

ANNUAL NARRATIVE REPORT

COUNTY EXTENSION WORK

Virginia Agricultural Extension Service

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1958

Dickenson

County

VIRGINIA AGRICULTURAL EXTENSION SERVICE

ANNUAL REPORT

HOME DEMONSTRATION WORK

1958

BILLIE RADER SKEN
HOME DEMONSTRATION AGENT

DICKENSON COUNTY

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I. Highlights of the 1958 Program.

The Dickenson County Home Demonstration program for 1958 was planned on a very sound and practical basis. Food preparation continues to be the number one interest with club members. So much of their time is spent in feeding their families due to irregular schedules in the work of men, and so many children being transported to and from school, all of which breaks into the routine of household work. Five demonstrations were on foods and the agent notes that the food demonstrations bring out the largest attendance at club meetings. Club members are interested in new ways to prepare foods to improve the diet of their families.

Clothing for those who sew always makes its entrance in the program during the spring and fall seasons. "Sewing Tips" in February and "The Basic Dress" in September contributed to better selection of clothes and less expense.

The annual county-wide flower show continues to take its place among the summer programs. At the tea garments made by the club members were modeled by them and their children. Home economics students also participated in this dress review.

The county-wide safety program conducted in all 4-H Clubs seems to have made the youth more safety conscious. This is shown through bulletin boards with daily news clippings of safety hazards, posters, scrapbooks and programs. Reports also show that safety surveys made at home has made the parents more concerned about safety.

II. The Dickenson County situation as it existed at the time of planning the 1958 program.

Dickenson County is located in the extreme southwestern part of Virginia, bordering Kentucky on the west by a long range of mountains known as the Cumberland. The county has an area of 325 square miles, all mountainous. It has 1682 farms containing 66,995 acres. General farming is practiced. Tobacco is the main cash crop, but some income is realized from livestock, truck crops and small fruits. Growing small grain for milling is not practical; therefore all flour and grain (except corn) for feeding animals is shipped in. The county is all rural with two small incorporated towns being the main shopping centers.

Mining is the principal industry and practically everything depends directly or indirectly on how well the mines operate. There are two kinds of mining operations - large companies and small truck mines. As stated in previous reports, the agent feels the greatest advantage (outside of financial remuneration) is the hospitalization and medical services for miners and their families. The families certainly take advantage of these services. Many miners include relatives such as father, mother, brothers and sisters, as well as their immediate families, on their medical cards, thus providing a big coverage in the county for medical services.

The largest coal operation in the county has shifted its location to the eastern edge of the county and partly to Russell County. This works a hardship on many families since the miners have to travel such long distances which means extra expenses and

longer hours away from home.

The county population is 23,000 with over 6,348 children in public schools. The three consolidated high schools are filled beyond capacity. Six school cafeterias serve more than 3000 hot lunches daily.

Most rural families have gardens, berries and some fruit for home use. Dickenson County is ideal in location and climate for large scale gardens and small fruit truck farms. Because of increased cost of living, the agent felt a great need for stressing bigger and better gardens and conservation of food. This being a bountiful season, at the close of 1958 the great need has been realized to a large extent. Home grown garden products, berries and fruits have been plentiful and reasonable so that homemakers have no excuse for not conserving food. Most all rural families have hots and poultry for home consumption, and beef butchering increases each year.

The increase in building of modern new homes and the remodeling of old ones continues. Water and heating systems continue to appear as the big projects which is one of the long time goals for rural families. Water systems is a problem for Dickenson County. The water supplies of many families living on mountain and hill tops have been sunk by mining underneath, so cisterns have been constructed. Adequate supply the year around is sometimes a problem.

As noted in agent's 1957 report, continued progress in education is seen among rural people. Discussions and conversation

among club members shows rural people are keeping abreast of the times through the medium of television, daily newspapers and magazines.

III. County Extension Program - Adult

A. Organization

1. County Agricultural Extension Service Board.

To date no Extension Service Board has been organized. We do have an Agricultural Extension Service Committee which will be enlarged and made into a service board eventually. This committee is made up of representatives of various farm groups, committees, and home demonstration club committee representatives. This group meets and helps plan the farm agent's program; also any immediate problems relating to long time county goals for both men and women's programs as well as 4-H. Plans are underway for this board to be organized early in 1959.

2. Home Economics Council.

To date no council has been organized.

