

ANNUAL NARRATIVE REPORT  
HOME DEMONSTRATION WORK  
FREDERICK COUNTY, VIRGINIA

1947

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HOME DEMONSTRATION AGENT  
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III. SCOPE OF WORK

• A. Home Demonstration Clubs:

Number - 11      Membership - 310

• Other groups sponsored by Home Demonstration Clubs

• White - 2      Membership - 15

Other women reached by Home Demonstration Club Members  
- 327

B. 4-H Clubs:

Number - 9      Membership - 103 Girls

C. Older Youth Groups:

Number - 2      Membership - 37

D. Number reached through other groups by Agent - 190

• E. Number of Families reached through community and  
neighborhood leaders - 1100.

F. Other methods used to reach families- (Publicity, radio,  
office calls, and visits.) Number of families reached  
- 300

G. Estimated total number families reached - 2000

Number farm families in county, - 2004

• IV. ADULT WORK

• A. Home Demonstration Club Program -

The County Home Demonstration Club program is planned by the County Home Demonstration Committee composed of the Presidents of each organized club, along with some members-at-large. One meeting of this group was held since the fall meetings, on Tuesday, May 20, to check on the calendar of work thus far and plan for completion of the years work. At this meeting the

committee decided to purchase a Pressure Cooker gauge tester, add two County Home Demonstration members to the rest room committee, discussed the possibility of participation in the Labor Show instead of an Achievement Day, discussed a possible federation goal for 1948, and appointed a nominating committee and Homemaking Committee for Labor Show.

The Second National Home Demonstration Week was observed this year by 24 members attending the District Federation Meeting at Woodstock.

The Committee also held a preliminary meeting, September 9th to plan the program for the Labor Saving Show, appoint committee for Labor Saving Show, Foods, Club objectives, 1948 Calendar, and Federation Goal.

On September 19, the annual meeting was held to plan the 1948 program with all clubs represented. Reports were given by the delegates to the Institute of Rural Affairs at Blacksburg, which emphasized the need to plan the calendar of work giving more and broader study to one topic as it applies to the county needs, instead of briefly studying several topics. Club suggestions for the 1948 calendar were listed and while the new officers were set up the in training conference, the calendar committee set up the 1948 calendar. The club objectives were changed somewhat, and Health adopted as Federation Goal. Topics for demonstration and study for 1948 were, clothing, house furnishings, and foods.

1.- Project Work

a. How was program determined?

Projects were selected by the County Home

Demonstration Committee and the calendar was set up - with the topics being selected from the list of requests sent in from each club. Those topics requested by the most clubs were selected. There was a carry-over from the previous years work in house furnishings, clothing, gardening, poultry and foods, and Youth was continued, as Federation Goal, with Health adopted as a Minor Goal, and because of many requests a need was felt for a meeting devoted to a study of wills, deeds and contracts.

B. Subject matter fields in which work is carried. Why?

Because of the critical food situation world-wide, because of continued higher prices in clothing, house furnishings, equipment, etc.; because of alarming increases in juvenile delinquency and a great health need in Frederick County - the Committee decided to do work in the following subject matter fields - clothing, conservation, house furnishings, food preparation and preservation, Youth work continued and Health work started as Federation Goals - By a study of these topics the clubs felt they would be doing their bit to make for a better world.

C. Project Work-

1. Production - Gardening, Poultry.

a. Objective

1. To produce the family food supply plus a surplus to help feed the hungry world.

2. To attend Leader Training meetings.

Knowing how necessary a home garden is in conserving the family income and to make for a balanced family diet each club appointed a chairman for gardening and Poultry and asked her to give a short report at each meeting on timely information. These

leaders were given training at two meetings by Specialists from Blacksburg. This information was then given to each club. They also received government bulletins on gardening and poultry, and agricultural digest. 370 families improved the home food supply of vegetables, 66 of fruit, 46 of meats, 86 of poultry and eggs, and 35 with Cheese making.

## 2. Conservation

### a. Objectives

1. To conserve the family food supply.

2. To follow conservation practices given by the Home Economics Department.

3. To provide for deep-freezing facilities

4. To attend Leader Training Meetings.

Leaders were trained in Freezing and Cheese Making.

Canning demonstrations were not repeated but a later canning information was sent to each club member and to others requesting it.

