

VIRGINIA

AGRICULTURAL EXTENSION SERVICE HOME DEMONSTRATION WORK

ANNUAL NARRATIVE REPORT

FAIRFAX

COUNTY

1949

Agent Jesse M. Hammerly, December 1, 1948 - November 30, 1949
Date worked from to

Assistant Agent Lina I. White, Dec. 1, 1948 - Nov. 30, 1949
Date worked from to

Agent _____
Date worked from to

Assistant Agent _____
Date worked from to

TABLE OF CONTENTS

	Page
I. Cover and Title Page	1
II. Table of Contents	2
III. Summary of Accomplishments	3
a. Leaders Work	3
b. Program Development	3
c. Membership Increase	4
d. Result Demonstrations	4
IV. Adult	4
A. Project Work	4
1. House Furnishings	4
2. Foods	5
a. Preparation	5
b. Preservation	5
c. Health in Relation to Foods	5
d. Gardens	6
e. Poultry	6
3. Clothing	6
4. Home Management	7
5. Housing /	7
6. Handicraft	8
B. Other Activities	8
1. Federation Goals	8
2. Landscaping	8

RM
34
72

	Page
3. Youth Work	9
4. Foreign Visitors	10
5. National Home Demonstration Week	10
6. District Federation of Home Demonstration Club	10
7. Institute of Rural Affairs	10
8. County Achievement Program	10
9. County Events	11
10. Recreation	11
11. Cooperation with Other Agencies	11
V. 4-H Club Work	11
A. Project Work	11
1. Housekeeping	11
2. Clothing	12
a. Looking Your Best	12
b. Make and Remake	12
c. So You Want to Sew	12
3. Foods	12
a. Preparation - Selection - Planning	12
b. Preservation	12
4. Home Management (Laundry)	12
a. Small Laundry Equipment	12
b. Family Washing	12
c. Family Ironing	12

RM
34
32

	Page
5. Safety	12
6. Home Beautification	13
B. Other Activities	13
1. County Camp	13
2. State Short Course	13
3. Camp Cottage Project	13
4. State Conservation Camp	13
5. County Junior Fair	13
6. National 4-H Week	14
7. National Achievement Week	14
8. Contests	14
9. Dedication Program	14
10. Atlantic Rural Exposition	14
11. County Achievement Program	14
12. Community Recreation	15
 VI. Scope of Work	 15
VII. Functions of County Organizations	15
1. County Board of Agriculture	15
2. County Home Demonstration Committee	16
3. County 4-H Club Council	16
4. County 4-H Honor Club	17
5. County Chapter of 4-H All-Stars	17
6. County Junior Fair Committee	17

VIII. Leaders Work	Page 17
a. Growth of Leaders Work	18
b. Growth of Project Leadership	19
IX. Significance of Years Work	19

111. Summary of Accomplishments:

- a. In the Fairfax County Home Demonstration and 4-H Club 1949 program of work - Growth of Leaders' Work was significant. During 1949 the adult leaders held 169 local club meetings with an attendance of 3,271 people; 4-H club leaders held 68 meetings with an attendance of 782 juniors. This was an average of 6 meetings per adult group and 3 per 4-H club group. It was an increase of 1 to 2 meetings on the part of both groups over 1948 leaders meetings. In each group the leaders assisted in practically all meetings held by the Home Agents. The county home demonstration goal of "Each group will hold 5 meetings conducted by leaders and officers" was over accomplished.
- b. Program Development on the part of Home Demonstration women grew in importance. Work on program development began in 1949 in February. One training meeting was held. In August 3 area meetings were held to prepare for the annual county Program Planning meeting held in September for the purpose of planning the 1950 Program of Work. In early November 3 area meetings for training program development chairmen and officers were held. Program Development Chairmen have and are earnestly making efforts to 1) plan for a more concentrated education program; 2) plans to carry out this program for the best advantage of all; 3) plans for 100% of membership participation in club reports.

c. Increase of Work

- a. A growing interest and importance in Home Demonstration and 4-H Club work was markedly shown by 1) an increase of 2 local home demonstration groups and 144 membership increase; 2) 1 local 4-H group and an increase of 100 members; 3) and 400 members carried 1,291 projects of which 390 members completed 1,281 projects.
- d. Results Demonstrations gained in importance. Eight were carried this year. Of these 1) 3 Home Management Kitchens, 1 in Landscaping, 1 in Housing are long time programs; and 2) 1 in Housing (Remodeling) and 1 in Glass Etching were short time programs.
- e. Home Furnishings led in project demonstration work. Four hundred sixty-nine families participated. Approximately \$3,500 were saved.