3. General Interest Committees

a. Lighting Committee. This committee is made up of representatives of the power company, professional workers and dealers in electrical supplies plus Extension workers. Plans are in the making for an electrified farm. Eight modern electrified kitchens were visited by people during the recent kitchen tour.

b. Water Systems Committee. This committee needs to be re-organized as not much progress was made in 1958.

4. Home Economics Committees

- a. The Nutrition Committee has not met for formal meetings this year, as the two main members moved from the county and this group will have to be reorganized. Some members have carried on with nutrition work. Extension nutrition surveys have been carried on in the home economics departments.
- b. The Health Committee made up of chairmen ~~and~~ of 5 Home Demonstration Clubs continues on project work. Some members assisted the Health Department with X-ray clinics and school clinics; others donated bandages for an invalid; and some provided food and home visits to a cancer patient.

5. County Home Demonstration Club Committee.

This committee is made up of the presidents and program development leaders of each of the thirteen clubs, plus the county chairman, vice chairman, secretary, treasurer, and program of work chairman with the agent and District Home Demonstration Agent as advisors. This committee met three times during 1958. The spring meeting was held in May. Stock was taken of the program to that time and tentative plans made for Achievement Day and participation in the county fair. A follow-up meeting was held during the illness of the agent to complete plans for the flower show, and to discuss the part clubs would take in the county fair and make detailed plans for the annual planning meeting.

The annual planning meeting was held September 11, 1958, and the county program was worked up for each month. Committees presented reports on program of work for the year, and county objectives were decided.

B

B. Project Work

1. Foods and Nutrition.

Objective - The planning and preparation of better home cooked meals.

a. Yeast Breads - May

Objective - To revive home baking to produce variety for packing lunches; also for freezing.

Methods - A variety of breads were demonstrated - rolls, plain loaf, nut cinnamon loaf and yeast risen donuts. Mimeographed recipes were given to members, and non-members, who requested them.

Results - The yeast risen donuts has swept the county. This demonstration was so well received that all club members reported trying the donuts, and many the yeast breads. Many men reported this the best demonstration their wives had attended.

b. Homemade Ice Cream - June

Objective - To revive making ice cream at home and to improve methods as a means of getting more milk in the diet.

Method - Leaders were trained by food specialist. A variety of ice creams were demonstrated by leaders using powdered, canned and fresh milk. Recipes were given to club members.

Results - Two hundred twenty club members report making ice cream at home, and that their children enjoy the homemade varieties thus they get more milk in their diet.

c. Low Cost Foods - July by Leaders

Objective - Encourage homemakers to prepare home grown foods, fresh and canned, and frozen, and to buy only foods that cannot be produced at home; to branch out and prepare new dishes not ordinarily prepared at home; to plan adequate meals around inexpensive foods when possible.

Method - Mrs. Thompson, Foods Specialist, gave this leader training in the absence of the agent. According to the leaders it was a very fine demonstration and mimeographed recipes were given to club members.

Results - The leaders gave this demonstration in July. Reports from club members indicate that many useful suggestions were given on new ways to prepare home grown foods, and these are being applied.

d. Bannana Bread - August by Leaders

Objective - To make a different kind of bread for lunches or after school snacks.

Method - The leaders were furnished the recipe by the agent in her absence. Loaves of bannana bread were made by leaders at the meetings, and the ~~same~~ recipes given to club members.

Results - One hundred twenty club members report making the bread and this was the favorite demonstration with children. Eighteen club members report making this bread and freezing it.

e. Low Calorie Foods - November by Leaders

Objective - To continue emphasis on overweight problems.

Method - Leaders were trained for this demonstration by a specialist and they gave the demonstration to the clubs. Mimeographed materials were given to club members.

Result - Club members report enjoying the demonstration and those who need to watch their weight plan to apply information learned.

f. Cakes and Pies for Freezing

Objective - To produce good pies and cakes that freeze well, and to prepare for holiday seasons, or other special events, well in advance.

Method - A specialist trained leaders for this demonstration. A cake and two varieties of pies were demonstrated. Recipes were given leaders and club members.

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Results - This demonstration was given late in the year and no accurate results have been tabulated. The demonstration was well liked by the leaders and many small techniques were learned in pie and cake making, and various points in the freezing of baked goods.

2. Management

a. Money Management - January

Objective - For women to see in figures the rising costs of family living, take a form and actually figure what it costs her own family to live for a month; compare this with the average family's expense in the United States. Encourage a home filing system for important records.