A Freezing demonstration was given by the Home Service Demonstrator of the Northern Virginia Power Company, at which representatives of 7 clubs were present. Two other freezing demonstrations were given by the Home Agent to large quantities of foods at the 3 locker plants - and 2 families have purchased home freezer lockers. 340 families have received canning helps and 110 with food budgets. Five Cheese Demonstrations - American, Cream, and Cottage were given and 35 families were present. Many are making cheese. Actual figures from the reports from 88 families show a total of 15,310 quarts of fruit, 11,140 quarts of vegetables, 3,978 quarts of meats, 840 gallons of

apple butter with quantities of jams, preserves, jellies, pickle, kraut, etc., stored away for winter use. These families dried 700 lbs of fruits, 410 of vegetables, cured 24,600 lbs of meats, froze 11,400 lbs of fruits, 2,000 lbs of meats, 900lbs of vegetables and stored an adequate supply of wheat for flour, corn for meal, root vegetables, potatoes, and apples. It is safe to assume that many other families are using the same methods of conservation.

Mrs. Clarence Butler has done an excellent piece of work in freezing foods-even to purchasing a home freezer. Mrs. John Larrick also has a home freezer and her daughter has found it helpful in her 4-H Club work with frozen foods. The County Committee has purchased a gauge tester for pressure cooker gauges to test their cooker gauges periodically.

### 3. Nutrition

The work done last year with the pressure saucepans were remembered and two demonstrations were given to 24 members this year. 16 more families have purchased saucepans, and 14 others have secured new pressure cookers which they use in food preparation as well as for canning. The additional 35 families receiving help in cheese making were glad to receive recipes on ways of using cheese in the diet. There was such a demand for a repetition of Salads that all leaders attended the training meeting on Salads and each leader gave the demonstration in her own club with all members

benefitting. Cheese, gardening, vegetables, home grown fruits, and tuna fish were used. In addition the 88 families reported say they learned to use 240 new recipes and passed 190 recipes on to others. The Stephens City Foods leaders gave the demonstration to the largest group of members, and have used cheeses in the most recipes.

#### 4. Clothing

##### A. Objectives

1. To further conserve clothing on hand.
2. To make serviceable house dresses using feed sacks to help reduce cotton material prices.
3. To make as much of family clothing as possible.
4. To make clothing budgets so as to adapt to the changing style trends wisely.

The coat and suit school held the previous year was so successful that tailoring work continues and also, clothing work that the calendar included two months work in clothing with emphasis on the selection of patterns, material and the construction of house dresses. Result - the leaders received specialists training and assisted in their clubs with the actual work on making house dresses serviceable, pretty and practically all made of feed sacks. 170 received help in construction and 460 received help in costs and quality and of materials. Comparisons of costs of ready-to-wear, and of those made were studied. Many comments such as - "I am glad to learn that the Bureau of Home Economics have such attractive and

practical patterns available," "I didn't realize that the percentage of shrinkage of cloth was so great", "The clothing costs for my family are greatly reduced, by making our work clothing", feed sacks are a life-saver in my family", and so on. The clothing leaders were very helpful not only to the members but to outsiders as well. A club style show was held in May and many lovely dresses were modeled. With style changes all old garments had to be lengthened wherever possible. Next year emphasis will be placed on the selection of a good basic dress; then dressing it up and down with accessories- as an adjustment to the radical changes in styles, - since very few folks can afford a completely new wardrobe. Alterations on how to lengthen the old garments is planned for next year. All clubs also requested sewing machines clinics for next year. Of the 86 families reporting - 765 garments were remodeled, 27 were tailored, 500 work dresses were made, and 210 made clothing budgets - The Singer Sewing Machine Company has opened a store here - and a number of women are taking sewing lessons there. Mrs Ruth Zirkle of the Middle Road Club, has done outstanding work in clothing. She tailors clothing for herself and two daughters, aged 11 and 15, makes all cotton dresses needed thereby saving many dollars in clothing. Her family is well and expensively dressed. It is safe to say she has made on 35 dresses, skirts, blouses, play suits, etc., this year.

North Frederick Club, cut, basted and fitted 11 dresses at one all-day meeting, and many more were made during the year.

5. House

a. Objectives

1. To complete work started previous year in furniture and pictures.
2. To further conserve materials and equipment and in an effort to help lower prices.
3. Better lighting and electricity in the home.
4. Needed repairs and remodeling done.

I. House Repair

90 families improved arrangements of rooms, 240 received help in lighting and wiring - 46 wired lamps, 12 remodeled lamp shades, 66 improved home lighting, 3 installed the attic, 7 secured water in the house, 4 have new bathrooms, 1 has a new furnace installed and 14 has improved storage space.

b. Home Furnishings

1. pictures, furniture, etc.,

Because several clubs wanted to do additional work with pictures, a Picture Clinic was held in each club with refinishing frames and selecting suitable prints. 60 frames were refinished and fitted with prints. Of 68 members reported, 79 pieces of furniture were repaired, 25 pieces were refinished, 29 chairs were reseatd, 16 slip covers

were made, springs were tied in 27 cushions, 7 chairs were re-upholstered. This is a carry-over of work started in past years. Still more requests are coming in for the same type of work, mostly from new club members and the leaders in the clubs are fine at giving help in these fields of work.

