectures on nature for the clubs, particularly the 4-H Clubs, so that the girls may get their hikes and camps all pleasure that only a nature lover can.

The older girls of the entire county will be brought into one group, upon the advice of the State Girl's Club Leader, and, with their brothers and boy friends, they will be encouraged to develop worthwhile programs. Citizenship, social customs, and hobbies will all receive attention on these programs. The girls are much pleased with this plan, and will do their best to make it a success. Work will be continued in amateur dramatics, and juvenile recreation, with the hope that all may find more pleasure in the simple things that are available in every community.

Respectfully submitted,



OFFICE
of the
James City County
Home Demonstration Agent
1934

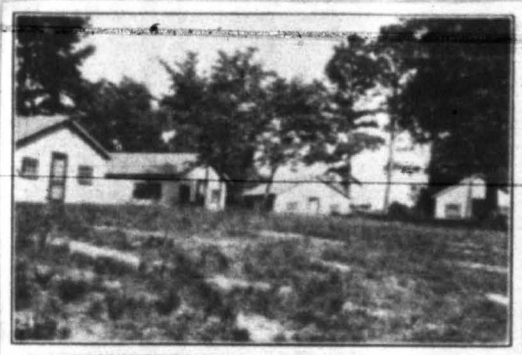


"Faculty and Graduating Class"

Adult Camp

Jamestown 4-H Camp

1934.



LODGES

Jamestown 4-H Camp

1934.



CYPRESS KNEES

Jamestown 4-H Camp

1934

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H I G H T I D E

Jamestown 4-H Camp

1934

45

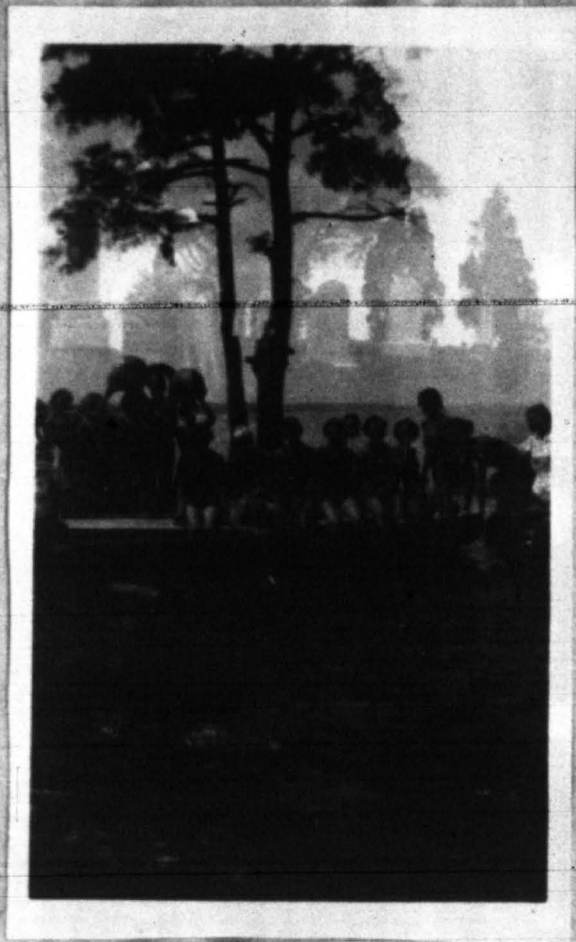


Bird Houses and Jumping Jacks
Eastern Virginia District Camp.
Jmaestown 4-H Camp
1934

46



JAZZ BAND
Week End Encampment
September 1934



Water Sports
Week End Encampment
June 1934

48

4-H CLUB CAMP WILL BE OPENED JULY 2

Located Across From James-
town Island; Place Will
Be Active

(WILLIAMSBURG BUREAU)

The Jamestown 4-H Club camp, located across Powhatan Creek from Jamestown Island, will again be open this summer. Plans are under way for the opening of the camp and providing entertainment for the campers.

This camp, which is situated on the James river within sight of historic Jamestown Island has afforded pleasure to over a thousand people every summer since 1928. During the last two weeks in June, the Young People's Conference of the Norfolk presbytery will be in session.