Method - Charts and figures were used on increased cost of living. Using these charts, club members figured the actual costs of living for their families, monthly and yearly. Agent used excerpts from Good Housekeeping's article on "How to Save a Thousand Dollars in 1958."

Results - The agent was surprised at how well this demonstration went over. Each member tabulated her own ~~own~~ figures for what it would take to operate her home, according to U. S. figures. This was surprising to many. Some members had actual figures to compare with the average. This demonstration influenced the growing and conserving of more foods in 1958.

b. Time Management - August

A food demonstration was substituted for this one in August, and was given by leaders in the absence of the agent. The agent was trained and will give this demonstration at a later date.

3. Clothing.

a. Sewing Tips - February

Objective - To assist homemakers in producing better quality details and finishing touches in garments made at home.

Method - Three new film strips were purchased by the county home demonstration committee to use for this demonstration. These films show the latest methods in blouse, skirt and dress construction. The agent had completed a blouse and skirts, and had a coat ready for lining, which demonstrated each method in sewing. The use of carbon, tracing wheel, and pressing equipment all contributed to completing the well-made garments.

Results - Eighty-two report using the newer methods in construction. The club members who sew felt this was a very worthwhile demonstration. Others enjoyed it and felt they had learned how to look for better construction in ready-made clothing.

b. Selection of Basic Dress and Accessories - September

Objective - To encourage the selection of good quality basic clothes instead of several cheaper garments; When, where and what requires one to be fully dressed.

Method - The agent showed how a basic dress could be changed for various accessories. Pictures of basic dresses were used, and charts showing accessories for various ways of dressing. Mimeographed leaflets were given members, also pattern company leaflets on the basic clothes

Results - One hundred three report planning for fall buying of basic clothes. This is difficult to do at this time because of extremes in style.

4. Porch and Yard Furniture - April

Objective - Encourage the purchase, or making, of suitable lawn and porch furniture.

Methods - The agent showed pictures of various units of furniture for porches and outdoor living areas; make-it-yourself designs and where these could be obtained. Extension leaflets on picnic tables and chairs were given to interested members.

Results - Twenty-eight report making picnic tables; ten making of lawn furniture; and eleven purchasing new porch and yard furniture.

5. Handicrafts - March

- a. Block Printing & Etching Glass, or Straw Hats and Bags.

Objective - Clubs choose craft most interesting to the group, and produce a craft that will serve a useful purpose.

Method - Clubs were given a choice of crafts and articles of the three different crafts were exhibited and explained. Those interested chose the craft they desired and these were done in special interest groups.

6. Special Interest Groups

- a. Upholstery - February by Agent

Objective - To show club members how good staple furniture can be repaired, restyled and re-upholstered.

Method - A three-day clinic was held and club members interested brought a piece of furniture to work on.

Result - The agent was disappointed that more clubs did not participate. Eight club members upholstered chairs.

- b. Business and Legal Matters - April

This special interest did not materialize but was tabled for a later date.

- c. Gardening - March

Objective - To encourage raising of bigger and better gardens.

Method - Two county-wide garden meetings were held by

the garden specialist. All kinds of garden literature was given those attending for them to act as leaders in their clubs.

Results - Larger and better gardens were raised during 1958. The season was favorable and surplusses were abundant.

d. Freezing and Canning School.

A three-day freezing and canning school was conducted by the agent, the local power company home economist, and two home economics teachers, attended by about a hundred people, with much interest shown.

7. Federation Program of Work - December 1957.

Home and Community Beautification

Objectives - Introduce the project of Home and Community Beautification as a county-wide activity of all clubs. Project chairman to discuss the county objectives listed in yearbook as follows:

- "1. Club members improve home grounds and encourage neighbors to do likewise.
2. Work to improve home grounds, school grounds, churchgrounds and cemeteries.
3. Strive to eliminate garbage dumps around homes, along highways and streams by establishing and maintaining disposal centers.
4. Encourage conservation of State Flower (dogwood) and other native ornamental flowers, shrubbery, trees, and wildlife.
5. Protest destruction of native flowers, trees and shrubbery along highways by power companies and railroads spraying."

Project chairman to discuss plans for her club to work on.