IV. ADULT

A. Project Work

1. Home Furnishings

The Home Demonstration women concentrated to the largest part on Home Furnishings. Project work carried was 1) Refinishing Furniture; 2) Accessories for Accent; and 3) Flower Arrangement. To carry this project work to completion the State Home Improvement ^{SPECIALIST} held 1 county leaders meeting and 1 conference with the agents. The specialist furnished instruction materials. The agent held 1 county leader training meeting. The leaders held 60 local meetings giving the projects. The agents held 12 with the assistances of leaders. Reported results were: 195 pieces of furniture refinished; 365 rooms rearranged for accessories; 111 pieces repaired; 204 rooms

34
72

redecorated; 336 curtains made; 211 draperies made; 98 shades reconditioned.

Special interest groups held in connection with this project resulted in: 96 lamps renovated; 103 shades reconditioned; 44 shades made; 76 pieces of furniture reupholstered; 463 slip covers made; and 51 chairs and stools reupholstered. About \$3,500 was saved by women doing their own work.

2. Foods:

Foods was the next project in importance:

a. Preparation:

Foods project work was the next in importance. One county leaders meeting was held. The state specialist demonstrated 1) Short Cuts in Meal Preparation - Leftovers and One Dish Meals; 2) Desserts for Heavier Meals - Desserts for Lighter Meals. The leaders held 44 local meetings. The agent held 4 for newly organized groups. Results were: 296 families improving diets; 612 improving food supply; 695 improving food preparation.

b. ~~12~~ Food Preservation results obtained through discussions, phone calls, office visits, and bulletin distribution were: 1,809 families helped in food preservation problems; and 109 canned according to a budget. An estimation of \$29,000 savings was made.

c. Health:

Health in relation to foods had the following results: 403

RM
34
72

families helped in prevention of colds and other common diseases; 29 with positive measures to improve health; 975 with first aid or home nursing (T.B. X-Ray); 699 in removing fire and accident hazards. Participation in the T.B. X-Ray and Cancer Campaigns alone made an approximate saving of \$9,750 to the women.

d. Gardens:

All home demonstration groups have garden leaders. Two county garden leaders meetings were held with state specialists. Twenty-four group meetings were carried by leaders. In addition garden information was given at each monthly meeting. Garden manuals prepared by the specialist furnished the information. Five hundred members have gardens.

e. Poultry:

All home demonstration groups even the most urban have poultry leaders. The farm agent carries most of the poultry in the county. But, the agents hold one joint county meeting each year. At the 1949 meeting 350 people were present. Two hundred fifteen were women.

3. Clothing

The Clothing Project was carried for 1 month. The agents were responsible for demonstrating one of the following per group: Remodeling, Styling and Good Grooming. This was handled by

demonstration or discussion. Reports showed 813 womens garments remodeled; 185 children's remodeled; 1,481 women's new dresses made; 683 children's dresses made; 26 hats made; 51 hats remodeled; and 71 accessories made. Five hundred forty-five reported improving styling and grooming.

In connection with clothing 2 special interest groups were conducted. One group of 6 Tailoring made, tailored and modeled 6 spring suits. One of these women in addition tailored a spring coat for her daughter, and another a winter coat for herself. The other group was on clothing construction. There were 16 women in this group. Each made a cotton and a better dress. The women decided they have saved at least \$4,500 in clothing.

4. Home Management:

Was not stressed - yet a large amount of work was accomplished by discussion, office and phone calls. Reports show: 125 laundry arrangements; 735 screening or using other recommended methods of insect control; 350 families assisted with time management problems; and 3 home management kitchen result demonstrations (long time).

5. Housing:

Housing was not a planned part of the 1949 program, yet, considerable work was done. The state specialist spent 3 days in the county. Three housing developments were visited to see the needs and problems of homemakers living in such homes. Five

individual homes were visited. Specific help was given each. One short time result demonstration in remodeling was held, and 1 long time building result demonstration is now going on. These women think they saved at least \$900.00 in planning and construction.

6. Handicraft:

Handicrafts grow in interest. The agent attended one handicraft training meeting in Front Royal conducted by the State Rural Arts Specialist. Four meetings on Basketry was held by 1 home demonstration woman. Five meetings on crocheting and knitting were conducted by women. Twelve meetings on basketry, shell work, metal trays, tufted spreads, and glass etching were held by the agents. One short time result demonstration in glass etching was held. Two thousand seventy-three handicraft articles made. All these articles were used in the home or for gifts - the women made a saving of about \$2,073 - if each were of \$1.00 value.

B. Other Activities

1. The Home Demonstration Groups carried 2 Federation Goals - Health and Citizenship.

A. Health:

Each club followed a suggested health outline prepared by the county committee; each had one month's work devoted to Health; each Health Chairman gave Health information at club meetings;

all groups donated to the Cancer, Health Stamp and Polio campaign, each group helped promote the T.B. Chest X-Ray Campaign. One group is sponsoring the "Cancer Bandage Work Room". Health work is considered so important that it is to be more greatly stressed in 1950. There was 1 leader training meeting. Eight community meetings on Health were held.

b. Citizenship:

All groups followed a suggested Citizenship outline prepared by the County Citizenship Committee on "Know Your County Offices and Government". Each group has had the head of one county office speak to club members on his office and work; all citizenship leaders contribute information monthly. Two tours were conducted to Congress, 1 community meetings on Citizenship were conducted. There was 1 leader training meeting. The groups will carry Citizenship as the 1950 Federation Goal

2. Landscaping:

Three community projects in Landscaping are being conducted. The state specialist visited and gave suggestion for improvement. Vale community project is working under state specialist directions.

