

X. Plans for Professional Improvement

- A. Organized Study - Plans are to attend summer school.
- B. Professional books and publications will be read by the agent.
- C. Membership in professional organization - Agent will keep up dues in Agents' Association. Application for membership will be made to another professional organization.
- D. The agent will participate in programs and workshops planned by other organizations when they are available.

XII. Problems in Carrying Out County Extension Program

There is a great problem of carrying out any county-wide activities that are sponsored by the extension program, because there is no centralized large place to hold the activities. Schools and Churches are used; these are in the various communities and are in use most of the time because most organizations use them.

Plans are being made to set dates for county-wide activities at the beginning of the year in order to get places to hold activities in advance.

Another problem in encounter is that leaders feel demonstrations should be given by the agent after they have been trained to do so. Plans to avoid this are: Agent will not attend all meetings, agent will drop in on meetings after or before demonstrations are to be given by leaders and agent will have leaders assist her with more demonstrations.

VII. Plans for Work With Other Agencies

The agent will cooperate with other agencies in the county when it does not interfere with her extension work. Cooperation will be given to the County Health Program in order to assist families in improving health conditions. The agent will work with any of the other county agencies in carrying out a program when asked.

VIII. Plans for Developing Good Public Relation In The County With:

A. Co-Workers: The agent will cooperate with programs being carried out by co-workers, and give assistance when needed. The agent will also work with her co-workers in carrying out county programs.

B. General Public: Cooperation with other organizations, schools and churches will be given by the agent.

C. Elected Representatives: The agent will give her cooperation to elected representatives in the county.

D. Commercial Interest: Commercial material will be used in carrying out program where possible. None will be advertised through the county extension program.

E. Other Professional Workers will be given cooperation and assistance by the agent when asked.

IX. Plans for Recording Progress and Evaluation of 1959 Program

Recording progress in subject-matter fields (project work) will be done by local leaders of each club or community. A monthly report will be made by members to leaders who will in turn make an annual report to the agent and County Agricultural Board and H. D. Committee.

The program will also be evaluated by comparing goals given in this plan with results obtained at the end of the year which will be in the annual report. The achievement program is also used as a means of evaluation.

D. 4-H Club (continued)	<u>No. in 1958</u>	<u>Goal 1959</u>
Number adult project leaders	20	30
Number junior project leaders	10	10
Number result demonstrators	1	3
No. meetings at which leaders were trained by specialist	0	1
No. meetings at which leaders were trained by district agent	0	0
No. meetings at which leaders were trained by agent	30	42
No. meetings at which leaders were trained by personnel in 4-H Dept.	0	0
No. meetings at which leaders were trained by others	0	0
Attendance at leader training meetings	84	189
No. 4-H leaders trained individually	0	15
No. club meetings held by leaders without agent present	81	46
No. club meetings at which leaders assisted	5	56
No. demonstrations given by adult leaders	61	80
No. demonstrations given by junior leaders	19	30

Four "H" leaders will be given group and individual training. The instructions will be given according to the time of meeting it is needed in and the duties. The information will always be given before the time of meeting. Organization leaders will be trained in 4-H council meeting.

E. Young Men and Young Women's Clubs	<u>No. in 1958</u>	<u>Goal 1959</u>
Number club officers	0	5
Number adult leaders or sponsors	0	2

VI. Plan for Leadership	<u>No. in 1958</u>	<u>Goal 1959</u>
A. Over-all Program Leaders (Organization leaders for county Extension Service Board)	8	10
B. Home Demonstration Club Leadership	<u>No. in 1958</u>	<u>Goal 1959</u>
Number organizational leaders	48	48
Number project leaders (subject matter)	36	36
No. Federation program of work chairmen	12	12
Number program development leaders	12	12
Number result demonstrators	48	48
Number meetings at which leaders were trained by specialists	5	7
Number meetings at which leaders were trained by district agents	0	0
Number meetings at which leaders were trained by agent	10	11
Attendance at training meetings	196	284
No. club meetings held by leaders without agent present	66	48
No. club meetings in which leaders assisted	89	99
Total number demonstrations given by leaders	86	89
No. talks or discussions by leaders	102	96
Subject matter leaders will receive training before they are to present discussions or demonstrations before the club members.		
All other leaders will be trained according to their duties.		
C. Over-all Youth Leaders (Organization leaders for county youth council)	<u>No. in 1958</u>	<u>Goal 1959</u>
	8	13
D. 4-H Club	<u>No. in 1958</u>	<u>Goal 1959</u>
Number 4-H Club officers	48	48

2. Community Activities

Each 4-H club will sponsor one program in their community during the year. This will serve as a means of informing the public and increasing club treasurers.

3. Rural Life Sunday

Rural Life Sunday will be observed during the month of May by all clubs in the various communities.

4. Achievement Day

Achievement Day will be held during the fall. This is combined with the H. D. achievement program. Four "H" members will display project work and record books. Method demonstration will be given by various club members.