Method - At the December meeting color slides of Mr. Beecher, Extension Landscape Specialist, were shown on Home and Community Beautification. Letters were sent to county chairmen encouraging them to get an early start on spring projects. The agent assisted two communities in organizing clean-up campaigns.

Results - Two hundred thirty club members report cleaning up yards, drives and planting flowers.

Eight school grounds were improved, lawns sowed, bulbs and vines planted on banks.

Two church grounds were improved.

C. Outstanding Home Demonstration Community Project in County.

No one outstanding project resulted this year. Clean-up campaigns in several clubs, individual living conditions improved, and club projects aiding sick people in their community, proved most worthwhile.

D. Other Activities.

1. County Objectives:

- a. Cooperate with civic organizations in Dickenson County to encourage establishment of industry in the county.
- b. Improve devotionals.
- c. Have an educational discussion or reading at each meeting.
- d. Have an active reporter
- e. Each club join with another club for one meeting during the year

- f. Each club president be responsible for sending a leader or leaders to be trained according to program plans; otherwise, she is to secure a trained leader from another club to give demonstration.
- g. Each club be responsible for at least one new member during the year.
- h. Each club pay \$10.00 dues before January 1st, \$4.00 state and \$6.00 county dues.

Method - Each club was urged to meet these objectives.

Results - Interesting educational articles were read or discussed at many of the meetings. All clubs have active reporters and most all club meetings get into the county paper. Inter-club visitation was held in about half the clubs. The goal for new club members was not reached. About thirty-two new members were added.

Leaders' training did not work out a hundred percent, but trained leaders were invited to help other clubs not sending leaders.

2. Achievement Program

Dickenson County Home Demonstration Clubs held their annual flower show and tea for club members and the public. A dress review of garments made by club members was presented in three parts

1. Childrens' dresses
2. Women's Dresses and suits
3. County Home Economics classes presented a preview of garments made by their girls'

The High School Cafeteria was filled with beautiful flower exhibits. The program, attended by more than a hundred people, concluded with a tea. In the absence of the agent because of illness, the county committee and home economics teachers handled the Achievement Day program.

3. National Home Demonstration Club Week.

- a. This was discussed in each club.
- b. A delegation of 11 members attended the District Federation meeting in Tazewell County.
- c. Television and radio programs were observed during the week.
- d. Pictures of home demonstration work was published in local newspaper.
- e. Five club members attended the Wise County Achievement Day Program.

4. Tour

A kitchen tour was conducted by the agent and the power company home economist. Eight modern kitchens were visited by a hundred home economics students and 38 home demonstration club members and non-members. Much interest and enthusiasm was shown in the new equipment, arrangements and lighting.

5. Judging

Fifteen club members from Dickenson County attended the judging school held in Abingdon. Three of these members

ATTENDED THE Buchanan County Fair and judged. Three women from Wise County attended the Dickenson County Achievement Day program and judged the dress review.

E. No urban work in Dickenson County.

IV. Farm and Home Development.

A. Problems encountered most often: No. families

<u>Water systems (Baths and Septic Tanks)</u>	<u>4</u>
<u>Heating systems</u>	<u>3</u>
<u>Kitchen Improvements</u>	<u>1</u>
<u>Food Supply</u>	<u>4</u>

B. Subject Matter Areas and Assistance Given - (Indicate with number families.)

	Short-Time Goals	Long-Time Goals	Outlook Information	Buying Information	Improved Methods and Practices	Demonstrations	Specialist Assistance
<u>Foods and Nutrition</u>	4	3	4	0	0	2	0
<u>Vegetable Gardening</u>	5	0	0	0	5	0	3
<u>Clothing</u>	3	0	3	0	0	1	0
<u>Housing</u>	0	2	0	0	0	0	1
<u>Home Management</u>	2	0	0	0	0	0	0
<u>House Furnishings</u>	1	0	0	0	0	1	0
<u>Yard Improvement</u>	3	2	0	0	0	0	1
<u>A-R Club</u>	0	0	0	0	2	0	0
<u>Other (specify)</u>	0	0	0	0	0	0	0

C. Progress Stories

No new families were enrolled during 1958 and case stories were given on families in 1957 report. So far no great change has been made on the enrolled families, except the Garland Yates family of Haysi has made the planned addition to their home as suggested by Mr. Wheary on his visit to this family.