3. Youth Work:

All home demonstration groups do some youth work either in Scouts, Church, or 4-H club work. Sixteen 4-H leaders come from home

Dunn Loring

Home Demonstration Club Has Luncheon

By R. C. Black

The July meeting of the Idylwood-Dunn Loring Home Demonstration Club was held recently at the home of Mrs. J. R. King, Dunn Loring. Luncheon was served on the lawn. Covered dishes were provided by the members.

Citizenship Is Theme

The Club will make citizenship its main goal for the year, and secondly, foster the Public Library of Fairfax County.

Four members plan to attend the state meeting of the Home Demonstration Clubs, the Institute of Rural affairs, to be held at Blacksburg, Va. in August.

Proceeds of the luncheon meeting amounted to \$10 which will be given to the 4-H Club Camp for the Fairfax building.

The August meeting will be held at the home of Mrs. Pilley, Dunn Loring, and will be devoted to making plans for "Achievement Day".

Federation Goal

demonstration groups. Sixteen groups have contributed to the Jamestown 4-H Camp or helped 4-H clubs raise money. Three groups supply 4-H materials.

4. Foreign Visitors:

All home demonstration groups were especially cooperative in helping the agent to put on an educational program in county extension work for 2 German women sent to this county for 1 weeks training. Other foreign visitors have been entertained.

5. National Home Demonstration Week: ●

Exhibits in Upholstry, Handicraft, and in Tailored Suits were put on by Home Demonstration Clubs in honor of National Home Demonstration Week. Each group had some special item to call attention to the National Program. The state Clothing Specialist had one of our small boys demonstrate Self-Help Clothing on Television.

6. District Federation Meeting:

Eighty-five women and 2 agents attended this meeting.

7. Institute of Rural Affairs:

Fifteen women and 2 agents attended.

8. County Achievement Program:

Three hundred fifty people attended. Eighteen exhibits - 12 of these were awarded blue ribbons. For the first time all exhibits were educational features.

**LOCAL HD MEMBERS
ATTEND RURAL
INSTITUTE**

Fifteen home demonstration club members, together with Miss Hammerly, the H.D. Agent and Miss White, assistant agent, attended the annual institute of rural affairs in Blacksburg, August 3-6. The delegation from Fairfax County was the second largest in attendance, being exceeded only by Norfolk County.

The following comments by some of those who attended the Institute give their impressions of the trip:

"It was a great pleasure to attend the Institute of Rural Affairs. The program was very interesting and included talks on so many timely and worthwhile subjects; the reports from different counties were really inspiring, and we received so many ideas that can help us in our club work. I think every home demonstration club member should take advantage of the opportunity to go to Blacksburg, to attend the Institute. I had been looking forward to it ever since I became a home demonstration club member, over 11 years ago."—Mrs. Frank W. Rubright, Idylewood-Dunn Loring Home Demonstration Club.

"Perhaps the thing that impressed me most was the very splendid esprit de corps which was evident throughout the Institute and the fact that so many really ruly farm people had taken time out from their busy schedules to come and learn of new methods, new equipment and farm machinery, and to hear what others were thinking on particular subjects pertinent to our way of life. Surely they will be the leaven which will help to permeate rural Virginia and make for a more progressive future for its citizens!"—Mrs. Sally Ortolani, Annandale.

"From the time of registration to the hurried packing to return home, I enjoyed every minute of it. The programs were so well balanced, well planned, educational, and entertaining. I have a much better idea of the work accomplished and what can be done. It was delightful to be back at school, have a short campus life, and make new friends. I was just one of hundreds but feel all those who attended must feel as I do. The time was so well spent that we shall all be better homemakers and club workers with such a program to guide us."—Mrs. Webster L. Simons, Woodlawn.

"Because I work with young people, I chose the Rural Youth work for concentration. Once, you hear Dean McLedge Moffett of Radford College, you always want to go back. Dr. John O. Christianson, supervisor of the University of Minnesota, talked on "Rediscovering America," and was particularly interesting. A new feature of the Institute of Rural Affairs was the exhibits of different departments which was very educational."—Mrs. Mary Steele, Fairview.

"To me the most outstanding session was Thursday evening when Dr. Christianson gave a talk on "Rediscovering America," telling of his visit in Sweden, Germany and other foreign countries. It seemed to present a picture we so often forget, "America" and all the opportunities we have here—food—clothing—housing—colleges and schools. While those people abroad do not have enough to eat, very little clothing and no education for the needy."—Mrs. J. C. Runyon, Idylewood-Dunn Loring.

"The programs at the Institute of Rural Affairs were very enjoyable as well as helpful.

