



COOPERATIVE EXTENSION WORK IN AGRICULTURE
AND HOME ECONOMICS

U. S. Department of Agriculture
and State Agricultural Colleges
cooperating

States Relations Service
Office of Extension Work South

ANNUAL REPORT OF HOME DEMONSTRATION WORK
FOR WOMEN AND GIRLS
CALENDAR YEAR 1919 1920.

State of Virginia County Prince Wm
Report of Lillian V. Gilbert County Home Demonstration Agent.

Approved Mrs. M. W. Davis
State Home Demonstration Agent

Date forwarded
Nov. 12, 1920

Director of Extension Work

Form No. 753.

ANNUAL REPORT OF HOME DEMONSTRATION WORK
FOR WOMEN AND GIRLS
CALENDAR YEAR 1919

Space for agent's stamp

MISS LILLIAN V. GILBERT
County Home Demonstration Agent
KANABAS, VIRGINIA

NOTE: This report is for the calendar year. A copy is furnished each agent in advance in order that she may become familiar with the data necessary for the report. Three copies should be made, two of these sent to the State Agent and the third retained for the agent's file.

Aside from statistics, both the state and Washington office hope to secure from your report, accounts of your methods for developing plans of work. Will you, therefore, include this information in detail?

1. No. of years Home Demonstration work has been carried on in county: 9
2. No. months you have been employed during this year: 12
3. No. girls' clubs holding regular meetings: 10 Attendance: 1477
4. Girls' Club members:
- | | Enrolled | Reporting |
|-------------------|-----------|-----------|
| First year ----- | <u>12</u> | <u>2</u> |
| Second year ----- | <u>5</u> | <u>4</u> |
| Third year ----- | <u>4</u> | <u>3</u> |
| Fourth year ----- | <u>3</u> | <u>2</u> |
5. No. women's clubs holding regular meetings: 6 Attendance: 482
Regular 79% attendance at meetings. Agent was present, an hour that is about three hours at least.
6. (a) Have you a central county council or advisory board directly supporting and assisting your work? Yes What is it called? Workshop Backed by Woman's Auxiliary to the Farmers Institute and the Home Dem. Clubs in the County.
- (b) How long has it been in existence? W.D. 9 yrs No. of members about 40
Home Dem. Clubs 9 yrs " " " " 112
- (c) Who are its present officers? Pres. Mrs. Geo. Rand, Vice Mrs. J. G. Haines, Treasurer Mrs. Ashby Lewis, and Secretary filled by Co. Agt. for more than a year.
- (d) Does the county organization have a definite plan of work for meeting the local needs of development? Yes
- (e) Are there local committees or units who assist the county organization? Yes
The Home Dem. Clubs.
- (Outline your plan on separate sheets attached to this report)
- (f) Do you have regular conferences with the county farm agent in regard to general extension work in the county? Yes
been my plan to confer with the Farm Agent in regard to the work of the County.

(g) How is your work and the work of the farm agent coordinated? Give reports of cooperative work.

Conferences are held at which time county interests are discussed and plans made for work. My plan is to try to assist the work of the farmer about as much as times when this is valuable. Several community fairs have been results of co-operative work.

(h) Are community activities developing in your county as a result of your work? Think so.

How through the Boys' and Girls' and the Women's Club organization.

7. Number of:

Consultations at home or office	<u>839</u>	Home demonstrators visited	<u>141</u>
Bulletins distributed	<u>1767</u>	Visits to farmers and others not included above	<u>162</u>
Letters written	<u>1753</u>	Club members visited	<u>260</u>
Schools or clubs visited	<u>215</u>	Estimated attendance	<u>5280</u>
Meetings held	<u>132</u>		<u>60</u>
Articles relating to your work prepared for publication			
Miles traveled - by rail	<u>770</u>	by auto	<u>4426 1/2</u>
		by team	<u>961</u>

8. Short Courses:

	No. Scholarships			
	Number held	given		Attendance
	Women	Girls	Women	Girls
Community	<u>This year tried plan of meeting girls and women in all communities through clubs</u>			
County	<u>were organized - time devoted to sewing.</u>			
District	<u>Bread-making, canning and etc. This plan I believe can be used even more successfully next year.</u>			
State				

9. No. of girls using scholarships at normal schools, agricultural schools or colleges: _____

10. No. girls paying all or part of school expenses from money earned in club work: 4

11. No. of exhibits, fairs, poultry shows, etc., held in county: 3

County Fair.
Community Fair at Gold Ridge
" " " Bethel - Adjoining
Communities invited to take part at each place.