V. County Extension Program - Youth

A. Organization

1. County Youth Council - None
2. County Youth Committees - None
3. County 4-H Council - This council is composed of the presidents of the 24 clubs and five county officers, plus some leaders and agents as advisers. This council met twice in 1958. The officers presided at the Achievement Day Program on November 8th. They also assisted with the county Share-The-Fun program held in April.
4. All Stars - Dickenson County has nineteen All Stars. Five of these reside in the county, four are in college, others are in the armed forces or otherwise occupied out of the county and most of them out of the state.

An All Star meeting was held in August and officers were elected. Another meeting is set for November. Objectives were set up and plans made for carrying them out.

5. Honor Club - None.
6. Project Planning Committee

This committee is made up of the representatives who attended State Short Course, a mixture of various age 4-H'ers, a few leaders and parents. This group met in August and discussed the needs of 4-H Clubs and planned the program for 1958-59. It was decided again to carry "Safety" for both boys and girls in each of the clubs. This project

will be conducted during the winter in schools.

B. 4-H Project Work

1. Safety - All Boys and Girls.

Objective - For 4-H'ers and parents to become safety conscious in order to live and let live to a ripe old age.

November 1957 - Agent explained safety project, distributed manuals and went over safety survey to be made.

December 1957 - Continued work on safety survey, stressed holiday safety hazards. High school clubs had a talk by school education drivers.

January 1958 - Highway Safety by State patrolment

February 1958 - Films on Safety and Red Cross films on life saving.

March 1958 - Artificial Respiration given by physical Education majors, or qualified person.

April 1958 - Use of First Aid equipment; talks to some clubs by fire chief. Demonstration by Home Agent on how to get out of a fire alive.

May 1958 - Collected records; plans made for summer activities, club recreation, camps and short course.

Method - Agents, leaders and invited demonstrators gave demonstration on month by month program. Safety bulletin boards were kept in some clubs with daily news clippings of

safety hazards posted. Safety plays and programs were presented. Highway safety (cars and bicycle) rules were taught members.

Results - 479 members enrolled and 312 club members completed their safety records. Parents and teachers report the interest and enthusiasm over the safety project. 460 safety surveys were made with parents help. 4-H'ers were instructed to watch for safety hazards involving their parents and call their attention to these. Highway safety crossings were painted. Safety patrol boys were used to help children across roads.

2. Food and Nutrition

a. Canning and Frozen Foods

Objective - Club members to learn method of preparing food, sterilization, cooking time and correct method of blanching and packaging products for freezing.

Method - Project leaders helped give demonstrations on all the above steps.

Bulletins on canning and freezing were given to all members carrying food preservation projects.

Results - 3 enrolled and 3 completed canning; 5 enrolled in frozen foods with 2 completions.

One member was district winner and participated in the State contest in Frozen Foods.

b. Breadmaking and Food Preparation.

Objective - Club members to know good bread and the importance of accurate measurements in turning out a good product; how to prepare a variety of dishes so as to conserve vitamins and minerals.

Method - The agent, leaders and junior leaders gave demonstrations. Bulletins and recipes were given all members carrying the project.

Results - 5 enrolled in Breadmaking and completed. 207 enrolled in Food Preparation with 130 completions.

One member was district winner in Food Preparation and participated in the State Contest.

c. Laundry Projects.

Objectives - Club members to learn to sort clothes; use of soaps and water softeners; also to wash, hang, iron and fold clothes properly.

Method - The agent and leaders gave demonstrations.

Results - 66 enrolled and 45 completed. One member was district winner and participated in the State contest.

d. Clothing - Learn to Sew - Make or Remake.

Objectives - How to select a pattern, fit pattern, cut and fit a dress and complete a garment. Learn how to do simple sewing.

Method - The agent, plus some home demonstration club members and mothers, gave the demonstration.

Result - 150 enrolled; 97 completions.

e. Home Improvement

1. Room Improvement

Objective - Club member learn to correctly care for and improve her own bedroom.

2. Your Home - Make it Livable

Objective - Work on improving the entire house.

Method - The agent, or leaders, gave demonstrations on each subject and printed leaflets were distributed to each club member in the project.

Results - 21 enrolled in the project and 10 completed records. One member won the district contest in Home Improvement and competed in the State contest. Four county medals were given.

f. Farm and Home Electric Project.

Objective - Teach club members how to do simple electrical repairs and how to care for appliances.

Method - It was hoped that electrical schools would be conducted but they did not materialize. The home agent and power company representatives trained one girl in giving demonstrations. She competed in the district contest.