Beginning with July 1, the 4-H club members from eastern Virginia counties will assemble. Over 150 boys and girls from Henrico, James City, New Kent, Charles City, Goochland, Fluvanna, Louisa, Westmoreland, Richmond and Lancaster counties will be in attendance. During the second week in July the camp will be occupied by club members from Dinwiddie, Chesterfield, Spotsylvania, Sussex, Amelia, Surry, Greenville, Brunswick, and Lunenburg.

Aug. 13 will see the representatives from Prince William, Orange, Culpeper, Rappahannock, Accomac, York, Warwick, Elizabeth City and Madison arriving for a week of camp life.

During the week of Aug. 9 adult camp will be held. These days afford the men and women of eastern Virginia an opportunity for a pleasant, profitable and inexpensive vacation with a varied and interesting educational program.

James City Group Closes Camp Today

(WILLIAMSBURG BUREAU)

The annual encampment of the James City 4-H club girls, which has been held at the Jamestown 4-H camp since Sunday, will close tonight. The camp has been directed by Miss Mabel Massey, county home demonstration agent.

Officers of the camp were Virginia McKnown, chairman; Lorraine Benson, secretary; Louise Flatten, camp manager; Alberta Flatten, dietitian; Dorothy Conley, recreation director; Emil Waltrip, music director and camp scribe.

Miss Massey was assisted by Ethel Flatten, Ruth Broughton and Dorothy Chamings.

Young Women's Group At Camp Near Jamestown

Fifty or more "junior home-makers" from organizations in 10 Virginia counties are spending the weekend at Camp Jamestown, summer recreation center of Virginia 4-H clubs located on the river shore just above Jamestown.

The girls are from Amelia, Henrico, Chesterfield, Goochland, Brunswick, Dinwiddie, Essex, Louisa, Norfolk and Accomac counties, and are accompanied by their home demonstration agents assisting with the program.

Miss Ella Gardner of the children's bureau, Washington, will lead a discussion on "developing personality."

This afternoon the group will go on a tour of Jamestown and Williamsburg and tomorrow they will attend Bruton Parish church.

Publicity

Jamestown 4-H Camp, 1954.

49

Frances Cook Wins 4-H Club Contest

(WILLIAMSBURG BUREAU)

The annual 4-H club demonstration was held at Norge Hall Tuesday night, sponsored by the James City Grange. First place in the contest was won by Miss Frances Cook of the Norge club with a demonstration of dressing chickens. She received the award of the Williamsburg A. A. U. W. of a free trip to the state camp.

Second prize went to Amy Morecock of the Jameston club with a demonstration of making sandwiches for social occasions. Lottie Ward of the Grove club won third prize, demonstrating flower arrangements. In the contest for girls under 14, first prize went to Betty Meanley of the Toano club, the prize was a 4-H club file offered by the Scotch Broom club. Second place went to Myrtle Jensen of Norge, and third place went to Margaret Waltrip of the Jameston club. Judges were Miss Sylvia Glendon of Richmond and Gertrude Drinker of Amelia.

James City 4-H Clubs

Demonstration Day.

TOANO WOMAN'S CLUB HAS 19TH ANNIVERSARY

(WILLIAMSBURG BUREAU)

The Toano Woman's club celebrated the 19th anniversary of the club Tuesday afternoon. The program was held in the high school auditorium. Mrs. C. C. Branch presided. There were 13 charter members and past presidents present. Mrs. J. G. Carlton gave the invocation. A piano solo by Miss Lucy Warren Marston followed and Mrs. M. V. Ware gave the welcoming address. Mrs. J. B. Cowles, president, gave the response. Mrs. C. M. Ware read a letter from Miss Frances McCou of Dublin, who organized the club in 1915. Mrs. L. J. Haley gave some high lights in the club's history. Mrs. Oscar Rustad rendered a song and ambitions of the club. Each vocal solo. Mrs. L. P. Trice gave the past president present gave a short talk. Mrs. Rustad then sang again. The reception followed in the community house, which was beautifully decorated in blue and gold. Sower. The charter members formed the receiving line.

Mrs. Myra Richardson of Newport News, one of the club's earliest presidents, was present at the anniversary meeting Tuesday.

Decoration Trend In Old Times Told

(WILLIAMSBURG BUREAU)

Williamsburg used bright colors on interior decorations in colonial days. Mrs. Orin Bullock said in an address yesterday before the county council of Woman's Clubs at their fifth annual luncheon. The white galls and ruffled curtains really belonged to the Adams period, she said. She quoted from several inventories of the colonial period to show that gay colors were used in draperies, woodwork, China and clothes.