12. Suggestions:

What do you consider the most effective and satisfactory demonstration work done in your county this year? Describe it in detail.

Keeping of the B. H. S. Club together for more than a year. At times seemed that this club must fall. Three membership has increased. Club has taken an Armenian orphan to support at \$60. per mo.

In 2 Communities people were brought together thru Corn. Contest near Greens. One Corn. had watch night services. The Hill the Nat. Campaign proved. Amos. Has great. More than 13,000 Pigs and Mice were killed. Nat. Superiors. Realized the value to the extent that they have officially started Campaign for 1920. Pottery, Canning, Dairymen. have had success. Making Ketchup are the real value of their stocks. People are still calling for these. Standard Pure Eggs. and Cakes. were a treat for several months. in Pottery judging have proved valuable.

Planting Cabbage and Beans in Broad making gain to about 1500 gals. With Co-operation of Teachers held 3 school closings with picnics - getting Corn to get County & Corn Fairs - 2 Corn. Fairs held. In each town. Betty's Baby Contest was held. very successful. about 30 babies were judged. there will receive Certificates, 12 Diplomas and 2 medals will be awarded. These Corn Fairs. I really consider the most effective work done. at both places already people are making plans for bigger and better for 1921.

Suggestions for work needed in your county next year and your plans for

carrying on your work. More integration work with C. C. G. girls make this stand out as the big work. Continue work in sewing. A plan is on for putting that lunch in several places. One Corn. Contest has been organized. Hope to organize several more.

For the winter. hope to have the Health Club work in all schools where Club work is organized. Prizes for good work are already in the office. Want to try the Community Short Courses again.

Hope to organize at least 2 more H. D. Clubs and 3 boys and girls Clubs. Organization work is sorely needed. Hope with the Club Banners as a stimulus more effective work can be done.

Space for agent's stamp

**HOME DEMONSTRATION WORK FOR
WOMEN**

MISS LILLIAN V. GILBERT,
County Home Demonstration Agent,
MANASSAS, VIRGINIA

1. Total number of organized clubs in county: 7
2. Total number demonstrators enrolled in clubs: 112
Individual demonstrators not in clubs: 25
3. Estimate the number of women aside from demonstrators influenced directly by your work: about 400

4. Specify number and kind of most important demonstrations given by agents to groups of women:

KIND	NO. GIVEN	KIND	NO. GIVEN	KIND	NO. GIVEN
Utilization of vegetables	<input checked="" type="checkbox"/>	Invalid cookery	_____	Vinegar	_____
Dairy products	<input checked="" type="checkbox"/>	Cookery under steam pressure	<input checked="" type="checkbox"/>	Laundry	_____
Foultry products	<input checked="" type="checkbox"/>	Fireless cooker	_____	Clothing	<input checked="" type="checkbox"/>
Bread Making	<input checked="" type="checkbox"/>	Canning	<input checked="" type="checkbox"/>	Home conveniences	<input checked="" type="checkbox"/>
Child Feeding, including school lunches	_____	Drying	_____	Kitchen arrangement	_____
		Brining	_____	Improving the home grounds	<input checked="" type="checkbox"/>

Did not keep account of Demonstrations about 25-100-30.

5. Estimated total attendance of women at demonstrations: 175
6. No. women giving demonstrations to clubs: _____ to individuals: about 40
7. No. women making bread in their home under your direction:
Quick breads _____; Yeast breads: 50
8. No. bread exhibits: 25

9. Name in order of importance the locally grown products such as peanuts, sweet potatoes, feterita, etc., that are being used in bread making:
Sweet and Sweet Potatoes -

10. No. gardens grown: 130; No. winter gardens nearly every
No. orchards, groves, or vineyards established:
one has some winter vegetables growing, such as cabbage, turnips, Salify, parsnips, etc.

HOME DEMONSTRATION WORK FOR

WOMEN. -cont'd.