It is very hard to point to a particular program which I enjoyed most but the program on "Discussion Technique's" by Miss Mena Hogan should be

helpful in leading discussions in club meetings. The program on Rural Youth of especial interest."—Mrs. Larry H. Blair, Floris.

Institute of Rural Affairs

34
72

**GERMAN HOME ECONOMICS
WORKERS VISITING
IN COUNTY**

Two German home economics workers are visiting in the county, in order to familiarize themselves with home demonstration and 4-H Club work. Together with Miss Hammerly, the home demonstration agent, they will visit H.D. and 4-H Club meetings and observe home economics work in the high schools. They are Fraulein Sophie Deppisch, from Bavaria, who is supervisor of agricultural home economics education in the Bavarian Ministry of Agriculture, and Fraulein Anne Goetze from Hesse, who is a home economics teacher in an agricultural school, and a home adviser.

Foreign Visitors

THE WASHINGTON POST
Sunday, October 9, 1949
Fairfax Events

An interesting "Achievement Day" exhibit was shown at Fairfax High School Friday. Mrs. Jessie Hammerly, the county home demonstration agent, and her assistant, Miss White, have been busy throughout the year visiting the 28 clubs and giving instructions that made the exhibit possible. Some of the outstanding booths have displays of Tole trays, flower arrangements, preservation of foods, herbs cooking, crocheting and knitting, refinishing old furniture.

The Merrifield group made handbags for the newly organized Fairfax County Cancer Society.

The Achievement Day committee consisted of the following: Planning, Mrs. H. J. Van Kretschmar; Program, Mrs. William Watson; Mrs. Faye Newville, Mrs. Milton Byrne and Mrs. Herbert Brazier; hospitality, Mrs. J. U. Kincheloe, Mrs. Louis Rodier, Mrs. Charles Havenner, Mrs. Allen Bradley. After luncheon in the school cafeteria members and guests listened to an inspiring talk by Mrs. Mildred Horton, on "The Homemaker's Responsibility to the Home, the Community, and the World." Several hundred people visited the exhibit throughout the day.

Home Demonstration Achievement Day

RM
34

9. Community Events:

Three community fairs were held, 3 club achievement programs were held and 3 flower arrangement shows were held.

10. Recreation:

All Home Demonstration groups hold Christmas parties and special club picnics or socials. Three sponsor scout and 4-H club picnics.

11. Cooperation with Other Agencies:

All groups cooperation directly or through the agents with the County Board of Education, Welfare, Health, Red Cross and Relief Agencies. The members work actively in these or donate money. They have been active in donating to CROP.

V. 4-H CLUB

A. Project Work

1. Housekeeping:

Nine 4-H club group carried Housekeeping as a project. Two hundred eighteen members were involved and 216 completed the project. Their report returns show: 350 demonstrations given by members; 96 members mended linens; 122 washed dishes; 136 cleaned lamps; 126 brought in fuel; 241 cared for garbage; 241 set the table; 50 lengthened sheets; 27 equipped tool boxes; 120 made table mats; 187 arranged rooms for easier care; 139 renovated pictures; 138 renovated curtains and other pieces.

**DUNN LORING-IDYLLWOOD
H.D. CLUB CELEBRATES
11TH BIRTHDAY**

The Dunn Loring-Idyllwood Home Demonstration Club celebrated its eleventh birthday on March 14. Mrs. Frank Rubright, president, presided at the business meeting. Then she read a history of the club achievements which brought back many pleasant memories to the 27 members present. Mrs. Gordon, the former Home Demonstration Agent from Fairfax, gave a very interesting talk on Brazil. Corsages were presented to the past presidents.

Delicious refreshments were served by the hostess, Mrs. Lunsford.

**Floris 4-H
Has Election**

The Floris 4-H Club held its regular meeting at the Floris School on Thursday, November 18. The order of business before the club was the election of officers. The officers elected are as follows:

President, Margie Ann Sutphin; vice president, Harold Schneider; secretary-treasurer, Barbara Harrison; reporter, Robert Oland Blair; song leaders, Janice Harrison and Gordon Downs.

The leaders for the girls are Mrs. W. D. Middleton and Mrs. Ned Sutphin. The boys leader is Mason F. Smith, Jr.

The project for the girls will be housekeeping and the boys projects will be a selection from farm animals, crops or vegetable garden. Each boy will choose any project he wants for the 4-H Club.

The next meeting will be on December 1, at which time a Christmas program and party is planned.

Club Events

2. Clothing:

Eighty-one club members of 6 club groups carried Clothing projects. Seventy-seven of these completed their projects. Reports show 99 garments made; 38 garments remodeled; 78 articles made; 61 worked on "Looking Your Best".

3. Foods:

Seventy-four members from 5 groups worked on Food Preparation and Preservation. Seventy-four members completed. Reports gave 2,971 meals planned; 1,769 meals served; 10,708 quarts canned and 3,287 pounds frozen.