## 2. Candlewicking -

Candlewicking of bedspreads were the new and major crafts project for this year. With only an Agents workmanship and with unbleached sheeting impossible to obtain, most of the folks used feed sacks as a background. The leaders were very apt and assisted with the clinics - the results were fine. 76 spreads were made last year by Home Demonstration Club members, and these in turn have passed the instructions on to friends, and 4-H Club girls. It is safe to say that many more spreads will be made this year. There is no comparison of costs - each person had a spread equal in value to a \$16.50 spread purchased at the store for an average cost of from \$2.00 to \$4.00. Some worked out their own original designs - others made an all over hobnail spread. The North Frederick Club made 18 spreads, and interest was so great that 6 new members joined the club. Not only, that but the project has spread over into West Virginia. The women in this club assisted the older 4-H Club girls with candlewicking - which the girls are doing in connection with their home improvement projects.

Evelyn Pent of the Albin Club made 4 spreads for herself and her family.

One member, Mrs. Landon Whitacre, used the year to tuff the edges of matching curtains and dressing table skirt for

her daughter's room.

Another member made tufted bathroom set.

Stephens City Club made and chanced off a tufted spread thereby clearing \$40.00 for the club treasury. The background of this spread was osanberg material.

Mrs. Carson Spillman of the Evansdale Club made two spreads for twin beds. She used the osanberg, placed the tufts one inch apart, and her spreads would no doubt sell at the stores for \$22.50 each. Actual cost was about \$4.40 each.

#### 4. Education Project Study.

Three clubs felt the need of something to add interest to the meetings, in a cultural way, shall we say - for example, ~~the~~ Home Demonstration Club devoted 10 to 15 minutes at each meeting to "special interest" topics - a member interested in old glass ware gave an illustrated, historical talk of some prize pieces. Another member is interested in a study of the states - so the club has planned for her to give a report of the highlights of 2 or 3 states at each club meeting for next year.

The Stephens City Club is interested in bird study, Stonewall wants to learn more about flowers for each month of the year.

The result of this has been that each club plans to have a cultural period at each meeting with a different person in charge each month, who will give the illustrated talk on a topic of

vital interest to her, be it music, books, art, crafts, etc.

4. Wills, Deeds, Contracts.

Each club studied this topic, and had a lawyer come to their club meeting to discuss the importance of wills, deeds, and contracts. All clubs invited the public and attendance was good. Several had the meeting at night so the men could be present. The women were more than glad to have had the topic and to learn many important facts that everyone should know. A check will be made next year to see how many wrote a will.

2. Federation Goal Carried - Why? Write up Objectives, Methods and Results.

1. Help provide recreation center for youth and assist in planning youth recreation.
2. Each club assist girls with 4-H project work.
3. Develop more interest in community life.
4. Increase 4-H enrollment.
5. Develop youth leadership.
6. Assist and provide leaders to organize any new 4-H Clubs.
7. Open homes to youth - furnish transportation and help with card parties, etc.

In checking and reviewing the progress made the previous year with the youth program the clubs all decided that they had "barely scratched the surface" in their youth work. So much needed to be done that they decided to continue with youth as a Federation Goal with Health as a minor goal. All of the groups did some work with youth and some did excellent

work. Each club appointed a youth chairman, who was to work in the club, contact the youth groups for suggestions as to their needs, and also with the county chairman. They discussed and planned what they could do in their community and many worthwhile things were accomplished - The Gore Club provided leaders and organized a 4-H Club, another club gave two parties for the youth in their community and sent one member to the County 4-H camp as counsellor and to assist with handicrafts classes. The parties were a repetition from the year before by popular request. This town needed recreation so the same club rallied the young ministers, civic leaders, and had supervised soft-ball games every evening for everyone. Another club has a member who is a leader of one 4-H club and her club has an excellent record this year - Frances Sager deserves a lot of credit for this leadership in this club. They held 3 yard parties, went on 2 skating parties, had one picnic, went to Glen Echo, increased the enrollment and attendance to 27, are planning to build a community building and had almost 100% completion of all 4-H projects. One club provided some good used clothing for the girls to remodel in their project work, assisted with a yard party that netted \$156.00, and invited the club to their picnic.

