



Vegetables Recommended for Virginia

Charles R. O'Dell and Diane Relf*

VEGETABLE VARIETY	REMARKS	RESISTANT TO THE FOLLOWING	VEGETABLE VARIETY	REMARKS	RESISTANT TO THE FOLLOWING
Asparagus Jersey Giant F ₁ (2-3 years) Jersey Gem F ₁ (2-3 years)		furarium crown and root rot, rust	Cauliflower Candid Charm (65) White Sails (55)	early spring or fall, self- blanching (wrapper leaves protect head)	more heat tolerant more heat tolerant
Bean, Bush Roma II (59) Dwarf Horticultural (65) Derby (55) Slenderette (55) Kentucky Wonder 125 (60)	shell beans canning bush, with pole bean flavor	mosaic, mildew mosaic NY 15 and common mosaic mosaic mosaic, mildew	Corn, Sweet Silver Princess (73) Breeders Choice (68) Silver King (82) Argent (86) "Improved Silver Queen" Golden Queen (95)	early maturing good husk protection earlier white, tight husk	birds
Beans, Lima Bridgeton (65) Jackson Wonder (65) Fordhook 169 (75)		downy mildew heat and drought downy mildew (races A,B, & D)	Cucumber Dasher II (60)	slicing	anthracnose, leaf spot, mosaic mildew, scab
Beet Ruby Queen (65) Detroit Dark Red (60)		heat heat - downy mildew	Everslice (60) Bush Whopper (68) Sweet Slice (65) County Fair (55)	slicing slicing slicing pickling & slicing	same as Dasher II anthracnose, leaf spot, mildew mosaic, downy mildew anthracnose, leaf spot, mosaic, scab, mildews cucumber beetles/bacterial wilt
Broccoli Packman (60) Windor (66) Green Goliath (80)	for early crop for fall crop (and spring in mtns) bears over long period	heat heat - downy mildew	Eggplant Mission Bell (95) Black Knight (110) Little Fingers	oval shape slender, oriental type	
Brussels Sprouts Jade Cross (110)			Kale Vates Dwarf Blue (55) Dwarf Siberian (80)	spring or fall overwinter	
Cabbage Gourmet (70) Stonehead (75) Dynamo AAS (68) Guardian (80) Two Season (85)	longstanding Chinese cabbage	yellows yellows bacterial spot (2# dwarf heads) black rot	Lettuce Salad Bowl (50) Summer Time (72) Mission (80) (Trial) Dark Green Boston (70) Parris Island Cos (75) Buttercrunch (65)	leaf head, heat tolerant loose heading, heat tolerant Romaine, heat tolerant Bibb-type	
Carrots *Gold King (72) Danvers (72) Imperator (78)	nearly coreless				

* Extension Specialists, Horticulture, Virginia Tech



VEGETABLE VARIETY	REMARKS	RESISTANT TO THE FOLLOWING	VEGETABLE VARIETY	REMARKS	RESISTANT TO THE FOLLOWING
Muskmelon			Pumpkin		
Ambrosia (82)	fine flavor	powdery and downy mildew	Magic Lantern (100)	12-15" inch carving	powdery mildew
Apollo	tolerates powdery mildew & fruit spot	fusarium wilt	Merlin	12-15" carving	powdery mildew
*Short'n Sweet (85)	very dwarf vines		Howden Biggie	large uniform to 5#	
Athena	unique sweet taste, good keeper, large, p. mildew tolerant	fusarium wilt	We-Be Little	small, uniform for pre-schoolers	
			Jack-Be-Little	very small, ornamental	
Mustard			Radish	round, red	
Tendergreen F1 (40)			Cherry Belle (24)	long, white	
Southern Giant Curled (45)			Icicle (30)		
Okra			Spinach	tolerates heat	
Annie Oakley (50)	spineless		Melody (50)	seed late Sept. for overwintering, for March/April harvests	
Clemson Spineless (56)			Vienna (80)		
Onion			Squash, Summer		
White Portugal (100)	white		Butterbar (50)	yellow	multiple viruses
Sweet Sandwich (105)	start seed in Jan.; Vadalina-type brown		Superpik (50)	yellow, early, heavy, crown set	
Ebenezer (110)	brown; stores well after curing		Goldrush (50)	yellow zucchini	
Mustang (110)			Puma Fi (50)	green zucchini	multiple viruses
Peas			Squash, Winter		
Knight (56) (early)	tolerates heat, stringless!	fusarium wilt	*Table Ace (80)	acorn	
Sugar Snow (70) (snap)	tolerant of downy mildew and fusarium wilt	fusarium wilt	*Butterbush (96)	butternut	
Wando (68)	edible pod, flat, snow pea		Waltham Butternut (96)	white	
Green Arrow (70)			Buttercup (100)	white	squash borer
Dwarf Gray Sugar (68)			Swiss Chard		
Peas, Southern			Rhubarb (50)	red	
Queen Anne (56)			Lucullus (45-55)	green	
Purple Hull Crowder (60-70)			Tomato		
Pepper			Big Beef (AAS) (73)	excellent flavor, large, early	fusarium wilt, vertic, leop spots, TMV virus
Lady Bell (110)	sweet	drought, mosaic	Mountain Spring	concentrated set, good canning	verticillium, fusarium wilt
Boydton Bell	sweet, early compact plant, green bell turns bright red	bacterial leaf spot (races 1, 2, & 3)	Celebrity (70)	excellent flavor	verticillium, fusarium wilt
Mucho-Nacho (100)	hot	viruses	Better Boy VFN (105)		
Huge Jalapenos	hot		Sweet 100 (65)	cherry tomato	
Red Cayenne (110)	hot		Plum Dandy (Roma type)	plum, top flavor, yields	
Potato, Irish			Turnip		
Steuben (eastern Va) (100)	red		Tokoyo Cross (40)	white, fall	
Superior (eastern Va) (100)	high flavor, mosaic, late blight, stores well		Purple Top White globe (55)	fall crop only	
Pontiac (100)	western Va on S or SE slopes	uses 1/2# gypsum per pound of seed potatoes in-furrow to prevent Black Heart	All top Fl (45)	for greens only	
Yukon Gold (western Va) (112)			Watermelon		
Potato, Sweet			Petite Sweet (80)	8 pounds	anthracnose and fusarium wilt
Centennial (120)			*Sugar Bush (75)	10 pounds	
Jewel (120)			Starbrite (90)	25-30 pounds	
Baker (120)			Chifton Seedless Yellow (86)	12 pounds	
			The Heart Series (Jack, Queen & King of Hearts) (80)	10-18 lbs., seedless, crisp extra sweet (lack of Hearts is smallest)	same as above, extra flavor anthracnose, fusarium wilt, and hollow heart (OK)

*These varieties specifically bred for minimum space requirements, as for urban or high density plantings. Your Extension agent can advise you of sources of supply for new varieties.

**Numbers in parentheses indicate time, in days (unless otherwise stated) till beginning of harvest period.

60
5855
A162
no. 426-480
c. 2