4. Home Management (Laundry):

Forty-six members from 2 club groups worked on Laundry projects. Forty-three completed their projects. Forty-one made press cloths; 38 sleeve boards; 22 covered ironing boards; 26 clothes pin bags were made and 36 clothes baskets were lined. Thirty-eight demonstrations were given.

5. Safety:

Four-hundred club members worked on Safety of the Home. Four hundred members did one or more things to make the home safer. One club member did a great deal of community work and influenced non-club members to do safety work.

6. Home Beautification:

Four hundred club members worked on Beautification of the Home.
Four hundred members did one or more things to make the home more beautiful.

B. Other Activities

1. County 4-H Camp at Jamestown:

Seventy-seven girls - 56 boys attended - 12 leaders - 4 agents attended. Three other counties attended bring the attendance up to 199 people.

2. State Short Course:

Two girls and 2 leaders attended. One member was made an All Star.

3. Camp Cottage Project:

a. County Rally - One hundred twenty-five people attended this Rally to bring in donations for the proposed 4-H Camp Cottage. \$850.00 were brought in at this time. When all collections were in \$1,134.00 had been raised. This has been sent in.

b. The newspaper campaign brought in about \$125.00.

4. State Conservation Camp:

One girl attended.

5. County Junior Fair:

Held in August. Three hundred ten people attended. Girls were awarded \$205.00 in prizes.



County Camp



Camp Scenes

**4-H CLUBS MAKE FINE
SHOWING IN CAMP
CAMPAIGN**

At the county 4-H Rally day held at the Fairfax Elementary School, Saturday last, the sum of \$800 was turned in by the county 4-H Club members toward the Jamestown 4-H Club Fund. The girl turning in the most money was Marjorie Ann Sutphin, of the Floris Club, and the boy turning in the largest amount was Starley Shelon, jr of Fairview. Both Marjorie and Starley received plaques in recognition of their fine work. The two clubs turning in the highest amounts were Fairview and Floris, both of which raised over \$200.

Mr. Beard announces that two new 4-H Clubs have recently been organized, one at Bailey's Cross Roads and one at Merrifield.

The County Agent's office is a busy place these days, over 1593 calls having been received during the past month.

L. W. Bowman, of Vienna, former milk tester in the county, has returned as D.H.I.A. No. 3 supervisor. Franklin Foster, of Appomattox, has been appointed supervisor of D.H.I.A. No. 1, replacing Graham James, who resigned to continue farming.

Camp Fund Project

**4-H MEMBERS TO ATTEND
CAMP**

About 100 boys and girls from Fairfax County will attend the new 4-H Club Camp at Jamestown, July 4 to 9. They will leave Fairfax about 9:30 a.m. July 4 and will make the trip in school buses. They will return on July 9 reaching Fairfax about 5:30 p.m. About 30 campers from Prince William will attend camp with the Fairfax County children, and the same number from Accomac County will also attend camp at the same time. They will be accompanied by the County Agent and his staff as well as the home demonstration agent and her assistants.

4-H Camp

**COUNTY 4-H FAIR. SAT-
URDAY NEXT**

**Cattle Show and Sale to Be Features of Annual Event at Floris.
Local Boys and Girls to Exhibit Their Year's Work.**

All is in readiness for the annual 4-H Fair to be held at the Floris School grounds Saturday next. Thirty-four heifers have been so far entered in the dairy class at the cattle show, and 15 in the consignment sale. This is a larger number than last year. The judges include W. W. Turner, county agent of Loudoun County, who will judge crops and vegetables; Cromer Grimes, assistant Loudoun county agent, who will judge livestock; Denver Bragg of the V.P.I., poultry; and A. S. Foster, also of the V.P.I., dairy. For the home economics department, the judges will be Mrs. Hugh B. Marsh of Fairfax, and Mrs. V. E. Gerald, of Lincolnia, assisted by Mrs. Neil Sutphin, Floris; Mrs. George Bain, Freedom Hill; Mrs. Elsie Gersorff, McLean; Mrs. Mary Steele, Fairview; Mrs. Eugene Murphy, Oakton, and Mrs. Marshall Jones, Fairfax. The home economics department will be open to the public at 11 a.m. A number of local dealers are expected to exhibit farm equipment. The 4-H Junior Council will have ice cream and soft drinks on sale, and the Floris P-TA will serve meals.

4-H Fair

6. National 4-H Week:

Seventeen clubs observed this week - 3 had window exhibits.

One broadcast. One 4-H leader was on National Broadcast program recognized for 25 years service.

7. National Achievement Week:

All groups observed this week. Nine groups had window exhibits.

Seven were awarded blue ribbons.

8. Contests:

a. County

Eight county contests were held in project work. Thirty-one members from 10 clubs entered. Twenty-nine blue ribbons were awarded. Six county medals were awarded.

b. Area

Three members entered area contest - 1 white ribbon in Food Preparation, 1 red ribbon in Dress Revue and 1 blue ribbon in Clothing Achievement.