11. Approximate number of quarts canned fruits
(put up by women under demonstration methods) *and* 4000 qts \$ 1000
Approximate number of quarts canned vegetables 1400 qts 1300
No. pints preserves, jellies and marmalades *etc.* 2568 pts 1640
No. pounds dried vegetables stored 958 lbs 112.50
No. pounds dried fruit stored 575 lbs 178.50
No. pounds brined fruits stored 0 lbs _____
No. pounds brined vegetables stored 1600 lbs 275
No. gallons vinegar made 2000 gals 1200
No. gallons fruit juices 100 gals 1200
No. cans - beef _____, pork _____, poultry and game _____ Total _____ cans _____
No. cans fish and oysters _____ cans _____
No. pounds smoked meat *every one makes* _____ lbs _____
No. pounds sausage made *at least enough for family use* _____ lbs _____
No. pounds lard made *no one killing get.* _____ lbs _____
Other products *bring attention paid to meat products* _____ lbs _____
- TOTAL VALUE OF ALL PRODUCTS ----- \$ 4899.60
5910.00
12. No. of fish ponds established or stocked: *one man has bought fish for pond. Could not get no. wanted.* _____
13. No. of home demonstration centers established: _____
+
Used as Kitchens _____ Output _____
" " canneries _____ Output _____
" " drying plants _____ Output _____
14. No. of women taking volunteer courses: *about 40 took a course in Practical Home Nursing.* _____
15. No. of demonstration units operated in mill or mining villages, etc. _____
How were these established? *no villages of kind in Co.* _____
(Use separate sheets attached to this form for detailed report)
16. No. of curb markets, marketing booths, farmers' exchanges, etc., established through cooperation with county home demonstration clubs: *Local market for Curb market. A County Fair and exchange has been established* _____
a. No. pounds butter sold thru such agencies _____ lbs \$ _____
b. No. pounds cheese " " " " _____ lbs _____
c. No. pounds poultry " " " " _____ lbs _____
d. No. dozen eggs " " " " _____ doz. _____
e. No. week- and baskets of fruits and vegetables sold _____ baskets _____
f. Other products _____

TOTAL VALUE ----- \$

A number of the Home D. Women have Parcel Post market for Butter and eggs.

HOME DEMONSTRATION WORK FOR
WOMEN. cont'd.

17. No. demonstrations in raising Belgian hares: _____
18. No. demonstrations in bee keeping: _____
19. How many women are planning household budgets?
How many are keeping household accounts? *Have been unable to get any to keep accounts.* _____
If you have suggestions on this subject include them in the report.

20. What work has been done in sewing or clothing conservation? *Making over old garments - darning etc.*

21. In what work are your women demonstrators especially interested? *Gardening Poultry raising - Home and Community Improvement. This year hope to get at least 25 Women to use Poultry Record Books -*

Suggest plans for next year's work with women.

A definite work for each club. Already one club has undertaken to help build new school in Community, also to see to putting hot lunch in the school.

Another is working on the possibility of getting hot lunch in school of about 350 all clubs interested in the support of the Rest Room.

Another proposes to sell hot lunches on days of Farmers Meetings for the benefit of Methodist Church building.

**HOME DEMONSTRATION WORK FOR
GIRLS
Gardening and Canning on
Other than the Tenth-Acre**

Space for agent's stamp

MISS LUCIAN T. GILBERT
County Home Demonstration Agent
MARATHON, WIS. 53154

1. Approximate total area of gardens cultivated (exclusive of tenth-acre plots):

2. Pounds vegetables raised in garden: _____ Value: \$ _____

3. Total number quarts canned from gardens (other than tenth-acre). Name the most important.

Name of vegetable	Qts in tin	Qts in glass

4. Total value of canned products from gardens: \$ _____

5. Total No. qts vegetables canned from farm & orchard 405 Value \$ 81.⁰⁰

Total No. qts fruits " " " " 243 Value \$ 60.75⁰⁰

6. Pounds dried vegetables sawed _____ Value \$ _____
" " fruits " _____ Value \$ _____

7. Pounds vegetables and fruits brined. _____ Value \$ _____

8. Total containers products marketed: glass 80 tin 686 Value \$ 157.⁰⁰

General Data for all girls in Gardening and Canning Work.