Mrs. Bullock had as her subject, "Color in 18th Century Williamsburg." The speaker is connected with the records department of Perry, Shaw and Hepburn, Williamsburg must have been a riot of color, she said. Following her address the groups visited the historic places in this city.

The guests were greeted by Mrs. Herbert Thomas, president of the Scotch Broom, which was the hostess club. Miss Jeanette Kelly, chairman of the county council, introduced Mrs. Bullock.

Publicity

Home Demonstration Clubs.

Toano Club Holds Meeting

The October meeting of the Toano Woman's club was held at the community house, Tuesday afternoon with a full attendance, Mrs. J. B. Cowles, president presided. Mrs. W. A. Jennings was appointed delegate and Mrs. J. B. Cowles as president, to represent the Toano Woman's club at the sixth district meeting, which is to be held in Hilton Village on October 17. Mrs. C. W. Ware's group of 4-H club girls gave a one act play entitled "A Surprise Party." The characters were, Virginia Marston, Nancy Smith, Mary Piggott, Margaret Meadows, Betty Meanly and Marlon Dould. The members of the faculty of the Toano High school were the guests of the club. Hostesses were Mesdames G. A. Marston, P. L. Moody, Branch Martin, W. B. Piggott and E. E. Bilby.

Toano 4-H Club

Achievement Day Program.

JAMESTOWN 4-H CAMP

The Jamestown 4-H Camp for the 4-H Club members of this section has been in full blast this week. There are 186 club members in attendance with thirty-two instructors, leaders, county and home demonstrations agents. The children in attendance report that they are having the time of their life. The day is made up about as follows. At six thirty in the morning all those who wish to take a plunge in the James, then comes breakfast, followed by cleaning up the cottages and grounds. From nine to eleven there are classes. The class work is divided into the following:—Corn judging, poultry, farm engineering, singing, recreation, developing of personality, handwork for boys, and handwork for girls. As the club members actually take part in this work they enjoy it greatly. In the handwork class alone there has been made by the club members, with help of the leader, sixty stocks. Another thing that the children are taking a great deal of interest in is the making of bird-houses under the direction of Mr. C. W. Teigler, from Logan, Ohio.

There is another swim just before noon and one from four to five in the afternoon.

In the afternoon there is a period given over to assembly of the five large groups into which the camp is divided, then there is a rest period followed by a period of games.

After supper there is a camp-fire program with all the varied interests which can be put into this kind of a program. This is followed by vespers and an idle hour in which the children do much as they please, then taps and bed.

Eastern Virginia

4-H Encampment

Jamestown 4-H Camp.



Scotch Broom Club

Program

1934

**January: Pending Legislature
Congressional Legislature
State Legislature
Hostesses: Mrs. Hunt
Mrs. Barkdale**

**February 28, Ireland
Hostesses: Mrs. Chasing
Mrs. Grundy**

**March 28, Alaska
Hostesses: Mrs. Wickre
Mrs. Newton
Mrs. Hubbard**

**April 25, Isle of Man
Hostesses: Mrs. Gillian
Miss Massey**

**May 23, Czechoslovakia
Hostesses: Miss McIlroy
Mrs. Newton**

**June 27, Iraq
Hostesses: Mrs. Maynard
Mrs. Thomas**

**July 25, Scotland
Hostesses: Mrs. Brundy
Mrs. Gillian**

August 23, Pilgrimage to Wakefield

September 26, Russia

Hostesses: Mrs. Hodges
Mrs. T. L. Thomas

October 24, Panama

Hostesses: Mrs. Coolye
Mrs. Slater

November 23, Bazaar of Tea

Hostesses: Mrs. Wood
Mrs. Behn

December 26, Christmas Customs

Hostesses: Mrs. Barksdale
Miss Massey

Christmas Customs in lands studied this
year by those who have previously read
papers .