Result - 20 enrolled and 13 completed.

C. Other Activities

1. Camps - A junior and a senior 4-H Camp was held for the second time for Dickenson County 4-H'ers. The junior camp was held at Camp Summers near Hinton, West Virginia. The County Agent attended and was in charge of that camp and which was attended by 21 4-H boys and girls, two volunteer leaders ~~and~~the County, along with representatives from three other counties.

The senior 4-H camp was held at Camp Clyde Austin, Greenville, Tennessee. Two girls and six boys, accompanied by the home demonstration agent, attended this camp. The agent was in charge of handicrafts. Representatives from seven counties participated in this camp.

2. Achievement Day

A county-wide Achievement day was held on November 8th with a hundred fifty 4-H'ers attending. Two representatives from the district office of the local power company gave an outstanding demonstration on electric safety, which was in line with the county-wide safety project. Reports on various 4-H activities were made by club members, and awards were presented.

3. Fairs

Due to limited space for exhibits, no special effort is made to have 4-H exhibits. A number of 4-H'ers entered exhibits in the regular farmers' fair.

4. Contests

Six 4-H'ers entered the district contests. All six won blue ribbons with 5 representing the district in the state contests.

5. Community Projects

Many of the clubs carry school or community projects. One project of note again this year was the Clintwood High School 4-H Club organizing its members into teams and visiting every home in and around Clintwood to collect Christmas toys, food and clothing for the underprivileged. The articles so collected were turned over to the Clintwood Kiwanis Club to be used in baskets distributed by that club at Christmas time.

6. Share-the-Fun Program

Each club held a share-the-fun program in March. The top number from each club was sent to the county-wide "Share-the-Fun" program held at Clintwood High School in April. The county winner over 14 years of age represented the county at the State Share-the-Fun program, held at Blacksburg during State Short Course, with all expenses paid. Junior winners, under 14, received cash awards. A local sponsor paid all expenses of the program which was attended by approximately 550 people.

7. State 4-H State Short Course.

Ten Dickenson County 4-H'ers, one leader, and the home demonstration agent attended the State Short Course.

Five members participated in the State contests.

D.

D. Young Men and Women's Work

The 4-H All-Stars is the only group organized by Extension workers. The men have an organization known as the Young Farmers' Club, organized by the agricultural teachers, with which group the county agent assists.

Many of the older 4-H Club members belong to, or attend, the home demonstration clubs in their communities.

VI. Scope of Work

A. Figures

	1954	1955	1956	1957	1958
No. H. D. Clubs or Groups	13	13	12	14	14
Membership	345	250	268	278	260
No. 4-H Clubs	23	27	24	22	25
No. YMW Clubs	0	0	1	1	1
Membership	0	0	18	18	19
No. Community Clubs	0	1	1	1	0
Membership	0	65	77	77	0
No. Home Ec. Committees	0	0	1	1	2
No. General Interest Committees	0	0	1	2	2
No. Youth Committees	0	0	1	1	0
No. other organizations	0	0	0	0	0
No. Farm & Home Dev. Families	0	1	3	2	5
No. other families reached	3000	2050	2300	00	2600
No. different families reached	2600	2800	3200	2982	3400

B. What was done to increase scope of work and to inform the public about home demonstration work.

While one home demonstration club was dropped because some members moved out of the community in 1958, the remainder of its members have transferred to another club. Thus there are now only 13 organized home demonstration clubs in the county overall but membership has increased. Likewise, there is one less 4-H club in the county this year - a total of 24 clubs as compared to 25 clubs last year - but total membership is up.

There is great demand for more home demonstration and 4-H clubs in the county. Reports of club meetings in the county's weekly newspaper arouse interest among other people to want a club in their community. Club meetings that interest their members sell the program to others. Community projects interest people in the home demonstration club program.

VII. Leadership

A. Contribution of Volunteer Leaders to the Program

1. Organizational - Each year, as the program grows older, a decided improvement is noted in the responsibility of officers in conducting meetings and carrying on affairs of the club, both in home demonstration and 4-H. This year the agent made the organizational leaders feel more responsible for the operation the clubs and this helped considerably.

2. Program Development - Great improvement has been made with program development leaders in the past three years.

More and more they feel their responsibility to come up with a good program of work. These leaders were trained, then discussed suggestions with their clubs. Preliminary lists were sent to the agent's office for tabulation in preparation for the fall planning meeting.