9. How many girls gave demonstrations in canning? _____ Drying? _____
Use of club products _____

10. Equipment made or purchased by all club girls:

Knocking pads and tool aprons		Garden tools	
Spraying outfits		Holders	<u>77</u>
Towels <u>20 - 66 Hand 60</u>	Sewing bags	Aprons	<u>29</u>
Emblems	<u>6</u> Cups	Packing paddles	
Jelly paddles	<u>13</u> Uniform dresses	Fly traps	
Driers	_____ Canning outfits		
	_____ Others		

Space for agent's stamp

**COMBINED REPORT OF
HOME DEMONSTRATION WORK FOR
Women and Girls
POULTRY**

MINISTRIAN T. GILBERT,
County Agent, Extension Service, Agent,
MARIETTA, VIRGINIA

	Girls	Women	Value
1. No. enrolled:	14	24	
2. No. demonstrators fulfilling minimum requirements of club membership:			
3. No. regular organized clubs:	2		
4. No. demonstrators taking charge of entire flock:		24	
5. Average number of fowls in flock:	18.5	100	
6. No. demonstrators raising feed for flock:	see 5	12	nearly all feed
7. No. of demonstrators purchasing standard bred stock:	5	15	
8. No. of demonstrators purchasing pure bred eggs:	12	10	
9. No. of demonstrators using standard bred males at head of flock:	12	24	
10. No. of demonstrators making brooders:			
11. No. of poultry houses built:	2	3	
12. Approximate number of chickens raised:	282	4000	94.99
13. Approximate number of chickens fattened for market:			
14. No. pounds market poultry sold:	125	2000	\$ 45.00
15. No. pounds poultry eaten at home:			
16. No. fowls culled:		1000	about
17. No. demonstrators producing infertile eggs:		3	
18. No. roosters eliminated for infertile egg production:		2	
19. No. egg circles organized:			
20. No. cooperative breeding associations:			
21. No. dozen eggs preserved in water glass:	10	100	about.
22. No. dozen eggs used at home:		1000	" "
23. No. dozen eggs sold cooperatively:	50	4000	\$ 24.00 +
24. No. standard bred fowls sold for breeding purposes:	10	20	\$ 6.00
25. No. standard bred fowls retained at home:	270	2000	\$ 34.00

26. Total Value of Products: \$ 759.99
7009.99

27. List of equipment, other than above, made or purchased:
Dry Mash Mixers, self feeders, brood boxes

28. Give results as to greater use and better cooking of chickens and eggs in the home.
Govt. recipes have been used with much success and Satis factum.

Local developments in Poultry work. Reports of special work in the county
Great interest is shown in the culling of flocks for egg production. The Farm Agent is doing a great deal of this work - Co-operating with H. R. A.

COMBINED REPORT OF
HOME DEMONSTRATION WORK FOR
Women and Girls
DAIRY

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MISSISSIPPI COUNTY
COLUMBIANA, MISSISSIPPI
SARASOTA, FLORIDA

- Approximate number of dairy cows in county: _____
Average price of milk per gallon: _____
No. cows purchased thru year influence: *Three bred Holsteins* 57
7 Registered Heifer Calf - Holstein
- No. demonstrators enrolled in butter making - Girls _____ Women _____
No. demonstrations given in butter making: _____
No. pounds reported made: _____ Pounds sold: _____
Average present price per pound of butter secured by demonstrators: _____
Average price secured for other homemade butter: _____
- No. demonstrators enrolled in cottage cheese making - Girls _____ Women _____
No. demonstrations given in cheese making: _____
No. pounds reported made _____ Sold _____ Average price per lb _____
- No. demonstrators making Cheddar cheese _____ Pounds sold _____
Price per lb _____
- No. pounds of cream sold _____ Value \$ _____
- No. of demonstrations given in milk cookery: _____
What milk dishes have proven most popular? _____
No. of families using more milk in the family diet: _____
No. of schools securing milk for the school lunch: _____
No. of pupils in these schools: _____

7. Equipment made or purchased:

- | | | |
|---------------------|--------------------------|-----------------------------|
| Brushes _____ | Butter workers _____ | Paddles _____ |
| Molds _____ | Sanitary strainers _____ | Dairy thermometers _____ |
| Milking pails _____ | Cheese presses _____ | Iceless refrigerators _____ |
| Barrel churns _____ | Shotgun cans _____ | Separators <i>in most</i> |

None other _____
homes where there are several cows -

- What plans have proved especially helpful in the past year?
Most of this County is a dairy section. Dairy inspection and feeding of milk production is practiced - milk is shipped to
- Plans for enlarging and developing dairy work in county next year
Washington - Better Cows are coming into the County each year - Heads of families are beginning to see the value of milk, and are using more in the home

IMPROVEMENTS ON HOUSE AND YARD

Space for agent's stamp

Report only work done with
your advice or suggestions

MISS LILLIAN V. GILBERT
County Home Demonstration Agent
MANASSAS, VA.