The North Frederick Club furnishes all project leaders for the 4-H Club, assists with programs, provides transportation, is now assisting with remodeling an old school building for a community center. Mary Whitacre, its youth chairman is also the county youth chairman, and has been recently appointed as State Youth Chairman for 1948. Mary has a 13 year record as a

4-H club leader of the North Frederick 4-H Club, and her members are doing excellent work. The Home Demonstration Clubs have all encouraged the youth in every way possible - as a result, youth leadership has developed more interest is being taken in the community life, older 4-H girls are staying in club work, the 4-H enrollment has increased to 103 girls and 90 boys this year. Two clubs offered small prizes to girls under 14 for good housekeeping project work as a means of creating interest. A music contest sponsored by the Womens Farm Bureau was won by two 4-H Club girls. These girls were given free trips to the state meeting to enter the state contest.

Here I wish to pay tribute to the Farm Bureau, Banks, Sears, Roebuck and Co., and Southern States Stores for sponsoring projects and providing money for all 4-H Contests and Fairs in the County.

There's still lots to be done and youth has the continued support of the Home Demonstration Clubs as well as of other civic admt agencies.

Because of the county's health needs, a minor Federation Goal was adopted, because the clubs felt that their support given toward securing a county Health Unit would carry some weight. The need of a study of home nursing was evident, also as well as a hot school lunch program, home sanitation, nutrition and physical examinations. Each club selected a health chairman who would be responsible for holding one meeting in her club on health, and work with the County Chairman-the clubs made a plea as a group for a County Health Unit. Delegates attended the public hearing on health at Front Royal last spring. An

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attempt was made to have home nursing classes and when they were ready to start the Red Cross instructor had to leave. However, the work for a health unit has been started and the unit may be provided for in the near future - Literature on health units was circulated throughout the county by the papers. At the spring meeting of the Home Demonstration Clubs Committee it was decided to urge every member to have a physical examination. It is safe to say that at least one fourth of the membership did this. Three clubs studied school lunch menus, all clubs studied "foods for health," and at least 70 families improved sanitary conditions. Interest has become so great that Health was adopted as Federation Goal for next year.

### 3. Other activities. Why? Objectives, Methods, Results.

Frederick County has thirteen farm and home unit demonstrators. Farm plans were worked out with all thirteen but due to limited time not all of them have a home plan. The three families in Farmers Home Corporation were supervised by the Home Management Supervisor, one was supervised by a Home Economic Teacher, and two new ones and the 2 other old demonstrators by this office. These have home plans. Close contact has been kept and help given on many phases of work. Due to present labor conditions, high prices and scarcity of some essential materials, progress hasn't been as good as hoped for. One family has plans completed for installing a furnace, remodeling the living room, insulating the attic, and installing a bathroom. General painting, papering, minor repairs and purchasing of small equipment has been done in all cases.

b. Markets-

When the Homemakers Market was forced to close in January 1946, because of no place to house it it has had to remain closed because of no available space. The progress made toward securing a permanent building got as far as having enough stock subscribed for so the committee could go to the Board of Supervisors for help in building the market. To date all efforts to secure a site have been in vain. But, the Board of Directors, and Public Director have not given up hope and all are eager for a permanent market. The eight sellers who were on the old market continued to fill a small percentage of orders, and the Farm Market is still operating on Wednesday.

Mrs. Walter Adams has sold approximately \$1400.00 worth of farm and home products this year.

c. County and Club Objectives.

Eight clubs accomplished the objectives set up and were standard clubs this year. Those failing to reach the goal fell down on giving a radio broadcast.

d. Farm and Home Labor Saving Show.

Instead of holding an Achievement day this year the clubs decided to take charge of the Home section of the Labor Saving Show which was held October 18th. Every club participated by having some member or members help with demonstrations or explaining a part of the show. The club members served on the publicity, units and foods committees. The foods committee served a luncheon - netting \$76.94. The 900 people attending the show were generous in their praises. Many requests were made for

instruction leaflets for the various units shown, with the kitchen unit, laundry unit and clothing units taking the lead. Mrs. Barbara Kerns of the Gore Club ironed a shirt in 4 minutes 10 seconds. It took her 20 minutes to iron the first shirt.

4. Leadership (Organization, projects, Federation Goal, others) Training, use and Results.

The county Home Demonstration Committee which is composed of the Presidents of each organized group, along with some members of the county, holds two meetings a year to make plans for the Home Demonstrations Clubs yearly program, discuss and decide problems that arise and plan all activities. Each club elects its own officers and selects leaders for the projects for the year.