3. Subject Matter. Leaders attended training meetings quite well this year. Usually it is not hard to get leaders for foods demonstrations because food is their greatest interest. However, due to transportation difficulties, some clubs did not send leaders and trained leaders from other clubs cheerfully gave the demonstrations to those clubs. For the two months agent was on sick leave the leaders did a fine job of carrying through with their demonstrations.

4. Federation Program of Work Chairmen - All fourteen clubs in the county worked on individual projects in their communities. All are cooperating in the development of a two county picnic and recreation center at Steele's Fork, midway between Clintwood and Coeburn near the Wise-Dickenson County line. This movement, started by Dickenson County Home Demonstration Clubs, is supported by civic organizations in both counties, and by officials of the State Highway Department. A set of blueprints covering the long range project has been drawn up by engineers of the Highway Department, and three picnic tables have been completed.

B. Growth of Leadership

	No.1957	No.1958
1. Overall Program Leaders (organizational Leaders for County Ext. Service Board)	<u>0</u>	<u>0</u>
2. Home Demonstration Club Leadership:		

	1954	1955	1956	1957	1958
No. organizational leaders	65	65	60	70	70
No. project leaders (subject matter)	106	116	118	112	104
No. Federation program of work chairmen	14	14	19	15	14
No. program development leaders	13	13	12	14	14
No. result demonstrators	2	3	13	10	8
No. training meetings by specialists	4	9	8	3	8
No. training meetings by dist. agents	2	1	1	1	1
No. training meetings by agents	15	7	9	6	3
No. training meetings by others	0	1	1	2	0
Attendance at all training meetings	199	143	137	203	186
No. meetings held without an agent	79	63	58	46	65
No. meetings leaders assisted	17	25	19	74	42
Demonstrations by leaders	72	112	67	76	56
Talks and discussions by leaders	31	113	65	165	150

	No.1957	No.1958
3. Overall Youth Leaders (Organization leaders for Co. Youth Council)	<u>0</u>	<u>0</u>

4. 4-H Club Leadership

	1954	1955	1956	1957	1958
No. Club Officers	120	140	125	115	125
No. Adult project leaders	41	22	54	35	28
No. Junior project leaders	23	30	15	15	15
No. result demonstrators	1	2	5	8	4
No. training meetings by specialists	0	0	0	0	0
No. training meetings by dist. agents	0	0	0	0	0
No. training meetings by agent	32	36	34	46	40
No. training meetings by members club dept.	1	0	0	0	1
No. training meetings by others	0	0	0	0	0
Total attendance at ldr. training meetings	530	103	69	71	56
No. 4-H leaders trained individually	23	25	36	25	25
No. club meetings held without agt. by ldr.	95	61	84	52	50
No. additional club meetings at which leaders assisted	30	23	15	20	18
No. demonstrations given by adult leaders	45	61	64	52	60
No. demonstrations given by junior leaders	35	29	20	23	28

5. Young Men and Women's Clubs -

	1954	1955	1956	1957	1958
<u>No. club officers</u>	0	0	0	0	0
<u>No. leaders or sponsors</u>	1	1	1	1	1

C. Activities and accomplishments of an outstanding leader -

This year it is difficult to select an outstanding leader. There are a number of outstanding leaders who work in many different ways. Some are outstanding in their communities but not inclined to spread out into other sections of the county.

Mrs. A. M. Phipps of Clintwood, Virginia, County Home Demonstration Clubs' Chairman, has done an excellent job in leadership for the past two years or more. During the two years she has been President of the Billie Rader Club, she has built the club in membership and created much enthusiasm among its members. She is instrumental in her club serving a luncheon to the county bar association on the opening day of each court session. The group does an excellent job of planning and serving the meal, and the agent is proud of the showing to the Dickenson County Bar as well as to visiting attorneys.

Since Mrs. Phipps has been county chairman she has attended many out of county meetings as well as the District meeting and Health Forum. She volunteers to take her car on these trips. Last summer she took a group of A-H'ers to the District contests and to the A-H Center - All-Star meeting, in the absence of the agent due to illness.

Mrs. Phipps called a meeting of the County Home Demonstration Committee to plan the annual flower show and Achievement Day program; also in making preparations for the annual planning meeting. All this was done during the absence of the agent during her illness.