9. Dedication Program:

One club member, 2 women, 4 agents attended the Jamestown Camp Dedication Program. The club girl opened the program.

10. Atlantic Rural Exposition:

Twenty-five girls and 3 leaders attended.

11. County Achievement Program:

a. Six hundred attended - 16 clubs represented.

Fairfax 4-H Contest Winners Announced

Blue ribbon winners in a recent Home Demonstration 4-H Club contest in Fairfax County have been announced by Jesse Hammerley, County Home Demonstration Agent.

Results are as follows: home beautification, Alice Feushahrens, Fairview 4-H Club; freezing, Joan Gooding, Fairview and Margie Ann Sutphin, Floris; clothing achievement, Margaret England, Fairview; Marie Auth, Fairview; and Virginia Lee Fowler, Burke; dress revue, Margaret England, Fairview; Marie Auth, Fairview; Virginia Lee Fowler, Burke and Betty Ann Steele, Fairview; canning, Margaret England, Fairview; Hilary Rossow, Fairview; Jane Bridges, Floris; Carol Riggles, Fairview; and Mariana Bull, Burke; food preparations, Marcelene Abner, Oakton; Anastasia Vogel, Oakton; Mary Ann Bull, Burke; Jean Gooding, Fairview; Burma Jo Adams, Annandale; Ann Armstrong, Annandale; and Patsy Baird, Annandale; Laundry, Judy Rossow, Fairview; Mary Ann Bull, Burke; Ruth Riggles, Fairview; Carol Riggles, Fairview; Jean Gooding, Fairview; Betty Steele, Fairview; Jean Gooding, Fairview and Marjorie Young Oakton; and safety, Hilary Rossow.

Miss Hammerley and Miss Lina White, assistant agent, served as judges in the contest, which was held July 30. They have announced that the following girls will enter the area contest: Marie Auth, Margaret England, Alice Feushahrens, Jane Bridges and Anastasia Vogel.

Miss Hammerley and Miss White, together with four 4-H Club girls and their leader are in Culpeper this week attending the Area 4-H Contest. The four girls who have entered the contest are: Margaret England, of Fairview, in dress revue; Anastasia Vogel, Oakton, food preparation; Jean Bridges, Floris, canning, and Marie Auth, Fairview, clothing achievement. Mrs. Anthony Vogel of Oakton, served as time-keeper at the contest, and Miss Hammerley was one of the judges. The winners in the area contest will compete in the District contest.

County Contest

Area Contest

b. Leader Recognizations

All leaders presented bronze pins. Four leaders presented special plaques for 10 to 20 years service.

12. Community Recreation:

H-H group furnish labor, money, equipment, director, the Home Demonstration Club the grounds. This was open for a 3 month period during the summer.

VI. SCOPE OF WORK

There has been considerable increase of work in 1949 over that of 1948 as shown below:

	1948	1949
Number of Home Demonstration Clubs or Groups	22	24
Membership	526	670
No. H-H Clubs	17	18
Membership	300	400
No. Older Youth Groups	2	2
Membership	13	21
Number of Other Families Reached	425	749
Total Number Families Reached	2,021	2,331

VII. FUNCTIONS OF COUNTY ORGANIZATIONS

1. The Fairfax County Board of Agriculture was reorganized in January to take the place of the U.S.D.A. Board. The Executive Board is made up of president, a county farmer, a professional worker, secretary - a home demonstration woman. The Board is to work on particular county problems. It will meet twice a year - with various committees called when necessary. The problem being worked on this

year is "securing more and better rural phone service". The second meeting will come later. There are 123 members.

- 2. The County Home Demonstration Committee has 60 members. It has had 3 county meetings - one for spring planning and reports; one for planning the 1949 program of work; and 1 for Officers' Training. The Executive Committee and appointed committees have met 3 times. These committee meetings were Citizenship, Health, Handbook, 3 on Achievement program planning, and 2 Executive Committee meetings. There was 1 County Program Development Leaders training meeting in January and 3 area meetings of these leaders and officers for training and planning in November sponsored by the Executive Committee. The County Board has promoted, sponsored club work and has worked with and advised the agents in planning and carrying out the 1948 program of work.
- 3. County 4-H Club Council has planned and helped to carry out and promote all county 4-H club work. It has financed money problems in leader chaperonage and club members expenses in some instances. It has furnished county awards for club, for members and for leaders. It has sponsored 1) Rally Day and Newspaper Campaign for raising money for the Jamestown 4-H Camp Cottage, 2) the County Junior Fair, and the county 4-H Achievement Program. There has been 3 meetings of the Council and 3 committee meetings.

4. The Fairfax County Honor Club has had one meeting. It is from this group that All-Star recommendations are selected. Each member does some project work or helps with club work in some way. For instance, one member served as a Junior leader and helps the agents in Laundry Project Work.
5. The All-Star Organization has had 2 meetings. One meeting was for election of officers and planning to help in the county Junior Fair; the other, to help select recommendations for boys and girls for 1948 All-Stars. One member served as bus driver to the 4-H camp, and then served as a leader.
6. The Fairfax County Junior Fair Committee is composed of club members, All-Stars - leaders and professional workers. This committee with its sub committees plan, promotes and carries out the plans for the Annual County Junior Fair. The Fair this year was greatly enlarged in exhibits, participation on part of club members and amount of awards. This committee has had 3 meetings.