Projects selected for the year with leaders were:

Furniture - 2	Youth - 1
Clothing - 2	Health - 1
Foods - 2	Gardening-1
	Poultry - 1

The 50 club officers devoted 228 days to their work; the 50 project leaders worked a total of 290 days and gave 38 demonstrations; the 30 Federation Goal Chairmen worked 69 days and gave 18 demonstrations; and 13 community leaders devoted 26 days of service to their work.

There were 6 training meetings held by specialists with an attendance of 57 leaders and 6 by the agent with an attendance of 30. Many of these leaders are the younger homemakers and really take a lot of interest in the work.

The Federation Goal Chairmen have been very active in

creasing interest in Youth and Health work in Frederick County. The Youth come to any programs planned for them in great numbers and have been gratefully receptive to the encouragement and help given them by the various adult organizations.

In mentioning leadership accomplishments, Mary Whitacre is outstanding. She is always ready to help in any project undertaken. She serves as Youth Chairman for her club as well as being county youth chairman, as well as being interested in and helpful with foods, clothing, furniture, etc., and does well in any of these projects. Many times she helps out when help is needed in any home or organization in the community, be it home, church or school. Her home is open to youth for any kind of meeting, and she has been leader of the 4-H club for 12 years. To her goes the credit for the splendid support the Home Demonstration Club gives the 4-H Girls. In any county youth activity, she has always done more than her share.

Mrs. Walter Solomon, of the Friendly Grove Club is another outstanding club member. She finds time to serve on any and all committees in her club, church, school; takes 4-H club members to meetings and programs, is president of her club, has adopted a small boy, and opens her home to any group at any time.

#### B. Other Means of Reaching People.

Outline work done through Boards of Agriculture, Community Neighbored Leaders, Special Meetings, Radio, Press and Others. In each case give objectives, methods, and results.

##### 1. Board of Agriculture.

The organization of the County Board of Agricul-

ture is still the same and functions successfully. There are thirteenerganized community groups with a man and a woman only in each community. The County Agriculture Board is made up of 18 committees, namely, Youth, Poultry, Horticulture, Farm and Home Market, Livestock, Dairy, Soil Conservation, and Purchasing, Resolutions and Legislative, Farm Credit, and Veterans. The Board meets quarterly and backs all agricultural work in Frederick County.

2. Professional Workers Council -(U. S. D. A.)

The professional workers council is composed of these agencies: Vocational Agriculture, Vocational Home Economics, Farm Credit Administration, AAA, Rural School Supervisors, Extension Service, Farmers Home Corp., Public Welfare, P. O. A., Soil Conservation and the Key Banker. Its membership totals 18 and meetings have been held monthly during the summer. The Home Agent served as Secretary this year. This organization sponsors the weekly 15 minutes Farm and Home Radio Broadcast, planned the program of work for the Farm and Home Unit Demonstrators, Purchased a Movie Projector, and directs all the agricultural activities of the county.

2. Press and Others.

The press is very cooperative and never fail to print any and every good news item which is our best means of advertising the program, they are good to print news stories, pictures, and want names of groups participating in any worthwhile activity.

Bulletins and leaflets are another excellent device used to help keep the public informed.

Personal appearances and talks by members and agents (members best) on programs, of such agencies as Dairy Association, Poultry association, Civic groups, etc., are also good. Such appearances have been made by club members and agents with all the above listed groups. Radio has already been mentioned, and is also a means of reaching hundreds of families in the county.

V. Work With Youth.

A. 4-H Clubs.

1. Organization

a. County Council. Describe the Organization, Meetings held, Programs, Set-Up, Accomplishments.

The council is made up of the officers, and leaders of each 4-H Club with the All-Stars acting as sponsors. The County 4-H Club Council holds meeting every two months. Much of the work of this group is accomplished through active committees which are: Safety, Health, Fair, Achievement, Special Training, Program and Recreation, and 4-H Projects.

These activities were accomplished by the Council Committees.

1. Program and Recreation Committee planned and held a County-wide Dance at which time the drawing was made for the farm wagon that Mr. Earl Shade, local machinery dealer, gave the 4-H Clubs to chance off. At least 250 people were in attendance and \$600.00 was cleared on the two events. All phases of the program were put on by club members. A float was made on a Jeep and entered in the Apple Blossom Parade at a cost of \$32.00. This was designed and built by 4-H Club members. It was one of the best 4-H selling points and advertisement the 4-H Club used this year. One county wide

party was held with all clubs attending-making a group of 125 people. Several inter-club parties and picnics were held. National 4-H Club Sunday and Rural Life Sunday were observed by all 4-H Clubs.