1. No. of demonstrators following a definite plan for improvement of the home 3
2. No. new houses built _____ Remodeled _____ Repaired _____
3. No. lighting systems installed _____ Heating systems _____
Water systems _____
4. No. kitchens improved by - Rearrangement of equipment _____
Screening _____ Improvement of floors _____
- Labor saving devices - Kitchen cabinets _____
Wood boxes _____ Fireless cookers _____
Steam pressure cookers _____ Food choppers _____
Bread mixers _____ Bread raisers _____
None others _____
5. No. of improvements in other parts of the house thru -
- Improvement of floors _____ walls _____
- Furnishings bought or made:
- Wheel trays _____ Sewing screens _____ Others _____
Luncheon sets _____ Wall pockets _____
- Laundry equipment:
- Washing machines _____ Ironing boards _____
Clothes hampers or laundry bags _____ Others _____
- Sleeping porches _____ Flower boxes _____ Others _____
6. Number of improvements in yard:
- Fences repaired 4 Unsightly buildings repaired or removed _____
Trees planted _____ Lawns or grass planted _____
Shrubs planted 5 Plantings of flowers, vines and other plants _____

a number of homes are making the improvements

7. What help or instruction on this subject will you need this year in order to best meet the needs of your county? "

we hope to have a "paint your House" campaign. - A number of people are contemplating putting in water and lights

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MISCELLANEOUS ACTIVITIES

MING LILLIAN S. GILBERT,
County Home Inspector, Agent
MADISON, VIRGINIA

1. Report on demonstrations with special vegetables:

Name of vegetable demon- strations	No. of : planted	Area No. suc- cessful :	Results No. fail- ures :	Reason for failures
---------------------------------------	---------------------	-------------------------------	--------------------------------	---------------------

Chinese cabbage				
New Zealand Spinach				<u>This is being tried by several.</u>
Chayote				
Danbaen				
Pimientos				<u>A girls tried these this year they are</u>
Hehto Soybeans				<u>hard to get to ripen here before frost</u>

REMARKS:

2. Special campaigns - give in detail interesting facts and methods used.
(Use attached blank sheet)

- a. Fly eradication.
- b. Extirpation of rats. 2nd Campaign started in Sept. and will last until Dec. 17th.
- c. Child feeding and care. 4th Roll call is on -
- d. Red Cross and Junior Red Cross. being
- e. School lunches. being No. schools establishing hot lunch agitated in several schools now -

- 3. War Savings Stamps bought by club members to date
- Thrift Stamps
- Liberty Bonds

Value	No. mem- bers buy- ing
\$ _____	_____
\$ _____	_____
\$ _____	_____

- 4. No. of rest rooms established: 1
Nearly four years old
Methods of establishing and maintaining by efforts
of Woman Auxiliary and Women's Clubs

- 5. Do you own a camera? yes Are you able to get satisfactory pictures of your work? Fairly good
- Can you use to advantage in your county photographs of club activities? yes
- Lantern slides yes Charts yes
- Can you obtain for your use a stereopticon lantern? yes

Unfortunately our County Fair was held Aug. 17-18-19. Since the fair it has been impossible to get the work of the first year girls finished - The fair was too early to get but very little of the Canning work.

One of the big efforts this year has been to direct more attention to the sewing classes. Results have been far beyond expectations and the interest was kept up thru the mo. of July. During June and July Bread Demonstrations were given in all communities where clubs were organized. This resulted in an exhibit at Co. Fair of 22 loaves by the girls and 25 by the women.

Two Community Fairs were held during October - The interest in these was far beyond expectation. At both fairs Better Baby Contests were held. Drs. volunteered and the Woman Home Companion Scene Cards were used. During month of Nov. two public meetings will be held, at which time programs will be given and Certificates, Diplomas and Medals will be awarded. Already never have been started for Nigger fairs next yr.

Last Nov. a "Kill the Rat" Campaign was put on - The work was done by the boys and girls in the school. More than 13,000 were killed. The Co. Bd. of Supervisors were convinced of the value and directed that it be followed up.

this year beginning Oct. 1st and
closing Dec. 17th. \$75- was appro-
priated in prizes - by the Board.