Mrs. Phipps does not have any children, but is extremely interested in other people's children. She has parties, luncheons, and makes and dresses a great many dolls for children.

D. Activities and accomplishments of an outstanding family.

The Stuart Davis family of Tarpon, Virginia, stands out for 1958 activities and accomplishments. For many years Mr. and Mrs. Davis owned and operated a rural general store in Tarpon. The club members, coming and going from the club meeting, would stop by the store and discuss the club meeting. Mrs. Davis was always interested and said some day she hoped to be able to attend the meetings. Later they sold the store and moved to property adjoining the church where the group had built and furnished club rooms in the basement. Mrs. Davis joined the club and never misses a meeting. She and Mr. Davis work and plan all year for the club's participation in the county fair. Mr. Davis gathers up exhibits and brings them and club members to the fair in his truck, then brings the members to remove and take home their exhibits. This club has been the county winner for the past three years.

Mrs. Davis accepted the job as project leader for the club and has attended all leader training meetings.

They have one daughter who is a 4-H Club member and also attends the home demonstration club meetings in the summer months.

E. Accomplishments of a club.

No one club stood out above the others in accomplishments for 1958.

F. Significant Achievement of Extension Work.

No outstanding achievements were noted for the year. Interest and enthusiasm continue about the same as in past years. The agent was real proud of how the clubs carried on in her absence of two months illness.

VIII. Cooperative Work Done by Agent with Other Agencies.

The agent and club members cooperate with the County Health Department and Welfare Department, and assist them when necessary.

The agents work with the Soil Conservation personnel; also the Forestry Department.

The home demonstration agent is a member of the Dickenson County Economic and Planning Board for improvement in the county.

IX. Progress in Developing Good Public Relations in the County.

A. Co-workers

The Dickenson County Extension staff is very congenial and cooperative. Conferences are held weekly for general planning. Travel is shared with no hardship on either agent.

B. General Public.

The Extension program is kept before the public at all times through newspaper, radio and television publicity, personal contacts and discussions of club members with neighbors, and by exhibits. Literature and recipes are given to non-club members.

C. Elected Representatives

The County Board of Supervisors are kept informed on the program through the newspaper. Clubs have met in the homes of two members whose wives are active club members. Our member of the House of Delegates (newly elected at the time) was one of the main workers who assisted home demonstration club members in the flood relief. He carried in food while the club members prepared it for the workers. This representative and his wife were honored guests at the annual Christmas dinner held by the Naysi Home Demonstration Club at the Naysi High School cafeteria in December 1957. Home and Community Beautification was stressed on the program at that meeting.

D. Commercial interests

The local power company has equipped a demonstration kitchen which the Home Demonstration and L-N Clubs use frequently for leaders' training meetings. Two home demonstration clubs use it regularly for monthly meetings. Representatives of the power company assist the agents in training L-N Club members carrying the electric project.

County merchants are very cooperative. Some store windows are used for exhibits; also food sales and bazaars are held in some stores.

E. Professional workers.

The agent has appeared on programs of other professional workers in the interest of Extension work. The agent works with and often judges work for home economics teachers.

The professional workers cooperate on such projects as improving fair catalogs, water systems and lighting systems.

X. Professional Improvement.

The agent completed a class in Economics and one in Physical Education.

XI. Office and working conditions.

Our two office rooms are very small, but last year we received a new steel storage cabinet that can be used in the hall leading to the office. A new bulletin rack was also installed in the hallway of the court house last year. The slide projector, screen and adding machine added to our office equipment saves a great deal of time previously spent in trying to borrow such machinery.

XII. The Look Ahead.

At the closing of the year the look ahead is very blue, as in past years. The same situation continues to come at this time of year. There is a slump in the coal business at the beginning of winter. Wage-earners are cut off from work and many families have a hard time during the winter months. The Dickenson County Chamber of Commerce reports an

unusually large number of unemployed men.

As stated in previous reports, the unemployment definitely effects the home demonstration program. Many women become discouraged and attendance at club meetings falls off. The 1959 home demonstration program does not involve the spending of money.

The live at home program emphasized by the home demonstration agent and this season's bountiful harvest has contributed to the preservation of an abundance of food in Dickenson County. This will be a great help during the coming winter months.

The agent notes a different attitude among the people than that of previous years. The unemployment situation does not panic them, or the business men, as it has in past years. The agent feels they are doing a better job of preparing for these difficult times. In other words, they are looking ahead.