2. The Safety Committee gave publicity to the local papers, presented a Safety program over WING, and arranged a Safety display in the Power Company window as part of their observance of National Farm Safety Week.

3. The Council sent 2 delegates to County 4-H Camp and one was a lesser Scribe. \$5.00 was paid on each of the 4 delegates expenses to State Short Course.

4. The Health Committee urged all club members to observed the health rules and at least 41 members had complete physical examinations.

5. A new committee this year was on projects. A County Chairman and Co-Chairman for girls and boys projects was appointed and each club then appointed a Junior Project Leader for boys and girls projects. These leaders were to assist younger club members in their projects work and record. Results have been good as the percentage completion of projects and quality of work is much higher. There are 16 of these Junior leaders, a boy and girl in each club.

#### 6. 4-H Fair Committee

There were 479 entries in the 4-H Fair. One of the biggest changes made for the advancement of 4-H Club work as a county-wide unit was in the fair. For the past several years a few club members (boys) were exhibiting in nearly every 4-H class even though they were not taking the project and also

exhibiting in the ~~club~~ project classes. It had come to the place that the ~~most~~ of the club members in the county were displaying very ~~little~~ interest in finishing their projects or exhibiting at the ~~club~~ Fair - because they felt they had little chance against things exhibited that were made or produced by parents of those few exhibitors. After much urging from the state office, parents, leaders, and club members, to get the fair entries set up so as to eliminate this type of competition and facing the opposition of these few club boys and their parents to the proposed changes, the proposal was finally made to the County 4-H Council that we close the 4-H classes to project members only, and have an open-class section, where any member could exhibit in any class after first entering their projects in the 4-H classes. In addition there was a livestock section, judging contests and demonstrations contests for both boys and girls with prizes offered. It was a small beginning in these added features, but a good one. Even though one family still apparently ~~resents~~ the changes the results for the county are gratifying - more older club members are interested in continuing in club work, more want to join, better projects were exhibited, took part in the exhibits and contests; also 4-H club members served on all committees and executed their own fair. More different boys and girls won prizes at the fair.

It is hoped that next year we can eliminate all open class, and center the attention and prize money on 4-H exhibits contests, demonstrations, club educational exhibits, and perhaps set up some objectives for all the clubs to work toward becoming

Standard 4-H Clubs with possibly a Standard Club Certificate of Merit awarded to those clubs achieving the goals-for example- for a 100% standard club we may ask the following:

- 100% completion of projects.
- 100% exhibiting at the fair.
- Have a club educational exhibit at the fair.
- Hold 12 Club meetings a year. (One of which is a public educational meeting.)
- Send the clubs quota to County 4-H Camp.
- Enter all contests planned for the county.
- Club be represented at all County Council meetings.
- Perfect Attendance at Club Meetings, unless ill and an 80% standard club certificate for those achieving 80% of the above goals.

Too, next year the council has decided to have the fair before school opens - September 2 and 3rd., for their achievement program. The fair catalogue is to be made up this year so the club members can plan for a bigger and better fair next year.

There is a feeling that our 4-H Club standards have been too low and that there wasn't much to challenge older girls to continue in 4-H Club work after they reach 12-14 years of age. But the state contest offered for older 4-H Girls are challenging enough to hold their interest. This year the girls entered seven contests, and with really stiff competition, Roxanne Rodgers and Wilda Jean Adams of North Frederick 4-H Club placed first in the State in the Dairy Foods Team Demonstration. Roxanne, also placed first in the county and second in the area Style Revue. ( Best Dress) Nancy Larrick

placed first in the area in Food Preparation Demonstration, Wilds Jean Adams placed first in the area Individual Dairy Food Demonstration, Nancy Baker placed first in the County Clothing Achievement, and Mary Triplett first in the County Style Revue. (Date or Informal Dress) These girls are all anxious to enter the contests again next year and are already making plans to do so. So much interest has been created that there will be no question but that there will be a different girl in every class next year.

Other girls who did outstanding work this year were Freda Milhorn, Ann Arnold Wolfe, Kathryn Hulver, Virginia Palmer, Alice White and many others too numerous to mention. We will surely hear more of them in the future.

Requests are already coming in for 4-H Clubs in other communities.

#### 7. Achievement Program-

The achievement program climaxed the fair on October 3rd, with about 100 in attendance, club members planned and took charge of the program. They plan to have some added attractions and interests in next years program.

#### 2. Project Work

##### a. How was program determined?

The 4-H Club members, agent and leaders discussed and explained the various projects to the parents; then they decided to select those projects that would be most helpful to the member and most need in the home.