VIII. LEADERS WORK

Leaders work has increased markedly in interest and importance on part of leaders. In Home Demonstration work there are 308 leaders. One hundred sixty-nine meetings have been held by leaders. Five leader training meetings have been held by state specialist; 23 by the agents either in groups or individually. Transportation is a great problem. It is interesting to note that women are now volunteering for leadership.

A few are still appointed. In one group especially the leaders have prepared and given even those project demonstration which the agents plan to give. Organizational leaders conduct the meetings and call committee meetings for planning. There have been 1 county officers training meeting and 3 area meetings. The county Program Development Chairman helps make the plans and handles the Program Development leaders meeting with the agents.

In 4-H club work (though not actually planned on the part of the agents) the leaders are responsible for more work. They are gradually assuming "THIS IS MY CLUB". Two leader training meetings were held by the agents. As 4-H project work varies considerable a large amount of individual training is necessary. Of the 19 leaders 17 are members of Home Demonstration Clubs. It is interesting to note that one Home Demonstration furnished one full time 4-H club leader and from 4 to 6 others when needed in project work. These are trained in a group by the agents.

a. Growth of Home Demonstration Club Project Leadership	1948	1949
No. project leaders and goal chairmen -----	222	308
No. training meetings held by Specialist -----	5	6
By Agent -----	5	24
Attendance at all training meetings -----	192	467
No. Club meetings held by leaders without agent -----	160	169
No. Club meetings at which leaders assisted -----	55	105

b. Growth of 4-H Club Project Leadership		1948	1949
No. adult project leaders	-----	19	19
No. junior project leaders	-----	5	2
No. training meetings held	By Specialist	1	2
	By Agent	8	18
Attendance at leader training meetings	-----	29	199
No. 4-H Leaders trained individually	-----	6	19
No. Club Meetings held by leaders without agent	-----	57	68
No. Club Meetings at which leaders assisted	-----	70	105
No. demonstrations given	By leaders	57	68
	By adult	0	5
	By junior	1	3

LX. SIGNIFICANCE OF THE YEAR'S WORK

The 1949 program of work met the needs of most of the county people.

Two new Home Demonstration Clubs were formed and 1 new 4-H club was organized. There is one unorganized adult group and one unorganized youth group. The growth of 4-H club work is significant. Interest and participation on the part of club members is greatly increased. A large part of this is due to the work of the Assistant Home Demonstration Agent. Promotion of club work during National Club Week and interest created by the new 4-H Club Camp Campaign have played a large part. Thirteen groups of the 17 organized had 100% project completions. The 4-H club county handbook compiled for the first time this year may have contributed to a better understanding of club work.

Economy of money spending is still large in the minds of the people. This was shown in the Home Furnishings, Clothing, Food Preservation, and Handicraft work. (It is of interest to note the increase of frozen foods). An increasing interest and awakening to the importance of Health is shown

MEMBER'S DIRECTORY

I place reliance on the United States of America and its people for which it stands with liberty and justice for all.

FAIRFAX COUNTY

4-H CLUB

HANDBOOK

1948 - 1949

EDITION I

Wishes to improve the lives of the people of Fairfax County, Virginia, and to help them to live better lives.



- 1. To improve the lives of the people of Fairfax County, Virginia, and to help them to live better lives.
- 2. To have 100% of members to complete the 4-H program.
- 3. To compete in state, county and club contests.
- 4. To have all clubs pay their dues.
- 5. To sponsor and help county fairs.
- 6. To sponsor building campaigns for the 4-H Club.

"TO MAKE THE BEST BETTER"

- 1. To improve the lives of the people of Fairfax County, Virginia, and to help them to live better lives.
- 2. To have 100% of members to complete the 4-H program.
- 3. To compete in state, county and club contests.
- 4. To pay county dues.

PLEDGE OF ALLEGIANCE

I pledge allegiance to the Flag of the United States of America and to the Republic for which it stands, one nation indivisible, with liberty and justice for all.

HEAD - H-1

4-H CLUB PLEDGE

I PLEDGE

My HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service, and
My HEALTH to better living, for
my Club, my Community and my Country.

COUNTY OBJECTIVES

1. To increase membership
2. To have 100% record completion
3. To compete in at least 4 state contests
4. To have all clubs pay county dues
5. To sponsor and hold county fair
6. To sponsor building campaign for Jamestown Camp

CLUB OBJECTIVES

1. To increase membership
2. To have 100% of members to complete projects
3. To compete in club, county and state contests
4. To pay county dues

COUNTY COUNCIL OFFICERS

President -- Gene Riggles

Vice President -- John W. Bull, Jr.