Broughton 4-H Group

Program

1934

January: Topic--School Lunches

Jan. 22, Drinks

Home:

Demonstrators:

February: Topic--Use of Water Ground Meal

Feb. 12, Muffins

Home:

Demonstrators:

Feb. 26, Better Bread

Home:

Demonstrators:

March: Topic--The Value of Canned Vegetables

Mar. 12, Corn Fudding

Home:

Demonstrators:

Mar. 26, Salmon Salad

Home:

Demonstrators:

April: Topic--Milk for Health

April 9, Clam Chowder

Home:

Demonstrators:

April 23, Cheese Souffle

Home:

Demonstrators:

May 14, Plain Cake
Home;
Demonstrators:

May 20, Cake Icings
Home;
Demonstrators:

June: Topic--Select Health Champion

June 11, Select Health Champion
Home;
Demonstrators:

June 25, Train for Demonstration Contest
Home:

**July: Topic--Why do we have better health
in summer than in winter?**

July 9, Cold Pack Tomatoes
Home;
Demonstrators:

July 23, Cold Pack Berries
Home;
Demonstrators:

August: Topic--Why use fruit juices?

August 13: Tomatoe juice
Home;
Demonstrators:

Aug. 27, Fruit Juice
Home:
Demonstrators:

September: Topic-Dough Cake Injure Your Health

Sept. 18, Cookies
Home:
Demonstrators:

Sept. 24, Cookies
Home:
Demonstrators:

October: Topic-Recreation and Health

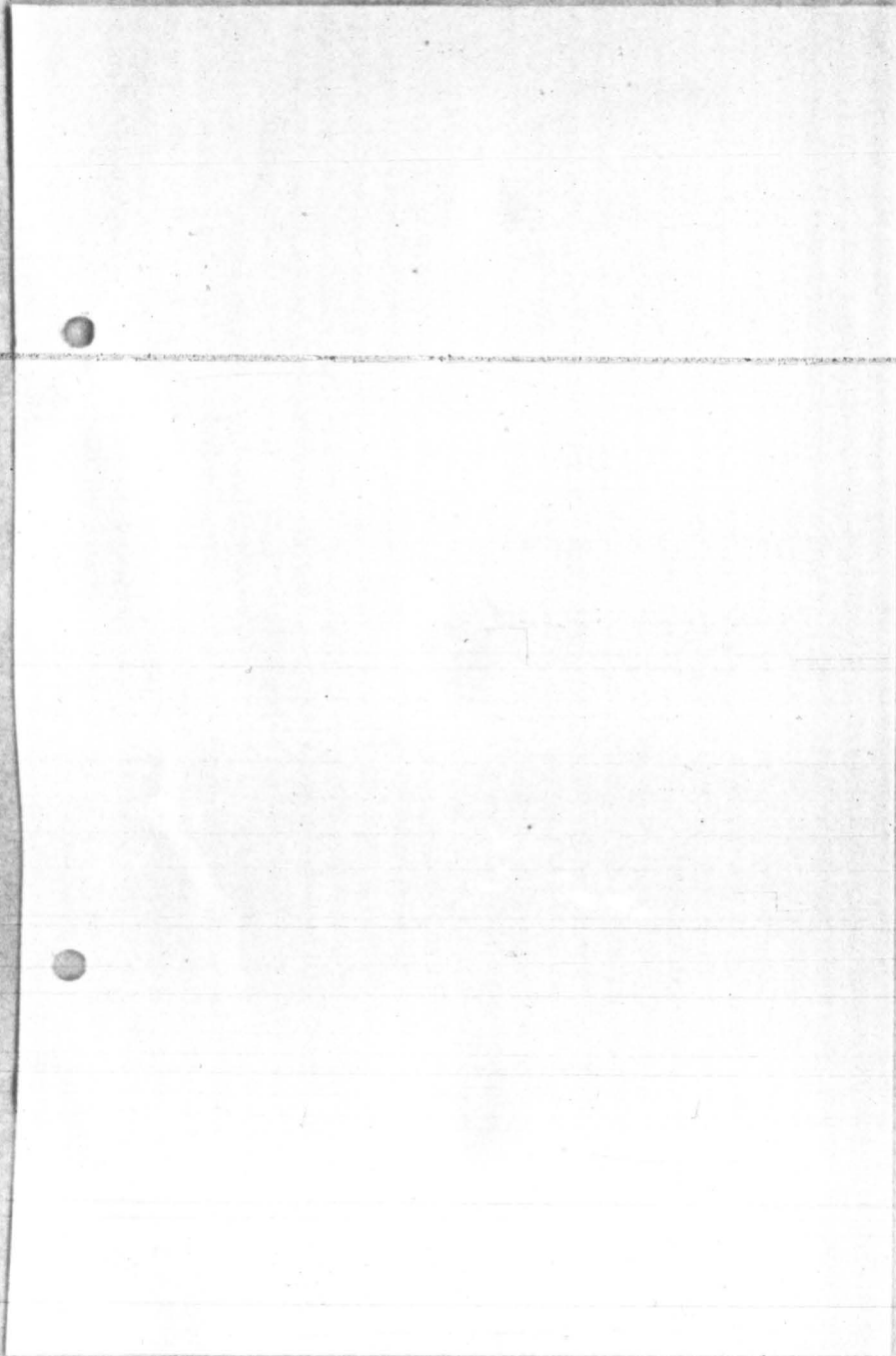
Oct. 8, Film Party
Home:

Oct. 22, Party
Home:

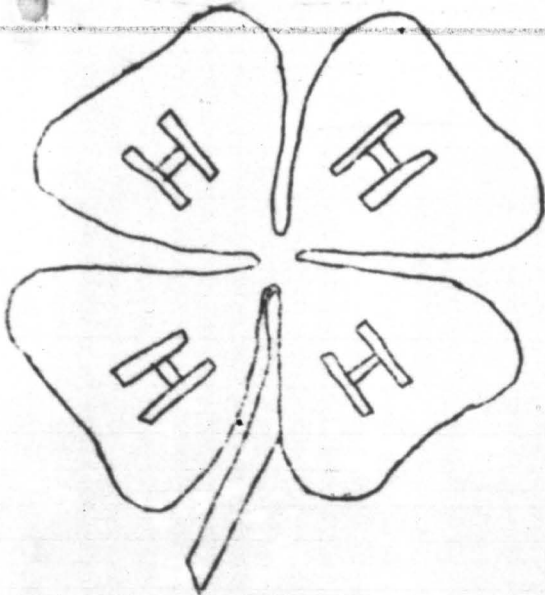
November: Topic-Annual Improvement of each Member.

Nov. 12, Individual Reports
Home:

Nov. 26, Prepare Project Records
Home:



MY



DIARY

CLUB PLEDGE

As a true club member, I pledge my head to
clever thinking, my heart to greater
loyalty, my hands to larger service,
and my health to better living,
for my club, my community
and my country.

NOTE

"To Make the Best Better"

JAMES CITY COUNTY SONG

To the County that we love;
Lets all give way;
Up the hills of progress,
Working all the day,
We come, we come, we come, we come,
To cheer our jolly comrades,
On to victory,
Here's to our county,
To JAMES CITY!

4-H GOALS FOR JAMES CITY COUNTY 1934

1. Give at least one demonstration before the club.
2. Prepare at home at least once the dishes demonstrated at each club meeting.
3. Help some other girl to attain her goal.
4. work and play with others.
5. Assume definite responsibility in the home, be a gracious hostess and welcome guest.
work to attain standards set for the Health "H," as outlined in growth work program.
6. Live up to standards of growth work program. Practise correct food and posture habits.
7. Learn to eat at least two new vegetables.

PHYSICAL STANDARDS TO BE ATTAINED

BY

JAMES CITY CLUB MEMBERS

1934

1. Weight:

How does weight compare with the average weight for height and age?

2. Skin:

Skin clear, smooth and free from blackheads.

3. Posture:

Head erect, chin in. Back straight, no abnormal curves at neck or waist. Shoulders even, shoulder blades flat across back.

4. Hair:

Hair clean, scalp healthy, free from dandruff.

5. Teeth:

Teeth clean, even, strong, free from unfilled cavities.

6. Feet:

Feet held straight forward. Arches in good condition, toes straight. No corns, bunions or callouses, nails in good condition.

7. Hands:

Hands clean and smooth. Nails clean, sensibly trimmed, no nail biting or hang nails.

HISTORY OF THE CLUB FROM 1884 TO 1934

THINGS I DID IN 1934

JAMES CITY COUNTY SONG

To the County that we love:
Let's all give way;
Up the hills of progress,
Working all the day,
We come, we come, we come, we come,
To cheer our jolly comrades,
On to victory.
Here's to our county,
To JAMES CITY!

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