V. Scope of Work

A. Organization	No. in 1958	Goal 1959
Number of home demonstration clubs	12	12
Membership	230	275
Number of 4-H Clubs	10	12
Membership	280	320
Number of young men and women's clubs	0	1
Membership	0	15
Number community improvement clubs	1	1
Membership	28	46
Number home economics committees	1	1
Number general interest committees	0	1
Number youth committees	1	1
Number other organizations	0	1
Number farm and home development families	4	6

- b. To teach the basic step in sewing - hand and machine.
- c. To encourage good grooming.
- d. To teach the use of pattern, and dress construction.

Procedure: Demonstrations will be given by agent, adult and junior leaders at group meetings. Most individual contact and home visits will be done by local leaders

2. Food Preparation

Objectives:

- a. To teach methods of preparing foods.
- b. To assist members with methods of mixing.
- c. To stress the value of time and money saved.
- d. To emphasize time saved in planning meals.

3. Food Preservation

Objectives:

- a. To teach methods used in preserving foods.
- b. To teach recommended processing procedures.
- c. To stress value of preserved foods.

4. Home Improvement

Objectives:

- a. To develop a better understanding of a successful housekeeper.
- b. To encourage pride in the care of their rooms.
- c. To develop an appreciation of home surroundings.

Procedures: Discussion, demonstration and panel will be given by agent, adult and junior leaders on the above phases. Home visits and result demonstrations will be used. The group approach will be used most often.

C. Four "H" Activities

1. National 4-H Club Week will be observed on a county-wide scale.

This program will be planned by the 4-H County Council. Poster for all schools will be made by all clubs. This will be a means of informing the public of 4-H club work.

III. Farm and Home Development

There are four farm and home development families being worked with at this time. Plans are being made to add two more families. The County Advisory Board works with the farm and home development families. Reports of work being done by these families will be reported to the Board.

Monthly home visits will be made by the agent to individual families. Group meetings will be used in carrying out some of the subject matter. Each month the families will be sent some mimeograph material that may be help to them in the home and on the farm. Tours of the home and farm of these families will be made during the summer months to show others the progress they are making.

IV. County Extension Program - Youth

A. Organization

1. County 4-H Council. This organization is composed of 4-H club officers, adult and junior leaders. This group will meet three times per year. Plans for the following activities are made in the group: National 4-H Week, 4-H participation in Achievement Day, 4-H Plan of Work and Fund Raising Campaign. Four "H" officers will also be trained, in carrying out their duties as officers by the 4-H council.

2. Project Planning Committee consist of local leaders, junior leaders and older 4-H club members. This committee will meet once a year. All projects will be reviewed by this group. Problems concerning the project work will be given to this group to work out.

B. Four "H" Project Work

1. Clothing - Unit I, II, III

Objectives

- a. To emphasize the value of stretching the clothing dollar.

Each club is also sponsoring a membership drive in their community. An informative program will be held in each community to stress the entire H. D. program

D. Other Activities

Each club will select one community project to work on during the year. This is used to stimulate more interest in the various communities as well as to help make improvement in the communities.

1. National Home Demonstration Week

The County Home Demonstration Committee will plan a county-wide activity for the week. Some of the years work will be exhibited to stimulate interest in the various communities.

2. Special Programs

In December, Home Demonstration clubs will work with the County Agricultural Extension Board in carrying out plans for a financial activity.

3. Achievement Day

Achievement Day will be held in the fall. Displays will be made by all H. D. clubs and method demonstrations will be given by some club members.

4. Tours

Tours will be conducted in various communities during the warmer months. This will serve as another means of telling the public about Home Demonstration work.

5. Community Improvement Organization

There is one community improvement club organized. This club will select two community projects to work on during the year. Farm and Home Improvement projects will be carried out by each family in their home.

Arrangement, Selection of Pictures and Wall Decoration; Chair Re-seating and Improving Mailboxes, Steps and Driveways. Method demonstrations and discussions will be given by the agent and leaders. Group meeting, tours, result demonstrations and home visits will be used. Specialist assistant will be given on some topics.

Water Supply

Objectives:

1. To stress use of modern facilities.
2. To encourage running water on the farm.

Procedure: Group discussions, tours, result demonstrations and mass media will be used in carrying out the goal above.

Rural Arts

Objectives:

1. To encourage the making of articles for gifts, and decoration that also provides a leisure activity in the home.
2. To stress fun, relaxation and artistic creations.

Procedure: Method demonstration by agent and leaders will be given on Clay Modeling and Wood Carving. The group approach will be used. Leaders will be trained and carry information to the different communities.