##### b. Subject matter fields in which work was carried?

Why?

4-H Girls selected the following projects because they most filled their needs and the needs in the home-clothing care and construction, Food Preparation, Baking Housekeeping and Home Improvement, and Food Preservation.

c. Write up each project giving objectives, methods, results.

1. Clothing Care and Construction-

Objectives

To teach the girls to plan and care for their own clothing, prepare foods, do housekeeping.

To make clothing budgets and plan their wardrobe needs.

To learn to construct clothing, repair furniture, etc.

To learn better homemaking methods in all projects.

38 girls enrolled in clothing projects and 31 finished their projects. These girls made 71 new dresses, 24 skirts, 290 garments darned and patched, and 56 garments remodeled. 14 girls dyed 27 garments, 27 cleaned 66 garments, washed and blocked 99 sweaters. All girls stored their spring and winter clothing. 29 have their own patterns, and sewing kits, 19 girls kept accounts for 6 months spending a total of \$842.00, and 12 girls kept accounts for 12 months spending a total of \$896.42.

These girls assisted by demonstrations and help by the agent, project leaders and parents.

Two girls entered the Style Revue and two the Clothing

Achievement. A winner for each group entered the area contest, and Roxanne Rogers placed second in Style Revue.

The girls are entering in clothing work this fall and plans are for each to club to have an entry in the county contest next year, so as to create more competition for the winner.

### 2. Food Preparation and Baking.

Actual figures on record show 13 girls taking food preparation and 2 baking, but we have a project record completed for 19 girls in food preparation and 2 in baking. 471 meals were planned and 290 served, ( 210 being served by Wilda Jean Adams) mustards were made 96 times, sauces 130 times, green vegetables prepared 160 times, root vegetables prepared 165 times, eggs 340 times, and cakes, cookies, and breads 114 times. Demonstrations were given by the agent, project leaders, parents, and visits were made to give help.

In the contests Roxanne Rogers placed first in Food Preparation in the county, Wilda Jean Adams first in the county and area in Dairy Food Individual Demonstration; and in team Dairy Food Demonstration, Roxanne Rogers and Wilda Jean Adams placed first in county, area, district and state. The work achieved in contests has created more interest in girls projects throughout the county than any other thing.

### 3. Food Preservation.

27 girls enrolled in Food Preservation and 26 completed the project. 1340 qts of vegetables, 2370 qts of fruits, and 266 qts of meats were canned. 225 qts of vegetables, 270 qts of fruit, and 196 pounds of meats were frozen. 22 girls made family canning sudgegs and

planned the amount of tomatoes for the family. Three boys enrolled and finished canning projects.

Nancy Larrick placed first in the county in the Freezing Demonstrations.

#### 4. Housekeeping and Home Improvements.

73 girls enrolled in housekeeping and 10 in Home Improvement projects with 46 finishing in housekeeping, and, 7 finishing in Home Improvement. Each girl cared for and rearranged her own room and 297 different articles such as tool boxes, shelves, shoe bags, place mats, luncheon cloths, dustless dust cloths, lengthened sheets, screw eyes in broom and mop handles, repaired furniture, etc., were made or done. All girls did one or more of these-setting tables, carrying wood, etc. Home Improvement girls made over lamps, refinished pictures, made bed spreads, dressing tables, refinished floors, made a plan for their room, etc. More are planning to do home improvement work next year.

The most outstanding club in the county if judged by progress made is West Frederick, which we will summarize- The enrollment more than doubled, attendance at club meetings was highest, held two yard parties, went on one picnic, held two parties, and one skating party, went to Glen Echo, all but 2 completed all projects and had records in first, had the highest number of entries at the county fair, had the sweepstakes winner, more of the members entered the fair judging contests, attended all county council meetings, had a delegate to the county 4-H camp. This group has Mrs. Frances Sager as a leader. True North Frederick club entered more state contests

and had more officers in the County Council and at Camp, but they are older members and progress as a club wasn't as marked all in one years work.

c. Other activities. Why? Objectives, methods, results.

4-H camp was, according the counselors, one of the best we have ever had. 41 club members attended from Frederick County. Harold Phillips was Big Chief, with Mary Triplett and Freddy Stine as Lesser Chiefs, and Wilda Jean Adams, and Virginia Palmer as Lesser Scribes. Mary Triplett was voted as doing an outstanding piece of work in her tribe. Every tribe member was urged to participate in all events. Harold Philips did an excellent piece of work in keeping everything going smoothly. The spirit was excellent, work good, and morale fine.