Secretary -- Jane Bridges

Treasurer -- Ann Jones

Reporter -- Nancy Hunter

Song Leader -- Mrs. Elsie Gersdorff

CLUB OFFICERS (Your Club)

President

Vice President

Secretary

Treasurer

Reporter

Song Leader

4-H CLUB LEADERS

- ANNANDALE - Mrs. Perry Penny, Organization Leader
8 assistants
- BURKE - Mrs. Helen Simpson
- GENTERVILLE -
- CHESTERBROOK - Mrs. Joseph Ezzell
- BAILEYS CROSS ROADS - Mrs. Howard Dobson
- CLIFTON - Mrs. Elmer E. Ayre
- LEE MANOR - Mrs. F. L. Huesmann and Mrs. W. J. Bray
Mr. W. J. Bray and Mr. F. L. Huesmann
- FAIRVIEW - Mrs. Mary Steele
Mr. S. M. Shelton
- FLORIS - Mrs. W. D. Middleton and Mrs. Ned Sutphin
Mr. Mason F. Smith, Jr.
- FORESTVILLE - Mrs. E. C. Brockman
- LINCOLNIA -
- LORTON - Mrs. Aubrey Nelson
Mr. Ralph J. Triplett
- McLEAN - Mrs. Elsie Gersdorff
- OAKTON - Mrs. Eugene Murphy
- HERNDON - Mr. W. F. Enderle
- DURN FALLS -
- FAIRFAX COUNTY DAIRY CLUB - Mr. Mason F. Smith, Jr.
Mr. A. Spencer Lee
Mr. W. D. Middleton
- WOODLAWN - Miss Sarah Cox
- FAIRFAX *
- VIRGINIA FOREST - Mrs. Jessie D. Thackrey

REQUIREMENTS FOR ATTENDING 1949 FAIRFAX
COUNTY 4th CAMP AT JALESTOWN - July 4 - 9

1. Each must attend 3 or more meetings
2. GIRLS: Project work completed and project record report turned into leader by May 30th
BOYS: Project Record Book up-to-date and checked by leader by May 30th
3. Registered for camp and camp fee of \$11.00 paid by June 1st

NOTES

ALL-STAR MEMBERS

Spencer Lee - Big Chief
 Mrs. Helen R. Jones - Lesser Chief
 Virginia Carr - Scribe
 Mrs. H. T. Mooney - Medicine Man
 John W. Bull, Jr.
 Nancy Fouschrens
 Mrs. Doris Gooding
 Ronald Blake
 Mrs. Hazel Komper
 Mrs. Opal Curtis Willis
 Mrs. Muriel W. Hammond
 Elizabeth Harrison
 Mrs. W. C. Updike
 Mrs. Guy P. Naff
 Mrs. Wilma Fox Rosch

HONOR CLUB MEMBERS

Ann Hanil - President
 David Middleton - Vice President
 Nancy Fouschrens - Secretary
 Jane Bridges - Treasurer
 Alice Fouschrens
 John Bull
 Marie Auth - Reporter
 Gene Riggles
 Mason F. Smith, Jr.
 Mrs. Francis Scott
 A. Spencer Lee
 Mrs. Helen R. Jones
 Mrs. Jessie D. Thackrey

MINIMUM REQUIREMENTS FOR A CLUB MEMBER:

1. Must carry and complete at least one project
2. Must attend at least 3 meetings
3. Be active in club events
4. Must know club pledge and motto
5. Be active and participate in club events
6. Take part in county-wide campaign
7. Give a demonstration
8. Take part in at least one county contest

MINIMUM REQUIREMENTS TO BE A BLUE RIBBON CLUB:

1. Have a local leader
2. Pay county dues
3. Increase membership
4. Have at least 80% of members complete project
5. Be active in county events
6. Be active in state events if eligible
7. Contribute to building 4-H cottage at Janestown Camp
8. Take part in county-wide campaigns
9. Take part in club and county contests

SPECIAL EVENTS

County Council - Meets Quarterly
County Camp, Jamestown - July 4 - 9
County Fair - August
County Picnic - August
Atlantic Rural Exposition - October
County Achievement Program - November
Northern Virginia Dairy Show, Warrenton, Va. Sept.
State Short Course - June 27 - July 2
National 4-H Club Week - March 5 - 15
National 4-H Sunday - May

COUNTY EXTENSION WORKERS

Miss Jesse M. Hammerly - Home Agent
Lina I. White - Assistant Home Agent
Bina Ruth Hutchison - Secretary
Phone: Fairfax 116
Joseph E. Beard - County Agent
Larry Blair - Assistant County Agent
Marshall Jones - Assistant County Agent
Nancy Feusahrens - Secretary
Phone: Fairfax 115
Offices: Ford Building, Fairfax, Virginia

Cooperative Extension Work
in
Agriculture and Home Economics
State of Virginia

in contributions to county Health programs and to the fact that the
greatest concentration of the 1950 Home Demonstration Program of
Work is on Better Health for Better Living.