C. Federation Program of Work

Health, Improving Outside Surrounding and Reaching More People are the continued Federation goal. Each club has a goal chairman that will tour homes of their members or community during the month of August. She will turn in a complete list of improvements being made at the end of the tour. Each goal chairman will take complete charge of the February club meetings, and discuss the federation goals and ways they can be carried out by each member. Emphasis this year will be on home ground and driveway since there is much improvement needed.

the committee, This group will work out all county-wide Home Demonstration clubs activities, such as the celebration for National H. D. Week. The H. D. program planning will also be done by this committee. Delegates will be elected through the committee to attend the following activities: District H. D. Meeting, Farm and Home Week, Garden Lovers Short Course, and any other meeting that may be held during the year that may be beneficial to the county extension program.

2. Subject - Matter

Foods; Preparation, Service, and Table Setting

Objectives

1. To develop a desire of new dishes and variations in food preparation.
2. To prepare foods for recreational activities during the warm months.
3. To learn better use of foods that are grown in this area.
4. To encourage the proper table setting and service of food in the home.

Procedure: This work will be carried out in the county by the agent and food leaders. Demonstrations will be given in the clubs on the topics: Tasty Soups for Winter Days, Variations Used In Sweet Potatoes, and Outdoor Cookery, Table Setting and Service. Group meeting and discussion will also be held. Special interest group will be given demonstration on Freezing Baked and Prepared Foods, Meals From Frozen Foods and How To Pastuerize Milk. Film will also be used on some of these topics.

Home Improvement

Objectives:

1. To provide a comfortable and attractive place to live.
2. To provide inexpensive articles for decoration and household use.
3. To stress the importance of proper lighting, and to encourage beauty and health around the home and the surroundings.

Procedures: The home improvement goals will be carried out in the following monthly topics and special interest activities: Proper Lighting, Furniture

Industries in surrounding urban areas have caused several young couples to migrate from rural areas wherein others drive daily. All recreational activities are planned by schools, churches, social organizations and 4-H clubs. All activities are carried out in schools and churches which makes it less interesting because of crowded conditions due to lack of space. Most younger couples migrate to urban areas because of this particular reason. Hunting and fishing provides opportunities for outings. The county consist of several creeks and plenty of water. Most of the families obtain water from shallow dug wells or driven wells sunk in the terrace deposits of sand and clay.

II. County Extension Program - Adult

A. Over-All Program

1. County Agricultural Extension Service Board is composed of representatives from all sections of the county, representatives from the Home Demonstration clubs and 4-H leaders. This organization meets three times a year and receives the over-all report of the county. Four "H" and Home Demonstration club calendars are reviewed by this board. All goal chairman, Farm and Home Development Families and the Community Improvement club, report to this organization. Delegates (male and female) will be elected from the board to attend the State Advisory Board meeting in September. A queen contest, choir festival, and a guest speaker will be sponsored by the board in December. The program will serve a two fold purpose, financial and for publicity.

B. Home Demonstration Club Program

1. County Home Demonstration Committee is composed of the presidents and two leaders from each Home Demonstration club. The committee will meet three times a year. Reports of activities of each club will be reported by the leaders. Leaders will also check with clubs before the meeting and present problems to

1959 Plan of Work

L. E. King
Home Demonstration Agent

Sussex
County

I. County Situation Considered In Working Out The 1959 Program

Sussex County lies in the southern Coastal Plain except the extreme western corner which is in the Piedmont Plateau. Total land in farms is 182,138 acres, this is about 57 percent of the county's area of 317,440 acres. (1954 census). There are 1,009 farms averaging 165.7 acres in size and \$12,954 in value of land and buildings. Six Hundred thirty-one of the 1,009 farms are Negro and 468 are white farms. The total population is 12,785.

Sussex County depends upon farming as its main source of income. Other sources of income includes saw mills and public work. Several families are employed in surrounding urban areas in order to budget the family income and add some of the facilities which add for more comfort in the home.

The following crops are grown: soybeans, cotton, peanuts, tobacco and corn. Other products found somewhat on the popular side include watermelons, cantaloupes, lima beans, tomatoes, cabbage and string beans. These products are those wherein a number of families used in selling house to house in the seasons when they are popular in the kitchen. Hogs may be listed as the chief source of livestock produced. The main source of income comes from the products mentioned. Families are still building new homes and remodeling old ones in order to add more comfort and beauty to surrounding areas, this has been one of their long time goals.

Table of Contents

Title	Page
I. County Situation Considered In Working Out The 1959 Program	1
II. County Extension Program - Adult	2
A. Over-All Program	2
B. Home Demonstration Club Program	2
C. Federation Program of Work	4
D. Other Activities	5
III. Farm and Home Development	6
IV. County Extension Program - Youth	6
A. Organization	6
B. Four "H" Project Work	6
C. Four "H" Activities	7
V. Scope of Work	8
VI. Plan for Leadership	9
VII. Plans for Work with Other Agencies	11
VIII. Plans for Developing Good Public Relation In The County	11
IX. Plans for Recording Program	11
X. Plans for Professional Improvement	12
XII. Problems In Carrying Out County Extension Program	12

1959 Plan of Work

Sussex Co.

L. E. King
Local Home Agent