Maurice Carpenter attends Camp Miniwanoa each year, and has been instrumental in getting admission for another 4-H boy next year. Jack Lillis.

4. Leadership-(Organization and Project, Adult and Junior)

The 9 adult 4-H Club leaders devoted 52 days of their time to organization; 29 projects leaders worked 157 days and gave 37 method demonstrations; and 45 club officers worked 274 days. 8 Junior girls project leaders have worked 112 days.

Leaders have:

Assisted with monthly meetings.

Attended County Council meetings.

Appeared before Home Demonstration and other agencies and given talks.

Helped with safety display.

Helped with 4-H floats, dance, county wide party.

Helped with Radio Script.

Furnished Transportation

Helped with project instructions and demonstrations.

Assisted in money making events

Held recreational functions for members.

Assisted in training girls for contest

Assisted with 4-H Fair and Dance.

#### B. Honor Club.

As the closing number on the Achievement Program, the All-Stars and Honor Club chose seven more outstanding club members (4 girls and 3 boys) for the Honor Club. The group met later and elected new officers for next year. Adopted the following objectives and initiated the new members.

1. Assist in increasing 4-H membership.
2. Assist with project completion.
3. Act as Junior 4-H Club leader.
4. Plan monthly and yearly program for 4-H Clubs.
5. Assist with publicity.
6. Have more club judging and demonstration teams.
7. Have more Recreation and Music at club meeting.

The Honor Club members will be members of the County Council and assist with planning the 4-H program for the year.

#### C. Older Youth (Describe general program and give results)

The All-stars group is organized with Maurice Carpenter as chairman. They act as advisors for the Honor Club, County

4-H Council, meet subject to call, and furnishes several leaders for 4-H clubs. The members are vitally interested in the entire 4-H Club program.

VI. Work done by agent in cooperation with other agencies.

1. Fellowship Club.

Each year during the holidays the Home Demonstration and 4-H Clubs assist the Fellowship Club with baskets for needy families. More than 250 baskets were packed and delivered last year and our agency shared in this holiday cheer.

2. Farmers Home Administration.

This agency worked with us on three of the Home Unit Demonstrators.

3. Vocational Home Economics

We have worked and assisted each other as judges at contests and fairs, and with Home Unit Demonstrators. It has made for better cooperation between the agencies.

4. Northern Virginia Power Company.

Miss Margaret Flickinger has been most helpful in giving demonstrations on lighting, food preparation, and giving us the use of the kitchen for demonstrations and contest.

VII. Evaluation of the 1947 Home Demonstration Program. What do you consider the important contributions, trends and developments in the years program? Explain and tell how these changes will influence the 1948 program.

The work with youth has been noteworthy this year in all clubs as previously narrated and interest and help continue in this year wherever and whenever the opportunity arises.

The work started in Health was so interesting and the need

still so great that it was adopted as Federation goal next year. Contributions were made and given to the Red Cross, Cancer, and T. B. Control this year by all clubs.

Clothing work started in tailoring last year continues, emphasis this year was on house dresses and results were beyond expectations. All were lavish in their praises, are passing their knowledge on as well as tailoring or making much of the family clothing at a great saving. It carries over into 1948 with emphasis on basic dress construction, selection of accessories and sewing machine classes.

The rest room conditions have improved and the clubs have been praised by many for having such a nice place for people coming to town.

Candlewicking bedspreads was the major crafts project for the year and the results were for reaching, as previously narrated. There is a carry-over into this year with friends, new members, and older 4-H club girls. Those making spreads were amazed at the tremendous saving and beauty of the finished spread.

House furnishings work has been so well received that it carried over into the 1948 program as a major project with emphasis on tray painting and rug making.

Work in Foods (especially cheeses and salads) brought a demand for work in cakes and yeast breads this year.

The Labor Saving Show did more to create interest in Extension work than any other one event this year. Ideas gleaned from the show will carry over into the 1948 program.

The clubs are eager to devote a more thorough study to

several phases of one project and the work is planned with that in mind for 1948. A culture period at each meeting has been added by popular requests. More younger homemakers are joining and becoming project leaders for their clubs. An intense interest in community improvement and national affairs is evident, the clubs gave \$5.00 towards the Holland delegates trip and sent a contribution to the Chinese Home Demonstration Agent.

Eight clubs achieved the county objectives and became standard clubs.

We hope for a continuation of the good work for next year.

VIRGINIA POLYTECHNIC INSTITUTE  
BLACKSBURG, VIRGINIA

**NEW  
COUNTY  
BEGINS**

DESCRIPTION TARGET